



the
FREE
mag for
homeless
people

the Pavement

November / December 2018

Her story



Missing



Cass Walker

Cass went missing from Streatham, London on 30 June 2017. He was 31 years old at the time.

Cass, we're here for you whenever you need us. We can talk through your options, send a message for you and help you be safe. Call/text 116 000. It's free, confidential and 24/7.



Michael Whinham

Michael has been missing from Newcastle upon Tyne, Tyne and Wear since 14 November 2015. He was 31 years old when he went missing.

Michael can call our free, confidential and 24/7 helpline for support and advice without judgement and the opportunity to send a message to loved ones. Call/text 116 000 or email 116000@missingpeople.org.uk.

If you think you may know something about Michael or Cass, you can contact our helpline anonymously on 116 000 or 116000@missingpeople.org.uk.

Alternatively, you can send a letter to 'Freepost Missing People'.

Free, confidential, 24/7.

A lifeline when someone disappears

**missing
people**

Registered Charity No. 1020419

Her story

"Many women feel they have nowhere to turn so often return to an abusive relationship, whether it be mental, sexual or violent," says Jean Hindry in this From The Ground Up takeover of *the Pavement*. "They may turn to alcohol or drugs, or sink into a deep depression, as they can see no way out. And there is the constant feeling of guilt and fear – the worry that children can be taken away from them at any time, despite trying to do your best. Even asking for help can seem like you are a terrible person or a failure." That's why Kesia Reeve from Sheffield Hallam University, and others, are calling for a gender agenda, to better support women experiencing homelessness. We say the sooner the better. Until then, anyone can use the list in the centre of this mag to find a bed, food and support. Stay safe.

The Pavement team

- twitter.com/thepavementmag
- facebook.com/thepavementmag
- instagram.com/pavement_magazine

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web@thepavement.org.uk

Editor: Nicola Baird nicola@thepavement.org.uk

Web editor: Val Stevenson val@thepavement.org.uk

Writers/Researchers: Mat Amp, RC, Jake Cudsi, Polly Evans, Jamie Jackson, Samir Jeraj, Ian Kalman, Julz Watt. **FTGU:** Anne Cooper, Yusif Farah, Brian Fuggle, Jean Hindry, Sarah Hough, Lady, David Lawrence, Samantha Love, Ruby, David Silverman

Cartoons: Denise Collins, Jean Hindry, Ruby, Ken Pyne

Design: Marco Biagini

London Co-ordinator: Mat Amp

london@thepavement.org.uk, tel: 07595 602 324

Scotland Co-ordinator Marco Biagini

scotland@thepavement.org.uk, tel: 07701 093 643

Cover: *Dresscode* is by Chris Bird, who has a history of mental illness and was previously homeless. The Farsi is an Iranian slogan for human rights for women. © *Chris Bird*

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Meet our third group of From The Ground Up writers who created this issue on women and homelessness (Her story) and the first issue of 2019 on working while homeless. In the pic: (back row) Sarah, Brian, deputy editor Mat Amp, David (front row) Ruby, journalist trainer Veronique Mistiaen, David, Samantha, Jean (missing Yusif, Anne and Lady). FTGU is an innovative project devised by Groundswell (the homeless health charity) and *the Pavement* to help people who've experienced homelessness put their story out there.

© *the Pavement*

***Pavement* update**

Up in Scotland our team have been focusing on the arts and homelessness and plan to join With One Voice's Manchester summit in mid-November.

The Pavement helps people on the street right now, but back issues have just been requested for the University of the Arts' world-famous zine collection because "they want a record of less-well heard voices". All in all, plenty to shout about.

Welcome to *the Pavement*: a magazine for homeless readers

We're a small charity, founded in London in 2005. Now we produce 8,000 FREE bimonthly magazines for homeless and insecurely housed readers in London and Scotland. You can find *the Pavement* at hostels, day centres, homeless surgeries, soup-runs and libraries.

We use volunteer journalists and photographers to create exclusive content that's written with our readers in mind. Find out more from nicola@thepavement.org.uk

We believe that sleeping rough is physically and mentally harmful, but reject the view that a one-size-fits-all approach to getting people off the streets works.

You can fundraise or donate, see how at:

- www.thepavement.org.uk

Join us

We are always looking for volunteer journalists with experience. We particularly welcome those who've been homeless.

- nicola@thepavement.org.uk

Fundraise or donate so we can keep providing *the Pavement* free to homeless people. Mags that help them at moments of crisis, as well as giving the info people may need to move on.

- www.thepavement.org.uk

Written by Jake Cudsi and *the Pavement* team

£100 million investment

The Government is planning to invest £100 million to end rough sleeping by 2027 throughout **England**.

The Rough Sleepers Initiative, announced in August 2018, aims to help homeless people turn their life around and offer support and help with addictions, mental health and accommodation, *writes Jean Hindry*.

The money will be solely targeted at rough sleepers. Local authorities will not be able to spend the money elsewhere, for example on refuse collection or lowering the council tax and they will be made accountable. The aim is to unlock more homes, work with charities and councils, find new ways and new initiatives. But it is obvious that we are in for the long haul and cannot eradicate these momentous and sensitive problems overnight.

Ending period poverty

Stevie-Jo Pasing, a 27-year-old homeless woman being interviewed on the Victoria Derbyshire programme on *BBC*, spoke of her family's struggle to afford sanitary products. She says the embarrassment she felt over her plight led to skipping class. Research commissioned by the brand Always suggests girls who have experienced period poverty are more likely to



Memorial service: You are invited to attend the annual Service of Commemoration for those who have died homeless in the past year. It's at St-Martin-in-the-Fields on Thursday 8 November, 11am –12.30pm

suffer from anxiety or depression as women. Previous research conducted on behalf of Always found more than 130,000 girls had missed school due to period poverty.

- **Find free pads/tampons for school students across the UK via Facebook groups on www.redboxproject.org.**
- **The Tricky Period and Bloody Good Period also provide free pads, see their websites. Also try asking if your local library stocks free items.**

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Sleep out season

Youth homelessness charity Rock Trust held its 25th annual sleep out in October. The charity raised over £65,000 in 2017, and asks each participant to aim to fundraise £250 for the sleep out. This year the fundraiser was held in St Andrew Square in central **Edinburgh**. Rock Trust's website says the charity houses 400 young people a year, and will use the sleep out's raised funds to keep the doors open to young rough sleepers, and invest in projects to help fight homelessness.

Glasgow rethink

Glasgow city council aims to form an alliance designed to tackle homelessness, in what they call a "UK first". The council is currently recruiting partners to join the project, and will work with them for between seven and 10 years on various schemes submitted by the partners. The alliance's key aim will be to reduce the time spent by people in homelessness services, and to provide homeless people with an easier route to mainstream tenancies. It also looks set to involve many people with first-hand experience of homelessness, reports *Glasgow live*.

All talk

Through a freedom of information request, *Inside Housing* magazine has learned that local authorities in **England** have increased spending on temporary accommodation for homeless families by 56 per cent in five years.

Local authorities now spend about £1 billion a year on temporary accommodation. Meanwhile, *Private Eye* says welfare reforms have increased the number of homeless people, stating that: "measures such as Universal Credit, the bedroom tax, benefit cap and benefit freeze amount to a homeless creation policy."

Botched proposal

Nottingham City council has been forced to defend its plans to tackle anti-social behaviour. According to the *Huffington Post*, it will ban people from asking for money, personal items or other donations by implementing Public Spaces Protection Orders (PSPO). PSPOs have been controversial across England since their pilot in 2014. They allow councils to create a framework intended to curb anti-social behaviour. However, human rights advocacy group Liberty has accused the council of trying to "airbrush their streets".



Kitchen jobs: Only A Pavement Away (no connection with our mag) aims to help homeless ex-offenders and ex-service personnel find work in the hospitality industry. Founder and CEO Greg Mangham launched OAPA at the Houses of Parliament, on World Homeless Day (10 October) saying the new charity would see 500 jobs filled by end of year one. Hospitality is the UK's fourth largest employer and can be a good place to "reintegrate people back into society," says Mangham. © OAPA

New charity voice

With One Voice, the international arts and homeless movement founded by Streetwise Opera is due to become an independent charity from 1 April 2019. This November With One Voice will host a four-day summit and week-long festival in **Manchester**, with more than 250 delegates from 15 countries. Half of the summit's delegate places will be given free to people who are or have been homeless. Info at www.with-one-voice.com/summit-festival

Tip of the iceberg

In October at the launch of Only A Pavement Away (see pic), Minister for Housing & Homelessness, Heather Wheeler MP announced a new fund to make £20 million available for schemes that provide those who are homeless or sleeping rough with better access to sustainable tenancies. She said: "We know that rough sleeping is the tip of the iceberg. To break the cycle of homelessness, we have to tackle the underlying issues – and that has to begin with housing."

Data mishandled

The Information Commissioner's Office (ICO), a government watchdog, has said "it appears likely" that the charity St Mungo's provided the personal information about migrant rough sleepers to the Government. St Mungo's has long denied its outreach team assisted the Home Office enforcement teams, but the *Guardian* reports that Public Interest Law Unit (PILU) filed a complaint against the charity, leading to the watchdog's investigation. PILU says this information was handed over without the rough sleepers' consent, and ICO believes this to be "feasible".

- The Home Office had to stop their strict policy towards migrant rough sleepers after the High Court ruled it unlawful.

Taxing the 1%

Prime Minister Theresa May has a novel way of tackling homelessness. Foreign property buyers will pay an extra tax of between 1 % and 3 %, as well as stamp duty, in a move that is also hoped to halt rising UK house prices. May told Andrew Marr on his *BBC* show that all the money raised by the tax will go towards tackling rough sleeping. Housing charity Shelter was dismissive of the plan, arguing that more social housing had to be built to relieve the homelessness crisis.

Call it a hate crime

Liverpool's Mayor, Joe Anderson, has asked Home Secretary Sajid Javid to make attacks on rough sleepers a hate crime. In a Crisis report from 2016 nearly a third of rough sleepers surveyed said they had been deliberately hit. Around 45 % had been intimidated and 7 % had been urinated on.

Veteran support

Mayor of London Sadiq Khan opened the newly remodelled New Belvedere House in September. The residential facility aims to help veterans of the armed services off the streets and get them into housing. Veterans Aid, a charity for rough sleeping veterans, created and runs the project which can house 66 people. The Mayor's office says City Hall provided £1.6m to assist the refurbishment. Khan told those attending the opening "it is completely unacceptable that anyone in London, including veterans of our armed services, should have to sleep rough."

Street clean swap

For the past year homeless residents of **Fort Worth, Texas**, have been given jobs in an effort to combat homelessness. American media company *ATTN:* shared a video on Facebook showing how the city



Spotted: at Streets Fest, a one day music and meet up in Finsbury Park, run by Streets Kitchen and Jamming for Change. From L-R starting with the man in the yellow jacket, Cllr Diarmaid Ward (housing, Islington), Cllr Eldridge Culverwell (Stroud Green), Sophie Konradsen (rough sleeping lead, Haringey), Jon Glackin (Streets Kitchen), Cllr Daniel Stone (Stroud Green), Sarah Turley (street population coordinator, Islington), Pete, Ali Rush (Islington outreach, St Mungo's), Kevin Livingston (Islington outreach, St Mungo's). © *the Pavement*

has hired homeless people to clean the streets for US\$10 an hour, plus temporary accommodation. According to officials it has already had positive results, with almost 4,000 tons of garbage collected in a year. "This is the way to fix a lot of the homeless issues in 2018 and beyond," said Brandon Bennett, one of the Clean Slate Scheme team.

