

the
FREE
mag for
homeless
people

thePavement

January / February 2019

Working homeless



Missing



Glenn Dawes

Glenn went missing from Carlisle, Cumbria on 22 November 2017. He was 65 years old at the time.

Glenn, we're here for you whenever you need us. We can talk through your options, send a message for you and help you be safe. Call/text 116 000. It's free, confidential and 24/7.



Finn Layland-Stratfield

Finn has been missing from Tintagel, Cornwall since 8 July 2017. He was 17 years old when he went missing.

Finn can call our free, confidential and 24/7 helpline for support and advice without judgement and the opportunity to send a message to loved ones. Call/text 116 000 or email 116000@missingpeople.org.uk.

If you think you may know something about Finn or Glenn, you can contact our helpline anonymously on 116 000 or 116000@missingpeople.org.uk, or you can send a letter to 'Freepost Missing People'.

Our helpline is also available for anyone who is missing, away from home or thinking of leaving. We can talk through your options, give you advice and support or pass a message to someone.

Free, confidential, 24/7.

**missing
people**

Registered Charity No. 1020419

A lifeline when someone disappears

Working homeless

Our writers, who've all experienced homelessness, wanted to focus on the challenges of working while homeless because it's on the increase. For most people working while homeless is really tough. But for others having a job, or regular volunteering, can help you stay afloat (see p18). If only employers understood how they could make things a little less difficult (see interview on p14).

If you're looking for lifesaving support: food, showers, somewhere to stay in the day, sleep safely at night and/or support for your mental health or addictions please use the list in the centre of this mag. And as it's winter be sure to check out our guide to staying healthy on p20. Stay safe.

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Cover: From the *Sirens* series by James Tuitt, which was one of three pieces selected for Bad Behaviour's Ideal Homelessness exhibition. More on p7. © James Tuitt

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Graduates: This is a takeover issue by the writers From The Ground Up – a project run jointly by *the Pavement* and homeless health charity Groundswell, www.groundswell.org.uk. The pic is from the third and final group's graduation (see list of full names of FTGU members on p3).
© Rob Edgar/Groundswell



Lunch time: Loui at Emmaus Lambeth makes the best tortilla. "I stepped in for an hour of the spinathon and my legs hurt for a week!" © *the Pavement*

Welcome to *the Pavement*: a magazine for homeless readers

We're a small charity, founded in London in 2005. Now we produce 8,000 FREE bimonthly magazines for homeless and insecurely housed readers in London and Scotland. You can find *the Pavement* at hostels, day centres, homeless surgeries, soup-runs and libraries.

We use volunteer journalists and photographers to create exclusive content that's written with our readers in mind. Find out more from nicola@thepavement.org.uk

We believe that sleeping rough is physically and mentally harmful, but reject the view that a one-size-fits-all approach to getting people off the streets works.

You can fundraise or donate, see how at:

- www.thepavement.org.uk

Join us

We are always looking for volunteer journalists with experience. We particularly welcome those who've been homeless.

- nicola@thepavement.org.uk

Fundraise or donate so we can keep providing *the Pavement* free to homeless people. Mags that help them at moments of crisis, as well as giving the info people may need to move on.

- www.thepavement.org.uk

Written by Jake Cudsi

Wheely kind

Previously homeless residents at Emmaus **Lambeth & Surrey** raised £1,846.29 for *the Pavement* at their recent 24-hour spinathon. Emmaus was founded in France by a priest, but since the first UK Emmaus opened in Cambridge in 1989, it now has 29 communities stretching from Dover to Glasgow. Emmaus Lambeth & Surrey is non-religious and has just opened a second, seven-bed, property in Croydon.

At Bobby Vincent House in **West Norwood** the 27 residents, known as companions, are the spinathon champions. Here they work a 40-hour week – driving the van, collecting donated furniture, running the shops and household duties – in return for housing and life skills. To move in companions must stop claiming benefits but receive a weekly allowance of £35, a savings fund and budgeting support to prepare them for moving into their own place. At other Emmaus centres, companions run cafes, offer gardening and removal services.

- **Would Emmaus suit you?**
Find out more on www.emmaus.org.uk
or call **07495 391 023**
or email refer.el@btconnect.com

**TURN TO PAGES A – P
FOR THE LIST
OF SERVICES**



Working to end homelessness: Season 1 *From The Ground Up* writers, John Dovan and Mahesh Pherwani, now volunteer for Emmaus Lambeth & Surrey's social enterprises which include clothes-, furniture- and white goods shops. © *the Pavement*

Sharing stories

Tamsen Courtenay's crowdfunded book *Four Feet Under, untold stories of the homeless in London*, features around 30 interviews with people living in central London. "I've had hundreds of people read it and say, 'It's changed the way I relate to homeless people'," says Tamsen. "But unless there's a sea change, I can't see how homelessness will go away – it's not a society that looks after its vulnerable."



Never failed me yet: It took half an hour to read out the names of all the people who've died this year in London while homeless or insecurely housed at the November 2018 Service of Commemoration. The final list was 165, up yet again (in 2017 it was 70). Photo is of Don Pollard, at St Martin-in-the-Fields, whose art was used for the service sheet. The national press ignored this story, focusing instead on Brexit resignations. © *the Pavement*

Spiralling numbers

Analysis from the homeless charity Shelter shows that the number of homeless people in England, Scotland and Wales is increasing by more than 1,000 a month.

Shelter finds that there are 320,000 homeless people by counting people in temporary accommodation, rough sleepers

and single hostel spaces. In just one year the total number of homeless people has increased by 13,000 and that's without including the hidden homeless population, such as sofa-surfers. Shelter's report also revealed that about one in every 52 people in London is homeless.

"The causes are multi-faceted and complex, but include lack of supply of decent affordable housing, lack of protection for private renters and freezes and cuts to welfare payments," claims Shelter.

- **Read more:** *Homelessness in Great Britain: the numbers behind the story* (Nov 2018) on England.shelter.org.uk

Broken record

When *CNN* reported that roughly one in every 200 people in the UK sleep rough, or are in temporary accommodation, James Brokenshire, the well-named Secretary of State for Housing, Communities and Local Government, was adamant the Government could solve the crisis. Responding to the data, he said "Our rough-sleeping strategy, support for councils and those working on the frontline are helping to get people off the street and into accommodation as we enter the colder winter months." We know better.



Big thanks: 45 artists took part in Bad Behaviour art collective's *Ideal Homelessness Show* in December raising a fantastic £1,000 for *the Pavement* – pic is of deputy editor Mat Amp and Jimmy visiting the show. Organiser Araba Ocran said: "We wanted to make a space where homeless people are visible, creative and relevant." Mission accomplished as there were 120 visitors plus the staff and residents of **Great Guildford Street Hostel** who "made us feel very welcome." Our striking cover is by one of the Bad Behaviour artists, James Tuitt to highlight racism in the fashion and beauty industries, with a focus on celebrating the vital contributions black models are making to fashion/ art/beauty images despite the rejection they face.

More show pix on Instagram
@b_behaviour and **twitter**
@B_Behaviour © *Bad Behaviour*

Listen up

More than 50,000 young people facing homelessness were left without meaningful support last year, despite approaching their local councils for help. Of the estimated 103,000 16- to 24-year-olds seeking help from councils, the *Guardian* reports that just half (48 %) got any helpful advice. The research, produced by youth homelessness charity Centrepont, shows that those receiving help had actually increased on the previous year (2016–17, when only 42 % young people received support). Those who had no support last year (52 %) should be protected by the new Homelessness Reduction Act, as they are guaranteed support moving forward. But Centrepont warns that local councils have insufficient resources to meet the new demands.

- See www.gov.uk **Homelessness Reduction Act** *A guide to the duty to refer*

Glasgow shame

Business owners have lobbied **Glasgow** council to act tougher on anti-social behaviour, according to *Glasgow Live*. Without suggesting any initiatives the Glasgow Action Group (GAG) was critical of MPs and the council. Local homeless charities warned that GAG's tone risked putting vulnerable homeless people in danger.

Grinch-y landlords

A boycott of companies, planning to donate a percentage of their Christmas profits to the homeless charity Shelter, was launched by a group of UK landlords. Housing industry website *Property Industry Eye* reveals that the National Landlords Alliance wrote to companies, including B&Q and Marks & Spencer, warning that they would no longer purchase products from the stores should they donate to Shelter. B&Q hoped to raise £25,000 for Shelter over the festive period, through sales of fairy dolls.



Warning: Fake ‘Percocet’ branded tablets, which in fact contain only super toxic Fentanyl, were found by UK police in December. Fentanyl is a strong opioid about 50 times more potent than heroin. “As these tablets only contain Fentanyl, there is no appropriate harm reduction message other than to avoid purchasing and taking this drug,” warns Public Health England’s Alcohol, Drugs and Tobacco team.

Christmas bonus

In 2017 the **Welsh** government promised to allocate £10 million to help end youth homelessness by 2027. In November *Wales Online* detailed that £3.7 million will go towards early intervention, boosting resources available to the education system and youth work services.

A further £4.8m will be spent on new housing options. This includes funding for innovative ideas on housing options. £1 million will be spent on providing basic financial support for young people. Finally, £500,000 will be split between tenancy support and communication programmes.

Missed target

Scotland’s promise to develop 35,000 new homes for social rent by 2021 is one of the most important projects on the Scottish Government’s agenda. But by December 2018, halfway to deadline, only 11,825 social homes had been completed.

“If religious organisations didn’t help, the winter night shelters in London would collapse. For three to four months they are a frontline.”

- Danny Daly



Christmas visit: *the Pavement's* From The Ground Up team, including most of the writers of this issue; homeless health charity Groundswell; the Pilion Trust (which helps homeless 18–25-year-olds) and students from University of the Arts' London College of Communication met *Guardian* journalist Patrick Butler at the famous newspaper's offices to learn about pitching homelessness stories.

Hungary's homeless

= INTERNATIONAL =

Human Rights Watch has condemned the **Hungarian** government's decision to criminalise rough sleeping. The Fidesz party, led by the far-right Viktor Orbán, first tried to criminalise rough sleeping in 2012 but was told it "violated human dignity", the *Financial Times* reported. So Orbán set about amending the constitution.

The new constitutional ban came into effect in October 2018 and outlaws sleeping in a public space. Being caught more than three times gets you taken into custody and possessions confiscated.

