

A watercolor illustration of a network diagram. It features a central, large, dark blue and black watercolor blob. From this central node, several black lines radiate outwards, connecting to various smaller, colorful watercolor blobs in shades of red, green, yellow, and blue. The overall effect is a complex, interconnected web of nodes and lines, rendered in a soft, artistic style.

the **Pavement**

The free magazine for homeless people

Issue 135: Opportunity
December 2021 – January 2022

Missing



Derek Brant

Derek went missing from Summertown, Oxfordshire on 23 July 2021. He was 62 years old at the time.

Derek, we're here for you whenever you need us. We can talk through your options, send a message for you and help you be safe. Call/text 116 000. It's free and confidential.



Gurpreet Singh-Malohotra

Gurpreet has been missing from Houslow, London since 26 October 2021. He was 40 years old at the time of his disappearance.

Gurpreet can call our free, confidential helpline for support and advice without judgement and the opportunity to send a message to loved ones. Call/text 116 000 or email 116000@missingpeople.org.uk.

If you think you may know something about Derek or Gurpreet, you can contact our helpline anonymously on 116 000 or 116000@missingpeople.org.uk, or you can send a letter to 'Freepost Missing People'.

Our helpline is also available for anyone who is missing, away from home or thinking of leaving. We can talk through your options, give you advice and support or pass a message to someone.

Free and confidential.

**missing
people**

Registered charity in England and Wales (1020419)
and in Scotland (SC047419)

A lifeline when someone disappears

TURN TO PAGES A – P
FOR THE LIST OF SERVICES

Cover: Our cover artwork is by the artist SK, a member of the New Art Studio, a therapeutic art studio for asylum seekers and refugees. Members of the New Art Studio have survived imprisonment, torture, and the loss of family, country and identity. Find out more about New Art Studio's work on their website:

www.newartstudio.org.uk

The Pavement magazine

- www.thepavement.org.uk
- twitter.com/thepavementmag
- facebook.com/thepavementmag
- instagram.com/pavement_magazine

London/Scotland Issue 135 December 2021 - January 2022

Published by *the Pavement*

Registered Charity Number 1110656

www.thepavement.org.uk

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The Pavement (print) ISSN 1757-0476
The Pavement (online) ISSN 1757-0484

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A wintry scene © *the Pavement*

It's that time of year: This issue of *the Pavement* arrives as winter shelters have begun to open up for the season and festive day centres, such as Crisis at Xmas are on the horizon. You can find information about accommodation and day centres in the List of services in the centre pages of the magazine. You can also find information about Crisis at Xmas in Ian's column on page 18. As the temperature plummets, it's vital to keep warm and find shelter. The Everyone In scheme is over, but local authorities across the UK will have Severe Weather Emergency Protocols ensuring shelter is available for when severe weather is forecast, such as the freezing cold. Winter also brings its health concerns. See page 24 for health information courtesy of our good friends at Groundswell.

- **A more extensive directory of services is available on our website. Please visit: www.thepavement.org.uk/services**

Welcome to *the Pavement*: a magazine for homeless readers

We're a small charity, founded in London in 2005, producing a pocket-sized mag full of news, views and cartoons that helps people in moments of crisis as well as giving info which may be needed to move on. Right in the centre is a list of places to help you.

We believe that sleeping rough is physically and mentally harmful, but reject the view that a one-size-fits-all approach to getting people off the streets works. Each issue we print 8,500 FREE bimonthly magazines written for homeless and insecurely-housed readers in London and Scotland. You can find *the Pavement* at hostels, day centres, homeless surgeries, soup-runs and libraries.

Help needed

We are always looking for volunteer journalists and photographers to create exclusive content that's written with our readers in mind. We particularly welcome those who've experienced homelessness. Or can you fundraise or donate so we can keep providing *the Pavement* for free? We also need London volunteers to help with distribution.

A big thank you to our readers and writers.

- editor@thepavement.org.uk

Opportunity awaits

Opportunities in life come and go. We can take them or leave them, and either choice will inevitably lead to further opportunities themselves. The theme of this magazine runs through almost every page. Stories of opportunities taken, events that offered our writers the opportunity to learn, to make mistakes, to grow and develop, to give them a second chance, an opportunity to rebuild, start anew. Opportunities that have changed lives.

Take our special feature on page 12. Viki endured a tough stay at a hostel accommodation, experienced homelessness, but has gradually worked her way to a happier, more fulfilling life. Then there's Michelle, whose story can be read on page 26. Michelle has used her artistic talent as an opportunity to rebuild after experiencing trauma.

We're also so happy to welcome back Mat Amp, our deputy editor and regular columnist, to these pages. Mat had some time off to recover from ill-health, and returns in an enlightened blaze of glory, perspective and deep reflection. See page 20.

In amongst all of that there's the regular news, views and cartoons from a remarkable group of writers and artists. Thanks to everyone who contributed, and thanks for reading. Merry Xmas, happy holidays, and happy new year!

Stay safe.

the Pavement team

www.pavement.org.uk

The annual service of commemoration for those who have been homeless and have died in the last year was held at St Martin-in-the-Fields in early November. Everybody at the magazine would like to extend their thanks to the organisers of the vigil, namely St Martin-in-the-



Trust © Don Pollard

Fields, The Connection at St Martin's, Housing Justice and the Museum of Homelessness. For those who have lost somebody this past year, we are deeply sorry. We send you our strength and love. We will remember them.

Reshuffle kerfuffle

So, farewell Robert Jenrick, and welcome Michael Gove. Like a mad game of musical chairs, only with far greater consequences, the cabinet reshuffle saw numerous ministers rotating roles in government. Gove replaces Jenrick as secretary of state at the Ministry of Housing, Communities and Local Government. Gove started his new role in September and is tasked with creating a strategy to deliver the government's target of eradicating rough sleeping altogether.

Fresh start

According to industry website *British Baker*, the food chain Greggs has launched a partnership with Only a Pavement Away, a charity that helps connect people facing homelessness with jobs within the hospitality industry. Roisin Currie, Greggs' People and Retail Director, said this partnership will help them "further support people facing homelessness," by providing a "fresh start" to those who need it. Only a Pavement Away aims to create more than 700 jobs for those with insecure housing by 2024.

- **Visit the Only a Pavement Away website for information about this scheme and similar ones at: onlyapavementaway.co.uk**

Quiz master

Many will know Jay Flynn, who during lockdown became an internet sensation through hosting virtual pub quizzes – which attracted more than half a million participants and raised more than £1m for charity. However, his life was very different in 2012. After a job loss and relationship breakdown, Flynn found himself on a bench in South Bank. For two years, he struggled to access the help he needed. This was before The Connection at St Martin-in-the-Fields came to his aid, helping, Flynn says, to rebuild him from "a shell of a person." In October, the *Lancashire Times* reported he ran the London Marathon in aid of The Connection, running past the bench he used to sleep on.

- **Find information about The Connection at St Martin-in-the-Fields and other services in the List (pages A-P)**

Food for thought

Khaled Wakkaa fled the Syrian civil war in 2013. Before securing asylum in the UK in 2017, he and his family struggled. His wife fell seriously ill and with no funds to support themselves, she was denied entry to a Lebanese hospital. Thanks to donations from strangers she was able to access healthcare. Khaled said that this experience, alongside

Centene update

The latest on issue 132's news story about a US health insurance firm's efforts to take over numerous UK-based services. The Centene Corporation took over 49 privately run GP surgeries in 2021, also taking on NHS-funded contracts including the Camden Health Improvement Practice for homeless patients. Courts will now examine whether the acquisition of these GP services was lawful. Islington councillor Anjna Khurana has – with the support of doctors, academics and campaigners – demanded a judicial review of the deal, and lawyers representing her confirmed to *Private Eye* the courts will now consider “the serious and widespread public concerns” over the deal.

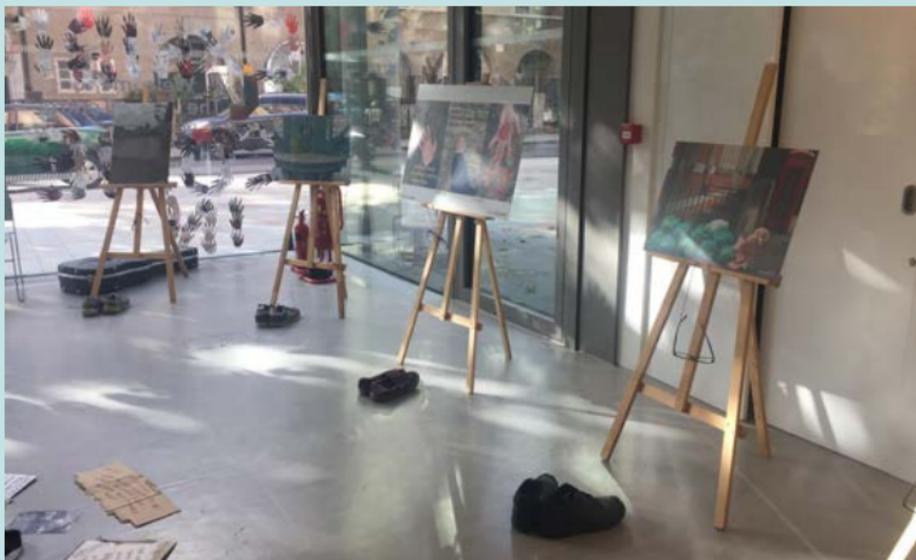
Foul play

As the football season approaches its festive fixture pile-up in December, Premier League clubs in England's top division hoped to raise funds for the homeless charity Shelter by having ‘home’ clubs play in their away strips. The unused home shirts were to be signed by players and then auctioned off, *Sky Sports* reported in November. Alas, the fundraising scheme was refused almost immediately by the Premier League. The league released a statement explaining the request would contravene its rules on supporting charities “centrally”.

other caring strangers that helped him on his journey to the UK, has compelled him to repay this action, by engaging in voluntary work. Wakkaa spends most of his Sundays distributing home-cooked Syrian vegetarian meals to homeless people in **Exeter** city centre. “I understand what it's like to be hungry,” he told the *Guardian* in October. Wakkaa now dreams of opening a Syrian street food van. With help from his local community in the UK, he is now accessing the training to turn his dream into a reality.

