

the Pavement

The FREE monthly for Scotland's homeless

February 2012

I'M A FICTIONAL CHARACTER,
SO I CAN'T SAVE YOU FROM THIS,
BUT YOU CAN HELP YOURSELF
AND YOUR FRIENDS.

STAY OUT
AND
STAY SAFE!



BIN DEATH

BIN DEATH IS A REAL PROBLEM FACING HOMELESS PEOPLE EVERY YEAR. ACROSS THE COUNTRY THERE ARE INJURIES AND EVEN DEATHS THAT RESULT FROM PEOPLE BEDDING DOWN IN BINS, SKIPS AND CLOTHING BANKS. BINS ARE OFTEN EMPTIED MECHANICALLY IN THE EARLY HOURS OF THE MORNING, THERE IS COMMONLY JUST ONE DRIVER WHO WOULD BE UNABLE TO HEAR OVER THE MACHINERY NOISE IF THERE WAS ANYONE INSIDE THE BIN.

STAY OUT AND STAY SAFE

ILLUSTRATION BY
ED PARKIN

the Pavement





"There, but for the grace of God, go I"

the Pavement

www.thepavement.org.uk

Issue 34 / Scotland / February 2012

Published by

The Pavement Scotland

PO Box 7624

Glasgow

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Registered Charity Number 1110656

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Printed by

Evon Print Ltd, United Kingdom

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The Pavement (print) ISSN 1757-0476

The Pavement (online) ISSN 1757-0484

The Editor

Looking forward to 2012

A belated New Year to all of you and welcome to our first edition of 2012. This is an important year in terms of the 2012 target, which should mean that by 31 December, every homeless person has the right to a home. In reality many councils still have some way to go, particularly when it comes to those viewed as "intentionally homeless".

It's a strange get-out clause. Who, after all, sets out to make themselves deliberately homeless? They say it's the antisocial, those who chose not to play by the rules, but it's much more complicated, especially when you add drink, drugs or mental health issues in to the mix.

This month we bring you some of those complicated situations: the Scots who left home looking for something better in London; people who can't bear to be separated from their pets and end up on the streets instead of in the hostel without their beloved animal; and a woman who fought for her right to stay in her home – earmarked for demolition to make way for the Commonwealth Games – and lost.

Get in touch (details to the left) and tell us what you think.

Karin Goodwin

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scotland@thepavement.org.uk

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Scottish news

All the homeless news from across the nation

Budget cuts threaten Scots homeless charity

A charity which has been a lifeline to homeless Scots in London for over 20 years, has been given a second chance of its own after Scottish ministers agreed to reconsider their decision to pull its funding.

Borderline provides support for homeless Scots living in the UK capital, and has been dubbed the "Scottish Embassy in London", offering vital services including hostel beds and drink and drug counselling.

But last month chief executive Willie Docherty warned it may have to close its doors as it learned that it was to lose all of its funding from the Scottish Government from April.

The charity had already survived drastic cuts. Funding levels fell from £107,000 for 2008/09 to £24,000 for the following year.

However Scottish Ministers have now indicated that they may reconsider their decision following a letter of complaint to First Minister Alex Salmond, from the Right Reverend David Arnott – the moderator of the general assembly of the Church of Scotland, which helped found Borderline.

The moderator has now won a meeting with the first minister and a chance to discuss the re-instatement of the charity's funding.

Arnott said of the charity: "I was moved when I heard of the good work Borderline do for homeless Scots in London. It is crucial that the Scottish community stands together to ensure that no vulnerable Scot in London is without the support they need. The Church of Scotland is willing to do what it can, but I urge the first minister to

reconsider the grant allocation."

And a spokesman from the Scottish Government suggested that might be possible. "The Scottish government attaches importance to work of Borderline, and in the face of deep cuts to our budget from Westminster we continue to fund a wide range of initiatives to help tackle homelessness," he added.

"The first minister is of course very willing to meet the moderator, as he always is, to discuss if we can find a way forward, and it has already been agreed that a meeting will take place."

Without the required funding Borderline's future remains uncertain, leaving the 250-300 people who turn to the charity over the course of each year without an invaluable source of help. It is estimated that up to 14% of rough sleepers in London are Scottish.

To help meet the shortfall, the head of the Church of Scotland issued an urgent funding appeal to all of its 1,450 congregations, asking each church to donate £100 in order to maintain Borderline's income. Borderline itself has sent out appeals to all its donors.

In the wake of the destruction of many major industries in Scotland in the 1980s, London saw an influx of young and unemployed from north of the border, all with hopes of starting a new and prosperous life. Soon, it was evident that the streets were in fact not paved with gold and many became homeless.

Yet the charity insists its work is still as relevant today as it ever was. Docherty said: "We will massively cut back and do what we can, but we're seriously considering whether we can continue, whether we can afford to pay rent, to pay rates and pay staff.

We cannot continue at the same level. It's just not possible."

Joe Donnelly

- Borderline are long-time stockists of our sister magazine in London.

'Commonwealth grandmother' still homeless

A woman whose home in the east end of Glasgow was demolished to make way for the Commonwealth Games athletes' village is still homeless almost a year after being evicted, *The Pavement* Scotland has learned.

Margaret Jaconelli, 52, and her husband Jack were evicted by Sheriff Court Officers and some 60 police officers after Glasgow City Council served them with a compulsory purchase order notice last March.

The couple had been the only remaining residents living on Ardenlea Street in Dalarnock. They had lived amongst derelict buildings and boarded up windows since the block was cleared six years previously.

Jaconelli, a grandmother who bought her ground floor home 36 years ago in order to provide security for her children, refused an initial offer of £30,000 to leave the property, which she owned outright after paying off the mortgage.

Only after five years – during which she rejected offers of temporary accommodation because she felt she deserved to be properly re-housed – was this offer increased to £90,000. But facing large legal bills and rocketing

EVERY YEAR THERE ARE INJURIES AND EVEN DEATHS RESULTING FROM PEOPLE BEDDING DOWN IN RUBBISH BINS, SKIPS & CLOTHING BANKS. IT ISN'T SAFE! MANY BINS ARE EMPTIED IN THE QUIET HOURS, SOMETIMES BY A VEHICLE WITH A SINGLE DRIVER, DUMPING THEIR LOAD, WITH A LONG DROP, INTO A COMPACTOR - WHO WILL HEAR YOU OVER THE MACHINERY NOISE?

STAY OUT!
STAY SAFE!

HE'S JUST ROUND HERE,
I DIDN'T KNOW WHO
ELSE TO CALL



heating costs as she was now living in a derelict building, she fought on for better compensation.

"The council made me various offers but none of them were "like for like";" she told *The Pavement*. "They were offering me a house in another part of the city, temporary accommodation in places I didn't want to live, like the Red Road. But I've lived in the east end all my life.

"I just didn't see how it was fair that the property developers across the road were making all this money selling the land to the council. And because I was just a wee person they wouldn't even give me what I was due.

"I asked the council for mediation but the attitude was: "what do you need mediation for?"

Instead they just served me with a compulsory purchase order. I've still got the keys and the title deeds. I feel like they've stolen my house."

She has now taken her case to the European Court of Human Rights and is represented by Mike Daily of the Govan Law Centre.

But meanwhile she and her husband have been staying with family for the last 11 months, unsure of when they will be able to find a home of their own once more.

"This was my first Christmas where I found myself homeless" she said. "I've not no security now. My life is in limbo.

"I'm stressed and my health is suffering. I've been pulled through the courts but I've not done anything wrong."

Supporter and Glasgow University academic Dr Libby Porter, whose research focuses on the planning system, said: "Compulsory purchase orders should be used as a last resort, but Margaret was willing to negotiate and no-one was communicating with her. In the end she was ripped out of her own home and her property was smashed.

"Meanwhile the big property speculators who started buying up land in Dalmarnock have made mil-

lions. It's a deeply unfair process."

A spokesman for Glasgow City Council said that the Jaconellis had been offered various types of alternative housing throughout the process, but had refused them all. Since the eviction the council has made an offer to pay Margaret Jaconelli compensation that it believes her to be due, following a request from her solicitor, and is waiting for her response to this offer.

Karin Goodwin

Pets need homes too, urges charity

An animal welfare charity is calling for more pet-friendly homeless services, so that people are not forced to make the choice between somewhere to sleep and their much-loved animal companions.

One Kind, the animal protection charity, stresses that pets that are often impeccably looked after by homeless people and that the emotional benefits of pet ownership can lead them to sort out their problems.

Yet all too often people end up having to make a choice between taking a hostel bed and giving up their pet, or sleeping on the streets.

Fin Robertson, the campaigns manager at One Kind, said: "For those who have a companion animal, the significance of that one constant relationship can be immense. It would be quite wrong to take well cared for dogs away from homeless people. In some ways, as long as basic needs and shelter are attended to, these animals are lucky: they are with their owners all the time and feel strongly bonded and a belonging."

According to a survey by The Blue Cross 86 per cent of homeless people said that they had been refused a chance to get off the

street and into accommodation simply because they owned a pet.

Julie Bedford, head of behavioural services at The Blue Cross, also highlighted the mutual benefits for pets and their owners and dispels the notion that all pets who have homeless owners are suffering.

"Pets can offer great companionship and even a sense of security to homeless people, who are often some of the most isolated and marginalised people in our society," she said. "Having an animal to care for can give someone who has lost their home a real reason to keep going, knowing that their pet depends entirely on them.

"However, although charities like The Blue Cross are often able to help out, it can be difficult for homeless people to access veterinary services. And the fact that many shelters and hostels do not admit animals means that homeless people with pets may end up staying on the street in order to stay with their animals, who sadly face the same struggles as their owners to stay safe and find food, warmth and shelter."

In the year that the Scottish Government aims to have eradicated homelessness by ensuring that everyone is entitled to permanent accommodation, many homeless people believe that the choice between shelter and their pets is one that they shouldn't have to make.

One Kind is calling for more homeless hostels to become more pet friendly by offering facilities for animals and expert support like visiting vets.

They say more homeless shelters should look to the example of Dunedin Canmore hostel in Edinburgh's Leith, one of just three in the capital, which allows pets to stay. In fact it not only welcomes pets of all kinds but also provides a weekly vet clinic.