Art world

A pop-up art exhibition was opened in December, promoting the work of homeless artists. The exhibition, which took place in **Bedford**, hosted numerous works from artists who were using the services of YMCA Bedfordshire, Emmaus Village Carlton, Bedford Women's Refuge and the King's Arms Project, according to the *BBC*. Former rough sleeper Adam had more than 12 paintings on display and says his passion for art helped him beat his alcoholism. "We [homeless people] have a place in society and we can do some things better than most people. Stop the stigma," he told the *BBC*.

Homeless paradox

There's a dispiriting new trend: having a job but still being homeless. This special issue looks at the hard truths of working while homeless.

Introduction by Sarah Hough

For the 11 years I've worked in London I've never had stable accommodation. At best all I could afford was a room in a shared house, at worst I had to sofa surf with family and friends in order to save for a deposit and try to find a safe and affordable house share. I worked in the care sector with young people for social services and I received a fairly decent wage, but with high living costs and unaffordable rents in the private rented sector, sharing was my only real option. Sharing comes with its own risks and insecurities because you never know what you're moving into. It could be a party house, a drug house or worse. You may find yourself, as I did, in an illegal sublet with no tenancy agreement or housing rights. Often these landlords demand cash-only payments so as not to expose their benefit or tax fraud.

The pressures of a stressful job and living in unsuitable housing were too much for me.

I ended up losing my job and then

In a nutshell

- Rent is rising faster than wages.
- Private renters have the highest weekly housing costs – this is made worse by recent benefit changes.
- There are too few houses. A drop in public house building means families are often stuck in expensive, poor quality, insecure privately rented homes.
- More than 1 million people are on the waiting list for social housing, yet in 2017 only 290,000 homes were made available. (Shelter, June 2018)
- More info about working homeless from Shelter press release 23 July 2018): <https://bit.ly/2rw2SJI>

losing my home because my landlord wanted cash-only payments which I could no longer provide. I had no rights and no chance to save up for a deposit. I literally was destitute. My personal experience isn't unique – quite the opposite in fact. Homeless charity Shelter reports in *Far from alone: Homelessness in Britain in 2017*, that the number of people who are working and homeless has nearly doubled since 2013. By July 2018 Shelter found that more than half of homeless families in England

were also in work. In total there are now about 33,000 who work but don't have a stable home – the “working homeless”.

What has led to this massive increase in homelessness amongst a group of people who are working full time who ought to be in a better position to afford housing? Shelter cites:

- High private sector rents
- Ongoing freezes in housing benefit
- Unstable tenancies
- Shortage of affordable housing
- Roll out of Universal Credit causing delays in payments. Also see p28
- Chronic lack of social housing
- A workforce having to accept zero hour contracts and minimum wages that do not rise in line with living costs, especially in cities where living costs are higher.

Government policy isn't helping, which is why homelessness can affect anyone, at any time in their lives. Shelter finds that one in three working families in England could not afford to pay their rent or mortgage for more than a month if they lost their job.

In the past, many of the causes of homelessness have been attributed to perceived personal individual failures such as relationship breakdowns, substance misuse problems, mental health and debt. Whilst these may be contributing factors, the fact that work no longer pays shows that you should never assume that because someone is working, they have home security. ■

I see you found a good use for the latest homeless strategy after all



© Ruby

Rap trap

Listen to Sarah Hough's rap on www.pavement.org.uk

Benefits freezes,
Feeling the squeezes;
Once you
Could have believed it,
Working, full time,
Would provide
What you needed,
To survive,
With enough,
To get by,
The lies
Of modern times,
Working full time,
But wages in decline,
Food banks on the rise,
But why do we need them?
No surprise,
We need them,
Cause we don't
Make enough to survive,
To pay rent,
To pay to eat,
To pay for life.
It's a crime!

Back home

Young, gifted and... back at home. Is getting organized at work a route out of homelessness? Report by Anne Cooper

You've got your apprenticeship or degree and, as Nina Simone wrote in the civil rights anthem *Young, Gifted and Black*, during the optimistic days of '69, "There's a world waiting for you." Yet for many young people today this quest means negotiating exorbitant rents, low pay and precarious employment, and for those with the 'privilege' of a university education, being saddled with debt.

Market rents in London are an average £748 a month per room, that's the equivalent of 72 % of the National Living Wage if aged 21– 24 or 68 % if over 25. It's hard to see how anyone can rent, pay bills, travel and eat. If income is steady, it can just be done, but young people tend to be in part-time work, on short-term or zero-hour contracts.

Meeting people to find out how they manage proved difficult. Precarious work means precarious lives. It means sofa surfing and squatting, sometimes resorting to the streets, it means hunger and sleepless nights.

When Alice, a barista, was asked: "Do you know anyone under 30 in low-paid or precarious work

Need to know

1. **National Living Wage (NLW)**
rates for 16–17 years: £4.20;
18–20 years: £5.90; 21–24 years:
£7.38 and Over 25: £7.83
2. **Not paid the right amount?**
Demand the NLW or make a complaint via ACAS Pay & Rights helpline, 0300 123 1100 (Monday to Friday, 8am-6pm).
3. If you are low paid, on zero hours, homeless or in a precarious housing situation, **join a trade union**, eg United Voices of the World www.uvwunion.org.uk or International Workers of Great Britain www.iwgb.org.uk
4. **Try the Advisory Service for Squatters** www.squatter.org.uk

struggling to get a place to live?" Her frank answer was: "I think myself and everyone I know pretty much fit into that category."

This is supported by available figures. Low pay, as defined by The Resolution Foundation, is "less than two-thirds of the national median..." According to their 2018 report 42 % of 21–24-year-olds and 22 % of over 25s are receiving below the National Living Wage.

It's not just low pay that is an obstacle to securing a safe and permanent home. A report by the Department of Business, Energy and Industrial Strategy in February 2018 states: "Those involved in the

gig economy were more likely than the population as a whole to [...] live with parents, family or friends either rent-free or paying some rent..." 56 % of those in the gig economy are aged 18–34 which may explain some of these trends.

Nor is it just practical difficulties that impede meeting people in these situations. There are feelings of guilt and shame. When I spoke to Siobhan, she admitted she felt "pretty depressed most of the time," then burst into tears saying: "It's so hard, either I have to work late in a bar or 16 hours a day in an office. Either way I can't afford a room."

I ran into Miguel, who works at a market. He greeted me cheerfully yet when I said: "How's it going?" Head lowered, he replied: "I had to move back home..." He explained he couldn't afford rent, he'd tried squatting, but it became a full-time struggle with no time for anything else. He felt he had failed.

But it's not young people who are failing; it's this society that does not provide for them. There's no access to social housing, while the Government target for the National Living Wage is 60 % of



McStrike: Co-ordinated strike action by workers on zero hours contracts in Leicester Square, London in October 2018
© Garry Knight (www.creativecommons.org/licenses/by/2.0)

median earnings by 2020, below the definition of low pay, which is little consolation for those without a home.

Precarious workers are winning victories. After strikes, cleaners' outsourcing has ceased at LSE, King's College and Goldsmith's. In October 2018 staff at TGI Fridays, McDonalds, Uber, Deliveroo and Wetherspoon held coordinated strikes combined with dynamic street protests.

These strikes and protests involved large numbers of energetic young, multi-ethnic women and men, many of whom, by virtue of precarious work, are precariously housed or homeless. With an estimated 55 % of homeless people working, getting organised at work may well be a route out of homelessness.

"I've got 99 problems"

Starting a job and trying to cope till your first pay day is made extra hard if you are living on the street. Interview by Mat Amp

"People think because you've got the job that everything is going to fall into place immediately, but it doesn't. You just face a whole set of different, more complicated problems," says John (name changed). John has just got a job working 50 hours a week as a kitchen porter, but what turned out to be so tough was trying to get through to that first pay day whilst homeless.

"Sorting that first month out is impossible. Psychologically, physically and spiritually it takes your entire body and soul. I'm so stressed out and exhausted, but you can't refuse the hours."

John is scripted and has to pick up at his home chemist in Brixton despite working in North Kensington. Employment can be a massive problem for people who have to attend the chemist for regular pick-ups, especially if you work miles away from your designated chemist. They stopped John's script when extra work hours prevented him attending the chemist for three days in a row, effectively leaving him without his medication until he could make another appointment with the

service doctor. This takes a minimum of two weeks, so without help from friends, John would have been forced to score just to be well enough to go to work.

John said about picking up his medication, "You have to stand in

Tried this?



Charities: The Ace of Clubs in Clapham is the best place in South London to drop in for immediate help and information. Ask people at this fantastic frontline centre if you want to know something.

- www.aceofclubs.org.uk

Friends: If you've just got a job and you're waiting to get paid let your friends know. If they know you're making an effort they'll be more likely to help you out. It's just the way life is. Offer up a few quid and perhaps they'll put up with you until you finally get paid.

Gyms for showers: Some gyms will provide discounts for homeless people wanting to use the showers at off peak times. If you can afford a gym membership it can be a great way of staying clean.

Go out: Try some of the free shows around the city. It sounds nuts when you're struggling to find a place to stay, but sometimes it helps to pull your head out of survival mode.



Ken Pyne

Star-Burning Bright

Starlight – twinkling bright.
 Embedded in your black-velvet sky.
 Fiery-furnace deep in the void
 Casting white heat into the icy bleakness.
 I pause to wonder – as I gaze yonder.
 Are you still burning so bright?

The Diamond – sparkle – and glow.
 On your journey of light.
 Many aeons to get here. I gaze, amazed!
 Could you be a burned-out husk?
 Punctuating your shed, outer brilliance.
 Like a glowing coat of liquid, molten fury.

Your stardust a cradle for new star-life
 Like we all here on this earth one day die –
 So the suns of our cosmos one by one now go
 A final sun-burst, grand-finale death-glow
 Constellations of white dots in our Milky Way
 No longer visible at the dawn of day –
 When our very own star rises.

Our giver of light and life.
 Warming the air with your joyous rays.
 Putting smiles on our faces.
 Pulling back winter's last traces.

My name is Lawrence Blake from London. I hope you like my writing (or maybe not...) done at the Margins Project, in the Union Chapel. I use creative writing to express my feelings of isolation and despair as I struggle each day with several long-term health conditions. I am in a state of limbo having had threats of repossession and eviction hanging over me for some time and live in a very basic manner. I feel very uncertain about my future, which comes out via my (bleak) poems. One thing is, though things are bad, I will not give up and will continue (with a little help) to fight on! A lesson/gift from my father was, "Never say Never".