Token gesture...

Following the death of Billy Abernethy-Hope, his family launched ‘Billy Chips’, a new scheme aimed at tackling homelessness and food poverty. Being an ambulance driver, Billy worked with many vulnerable and homeless people. Before his death, Billy told his family about his idea to create a token that could be given to someone who is homeless, instead of money, which they could then exchange in cafes and shops for food and drinks. Following his death, his older sister decided to bring his plan to fruition. *The Times* reports the scheme has had immediate success, having spread from **Bristol** to the neighbouring cities of Bath and Oxford.



A scene of the exhibition © *The Margins Project*

Streets Storage and The Margins Project ran a collaborative exhibition in late October to coincide with the start of the COP26 climate change summit held in Glasgow. **Seeing Through My Lens: Nature in Homelessness** focused on the disastrous impact the climate crisis is having – and will continue to have – on homeless people. The exhibition, held in **London**, included a photography project from people who have homelessness experience, sharing their perspective on the urban environment and climate change impacts. The Margins Project outlined the need for immediate action, noting “the climate crisis isn’t just making life harder for those already experiencing homelessness, it is also creating the conditions that cause homelessness around the globe.”

Holiday homes

Cornwall Council announced plans in late September to buy two holiday parks in a bid to help the increasing numbers of people and families who are homeless in the area. Councillor Olly Monk said the council’s “greatest priority” is housing. With the rise of private landlords turning

their properties into holiday lettings, many families have been pushed into unstable or inadequate housing. Buying the two holiday parks is part of the £15m package the council has created to help address housing shortages, by providing up to 28 households with accommodation.

Spiky decision

Anti-homeless architecture is prospering in **Edinburgh**. Issue 132 of *the Pavement* detailed plans to install rails at the National Records of Scotland's West Register House building in Charlotte Square. In late October Edinburgh Council approved the plans, which include installing spiky railings to deter rough sleeping and "anti-social behaviour", according to *The Scotsman*. The spiky rails will be placed by the entrance to the building.

TLC TBC

Everyone Home, a collective of homeless charities and organisations, and academic sector organisations, have welcomed plans to introduce a National Care Service in Scotland. The Scottish Government held a consultation period ending in early November. The Everyone Home organisations, facilitated by Homeless Network Scotland, consulted more than 200 members and interested parties. This research contributed to the Everyone Home



COP and coppers: More on the COP26 climate change summit held in **Glasgow** in late October to early November. *Metro* reported in November that police working the summit donated their surplus food to Homeless Project Scotland, a charity that runs soup kitchens in the city. The outdoor kitchens were feeding up to 1,300 people every night during the summit. Colin McInnes, the charity's chairman and founder, told *Metro*: "Delegates [invited to COP26] are walking by the soup kitchen all the time as it's on the way to the train station. It's horrifying that none of them want to pop by and say hello."

- Find out more about Homeless Project Scotland and their soup kitchens on their website: homelessprojectscotland.org

position that a National Care Service should be “People led, Home centred, Preventative, Rights based, De-stigmatising, Fairer and Improving.” Everyone Home also stated the National Care Service should put in place “care and support to prevent homelessness,” and include “new legal duties on public bodies.”

COP giveth and taketh

Alas, the police can't score a positive PR goal without going up the other end and netting a howler of an own-goal while they're at it. So it proved when London's Metropolitan Police and South Wales Police, drafted in to provide extra police presence in **Glasgow** during COP26, attempted a raid on a squat run by activists. The police attempted to force entry into the Baile Hoose lodgings, but the raid was called off once Police Scotland officers arrived at the scene, the *Daily Record* understands. The Baile Hoose lodgings were used

as squat accommodation during COP26 for people unable to afford accommodation in the city during the summit.

Glowing report

Scotland's Housing First programme, Pathfinder, has received its first evaluation. An independent 'Interim Report', commissioned by the Corra Foundation (previously the Lloyds TSB Foundation) and published by I-Sphere in late September, found the Pathfinder scheme has been “highly effective at supporting homeless people with multiple and complex needs to sustain their tenancies.” The numbers support the evaluation. By the end of June 2021, Pathfinder boasted a 12-month tenancy sustainment rate of 84%. Meaning 84% of the 531 people housed in Pathfinder accommodation had kept their tenancy for at least 12 months. The interim report recommends expanding Scotland's Housing First provision.

1,718

people presented themselves homeless to their local authority in **Edinburgh** in year October 2020-21.

2,968

people in **Edinburgh** had approached their local authority, presenting as homeless, in the preceding year October 2019-20.

When opportunity knocks

Feeling in a low place, new opportunities are still out there to be taken. A story of perseverance and resilience rewarded with fresh, exciting opportunity. *By Viki Fox*

I had a long history of homelessness – I spent time in a homeless B&B, a supported hostel and in precarious living situations, staying in relationships that were unhealthy, and often times dangerous, to avoid becoming homeless.

What ultimately led to me getting out of the situation and being able to thrive was opportunity, and without being lucky enough to have these opportunities, I don't know where I would be today.

After being in several long-term abusive relationships, I wasn't without hope of my life changing, but I certainly couldn't see a way to make it happen. I was scared of leaving and being forced into the homelessness system. I had heard such horror stories about temporary accommodation, so it was a case of "better the devil you know". I consequently spent far too long in living situations that were mentally and physically damaging to me and caused severe anxiety to those around me that cared. I eventually left one particularly abusive partner with a male friend, to present as homeless as a couple, which seemed slightly less daunting. We spent around 10 months in a homeless

B&B with one working shower between 13 rooms.

I remember one day going down for breakfast. Individuals were allowed two pieces of toast. There were three pieces and a heel left, so when we were given the three bits of toast my partner put the heel in the toaster. We were told that it was two pieces per person but if you were in a shared room you got three between you. The loaf of bread was a reduced 8p loaf. It was grim.

Another time, my partner needed to get an ambulance late at night from the B&B. The manager said that if we weren't back by the 11pm curfew we wouldn't be able to stay. There was no way we would get back in time so there was a choice made between getting urgent healthcare or having somewhere to sleep that night. We went to the hospital and they wanted my partner to be kept in, but as I couldn't stay with him and he didn't want me on my own all night, we left and had to spend the night in the care shelter.

Eventually we got our own tenancy, but the trouble didn't end there. On reflection, this relationship was one borne out of necessity rather than choice. I felt pressured

Home comforts

This article details a horror story familiar to many readers who will have stayed in bad accommodation. It's important to find shelter you're comfortable in and happy with.

Find information on countless hostels and night shelters in the List of services in the centre pages of this magazine, or on our website here: www.thepavement.org.uk/services

and held back and my partner had addiction issues that he just couldn't break. Again, I remained for longer than I should – feeling in limbo, unable to move on with life due to my deep unhappiness and scared of having to face a homeless B&B by myself.

I had a support worker who fought for opportunities that ultimately changed my life. It shows the difference of having someone advocating on your behalf. I was offered supported accommodation which felt like a haven in amongst all of the chaos. Although my time in the hostel was far from stable, it did give me the opportunity to start finding myself, having been the first time I had lived "alone" in my adult life.

I was there for around 20 months then was offered a tenancy close to my support networks. I had started volunteering for Cyrenians in their cook school after completing one of their cooking classes and was given the opportunity to complete their 'train the trainer' course. Shortly

after moving into my own place I applied and was successful in my application as a cooking tutor! I was there for around two and a half years and returned to university part-time to start a Masters degree.

I have now been working with Cyrenians for over four years and am the manager for two services as well as being a trustee for two homelessness charities. I often reflect on how my life could be so different now if I hadn't had the opportunities available, at the right times. I know that many are not so lucky, but we need to shout about opportunities and push for the creation of new ones so that all can benefit, not just a few.