Vets who volunteer at the clinic claim it is not uncommon for pets

to suffer from separation anxiety when they are taken or forcibly abandoned by their owners.

But for those who don't have that option, housing charity Shelter advises those forced to choose between accommodation and their pet should ask their local authority if they could arrange a kennel for them.

Alternatively, friends and family could be asked to look after animals on temporary basis. For those looking for a last resort, Shelter offer a pet fostering service and can be called on **0844 811 9909**.

Sean Laffety

Land of the free, homes for the brave – White House advisor commends Scotland's homeless commitment

Scotland's '2012 commitment' has been praised by top White House advisor Dr Dennis Culhane, ahead of Shelter Scotland's 'Homelessness 2012: Where next?' conference to be held in Edinburgh this month.

The praise is aimed at the 2003 legislation passed by Holyrood, which promised that every homeless person would have the right to a home by the end of 2012, and not just those considered 'priority need', as is the situation at present.

In January – March 2011 six local authorities assessed 100 per cent of homeless as priority, ten assessed between 90-100 per cent the same, 17 between 80-90 per cent and only three below 80 per cent. While some see this as great progress, others argue that still more needs to be done to meet the target and move beyond it.

Dr Dennis Culhane, and professor of Social Policy at the University of Pennsylvania, who has worked

alongside both US president Barack Obama and his predecessor George W. Bush, hailed Scottish councils commitment to end homelessness by the end of 2012.

However he added that it was vital that this commitment became a reality not just a legal right – people must be allowed to access homes not just have the right to one.

He said: "Scotland's groundbreaking commitment to end homelessness is serving as a model for how many other countries view homelessness solutions.

"In some ways, Scotland and the United States share a similar vision in eradicating homelessness and that is reflected in the move for prevention, rather than cure.

"While the 2012 commitment showcases Scotland's progressive homelessness legislation, its success can only be measured by the number of people lifted out of homelessness and given not only the legal right to a home, but the real chance of actually living in one."

The US has yet to adopt such as policy. While it aims to provide homeless people with permanent housing at lower-cost rents, there is still a considerable homeless problem. Some sources estimating 750,000 of the 300million US population as homeless, whilst others as much as two million.

Gordon MacRae, Head of Communications and Policy at Shelter Scotland, said: "The 2012 commitment has been the historic milestone for homelessness policy in Scotland for the last ten years and this major event is designed to help Scotland accelerate over the finishing line.

"With exactly one year to go we are encouraged that many local authorities have shown dedication to meeting the 2012 homelessness commitment and that some are in fact already there. There are other local authorities across Scotland with more work to do,

but it is by no means too late. We hope this conference will help all local authorities to address the challenges they face and identify solutions going forward."

Joe Donnelly

Government urged to make homelessness act a reality

Meanwhile the Scottish Labour party has urged the SNP Government to "pull out all the stops" to reach the "ambitious" target aimed at tackling homelessness.

The party's infrastructure and capital investment spokesman Richard Baker MSP said: "Scottish Labour is proud of the groundbreaking legislation it passed back in 2003, but if we are to hit our ambitious 2012 target then we need to redouble our efforts this year.

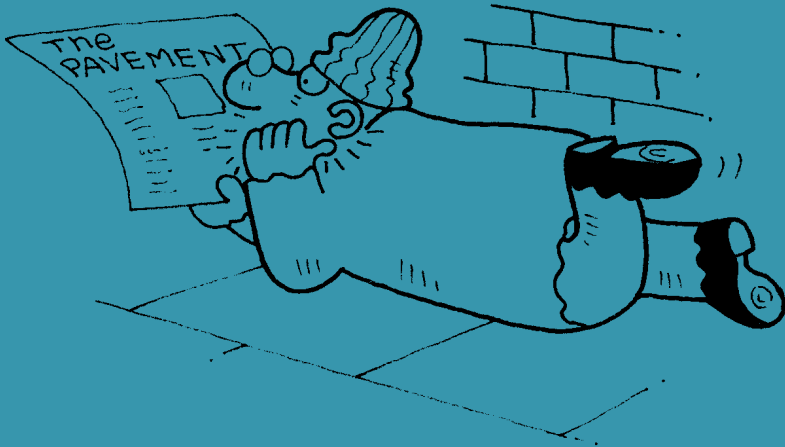
"In difficult economic times, people are anxious to obtain and retain secure, affordable homes. People become homeless for all sorts of reasons and are among the most vulnerable people in our communities.

"I urge the SNP Government to pull out all the stops to make the 2012 target a reality."

When the Bill to eradicate homelessness was passed in March 2003, the then social justice minister, Labour's Margaret Curran, said it would put Scotland "at the front of the line" among European nations in cutting homelessness.

Staff

**You can read the news,
keep informed & search
our directory of services
online @**



www.thepavement.org.uk



Kenneth Jones

Age at disappearance: 18

Kenny has been missing from his home in Glenrothes, Fife since the early hours of 3 November 1998.

Kenny's disappearance is very out of character, as he is considered an outgoing and sociable person. His family say he had been feeling a little low but had given no indication that he intended to leave. They are all anxious to hear from him and know that he is safe and well. He enjoys a game of pool and would regularly meet friends at the local snooker club. He is urged to call the **Message Home** on **Freefone 0800 700 740** where he can leave a message.

Kenny is 6ft 2ins tall, of a slim build with dark brown hair. He wears a gold signet ring on his right hand.

If you've seen Kenny, please call the 24-hour confidential charity **Missing People** on Freefone **0500 700 700**
Email: seensomeone@missingpeople.org.uk



New movie honours Scot who served homeless veterans

A Scot whose work with a homeless charity saw him honoured by the US president is to be the subject of a Hollywood blockbuster, reports the *Daily Record*.

The new movie will tell the life story of Vietnam veteran John Keaveney, from Bridgeton in Glasgow, who founded the charity new New Directions, which has helped around 30,000 homeless and disabled fellow veterans.

His dramatic story, which saw him spend time in US prisons for attempted murder and violent outbursts after his return from Vietnam, has captured the attention of actor Julian Stone.

Essex-born Stone, 48, star of Emmy award-winning soap *General Hospital*, is working on the feature length film with producer Katy Haber, who has worked alongside Ridley Scott on *Blade Runner* and *Sam Peckinpah on Straw Dogs* and *The Getaway*.

Stone told the *Daily Record*: "As John told me about his incredible life, I realised his story needed to be a proper movie.

"He's the warrior whose real war only began when he returned from Vietnam. We'd love to see someone of the calibre of Ewan McGregor as John and are determined to see input to the film from the UK."

As a teenager, Keaveney was a member of the notorious Spur gang involved in a horrific knifing incident with a Calton Tong rival.

He later entered the US illegally where his aunt volunteered him for Vietnam. He emerged with head and brain injuries and posttraumatic stress disorder.

In 1981 he staged a hunger protest over inhumane treatment at a hospital in LA, gaining nationwide media attention by marching on Washington.

When an anguished fellow protester jumped from a roof to his death, John held army captain Shad Meshad hostage at knifepoint for more than an hour as a SWAT team took aim.

Keaveney told the *Record*: "I should have been shot or sent to jail for years. Instead, Shad got me treatment and turned my life around."

In 1992 he took the helm at the New Directions programme and received a Citizens Medal from President Obama in October last year for his commitment to the cause.

Staff

News in brief

The homeless news from across the UK and the World

Hull in a handcart

Homeless families from south London could be asked to move hundreds of miles north, following a surge in demand for temporary accommodation.

Croydon Council is considering sending some of the families it houses in emergency bed and breakfast accommodation to live in Hull and other Yorkshire towns, where rent is cheaper and more homes are thought to be available.

The decision comes as the number of families in such accommodation has risen from 61 in 2008 to 300 today – costing the council £300,000 a month.

The increase in the number of homeless families entitled to council support is thought to be due to reductions in local housing allowance (introduced for new tenants last year and for existing tenants from January), combined with job losses from the financial crisis.

Croydon's housing crisis is particularly severe because 58 families who lost their homes during last summer's riots have also had to be placed in emergency accommodation. In 2011, Croydon Council paid for a homeless family to live in St Leonards-on-Sea near Hastings in East Sussex.

Councillor Dudley Mead, cabinet member for housing, finance and asset management, said: "We don't seem to be able to raise the supply of temporary accommodation. I told officers to look outside Croydon to find housing. We'll take it from wherever we can.

"A lot of seaside towns are certainly cheaper and have more availability. These moves would be by mutual agreement.

Sometimes families are keen to move so everyone's happy."

However, charities working with homeless people in Hull were concerned about Croydon Council's plans. Peter Drinkell, project director of Doorstep Of Hull, which provides temporary accommodation and which handles up to local 200 referrals at any one time, said that homeless services in the north were already stretched, and that London's problems should not be passed on to Hull.

Drinkell said: "There is no way this plan cannot disadvantage Hull's homeless people. The number of referrals our organisation receives continues to rise each year. There are people in Hull who wait several months for a property. It is not as though we have spare accommodation to dish out."

Jad Adams, chairman of Croydon homeless charity Nightwatch, said: "This is a very serious situation.

"Inviting people to move away is far from ideal but I do understand this is the time to take drastic measures."

Kay Boycott, of charity Shelter, said: "The fact that councils are offering people homes hundreds of miles away is testament to the scale of London's housing crisis."

Katharine Hibbert

Rough sleepers predicted to live longer – 47 is the new 42

The outdated and overused statistic that "the life expectancy of someone who sleeps rough is 42 years" has finally been updated. The original figure came from

Crisis' 1996 report *Still Dying For A Home* (which we reported on in May 2010). The new report from Sheffield University, also commissioned by Crisis, ups this figure to 47.

But this doesn't mean 46-year-old *Pavement* readers should start worrying. What the 1996 and 2011 Crisis reports calculate is not how long homeless people can expect to live, but their average age of death.

The briefing to the new report, *Homelessness: A Silent Killer*, makes this clear (unlike the 1996 study) by avoiding the term "life expectancy."

In comparison to the average age of death in the so-called general population (77) it's a shocking, headline-grabbing figure – even though the reason the figure is so low is that more homeless people die at a young age, dragging down the overall average.