Art sale

Creative people from all walks of life, including those impacted by homelessness, are donating their artworks for the Bad Behaviour December exhibition.

"As well as raising money for *the Pavement* and St Mungo's the art show aims to encourage visitors and participants to look more closely at an issue that people all too often turn away from. It will feature some art pieces that question stereotypes about homelessness, also creating a space where homeless people are not only visible, but also creative and relevant," says organiser Araba Ocran.

- www.badbehaviour.london

I will survive

Everyone's at risk of violence and robbery, but women aren't safe in many more ways. This powerful piece of wit and wisdom from Ruby, introduces *the Pavement's* takeover issue by *From The Ground Up* on women and homelessness

In my experience any man is a potential threat, especially in a group.

If it's scary when I go out, it's utterly terrifying when it's where I live. Some of my best friends are men but I've no intention of being raped and assaulted any more in my life so I certainly wouldn't go to a hostel full of them. As it is, I get hassled in the street, men demanding attention, grabbing me, wanting sex, getting angry and calling me a slag because I ignore them. Which is a confusing jump in logic. I've had so many male friends claim I'm their wife, to stop some prick hitting on me, that the police will likely pick me up on a bigamy charge.

It's hard for women to be respected in this society coz we're defined by men. OH YES WE ARE. Someone's wife, mother, daughter, girlfriend, bit on the side, tart. If you're in none of those roles, or don't want to be, or escaping them, then

Stop this

Average age of death for street homeless women is 43, about half their UK life expectancy. For men it is 47. (Crisis, 2011)

Drawing on a Crisis survey, looking at 458 recent or current rough sleepers in England and Wales, *C4's Dispatches* found:

- Nearly 1 in 4 female rough sleepers has been sexually assaulted in the past year
- 3 in 10 female rough sleepers have experienced sexual violence at some point while homeless
- Nearly 6 in 10 have been intimidated or threatened with violence in the past year (compared to 4 out of 10 male rough sleepers).

folk think there's something wrong with you.

And we're judged on how we look: we're too old or young, too fat or thin, too ugly or vain. Our worth, or worthlessness, is decided by other people. And that's what we're brought up to do – please people.

We even blame ourselves for being victims of domestic violence. Aye, I know men suffer too, and that the male suicide rate is much higher. But we don't even have to go to the bother of that, men helpfully just kill us instead. Legal defence says "he

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was provoked” and everyone nods understandingly.

Women are accused of getting a free ride from the council. But housing officers always told me if I wanted to be on the council list I’d have to get pregnant first, and they didn’t even offer to buy me a drink.

Most of us have periods to deal with. I don’t care if you don’t want to hear it, but some of us bleed like we’ve opened a vein. And the PAIN. Not everyone gets it that bad but for myself, I used to pass out in the street from agony and blood loss. Tucked up in a warm bed with a hot water bottle and a takeaway till I feel better? That knight in shining armour you’re waiting to save you? Some bloody chance. Best find a warm pub with decent toilets and a sofa, and hope no one bothers you. Good luck with that. (Obviously sneak your own bevvie in for medicinal purposes. When I’m past caring whether I live or die, I’ve always chosen the path of pain relief.)

Common sense says that if you’re in a bad situation, you’ll do what you can to escape it. In reality, if life has repeatedly kicked you down so you feel nothing you do makes a difference, eventually you give up and accept whatever situation you’re in.

But chances do come up to get out of this. Sometimes they don’t work which makes you feel your life is ending. But there’ll be other chances,



Cities can be very unsafe places for women, especially at night and for women without a home © Sarah Hough

recognise them. When life closes the door, open it again. That’s how doors work.



Sister act

Being homeless messes up everything, which is why Samantha Love argues that looking after yourself – in the right way – has to be your priority

When people talk about homeless women, the conversation will often focus on the stereotype of the addict or sex worker living on the street and turning tricks for the price of a fix. Advice on safety is usually boiled down to a few extreme safety measures aimed at saving you from abuse, sexual assault or death.

For every woman in this position, there are many more women in temporary accommodation, perhaps in hostels with other men, or bed and breakfasts with kids. These women live an invisible existence, in limbo, waiting for a change that never comes. Without a safe and secure place to live, they are homeless. These temporary housing situations can often feel unsafe. They may lack privacy and even basic comfort. This situation can be even more harrowing when there are children involved.

Sally (name changed to protect identity), a woman in her 50s who has worked for St Mungo's for 10 years, shared her experiences of being homeless and working with homeless people. "I understand

Feel like a woman

It is important to try and regain feelings of self-worth, writes Samantha Love. For the women in hostels my advice is to work on yourself:

- Yoga, fitness, CBT and education.
- If you have kids then you can educate yourself via the internet, clubs, groups.
- Try and find groups for women on benefits.
- Get out there. Meet people, even if you think you're not worth it. Safety for women has to start with bolstering yourself.

trauma and about the way people have coping mechanisms, they've got learnt behaviour that isn't really helping them to move on. For example, people can sabotage opportunities and that keeps them stuck in abusive lifestyles."

What she's saying is that in order for people to value themselves, they need first and foremost to unlearn patterns of behaviour before they can move forward. As part of her role as a case worker, Sally says that St Mungo's encourage their female clients to do "constructive, engaging stuff, like cooking or hairdressing. It's about encouraging them to have healthy relationships and normality."

You could argue that there is a spectrum that starts with your self-esteem at one end and your personal safety at the other. It's all about looking after yourself, whether that is half-an-hour of yoga in the morning or not following a psychopath down a dark alley so he can cut your throat.

"The types of abuse in hostels can range from financial to sexual. It's about not getting involved in dynamics. Also talk to staff when you have a problem," adds Sally.

She also advises making sure you

assess risk and act upon it. "Just be aware to let people know where you are going, what time you'll be back, carry a rape alarm, condoms of course. If you have a gut feeling that someone is a bit dodgy, don't go with them."

Take care out there girls, and always remember you are worth it. Not because l'Oreal cosmetics said you are, but because you really are. We're all women and we're all sisters. ■

The purgatory of homelessness

by Samantha Love

It's misplaced, misunderstood,
Mamma on the frontline, mamma
in the hood

Purgatory so far from heaven, too
close to hell,

Stuck in the middle,

No ears to hear you yell,

Limbo to put it mildly,

Been there, lived that longest day,

Endless road, with no righter way,

A ghostly existence,

The only shadow is your own.



© Jean Hindry & Mat Amp

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What now?

As homelessness rises and more women are rough sleeping, it's time for a gender specific approach. Report by Jean Hindry

The shame. The stigma. The torment. And this is without the violence, trauma, alcohol, drugs and sexual abuse that homeless women can face on a regular basis. Women have very complex needs, and more often than not, their needs are not met or understood by politicians and service providers. *The Pavement* has found it extremely difficult to find any statistics relating specifically to women.

“Women experiencing homelessness are typically less visible on the streets than men, more likely to be hidden homeless, and more likely to have experienced trauma and abuse both before and during homelessness, including separation from children. Yet, despite women’s unique and complex experience of homelessness, very few homelessness services are gender specific and responsive to women’s multiple disadvantages and needs, which may make it more difficult for women to access the support they need,” says Lisa Raftery of Homeless Link, the national membership charity for services working directly with people experiencing homelessness.

Homeless Link is clear that to change this situation there has to be a gender specific approach to women rough sleeping, those suffering with mental health, substance abuse and women without dependent children.

- www.homeless.org.uk

In a nutshell

- At least 20 % of the homeless community are women. But the number could be far higher as many women are hidden homeless. *Safe Lives: homelessness and abuse amongst street sex-working women in Bristol*
- Globally more women aged 15-44 are at risk from rape or domestic violence than from cancer, car accidents, war and malaria. World Bank data (Groundswell)
- 2 women are killed each week by a current or former partner in England and Wales. Office for National Statistics 2016 (Groundswell)
- Surveys show that although 66 % of homeless women have slept rough, only 12 % had been in contact with a rough sleeper team. *Women and homelessness: putting gender back on the agenda* Kesia Reeve (Sheffield Hallam University)

Q. How many children are living in temporary accommodation? Research by Polly Evans

England

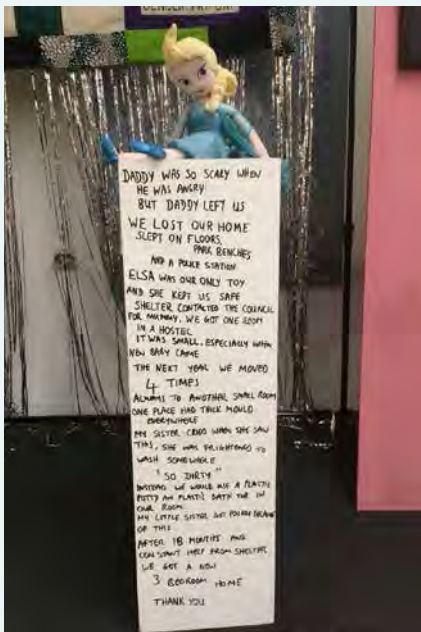
- Of the 79,880 households with children and/or a pregnant woman placed in temporary accommodation at the end of March 2018, 2,180 (3.6%) were in B&Bs. Of these 2,180 households, 800 had been in B&Bs for six or more weeks.
- 68% of households placed in temporary accommodation at the end of March 2018 were from London households.

Source: *Households in temporary accommodation report* (House of Commons Library, July 2018)

Scotland

- There were 10,933 households in temporary accommodation, an increase of 60 households (+1%) since last year.
- Of these households in temporary accommodation, 3,349 had children.
- The number of children in temporary accommodation increased by 557 children (+9%), to 6,615, compared with the same date one year ago.

Source: *National statistics publication for Scotland* (01/04/17 – 31/03/18)






Let it go: Elsa is an installation created by former homeless artist David Tovey for Shelter's carol service (November 2017). "Two kids sharing one toy broke my heart. It's just a dirty old doll. How can there be 128,000 children homeless in this country and 4 million living in poverty?"

This November David will be in Manchester directing his stunning opera, *Man on Bench Fairytale* at the old Mayfield train depot. The performance involves around 100 people who've faced homelessness and will close the international festival of With One Voice Arts & Homelessness (see p. 7 & 29)

If it's cold and wet outside

Scotland

-  Around 5,000 adults sleep rough at least once in a year in Scotland: about 660 people on a typical night. *Scottish Household Survey data*
-  **Edinburgh Care Van** does pick-ups at 9.15pm and 9.30pm (unless shelter is already full) from Waterloo Place (by the station). Dinner and breakfast provided. Call 0131 561 8930 (day) or 07919 557 673 (night).
-  **Glasgow City Mission** runs the only emergency accommodation for rough sleepers in Glasgow. Find it in the Lodging House Mission.