- **Viki works for Cyrenians, a Scotland-based homeless charity with a person-centred approach to tackling homelessness. To find out more about their work visit their website here: cyrenians.scot** ■

**TURN TO PAGES A – P
FOR THE LIST OF SERVICES**

Feeding an Army

The People's Army, founded in 2020, has provided meals and support to countless people in the past year and a half. Founder Hazel talks about the progress and plans for the future of the organisation. Interview by *Sheryle Thomas*

No one should have to go hungry in 2021. When I had experienced homelessness in the past there were hardly any places to access food, but now more people are recognising there is a need to help the most vulnerable people in our society. I spoke with Hazel about The People's Army and the work they do feeding the local community in London.

Why did you set up The People's Army?

The People's Army was started originally to help people in need who suffer with mental health issues, mobility limitations or homelessness. We wanted to create a group of like-minded people who could aid individuals who have no support network. Even after the lockdowns are over and the pandemic is finished, The People's Army plan to continue with providing food weekly to anyone in need and sustain our principle of zero food waste.

What services do you provide?

We mostly help with food aid but help people as individuals where possible. Every Monday we have

a surplus food market. It is a safe space as well for people to hang out, with emergency food parcels and clothing through the week. We take down your information to help you with these requests.

Where are you located?

We run our meals on wheels on Wednesdays from 5pm – 7pm.
1st Wednesday of the month:
Goodge Street at Whitfield Gardens
3rd Wednesday of the month:
Highbury and Islington Station.

The other two Wednesdays we are looking at new locations but we need more volunteers at the moment. With more volunteers we can provide on the streets the other two Wednesdays.

For more information, or to enquire about volunteering with The People's Army:

- Email: thepeoplesarmy@hotmail.com
- Instagram: [@thepeoplesarmyldn](https://www.instagram.com/thepeoplesarmyldn)



The People's Army team. © The People's Army

Do you also run a foodbank?

We do a weekly session at the Jago, which is a live music venue, but we use it for our foodbank:

440 Kingsland Road

Dalston

Hackney

E8 4AA

Monday: 12pm – 4pm

Do you need foodbank vouchers issued to access food from the foodbank?

We do not ask for vouchers at the foodbank, or at any of our services. You can just show up and let us know how we can help you.

Do you have any plans for expansion?

I am thinking of using the Jago as a clothing outreach but I need to find someone who wants to get involved to bring clothes there as we have no storage space, so we need someone to collect weekly and help to transport the donations to make this happen. We are looking for a venue with a kitchen and storage with a community space. We cannot offer any money but we are giving back to the community and we always offer to help their community as well so we can help each other out. ■



"I MADE MY OWN OPPORTUNITIES - BY
BEING HEARTLESS & CORRUPT"



Crisis at Xmas

Every year Crisis at Xmas provides day centres for people experiencing homelessness. Here's all the information you'll need for this year's Crisis at Xmas service. By *Ian Kalman*

I remember when I was on the streets, Crisis at Xmas provided a brief but welcome refuge. Over the years I ended up being a volunteer, but due to Covid-19 things have changed. So here, for your information, is what is being offered this year.

There will be four day centres open across North, West, South and East London. You will be able to access them from 11am to 5pm each day. Please find the location of these day centres on the next page (page 19).

I have been informed that all guests will get a continental breakfast and a cooked lunch. Once there you will be able to access the services available, such as showers, haircuts, WiFi and TV. There will also be on-site housing, benefits, immigration, and legal advice.

Also, you can – if you want to – take part in one of the activities run by one of the volunteers, like karaoke.

Most guests do not stay overnight. If you do not have anywhere to sleep, please speak to your outreach worker or a team leader at a day centre. Crisis does have some residential centres for people in the most urgent need.

Finally, may I wish you all a merry Xmas and happy holidays. ■

Crisis phonebook

To find out information about Crisis and other support services, you can call one of their volunteers on **0800 520 0606**.

The Crisis at Xmas helpline is open for calls 9:30am – 8pm, from 20 December 2021 until 4 January 2022.

'Tis the season

Crisis is not alone in providing winter shelter and day centres. Take a look at the List in the centre pages of the magazine, and on our website, for information about shelters near you.

**TURN TO PAGES A – P
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Crisis at Christmas

Where are the centres and what time do they open?

Our day centres are in North, West, South and East London. The centres are open 11am-5pm from Friday 24th December to Tuesday 28th December 2021.

Please make your own way to the centre.

1 Bermondsey Day Centre

Harris Academy Bermondsey
55 Southwark Park Road
SE16 3TZ



2 Camden Day Centre

Haverstock School,
24 Haverstock Hill, Chalk Farm
NW3 2BQ



3 Hackney Day Centre

The City Academy, Hackney
Homerton Row
E9 6EA



4 Notting Hill Day Centre

Kensington Aldridge Academy
1 Silchester Road
W10 6EX



Lockdown, life & other things

Musings and meditations on the past 18 months, after a brush with bad health.

By *Mat Amp*

I honestly don't know what to make of the last 18 months. To say it's been difficult is obvious – kind of like pointing out that a horse would find it difficult to solve the Rubik's cube or a donkey would have problems breakdancing in custard wearing concrete trainers.

Of course, disconnecting people from each other en masse is going to lead to problems and we're only just starting to realise how deep some of these problems run.

And just as the lockdown eased and things started to get back to normal, came my own personal shit cherry to stick on the metaphorical Covid-19 shit cake that was 2020/21. Yep, I got double pneumonia for my birthday and despite a silver lining that crossed another fantasy off my bucket list in the form of 20 nurses bringing me a lovely and very real black cherry birthday cake, the next few months were to be anything but lovely.

Covid affected everyone differently but for me at least, every reason to stop getting high quickly

In a nutshell

- Ill-health can affect all of us, if you're feeling unwell you can call the NHS non-emergency number on **111**. If you're in an emergency call **999**
- You can take steps to avoid emergency situations further down the line by joining and visiting a GP service. Anybody can register with a GP, you don't need an address.

evaporated. There were no social occasions, but it was more than just that. There were no day-to-day interactions, no eye contact, no joy, no kids, NO FUN. My response was to become further detached and uptight as the pandemic went on, stepping back into the simple comfort of addictive behaviour to escape the episode of Black Mirror unfolding in my local Tesco.

Relapses and problem drinking followed and before anyone could utter the words Chronic Obstructive Pulmonary Disease I was smoking again, puffing like a smokestack chimney in a Glaswegian Shipyard circa 1940. (Personally I think



The Long Night © Chris Bird

it should be CFAIFOPD - Chronic fucking annoying incredibly frustrating obstructive pulmonary disease.) Anyway, the strain of being disconnected and the stress of dealing with constant come downs and hangovers almost killed me. Nope that ain't metaphorical, I did nearly die.

Yep, the pneumonia turned out to be some antibiotic resistant strain and the docs weren't sure how to treat it. It's not the first near death experience I've had. There have been more than a couple of overdoses and half a dozen motorcycle accidents that I had no right to walk away from. But this 'nearly dying' occasion afforded me the time to grapple

with the deeper philosophical issues surrounding the way I had spent my life. Being stuck in a hospital bed unable to walk meant distraction wasn't on the menu either.

Although there had been plenty of time to contemplate, space wasn't so readily available. Soul searching can be difficult with the bedlam of intensive care and the numerous machines, each with its own alarm, ready to burst into life at the slightest change in whatever physiological response it measures. Things were further compounded by the procession of medical professionals asking, poking and prodding me every five minutes. With the pain, the fever and the constant moaning

and groaning from other patients there were times when I woke up and thought I'd gone to hell.

Any hopes that the elephantine doses of fentanyl and morphine would offer some sort of escape through my dreams were shattered the first time that I managed to get some deep sleep. My dreams were ultra vivid hi-def for sure, but they offered no escape. Let's spare you the details because, to be honest, those dreams still haunt me. Nothing knows how to scare you more than your own subconscious.

Suffice to say, for now, that a lot of my dreaming had something to do with me being tied down, fastened up, bolted and/or nailed down. Hardly surprising when you consider that I was attached to a number of different machines through wires, tubes and cables but wouldn't have been able to stand up anyway due to massive weight loss, muscle wastage and a pair of lungs that looked, on the x-ray at least, like a kid with ADHD had scribbled on them with a fat marker.

Repeated needles searching for blood, inflamed lungs, a sack of puss in my left lung lining and two blood clots in my right lung caused a lot of pain. At one point they stuck this huge needle into my back to get a biopsy and while I'm pretty good with pain it got to the point where something snapped deep inside me. I was physically, mentally

and spiritually broken – a basket case wrapped inside a box, covered in concrete and buried 50 feet underground. It felt like I broke into a thousand fractured pieces, out there floating in space, unable to talk.

And that's where Ola came in. She was my nurse and boy was she good. At first I thought she was being extra kind to me because of our shared Nigerian heritage but later on I watched her talking to another patient and realised she is just a brilliant nurse. In my feverish mind it felt like she was a giant hand that caught the pieces of me floating through space. It was in her palm where those bits of me joined up, where I became whole again. In reality, you know, on planet earth, she was making sure everyone left me alone until I had the strength to re-engage. She sorted out my pain management, tucked me in in a way that made me feel safe and just generally soothed my furrowed brow. Above all she let me know that she was there for me. That connection was deep.