- Margins is close to Highbury & Islington station
www.unionchapel.org.uk/about-us/the-margins-project/

Work band-aid

For the working homeless is your job an extra burden or a way out of homelessness? By Yousif Farah

A large proportion of homeless people are also working. If you search the internet or if you work in a sector pertinent to homelessness you are likely to come across endless stories of inspirational people who are carrying out their duties despite having no fixed abode, or who have triumphed against adversity and turned a grim existence into a fairy tale, such as Raynor Winn who wrote an uplifting book about walking 630 miles along the South West Coast, *The Salt Path*, after her home was taken away.

A recent Freedom of Information request obtained by Channel 4 Dispatches revealed that 55 % of homeless families trapped in temporary accommodation are working. That is 33,000 families.

Homelessness in itself can be a very scary prospect. Especially if one has never experienced it before.

Having to keep a job while homeless makes life much tougher. It is stressful, and physically and emotionally exhausting. But working can also be a very rewarding experience, providing you with a sense of purpose and achievement, which will keep you going and make homelessness less of a daunting



Art: *Yousif Farah's artwork produced at Creative Thursdays run at St Mungo's Recovery College in Southwark. The session is led by art therapist Simon Richardson with help from artist Brian McClure. © Yousif Farah*

experience.

Being homeless can play with one's mind and make it prone to feelings of low self-worth, so try not to fall into that trap. Use positive energy through prayers, meditation, socialising, reading and reflecting upon your struggle to achieve great things rather than put you off the task. Remember that homelessness is a temporary state of where you are, not a statement of who you are.

■

**TURN TO PAGES A – P
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You can do it

Many of us at *the Pavement* have experienced homelessness and have had to work or do voluntarily work while homeless, including myself, writes *Yousif Farah*. Here are some tips for those who are working to help you maintain or find a job

1. If you are street homeless, maintaining cleanliness is a challenge, especially if you have to spend many nights outdoors and are in a job in which you are expected to be presentable and clean:

- It is an uncomfortable feeling to wake up in the middle of the park or under a bridge where there is no clean running water to wash your face or brush your teeth. Try to shelter in a place where there is a cafe nearby, so you can use their wash room.
- If you were registered at your local gym before becoming homeless, you can always go there to have a shower and

maybe a quick exercise. Or join after becoming homeless.

- Can you strike a deal with friends to allow you to have a shower in their house, even if it means paying them some money or buying them a drink?
- Study your surroundings for mosques or churches which may be open at certain times and have shower rooms, or a place to wash.
- Check the list in the centre of this issue of *the Pavement* for bathrooms/showers (BS) and laundry (L) or on www.thepavement.org.uk
- Take good care of your feet.

2. Learn how to manage your money and always have some money in your pocket. Save to buy a car or for a deposit on a flat.

3. Organisations providing support to homeless people seeking employment or education include:

- Recovery College is run by St Mungo's but open to all, and offers a variety of free courses. Contact recoverycollege@mungos.org or **020 7902 7964**.
- Shelter offers housing drop-ins, and can help you secure accommodation. They also have an employment team who will guide you through the process of finding a job. www.england.shelter.org.uk/get_help



5 ways to stay healthy this winter

The cold weather that comes with this time of year can have a negative impact on your health. There are things you can do to limit the impact. While some of these ideas may seem obvious, taking the following steps should reduce some of the risks posed in the cold weather, *writes Martin Burrows from Groundswell*

1. Keep dry and warm

If you have no option but to sleep on the streets try to find somewhere sheltered.

- Protect yourself against the cold by having a sleeping bag and/or blankets.
- Avoid damp places to bed down and sleeping directly on the ground, for example, by putting cardboard or blankets down first.
- Go to bed when you're warm. If it's cold outside and you are cold going to bed, you're not going to be able to warm yourself up.



2. Eat well

Try to eat regular and balanced meals.

- If you are sleeping out try to get hot food right before you go to sleep.
- The meal can help you warm up and keep you warm enough to get to sleep while your body still has heat.
- Keep in mind that fattier foods like cheese or creamed soup are going to be better for keeping you warm.



3. Socks and underwear

Change your socks and underwear each day if you can.

- Wear multiple pairs of socks on cold nights.
- If you can, find boots that cover your whole foot, ankle, and part of your leg.
- If your feet do get wet try to change your socks.
- A plastic bag over shoes can help to keep the rain off.



4. See a GP

If you are feeling unwell, are worried about your health or just feel you need a checkup, then see a doctor (GP).

- You do not need a fixed address or identification to register with a GP practice.
- Your immigration status should also not stop you from registering and getting treatment from a GP.



5. Get vaccinated

One of the most effective ways to stay healthy over the winter is to get a flu and pneumonia jab.

- If you are homeless you can get a flu jab for free from a GP practice or a pharmacy.
- Having a flu jab is particularly important if you have a respiratory health issue like asthma or COPD, or if you have another chronic health issue.



Deposit help

= LONDON =

For nearly three years Fat Macy's has run dining events across London. It's also helping people move into catering and out of hostels. Founder Meg Doherty explains the way it works to Sarah Hough

When Meg Doherty worked with key workers in hostels across London she heard about the barriers clients faced when trying to move on from hostels into their own accommodation. Often moving into private rented accommodation was the only option, but hostel service users claiming benefits struggled to save enough money for a deposit.

Meg realised how this led to frustration, financial problems, depression and inefficiency, so she founded Fat Macy's, a social enterprise to bridge the gap in provision and to offer a holistic package of move on support.

Clients have the opportunity to complete a level 2 food hygiene qualification which enables them to work as caterers for Fat Macy's and other catering companies. After completing the qualification, and a trial shift, clients are offered up to 200 hours paid work for which they earn £10 an hour.

The money earned is saved until they have enough for a housing

Who is eligible?

- Many of Fat Macy's clients are living in hostels, temporary accommodation or are hidden homeless and are claiming benefits.
- All age groups from all boroughs in London are eligible.
- You can self-refer or ask your key worker to refer you. It could be a first step to a job and your own place. <https://www.fatmacys.org> or email hello@fatmacys.org

deposit. Clients can earn up to £2,000 towards their deposit and for furniture for their flat.

Fat Macy's also help with property search websites and viewing properties to ease the transition into stable and comfortable long-term accommodation.

This transitional support is often lost when clients leave supported housing which may put them at risk of becoming homeless again. To prevent this, Fat Macy's clients are introduced to an organisation called Settle which provides support for safety, paying bills, budgeting and paying rent.

**TURN TO PAGES A – P
FOR THE LIST
OF SERVICES**



Saving for a deposit: Emmanuel Bejedi at Fat Macy's © Benoit Grogan-Avignon

Grand change

= SCOTLAND =

The Rock Trust, an Edinburgh based youth homelessness charity is having success with its Rent Deposit Scheme to help young people secure tenancies within the private rented sector.

"In Edinburgh the average deposit for the cheapest one bed flat would be £550 monthly rent plus a deposit of usually a month or six weeks' rent. It's crazy. For a shared flat for two young men the room is £460 including bills and the deposit is £510 so you're looking on average in excess of a grand up front," says Rent Deposit Coordinator Tammy Reilly explaining that the scheme is part of a wider consortium of youth charities working to End Youth Homelessness (started in 2012).

If you are eligible the Rent Deposit Scheme also provides a £200 move-in grant to help with bedding and on-going know how about how to budget.

- Want to know more: contact Tammy via email tammy.reilly@rocktrust.org (m) 07800 601 743 or office (t) 0131 524 9863.

The poster features the Rock Trust logo at the top, followed by the title 'RENT DEPOSIT SCHEME'. It contains two dark blue speech bubbles with white text asking if the reader is aged 16-25 and looking for a private tenancy, and if upfront costs are a barrier. A white speech bubble at the bottom left encourages getting in touch. On the right, a yellow stick figure is shown climbing a tall, dark building with many windows.

rock trust
END YOUTH HOMELESSNESS

RENT DEPOSIT SCHEME

Are you aged 16-25 and looking for a private tenancy to rent?

Are the upfront costs a barrier to finding a place to call home?

Get in touch to find out if our Rent Deposit scheme could help you!

Rent Deposit Scheme help © Rock Trust

Summing up

How a pledge wall, audience participation and a new mural shows that Manchester is leading the way in encouraging homeless people to make more use of the creative arts. Report by Marco Biagini

In November Manchester hosted the 2018 International Arts & Homelessness Festival and Summit, inviting people from all over the world to share ideas about how access to creative arts projects can help homeless people. Arts & homelessness organisation With One Voice transformed Manchester into a city-sized festival, with galleries, cafes, theatres and other public spaces playing host to an amazing range of events, performances and workshops. They also brought together New York street artist Joel Bergner, two local artists and almost 40 people affected by homelessness to create **The Doodle on Ducie Street**, a colourful new mural near Manchester Piccadilly Station.

Manchester was chosen as the host city due to the city council's new Homelessness Charter, which aims to provide all-round holistic support for people. This means instead of just providing shelter and food, the council is encouraging homeless people to get involved in the creative arts as part of their recovery process.

Manchester's creative scene has undeniably started playing a part in the new charter already with their amazing contributions to the festival. Events included open mic nights, film screenings, performance arts and theatre performances.

Cardboard Citizens invited the audience to participate in their new forum theatre piece, *Rising*, and formerly homeless artist David Tovey closed the festival with a heartfelt performance in *Man on Bench Fairytale*, an abstract theatre performance he wrote about a man saving him from suicidal despair when sitting next to him on a park bench five years ago.

At the Whitworth Gallery, over 250 delegates from 15 countries ran panel discussions, gave presentations and ran creative workshops as part of the Summit. A mixture of homeless people, formerly homeless people, service providers and politicians mingled and discussed the importance of creativity. Everyone attending the summit was encouraged to add to the pledge wall, promising to use something learned at the summit to help arts and homelessness in their own community.

"They don't think our art belongs in their world."

- David Tovey challenges high art world



Top: Dance workshop at the 2018 International Arts & Homelessness Summit

Bottom: Delegate speaking to event organiser Lora at the pledge wall. The Pavement pledged to spread the Summit's positive messages to our readers.

© Marco Biagini & Jamie Jackson

Building people

Mat Amp reports back from the first International Arts and Homelessness Festival & Summit held in Manchester

Watching Eve Steele and Neil Bell deliver stellar performances in Ed Edwards's *The Political History of Smack and Crack* is an absolute torturous delight, like watching a slow-motion replay of a long-drawn out car crash that I had somehow managed to walk away from.