Cause and effect

In the briefing to the report (which is still to be released in full), Crisis chief executive Leslie Morphy summarises: "This report paints a bleak picture of the consequences homelessness has on people's health and wellbeing. Ultimately, it shows that homelessness is killing people."


However, while being homeless can exacerbate existing health problems or even cause them, not having a home was not found to be the main cause of death among those counted. Instead, the study found homeless people are over nine times more likely to commit suicide than the general population, three times as likely to die as a result of a traffic accident, twice as likely to die of an infection and three times more likely to suffer from a fatal fall.


Most significantly, however, it

HOMELESS CITY GUIDE


 squat


 empty building

 dangerous neighbourhood


 danger


 guard dogs


 an attack happened here


 good place to drink / smoke


 unfriendly place


 friendly place

 soup run (with rating)

 strong police presence


 potential for work

 good food thrown away here

 safe for sleeping

 message board x mins that way

 security guard

 you'll get moved on here

step 1



step 2



MAKE YOUR MARK AND HELP OTHERS TO READ THE CITY

Make non permanent marks to keep the system up to date and stay within the law.

calculated that drug and alcohol abuse account for just over a third of all deaths – a huge proportion. But drug and alcohol abuse of course also affects (and kills) members of the general population too. And as Jeremy Swain, CEO of Thames Link, commented on Twitter soon after the release of the report briefing on 21 December: “we know from robust academic research that alcohol and drug misuse nearly always precedes homelessness”.

Counting issues

The researchers also faced major obstacles in methodology. As Dr Bethan Thomas admits in the report: “Almost by definition, it is difficult to count homeless people and it is not possible to reliably estimate mortality for the previously homeless who have now found secure accommodation and so to discover what the long term effects of a period of homelessness might be. It is also difficult to count deaths of homeless persons. Death certificates do not record the deceased’s housing status.”

Despite these obstacles, Dr Thomas went ahead with the report – finding potential homeless deaths by matching postcodes from mortality data provided by the Office for National Statistics with postcodes of homeless day centres and hostel accommodation as provided by Homeless Link. In total 1,731 deaths (where the person was definitely homeless or there is a high probability they were) were counted.

What next?

Crisis has used the new report’s findings to outline a set of recommendations to improve homeless people’s health, in short: prioritise the needs of homeless people in the restructure of the NHS, reform health service delivery for homeless

people and ensure provision meets needs and is integrated and holistic.

The next phase of the project, to be published in summer 2012, will investigate cause of death by age and analyse more detailed causes of death – plus, it is hoped, mortality by different accommodation type and area.

Carinya Sharples

Former US Marine arrested for homeless stabbing

A 23-year-old man faces the death penalty for the brutal stabbing of four homeless men in Orange County, California.

It has emerged that the suspected serial killer, Itzcoati Ocampo, is a former Marine who had himself been made homeless following the loss of his job as a warehouse manager.

Ocampo’s family has spoken of their shock at his arrest, describing the defendant as a “role model” American until his deployment to Iraq in 2008 “killed the person he was”. His father, Refugio Ocampo, has defended his son’s character, saying: “I saw him giving the last money he had in his pocket... to the homeless.”

Ocampo could face the death penalty if he is found guilty of killing James Patrick McGillivray, 53, Llloud Middaugh, 42, Paulus Smit, 57 and John Berry, 64. All four of the victims suffered the same brutal and frenzied stabbing, with each suffering at least 40 lacerations to the body.

His brother, Mixcoatl Ocampo, told the *LA Times* that the alleged murderer was suffering from depression and had been severely affected by the time he spent in service. Mixcoatl said: “He was always paranoid. He would search the closet and bathrooms in his home for bombs.”

Following a court appearance on the 18 January, it now seems likely that Ocampo’s defence will to plead insanity. Prosecutor Tony Rackouckas, however, condemned him as “serious, vicious killer who went out there intentionally going about killing people and terrorizing a whole area”.

Bonnie Tisdale, who acted as Ocampo’s supervisor at Camp Pendleton, described him as “a veteran” who has been let down by the State. “Regardless of what he’s been accused of, I trust him with my life,” the 27-year-old said.

“If he did it, it wasn’t right, obviously, but there’s something wrong with him,” Tisdale added.

The population of homeless people in the California area is so great (an estimated 200,000) that the police have their own dedicated homeless homicide unit. But even with the help of specially trained officers who have excellent outreach contacts, the police were hunting the killer for over a month, leaving the entire homeless community in a state of fear.

Anaheim Police Chief John Welter said that investigators are now confident they have the man responsible for the murders.

Sarah Cox

Homeless offered Spanish getaway

A new charity plans to offer homeless people from the UK a chance to spend time in Spain – especially while recovering from illness.

Based on a farm in a national park, the Simon in Spain charity hopes to host its first guests this summer. The family-run charity has no connection with the UK Simon Community charity, but founder David French spent time working with that organisation before moving away to found his own.

The Pavement, which operates without any funding from the state, has decided to try something new – asking readers to help support our operation. Not salaries or new kit, but our basic print operation.

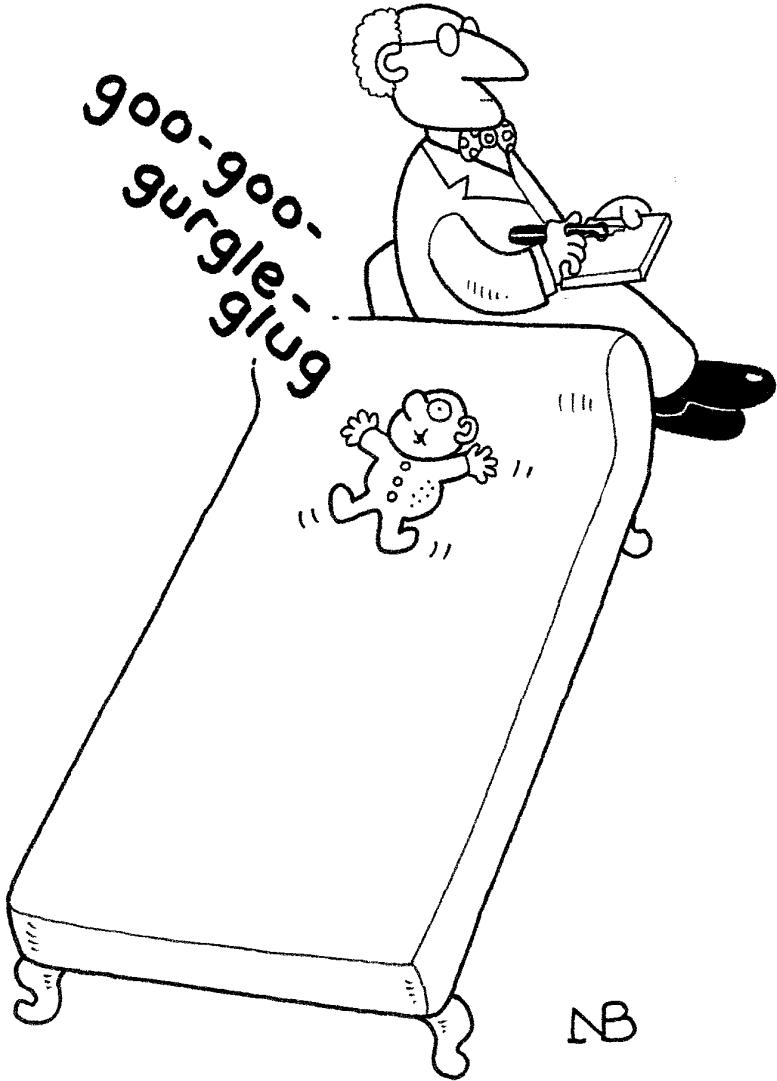


If you have a mobile, and can spare a few pounds, please text **PAVE11** followed by **the amount in pounds*** (max £10) to **70070**

*all this money will go to *The Pavement* (registered charity no. 1110656), the charges being met by Vodafone. Find out more at www.justgiving.com/thepavement

I REALLY NEED TO GET AN ASBO ON MY C.V. BEFORE THEY GET RID OF THEM





Five volunteers have joined French and his son and daughter-in-law to help to prepare the land and the houses where guests will stay. The charity hopes to encourage donors to sponsor a particular guest's stay, or to contribute a particular item or animal for the community's use.

French said: "The main idea came from when I was having cancer treatment and when my treatment finished I took a convalescent holiday, but others on the same course [of treatment] who were on low income sadly couldn't."

"I strongly believe that those who are homeless and on low income who go through life threatening diseases should have the same access as everybody else to this type of respite."

More information about the charity is available at www.simoninspain.co.uk

Katharine Hibbert

Funding boost for hostels

A \$42.5m government funding boost for homeless hostels will only result in an increase of 31 bed spaces countrywide according to the latest rough sleeping report.

The report, commissioned by St Mungo's, estimates that at least 1,169 bed spaces in England were lost between March 2010 and March 2011.

The £42.5m funding boost for the Homelessness Change Programme, announced by Housing Minister Grant Shapps, in October promises an extra 1,200 bed spaces across the UK. But the loss of 1,169 bed spaces over the past year actually means that this will only amount to an increase of 31 bed spaces.

Despite government figures stating that homelessness "remains lower than in 28 of the last 30 years", three out of

five outreach workers claim that homelessness has increased in their area over the past year.

The report highlights concerns over cuts in preventative services and states three of the main causes of homelessness as relationship breakdowns, domestic violence and mental health conditions.

There has been a significant rise in the number of rough sleepers with mental health issues. The report claims this is a direct result of public service failings and indicates that it would be more prudent to focus on tackling the causes of homelessness.

St Mungo's Chief Executive Charles Fraser said "The cuts in 'Cinderella' services such as those supporting people with mental health conditions and victims of domestic violence are of particular concern. As services close or thresholds for accessing support are raised, some vulnerable people are being left with nowhere to turn, with devastating effects."

The report shows that 71 per cent of respondents believed that there needs to be more emergency accommodation for rough sleepers. The proposed funding boost will be used to refurbish and build new accommodation across the country with an added 37 projects to improve facilities for rough sleepers.