It was in her presence that I started to get better. Through her and the friends who looked after me and reached out with genuine concern, I was made to realise that it's not about the things you collect in your life, it's about the people you connect with and the experiences you have with them. ■

Lines of thought

After publishing two poems in the last issue of *the Pavement*, the inbox has been inundated with some remarkable verse. A hearty thank you to everybody who sent works in, here are a couple for your reading pleasure. Keep them coming!

Hope

by *Santiago Vazquez*

When walking round the City
Spending your days alone,

With no family to visit
Every hope is almost gone,

Each day same as the next
One week after another,

When trying to communicate
The people don't really bother,

Had enough of the self-pitying cry
Let's go and show some ambition,

It's time to put on a fight
and try to find a solution.

Where is Home?

by *Crosby*

Can't go there but can't stay
here,
What will I do?
I have no idea,
Just like a child,

Nowhere to turn,
Who do I talk to?
Earthbound,
How do I pull through,
I look up for hope,
All I have is my dreams.

The Pavement welcomes written submissions from everybody. Poetry or prose, we'd love to print your words. Send some writing to the editor at:

editor@thepavement.org.uk

WINTER HEALTH

Tips and advice for keeping healthy this winter from Groundswell and its staff with homelessness experience

Simple yet effective:

- Get vaccinated for the flu and Covid-19
- Keep warm and dry
- Register with a GP: you don't need a permanent address or ID
- Engage with services
- Let people know what you need
- Find helpful services close to you. Check out the List in the centre pages.

Fast GP facts

- You have the right to register with a GP
- Your immigration status does not matter
- A support worker will be able to help you book an appointment at the GP if you cannot.

Testing, testing...

- Covid-19 tests are freely available to everybody
- Your accommodation or local services might have tests available
- You can find free tests at pharmacies, testing sites or online here: www.gov.uk/order-coronavirus-rapid-lateral-flow-tests

Groundswell exists to enable people who have experience of homelessness to create solutions and move themselves out of homelessness – to benefit of our whole society. Our vision is of an equal and inclusive society, where the solutions to homelessness come from the people with experience of homelessness.

The flu vaccine

- Flu vaccines are free on the NHS for homeless people in London
- Outside of London you can still get a free vaccine if you:
 - are aged 65 or over (50 or over in Scotland)
 - have long-term health conditions
 - are pregnant
 - have a weakened immune system

Where you can get a flu vaccine

- Your GP
- Some pharmacies
- Walk-in clinics
- Some hostels and day centres arrange flu vaccine days. Ask a support worker for more information.

The Covid-19 vaccine and booster jab

- Anyone in the UK aged over 16 can get a Covid vaccine free on the NHS
- The vaccine is offered in two doses
- Having both doses ensures the best level of protection against the virus
- Booster vaccines will be available on the NHS for people most at risk from Covid-19
- The booster will be available at least six months after taking a second dose of the Covid-19 vaccine
- Booster vaccines provide longer-term protection.

Where you can get a Covid-19 vaccine

- Walk-in vaccination sites (you don't need to be registered with a GP)
- Book a vaccine at a local pharmacy or mass vaccination site (for those registered with a GP)
- A vaccination service may visit your accommodation or a local service. Check with a support worker if this is happening near you
- You can arrange an appointment over the phone by calling **119** for free.



My life has been a storm

Art and creativity can provide support and escape after experiencing trauma and homelessness. By *Michelle Christopher Trigger Warning*: Some of the subjects discussed in this article may be upsetting for readers.

At the age of 26 I landed in a psychiatric hospital because of trauma I suffered when I was 15 years old. I was very lucky to get help but in order for recovery to work I had to face up to my truth and rewrite my story. For others who have suffered trauma or loss: it doesn't define you. You can choose to define your own path.

My journey hasn't been easy, I have been homeless, had no money, I have no family to support me, my mother neglected to help me after I confronted my family about my trauma (rape...).

Trauma can be one of the main reasons for homelessness, because your body cannot actually function properly, you cannot function on a level that you need to, so your own body shuts down, closes off and it becomes a vicious cycle. But being homeless and having trauma does not have to be a life sentence. I firmly believe that we can reshape our own journey, with the opportunities given to us. There is help out there but often you have to go looking for it, you have to want your situation to change. It may not be easy but it is possible.

Communities, projects and people

You are not alone

- If you are victim to domestic abuse or rape, call **999** for free
- The National Domestic Abuse helpline in England can be called free, 24/7 on: **0808 2000 247**
- The free Scottish domestic abuse helpline, also 24/7, is: **0800 027 1234**

do care about you. It can be quite a rough journey living on the streets, but it doesn't mean you cannot be creative, come up with ideas, to help yourself know that there are places to go to feel safe. I have learnt through being homeless that sometimes we have to make our own opportunities for ourselves, we have to turn it around and make the streets our home and start from there.

Being a runaway was not easy! I only had two suitcases that my mother gave me when she left me at the start of my journey and now I have a possibility of a future, and I have had the chance to recover from my trauma. That is why I want

to let others know that it is entirely possible to get back on your feet because nothing has to be set in stone!

There are lots of opportunities out there waiting to help you and really kind people that you need to lean into and trust. I am still struggling of course, having had part-time jobs here and there but it not working out, going back and forth for the past two years into psychiatric care, sofa surfing, struggling to pay rent, health problems needing medication, but I know my strengths and what I want and I am also creative, determined and I have a dream to make my life better... I don't give up and I won't give up. I don't want people to feel sorry for me, because even though I have experienced harrowing trauma and I am an orphan with little to lean on except the gift of my own experience, I believe that going through what I went through has made my life even more beautiful and has made me into a better artist and in some ways a little more selfless. I am proud I have survived the streets, especially being a woman who is small but has a big heart!

I truly want to show people who are struggling with being homeless and having suffered any form of trauma that it is not a label, it doesn't show who you really are. It just means that you maybe have to work on loving yourself a little stronger, and know that the wind



A boat weathers the storm
© Michelle Christopher

always turns around...

My life has definitely been a storm, and my sails have definitely been battered, thrashed, and bruised but I can slowly adjust them and now I want to show people that the seas are not always as troubling as you think, and there is always an anchor to help you.

- **Michelle Christopher is an artist and aspiring art therapist. Art therapy and art projects for homeless people can be found in the List of services on our website at: www.thepavement.org.uk/services** ■

Hope springs

After studying, struggling to find work, and then experiencing homelessness, it's important to stay upbeat, and welcome the next opportunity. By Sarka

Opportunities? Very important and always come and go. In my case, homelessness both took away and offered me new opportunities.

I lost my home soon after I graduated with a first-class degree in Undergraduate Psychology. The undergraduate degree is on its own not a prerequisite for any job, but getting a first gave me opportunity. A first or minimum 2:1 is necessary for getting into a psychology doctorate. That is where the real job of a psychologist comes from.

I was encouraged by my lecturers to apply as they believed I had a chance. It is very competitive and only a very few get in. The student fees are paid by the NHS and there is even a bursary. The course is very oversubscribed.

Unfortunately you need not only the academic success, but also some relevant experience. It can be done. You do unpaid internship experience and participate as an assistant researcher at university. You do not get paid for it. You have to be absolutely available to take on anything that you can get into. It is all highly competitive and oversubscribed, too. You will not get paid anything for your internships.

Often you'll even have to invest as well. Travel, accommodation away from home, and paid supervision are just a few expenses. You can do it. That is if you live at home and have a partner or ideally parents who will support you. You have to be dedicated and work hard while you do not really earn a living.

Except there was impending homelessness in my case. And a partner who went from being a well earning person to an unemployed person who needed to be cared for. And our pet cats. Very dear and important. But not easy to take care of if you are homeless.

We ended up in a night shelter and the cats were (luckily) fostered. There was no time or opportunity for internships, important interviews, and unpaid research jobs. The doctorate so far did not happen and I am not sure if it ever will as I am getting slowly too old to get the finance.

Something positive came out of the homelessness and caring duties, however. I was introduced to a host of homelessness organisations and got to understand the health and social system.

I got volunteering opportunities



Thanks to Accumulate member Mitchel Ceney for sharing this beautiful water colour called Train Line Bridge.

© Mitchel Ceney

that I could never have accessed when I looked for them before my homelessness. The prerequisite to those opportunities was having the experience of homelessness. Not something I had ever wished for, but something that gave me knowledge, contacts and opportunity.

The experience of being homeless gave me a completely different outlook and understanding than I had when I studied about, and participated in, homelessness projects in my clinical and community psychology orientated degree.

Thanks to my homelessness experience I got the opportunity to volunteer as a Crisis Christmas ambassador in the shelter I had stayed in before when I was homeless. I could also participate in peer research including design and implementation, meeting the

participant and assisting them with filling in questionnaires. I also got to write about my experiences through citizen reporting. At the very start of the pandemic I also started training in order to support homeless people to go to their medical appointments.