London

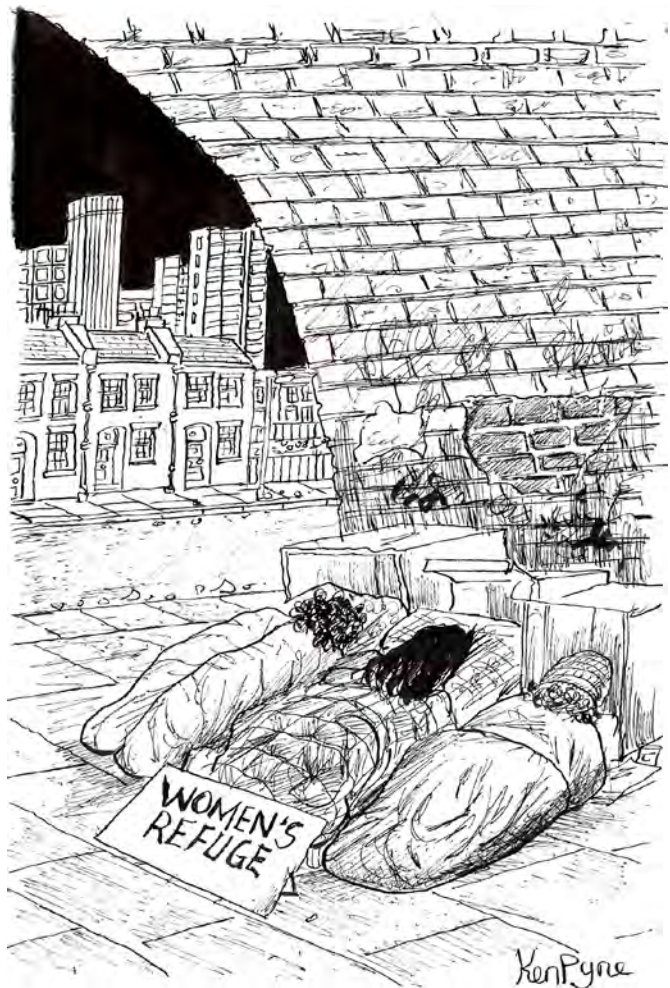
-  You need to be referred to a night shelter, see a full list at www.homeless.org.uk. If you are currently sleeping rough and need to be connected to local services, make an alert via StreetLink by calling 0300 500 0914 or www.streetlink.org.uk
-  **Crisis at Christmas** opens on Saturday 23 Dec. Visit Crisis' GET HELP pages or make your way to a day centre to ask for a referral.
-  **Hackney Winter Night Shelter** is open until end of March. Last year it had about 300 referrals, but only space for 145 guests. "Demand is definitely going to be higher due to the roll-out of Universal Credit."

The Crash Pad poem

Thomas Dalton used the Crash Pad twice, when he was 19 and again when he was 21. It's been a lifesaver.

I've been lost
 Deep in my minds maze
 I've been in a place
 Where i didnt know my face
 Because of the mask in place
 Hiding my inside
 From my real life
 Because the way i am aint seen as right
 So im left
 Stuck at the crossroads
 Give up or man up
 You always called me a dumb ass
 But always told me i could do
 If in my mind i tighten screws
 More than once i deflated like a ballon
 And more than once you let me back too
 Too many mistakes ive made
 But all you show is i can change
 You never give up if you see potential
 Even if my dynamic is so mental
 And I meant to
 Always return my gratitude
 But my attitude never knew
 A deep and sincere enough way to say
 If it wasnt for the Crash Pad
 I'd be dead today
 So thank you

-  **Crash Pad** (for 18-25-year-olds) plans to open in November. Want a place? Call the Pilion Trust on 0207 700 2498 and ask to speak to Sam Parrington.
-  **Quaker Christmas** is now a day centre but will be open 24 hours for hot drinks, food and friendship.



Ken Pyne

Call me

We all need someone to lean on, but it's got to be the right friend. Here's why David has decided not to use sex workers again

Growing up I was taught that you did just as you were told. As the average age of people in my village was around 40, I did not have any peers to socialise with. I then went to a boys-only school where I didn't make friends. I knew nothing about women either.

Once I had rented somewhere in London, I kept trying to make friends but was unaware how many were not real friends.

I never had the opportunity to have the relationship that I craved. I thought that if I visited sex workers I just might find someone. I often ran out of money, so this did not work!

Because I had no money I was evicted from my flat and ended up homeless.

"I started to realise that I had got everything wrong."

I eventually was taken into a hostel and there I met a woman who was a sex worker. As she spoke to me about why she did what she did, I started to realise that I had got everything wrong.

She explained the reasons that some women go down this route

Sex worker basics

How can women doing sex work stay safe? Tips from NSWP (Global Network of Sex Work Projects)

- www.nswp.org

1. Keep in well-lit and busy areas.
2. Always use your gut instinct.
3. Look confident.
4. Always be in control.
5. Know your escape route, in case it is needed.

are complex. Many suffered abuse, verbal or physical, in their youth and cannot trust anyone. Often, they are forced into drugs, then they have to work for their pimp, or on their own, to satisfy their habit. She made me realise that most sex workers did not want to have sex. She explained how sex workers are often too frightened to get help and change their life, or they believe that no one cares. This is the vicious circle that they are in - either work and feed their habit, or get beaten up, or die.

Once I had realised that I was playing the part of a customer keeping this vicious circle going, I decided that I must stop doing this. And I have. Now I can meet people who want to be with me for the right reasons. ■



Look confident © Denise Collins

Go figure

Women and girls make up 98% of sex trafficking victims.

ILO, Minimum estimate of forced labour in the world 2005

An estimated 1,000 to 2,000 women in Scotland have received "sex for rent" approaches annually in the past five years.

Tenants' Union Living Rent

Surveys of homeless women showed 20% had engaged in sex work just to pay for a hotel.

Women and homelessness: putting gender back on the agenda Kesia Reeve, Sheffield Hallam University.

A mother's love

How Mary fell through the gaps. Report by Julz Watt

The main causes of women's homelessness are sexual abuse, neglect, abandonment and other family problems, maternal trauma (reproductive health issues, loss of children), experience of violence and bereavement concludes Kesia Reeve in her report *Women and homelessness*. This case study about Mary (not her real name) reveals how complex any one woman's story can be.

You couldn't write fiction more shocking than Mary's real-life experiences of care while pregnant. Mary came from an Irish Traveller background, but a series of shitty events meant that she was estranged from her family. She struggled with

addiction and paid for this through sex work. Her vulnerability made her open to exploitation from men around her – and those men were real bastards.

John and Attie are Peer Advocates who met Mary after she was referred to Groundswell to get support with her health. She was five months pregnant and had been put by a local authority in a B&B 10 miles away from her local area and hospital.

The B&B Mary was living in was chaotic. The local authority used it as a dumping ground for people they had to legally care for, but didn't have the resources to support. As her pregnancy progressed her day-to-day life became a struggle. At one point they cut her benefits and she couldn't feed herself.

Mary's three previous children were being brought up by family members and she had told Attie that this time she really wanted the child. She had been actively weaning herself off drugs and was calm. Despite all the chaos around her, she was positive and wanted a better life for herself and her child.

She came into hospital on a Thursday evening but was told to come back the next day – even though she had no home to go to. Mary then found herself facing eviction from the B&B when the paramedics came to take her to hospital as labour proper started.

In a nutshell

- There was no care plan for Mary.
- Mary was not informed about what was going on.
- Discharged to the streets the day after she gave birth and her child confiscated.
- No one was willing to take responsibility for Mary.
- What she needed was proper support, a practical care plan and housing.

Chaos ensued. Understandably she refused to leave without her belongings, fully aware that other people had lost their stuff in similar circumstances.

Her baby was born on Saturday. They spent Sunday together, but as the baby needing to be weaned off narcotics, the social services basically confiscated the child on Monday, explaining they didn't trust Mary not to up and run with it. Mary was then discharged by the hospital without her baby, and with nowhere to go.

Could Mary's situation have been

different if so many services had not let her down?

At the least, Mary should have been consulted on the important decisions being made about her life and the life of her child. Social services and the local authority housing office needed to take responsibility for a vulnerable woman. Because they didn't, the hospital discharged Mary and she ended up back on to the streets, back on the game and back using crack and heroin every day.

ASK US

Q: Should sexual assault be reported to the police?

A selection of answers from ThePavementMagazine Facebook page

- ◆ **Susan:** It's a serious crime, of course.
- ◆ **Lucy:** Even if it feels low level, giving police the report may help build a picture of a serial offender. There's no *should* about it though, it's up to each person to decide whether they can face it.
- ◆ **Ruby:** Most women I know who were sexually assaulted never reported it for various reasons, including reprisals.
- ◆ **Carly:** If it was me, yes, but I know a lot of people won't because it won't be believed or investigated, or out of shame or embarrassment due to family/culture.
- ◆ **Cristina:** Yes sexual assault should be reported. But I've never reported my sexual assaults to the police.
- ◆ **Mat:** Women are not letting the side down if they don't report assaults. They've been a victim once, don't make them a victim twice by shaming them.

Live, listen, learn

When *the Pavement* was offered a chance to host a panel at this year's Byline Festival, we thought it might be an opportunity to raise awareness about our magazine and the issues faced by the homeless community we represent, writes *Mat Amp*.

It wouldn't be surprising if you hadn't yet heard of Byline, an annual festival that takes place across the August bank holiday weekend, as it was only launched in 2017.

Organised by elements of the media as a forum for rational and reasonable debate, it all happens alongside the usual fun of the festival, which this year included bands such as Pussy Riot and the Vapours.

The atmosphere was genuinely inspiring and original. Byline's own website describes the event, now in its second year, as a "riot of free speech protest against fake news and alternative facts."

With a narcissist running the world (here's looking at you King Dump and your 140 character grunts), a gathering like the Byline Festival has never been so desperately needed.

There is of course always a danger when members of the chattering class gather to, well, chat, that in all the excitement of righting the world's wrongs, the doing may get neglected.

So, it was encouraging that the festival's organisers made a



conscious effort to not just consult representatives of the homeless community but also to offer us a platform at the festival to engage the public, raising awareness of the issues that affect our community, and the work the magazine does.

Our panel featured four speakers – Ruby, Anne, Denise (graduates from our From the Ground Up project *the Pavement* co-runs with Groundswell) and myself, chaired by our editor Nicola. The venue consisted of 150 seats under an open-sided canopy across a charming wooden drawbridge amongst the trees where we spoke to a virtually full house. The driving rain provided an apt backdrop for an impassioned debate inspired by the panel's experience "in our own words". It was a perfect setting for what turned out to be a thought-provoking and incredibly engaged debate.

The audience listened intently with a general desire to learn; their questions focused on how they could help homeless people, both



The Pavement at Byline – Mat Amp, Denise Collins, Nicola Baird, Ruby and Anne Cooper. © the Pavement

in the short-term, and in the long-term by ending homelessness for good. At the same time the panel demonstrated that homeless people aren't just smelly drug-addicted shoplifting mental patients with attitude problems (before anyone takes issue, that was a pretty accurate description of me less than four years ago).

The willingness of the panel to talk about emotive and shameful issues and the willingness of the audience to listen, seemed to foster an atmosphere of open, constructive dialogue.

It stands in stark contrast to the tone used by many journalists and politicians who are busy utilising the media to blame, shame or despair of the homeless community.

Thanks to those organising the Byline Festival for having faith in us. We appreciated it. We really did. ■

Inner city blues

London may be the 19th most expensive city in the world, but there are plenty of places to enjoy music for free.

- Dance along to ska, roots and reggae and at Hootananny Brixton, 85 Effra Road which offers loads of free gigs.
- See accomplished musicians performing at the prestigious Royal Academy of Music, Marylebone Road.
- Spend a lazy Saturday afternoon at Daylight Music at the Union Chapel (12 noon -2pm).
- The Southbank Centre holds regular free musical performances in the Royal Festival Hall and Queen Elizabeth Hall.
- Enjoy free entry to Soho blues bar Ain't Nothing But, 20 Kingly Street. Sunday to Thursday nights.
- Discover free lunchtime concerts (1-1.45pm) at St Martin-in-the-Fields church by Trafalgar Square.
- Cuban music every Friday at Ronnie Scott's, 47 Frith Street. Get in free before 7pm.
- For London also see: <http://www.londontown.com/London/Free-Entertainment-in-London>
- For Glasgow see: <https://www.watchmeseec.com/blog/free-things-to-do-in-glasgow/>

Bullring memories?