The government will also provide around 320 beds for homeless charities across London, including St Mungos, West London YMCA and Islington & Shoreditch Housing Association. Cheltenham YMCA was also offered funding under HCP but is still awaiting their contract. David Wallace, CEO of Cheltenham YMCA, told *The Pavement*: "We are hoping to have new accommodation up and running by April 2014. Cheltenham YMCA has had no extra beds for over 10 years."

Despite claims that Britain has some of the toughest laws to prevent people from ending up on the streets, Shapps' decision to

"shut the door to squatters once and for all" by making squatting illegal sparked outrage amongst legal professionals who have accused Shapps of 'obscuring' the law and misleading the public.

The Housing Minister was also accused of putting homeless projects ahead of social housing, after figures from the Homes and Communities Agency showed that there had been a substantial drop in the construction of affordable homes across the UK last year.

A spokesperson for the Department for Communities and Local Government told *The Pavement* that the extra funding had "been found through Departmental resources." He added that, "ministers have made clear their commitment to protect the most vulnerable. That is why the government has announced £20million of new funding which for the first time will specifically help single homeless people who all too often slip through the safety net. This money will be used to help prevent homelessness at an earlier stage.

"Every council has a legal duty to ensure that households who are homeless through no fault of their own and in priority need are not 'roofless', and can provide free advice and information to prevent homelessness in the first place."

St Mungo's has welcomed the funding for more beds after the number of homeless people in London increased by eight per cent last year. "The ten move-on beds will benefit ten people initially but then potentially more, depending on how soon people are then able to make a positive move on into more permanent longer term housing. People usually stay in our hostels for up to two years, so these would potentially benefit many more people in future."

Referring to the No Second Night Out scheme, which the government claims has helped 382 people off the capital's streets,

BIN DEATH

BIN DEATH IS A REAL PROBLEM FACING HOMELESS PEOPLE. EVERY YEAR, ACROSS THE COUNTRY, THERE ARE INJURIES AND EVEN DEATHS THAT RESULT FROM PEOPLE BEDDING DOWN IN BINS, SKIPS AND CLOTHING BANKS. BINS ARE OFTEN EMPTIED MECHANICALLY IN THE EARLY HOURS OF THE MORNING, THERE IS COMMONLY JUST ONE DRIVER WHO WOULD BE UNABLE TO HEAR OVER THE MACHINERY NOISE IF THERE WAS ANYONE INSIDE THE BIN.

STAY OUT AND STAY SAFE!

*the***Pavement**

ILLUSTRATION BY
LO PARKIN

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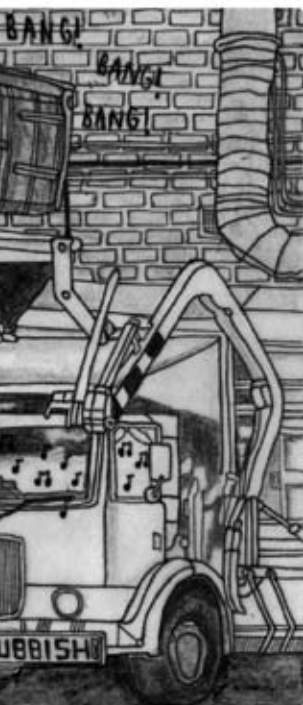
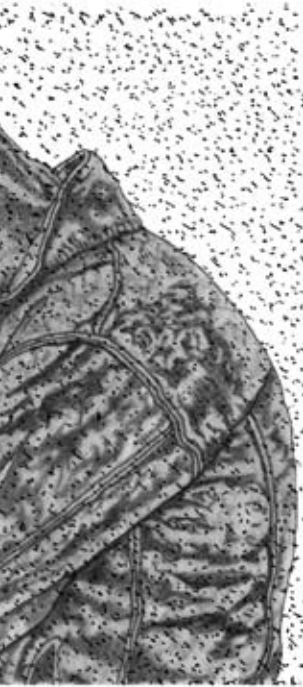


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Fraser added: "We welcome government action taken to stop anyone from spending a second night on the streets and this approach seems very promising."

"But what's also needed now is better support to prevent vulnerable people from hitting the streets in the first place – a commitment to 'no first night out'."

Dearbhla Crosse

Bones in Bath wood

A pile of bones found in Bath woods shortly after Christmas have still not been identified, Police have confirmed. The remains, discovered by a local engineer, are thought to be that of a rough sleeper, as tarpaulin and other belongings were found at the scene. The bones could have lain undiscovered for up to two years in the secluded spot, detectives have said.

DNA results on the skull, leg and thigh bones are expected to be confirmed before the end of the month. The police plan to compare the results against the missing persons register in the hope of finding a match.

A post mortem has revealed that the bones are likely to have belonged to white, European man between 40 and 65, of moderate build and between 5ft 6in and 5ft 9in tall in height. Coroners have stated the death was from natural causes and police are not treating the discovery as suspicious.

Anyone with information about the bones has been asked to contact Bath police.

Jo O'Reilly

The target year – an end to rough sleeping in 2012?

This is set to be a landmark year in the UK – and not just because of the Olympics and the Queen's Jubilee. It's also set to be the year in which local and national governments eradicate rough sleeping. "We must aim to get people off the streets and in to work," said Boris Johnson in the run-up to the 2008 election. "I have committed to ending rough sleeping by 2012."

The Pavement has been tracking the mayor's progress since 2008, as well as following what's been happening at national level in Scotland. Throughout 2012, we're going to keep an eye on whether any of these big promises have been fulfilled. We'll be reporting on who's hitting their targets this year, and who is falling short; but in this year's first issue of *The Pavement*, we're going to start by investigating what promises have been made about homelessness in the UK and what 2012 might bring.

Even back in 2008, it seemed like a tough task. "It's time for us all to say rough sleeping in 21st century Britain is unacceptable," said the then Housing Minister, Labour's Margaret Beckett, announcing her bold plan to end all street homelessness in time for the Olympics. Even then, Beckett's plans were met with some doubt by people in the sector – especially when not long after the announcement, the government stopped publishing statistics for the total number of rough sleepers. Keeping an impartial eye on what was being done became almost impossible.

Still, the official picture was one of a steady decline in the number of rough sleepers in the capital. Richard Blakeway, the Mayor's Housing Minister, told *The Pavement* in February 2010 that the number of "the most

entrenched" rough sleepers in London had dropped from 205 to just 67 individuals. "Everything I'm getting back from people working in the boroughs is that we should be able to help the remainder of the 205 into accommodation by this summer," he told us.

Back then, we were asking whether the plan to stop rough sleeping in London was a cosmetic campaign to get homeless people out of sight before the eyes of the world turned on the city for the Olympics. But soon after, the target moved – to the end of 2012, long after the games will have finished. "The original campaign was to end rough sleeping by the time the Olympics came to Britain, which would have been the summer of 2012," said a Homeless Link spokesman. "But the Mayor has since committed to this being the end of 2012 instead. This was considered to be more realistic and appropriate."

With 11 months to go until the revised deadline, what's the situation? The London government has slightly altered its approach, aiming to focus on its 'No Second Night Out' scheme, which aims to make sure people only spend one night on London's streets. Even so, a total of 2,878 rough sleepers were contacted by outreach services in London between July and September, an increase of 17 per cent from last year, according to figures from the Combined Homeless and Information Network (CHAIN). That doesn't mean that all of those people are long-term rough sleepers of course – if anything, it could show how much more energy outreach services are investing in the homeless.

The findings also give some sense of the size of the task facing the government and the complexity of the issues they're dealing with. Making ambitious promises makes for attention-grabbing headlines in an election year, but following them up is a different problem altogether.



"Best before end August seventh?!"



*“Can you fix my smile so it doesn’t fade when
I see how much you’re charging?”*

Scotland's target

Authorities in England have not been the only ones making pledges on homelessness targets. The Scottish government has not only promised to "end rough sleeping in 2012", it has made it a legal requirement, with new legislation coming into force this December which will entitle all rough sleepers in Scotland to permanent accommodation. With the deadline fast approaching, councils in Scotland have been warned not to "shirk" their 2012 targets. *The Pavement Scotland* will monitor the story north of the border throughout the year as well, to see if Scotland's bold commitments are honoured.

Jim O'Reilly

Hungary outlaws homelessness

A new regulation passed in Hungary makes homelessness punishable by a fine of nearly £400, or a spell in prison.

Some 10,000 people are thought to be homeless in the country's capital, Budapest.

The regulation was proposed by Hungary's leading conservative party, on the grounds that Budapest could no longer cope with the large numbers of people sleeping rough.

The new law, passed by a strong majority in parliament in December 2011, means that those found sleeping on the streets will first receive a warning, before facing imprisonment or a fine.

The move has provoked widespread criticism. Critics, who include Hungary's human rights ombudsman and charities for the homeless, argue that Budapest's hostels cannot cope with the number of rough sleepers in the city.

Miklos Vecsei, a spokesman from the Hungarian Maltese Charity Serv-

ices, said that the law is not based on professional research, but has been passed because the public are fed up with the homeless. Budapest has been stretched to its limits, but the city's poverty needs to be alleviated, not punished, Vecsei said.

The MP who drafted the law has pointed to new hostel projects and argues that local councils will take responsibility for tackling homelessness.

However, Hungarian charities claim that, even with these council schemes in place, up to 3,000 rough sleepers will be left without shelter.

The controversial new law has sparked a wave of demonstrations, including a series of sit-in protests.

Staff

Nottingham hotline

Nottinghamshire-based homelessness charity Framework has witnessed a steady increase in the number of calls to its homeless hotline service. Since its launch at the end of last year, the service has encouraged the public to report rough sleepers to the charity, so that the organisation can offer its assistance.

If calls are made during the line's operating hours (Monday to Friday from 9am to 5pm), the team will try to contact the rough sleeper immediately. At all other times, the line will divert to the Street Outreach Team leader who will provide support. "If the rough sleeper is no longer in the reported location we will continue to check that area anyway," Framework Communications Officer Neil Skinner told *The Pavement*. "The time the referral is relevant here as it means we may have to visit the location earlier or later." For rough sleepers who refer themselves, the team has the capacity to arrange bed and breakfast

accommodation for the evening.

Whilst Framework regularly receives multiple referrals from housing and health agencies concerning the same individual, staff manning the 0800 number have not experienced double referrals from the public. "So far we have not experienced an increase in multiple referrals," said Skinner. "We would always welcome them anyway as this means that vital information is filtering through to us."