However, just as I thought I could start volunteering face to face with clients soon, it became obvious that the pandemic would last much longer and be more persistent than expected. After all this time and as I live with a vulnerable person I am still not confident in mixing with people much. So Covid-19 took some opportunities too. And I am sure that it was not only from me, but from others too.

But I guess this is another chapter. Perhaps it is the time to seek other opportunities in this as well, like in my homelessness. I am still looking. I will find them. ■

IN PART ONE MYSTERY MEAT ANIMAL SAW RED (COS THE COPS ARE WELL ANNOYING INIT)..



AFTER A QUICK SPRAY PAINT TO CHANGE SPOTS TO STRIPES



MYSTERY MEAT ROBS A LIE-BURY!



OF TWO USED LOO ROLLS!

WAHHH
HH



MYSTERY MEAT ANIMAL INVENTS ARSE RECOGNITION TECHNOLOGY



AFTER CRYING ALL NIGHT OVER THE GUILT



AND GOES ON A CRIME SPREE



THEN TURNS IN...EXHAUSTED!

MEAT CATCHES COLD WHILE SLEEPING IN A SNOWY TENT...



AND GETS NICKED FOR INDECENT EXPOSURE!



OINK... I MEAN OI SLAG UR NICKED!

THE END

ROKSOPH

Housing in England: Your Rights

Your local council does not always have to help you find emergency accommodation if you are homeless.

If you need help right now, please try these numbers below.

Ask them to help you make an emergency housing application.

For free help with your emergency housing application:

1. Streetlink

- Tel: **0300 500 0914** & also an App

2. Shelter

- Web: www.shelter.org.uk
- Tel: **0808 800 4444**
(8am–8pm Monday – Friday,
8am–5pm weekends)

3. Citizens Advice Bureau

- Web: www.citizensadvice.org.uk
- Tel: **03444 111 444**

If your application is rejected:

- You should appeal the rejection if you think it is wrong. You have 21 days to do so.
- Shelter and Citizens Advice Bureau can help you with your appeal.

Visit www.thepavement.org.uk for a more detailed version of your housing rights in England and Scotland.

Housing in Scotland: Your Rights

Call Shelter Scotland for free housing advice

9am–5pm, Monday to Friday on **0808 800 4444**.

You may be able to make a homeless application with a local council. This is different from a housing options interview and from an application to the mainstream housing waiting list.

You have the right to temporary accommodation while the council considers your application. The council must notify you of its decision in writing.

TELL US: If you want to order more or less copies of *the Pavement* OR need to make a change to the list of services in the centre pages please use the contact details on p3. Thanks!

London List

KEY TO ALL SERVICES

A	Alcohol workers
AC	Art classes
AD	Advocacy
AH	Accommodation/housing advice
B	Barber
BA	Benefits advice
BE	Bedding available
BS	Bathroom/showers
C	Counselling
CA	Careers advice
CL	Clothing store
D	Drugs workers
DA	Debt advice
DT	Dentist
EF	Ex-forces
EO	Ex-offenders
ET	Education and training
F	Food
FF	Free food
FC	Foot care
IT	Internet access
L	Laundry
LA	Legal advice
LF	Leisure facilities
LS	Luggage storage
MD	Music/drama
MH	Mental health
MS	Medical/health services
NE	Needle exchange
OL	Outreach worker links
OW	Outreach workers
SF	Step free access
SH	Sexual health advice
TS	Tenancy support

Updates: web@thepavement.org.uk
Compiled: November 2021

This is a partial list, tailored for this issue of *the Pavement*. Full list at thepavement.org.uk/services.php

Are your details incorrect?

Please send changes to:
web@thepavement.org.uk

WINTER SHELTERS

ASHFORD PLACE ASSESSMENT CENTRE

60 Ashford Road, Cricklewood NW2 6TU
020 8208 8590

www.ashfordplace.org.uk/

Mon – Thurs: 9:30am – 5pm; Fri:
10:30am-5pm; Shelter:

01 January to 31 December

Wednesday: 2pm – 4pm (drop-in).

A place cannot be guaranteed, but accepted clients will be put on a waiting list. Referrals taken only 9am-5pm); Rough sleeping outreach, floating support, health and wellbeing, alcohol and drugs treatment and much more. You are welcome to visit to make an appointment. Night shelter for single people in Brent open 365 days a year (25 spaces):

for referral, phone 020 8208 8595.

[MH, AH, A, AC, BA, BS, CA, CL, C, DA, DW, ET, F, IT, L, MS, MD, OW, TS, LF](#)

CRASH PAD – YOUTH SHELTER

020 7700 2498, <http://bit.ly/2I1zef>

Opens in November to May.

Project runs 7 days a week; Islington-based shelter for people 18 – 23 with low support needs. 12 bed spaces, separate room for females. For referral email: momodou.piliontrust@gmail.com
[AD, AH, BS, FF, ET, AC, MD, LF](#)

BROMLEY WINTER NIGHT SHELTER

c/o Bromley Council Homelessness Service, Civic Centre, Stockwell Close, Bromley BR1 3UH

email: bromleyshelter@tbhs.co.uk

21 November to 15 March
Monday – Sunday: 7:30pm – 7am; 18+, mixed, beds for 12, dry, no-smoking, priority to local connection.

AH, F

CARIS ISLINGTON CHURCHES COLD WEATHER SHELTER

www.carisislington.org

Jan to Mar, 7:30pm – 8:30am
Food, showers and a safe place to sleep. Phone after completing and emailing a 1-page registration form to iccws@hotmail.co.uk.
15 guests; 18+, dry.

AD, BS, BE, CL, FF, F, IT, L, OL

CATALYST NIGHT SHELTER AHAVA COMMUNITY (PREVIOUSLY HOPE 4 HAVERING)

01708 755 321

www.hope4havering.org/catalyst-night-shelter

Email: hello@ahavacommunity.org

Monday – Sunday: 6pm – 8:15am; Year-round night shelter for 20 people, 18+. Self- and agency referrals, inc prison and probation services. No drugs, alcohol.

F, AH

COMMONSIDE COMMUNITY DEVELOPMENT TRUST

New Horizon Centre, South Lodge Avenue, Pollards Hill CR4 1LT

020 8764 9582 x 207

Warm room, tea/coffee hot meal and snacks, TV, table tennis, newspapers, chat

Monday, Tuesday, Friday: 8:30am – 6:30pm Assistance with link to Merton-based night provision; Warm room, tea/coffee hot meal and snacks, TV, table tennis, newspapers, chat

Thursday: 8:30am – 6:30pm Assistance with link to Merton-based night provision;

Thursday: 11am-1pm Drop-in café area for appointments for advice re eg mental health services, GPs, dentist, DWP/JCP etc; Warm room, tea/coffee hot meal and snacks, TV, table tennis, newspapers, chat

Saturday: 8:30am-6:30pm Also free Afro-Caribbean meal at late lunchtime; Warm room, tea/coffee hot meal and snacks, TV, table tennis, newspapers, chat.

Sunday: 8:30am – 6:30pm; Sunday: 11:30am – 1:30pm

Additionally free veggie lunch and chat with local SDA; Commonsides Trust runs the New Horizon Centre in Pollards Hill, London Borough of Merton; includes a lunch club for older people and support services for families, socially prescribed patients, volunteering, employability support.

AH, BA, DW, FF, MH, CL, DA, TS, L

KEY	<i>A</i> Alcohol workers	<i>B</i> Barber	<i>CA</i> Careers advice	<i>EF</i> Ex-forces
	<i>AC</i> Art classes	<i>BA</i> Benefits advice	<i>CL</i> Clothing store	<i>EO</i> Ex-offenders
	<i>AD</i> Advocacy	<i>BE</i> Bedding available	<i>D</i> Drugs workers	<i>ET</i> Education/training
	<i>AH</i> Accommodation/housing advice	<i>BS</i> Bathroom/showers	<i>DA</i> Debt advice	<i>F</i> Food
		<i>C</i> Counselling	<i>DT</i> Dentist	<i>FF</i> Free food

CRISIS AT CHRISTMAS**66 Commercial St, E1 6LT****0800 520 0606; www.crisis.org.uk**

Winter shelter/Crisis at Christmas:

23 December to 5 January

Monday: 11am – 9pm;

Tuesday – Sunday: 9am-9pm;

We are still committed to ensuring our members are not homeless and alone this Christmas.

As such, we will be opening a number of day centres which will provide hot food, access to advice and guidance, companionship, health, wellbeing and activities.

Crisis at Christmas provides food, good cheer and great company. Take part in fun and relaxing activities and get one-to-one advice to find your way out of homelessness.

Day Centre addresses 24 – 28 Dec:

Bermondsey Day Centre

Harris Academy Bermondsey

55 Southwark Park Road,

SE16 3TZ.

Camden Day Centre, Haverstock

School, 24 Haverstock Hill, Chalk Farm

NW3 2BQ.

Hackney Day Centre

The City Academy, Hackney Homerton Row

E9 6EA.

Notting Hill Day Centre, Kensington

Aldridge Academy, 1 Silchester Road,

W10 6EX.