For anyone who has found themselves dismissed to the margins of life, like a left-over one in those complicated long division sums, there are going to be parts of this production that will really speak to you.

Rather than drowning in nostalgia, the heavy echoes of the past anchor what is, at all times, a beautifully scripted tale. The production burns bright with northern humour, like the blaze of erupting sulphur on the match head of anti-Thatcherite energy created at the broken edge of '80s Britain. It was a time and place where the disco synthesisers of the 1970s gave way to a raw anger that exploded into riots on the streets of major British cities and the twin barrels of smack and crack were loaded to explode into the mainline of working class Britain.

The play was the penultimate event at the inaugural International

Arts and Homelessness Festival and Summit, hosted by With One Voice (WOV) that ran from the 12–18 November in Manchester.

WOV has grown in partnership with Streetwise Opera and will become independent this April.

Founder Matt Peacock said, "I had been running Streetwise Opera when the Cultural Olympiad of London 2012 wanted to give homeless people a platform. We offered to put on a big event that brought together as many art groups as possible from around UK – choirs, theatre groups, bands etc. It was called With One Voice – we got asked to do a similar project in Rio 2016. The magic came not from the end result, but through getting people together and supporting and inspiring each other."

And then came the summit in Manchester which saw 250 delegates from 15 countries swap knowledge, learn from, teach, inspire and empower each other. Numerous discussions, focus groups, workshops, events, exhibitions, plays and gigs were spread out in a few dozen venues over five days.

Matt adds: "We all need to find ways of building people up as well as building houses. Art can't solve homelessness but homelessness is an issue made up of multiple factors and so we need multiple approaches."

And for those who question the



Torturous delight: Neil Bell and Eve Steele shine in *The Political History of Smack and Crack* © The Other Richard

expenditure, Matt says, “All our funding comes from arts sources, so we aren’t taking money away from homelessness services. The arts community believe in arts for social action and there is no better use of resources than working with people who are or have been homeless.”

He is passionate when talking about the need for a more coherent, unified approach to utilising the arts as part of the overall strategy for dealing with homelessness. “We’d like the arts to be a more respected, understood and widely used approach in homelessness support and in order to achieve that, we’d like to encourage more local and national governments to integrate the arts into homelessness strategy.”

Any doubts I had about the role

creativity and the arts has to play in tackling homelessness were banished by this truly incredible coming together of kindred souls. And the jewel in its crown was the heart-wrenching *Man on Bench Fairytale* written by David Tovey which wrapped things up.

The play was as painful and real as anything I’ve ever witnessed on stage. It was a suitable end to a powerful and inspiring event which has planted a seed that will hopefully grow into something powerful, original and above all necessary. Yep, I think One Voice is exacting real and lasting change in the way we think about and deal with homelessness

- <http://with-one-voice.com> and on Twitter @With1V

Muddle and misery

Universal Credit guidance for homeless people has just been launched – but that doesn't stop changes still being needed, writes Groundswell's Martin Burrows

The Department of Work and Pensions (DWP) has released new guides for homeless people and for supporting organisations when working with homeless people around Universal Credit (UC). This is a much-needed resource, but, substantive change is still needed.

Research for Gateshead council found the roll out of UC locally to be linked to depression, anxiety and increased suicide risk. Groundswell's research exploring the impact of UC on people experiencing homelessness in London finds that the stories from the north east are not in isolation.

Groundswell, working with the London School of Hygiene & Tropical Medicine and King's College London, interviewed people who are homeless and people working in health and social care to understand how UC is being experienced. We heard that the stresses of UC accumulate. There are sanctions, cuts in payments, uncertainty and a lack of support from work coaches. Combined with other stresses from day-to-day survival while homeless, these can be a driver for anxiety,

In a nutshell

Universal Credit (UC) was to have been rolled out by the end of 2018, but this date has been changed so the roll out will now finish in 2020.

"On Universal Credit it's five weeks till you see the first payment, but it has been reported that by next June it will be cut down to three weeks. Let us hope that this is true." Ian Kalman, *the Pavement* writer

It is having a damaging impact on the lives of people experiencing homelessness.

"The extended timescales and the cost of running Universal Credit compared to the benefits it replaces cause us to conclude that the project is not value for money." *Rolling Out Universal Credit*, National Audit Office (June, 2018)

depression and suicide.

When people are homeless, they need a welfare system that can support them to move on from homelessness. Our findings reveal that, in fact, it is causing further hardship. People are having problems with their initial claims for Universal Credit and then having to wait a long time for payments.

There is also the pressure to be searching for work and meeting job-search targets, whilst trying to deal with other issues that come with the experience of homelessness

Can you switch to Universal Credit without fear?

Info collected by Polly Bindman

Citizen's Advice advise that **there** are four steps to getting Universal Credit (UC). You'll need to:

- 1 Gather everything you'll need to apply
- 2 Set up an online account
- 3 Use your account to start a claim
- 4 Arrange an interview at the Jobcentre within seven days of starting your claim. More info at <https://www.citizensadvice.org.uk/benefits/universal-credit/>

Need to know: you can only apply for UC online, and if you miss out one of the four steps you may not receive any payment. After you apply online, you should be given a phone number to arrange your interview at the Jobcentre. You only have seven days from the start of your online application to arrange the interview. Your interview will be with a member of staff called a **work coach** who you must meet regularly.

If you're not confident with the internet to begin your Universal Credit claim, then you can ask your local council for help about getting online. If you can't apply online, you might be able to apply using the phone. You will need to tell the Department of Work & Pensions (DWP) why you can't apply online. If you think you need to apply by phone, there is a free Universal Credit helpline (it used not to be free!), and somebody else can call on your behalf. For the full service Monday – Friday, 8am to 6pm:

Telephone: 0800 328 5644 | Textphone: 0800 328 1344

Tip: I was put on hold for over 30 minutes without managing to speak to anyone. It's much easier online, and some libraries offer free internet services.

and need to take priority, such as health. This is despite the physical and mental health of many people experiencing homelessness being far worse than that of the general population.

We welcome the release of the *Universal Credit and homeless*

people: guide for supporting organisations and the *Quick guide to Universal Credit* targeted at people who are experiencing homelessness. But it's only online. Our research indicates that a key challenge of the current system is the online nature of managing a claim. ■

Banter

How to secretly live in the pub – a guide from Ruby

1. Some pubs are warm and comfy with big clean toilets: you can wash, change, and spend a cold day there. Heavenly. Pub staff aren't paid enough to give a toss what you do, so long as you're not causing trouble or hogging space when it's busy.
2. Usually it's too expensive to eat in pubs, with exceptions like Glasgow's Star bar, three quid for a three-course lunch. Though there'll be a lot of folk eyeing your dinner wanting you to finish so they can get in too.
3. Make food last. Try leaving one chip and refuse to let anyone take the plate (this only works when you smile). If you can't find a massive pub where you're hardly noticed, find a wee one where they like you. You need to make them like you. Adapt your politics to suit and agree with the bar staff about everything, whilst occasionally admiring their shite 'gap year' jewellery.
4. Wetherspoons has banned homeless people, dogs and charging your phone but you can order with a phone app so you don't have to leave all your stuff to go to the bar. You still need some bampot* to watch it when you go to the toilet mind. Never try pissing in a pint glass, it's never that funny and you're not as discreet as you think.
5. Ideally you want a big toilet cubicle with a basin. Don't attempt anything complicated like a flannel wash and change in a normal size cubicle, you'll just drop your stuff in the toilet, fall over and get your leg stuck under the door. No of course that didn't happen to me...
6. In a pub your biggest outlay is that first drink. Which you let them see you honestly drinking behind a wall of menus/newspapers/books. Carefully top it up with all the cans you brought in (don't bring in Buckie – they don't serve it, so will spot your cunning plan). Done expertly it's possible to reach oblivion gently over eight hours with one small glass of white wine.
7. Remember this only works if you're not the roughest smelling person. Pub staff CAN chuck you out/deny entry for any made up reason, so don't hand them any.

** For non Scots, bampot = crazy person*

Housing in England: Your Rights

Your local council does not always have to help you find emergency accommodation if you are homeless.

If you need help right now, please try these numbers below.

Ask them to help you make an emergency housing application.

For free help with your emergency housing application:

1. Streetlink

- Phone: **0300 500 0914**

2. Shelter

- Web: www.shelter.org.uk
- Phone: **0808 800 4444**
(8am-8pm Monday to Friday, 8am-5pm weekends)

3. Citizens Advice Bureau

- Web: www.citizensadvice.org.uk
- Phone: **03444 111 444**

If your application is rejected:

- You should appeal the rejection if you think it is wrong. You have 21 days to appeal this decision
- Shelter and Citizens Advice Bureau can help you with your appeal

Visit www.thepavement.org.uk for a more detailed version of your housing rights in England and Scotland.

Don't miss next issue

The Pavement is looking for funders

TURN TO
PAGES A-P
FOR THE LIST
OF SERVICES

We distribute our little mag for a homeless readership bimonthly in London, Edinburgh and Glasgow. Mags are free but if you'd like to make a donation (or to pay for a box of 100 copies for £1 a mag) tell the team, see p3.

"A lot of people with jobs, who cannot afford rent, use our shelter – mainly construction, bricklayers and crane operators but also retail staff and students. Bar staff and kitchen porters need to let us know that they will turn up late."

- Tip from Janet Gilbert, former night shelter project manager

KEY TO ALL SERVICES

A	Alcohol workers
AC	Art classes
AD	Advocacy
AH	Accommodation/housing advice
B	Barber
BA	Benefits advice
BE	Bedding available
BS	Bathroom/showers
C	Counselling
CA	Careers advice
CL	Clothing store
D	Drugs workers
DA	Debt advice
DT	Dentist
EF	Ex-forces
EO	Ex-offenders
ET	Education and training
F	Food
FF	Free food
FC	Foot care
IT	Internet access
L	Laundry
LA	Legal advice
LF	Leisure facilities
LS	Luggage storage
MD	Music/drama
MH	Mental health
MS	Medical/health services
NE	Needle exchange
OL	Outreach worker links
OW	Outreach workers
SF	Step free access
SH	Sexual health advice
TS	Tenancy support

Changes: val@thepavement.org.uk
Updated: Dec 2018

This is a partial list, tailored for this issue of *the Pavement*. Full list at thepavement.org.uk/services.php

London List

FOOD/SOUP RUNS

ACTON HOMELESS CONCERN

Emmaus Hse, 1 Berrymead Gdns, W3 8AA

020 8992 5768;

actonhomelessconcern.org

Call for the times of their services.