According to Skinner, the organisation values its users' privacy and takes confidentiality seriously. Though the charity operates an interventionist service, the people they approach are treated with dignity and respect. The overall goal of the project is to support rough sleepers, encourage them off the streets and help to provide accommodation.

Lizzie Cernick

Man dies on Ilford street

A 45-year-old rough sleeper, Leonard Hiller, died outside Ilford Baths, Ilford, Greater London, on 27 December, but his family were only found a week into January.

Speaking to the *Ilford Recorder*, his mother, Glenda Hiller said: "He got into drinking and drugs and he completely changed to a different person.

"But he had a good heart. If he saw an old lady with a heavy bag, he would help her. He wasn't nasty in any way.

"We put him in shelters but he didn't want to do that. He would rather have a can of Special Brew or White Lightning and be on the streets."

Leonard Hiller died of natural causes, and his funeral service was held on 30 January in Weeley, Essex.

Staff

Health and wellbeing

The Pavement's health team aim to help keep you healthier, if not happier

Heart disease

Your heart is a muscle about the size of your fist. Its job is to pump blood around the body and it beats at about 70 times a minute. Most of us take it for granted and forget it's there until something goes wrong.

One of the most common heart problems is coronary heart disease, a condition responsible for about 94,000 deaths each year in the UK. If you want to prevent it you first need to know if you are at risk and there are a number of ways this can be measured.

The coronary arteries are the vessels responsible for giving the heart its blood supply. They branch out across the surface of the heart and feed oxygen to the hard-working heart muscle. Coronary heart disease occurs when one or more of these arteries become furred-up or blocked with fatty stuff and part of the heart isn't getting enough oxygen. The fatty stuff is called atheroma and is made up of cholesterol and other waste material. If an artery becomes completely blocked and the blood supply is cut off from part of the heart, then this is called a heart attack or myocardial infarction.

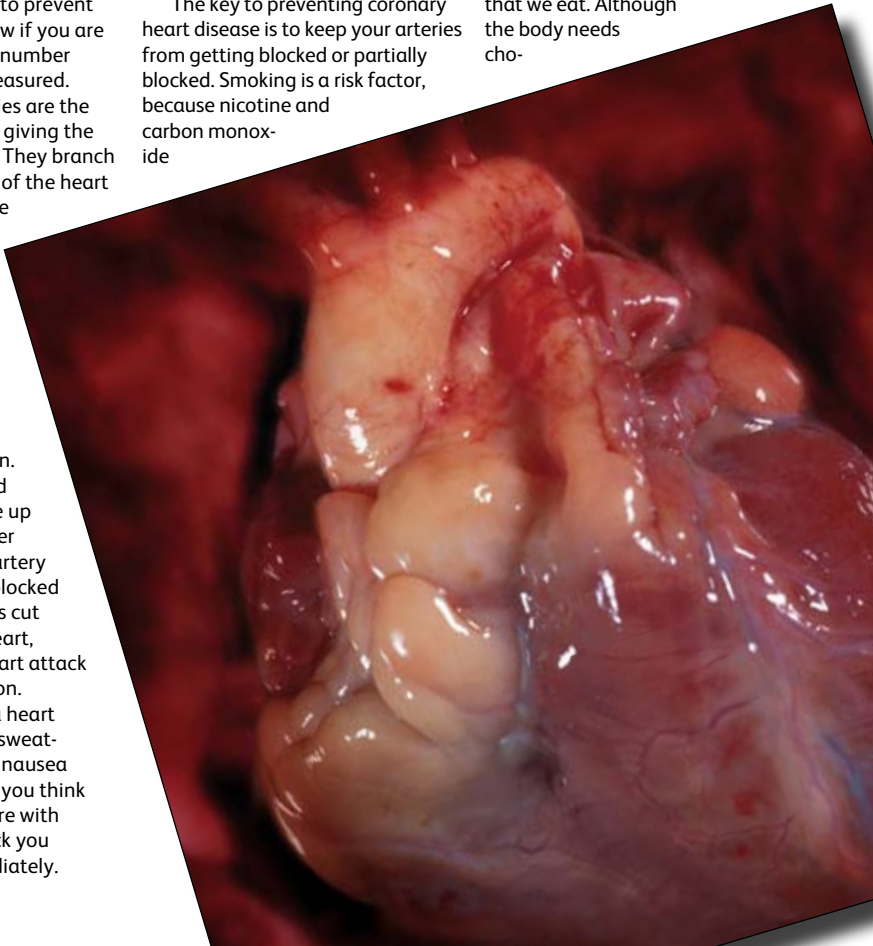
The symptoms of a heart attack are chest pain, sweating, light-headedness, nausea and breathlessness. If you think you or someone you are with is having a heart attack you should call 999 immediately.

Chest pain is a sign that coronary arteries are becoming blocked. This is also known as angina. Angina can be quite mild and is often mistaken for indigestion. Severe angina can be felt as a heavy, tight feeling in the centre of the chest and can spread to the jaw, arms or neck. People often get angina after exercise or when they feel stressed. Angina attacks usually pass after about ten minutes and there are sprays or tablets you can get from your doctor that will relieve them.

The key to preventing coronary heart disease is to keep your arteries from getting blocked or partially blocked. Smoking is a risk factor, because nicotine and carbon monoxide

from cigarettes make your heart beat faster and have to work harder. Other chemicals in smoke cause damage to the inside of your coronary arteries, making it easy for the fatty deposits to stick and build up. If you're ready to stop smoking there is a lot of free support available from your GP, Practice Nurse or NHS Direct.

High cholesterol is another major risk factor for coronary heart disease. Cholesterol is a fat made by the liver from the saturated fat that we eat. Although the body needs cho-



lesterol to function, too much can lead to build-up in the coronary arteries. You can get your cholesterol levels checked by a simple blood test and your doctor or nurse can advise on whether you need to change your diet to bring it down. Eating a diet low in saturated fat usually brings cholesterol down but there are also medications you can take if this is not enough.

High blood pressure is also associated with heart disease and you should aim to have your blood pressure checked at least once a year. Stopping smoking and getting more exercise can bring down your blood pressure but there is also medication for high blood pressure. It's very important to get medical advice for high blood pressure as it is a risk factor for lots of illnesses.

People who have diabetes are also at higher risk of developing coronary heart disease and people with a strong family history. It's worth finding out if your parents or grandparents had heart attacks or suffered from angina. Regular exercise can reduce your risk of developing heart disease as can eating a low-fat diet.

Susie Rathie
The Pavement's nurse

Wet feet... nothing worse

Somehow wet feet can make you feel like you are cold all over and can dampen even the happiest mood. Avoiding wet feet is always the best strategy, but as we live in a climate known for its rainfall all year round (in fact, spring in particular) it is pretty much impossible to avoid rain and puddles.

When rain and water get into shoes, it takes a huge amount of time for them to dry out. Usually made of multiple layers, trainers in particular seem to have a tremendous capacity for holding on to the moisture, staying wet until the next day and squeezing out yesterday's rain when we put our feet into them again tomorrow.

Wet feet create a number of problems. Firstly, the water on the skin creates a feeling of cold that reduces the temperature in our feet, and thus the temperature of our bodies. This is why having wet feet makes us feel shivery and miserable. Contrary to what my mother always told me, wet feet won't give you a 'chill', or make you get a cold (that comes courtesy of a viral infection, not just cold and wet extremities) but will certainly make you feel under the weather. The 'wetness' softens the skin, and makes it more vulnerable to blistering and rubbing. Peeling of the skin is also common when feet are wet. That's where the importance of wearing socks comes in. Yes, the socks will get wet, but they will offer some protection against the frictional stresses going on inside your shoes and onto the bare wet feet – so keep them on – even when wet, as wet socks are preferable to no socks. You have probably noticed that when feet get soaked, they tend to go paler in colour and 'wrinkle' due to the absorption of the fluid. This can last for some time, even when the feet are surface dried. The feet also become more porous when wet, and thus leave us more likely to pick up

localised bacterial and fungal infections of the feet if we walk around barefoot with our 'wrinkly' feet.

A pair of decent waterproof shoes can be a good long term investment. Look out for walking boots in second-hand shops or shoe recycling projects. Walking boots are usually properly 'waterproof' in that they are specially designed so that the tongue and the lace part are also waterproof. Many shoes that claim to be waterproof might well be made of waterproof material, but rain gets in through the holes where the laces go, and as such still wets your feet.

Rain gets in through the top of the shoes, up the sides sometimes, and of course if you have any crack or holes in your shoes it gets in that way too. Try to get shoes or boots which have no holes, and are made of material which is naturally weather repellent, like leather or plastic, for example. Canvas shoes are fashionable and popular at present, but provide little protection from the elements.

If you are staying overnight somewhere in a safe indoor environment, and have wet socks and shoes, remove them. Put the socks near (but not on – we don't want socks on fire!) a heat source, and open up the shoes as much as possible. Stuffing them with old newspaper can help as this draws the moisture into the paper. Don't put them in a plastic bag; this will just retain the wetness. If they are still soaking in the morning and you have no other option but to put them on, see if you can get hold of some old cardboard (even a cereal box would be fine) and cut out some rough insoles to put inside the shoes.

So keep out of puddles, and enjoy the dry days while we have them!

Evelyn Weir
Lecturer in podiatry
Queen Margaret University
Edinburgh



"They've taken all the chairs!"

Glasgow Rent Deposit and

Support Scheme
3rd Floor, Crowngate Business Centre, 17 Brook Street, G40 3AP
0141 550 7140
Mon-Thur: 9am-4pm; Fri: 9am-3pm
AS, BA, C, H, IT, TS

SAY Women Accommodation

Project
3rd Floor, 30 Bell St, G1 1LG
0141 552 5803
Provides support and counselling to young women aged 16 – 25 who are homeless or threatened with homelessness and are survivors of rape or sexual abuse
AS, C, SH

TELEPHONE SERVICES

Community Legal Advice
0845 345 4345
Nationalwide
www.communitylegaladvice.org.uk

Mon-Fri: 9am-8pm;
Sat: 9am-12:30pm
AD, BA, DA, H

Free, confidential service, offering specialist advice on housing, benefits, tax credits, debt etc.