*AH, AD, BS, BE, CL, D, ET, FF, IT, LF, OL***FIRM FOUNDATION WINTER NIGHT SHELTER (ALL PEOPLE ALL PLACES)**

30 December to 31 March

Monday-Sunday: 9pm – 6:30am

A local charity based in Harrow working with the homeless. (initially men-only; after 1 January, mixed.);

18+, 20 spaces (15 men, 5 women in a separate building)

Agency referrals only.

Rough sleepers, NRPF and asylum seekers.

Priority to those with connection to Harrow.

fdp@firmfoundation.org.uk*FF, AH***FOREST CHURCHES EMERGENCY NIGHT SHELTER****forestnightshelter.org.uk**

1 Nov to 31 Mar, 8pm – 7:30am

In the past we have provided a rolling night shelter with up to 30 bed spaces every night from 1 November to 31 March – guests sleep at a different church venue each night.

Since the Covid-19 we have been providing emergency accommodation to our guests at a hotel, and providing the guests with casework support and all their meals.

Phone **07739 870 411** before 3:00pm.

We also accept self referrals by calling

07739870411 Mon–Fri or visit

St Mungo's Hub or Waltham Forest

Housing Services for referral.

AH, BS, FF

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical services
NE Needle exchange

OL Outreach worker links
OW Outreach workers
SF Step-free
SH Sexual health
TS Tenancy support

FULL LIST
 AVAILABLE ON
 OUR WEBSITE



GLASS DOOR HOMELESS CHARITY

155a Kings Road, Chelsea SW3 5TX

www.glassdoor.org.uk

9am-5pm main office.

Winter shelter: Dec to Apr,

8pm – 8am (come to the day centre or

phone to check vacancies)

Glass Door runs London's largest emergency winter night shelter,

providing men and women a safe, warm place to sleep from November to April.

Individuals affected by homelessness

also access advice, food, showers and

laundry facilities year-round from drop-in day centres.

Mon, Tue, Thu: 9am – 2pm (Chelsea

Methodist Church); Wed: 9am – 2pm (St

Augustine's); Mon – Fri: midday-3pm

(Ace of Clubs); Mon-Thu: 9:00-11am

(Vineyard Community Centre); Tue:

12.30 – 3pm (The Yard, Putney)

Advice, food, showers and laundry facilities year-round.

AH,BS,CA,CL,ET,FF,L,IT

GREENWICH WINTER NIGHT SHELTER

07985 496905

gwns.org.uk/contact-us

for online contact form.

Monday-Sunday: 7pm – 8:30am;

Referral by agreed partner agencies must be confirmed by GWNS project worker. 18+, mixed, 15 places.

FF

GROWTH (TOWER HAMLETS)

302 The Highway, Shadwell E1W 3DH

thisisgrowth.org

SHELTER RUNS FROM

01 October to 30 April

Monday – Friday: 9am – 5pm;

GrowTH is a partnership of churches

opening its doors to those homeless in

Tower Hamlets. Our main project is an

emergency night shelter which provides

both immediate shelter for homeless

men and women and assistance in

securing more permanent longer-term

accommodation. Referrals made by

agencies in Tower Hamlets (<http://thisisgrowth.org/referrals/>)

Crisis,

Whitechapel Mission, Praxis, Providence

Row, Health E1, Spitalfields Crypt Trust,

Look Ahead Low support, 15 bed spaces,

28 nights max, men and women.

AH,AD

HACKNEY WINTER NIGHT SHELTER

020 853 3808, 020 3729 8864

hwns.org.uk

Winter shelter (dates TBC):

01 November to 30 March

Monday-Sunday: 7:30pm – 8am

(6.30pm Sundays. Closed during Crisis);

Mixed; beds for 25 (screened area for

women); dry. Last admission 8.30pm.

Agency referrals only - phone to check details and leave message if voicemail.

15 bed spaces

AH,AD,C,FF,OL,OW

KEY	<i>A</i> Alcohol workers	<i>B</i> Barber	<i>CA</i> Careers advice	<i>EF</i> Ex-forces
	<i>AC</i> Art classes	<i>BA</i> Benefits advice	<i>CL</i> Clothing store	<i>EO</i> Ex-offenders
	<i>AD</i> Advocacy	<i>BE</i> Bedding available	<i>D</i> Drugs workers	<i>ET</i> Education/training
	<i>AH</i> Accommodation/housing advice	<i>BS</i> Bathroom/showers	<i>DA</i> Debt advice	<i>F</i> Food
		<i>C</i> Counselling	<i>DT</i> Dentist	<i>FF</i> Free food

HOPE 4 BARKING NIGHT SHELTER

07527 192 161

h4bd.org.uk

01 January to 31 December

Monday – Sunday: 7:30pm – 8am; aims to run 12 months of the year for around 15 single people aged 18+ in the LB of Barking & Dagenham.

Self- or agency referrals.

Ring or email

h4bdnighshelter@outlook.com

Also contact form online:

<http://h4bd.org.uk/contact-h4bd/>*AH, FF, AD, BS***MERTON WINTER NIGHT SHELTER**

YMCA LSW Wimbledon,

200 The Broadway, SW19 1RY

020 8542 9055

ymcastpaulsgroup.org/merton-night-shelter

info.wimbledon@ymcaspg.org

Dec to Mar, 6.30pm – 8.30am

Self- & agency referrals, most from Faith in Action Homeless Project.

Referral form:

<https://bit.ly/2OMyusa>.

18+, dry, mixed, 12 spaces.

*FF, F, AH***NEW HORIZON YOUTH CENTRE**

68 Chalton Street NW1 1JR

020 7388 5560, <http://bit.ly/TgoIt>

Monday: 2pm – 3:30pm (alcohol support); Monday – Sunday: 10:30am – 3:30pm (showers, laundry, breakfast & lunch; 10.30am-1pm advice);

Day centre runs Monday, Wednesday, Friday 10am – 1pm and 1:30pm – 3pm.

For young (16-24) homeless people.

Free lunch. Women-only groups.

Mental health, life skills & advice, and

employment/resettlement support.

Sex worker project. Street outreach.

Refugee worker. 7-day drop-in provision.

First-time visitors should arrive outside

the centre at 10.00am to make an

appointment with the Advice team.

Support with referrals into winter night

shelters. Our day centre is currently

open on Mondays, Wednesdays and

Fridays between 10:30am and 3.30pm.

*MH, AH, AD, A, BA, BS, CA, CL, DW, ET, FF, IT, LF, MS, OL, OW***NEWWAY PROJECT (NEWHAM)**

Bonny Downs Baptist Church, Darwell Cl, E6 6BT

www.newwayproject.org

Oct to 30 April, 7.30pm – 8.30am

Referral-only winter night shelter

and year-round NEWday centre for

homeless people in Newham, with extended Advocacy services and life-skills workshops.

Office hours: Monday to Sunday, 9am – 2:30pm. mixed; 15 spaces.

AH, AD, A, DA, D, FF, L, TS

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical services
NE Needle exchange

OL Outreach worker links
OW Outreach workers
SF Step-free
SH Sexual health
TS Tenancy support



ROBES PROJECT (SOUTHWARK & LAMBETH)

020 7407 5623

robes.org.uk

Winter shelter: 01 November to 15 April
Monday – Sunday: 7pm–8am (closed during Crisis, 23 – 30 Dec); Rolling winter night shelter. Referrals ONLY through Manna Soc, Spires, Ace of Clubs, Webber St Day Centre, Crisis, Southwark Day Centre for Asylum Seekers, Southwark SPOT, Lambeth Safer Streets Team, The Big Issue, Shelter. 18+, 35 beds, low support needs.

AH, AD, BA, BS, BE, FF

SEVERE WEATHER EMERGENCY PROTOCOL

When the weather dips to zero degrees, severe weather emergency protocols (SWEP) are activated, and bed spaces will be available for rough sleepers in all parts of London. All referrals will be via the St Mungo's outreach team via www.streetlink.org. If you are concerned about someone you are supporting during a SWEP period, please email swepreferrals@islington.gov.uk for advise on available accommodation.

SIMON COMMUNITY

129 Malden Rd, Kentish Town NW5 4HS
www.simoncommunity.org.uk

1 Jan to 31 Mar, 7pm – 8am; Mon, Wed,
Referral via Simon Community outreach services and Quaker Homeless Action.

FF, CL

THE OUTSIDE PROJECT & STAR REFUGE

0207 359 5767

<https://bit.ly/2LbtkeEb>

Monday – Friday: 10am – 1pm (phone referrals); Monday: 6pm – 9pm

(drop-in, Castlehaven Comm Assn, 23 Castlehaven Rd NW1 8RU);

Wednesday: 5pm – 7pm (drop-in for trans people, 1st Wed of month, cliniQ, 56 Dean St, W1D);

Wednesday: 2pm – 3:30pm (drop-in, Origin Housing, St Richards Hse, 110 Eversholt St, NW1 1BS);

Friday: 2pm – 3:30pm (drop-in, London Friend, 86 Caledonian Rd, N1 9DN);

Wednesday: 12pm – 2pm (drop-in, 2nd Wed of month, Camden LGBT Forum Hub, Union Chapel, Compton Terr, N1 2UN); The UK's first LGBTIQ+ crisis/homeless shelter & community centre.