For 15 years there was a cardboard city close to Waterloo station until it was shut down. Were you there, ask Samir Jeraj and former Bullring resident RC

It was 20 years ago when bailiffs and police closed down the Bullring in Waterloo. The concrete complex of tunnels and pillars had been home to hundreds of homeless people over the previous decade.

Now we're looking to collect memories and testimonies from people who lived in the Bullring. These will be donated to the new Museum of Homelessness and used for some more articles about the history of the Bullring and the people who lived there.

Several people have already come forward including residents, outreach staff and other visitors. Many of the names we already know. Some have passed away: Susie Creamcheese, Digby, Peter Macmillan and Petal.

The last residents included Peter Yates, Ian Ferguson (Big Ian), Quiser and Titch. Ian was determined to stay, according to a *Guardian* article from the time, whereas Titch, then 22, told a journalist at the time "I'd rather be elsewhere".

Lots of people passed through, stayed just a few nights or were on the edges. Others were part of the core groups – described by one

former resident as divided into the "noisy group" on the west side towards the station and the "quiet group" on the east side towards St John's Church.

The Bullring had a reputation, even among homeless people, as a dangerous place. Another person who stayed some nights on the edge said it was the type of place where you might get your bottle of water nicked in the night, but that you'd probably not be touched.

There are a lot of legends and stories told about the Bullring, known in the public imagination as Cardboard City from the cardboard bashes that lined the edges of the ring to stop the pooling rain flooding in.

The Bullring is now the British Film Institute IMAX – something Lambeth Council was talking about in the early 1990s. Extra walls went up to enclose the space, but the walkways and tunnels are still there – as is the access road where soup runs used to happen. One of the stories told is about a soup van set on fire after a volunteer kicked a dog.

Dogs provided vital security, mainly from the people who thought rough sleepers were an easy target. They also kept the rat population down. According to a newspaper story from the time, the National Canine Defence League highlighted the plight of homeless people with

dogs who were unable to get housing because of No Pet policies.

While there are newspaper stories and pictures, there is little on record from the people for whom the Bullring was a home for the best part of a decade. That's what our history hopes to change. ■



The Bullring looks very different now

© Samir Jeraj

Help make a Bullring history

Q: Were you there in 1991 when the Bullring was cleared for structural repairs by the council?

Q: Were you one of the last out when it was closed in the late 1990s?

Q: Did you meet Princess Diana when she paid an unexpected visit in 1994?

Q: Do you remember Caroline, the Thames Reach worker who set up a deckchair in the middle of the Bullring to observe the police when they came to investigate the death of one of the residents?

Q: Did you have one of Wanderer's puppies to help keep you safe and the rats away?

Q: Did you know any of these Bullring names? Andy Morgan, Jimmy Black, Lancelot Burn, Teddy Bear, Digby, London Sue, Jackie,

Richard Harris, TC, Sally, Casey, Paul Fraser, William Molly, Spider, Barnie, Sharon, John Murphy, London Dave, Fun Rob Jucy Lucy, Hot Dog Willie, Michael Knight, Ken, Johnny Rid, Belfast Billy, Janet Nolan, Maz, Margaret Irish, Pitbull, Henry William-Spurgeon, Sundance, Whiskey John, Dave Guppy, Johnny Campbell, Duke, Ronnie Clarck, Mary Lea, Ian Ferguson, Susie Creamcheese, Petal, Scotch Willie, Peter Sacko, John Jennine, Richard (Ricky) Groenki, Digger, Young Paul, Peter Macmillan, Ginger Alan.

- **If you have stories about the Bullring and the people who lived there, please get in touch with Samir or RC.**

Samir Jeraj tweets from @sajeraj, email is sa.jeraj@gmail.com, phone is 07846051852. RC is a former resident of the Bullring. He tweets about homelessness on @JohnBlo02229083

Home for Christmas

If being in prison abroad sounds bad, imagine being let out and instantly sent back to a home country where you no longer have roots. Report by Brian Fuggle

As an ex-offender on the other side of a three-year prison sentence in America, I faced deportation from the place that had been my home for 14 years. With no money, no possessions and, more worryingly, nowhere to live, things looked bleak. There was a light at the end of this very long and dark tunnel, in the form of a charity called Prisoners Abroad.

Prisoners Abroad had reached out to me via a phone call to the jail I was being held in after my arrest. The great thing about them is that they stayed in touch all through my prison sentence via letters, a bimonthly news magazine and even copies of the *NME*. They kept me up-to-date with how they were going to help me once I was back in the UK, which was a huge weight off my mind. They even put a few dollars on my spends account from time-to-time, so that I could purchase some extras from the prison canteen.

On the day of my release, two US ICE (immigration & custom enforcement) officers, who were friendly enough, met me at the prison and escorted me throughout my journey home via a plane from

Florida to Heathrow. When the plane touched down, we went to the probation office located at the airport. Here I completed some basic paperwork, then they furnished me with a ticket to Finsbury Park where I had to find the Prisoners Abroad HQ.

Here Prisoners Abroad gave me some money, a weekly travel card, a mobile phone, clothing, toiletries and a backpack. I was starting to feel human again. Accommodation was sorted too. They packed me off to a temporary hostel in Willesden Green until they could find me something more permanent. Over the next few months I was moved from one hostel to another until finally they found me a studio flat. That might be landlord speak for bedsit but it's clean, quiet and brand new inside so I'm not complaining.

I have my own separate toilet and shower, a fridge, kitchenette and all new furnishings, including a double bed. It even has a small garden! After three long years in prison and months bouncing around from one crowded hostel to another, I was eternally thankful for a place. I am eternally grateful for a fresh start in life.

My good fortune got me thinking. Are ex-offenders being released from prisons here in the UK offered the same treatment and opportunities as me?

Women - they do get emotional over nothing



© Ruby

In a nutshell

- ◆ If you have a British passport but have been jailed abroad, when you are released some countries (eg, US, Australia) will instantly deport you.
- ◆ For some ex-prisoners this means they are released in a strange-to-them country, far from family and friends.
- ◆ Prisoners Abroad is a charity that helps people the moment they arrive back in the UK. It was set up in 1978 and is funded by the National Lottery and private donations.
- ◆ The new Homelessness Reduction Act obliges the prison system and probation services to refer newly released prisoners to their local authorities if they are at risk of homelessness.
- ◆ Reducing re-offending by ex-prisoners, ICPS 2002 shows that being released into stable accommodation can reduce their risk of re-offending by as much as 20%.
- ◆ Reoffending costs £13.5 billion annually so a change in the rules is not just humane, it makes financial good sense.
- ◆ Prisoners Abroad can be contacted by phone via their helpline: 0808 172 0098 or if calling from outside the UK: 00 44 20 7561 6820. Or email: info@prisonersabroad.org.uk

Big mistake

For many women being let out of jail is the start of a life spent homeless. Research by Polly Evans

Q. How many women released from prison end up homeless?

- Many women lose their homes while in custody and 60 % of women prisoners do not have homes to go to on release. *Home truths: housing for women in the criminal justice system, Prison Reform Trust 2018*
- Fewer than 1 in 10 women have a job to go to on release. *Home truths*

Q. How many women who sleep rough have been in prison?

- Almost half of St Mungo's clients are mothers. 79 % of these women have had their children taken into care or adopted. *St Mungo's Rebuilding Shattered Lives, 2014*
- Almost half of St Mungo's female clients have an offending history and a third have been to prison. *St Mungo's Rebuilding Shattered Lives*
- Over a third of women in prison have nowhere to live on release. *Through the Prison Gate* (HM Inspectorate of Prisons and HM



Quilt of homelessness: Polaroids taken of the audience at the opening night of the One Festival of Homeless Arts by Evolve Housing hostel residents. © Accumulate

Inspectorate of Probation (Home Office 2001)

- Women are more likely than men to lose accommodation whilst in custody. *Through the Prison Gate*

The Pavement says



1. Homeless women often have highly complex life stories. Here we focused on being in prison, losing a child and having nowhere safe to go.
2. It should be no surprise then that many women turn to drugs and alcohol to numb the pain, in a way to cope with the multiple disadvantages they've experienced.
3. Substance misuse then becomes another barrier to accessing services women desperately need to escape homelessness.

Pledges & song

Musical start launches *Review of Arts and Homelessness in Scotland*. Report by Jamie Jackson

The Scottish Homelessness and Arts Network joined for a conference at Edinburgh's Grassmarket Centre in September to celebrate the launch of a review of how arts and creativity support people who are, or have been, homeless. The event was introduced and co-chaired by Shelly Coyne, the lead author of the review; Beth Knowles, the Greater Manchester Mayoral Advisor for Homelessness and Rough Sleeping; and Lora Krasteva from With One Voice, the international arts and homelessness movement behind the network.

We were treated to a few of Streetwise Opera's fantastic songs. This was followed by Ann McKenna and Pat McLean of the Lodging House Mission who outlined the fantastic journey they have been on helping with the *Review of Arts and Homelessness in Scotland* alongside William Leadbetter and Jacqui Rogers.

Shelly then reminded us about some of the subjects the review explored such as the definition of homelessness; support infrastructure; the challenges facing the sector, and how With One Voice might support and meets the needs of the



Power launch: Streetwise Opera singing members have all experienced homelessness. © Ilisa Stack

homelessness and art sector.

After a few more uplifting songs the workshop portion began as delegates sought to find new ideas and reinvigorate previous pledges to the arts and homelessness. The group, although in its infancy, was enthusiastic with many productive ideas written up as pledges.

Afterwards Matt Peacock, MBE, director of With One Voice, explained that other events are coming up, such as the With One Voice International Arts and Homelessness Summit & Festival in Manchester from 15-18 November. Half the delegate places are for people who have been or are homeless. It's a chance for arts and homelessness community projects from around the world to get together and share methods of practice. The event is free if you are or have been homeless. ■



Banter

Here's a scabby shopping guide for the times when food banks just won't cut it, says Ruby

- 1. THE HOCK SHOP:** When buying anything from here, check it's not your mates' stuff that they pawned last week or they'll be wanting it back off you. My pal regularly pawned his cooker. OK, it may not strictly have been HIS cooker.
- 2. CHURCHES:** Some of them give out clothes, toiletries etc for a quid a bag or so. Chant Iron Maiden lyrics to avoid anyone letting the light of God into your life.
- 3. ARGOS:** Buy from here then you can take it back if you need the money within the next year. Maybe. Make sure it's only slightly broken and you don't look like a chancer.
- 4. SUPERMARKETS:** Yellow sticker scramble! You'll know the times your local one does its final markdown. Except so does every other greedy bastard and you've got to be prepared to fight for those 10p sausage rolls.
- 5. JUMBLE SALES:** Bloody *Antiques Roadshow* has ruined these, "No that China dug is NOT a priceless antique Gladys, my granny's got hunners".* Still, there are usually cheap clothes if you can beat the wee old ladies to them. Good luck with that.
- 6. CHARITY SHOPS:** Nobody can afford to shop in those now.

* For non Scots, dug = dogs; hunners = 100s.

Housing in England: Your Rights

Your local council does not always have to help you find emergency accommodation if you are homeless.

If you need help right now, please try these numbers below.

Ask them to help you make an emergency housing application.

For free help with your emergency housing application:

1. Streetlink

- Phone: **0300 500 0914**

2. Shelter

- Web: www.shelter.org.uk
- Phone: **0808 800 4444**
(8am-8pm Monday to Friday, 8am-5pm weekends)

3. Citizens Advice Bureau

- Web: www.citizensadvice.org.uk
- Phone: **03444 111 444**

If your application is rejected:

- You should appeal the rejection if you think it is wrong. You have 21 days to appeal this decision
- Shelter and Citizens Advice Bureau can help you with your appeal

Visit www.thepavement.org.uk for a more detailed version of your housing rights in England and Scotland.