Domestic Violence Helpline

0808 2000 247
Frank
0800 776 600

Free 24-hr drug helpline
0808 808 4994
Free advice for young people
(1 pm – 7 pm daily)

Job Centre Plus (benefits agency)

To make a claim
0800 055 6688
For queries about existing claims for Income Support, Jobseekers Allowance or Incapacity Benefit

0845 377 6001
For Social Fund enquiries
0845 608 8661
For the Pensions Service
0845 60 60 265

Message Home Helpline

0800 700 740
24 hrs daily

National Debtline
0808 808 4000

Runaway Helpline

0808 800 7070
Free line for under-18s who have left home
The Samaritans
08457 90 9090

WEBSITES

LGBT Youth
Advice for LGBT people
<http://www.lgbtyouth.org.uk>

WEBSITES EDINBURGH

Homeless Edinburgh
A comprehensive website containing information about services in Edinburgh including hostels, advice and support centres. Also has information on over 8,000 services outside Edinburgh
www.homelessedinburgh.org

WEBSITES GLASGOW

Homeless Information Pages Glasgow
Lots of useful information and advice on homeless services in and around Glasgow
www.hipinglasgow.com

TELEPHONE SERVICES GLASGOW

Glasgow Shelter Advice Service
0808 800 4444
Mon-Fri: 9am-5pm

Glasgow Street Service

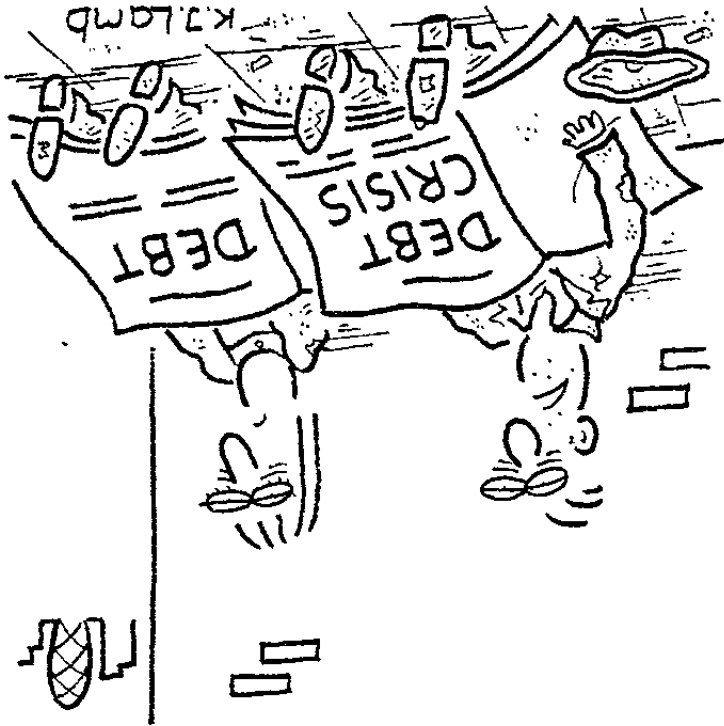
0800 027 7466
Free advice for young people
(1 pm – 7 pm daily)

Mon-Thur: 8am-11 pm; Fri: 8am-5pm; Sat: 8am-3pm; Sun: 4-11 pm
Street outreach team partnership between Simon Community Glasgow and Barnados Scotland

Glasgow Women's Support Project

31 Stockwell Street, G1 4RZ
0141 552 2221
Mon, Tues, Thurs, Fri: 10am-4:30pm; Wed: 2-4:30pm
Information, advice and initial support for women who have experienced sexual abuse

"It's the beg society"



Opticians services and spectacles

(TAP clinic)
20 Cowgate, EH1 1JX
0131 240 2810
Every Fri: 9-11am
Free eye examinations and spectacles for all. NHS benefits not required for free spectacles - drop in or make an appointment

MEDICAL SERVICES GLASGOW

The Physical Health Care Team
55 Hunter St, G4 0UP
0141 553 2826
Mon - Fri: 1 - 5pm
Has two GPs and a team of nurses and office staff who also run clinics at some hostels. Appointments not necessary. They also provide support for people who have hospital appointments and want someone to go along with them. There is also an addition and mental health team based at this address

EDINBURGH SOUP KITCHENS & SOUP RUNS

Barony Contact Point
101 High Rigg, EH3 9RP
0871 700 7777 / 0131 622 1867
Tue: 10.30am - 4pm;
Thur: 10am - 1pm,
121 Montgomery Street, EH7 5EP
0131 661 5252
Tues: 6 - 8.30pm
Care Van
Bethony Christian Trust's soup run in Edinburgh city centre
364 evenings a year

Carubber's Christian Centre
65 High Street, EH1 1SR
0131 556 2626
Sun: 8 - 9am

Grassmarket Mission
79/3 Grassmarket, EH1 2HJ
0131 225 3626
Mon: 7 - 9pm; Tues: 6 - 7pm;
Wed: 1 - 4pm; Fri: 1 - 4pm,
Sat 9 - 10.30pm
AC, FF

Jericho house

53 Lothian Street, EH1 1HB
0131 225 8230
Sun: 10am - 2pm; Weds and Thurs: 6 - 7.30pm
CL, FF

Little Sisters of the Poor

43 Gilmore Place, EH3 9NG
0131 229 5672
Every day 1 - 2pm and 6 - 7pm

Missionaries of Charity

18 Hopetoun Crescent, EH7 4AY
0131 557 8219
Every day except Thur:
3.45 - 4.30pm

SOUP KITCHENS & SOUP RUNS GLASGOW

Balvicar Street
G42 8QU
Thurs: 7 - 9pm

Caodagan Street

Glasgow G2 7AB
Sun: 9 - 10pm; Mon: 7.30 - 9pm; Tues: 8.45pm - 12.30am;
Wed: 9 - 10pm; Fri: 8 - 9pm

Queen's Park Parish Church

170 Queen's Drive, G42 8QZ
Tue: 12noon-2pm (low cost meal); Thu: 10am-12pm (low cost tea/coffee); Sun: 5-6pm (free meal and clothing)
F, CL, FF

Rokpa Glasgow

Kagyü Samye Dzong
The Tibetan Buddhist Centre
7 Ashley Street, G3 6DR
0141 332 9950

St. Columba's Church

St. Vincent Street, G2
Sun: 7.30 - 9pm

St. Patrick's Church

North Street, G3 7DA
Thur & Sun: 8pm - 9pm

St. Simon's Church

Dunaskin Street, G11 6PG
Sun: 1.30 - 2.30pm

SPECIALIST SERVICES

Support in Mind Scotland
(formerly the National Schizophrenic Fellowship)
6 Newington Business Centre, Dalkeith Road Mews, Edinburgh, EH16 5DU
0131 662 4359, Mon-Fri: 9am-4pm
Support and action for people affected by mental illness (including friends and carers), MH
www.supportinmindscotland.org.uk

EDINBURGH SPECIALIST SERVICES

Edinburgh Women's Aid
4 Cheyne Street, EH4 1JB
0131 315 8110
Mon: 1-3pm; Tues, Wed & Fri: 10am-3pm; Thur: 10am-7pm; Sat: 10am-1pm
Information, support and refuge for women, and accompanying children, fleeing domestic abuse
AS, AD, C, H, OL

Streetwork UK - Womens Services

4 Bellevue Street, Edinburgh
0131 467 2023
Mon, Tue & Thu: 1-4pm
Drop in for women
AD, AC, BA, CA, CL, DA, ET, LA, OL, OB, SH, TS

Streetwork UK - Out of the Cold

2 New Street, Edinburgh
0131 556 9756
Working with people over 50 years who are or have been homeless / housing crisis
AS, AD, BA, DA, H, LA, OL, OB, TS

Queen's Park Parish Church

170 Queen's Drive, G42 8QZ
Tue: 12noon-2pm (low cost meal); Thu: 10am-12pm (low cost tea/coffee); Sun: 5-6pm (free meal and clothing)
F, CL, FF

Rokpa Glasgow

Kagyü Samye Dzong
The Tibetan Buddhist Centre
7 Ashley Street, G3 6DR
0141 332 9950

St. Columba's Church

St. Vincent Street, G2
Sun: 7.30 - 9pm

St. Patrick's Church

North Street, G3 7DA
Thur & Sun: 8pm - 9pm

SPECIALIST SERVICES GLASGOW

GAMH Homeless Support Project
123 West Street, G40 1DN
0141 554 6200
Mon - Fri: 9am - 5pm
Practical support and advice for homeless people in Glasgow with mental health problems.
Phone, write or just drop in
C, MH

DRUG / ALCOHOL SERVICES

Drinkingline Scotland
 Freepost, PO Box 4000, G3 8XX
 Advice and info for people with alcohol problems or anyone concerned about alcohol misuse
 A, C

DRUG / ALCOHOL SERVICES

Castle Project
 2 Craigmillar Castle Road, EH16 4BX
 0131 661 5294
 Mon - Thurs: 9am - 4.30pm;
 Fri: 9am - 4pm
 D, NE, OL, OB, SH
www.castleproject.org.uk

DRUG / ALCOHOL SERVICES

Alcohol Focus Scotland
 166 Buchanan St, Glasgow
 0141 552 6700
 Call-in, phone or email: Mon - Thurs:
 9am - 5pm; Fri: 9am - 4.30pm
 A, C, ET

Breakthrough

James Duncan House, 331
 Bell Street, G4 0TJ
 0141 552 9287
 A joint health and social work project offering services to people with drug and alcohol problems. It also incorporates methadone prescribing.
 A, C, D, MS, NE

Cocaine Anonymous Scotland

0141 959 6363
www.casotland.org.uk
 Helpline offering help and support to those with or recovering from an addiction. Also offer meetings and literature on addictions
 A, AD, C, D

Drug Crisis Centre

The West Street Centre, 123
 West Street, G5 8BA
 0141 420 6969
 24hr service offering information and advice to those who abuse drugs. Also residential drug rehab program. Family support unit operates on this site. D, NE