For referral, please download the form <http://stonewallhousing.org/services/referral-form/>

phone the Stonewall Housing Helpline (020 7359 5767) or email

info@stonewallhousing.org

All services are free and confidential.

For changes to services during Covid-19 please call.

SF

KEY
A Alcohol workers
AC Art classes
AD Advocacy
AH Accommodation/
housing advice

B Barber
BA Benefits advice
BE Bedding available
BS Bathroom/showers
C Counselling

CA Careers advice
CL Clothing store
D Drugs workers
DA Debt advice
DT Dentist

EF Ex-forces
EO Ex-offenders
ET Education/training
F Food
FF Free food

EX-FORCES**COMBAT STRESS**

01372 587 000; combatstress.org.uk
 Monday-Sunday: 12am – 12am (24hr, 365 days helpline); Residential clinical treatment and community outreach. Helpline (0800 138 1619) is open 24/7.
MH, AD, C, OL

STOLL

446 Fulham Road SW6 1DT
 020 7385 2110; stoll.org.uk
 Monday-Friday: 8am-8pm (closed 12.30 – 1.30); Saturday & Sunday: 8am-5pm; Stoll is the leading provider of supported housing for ex-servicemen and women. As well as housing, they provide life-changing support including employment training, advice, addiction services and health and wellbeing activities.
MH, AH, AD, A, BA, CA, C, DA, DW, EF, ET, MD, OW, TS

SSAFA FORCESLINE

0800 260 6767
<https://www.ssafa.org.uk>
 Monday-Friday: 9am – 5:30pm; SSAFA helps combat homelessness among ex-Service personnel. Their London Homeless Division works with ex-Service rough sleepers. If you have gone AWOL, contact their Reclaim Your Life scheme and get your life back on track.
AH, EF, TS

THE QUEEN VICTORIA SEAMEN'S REST

121-131 East India Dock Road, Poplar E14 6DF
 020 7987 5466
qvsr.org.uk/
 Monday – Sunday: 9am – 8pm; For unemployed, retired and active seafarers (25+), other male ex-services personnel and single homeless men with low support needs. Phone, visit or write. If you would like to make an application for accommodation, download a referral form and send it to the address above or to welfare@qvsr.org.uk
IT, LF

VETERANS AID

40 Buckingham Palace Road, Victoria SW1W 0RE
 020 7828 2468
veterans-aid.net
 Monday – Thursday: 8:30am – 3:30pm (helpline); Friday: 8:30am – 1:30pm; Free helpline: 0800 012 68 67. On your first visit, staff will assess your problems so the right specialist help can be arranged.
MH, AH, AD, A, BA, CA, CL, C, DW, ET, MS, OL, OW, LA

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical services
NE Needle exchange

OL Outreach worker links
OW Outreach workers
SF Step-free
SH Sexual health
TS Tenancy support

FULL LIST
 AVAILABLE ON
 OUR WEBSITE



FOOD

STREETS KITCHEN

streetskitchen.org/locations/london
Daily food in various London locations.
Mon, Tues, Thurs & Friday breakfast
from 7am, Camden/Kings Cross. Also:

- *Monday:*

Tooting Streets Kitchen

6:45 – 7:15pm outside Iceland at
25–27 Tooting High Street, Tooting,
London, SW17 0SN

- *Tuesday:*

Clapham Common

7.30pm near Joe's Pizza, opp Waitrose
8-1 The Pavement, London, SW4 0HY

- *Wednesday:*

Camden Streets Kitchen

7.30pm nr Camden Town tube, NW1 8QL

- *Thursday:*

Camden Streets Kitchen

7.30pm nr Camden Town tube, NW1 8QL

Hackney Streets Kitchen

8pm outside Hackney Central Library,
25-27 Hackney Grove, E8 3NR

- *Friday:*

Camden Streets Kitchen

7.30pm nr Camden Town tube, NW1 8QL

Kilburn Streets Kitchen

7.30pm near Kilburn High Road tube

Dalston Streets Kitchen

8pm Ridley Rd, opp train station E8 2PN

- *Saturday:*

Hackney Streets Kitchen

8pm St John's Churchway, opp M&S

- *Sunday:*

Camden Streets Kitchen

7.30pm nr Camden Town tube, NW1 8QL

AMERICAN INT'L CHURCH

79A Tottenham Court Road, W1T 4TD
0207 580 2791;
amchurch.co.uk/soup-kitchen
Mon – Sat: 11.30 – 12.30pm, Hot lunch.
FF

AMURT UK

0208 806 4250; amurt.org.uk
Thu: 12:30 – 1:30pm at
Mildmay Community Centre, Woodville
Road, Mayville estate, N16 8NA
Thu: 6:30 – 7:45pm at
Lincoln's Inn Fields, Newmans Row,
Holborn, WC2A
Free, pre-packed hot meals & snacks.
FF, F, SF

BRIXTON SOUP KITCHEN

297–299 Coldharbour Lane, SW9 8RP
07538 419514
Tues, Wed, Thurs; 1pm – 5pm
Centre Temporarily Closed. Free meals,
sleeping bags & sanitizer outside centre.
FF

HARE KRISHNA FOOD FOR ALL

Islip Street, Camden, NW5 2EN
02074373662
[www.nextmeal.co.uk/places/
harekrishnafoodforall2](https://www.nextmeal.co.uk/places/harekrishnafoodforall2)
Mon – Sat: 12noon – 1pm
Free vegetarian meal
FF

JCT

83 Margaret St (Down Marylebone
passage) W1W 8TB
02076 370 600; jct.charity
Showers (Booked in advance), Takeaway
Food, Casework support around housing,
benefits, immigration, Health & Wellbeing
Ladies group, sit in breakfast (please book).
FF

A man wearing a red vest with 'THE BIG ISSUE' logo is smiling and handing a coin to a woman. He is holding a yellow magazine titled 'THE BIG ISSUE' with a 'NEAT BIG IDEA' section. The woman is wearing glasses and a purple and white scarf. They are on a busy city street with buildings and other people in the background.

**THE BIG
ISSUE**

Become a vendor

Looking for a flexible way to earn extra cash and develop new skills?

Selling The Big Issue allows you to work when you want, and you can earn a decent living.

Selling the magazine also improves your people skills and sales skills, and places you at the heart of a loyal community of customers and supporters.

You'll get **5 free magazines** so you can start earning straight away, and you'll receive ongoing support from our team.

Go to www.bigissue.com/become-a-vendor to find out more or call **020 7526 3445**

MISSIONARIES OF CHARITY SOUP KITCHENS (ELEPHANT)

112–116 St George's Rd, Elephant & Castle, SE1 6EU

0207 620 1504

Tues, Wed, Sat & Sun 9:30 – 11:30am

Hot takeaway available outside

FF

MISSIONARIES OF CHARITY SOUP KITCHEN (LADBROKE GROVE)

PIUS X Church Hall, 79 St. Charles Square, London W10 6EB

020 8960 2644

Tues & Fri 4 – 5pm, Sun 3:30 – 4:30pm

Free takeaway for local homeless people

FF

NORTH LONDON ACTION FOR THE HOMELESS

St Paul's Church Hall, Stoke Newington Road, N16 0AJ

07421 032 553

www.nextmeal.co.uk/places/northlondonactionforthehomeless

Mon: 12noon – 1:30pm; Wed 6 – 7:30pm

vegetarian meal, shower and laundry facilities. Due to Covid-19 all food is take-away.

FF

NIGHTWATCH

Queen's Gardens, Croydon, SE23 3ZH

Mon – Sun: 9:30pm – 10pm

Sandwiches, soup, hot drinks & biscuits

FF

OUR FORGOTTEN NEIGHBOURS

Outside Toynbee Hall, Commercial Street, E1

Thurs 5pm for the soup kitchen.

We provide hot meals drinks and perishable and non-perishable food. We also give toiletries.

We don't need any documentation anyone is welcome.

We have an onsite contact for rehab centres too.

FF

REFETTORIO FELIX ST CUTHBERT'S

The Philbeach Hall, 51 Philbeach Gardens, Earl's Court, SW5 9EB

020 7835 1389

Mon – Fri 12noon – 1pm

- Offering take-away lunch.