Don't miss an issue

Want more (or less) copies of *the Pavement*?

TURN TO
PAGES A-P
FOR THE LIST
OF SERVICES

We distribute our little mag for a homeless readership bimonthly in London, Edinburgh and Glasgow. Mags are free but if you'd like to make a donation (or to pay for a box of 100 copies for £1 a mag) tell the team.

For any distribution changes please contact:

London: Mat Amp

- london@thepavement.org.uk, tel: **07595 602 324**

Scotland: Marco Biagni

- scotland@thepavement.org.uk, tel: **07701 093 643**

London List

KEY TO ALL SERVICES

- A** Alcohol workers
- AC** Art classes
- AD** Advocacy
- AH** Accommodation/housing advice
- B** Barber
- BA** Benefits advice
- BE** Bedding available
- BS** Bathroom/showers
- C** Counselling
- CA** Careers advice
- CL** Clothing store
- D** Drugs workers
- DA** Debt advice
- DT** Dentist
- EF** Ex-forces
- EO** Ex-offenders
- ET** Education and training
- F** Food
- FF** Free food
- FC** Foot care
- IT** Internet access
- L** Laundry
- LA** Legal advice
- LF** Leisure facilities
- LS** Luggage storage
- MD** Music/drama
- MH** Mental health
- MS** Medical/health services
- NE** Needle exchange
- OL** Outreach worker links
- OW** Outreach workers
- SF** Step free access
- SH** Sexual health advice
- TS** Tenancy support

Changes: val@thepavement.org.uk
Updated: Oct 2018

This is a partial list, tailored for this issue of *the Pavement*. Full list at thepavement.org.uk/services.php

FOOD/SOUP RUNS

ACTON HOMELESS CONCERN

Emmaus Hse, 1 Berrymead Gardens,
W3 8AA

020 8992 5768;

actonhomelessconcern.org

Call for the times of their services.

AH, A, B, BA, CL, C, D, F, FC, MH

AGAPE

c/o Holy Trinity Ch, Chobham Rd,
Knaphill, Woking GU21 2SX, London
01483 824006 ; www.knaphillchurch.co.uk/agape.htm

Wed: 7.45–9.15pm (Embankment)

Soup, coffee, tea, sandwiches, biscuits.

FF

ALL SAINTS FULHAM

Pryors Bank Pavilion, Putney Bridge App,
SW6 3LA

www.allsaints-fulham.org.uk/thursdaylunches.htm

Thu: 12.30–1.45pm

Meal, fruit, yoghurt, biscuits, cakes,
bread. A warm place to meet and eat.

F, FF

AMERICAN INT'L CHURCH

79a Tottenham Ct Rd (entrance in
Whitfield St), W1T 4TD

020 7580 2791; amchurch.co.uk/soup-kitchen

Mon & Tue: 10–midday; Thu–Sat:

10am–midday

Free hot meals, clothes and toiletries.

Clothing store alternate Mons.

CL, FF

AMURT

3a Cazenove Rd, Stoke Newington,
N16 6PA
020 88064250 ; [www.amurt.org.uk/
who-we-are/amurt-uk/](http://www.amurt.org.uk/who-we-are/amurt-uk/)
Thu: 6.30–8pm (Lincoln's Inn Fields)
Vegetarian food, and music.

FF

ANCILLA SOUP KITCHEN

The Most Precious Blood & St Edmund,
115 Hertford Rd, N9 7EN
020 8804 4070; [www.facebook.com/pages/category/Housing--
Homeless-Shelter/Ancilla-Soup-
Kitchen-1454166508210331/](http://www.facebook.com/pages/category/Housing--Homeless-Shelter/Ancilla-Soup-Kitchen-1454166508210331/)
Fri: 11am–2pm

FF

ASLAN (ALL SOULS LOCAL ACTION NETWORK)

c/o All Souls Clubhouse, 141 Cleveland
St, W1T 6QG
020 7580 3522; [www.allsouls.org/;
info@allsouls.org](http://www.allsouls.org/info@allsouls.org)
Sat: 5.30–7.45am (tea: 5.30–6.15
Tavistock St; 6.15–6.45 Savoy Pl;
6.45–7.30 King Wm IV St; All Souls Ch
7.40–7.45); Sat: 9–midday (Webber St);
Sat: 6.30–8.30pm (invites via tea run or
All Souls.)
Step-free access via Cleveland St entry.
AC, CL, D, ET, F, FF, LF

BE ENRICHED

URC Rookstone Rd, SW17 9NQ
07397288160 ; be-enriched.org.uk
Mon: 12.30–2.30pm, 18 Hampton St,
SE1 6SN; Tue: 7–9pm, 1 Ethelburga St,
SW11 4AG; Fri: 12.30–2.30pm URC,
Rookstone Rd, SW17 9NQ
Free or pay-as-you-can meals.

F, FF

BLOOMSBURY CENTRAL BAPTIST CHURCH

235 Shaftesbury Ave, WC2H 8EP
020 7240 0544; bloomsbury.org.uk
Sun: 12.30–1.30pm (for 25 people
– tickets from 10.15); Mon–Fri: 10am–
4pm (tea, coffee, biscuits)

FF

BRIDGES

Memorial Community Ch, 389-395
Barking Rd, E13 8AL
020 7474 6603; [http://www.
bridgeshomelessupport.org.uk/](http://www.bridgeshomelessupport.org.uk/)
Sat: 8–11.30am (cooked breakfast
9–11am); Mon: 10am–2pm
NHS nurse clinics and signposting to
other support agencies. More facilities
available on Mons.

BS, BA, CL, FF, MS, OL

CARPENTERS CAFÉ

Carpenters Est Community Hall, 17
Doran Wlk (entry Carpenters Rd),
Stratford, E15 2JL
07932 661 089; deptfordreach.org.uk
Tue: 10am–midday (food, drinks,
clothes, books, toiletries, showers)

BS, BE, CL, D, F, FF, SF

KEY

A Alcohol workers
AC Art classes
AD Advocacy
AH Accommodation/
housing advice

B Barber
BA Benefits advice
BE Bedding available
BS Bathroom/showers
C Counselling

CA Careers advice
CL Clothing store
D Drugs workers
DA Debt advice
DT Dentist

EF Ex-forces
EO Ex-offenders
ET Education/training
F Food
FF Free food

**CHRIST APOSTOLIC CHURCH
(BETHEL) UK**

217–23 Kingsland Rd, Hackney, E2 8AN
020 7729 4375/ 661; [cacbethel.org/
dev/](http://cacbethel.org/dev/)

Sat: 2–3.30pm (last Sat of month); Sun:
8–9am

Cooked Sunday breakfast and hot meal
on the last Sat of the month.

FF

CHRISTIAN KITCHEN

65 Blackhorse Rd, W'stow, E17 7AS
info@christiankitchen.co.uk; www.christiankitchen.co.uk/

Mon–Sun: 7.30–8.30pm (Mission Grove
car park, Walthamstow)

FF

COMMUNITY OF SANT'EGIDIO

0753 1597364; [www.facebook.com/
santegidionlondon](http://www.facebook.com/santegidionlondon)

Sat: 4–4.30pm (hot drinks & sandwiches
at Carmelite Priory, Pitt Street W8 4JH);

Sat: 4–6pm (last Sat of the month –
3-course meal in the Carmelite Priory)
Food, hot drinks and good company.

F, LF

COMMUNITY TABLE

Southcroft Church (Ichthus), 276
Mitcham Lane, Streatham, SW16 6NU
020 8677 0880; www.southcroft.org/

Thu: 11am–3pm

Food, clothing and a warm welcome.

BS, FF, IT

**COPTIC CITY MISSION (ST MARK'S
COPTIC ORTHODOX CHURCH)**

Allen St, Kensington, W8 6UX
0207 937 5782; [copticcitymission.
com/](http://copticcitymission.com/)

Tue: 9–9.45pm (Spenser St, SW1E 6AA,
then Strand)

FF

EALING SOUP KITCHEN

St John's Church Hall, Mattock Lane,
W13 9LA

0208 840 0651; [www.havengreen.org.
uk/ealingsoupkitchen.htm](http://www.havengreen.org.uk/ealingsoupkitchen.htm)

Sat & Sun: 3.30–5pm (St John's Ch
Room, W13 9LA.; Fri: 11am–4pm (The
Crypt, St John's W13 9LA; Mon: 7–9pm
(Salv'n Army, 6 Leeland Rd, W13 9HH)
Practical help/housing advice. AA
meetings.

AH, A, FF

EAT OR HEAT

1A Jewel Rd, E17 4QU

0800 772 0212 www.eatorheat.org

Mon, Wed, Fri: 6.30–7.30pm

Referral via [referrals@eatorheat.](mailto:referrals@eatorheat.org)

org. Emergency free food for people
suffering financial hardship.

FF

EMMANUEL CHURCH (STRATFORD)

Romford Rd/Upton Lane, E7 8BD
020 8522 1900

Thu: 8–10am (cooked breakfast)

FF

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical services
NE Needle exchange

OL Outreach worker links
OW Outreach workers
SF Step-free
SH Sexual health
TS Tenancy support

FULL LIST
AVAILABLE ON
OUR WEBSITE



EMMANUEL PENTECOSTAL CHURCH

374 Lee High Rd, SE12 8RS
 020 8852 8261; www.epchurchaog.com
 Tue: 6–7.30pm (Life Bread)
 Hot meal, and clothing when available.
CL, FF

FARM STREET CHURCH

114 Mount St, W1K 3AH
 020 7493 7811; farmstreet.org.uk
 Mon: 8–10.30pm **Oxford St route:**
 Davies St, Bourdon St, S Molton St,
 Oxford St (S Moulton St to Oxford
 Circus), top end Regent St to Hanover
 St, Hanover Sq, New Bond St **Berkeley
 Sq route:** Berkeley Sq; Berkeley St; Green
 Pk tube; Piccadilly. **Hyde Park Corner
 route:** Mount St; Park Lane underpasses
 (Park La & Hyde Pk Corner); Shepherds
 Mkt; Curzon St.
FF

FAST58

www.fast58.org.uk/
 Fri: 8.45–11pm (Strand, nr Ryman's) &
 9.15–10.30pm (Waterloo, nr IMAX)
FF

FLOWING RIVERS FOUNDATION

37 Elizabeth Rd, Brentwood, Essex,
 CM15 9PA
 07985585996;
flowingriversfoundation.org/
 Tue: 7–10pm (fellowship – Castle Green,
 Dagenham); Sun: 6.30–9.30pm (2nd &
 3rd week – Lincoln's Inn Fields)
CL, FF

GOOD SAMARIA NETWORK

12 Voyagers Cl, SE28 8QQ
 0203 651 0869; www.sn-works.com/
 Sun: 6–7pm (Lincoln's Inn Fields)
FF

GREENWICH MIGRANT HUB

Woolwich Common Com Centre, Leslie
 Smith Sq, SE18 4DW
 07429031389; greenwichmigranthub.com
 Tue: 10.30am–1.30pm
 Immigration, housing & domestic
 violence advice and a meal for migrants
 in Greenwich and neighbouring
 boroughs.
AH, AD, BA, FF, LA, SF