AH, A, B, BA, CL, C, D, D, F, FC, MH

AGAPE

01483 824006 ; www.knaphillchurch.co.uk/agape.htm

Wed: 7.45–9.15pm (Embankment)

Soup, coffee, tea, sandwiches, biscuits.

FF

ALL SAINTS FULHAM

Pryors Bank Pavilion, Putney Bridge App, SW6 3LA

www.allsaints-fulham.org.uk/thursdaylunches.htm

Thu: 12.30am–1.45pm

F, FF

AMERICAN INT'L CHURCH

79a Tottenham Ct Rd, W1T 4TD

020 7580 2791; amchurch.co.uk/soup-kitchen

Mon & Tue, Thu–Sat: 10am–midday

CL, FF

AMURT

020 88064250 ; www.amurt.org.uk

Thu: 6.30–8pm (Lincoln's Inn Fields)

Vegetarian.

FF

ANCILLA SOUP KITCHEN

The Most Precious Blood & St Edmund,
115 Hertford Rd, N9 7EN
020 8804 4070
Fri: 11am–2pm
FF

ASLAN

c/o All Souls Clubhouse, 141 Cleveland
St, W1T 6QG
020 7580 3522; www.allsouls.org
Sat: 5.30–7.45am (tea: 5.30–6.15
Tavistock St; 6.15–6.45 Savoy Pl;
6.45–7.30 King Wm IV St; All Souls Ch
7.40–7.45); Sat: 9–midday (Webber St);
Sat: 6.30–8.30pm (invites via tea run or
All Souls.
AC, CL, D, ET, F, FF, LF

BE ENRICHED

URC Rookstone Rd, SW17 9NQ
07397288160; www.be-enriched.org.uk
Mon: 12.30am–2.30pm, 18 Hampton
St, SE1 6SN; Tue: 7–9pm, 1 Ethelburga
St, SW11 4AG; Fri: 12.30am–2.30pm
URC, Rookstone Rd, SW17 9NQ
F, FF

BLOOMSBURY CENTRAL BAPTIST CHURCH

235 Shaftesbury Ave, WC2H 8EP
020 7240 0544; www.bloomsbury.org.uk/
Sun: 12.30am–1.30pm (for 25 – tickets
from 10.15); Mon–Fri: 10am–4pm (tea,
coffee, biscuits)
FF

BRIDGES

Memorial Community Ch, 389–395
Barking Rd, E13 8AL
020 7474 6603; www.bridgeshomelessnesssupport.org.uk/
Sat: 8–11.30am (cooked breakfast
9–11am); Mon: 10am–2pm
BS, BA, CL, FF, MS, OL

CARPENTERS CAFÉ

Community Hall, 17 Doran Wlk (entry
Carpenters Rd), Stratford, E15 2JL
07932 661 089; www.deptfordreach.org.uk/
Tue: 10am–midday (food, drinks,
clothes, books, toiletries, showers)
BS, BE, CL, D, F, FF, SF

CHRIST APOSTOLIC CHURCH (BETHEL) UK

217–23 Kingsland Rd, Hackney, E2 8AN
020 7729 4375/ 661; cacbethel.org/dev/
Sat: 2–3.30pm; Sun: 8–9am
Cooked Sunday breakfast; hot meal on
the last Sat of the month.
FF

CHRISTIAN KITCHEN

info@christiankitchen.co.uk; www.christiankitchen.co.uk/
Mon–Sun: 7.30–8.30pm (Mission Grove
car park, Walthamstow)
FF

COMMUNITY OF SANT'EGIDIO

0753 1597364; www.facebook.com/santegidiolondon
Sat: 4–4.30pm (hot drinks & sandwiches)

KEY

A Alcohol workers
AC Art classes
AD Advocacy
AH Accommodation/
housing advice

B Barber
BA Benefits advice
BE Bedding available
BS Bathroom/showers
C Counselling

CA Careers advice
CL Clothing store
D Drugs workers
DA Debt advice
DT Dentist

EF Ex-forces
EO Ex-offenders
ET Education/training
F Food
FF Free food

at Carmelite Priory, Pitt St, W8 4JH); last
Sat of month: 4–6pm (3-course meal)
F, LF

COMMUNITY TABLE

Southcroft Ch (Ichthus), 276 Mitcham
La, SW16 6NU
020 8677 0880; www.southcroft.org/
Thu: 11am–3pm
BS, FF, IT

COPTIC CITY MISSION (ST MARK'S COPTIC ORTHODOX CHURCH)

0207 937 5782; copticcitymission.com/
Tue: 9–9.45pm (Spenser St, SW1E 6AA,
then Strand)
FF

EALING SOUP KITCHEN

St John's Ch Hall, Mattock La, W13 9LA
0208 840 0651; www.havengreen.org.uk/ealingsoupkitchen.htm
Sat & Sun: 3.30–5pm (St John's Ch
Room; Fri: 11am–4pm (The Crypt, St
John's; Mon: 7–9pm (Salv'n Army, 6
Leeland Rd, W13 9HH)
AH, A, FF

EAT OR HEAT

1A Jewel Rd, E17 4QU
0800 772 0212 www.eatorheat.org
Mon, Wed, Fri: 6.30–7.30pm
Emergency food: referrals@eatorheat.org.
FF

EMMANUEL CHURCH (STRATFORD)

Romford Rd/Upton La, E7 8BD

020 8522 1900
Thu: 8–10am (cooked breakfast)
FF

EMMANUEL PENTECOSTAL CHURCH

374 Lee High Rd, SE12 8RS
020 8852 8261; www.epchurchaog.com
Tue: 6–7.30pm (Life Bread)
CL, FF

FARM STREET CHURCH

020 7493 7811; farmstreet.org.uk
Mon: 8–10.30pm Oxford St route:
Davies St, Bourdon St, S Molton St,
Oxford St (S Moulton St to Oxford
Circus), top Regent St to Hanover St,
Hanover Sq, New Bond St **Berkeley Sq**
route: Berkeley Sq; Berkeley St; Green
Pk tube; Piccadilly. **Hyde Park Corner**
route: Mount St; Park Lane underpasses;
Shepherds Mkt; Curzon St.
FF

FAST58

www.fast58.org.uk/
Fri: 8.45–11pm (Strand, nr Ryman's) &
9.15–10.30pm (Waterloo, nr IMAX)
FF

FLOWING RIVERS FOUNDATION

37 Elizabeth Rd, Brentwood, Essex,
CM15 9PA
07985585996;
flowingriversfoundation.org/
Sun: 6.30–9.30pm (2nd & 3rd week –
Lincoln's Inn Fields)
CL, FF

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical services
NE Needle exchange

OL Outreach worker links
OW Outreach workers
SF Step-free
SH Sexual health
TS Tenancy support

FULL LIST
AVAILABLE ON
OUR WEBSITE



GOOD SAMARIA NETWORK

0203 651 0869; <http://www.sn-works.com/>
 Sun: 6–7pm (Lincoln's Inn Fields)
FF

GREENWICH MIGRANT HUB

Woolwich Common Com Centre, Leslie Smith Sq, SE18 4DW
 07429031389; greenwichmigranthub.com
 Tue: 10.30am–1.30pm
 Immigration, housing & domestic violence advice, and a meal for migrants.
AH, AD, BA, FF, LA, SF

HARE KRISHNA FOOD FOR ALL

07946 420 827; iskconuk.com/
 Mon–Sat: 12noon–3pm (12.00: Islip St, Kentish Tn; 13.00: Arlington Rd/Inverness St, Camden; 14.25: (York Way, King's X); Mon–Fri: 12.15am–2.30pm (LSE & SOAS); Mon–Thu: 7.30–8.30pm (Lincoln's Inn Fields)
 Vegetarian.
ET, FF, IT, LF

HARVEST OF GRACE TRINITY CENTRE

John Morris Hse Comm Centre, 164 St John's Hill, Battersea, SW11 1SW
 07904302139; www.harvestogtc.com/
 Sat: 10am–4pm (breakfast & lunch)
FF

HAVERING ISLAMIC CENTRE

91 Waterloo Rd, Romford RM7 0AA
 01708 741 333;
haveringislamiccentre.org.uk
 Wed: 6.30–7.30pm (hot meals & drinks)
FF

HOLY NATION CHURCH

020 7630 7987
 Fri: 9–11pm (Waterloo stn)
FF

JOEL COMMUNITY SERVICES

See *WINTER SHELTERS*

KALAAYAN

St Francis of Assisi Comm Centre, 13 Hippodrome Pl, W11
 0207 243 2942; www.kalayaan.org.uk/
 Wed & Thu: 2–5pm (advice); Mon–Thu: 10am–1pm (advice); Mon–Fri: 9.30am–5.30pm (social area); Sun: 1–5pm (advice & social area)
ET, F

KING'S CROSS BAPTIST CHURCH

Vernon Sq, King's Cross Rd, WC1X 9EW
 020 7837 7182; www.kingscrossbaptistchurch.com/
 Tue: 11am–1pm
FF, LF

LOVE STREATHAM

Streatham URC, 388 Streatham High Rd, SW16 6HX
www.lovestreatham.org/
 Mon: 7–9pm
 Food parcels.
FF

KEY	A Alcohol workers	B Barber	CA Careers advice	EF Ex-forces
	AC Art classes	BA Benefits advice	CL Clothing store	EO Ex-offenders
	AD Advocacy	BE Bedding available	D Drugs workers	ET Education/training
	AH Accommodation/housing advice	BS Bathroom/showers	DA Debt advice	F Food
		C Counselling	DT Dentist	FF Free food

LOVE TO THE NATIONS MINISTRY

079044 44194

Sun: 4–4.30pm (alt weeks, Charing X); Wed: 7–7.30pm (hot drinks & sandwiches, Charing X)

FF, MS

MARYLEBONE CENTRE (CHURCH ARMY)

1–5 Cosway St, NW1 5NR

020 7262 3818; churcharmy.org.uk

Mon–Thu: 9.30am–1.30pm (rough sleepers); Mon: 10.30–11.30am (drama); Tue: 10am–midday (open access; clothing); Mon: 1.30–3.30pm; Fri: 10am–midday (ESOL); Tue & Fri: 1.30–3.30pm (healthy eating); Wed: 8–9am (running); Wed: 9am–midday (Women into Work; advice); Wed: 1.30–3.30pm (Women into Work); Thu: 9am–3pm (life coaching); Thu & Fri: 1.30–3.30pm (IT, reading, writing) Women-only project. Lift for people with mobility problems.