Glasgow Council on Alcohol

7th Floor, Newton House, 457
 Sauchiehall Street, G2 3LG
 0141 353 1800
www.thegca.org.uk
 Mon - Fri: 9am - 9pm
 Offers help and support to anyone experiencing problems related to alcohol consumption.
 A, AS, AD, BA, DA, ET, H, LA, OB, TS

EMPLOYMENT AND TRAINING

Bethany Christian Trust
 65 Bonnington Road, EH6 5JQ
 0131 625 5411
 Community Education programme with a range of courses aimed at giving skills to get back into work or volunteering
 FF

Bethany Christian Centre (Men only)

6 Cosselbank St, EH6 5HA
 0131 554 4071
 For homeless or vulnerable men with alcohol or drug problems who wish to take part in a work training programme
 CA, ET

EMPLOYMENT AND TRAINING

Glasgow Simon Community - Resettlement Training Service
 12 Commercial Road, G5 0PQ
 0141 420 6105
 Mon - Fri: 9am - 4pm
 Runs short courses that help people look at their choices, rights and opportunities in settling down. Open to anyone over 16. Courses are organised on a rolling programme and run between 10am and 4pm
www.glasgowsimon.org.uk
 C, ET

Emmaus Glasgow

101 Ellesmere Street, G22 5QT
 0141 353 3912
www.emmausglasgow.org.uk
 Provides accommodation and work for homeless people
 AS, CL, ET, TS

EX-FORCES

AWOL
 01380 738137
 Call the 'Redaim Your Life' scheme from SSAFA (Soldiers, Sailors, Airmen and Families Association): Mon - Fri: 9am - 10am

Royal British Legion

08457 725 725
 Ring the Legion line to see how they can help ex-service men and ex-servicewomen
Veterans UK
 0800 169 2277
 Fee help and advice for veterans and access to dedicated one-to-one welfare service
www.veterans-uk.info

EX-FORCES EDINBURGH

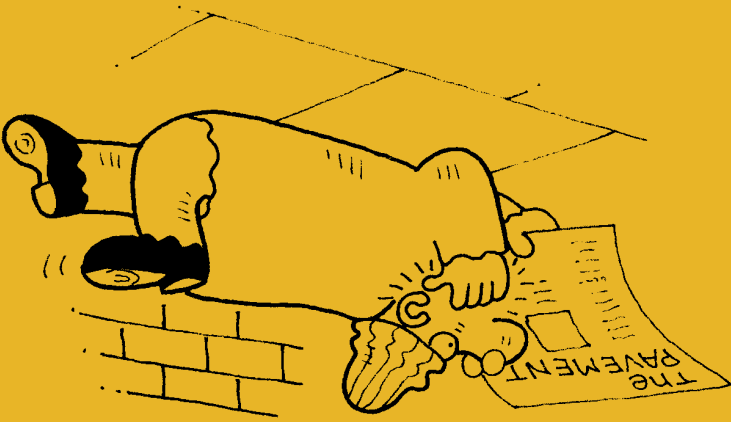
Whiteford House

53 Canongate, EH8 8BS
 Mon - Fri: 9am - 5pm
 Accommodation for homeless ex-service men and women, including ex-merchant mariners. Can accept married couples

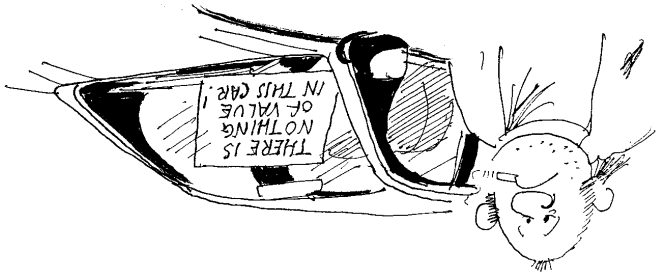
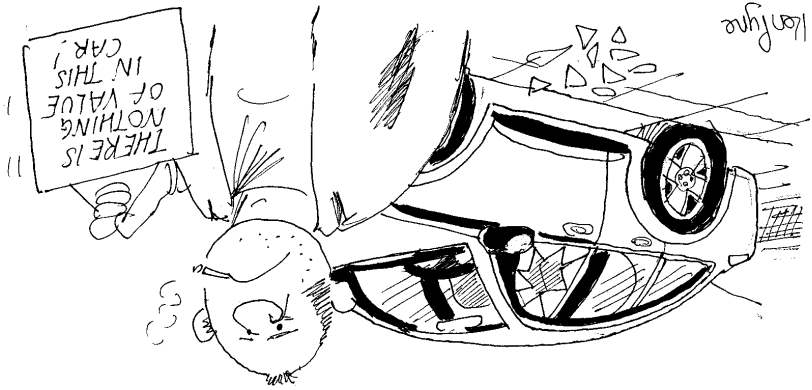
MEDICAL SERVICES EDINBURGH

(Cowgate Clinic)
 20 Cowgate, EH1 1JX
 0131 240 2810
 Mon, Wed - Fri (closed on the morning of the third Wednesday of the month): 9am - 12.45pm, 1.45 - 5pm; Tues 9am - 12.45pm
 Health service for homeless people, including a general nursing and treatment room, mental health care, 10 GP sessions a week, as well as dental services two mornings a week. Also provides a chiropody service, occupational therapist, clinical psychologist and psychiatrist. A clothes exchange is available too
 A, DT, D, FC, MS, MH, SH

**Or email corrections to
thejist@thepavement.org.uk**



**If you know a service that
isn't listed here, get them
to submit their service @
our website:
www.thepavement.org.uk**



Gowrie Care – St John's Hill

1 St John's Hill, EH8 9TS

0131 557 5502

Ring or drop in: Mon - Fri 9am - 2pm

Randolph Crescent Hostel

2 Randolph Crescent, EH3 7TH

Supported accommodation for

single men and women from

Lothian and Edinburgh Abst-

nence Programme (LEAP)

0131 220 1607

Referral from LEAP on:

0131 456 0221

Salvation Army – Ashbrook

492 Ferry Road, EH5 2DL

0131 552 5705

Single homeless people who are

eligible for housing benefit

www.salvationarmy.org.uk

Men

Gowrie Care – Caledonia House

Gilmore's Close, Grass-

market, EH1 2HD

0131 220 5078

www.homelessedinburgh.org

Women

Cranston Street Hostel

2 Cranston Street, EH8 8BE

0131 556 8939

Temporary registered accommoda-

tion for single homeless women.

Although the maximum stay is

six months this can be extended

under certain conditions

www.homelessedinburgh.org

Number Twenty

20 Broughton Place, EH1 3RX

0131 557 1739

Young single homeless women aged

16-21 with support needs. Ring

first (8am - 11.30pm every day)

Young people (16-25)

Open Door Accommodation

7-12 Adelaide Street, Liv-

ingston, EH54 5HG

01506 430221

Young single homeless people

aged 16-21 with a local con-

nection to West Lothian

Ring first (8am - 8pm daily)

www.odp.org.uk

Rock Trust

55 Albany St, EH1 3QY

0131 557 4059

Various activities and services

for 16-25 year olds, including

drop-ins, one-to-one sessions and

Night Stop on referral.

www.rocktrust.org

Stopover (Edinburgh)

40 Grove Street, EH3 8AT

0131 229 6907

Young single homeless people aged

16-21 with a range of support needs

Ring first

www.foursquare.org.uk

DIRECT ACCESS HOSTELS/

NIGHTSHELTERS GLASGOW

All with low-support needs

Salvation Army – Hope House

14 Clyde Street, G1 5JW

0141 552 0537

Referral by Glasgow

City Council only

A, AS, BS, F

Laureston Centre

39 South Portland Street, G1 9JL

0141 429 6533

Open office hours only

A, AS, BS, F

Simon Community – Castlemilk

86-88 Amprior Road, Cas-

tlemlk, G45 9HE

Offers a group-living model of

supported accommodation to

men who have experience of long

term homelessness and are com-

mitted to addressing addiction

issues. Possibility of continuing

support after moving into own

home. Referral from social work or

similar agency is required, accepts

men from all over Glasgow

0141 631 1798

www.glasgowssimon.org

Talbot Association – Kingston

Halls Direct Access Hostel

344 Paisley Road, G5 8RE

0141 418 0955

Referral by Glasgow

City Council only

BS, C, DT, ET, F, H, L, MS, MH, SH

Ring first (8am - 8pm daily)

www.odp.org.uk

Turning Point Scotland – Link Up

112 Commerce Street, G5 9NT

0141 420 1929

A direct access service for homeless

people in crisis as a result of mental

health, drug, or alcohol problems

A, AS, AD, C, D, FC, MS

www.turningpointscotland.com

Women

Govanhill Women's Project

14 Polmadie Street, G42 0PQ

0141 423 5599

Works with single homeless

women aged over 25 from the

Glasgow area. The project is not

suitable for women under 25

or those wanting to be accom-

modated with a partner or with

children in their care. Ring first

Rachel House

503 Baltic Street, G40 4SG

0141 556 5465

Provides supported accom-

modation for single/pregnant

mothers aged 16 to 25 and

children up to ten years old

Young people

Council for Homeless Young

People (CHYP)

171 Wilton Street, G20 6DF

0141 945 3003

Details at

www.queenscrossha.org.uk

Residential support for youngsters

and young, single homeless people

Quarriers Stopover

189 Pollockshaws Road, G41 1PS

0141 420 3121

For young people 16-25. Accom-

modation is on the upper levels of a

four-storey building so not suitable

for people with physical disabilities

A, C, D, ET, H

www.quarriers.org.uk

The Mungo Foundation – London

Road Project

1920 London Road, G32 8XG

0141 778 1184

Works with 16-25 year olds

who cannot access mainstream

accommodation. (Open 24 hrs)

www.themungofoundation.org.uk

Bethany Christian Trust
 Letih Acorn Centre YMCA,
 Junction Place, EH6 5JA
 Tue: 12.30-2.30pm (women
 only drop in); Thu: 1-3pm
 (men only drop in)
**Salvation Army – The Laurieston
 Centre**
 39 South Portland Street, G5 9JL
 0141 429 6533
 AS, A, BA, C, DA, ET, FF, F,
 H, IT, LF, MS, SH, TS