HARE KRISHNA FOOD FOR ALL

102 Caledonian Rd, N1 9DN
 07946 420 827; iskconuk.com/
 Mon–Sat: 12noon–3pm (12.00: Islip
 St, Kentish Tn; 13.00: Arlington Rd/
 Inverness St, Camden; 14.25: (York
 Way, King's X); Mon–Fri: 12.15–2.30pm
 (LSE & SOAS); Mon–Thu: 7.30–8.30pm
 (Lincoln's Inn Fields)
 Delicious vegetarian food.
ET, FF, IT, LF

HARVEST OF GRACE TRINITY CENTRE

John Morris Hse Com Centre, 164 St
 John's Hill, Battersea, SW11 1SW
 07904302139; harvestogtc.com/
 Sat: 10am–4pm (breakfast & lunch)
FF

KEY	<i>A</i> Alcohol workers	<i>B</i> Barber	<i>CA</i> Careers advice	<i>EF</i> Ex-forces
	<i>AC</i> Art classes	<i>BA</i> Benefits advice	<i>CL</i> Clothing store	<i>EO</i> Ex-offenders
	<i>AD</i> Advocacy	<i>BE</i> Bedding available	<i>D</i> Drugs workers	<i>ET</i> Education/training
	<i>AH</i> Accommodation/ housing advice	<i>BS</i> Bathroom/showers	<i>DA</i> Debt advice	<i>F</i> Food
		<i>C</i> Counselling	<i>DT</i> Dentist	<i>FF</i> Free food

HAVERING ISLAMIC CENTRE

91 Waterloo Rd, Romford, RM7 0AA
 01708 741 333;
haveringislamiccentre.org.uk
 Wed: 6.30–7.30pm (hot meals & drinks)
 FF

HOLY NATION CHURCH

PO Box 4215, Victoria, SW1E 5XH
 020 7630 7987
 Fri: 9–11pm (Waterloo stn)
 FF

JOEL COMMUNITY SERVICES

St Peter's Ch, Rd, Kingston, KT2 6QL
 0208 255 7400; joelcommunitytrust.org.uk
 Tue: 8.30am–9.30am (conflict resolution); Tue: 10am–1pm (art group);
 Thu: 10am–2pm ('cook and eat')
 AH, AD, AC, B, BS, BE, CL, D, ET, FF, FC, IT, L, LF, LS

KALAAYAN

St Francis of Assisi Community Centre,
 13 Hippodrome Pl, W11
 0207 243 2942; www.kalayaan.org.uk/
 Wed & Thu: 2–5pm (advice); Mon–Thu:
 10am–1pm (advice); Mon–Fri: 9.30am–
 5.30pm (social area); Sun: 1–5pm
 (advice & social area)
 ESOL, immigration & legal advice. Make
 an appointment for advice.
 ET, F, LA

KING'S CROSS BAPTIST CHURCH

Vernon Sq, King's Cross Rd, WC1X 9EW
 020 7837 7182;
kingscrossbaptistchurch.com
 Tue: 11am–1pm
 FF, LF

LOVE STREATHAM

Streatham United Reform Ch, 388
 Streatham High Rd, SW16 6HX
www.lovestreatham.org/
 Mon: 7–9pm
 Food parcels.
 FF

LOVE TO THE NATIONS MINISTRY

079044 44194
 Sun: 4–4.30pm (alt weeks, Charing X –
 phone); Wed: 7–7.30pm (hot drinks &
 sandwiches, Charing X)
 Meals, toiletries, clothes, sleeping bags.
 FF, MS

MARYLEBONE CENTRE (CHURCH ARMY)

1–5 Cosway St, NW1 5NR
 020 7262 3818; churcharmy.org.uk
 Mon–Thu: 9.30am–1.30pm (rough
 sleepers' drop-in); Mon: 10.30–11.30am
 (drama); Tue: 10am–midday (open
 access; clothing); Mon: 1.30–3.30pm;
 Fri: 10am–midday (ESOL); Tue & Fri:
 1.30–3.30pm (healthy eating; kitchen
 skills); Wed: 8–9am (running); Wed:
 9am–midday (Women into Work;
 advice); Wed: 1.30–3.30pm (Women
 into Work); Thu: 9am–3pm (life
 coaching); Thu & Fri: 1.30–3.30pm (IT,
 reading, writing)
 Female-only project. Activities for
 residents and day centre users. Lift for
 people with mobility problems.
 BS, CA, CL, ET, FF, IT, L, LF, LS, MS, MD, SH, SF, TS

FC Foot care
 IT Internet access
 L Laundry
 LA Legal advice
 LF Leisure facilities

LS Luggage storage
 MD Music/drama
 MH Mental health
 MS Medical services
 NE Needle exchange

OL Outreach worker links
 OW Outreach workers
 SF Step-free
 SH Sexual health
 TS Tenancy support



MINISTRY OF PRAISE

46 Manor Rd, N17 0JJ
020 8808 7697; www.ministryofpraise.co.uk/
Tue: 8pm–8.30pm (Lincoln's Inn Fields)
FF

MISSIONARIES OF CHARITY SOUP KITCHENS

c/o 177 Bravington Rd, W9 3AR
020 8960 2644
Mon, Tue, Wed, Fri: 4.30–5pm (Pius X Ch Hall); Sun: 3–3.30pm (Pius X); Mon–Wed & Fri: 10–10.30am (112–116 St George's Road)
FF

MUSWELL HILL CHURCHES SOUP KITCHEN

Muswell Hill Baptist Ch, 2 Dukes Ave, N10 2PT
020 8444 7027; mhbc.org.uk/
Mon–Thu: 7.45–8.45pm; Sun: 5–6pm
Two-course meal each night.
FF

NIGHTWATCH

PO Box 9576, SE23 3ZH
on.fb.me/1suz2AG
Mon–Sun: 9.30–10pm (Queen's Gdns, Croydon)
Sandwiches, hot drinks, clothes.
CL, ET, FF

NOTRE DAME CHURCH

5 Leicester Pl, WC2H 7BX
020 7440 2660
Sat: 12.30–2.30pm; Mon & Thu: 11am–4pm (refugees)

Sandwiches from ground floor Maison Pierre Chanel, 16 Leicester Sq.
FF

OPEN DOOR MEAL

St James the Less Parish Centre, Thorndike St, Nr Moreton St, SW1V 2PT
020 7630 6282; www.sjtl.org/getinvolved/open-door-meal/
Fri: 7–9pm (2nd and 4th wks of month.)
FF

ORDER OF MALTA SOUP KITCHEN

Crypt of St James's Spanish Place Ch, 22 George St, W1U 3QY
Thu: 7.45–9pm; Thu: 7.30–9pm (café, St James's, Spanish Pl, W1U 3QY); Wed: 6.15–7.45am (breakfast, Challoner Rm, 24 Golden Sq W1F 9JR)
CL, F, FF

OUR LADY OF HAL

165 Arlington Rd, Camden Tn, NW1 7EX
020 7485 2727; parish.rcdow.org.uk/camdentown/
Tue, Wed, Fri, Sat: 12.45–2pm
FF

POSITIVE EAST

159 Mile End Rd, Stepney, E1 4AQ
020 7791 2855; www.positiveeast.org.uk
Mon–Fri: 9.30am–5.30pm; Sat: 11am–3pm (HIV testing only)
For people living with or affected by HIV in E London. Free HIV tests.
AD, BA, CA, C, F, FF, IT, MS, MH, OW, SH

KEY
A Alcohol workers
AC Art classes
AD Advocacy
AH Accommodation/
housing advice

B Barber
BA Benefits advice
BE Bedding available
BS Bathroom/showers
C Counselling

CA Careers advice
CL Clothing store
D Drugs workers
DA Debt advice
DT Dentist

EF Ex-forces
EO Ex-offenders
ET Education/training
F Food
FF Free food

REMAR ASSOCIATION UK

847 High Rd, Leytonstone, E11 1HH
 020 8539 0452; www.remar.uk.com/
 Wed: 7.30–8.30pm (William IV St)
 Offers help to people suffering from
 drug or alcoholic addiction. 24-hour
 helpline: 0791 758 5056

A, D, FF

ROYAL CONNECTIONS

The Hub Studios, 90 Monier Rd (off
 Wick Lane), Bow, E3 2ND
 0300 111 1111; royalconnections.org.uk

Sun: 4–6pm (hot meal on 4th Sun of
 the month)

AH, B, CA, D, ET, FF, LA, MS

SADHU VASWANI CENTRE

25 Cricklewood La, NW2 1HP
 0844 500 1744; sadhuvaswaniuk.com
 Wed: 8–8.30pm (Lincoln's Inn Fields)
 Indian food, drinks, chocolates and fruit.

FF

SALLY'S KITCHEN

Salvation Army Hall, Southwell Gr,
 Leytonstone, E11 4PP
 07944281485; on.fb.me/1J1HkcP

Tue: 12–1.30pm

FF

SEVENTH DAY ADVENTIST CHURCH (STOKE NEWINGTON)

Yoakley Rd, N16 0BD
 020 8800 8422; stokeysdachurch.org.uk
 Wed: 12.15–1.30pm (drop-in); Sun:
 7–7.30pm (Lincoln's Inn Fields)

FF

SILOAM COMMUNITY SERVICES

c/o 217a Gordon Rd, SE15 3RT
 020 8695 8873; siloamcs.co.uk/
 Tue: 7–8pm (cooked meal); Tue & Thu:
 10am–2pm (community café & drop-in)
AH, BA, CL, F, FF, MH, SF, TS

SIMON COMMUNITY (HOUSE OF HOSPITALITY)

129 Malden Rd, Kentish Tn, NW5 4HS
 020 7485 6639; simoncommunity.org.uk
 Sat & Sun: 1–3pm (street cafe: St Giles,
 nr Centrepont); Mon–Fri: 7.15–8.30am
 (7.15 Arundel St; 7.30 Burleigh St;
 7.50 Covent Gdn); Thu: 8.15–10.30pm
 (Duke's Rd/Euston; Temple; under W'loo
 Br, behind NT)
 Clothing from cafe when available.

C, FF

ST ANDREW'S CHURCH

Star Centre, Greyhound Rd, W14 9SX
 07956 587176; standrewsfulham.com/

Sat: 8am–12.30pm

Three-course meal; sandwiches to take
 away; showers; clothing; fortnightly
 medical attention.

CL, FF

ST ANNE'S DROP-IN KITCHEN

Ch Hall, Hemsworth St, N1 6TS
 07847 761 361
 Sat: 5–7pm

FF

ST IGNATIUS'S CHURCH

Sat: 7.30–8.15pm (Lincoln's Inn Fields)

FF

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical services
NE Needle exchange

OL Outreach worker links
OW Outreach workers
SF Step-free
SH Sexual health
TS Tenancy support

FULL LIST
 AVAILABLE ON
 OUR WEBSITE



ST JAMES CONFERENCE OF SOCIETY OF ST VINCENT DE PAUL (SVP)

St James Catholic Ch, George St, W1U 3QY

www.svp.org.uk/soup-runs

Tue & Fri: 7.45–8.15pm (Lincoln's Inn Fields)

FF

ST JOHN THE EVANGELIST

39 Duncan Terr, Islington, N1 8AL

020 7226 3277; parish.rcdow.org.uk/islington/

Tue–Sat: 12.30–1.30pm

FF

ST JOHN VIANNEY CATHOLIC CHURCH

4 Vincent Rd, N15 3QH

020 8888 5518; parish.rcdow.org.uk/westgreen/

Sat: 5.30–6pm (Temple)

CL, FF

ST JOHN'S SOUP KITCHEN

St John the Evangelist, Brownswood Pk, Gloucester Dr, N4 2LW

www.sjebp.com/soup-kitchen.html

Tue: 7.30–9.15pm (advice 1st Tue of month)

Vegetarian meal.