BS, CA, CL, ET, FF, IT, L, LF, LS, MS, MD, SH, SF, TS

MINISTRY OF PRAISE

020 8808 7697; ministryofpraise.co.uk

Tue: 8pm–8.30pm (Lincoln's Inn Fields)

FF

MISSIONARIES OF CHARITY SOUP KITCHENS

020 8960 2644

Mon, Tue, Wed, Fri: 4.30–5pm (Pius X Ch Hall); Sun: 3–3.30pm (Pius X); Mon–Wed & Fri: 10–10.30am (112–116 St George's Road)

FF

MUSWELL HILL CHURCHES SOUP KITCHEN

Muswell Hill Baptist Ch, 2 Dukes Ave, N10 2PT

020 8444 7027; mhbc.org.uk/

Mon–Thu: 7.45–8.45pm; Sun: 5–6pm

FF

NIGHTWATCH

on.fb.me/1suz2AG

Mon–Sun: 9.30–10pm (Queen's Gdns, Croydon)

Sandwiches, hot drinks, clothes.

CL, ET, FF

NOTRE DAME CHURCH

020 7440 2660

Sat: 12.30am–2.30pm; Mon & Thu:

11am–4pm (refugees)

Sandwiches from ground floor Maison Pierre Chanel, 16 Leicester Sq.

FF

OPEN DOOR MEAL

St James the Less Parish Centre, Thorndike St, Nr Moreton St, SW1V 2PT

020 7630 6282; www.sjtl.org/

getinvolved/open-door-meal/

Fri: 7–9pm (2nd and 4th wks of month.)

FF

ORDER OF MALTA SOUP KITCHEN

Crypt of St James's Spanish Place Ch, 22 George St, W1U 3QY

Thu: 7.45–9pm; Thu: 7.30–9pm (café, St James's); Wed: 6.15–7.45am (breakfast,

Challoner Rm, 24 Golden Sq W1F 9JR)

CL, F, FF

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical services
NE Needle exchange

OL Outreach worker links
OW Outreach workers
SF Step-free
SH Sexual health
TS Tenancy support



OUR LADY OF HAL

165 Arlington Rd, Camden Tn, NW1 7EX
 020 7485 2727; parish.rcdow.org.uk/
 camdentown/
 Tue, Wed, Fri, Sat: 12.45am–2pm
FF

REMAR ASSOCIATION UK

020 8539 0452; www.remar.uk.com/
 Wed: 7.30–8.30pm (William IV St)
A, D, FF

ROYAL CONNECTIONS

The Hub Studios, 90 Monier Rd (off
 Wick Lane), Bow, E3 2ND
 0300 111 1111; royalconnections.
 org.uk
 Sun: 4–6pm (meal 4th Sun of month)
AH, B, CA, D, ET, FF, LA, MS

SADHU VASWANI CENTRE

0844 500 1744; sadhuvaswaniuk.com
 Wed: 8–8.30pm (Lincoln's Inn Fields)
 Indian food, drinks, chocolates and fruit.
FF

SALLY'S KITCHEN

Salvation Army Hall, Southwell Gr,
 Leytonstone, E11 4PP
 07944281485; on.fb.me/1J1HkcP
 Tue: midday–1.30pm
FF

SEVENTH DAY ADVENTIST CHURCH

020 8800 8422; stokeysdachurch.
 org.uk/
 Wed: 12.15am–1.30pm (drop-in); Sun:
 7–7.30pm (Lincoln's Inn Fields)
FF

SILOAM COMMUNITY SERVICES

c/o 217a Gordon Rd, SE15 3RT
 020 8695 8873; siloamcs.co.uk/
 Tue: 7–8pm (cooked meal); Tue & Thu:
 10am–2pm (community café & drop-in)
AH, BA, CL, F, FF, MH, SF, TS

SIMON COMMUNITY (HOUSE OF HOSPITALITY)

See *WINTER SHELTERS*

ST ANDREW'S CHURCH

Star Centre, Greyhound Rd, W14 9SX
 07956 587176; standrewsfulham.
 com/
 Sat: 8–12.30am
 Meal; sandwiches to take away; showers;
 clothing; fortnightly medical attention.
CL, FF

ST ANNE'S DROP-IN KITCHEN

Ch Hall, Hemsworth St, N1 6TS
 07847 761 361
 Sat: 5–7pm
FF

ST IGNATIUS'S CHURCH

Sat: 7.30–8.15pm (Lincoln's Inn Fields)
FF

ST JAMES CONFERENCE OF SOCIETY OF ST VINCENT DE PAUL

www.svp.org.uk/soup-runs
 Tue & Fri: 7.45–8.15pm (Lincoln's Inn)
FF

ST JOHN THE EVANGELIST

39 Duncan Terr, Islington, N1 8AL
 020 7226 3277; parish.rcdow.org.uk/

KEY	A Alcohol workers	B Barber	CA Careers advice	EF Ex-forces
	AC Art classes	BA Benefits advice	CL Clothing store	EO Ex-offenders
	AD Advocacy	BE Bedding available	D Drugs workers	ET Education/training
	AH Accommodation/ housing advice	BS Bathroom/showers	DA Debt advice	F Food
		C Counselling	DT Dentist	FF Free food

islington/

Tue–Sat: 12.30pm–1.30pm

FF

ST JOHN VIANNEY CHURCH

020 8888 5518; parish.rcdow.org.uk/westgreen/

Sat: 5.30–6pm (Temple)

CL, FF

ST JOHN'S SOUP KITCHEN

St John the Evangelist, Brownswood Pk, Gloucester Dr, N4 2LW

www.sjebp.com/soup-kitchen.html

Tue: 7.30–9.15pm

Vegetarian.

FF

ST MONICA'S CHURCH

020 8886 9568; stmonica.co.uk/Contactus.htm

Tue: 8.15–8.45pm (Temple)

FF

ST PATRICK'S OPEN HOUSE

21a Soho Square, W1D 4NR

020 7437 2010; <http://stppatricksoho.org/outreach/open-house/>

Tue & Thu: 7–9pm (registration 6.30);

Sun: 6–8pm (film club, 1st Sun of month)

FF

ST THOMAS OF CANTERBURY CHURCH

Wed: 9–9.30pm (2nd and last of the month, Lincoln's Inn Fields)

www.stthomaswoodford.org

FF, CL

STREET SOULS

143 Lee Rd, SE3 9DJ

020 852 0467; en-gb.facebook.com/streetsoulshomeless/

Fri: 8–9pm (St Stephen's, Rochester Row, and W'minster Cathedral)

CL, FF

STREETLYTES

020 7603 7956; www.streetlytes.org/

Mon: 6–9pm (St Stephen's Ch)

Open to anyone homeless or skint.

AH, AD, A, BE, CL, D, FF, OL, OW

SUFRA NW LONDON

160 Pitfield Way, Stonebridge, NW10 0PW

0203 441 1335; www.sufra-nwlondon.org.uk/

Wed & Sun: midday–3pm (food bank by referral); Wed & Sun: 10am–2pm

(Growing Club); Mon–Sun: 10am–6pm

(office); Fri: 6–8.30pm (vegetarian meal)

AD, BE, BA, CL, ET, FF

TEEN CHALLENGE LONDON

020 8553 3338; www.tclondon.org.uk/

Mon: 9–11pm (Whitechapel); Tue:

9–11.30pm (Hackney); Thu: 9–10.30pm

(Ealing); Wed: 9–11.30pm (Brixton); Sat:

9–11.30pm Stratford Central Baptist Ch;

Fri: 9–11.30pm (Waterloo stn)

FF, OW

THE CABIN

St Gabriel's Comm Centre, 21 Hatchard Rd, N19 4NG

020 7272 8195

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical services
NE Needle exchange

OL Outreach worker links
OW Outreach workers
SF Step-free
SH Sexual health
TS Tenancy support

FULL LIST
AVAILABLE ON
OUR WEBSITE



The List

Mon–Sun: 8.30–9.30am; Thu: midday–1pm

FF

THE HUB

101a Pears Rd, Hounslow, TW3 1SS
020 8569 5359; www.cccwl.co.uk/
Tue & Thu: 10am–midday (drop-in)
Low-cost coffee and tea.

F

THE MANNA PROJECT

St Stephen's, 17 Canonbury Rd, N1 2DF
020 7226 5369; www.themanna.org.uk
Tue: 7–9pm; Fri: 9–11am; Wed: 1–3pm
AS, AD, A, AC, BS, BE, BA, CA, CL, FF, IT, L, LA, LF, MD, OL, SF, TS

THE MANNA CENTRE

12 Melior St, SE1 3QP
020 7357 9363; mannasociety.org.uk
Thu: 9.30am–1pm (health advice for refugees); Mon–Fri: 10.30am–1pm (IT); Mon & Wed: 10–11am (clothing); Tue: 10am–1pm (chiropodist 1st & 3rd wks); Tue: 9.30–12noon (mental health); Wed: 10am–1pm (osteopath); Thu: 9.30am–1pm (DWP); Sun: 10.30–11.30am (clothing, 2nd, 3rd & last of month); Mon & Fri: 9.30am–1pm (nurse)
AH, BS, BA, CL, ET, FF, FC, MS, MH, SF

THE PENGEL RUN

Sat: 8pm–8.30pm (2nd week of month, Tothill St); Sat: 10.15–10.45pm (2nd week of month, Lincoln's Inn)
CL, FF

THE SWISS CHURCH

79 Endell St, WC2H 9DY
020 7836 1418; swisschurchlondon.org.uk/community/local-community

Tue: 8–10am (breakfast on the steps)

FF

THE VISION ORGANISATION UK

St Silas Comm Hall, Penton St, N1 9UL
07405200064; www.thevision.org.uk/
Wed: 7–8pm (Lincoln's Inn: food, drink, toiletries); Thu: 7–9pm (meal, clothes, books)

B, CA, CL, FF

TREM (PLACE OF OUR SANCTUARY)

84 Lillie Rd, Fulham, SW6 1TL
0207 381 5366; tremfulham.org.uk
Sat: 2–4.30pm (1st Sat of month)
CA, FF

TRIUMPHANT CHURCH INT'L

136 W Green Rd, S Tottenham, N15 5AD
020 8800 6001; www.triumphant.org.uk/community-outreach/homeless-weekly-feeding/
Sun: 11am–2pm (food bank); Wed: 7–8pm (meal); Sun: 9–10am (breakfast)
Food bank by referral.
AD, CL, FF

UCHARITY

020 3642 6868; www.ucharity.org.uk/
Mon: 9–11pm (9–10, Waterloo nr Imap; 10.15–11.15, Strand nr Charing X station)
FF

URBAN TABLE

The Round Chapel (Clapton Park URC), Powerscroft Rd, E5 0PU
020 8533 9676; www.web.theroundchapel.org.uk/community/urban-table
Sun: 2.30–4pm
FF

A man in a red vest with 'THE BIG ISSUE' logo is smiling and handing a coin to an elderly woman on a busy city street. He is holding a copy of 'THE BIG ISSUE' magazine, which features a 'NEXT BIG IDEA' section. The woman is wearing a blue jacket and a purple and white patterned scarf. The background shows a blurred city street with other pedestrians and buildings.