Wayside Day Centre
 32 Midland Street, G1 4PR
 0141 221 0169 (option 1)
 Mon-Fri: 7.30 - 10pm; Sat: 1-4pm
 AS, AD, BS, CL, FF
Wayside Day Centre
 See The Marie Trust

**DIRECT ACCESS HOSTELS/
 NIGHTSHELLERS EDINBURGH**

All with low-support needs

Bethany House

12 Couper St, Letih, EH6 6HH
 Emergency accommodation
 for single homeless people
 0131 467 1010
 AS, AD, A, BS, BE, D, F, H, L, LA

Bethany Supported Housing

65 Bonnington Road, EH6 5JQ
 0131 553 1119
 Ring First

Castlecliff Hostel

25 Johnston Terrace, EH1 2NH
 For homeless people aged
 16 and over; accepts couples
 and people with pets
 0131 225 1643
 AS, BS, BE, H, L, TS

Cunningham House

205 Cowgate, EH1 1JH
 For homeless people with addi-
 tional support needs around
 alcohol, drugs, mental health
 and learning difficulties.
 0131 225 4795
 www.crossreach.org.uk

The Marie Trust

32 Midland Street, G1 4PR
 0141 221 0169 (option 2)
 Mon-Fri: 10-11.30am; 12.30-4pm;
 7.30-10pm (Thu closes 3pm)
 Drop-in advice and support.
 non-profit making cafe, posi-
 tive activity, learning and out-
 reach for people affected by

Lodging House Mission
 35 East Campbell St, G1 5DT
 0141 552 0285
 Mon, Tue, Thu: 8am-3pm; Wed,
 Fri: 8am-2pm; Sun: 4-6.30pm
 BS, CL, E, F, IT

Shieling
 20 Crimea Street, Glasgow, G2 8PW
 0141 221 2630
 Mon, Tues, Wed & Fri: 10am
 4pm (drop in); Thur: 1-5pm

Glasgow City Mission – The

FF, H, IT, LA, MC, MS, OB
 AS, AD, AC, B, BS, BE, C, CL, ET,
 www.glasgowcitymission.com
 Mon, Tues, Wed & Fri: 6.30-11pm

Lodging House Mission
 35 East Campbell St, G1 5DT
 0141 552 0285
 Mon, Tue, Thu: 8am-3pm; Wed,
 Fri: 8am-2pm; Sun: 4-6.30pm
 BS, CL, E, F, IT

Glasgow Street Service

See Telephone Services Glasgow

**DAY CENTRES AND DROP-INS
 EDINBURGH**

Barony Contact Point

101 High Riggs, EH3 9RP
 0871 700 7777
 Mon: 6.30-9pm; Tue: 10.30am-
 4pm; Thu: 3.30-7.30pm;
 Fri: 1am-2pm (women
 only); Sun: 11am-4pm
 C, MH

Glasgow City Council

Homeless Person's Team
 Hamish Allan Centre, 180
 Centre Street, G5 8EE
 0141 287 1800
 Mon-Thu: 8.45am-4.45pm;
 Fri: 8.45am-3.55pm
 AS, BA, C, DA, H, TS

Glasgow City Council

AS, BA, C, DA, H, TS
 www.glasgow.gov.uk
 can be done next to help you
 room and provide advice on what
 to discuss your circumstances
 with you in a private interview
 in need of advice about homeless-
 ness issues. Staff will be pleased
 to discuss your circumstances
 threatened with homelessness, or
 in need of advice about homeless-
 ness issues. Staff will be pleased
 to discuss your circumstances
 with you in a private interview
 room and provide advice on what
 can be done next to help you
 www.glasgow.gov.uk
 AS, BA, C, DA, H, TS

Glasgow City Council

For anyone who is homeless,
 threatened with homelessness, or
 in need of advice about homeless-
 ness issues. Staff will be pleased
 to discuss your circumstances
 with you in a private interview
 room and provide advice on what
 can be done next to help you
 www.glasgow.gov.uk
 AS, BA, C, DA, H, TS

Glasgow Shelter Advice Service

First Floor Suite 2, Breckenridge
 House, 274 Sauchiehall Street
 0808 800 4444 Mon-Fri: 9am-5pm
 Emergency surgery at office
 Thu 2-4pm, at all other times
 call the helpline above
 AD, C, H

Social Care Council

Advice and support for 16-24 year
 olds seeking accommodation
 AS, AD, BA, C, DA, H, TS

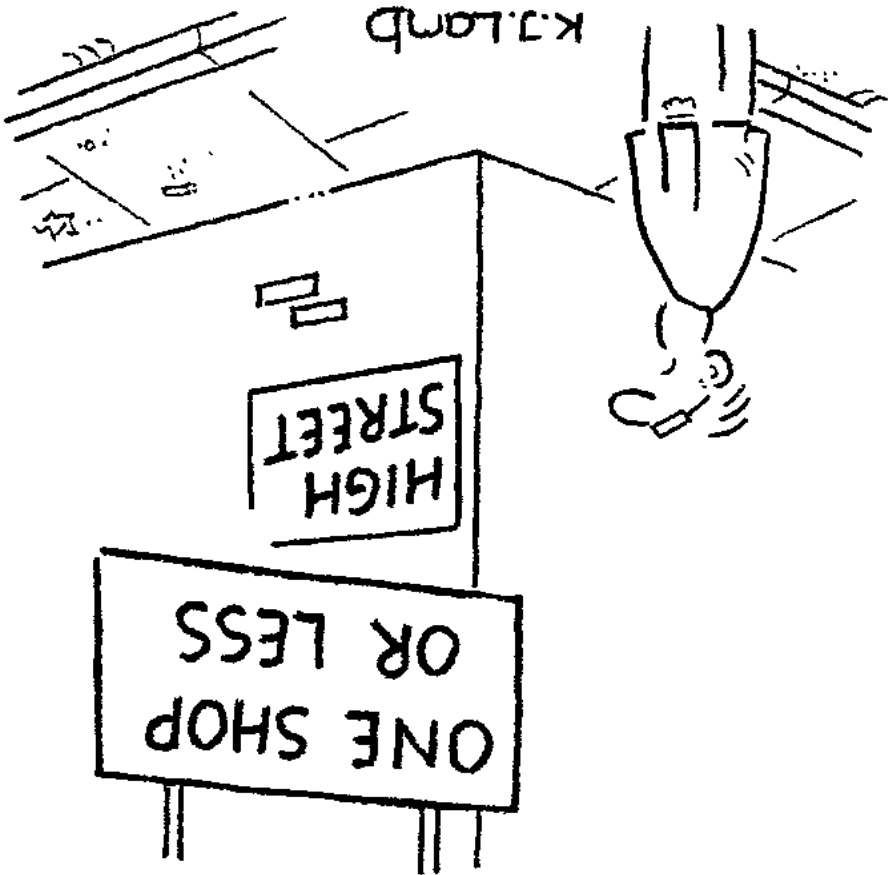
Crossreach – Church of Scotland

see **Streetwork Crisis Centre**
 0141 771 6161
 Mon-Fri: 9am-5pm

Cowgate Day Centre

Abderaldie Road, G34 9HJ
 Westwood Business Centre, 69
**GENR8 Action for Children (16-24)
 SERVICES GLASGOW**

Emergency assistance outwith
 office hours phone 0800 731 6969
 1.30-4pm; Fri: 1.30-3pm



The Access Point
 17-23 Leith Street, EH1 3AT
 0131 529 7438
 Services for people 16 years or over who do not have care of children
 Mon, Wed, Thu: 9am-5pm;
 Tue 10am-5pm; Fri: 9am-4pm
 (drop-in services only): Mon-Thu

Streetwork UK - Crisis Centre
 22 Holyrood Road, Edinburgh
 0131 557 6055
 Free phone 0800 178 2323
 24/7 crisis centre for people in housing crisis or at risk of sleep-ing rough. Includes outreach service / needle exchange.
 AS, AD, A, BA, BS, CA, CL, D, DA, ET, F, H, IT, J, L, LS, MH, NE, OL, OB, SH
 www.streetwork.org.uk

health and/or addictions.
 AS, AD, A, BA, CA, C, D,
 ET, H, MH, OB, SH, TS

Luggage storage – LS
 Medical services – MS
 Mental health – MH
 Music classes – MC
 Needle exchange – NE
 Outreach worker links – OL
 Outreach workers – OB
 Safe keeping – SK
 Sexual health advice – SH
 SSAFA – SS
 Tenancy support – TS

Updated 30 January 2012

the LIST

The directory of Scotland's homeless services

Homeless Outreach Project
 65/5 Niddrie Mains
 Terrace, EH16 4NX
 0131 661 7137
 Mon - Fri: 9.30am - 5pm
 Outreach service for home-less people experiencing dif-ficulties with their mental

Edinburgh Cyrenians
 57 Albion Rd, EH7 5QY
 0131 475 2556
 Mon - Fri 10am - 4pm
 Advice, information and support for people who are homeless or threatened with homelessness
 AS, ET, H
 phone 0800 032 5968,
 Out-of-hours emergencies

housing options for homeless people, including assessment of priority need for housing.

Debt advice – DA
 Dentist – DT
 Drugs workers – D
 Education/training – ET
 Free food – FF
 Food – F
 Foot care – FC
 Housing/accom advice – H
 Internet access – IT
 Laundry – L
 Leisure activities – LA
 Leisure facilities – LF

City of Edinburgh Council – Housing Options Team
 1 Cockburn St, EH1 1BJ
 0131 529 7584 / 7368
 Mon, Wed, Thurs 8.30am - 5pm; Tues 10am - 5pm;
 Fri 8.30am - 3.40pm
 Advice and information on

Advocard
 332 Leith Walk, EH6 5BR
 0131 554 5307
 www.advocard.org.uk
 Mon – Fri: 10am – 4pm, MH, P

ADVICE SERVICES EDINBURGH

If you've any changes or sug-gestions write to us at the address on page 3, or email: thelist@thepavement.org.uk
 Updated entries: 2
 Services added: 0

Key to this list:
 Accom. assistance – AS
 Advocacy – AD
 Alcohol workers – A
 Art classes – AC
 Barber – B
 Benefits advice – BA
 Bathroom/showers – BS
 Bedding available – BE
 Careers advice – CA
 Clothing – CL
 Counselling – C