FF

ST MONICA'S CHURCH

1 Stonard Rd, Palmers Grn, N13 4DJ

020 8886 9568; <http://www.stmonica.co.uk/Contactus.htm>

Tue: 8.15–8.45pm (Temple)

FF

ST PATRICK'S OPEN HOUSE

21a Soho Square, W1D 4NR

020 7437 2010; <http://stpatricksoho.org/outreach/open-house/>

[org/outreach/open-house/](http://stpatricksoho.org/outreach/open-house/)

Tue & Thu: 7–9pm (registration 6.30);

Sun: 6–8pm (film club, 1st Sun of month)

FF

ST THOMAS OF CANTERBURY CHURCH

Wed: 9–9.30pm (2nd and last of the month, Lincoln's Inn Fields)

www.stthomaswoodford.org

FF, CL

STREET SOULS

143 Lee Rd, SE3 9DJ

020 852 0467; en-gb.facebook.com/streetsoulshomeless/

Fri: 8–9pm (St Stephen's, Rochester Row, and W'minster Cathedral. In months with 5th week, Cathedral only)

Hot meals, sandwiches, drinks. Biscuits, cakes etc. Toiletries, sleeping bags etc.

CL, FF

STREETLYTES

Dalgarno Comm Centre, 1 Webb Cl, W10 5QB

020 7603 7956; www.streetlytes.org/

Mon: 6–9pm (St Stephen's Ch)

Open to anyone who is homeless or can't afford to pay for food and housing.

AH, AD, A, BE, CL, D, FF, OL, OW

SUFRA NW LONDON

160 Pitfield Way, Stonebridge, Middx NW10 0PW

0203 441 1335; www.sufra-nwlondon.org.uk/

Wed & Sun: midday–3pm (food bank, referral from Brent Council and other orgs); Wed & Sun: 10am–2pm (Growing Club); Mon–Sun: 10am–6pm (office

A man wearing a red vest with 'THE BIG ISSUE' logo is smiling and handing a magazine to an elderly woman on a busy city street. The man is holding several magazines, one of which is prominently displayed with the title 'THE BIG ISSUE' and a sub-headline 'THE NEXT BIG IDEA'. The woman is wearing glasses and a purple and white patterned scarf. The background shows a blurred city street with other pedestrians and buildings.

**THE BIG
ISSUE**

Become a vendor

Looking for a flexible way to earn extra cash and develop new skills?

Selling The Big Issue allows you to work when you want, and you can earn a decent living.

Selling the magazine also improves your people skills and sales skills, and places you at the heart of a loyal community of customers and supporters.

You'll get **5 free magazines** so you can start earning straight away, and you'll receive ongoing support from our team.

Go to www.bigissue.com/become-a-vendor to find out more or call **020 7526 3445**

open); Fri: 6–8.30pm (vegetarian meal)
Food bank & community kitchen. Phone
or visit.

AD, BE, BA, CL, ET, FF

TEEN CHALLENGE LONDON

Wilkerson Hse, Uphall Rd, Ilford, IG1 2JJ
020 8553 3338; www.tclondon.org.uk/
Mon: 9–11pm (Whitechapel); Tue:
9–11.30pm (Hackney); Thu: 9–10.30pm
(Ealing); Wed: 9–11.30pm (Brixton); Sat:
9–11.30pm Stratford Central Baptist Ch;
Fri: 9–11.30pm (Waterloo stn)
Hot food and drinks.

FF, OW

THE CABIN

St Gabriel's Comm Centre, 21 Hatchard
Rd, N19 4NG
020 7272 8195
Mon–Sun: 8.30–9.30am; Thu: noon–
1pm

FF

THE HUB

101a Pears Rd, Hounslow, TW3 1SS
020 8569 5359; www.cccwl.co.uk/
Tue & Thu: 10am–midday (drop-in)
Low-cost coffee and tea.

F

THE MANNA PROJECT

St Stephen's, 17 Canonbury Rd, N1 2DF
020 7226 5369; themanna.org.uk
Tue: 7–9pm; Fri: 9–11am; Wed: 1–3pm
Food, showers, laundry (£1), activities,
alongside targeted keywork.

*AS, AD, A, AC, BS, BE, BA, CA, CL, FF, IT, L, LA, LF,
MD, OL, SF, TS*

THE MANNA CENTRE

12 Melior St, SE1 3QP
**020 7357 9363; www.mannasociety.
org.uk**

Thu: 9.30am–1pm (health advice for
refugees); Mon–Fri: 10.30am–1pm
(computers); Mon & Wed: 10–11am
(clothing, ticket only); Tue: 10am–1pm
(chiropract 1st & 3rd wks); Tue: 9.30–
12noon (mental health); Wed: 10am–
1pm (osteopath); Thu: 9.30am–1pm
(DWP surgery); Sun: 10.30–11.30am
(clothing, 2nd, 3rd & last of month, Oct–
May); Mon: 9am–1pm (nurse); Mon &
Fri: 9.30am–1pm (nurse)

AH, BS, BA, CL, ET, FF, FC, MS, MH, SF

THE PENGE RUN

Sat: 8pm–8.30pm (2nd week of month,
Tothill St); Sat: 10.15–10.45pm (2nd
week of month, Lincoln's Inn)

CL, FF

THE SWISS CHURCH

79 Endell St, WC2H 9DY
**020 7836 1418; swisschurchlondon.
org.uk/community/local-community**
Tue: 8–10am (breakfast on the steps)

FF

THE VISION ORGANISATION UK

St Silas Comm Hall, Penton St, N1 9UL
07405200064; www.thevision.org.uk/
Wed: 7–8pm (Lincoln's Inn: food, drink,
personal hygiene goods, and help); Thu:
7–9pm (3-course meal, clothes, books)

B, CA, CL, FF

KEY

A Alcohol workers
AC Art classes
AD Advocacy
AH Accommodation/
housing advice

B Barber
BA Benefits advice
BE Bedding available
BS Bathroom/showers
C Counselling

CA Careers advice
CL Clothing store
D Drugs workers
DA Debt advice
DT Dentist

EF Ex-forces
EO Ex-offenders
ET Education/training
F Food
FF Free food

TREM (PLACE OF OUR SANCTUARY)

84 Lillie Rd, Fulham, SW6 1TL
 0207 381 5366; tremfulham.org.uk
 Sat: 2–4.30pm (1st Sat of month)
 CA, FF

TRIUMPHANT CHURCH INTERNATIONAL

136 West Green Rd, S Tottenham, N15 5AD
 020 8800 6001;
<https://bit.ly/2E8cgM7>
 Sun: 11am–2pm (food bank); Wed:
 7–8pm (meal); Sun: 9–10am (breakfast)
 Food bank by referral from Haringey
 agencies.
 AD, CL, FF

UCHARITY

020 3642 6868; www.uchar.org.uk/
 Mon: 9–11pm (9–10, Waterloo nr
 Imax; 10.15–11.15, Strand nr Charing
 X station)
 FF

URBAN TABLE

The Round Chapel (Clapton Park URC),
 Powerscroft Rd, E5 0PU
 020 8533 9676; web.theroundchapel.org.uk/community/urban-table
 Sun: 2.30–4pm
 FF

VICTORY INTERNATIONAL CHURCH

77 Coburg Rd, Wood Green, N22 6UB
 020 8617 1715; vicintchurch.org.uk/
 Wed: 12–1pm
 FF

WALTHAM FOREST FEET ON THE STREETS

07448633694;
<https://www.facebook.com/groups/651185971671776/>
 Outreach group in Waltham Forest. For support with appointments or to find out when their next soup run is, ring or email feetonthestreets@hotmail.com.
 FF

WYCOMBE & MARLOW GROUP

Lincoln's Inn Fields
 Tue: 8.15–8.45pm
 FF, CL

WINTER SHELTERS

We will update our full List at THEPAVEMENT.ORG.UK/SERVICES as soon as we get information about newly opened shelters.

999 CLUB (DEPTFORD CENTRE)

21 Deptford Bdw, SE8 4PA
<http://999club.org/our-services/>; 020 8694 5797
 Winter shelter: Jan to 14 Mar, 8pm–8am
 Referrals via agencies of the 999 Club Gateway Centre. 21+, dry, 30 spaces.
 MH, AH, AD, A, AC, B, BA, BS, CA, D, ET, FC, IT, L, MS, TS, LA

FC Foot care
 IT Internet access
 L Laundry
 LA Legal advice
 LF Leisure facilities

LS Luggage storage
 MD Music/drama
 MH Mental health
 MS Medical services
 NE Needle exchange

OL Outreach worker links
 OW Outreach workers
 SF Step-free
 SH Sexual health
 TS Tenancy support

FULL LIST
 AVAILABLE ON
 OUR WEBSITE



BROMLEY WINTER NIGHT SHELTER

<https://bromleyshelter.weebly.com/>;
bromleyshelter@gmail.com
21 Nov to 15 Mar, 7pm-9am (closed
Crisis, 23-30 Dec. A further shelter
opens on 30 Dec.) Contact Bromley
Council Homelessness Team for local
connection, or shelter for other spaces.

AH, F

C4WS HOMELESS PROJECT NIGHT SHELTER

Camden
c4wshomelessproject.org/
6 Nov to 7 Apr: 7.30pm-9am
Referrals only from agencies inc. London
Jesus Centre and Irish Centre.

AH, BA, CA, ET, FF, LF, OL

CARIS ISLINGTON CHURCHES COLD WEATHER SHELTER

www.carisislington.org/
Jan to Mar, 7:30pm-8:30am
Food, showers and a safe place to sleep.
Phone after completing and emailing
a 1-page registration form to iccws@hotmail.co.uk. 15 guests; 18+, dry.

AD, BS, BE, CL, FF, F, IT, L, OL

EALING CHURCHES WINTER NIGHT SHELTER

<http://www.ecwns.org.uk/home/>
25 Nov to 31 Mar, 7:30pm-8:30am
Referral via St Mungo's outreach team
(020 8840 9653), Acton Homeless
Concern (020 8992 5768) or Ealing
Soup Kitchen (020 8566 3507 x208). 14
bed spaces.

AH, AD, BA, OL

CRISIS AT CHRISTMAS

66 Commercial St, E1 6LT
www.crisis.org.uk
23 to 30 Dec, 9am-9pm
Referral via 221 Gray's Inn Rd, WC1X
8RA; City of London Academy, Lynton
Rd, SE1 5LA; City Academy, Homerton
Row, E9 6EA; Kensington Aldridge
Academy, 1 Silchester Rd, W10 6EX;
or Lesoco, 2 Deptford Ch St, SE8 4RZ.
Access to residential centres via day
centres. Transport from King's X,
Morningson Cres, Finsbury Pk Stn;
Temple, W'loo (St John's), London
Br (Southwark St), Bermondsey Stn;
Broadway Day Centre, Victoria, and
Chelsea Methodist Ch and Deptford
Reach Day Centre.

AH, AD, BS, BE, CL, D, ET, FF, IT, LF, OL

CROYDON CHURCHES FLOATING SHELTER

croydonfloatingshelter.org
01 November to March (not during
Crisis Christmas), 7.30pm-8am (will
close late March but date not finalised)
Referrals from local agencies via
Croydon Reach (020 7870 8855),
Croydon SNAP Team (020 8760 5498),
Crisis Skylight (020 2848 1700) and
Turnaround (020 8760 5530). Agencies
should phone 8am-4pm to check
vacancies. 14 bed spaces.