Become a vendor

THE BIG ISSUE

Looking for a flexible way to earn extra cash and develop new skills?

Selling The Big Issue allows you to work when you want, and you can earn a decent living.

Selling the magazine also improves your people skills and sales skills, and places you at the heart of a loyal community of customers and supporters.

You'll get **5 free magazines** so you can start earning straight away, and you'll receive ongoing support from our team.

Go to www.bigissue.com/become-a-vendor to find out more or call **020 7526 3445**

VICTORY INTERNATIONAL CHURCH

77 Coburg Rd, Wood Green, N22 6UB
020 8617 1715; vicintchurch.org.uk/
Wed: midday–1pm

FF

WALTHAM FOREST FEET ON THE STREETS

07448633694; <https://www.facebook.com/groups/651185971671776/>

To find out when their next soup run is, ring or email feetonthestreets@hotmail.com.

FF

WYCOMBE & MARLOW GROUP

Tue: 8.15–8.45pm (Lincoln's Inn Fields)

FF, CL

WINTER SHELTERS

999 CLUB (DEPTFORD CENTRE)

21 Deptford Bdwy, SE8 4PA
999club.org; 020 8695 5797

Winter shelter: 24 Sep to 31 Mar,
6.30–8.30am.

Referrals via agencies of the 999 Club Gateway Centre. 21+, dry, 30 spaces.

AH, AD, A, B, BA, BS, CA, D, ET, FC, IT, L, MS, MH, TS, LA

BROMLEY WINTER NIGHT SHELTER

bromleyshelter.weebly.com; 07806 602 347; bromleyshelter@gmail.com

21 Nov to 15 Mar: 7.30pm–7am

18+, mixed, beds for 12, dry, no-smoking. Bromley Council Homelessness

Team or agency for local connection; ring shelter for other spaces. Additional shelter runs 30 Dec 2018 to 19 Mar 2019.

AH, F

C4WS HOMELESS PROJECT NIGHT SHELTER (CAMDEN)

c4wshomelessproject.org/; 020 7278 6267

6 Nov to 2 Apr: 7.30pm–8.45am

Spaces for 16, separate sleeping areas for women. Referrals from Camden agencies.

AH, BA, CA, ET, F, LF, OL

CARIS ISLINGTON CHURCHES COLD WEATHER SHELTER

<http://www.carisisington.org/>; 07913 020738

Phone after emailing registration form.

15 guests; 18+, dry. Opens January; dates and times TBC.

AD, BS, BE, CL, F, IT, L, OL

CROYDON CHURCHES FLOATING SHELTER

www.croydonfloatingshelter.org;
07752 272481

1 Nov to March, 7.30pm–8am

Referrals via Croydon Reach (020 7870 8855), Croydon SNAP (020 8760 5498), Crisis (020 2848 1700) and Turnaround (020 8760 5530). Agencies should phone 8am–4pm to check vacancies. 14 bed spaces.

AH, F

KEY	A Alcohol workers	B Barber
	AC Art classes	BA Benefits advice
	AD Advocacy	BE Bedding available
	AH Accommodation/ housing advice	BS Bathroom/showers
		C Counselling

CA Careers advice	EF Ex-forces
CL Clothing store	EO Ex-offenders
D Drugs workers	ET Education/training
DA Debt advice	F Food
DT Dentist	FF Free food

EALING CHURCHES WINTER NIGHT SHELTER

www.ecwns.org.uk; 07930 378263;

office@ecwns.org.uk

25 Nov to 31 Mar, 7.30pm-8.30am

Referral via St Mungo's outreach team

(020 8840 9653), Acton Homeless

Concern (020 8992 5768) or Ealing

Soup Kitchen (020 8566 3507 x208). 14

spaces. No self-referral.

AH, AD, BA, OL

FINCHLEY CHURCHES WINTER SHELTER

www.habcentre.org; 020 8446 8400

Oct to Mar, 8pm-8am

Referrals from HAB – 020 8446 8400. 15

beds, 18+, mixed, dry.

F, AH

FOREST CHURCHES EMERGENCY NIGHT SHELTER

<http://forestnightshelter.org.uk/>;

07739 870411

1 Nov to 31 Mar: 8pm-7.30am

18+; mixed; dry; 30 spaces. Separate

area for women. 18+. Phone 07739 870

411 before 3.00pm Mon-Fri or visit St

Mungo's Hub or WF Housing Services

for referral.

AH, BS, F

GLASS DOOR HOMELESS CHARITY

155a Kings Road, Chelsea, SW3 5TX

www.glassdoor.org.uk; 020 7351 4948

Winter shelter: 5 Nov to 7 Apr: 8pm-

7am (visit or phone to check vacancies);

Not all night shelters are step-free.

AH, BS, CA, CL, ET, F, L, IT

GLASS DOOR NIGHT SHELTERS WANDSWORTH

www.glassdoor.org.uk; 020 7351 4948

5 Nov to 7 Apr: 8pm-7am

30 spaces, 18+, separate areas for

women. For self-referral, phone Mon-Fri,

9am-5pm.

AH, F

GREENWICH WINTER NIGHT SHELTER

churchgreenwich.org.uk/page44.html;

07985 496905

3 Jan to 29 Mar: 7pm-8.30am

Referral by agencies must be confirmed

by GWNS project worker. 18+, mixed,

15 places.

F

GROWTH (TOWER HAMLETS)

thisisgrowth.org/referral-agencies/;

admin@thisisgrowth.org

302 The Highway, Shadwell E1W 3DH

1 Nov to 1 Jun: 7pm-7am

Referrals: Whitechapel Mission, Health

E1, Crisis, U-Turn Women's Project,

Praxis, SCT, TH Floating Support and

City Gateway. 18+; dry; mixed; 15 spaces

AH, AD, F

HACKNEY WINTER NIGHT SHELTER

www.hwns.org.uk; 020 853 3808,

077361 60282

1 Nov to 30 Mar: 7.30pm-8am (6.30pm

Sun)

Mixed; beds for 25 (screened area for

women); dry. Agency referrals only –

leave message if voicemail.

AH, AD, C, F, OL, OW

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical services
NE Needle exchange

OL Outreach worker links
OW Outreach workers
SF Step-free
SH Sexual health
TS Tenancy support

FULL LIST
AVAILABLE ON
OUR WEBSITE



HILLINGDON WINTER NIGHT SHELTERS

www.trinityhomelessprojects.org.uk/nightshtelter.htm; 01895 556633

21 Jan to 3 Mar: 6pm-8am

18+, men only, beds for 5, agency or self-referral, dry.

AH, F

HOPE 4 BARKING NIGHT SHELTER

<http://h4bd.org.uk/>; 07527 192161

Mon-Sun: 7.30pm-8am

Year-round shelter for 15 people aged 18+ in Barking & Dagenham.

Self- or agency referrals. Ring or email h4bdnighshelter@outlook.com.

AH, F, AD, BS

HOPE 4 HAVERING

www.hope4havering.org/;

01708226972; 07488915305

Year-round shelter for 20 people, 18+.

Self- and agency referrals.

F, AH

JOEL NIGHT SHELTER

www.kcah.org.uk; 0208 255 7400

Night shelter: 1 Feb to 14 Mar: 7pm-

9am. Tue: 8.30-9.30am (conflict

resolution) & 10am-1pm (art); Thu:

10am-2pm ('cook and eat'); Mon-Fri:

10am-1pm (drop-in advice)

Referrals via KCAH (020 8255 7400).

Single people with a connection to Kingston.

AH, AD, AC, B, BS, BE, CL, ET, F, FC, IT, L, LF, LS, TS

MERTON WINTER NIGHT SHELTER

ymcastpaulsgroup.org; 020 8544 6697

26 Nov to 11 Mar: 6.30pm-8.30am

Self- and agency referral – form: <https://bit.ly/20Myusa>. 18+, dry, mixed, 12 spaces.

F, AH

NEWWAY PROJECT (NEWHAM)

www.newwayproject.org; 07772 604222

1 Oct to 30 Apr: 7.30pm-8.30am

Referrals from Street Population

Outreach Team. 18+; dry; mixed; 15

spaces. Must have Newham connection.

AH, AD, A, DA, D, F, L, TS

ROBES PROJECT (SOUTHWARK & LAMBETH)

robes.org.uk; 020 7407 5623

5 Nov to 14 Apr: 7pm-8am

Referrals through Manna Soc, Spires,

Ace of Clubs, Webber St, Crisis,

Southwark Day Centre, Southwark

SPOT, Lambeth SST, The Big Issue,

Shelter. 18+, 35 bed spaces, low support needs.

AH, AD, BA, BS, BE, F

SIMON COMMUNITY

www.simoncommunity.org.uk; 020 7485 6639

Winter shelter: 1 Jan to 31 Mar: 7pm-8am

Mon, Wed, Fri: 7.15-8pm (tea run: 7.15

Arundel St; 7.30 Burleigh St; 7.50 Covent

Gdn); Thu: 8.30pm-1.30am (soup run:

Duke's Rd/Euston; Temple; under W'loo

Br, behind NT); Sat & Sun: 1.30-3.30pm

KEY

A Alcohol workers

AC Art classes

AD Advocacy

AH Accommodation/
housing advice

B Barber

BA Benefits advice

BE Bedding available

BS Bathroom/showers

C Counselling

CA Careers advice

CL Clothing store

D Drugs workers

DA Debt advice

DT Dentist

EF Ex-forces

EO Ex-offenders

ET Education/training

F Food

FF Free food

(street cafe: St Giles, nr Centrepoint);
Mon, Wed, Fri: 9:30pm-11:30pm (street
work)

Outreach support out on the streets,
taking food and support to their
homeless guests in central London.