AH, F

KEY	A	Alcohol workers	B	Barber	CA	Careers advice	EF	Ex-forces
	AC	Art classes	BA	Benefits advice	CL	Clothing store	EO	Ex-offenders
	AD	Advocacy	BE	Bedding available	D	Drugs workers	ET	Education/training
	AH	Accommodation/ housing advice	BS	Bathroom/showers	DA	Debt advice	F	Food
			C	Counselling	DT	Dentist	FF	Free food

FINCHLEY CHURCHES WINTER SHELTER

www.habcentre.org

Oct to Mar, 8pm-8am

Referrals from HAB, 36B Woodhouse Rd, N12 0RG; 020 8446 8400. 15 beds, 18+, mixed, dry.

FF, AH

FOREST CHURCHES EMERGENCY NIGHT SHELTER

<http://forestnightshelter.org.uk/>

1 Nov to 31 Mar, 8pm-7.30am

18+; mixed; dry; 30 spaces. Separate area for women. 18+ with a Waltham Forest connection. Phone 07739 870 411 before 3.00pm Mon-Fri or visit St Mungo's Hub or Waltham Forest Housing Services for referral.

AH, BS, FF

GLASS DOOR HOMELESS CHARITY

155a Kings Road, Chelsea SW3 5TX

www.glassdoor.org.uk

Winter shelter: 02 Nov to 03 Apr, 8pm-8am (come to the day centre or phone to check vacancies)

Mon, Tue, Thu: 9am-2pm (Chelsea Methodist Church); Wed & Fri: 9am-2pm (St Augustine's); Mon-Fri: midday-3pm (Ace of Clubs); Mon-Thu: 8:30-11am (Vineyard Community Centre); Tue: 12.30-3pm (The Yard, Putney)

Advice, food, showers and laundry facilities year-round. Lunch upstairs but staff or volunteers bring meals downstairs to those with limited mobility.

AH, BS, CA, CL, ET, FF, L, IT

GROWTH (TOWER HAMLETS)

302 The Highway, Shadwell E1W 3DH

<http://thisisgrowth.org/>

1 Nov to 1 Jun, 7pm-7am

Referrals (admin@thisisgrowth.org; thisisgrowth.org/referral-agencies/) Whitechapel Mission, Health E1, Crisis, U-Turn Women's Project, Praxis, Spitalfields Crypt Trust, TH Floating Support and City Gateway. 18+; dry; mixed; 15 spaces.

AH, AD, FF, F

HACKNEY WINTER NIGHT SHELTER

<http://www.hwns.org.uk/>

1 Nov to 30 Mar (dates TBC), 7:30pm-8am (6.30pm Suns. Closed during Crisis) Mixed; beds for 25 (area for women); dry. Last admission 8.30pm. Agency referrals only - leave message if voicemail.

AH, AD, C, FF, OL, OW

HILLINGDON WINTER NIGHT SHELTERS

07525 593 227; or HillingdonShelter@mungosbroadway.org.uk

21 Jan to 3 Mar, 6pm-8am

18+, men only, beds for 5, agency- or self-referral, dry.

AH, FF

JOEL NIGHT SHELTER

KCAH, St Peter's Ch Hall, London Rd, KT2

6QL joelcommunitytrust.org.uk/

1 Feb to 14 Mar, 7pm-9am

Referrals primarily via KCAH (020 8255 7400), which is next door.

AH, AD, AC, B, BS, B, CL, ET, FF, FC, IT, L, LF, LS, TS

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical services
NE Needle exchange

OL Outreach worker links
OW Outreach workers
SF Step-free
SH Sexual health
TS Tenancy support



MERTON WINTER NIGHT SHELTER

YMCA LSW Wimbledon, 200 The Broadway, SW19 1RY
<https://ymcastpaulsgroup.org/home/our-services/accommodation/winter-night-shelters/>; nightshelter@ymcaspg.org
 Dec to Mar, 6.30pm-8.30am
 Self- & agency referrals, most from Faith in Action Homeless Project. Referral form: <https://bit.ly/2OMyusa>. 18+, dry, mixed, 12 spaces.
FF, F

NEWWAY PROJECT (NEWHAM)

Bonny Downs Baptist Church, Darwell Cl, E6 6BT
www.newwayproject.org
 Nov to 31 Mar, 7.30pm-8.30am
 Referrals from TRIO, RAMP, Bridges Breakfast, Children's Soc, Whitechapel Mission and Crisis. 18+; dry; mixed; 15 spaces.
AH, AD, A, DA, D, FF, L, TS

QUAKER OPEN CHRISTMAS

The American Church, 79A Tottenham Court Rd, W1T 4TD
<https://www.qha.org.uk/quaker-christmas-shelter/>
 23 Dec to 2 Jan, open 24 hours
AH, AD, A, AC, B, BA, BS, B, CL, D, FF, FC, LF, MS, NE, OL, OW, SH

ROBES PROJECT (SOUTHWARK & LAMBETH)

robes.org.uk/
 5 Nov to 14 Apr, 7pm-8am (closed Crisis, 23-30 Dec)
 Referrals ONLY through Manna Soc, Spires, Ace of Clubs, Webber St Day Centre, Crisis, Southwark Day Centre for Asylum Seekers, Southwark SPOT, Lambeth SST, Big Issue, Shelter. 18+, 35 bed spaces, low support needs.
AH, AD, BA, BS, B, FF

SIMON COMMUNITY

129 Malden Road, Kentish Town NW5 4HS
www.simoncommunity.org.uk
 1 Jan to 31 Mar, 7pm-8am; Mon, Wed, Referral via Simon Community outreach services and Quaker Homeless Action.
FF, CL

THE HAVEN

KCAH, St Peter's Church Hall, London Rd, Kingston upon Thames KT1 1SU
www.kcah.org.uk
 24 Sept to Feb, 8pm-7:30am (John Bunyan Baptist Church, 26 Cromwell Rd, KT2 6RE & Everyday Church, 46 Union St, KT1 1RP)
 18+, mixed, beds for 12 (separate area for women), agency or self-referral, dry.
AH, AD, FF

KEY	A Alcohol workers	B Barber	CA Careers advice	EF Ex-forces
	AC Art classes	BA Benefits advice	CL Clothing store	EO Ex-offenders
	AD Advocacy	BE Bedding available	D Drugs workers	ET Education/training
	AH Accommodation/ housing advice	BS Bathroom/showers	DA Debt advice	F Food
		C Counselling	DT Dentist	FF Free food

THE SALVATION ARMY REDBRIDGE COLD WEATHER SHELTER

www.salvationarmy.org.uk/
c/o Salvation Army, St Mary's Rd, Ilford IG1 1QX

07 Dec to 07 Mar, 8pm-7am
Referrals (verified rough sleepers) via Welcome Project, Ilford: 0208 514 3283.
28 bed spaces. no readmission.

FF, F

THE SHELTER PROJECT (HOUNSLOW)

<http://www.tsph.org/>
Dec to Mar, 8pm-7:30am
Age 18+; men only; 14 spaces. Referral via Partnership Hounslow, Refugee Action, Street Legal West, Olive Branch Homeless Drop-in Hounslow. Office 10am-5pm.

AH, FF, F

TOGETHER IN BARNET WINTER SHELTER

HAB, 36b Woodhouse Rd, N12 0RG
<https://www.barnetparishchurch.org.uk/winter-shelter.php>

03 Oct to Feb, 7.30pm-8.30am
Age 18+ mixed; Beds for 15; Dry.
Referral via HAB (020 8446 8400).
Doors close 10pm. No drugs/alcohol/violence.

AH, FF

WESTMINSTER CHURCHES AND SYNAGOGUE WINTER SHELTERS

c/o W London Day Centre 134-136 Seymour Pl, W1H 1NT

03 Oct to 30 May, 7pm-7.30am
25+; dry; mixed; 15 spaces (separate area for women). Referral W London Day Centre only.

AH, FF

WOMEN

999 CLUB (DEPTFORD CENTRE)

21 Deptford Broadway, SE8 4PA
020 8695 5797; 999club.org/our-services/
Mon-Fri: 9am-midday (9-10.30 rough sleepers. Mon: mental health; Tue: Samaritans; Wed: drug & alcohol worker; Thu: NHS nurse);
Advice on housing and benefits. Learning and activities programme, and specialist healthcare.

AH, AD, A, AC, B, BS, BA, CA, D, ET, FC, IT, L, LA, MS, MH, TS

AL-HASANIYA MOROCCAN WOMEN'S CENTRE

Bays 4 and 5, Trellick Tower, Golborne Rd, W10 5PL
020 8969 2292; al-hasaniya.org.uk/
Fri: 10am-midday (drop-in); Mon-Fri: 9.30am-5pm

Advice for Arabic-speaking women on benefits, housing, homelessness, domestic violence, health and mental health. ESOL classes with free creche and support for women wanting to return to work. Contact them for info.

AH, AD, BA, CA, ET, MS, MH

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical services
NE Needle exchange

OL Outreach worker links
OW Outreach workers
SF Step-free
SH Sexual health
TS Tenancy support

FULL LIST
AVAILABLE ON
OUR WEBSITE



ASHIANA NETWORK

020 8539 0427; ashiana.org.uk/
Advice & support for S Asian, Turkish & Iranian women experiencing domestic violence. In emergency, call 999.

AH, AD, C, OW

HARINGEY RECOVERY SERVICE

590 Seven Sisters Rd, N15 6HR
020 8801 3999; mungos.org/
Mon–Fri: 9.30am–5pm
For individuals in recovery from drug & alcohol misuse. Holistic approach.

AD, A, AC, BA, CA, C, DA, D, ET, IT, LA, LF, MH, MD, OL, OW, SH, SF, TS

HEARING VOICES NETWORK

0114 271 8210; <http://www.hearing-voices.org/>; nhvn@hotmail.co.uk
For people who hear voices & see visions.

C, MH

NATIONAL SELF-HARM NETWORK

<http://www.nshn.co.uk/>
Resources and information for people who self-injure.

C, MH

NO PANIC

www.nopanic.org.uk; helpline: 0844 967 4848; youth helpline: 0330 606 1174; info@nopanic.org.uk.
Monday–Friday: 9am–5pm
Support for those suffering from panic attacks, phobias, OCD, general anxiety disorder and tranquilliser withdrawal.

AD, C, D, MH, OL

ONE IN FOUR

020 8697 2112; www.oneinfour.org.uk/; admin@oneinfour.org.uk
Monday–Thursday: 9am–9pm;

Saturday: 10am–5pm; Friday: 9am–6pm
For people who have experienced sexual abuse and/or sexual violence.

C, MS, MH

POSITIVE EAST

See FOOD/SOUP RUNS

RAPE CRISIS S LONDON/RAPE AND SEXUAL ABUSE SUPPORT CENTRE

PO Box 383, Croydon, CR9 2AW
0208 683 3311; helpline (365 days a year: 0808 802 9999; rasasc.org.uk/
Mon–Fri: 10am–6pm (office); Mon–Sun: midday–2.30pm & 7–9.30pm helpline)
Supporting women and girls aged 14+ who have been raped or sexually abused and who live and/or work in south London. Outreach worker specialising in homelessness and prostitution.

AD, C, OW

RESPOND

0808 808 0700; www.respond.org.uk/; whhelpline@respond.org.uk
Thu: 10am–4pm (helpline)
For people with learning difficulties who have experienced trauma, loss or abuse. Therapy in London and SE England.

AD, C, MS, MH

SUFRA NW LONDON

See FOOD/SOUP RUNS

WORKING CHANCE

24–27 White Lion St, N1 9PD
0207 2781532; workingchance.org
Supports women with criminal convictions into employment. Support around CV writing, interview practice & disclosing conviction to potential employers.

AH, AD, BA, C, DA, ET, TS