Winter shelter referral via Simon

Community outreach services and

Quaker Homeless Action.

Winter shelter referral via their outreach
services and Quaker Homeless Action.

F, CL

THE HAVEN

www.kcah.org.uk; 020 8255 7400

24 Sep to 31 Jan: 6pm-7.30am

18+, mixed, beds for 30 (separate area
for women), agency or self-referral (via
KCAH's housing advice sessions Mon-Fri
10am-1pm), dry.

AH, AD, F

THE SALVATION ARMY REDBRIDGE COLD WEATHER SHELTER

<https://www.salvationarmy.org.uk/>;
020 8514 3283 (referrals)

12 Nov to June: 8pm-7am

Referrals via Welcome Project, Ilford:
0208 514 3283. 28 bed spaces.

F

THE SHELTER PROJECT (HOUNSLOW)

07804 654510

Dec to Mar: 8pm-7.30am

21+; men only; beds for 14. Medium- to
high support needs, asylum seekers,
NRPF. Referral via Partnership Hounslow,
Refugee Action, Street Legal West, Olive

Branch Homeless Drop-in.

AH, F

TOGETHER IN BARNET WINTER SHELTER

www.habcentre.org; 020 8446 8400

8 Oct to 5 May: 7.30pm-8.30am

18+, mixed, beds for 15; dry. Referral
via HAB (020 8446 8400; admin@
togetherinbarnet.org) and agencies.

AH, F

WLM NIGHT SHELTER (WESTMINSTER)

www.wlm.org.uk; 0793 0258252

3 Oct to 30 May: 7pm-7.30am

25+; dry; mixed; 15 spaces (separate
area for women). Referral: West London
Day Centre, 134-136 Seymour Pl.

AH, F

WORK

The complete list is available at
thePavement.org.uk/services

999 CLUB (DEPTFORD CENTRE)

See *WINTER SHELTERS*

ACE OF CLUBS

aceofclubs.org.uk, 020 7720 2811

St Alphonsus Rd, Clapham SW4 7AS

Mon-Fri: midday-3pm

Accredited education courses.

AH, B, BA, BS, BE, CL, ET, F, MS, OL

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical services
NE Needle exchange

OL Outreach worker links
OW Outreach workers
SF Step-free
SH Sexual health
TS Tenancy support



BE ENRICHED

<http://www.be-enriched.org.uk>; hello@be-enriched.org; 07397 288160
URC, Rookstone Road, SW17 9NQ
Mon: 12:30pm-2:30pm Crossways
Ch, 18 Hampton St, SE1 6SN; Tue:
7-9pm Cooking Proj, 1 Ethelburga St,
SW11 4AG; Fri: 12:30pm-2:30pm URC,
Rookstone Rd, SW17 9NQ
Connecting people through community
activities. Free or pay-as-you-can
community meals three days a week.
Volunteering or training opportunities
through cooking lessons.

FF, F

BIKEWORKS CIC

www.bikeworks.org.uk; 020 8980 7998
Mon-Fri: 8.30am-6.30pm; Sat: 10am-
5pm; Sun: 11am-5pm
Training, employment, work experience.
City and Guilds accreditation.

CA, ET

CLAPTON COMMUNITY DROP-IN

web.theroundchapel.org.uk; 020 8533
9676

Round Chapel, Powerscroft Rd, E5 OPU
Sun: 2.30-4pm; Wed: 12.30pm-3.30pm
(Job Club)

Support to access Universal Job Match,
write a CV and apply for jobs.

MH, BA, CA, FF, OL, LA

CLEAN SLATE TRAINING & EMPLOYMENT

www.cleanslateltd.co.uk/london.html;
020 3540 7420

Elmfield Hse, 5 Stockwell Mews,

Stockwell Rd, SW9 9GX
Mon & Fri: 10am-1.30pm (drop-in)
Works with long-term unemployed
people, ex-offenders, those with
histories of substance abuse, and
people with learning and physical
disabilities.

CA, ET

CONNECTION CREW CIC

connectioncrew.co.uk; 0844 822 1515

23 Jacob St, SE1 2BG

The Connection Crew Academy covers
event crewing and work skills.

ET

CRACKED IT

www.crackedit.org

Benwell Studios, 11-13 Benwell Rd, N77BL
Trains and employs young people to
repair smartphones. Get in touch for
details about courses in your area.

ET

CRISIS SKYLIGHT (LONDON)

crisis.org.uk; 0300 636 1967

66 Commercial St, E1 6LT

Workshop programme from the website.
Additional support available regarding
employment and from the progression
team.

MH, ET, SF

FOYER FEDERATION

foyer.net; 020 7430 2212

Provides more than 10,000 16-25-year-
olds with accommodation, training, job
search and support.

AH, AD, CA, C, ET

KEY	A Alcohol workers	B Barber
	AC Art classes	BA Benefits advice
	AD Advocacy	BE Bedding available
	AH Accommodation/ housing advice	BS Bathroom/showers
		C Counselling

CA Careers advice	EF Ex-forces
CL Clothing store	EO Ex-offenders
D Drugs workers	ET Education/training
DA Debt advice	F Food
DT Dentist	FF Free food

GROUNDSWELL HOMELESS HEALTH PEER ADVOCACY

groundswell.org.uk; 020 7725 2851
St Matthew's Ch, Brixton Hill, SW2 1JF
Mon-Fri: 9am-5pm (appointments for peer support)

Peer advocates support homeless people to access healthcare in Westminster, Hammersmith & Fulham, Kensington & Chelsea, Camden, Hackney, Hounslow and Wandsworth.

MH, AD, ET, OW

HERTS YOUNG HOMELESS (HYH)

www.hyh.org.uk; Info@hyh.org.uk;
freephone 16-17years-old 03003 230130, freephone 18-24 08000 355 775

1st Fl, Gracemead Hse, Woods Ave, Hatfield AL10 8HX
Mon-Fri: 9am-5pm (need appointment)
Mediation, education, advice, support etc. Advice line: 0844 833 0933.

AD, C, ET

HOUSE OF ST BARNABAS

hosb.org.uk; employmentacademy@hosb.org.uk;
020 7437 1894
1 Greek St, W1D 4NQ

Mon-Fri: 10am-5pm
Employment Academy for people who are homeless and want to work in hospitality or events.

ET

MOSAIC CLUBHOUSE

www.mosaic-clubhouse.org; 020 7924 9657
65 Effra Rd, SW2 1BZ

Supports people's recovery with mental health by engaging them in running the service, including the café, reception and business unit. Links to employment, adult education, wellness workshops.

MH, BA, CA, ET

ROYAL BRITISH LEGION

www.britishlegion.org.uk; 0800 8028080

Mon-Sun: 8am-8pm (contact centres)

AH, AD, BA, CA, DA, ET, IT, OW, TS

SMART WORKS

smartworks.org.uk

Unit 2, Shepperton Hse 89-93 Shepperton Rd, N1 3DF
Smart clothing for women for job interviews. Mentoring programme and referral to employability programmes.

CL

ST MUNGO'S (WAS BROADWAY DAY CENTRE)

www.mungos.org; 020 3856 6000
13 Market La, W12 8EZ

The recovery college offers a wide range of courses. Call 020 8735 5833 for info.

MH, AC, CL, ET, FC, MS, MD, OW

THAMES REACH (EMPLOYMENT ACADEMY)

thamesreach.org.uk; 020 7702 4260
29 Peckham Rd, SE5 8UA

Mon-Fri: 9am-4pm
Wide range of services, activities and accommodation projects.

MH, AH, CA, ET, IT, OL, OW, TS

FC Foot care
IT Internet access
LA Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical services
NE Needle exchange

OL Outreach worker links
OW Outreach workers
SF Step-free
SH Sexual health
TS Tenancy support

FULL LIST
AVAILABLE ON
OUR WEBSITE



THE BIG ISSUE

www.bigissue.com; 020 7526 3200
1–5 Wandsworth Rd Vauxhall, SW8 2LN
Earn income by selling a quality magazine. The Foundation provides jobs, education and training.
ET, CA

THE CONNECTION AT ST MARTIN IN THE FIELDS

www.connection-at-stmartins.org.uk;
020 7766 5544
12 Adelaide St, WC2N 4HW
Mon, Tue, Thu, Fri: 9am–1pm; Wed:
9am–12.30pm; Sat & Sun: 9am–1pm
(invite only)
Visit website to see their wide range of services.
MH, AH, A, AC, BA, BS, CA, CL, D, ET, F, FC, IT, MS, MD, OW, SF

THE YOUTH HUB

www.theyouthhub.co.uk; info@theyouthhub.co.uk; 0203 283 8616
Mon–Fri: 9am–5pm
Connecting teens, young adults, employers, training providers and charities to each other.
CA, ET

TRINITY HOMELESS PROJECTS

www.wearetrinity.org.uk; info@wearetrinity.org.uk; 01895 256655
Bay Lodge, 36 Harefield Rd, Uxbridge UB8 1PH
Mon–Fri: 8.30am–5pm
Supported housing; opportunities for learning, training and qualifications; and opportunities to secure a living wage. Literacy and numeracy programmes.
AH, AD, BA, CA, DA, ET, TS

WANDSWORTH COMMUNITY DRUG AND ALCOHOL SERVICE (WCDAS)

wandsworth.gov.uk; 020 8812 4120
St John's Therapy Centre, 162 St John's Hill, Battersea SW11 1SW
Mon, Tue, Thu, Fri: 9am–4.30pm; Wed: 1–7pm
A consortium between SLaM NHS Foundation Trust, Addaction and St Mungo's which provides specialist treatment for Wandsworth adults affected by drug and/or alcohol issues.
MH, A, D, ET, MS, NE, OL, OW, SH, SF

WORKING CHANCE

workingchance.org; info@workingchance.org; 0207 278 1532
24–27 White Lion St, N1 9PD
Supports women with criminal convictions into sustainable, quality employment. They place candidates into a huge variety of jobs in hospitality, finance and media, as well as the public and third sectors. They also provide support around CV writing, interview practice and disclosing their conviction to potential employers.
AH, AD, BA, C, DA, ET, TS

YMCA

www.ymca.org.uk; enquiries@ymca.org.uk; 020 7186 9500
Housing, training and community health organisation that runs hostels for homeless young people. Check the website for details.
AH, AD, BA, CA, ET, MS