Mon – Fri 11am – 1pm

- Call our mental health worker for advice on 07928 831 372

Tues, Wed, Thu & Fri (Housing advice restarts 2021 times to be confirmed)

F

ST JOHN THE EVANGELIST CH

Brownswood Park, Queen's Dr, Finsbury Park, N4 2LW

020 8809 6111

Tue 6.30 – 8.30pm (Soup Kitchen)

Fri 11am – 12noon (Clothes bank)

Sun 12.30 – 2pm (Hot Lunch)

Tue & Sun (Food banks)

FF

KEY
A Alcohol workers
AC Art classes
AD Advocacy
AH Accommodation/
housing advice

B Barber
BA Benefits advice
BE Bedding available
BS Bathroom/showers
C Counselling

CA Careers advice
CL Clothing store
D Drugs workers
DA Debt advice
DT Dentist

EF Ex-forces
EO Ex-offenders
ET Education/training
F Food
FF Free food

ST JOHN ON BETHNAL GREEN

200 Cambridge Heath Rd, Bethnal Green, London E2 9PA (Tower Hamlets)
0208 980 1742

Tuesday 6 – 7pm

'Tuesday Night Bites' free hot meal

FF

ST PATRICK'S OPEN HOUSE

21a Soho Square, London, W1D 4NR
020 7437 2010;

www.facebook.com/stpatricksoho

Mon, Fri & Sat: 8:30am

– Breakfast Club: Indoor seated service with limited capacity, first come first served. Limited showers also available. Tue & Thu: 7pm

– Open House evening meal: Indoor seated service with limited capacity, ticket holders only.

Meal tickets for the week available on Mondays at 1:30pm from Sutton Row entrance.

FF, BS

STREETLYTES

Saint Stephens Church
1 Coverdale Road, London, W12 8JJ
0207 602 9011;

www.streetlytes.org/

streetlyteslondon/en/page/need-help

Mondays: 5 – 6pm

Dinner - restricted opening hours during Covid-19.

Our drop in offers a free hot meal, friendship and donated items.

FF

SELBY FOOD HUB

Selby Centre, Selby Road Tottenham, London, N17 8JL

0208 885 5499;

selbytrust.co.uk/our-services

Tue: 2 – 4pm; Thu 4:30 – 6:30pm

FF

THE MANNA

St Stephens

17 Canonbury Road, N1 2DF

0207 226 5369

www.themanna.org.uk

Open for rough sleepers only.

Thurs & Fri: 10am – 4pm:

Showers and laundry accessible, limited numbers, attend in person to join waiting list.

To enable physical distancing, we limit numbers inside. You may be asked to wait outside or come back later for your shower.

Food and hot drinks available.

FF

WHITECHAPEL MISSION

212 Whitechapel Road, London, E1 1BJ

0300 011 1400;

whitechapel.org.uk/help/timetable

Free breakfast Mon – Fri from 8am

Advice worker available for questions on benefits, accommodation, night shelters and even Zoom interviews.

We have takeaway food parcels and clothing parcels.

AH, B, BA, BS

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
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OL Outreach worker links
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FULL LIST
AVAILABLE ON
OUR WEBSITE



YOUNG PEOPLE

ALONE IN LONDON FOR YOUNG PEOPLE (DEPAUL)

Endeavour Centre, Sherborne House, 34 Decima Street, London SE1 4QQ
0207 278 4224; 0207 939 1220
uk.depaulcharity.org/london-get-help
 Mon – Fri: 9am – 5pm

Our direct-access services provide advice and support for young people aged 16 to 25 who are at risk of homelessness. Also counselling services for 11 to 25.

AH, AD, CA, C, ET, MH

FRANK

0300 123 6600, www.talktofrank.com
 Mon – Fri: 2pm – 6pm (live chat); Drug advice for young people.
www.talktofrank.com or text: 82111

AD, C, DW, OL

NEW HORIZON YOUTH CENTRE

68 Chalton Street NW1 1JR
020 7388 5560, nhyouthcentre.org.uk/
 Monday: 2pm – 3:30pm

For young (16-24) homeless people. Free lunch. Women-only groups. Mental health, life skills & advice, and employment/resettlement support. Sex worker project. Street outreach. Refugee worker.

Our day centre is currently open on Mondays, Wednesdays and Fridays between 10:30am and 3.30pm.

MH, AH, AD, A, BA, BS, CA, CL, DW, ET, FF, IT, LF, MS, OL, OW

WOMEN

CLEAN BREAK

2 Patshull Road NW5 2LB
020 7482 8600, cleanbreak.org.uk/
 Monday: 11am – 1pm (health and wellbeing); Inspirational theatre company working with women whose lives have been affected by the criminal justice system. Free courses in acting, writing, singing and recording. The Women's Space will be for women offenders and women at risk of offending due to drug or alcohol use or mental health needs. CODES:

MH, A, DW, ET, MD, C, MS

THE MARGINS PROJECT

19b Compton Terrace N1 2UN
020 7704 9050, unionchapel.org.uk
 Monday & Wednesday: 11am – 2pm; Showers, clothes, food. Advice on health, housing, money & legal issues. Also therapy, job club & English tuition.

AH, BS, DA, F, LA, C

SMART WORKS

Unit 2, Shepperton House, 89-93 Shepperton Rd N1 3DF
020 7288 1770, <http://bit.ly/2G8Cwo6>
 Smart clothing for women for job interviews. Mentoring programme run by CIPD and referral to employability programmes.

CL

KEY

A Alcohol workers
AC Art classes
AD Advocacy
AH Accommodation/
 housing advice

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D Drugs workers
DA Debt advice
DT Dentist

EF Ex-forces
EO Ex-offenders
ET Education/training
F Food
FF Free food

THE TRICKY PERIOD PROJECT

www.trickyperiod.com/pick-up-points/
 Together we are working to end period poverty. Tricky Period is a grassroots group collaborating with local libraries, stations and other welcoming community spaces to provide period products to those experiencing homelessness and poverty. Social media group: www.facebook.com/TheTrickyPeriod/?ref=page_internal
MH

TREASURES FOUNDATION

07950 585 947, <http://bit.ly/2ymbru9>
 Monday – Friday: 10am – 5pm;
 Treasures Foundation helps female ex-offenders and former addicts with a home and support. By referral only – please contact your key worker. "We provide housing each day, every day".
 email: mandy@treasuresfoundation.org
MH, AH, F

WORKING CHANCE

24-27 White Lion Street N1 9PD
 0207 2781532, workingchance.org/
 Monday – Friday: 9am-6pm; Supports women with criminal convictions and those leaving the care system into sustainable, quality employment. They place candidates into a huge variety of jobs in hospitality, finance and media, as well as the public and third sectors. Giving support around CV writing, interview practice and disclosing convictions to potential employers.
AH, AD, BA, C, DA, ET, TS

SHOWERS**999 CLUB (DEPTFORD CENTRE)**

21 Deptford Broadway SE8 4PA
 020 8694 5797
<https://999club.org/our-services/>
 Office: Mon – Fri: 9-5
 Gateway Centre:
 Mon – Fri: 9am – 12pm
 A warm and welcoming environment.
MH, AH, AD, A, AC, B, BA, BS, CA, ET, FC, IT, L, MS, TS, LA, EO

CONNECTION AT ST MARTIN'S DAY CENTRE

12 Adelaide Street, London, WC2N 4HW
 020 7766 5544
services@cstm.org.uk
www.connection-at-stmartins.org.uk
 Keeping many of our services open during Lockdown.
 Reduced Service and referral Only
 Showers, food, laundry and assessments.
 We work with people, not just for them,
BS

OUR LADY OF THE ASSUMPTION & ST GREGORY

10 Warwick St, Piccadilly Circus, W1B 5LZ
 020 7734 9313
warwickstreet.org.uk
 Wednesdays 6.30 – 10.30am
 Showers, toiletries and clothes.
BS

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical services
NE Needle exchange

OL Outreach worker links
OW Outreach workers
SF Step-free
SH Sexual health
TS Tenancy support



SHOWERBOX

St Giles Church, High St, WC2H 8LG
near Leicester Square / Covent Garden
showerbox.org

Sat: 10am – 3pm

Offering a free and secure
shower space for the street and
homeless in London.

Shower, some toiletries,
sanitary towels and a pair of socks.

BS

ST ANDREW'S CHURCH

Greyhound Road, London, W14 9SA
0207 385 5023

15 mins walk from Barons Court Tube
Sat: 9–11am

Hot takeaway meal with snacks, fruit
and drinks and we offer a shower from
8:30am on a first come first served basis
(with towels and toiletries provided)
for around 12 people one-by-one
throughout the morning.

FF, BS

ST PATRICK'S OPEN HOUSE

21a Soho Square, London W1D 4NR
020 7437 2010;

www.facebook.com/stpatricksoho

Mon, Fri, Sat: 8.30 – 9am

Breakfast and showers available, first
come first serve.

Tues, Wed, Thu: 7pm dinner - limited
availability, get tickets in advance on
Monday at 1:30pm

FF, BS

THE MARGINS PROJECT

19b Compton Terrace N1 2UN

020 7704 9050; unionchapel.org.uk

Monday & Wednesday: 11am – 2pm;
Showers, clothes, food. Advice on health,
housing, money & legal issues. .

AH, BS, DA, F, LA, C

WHITECHAPEL MISSION

212 Whitechapel Road, London, E1 1BJ

0300 011 1400; whitechapel.org.uk

Mon – Sun: 6am (day centre opens)

Mon – Sun: 7 – 9am (free breakfast)

Mon – Fri: 7:30am – 9:30am

(showers by appointment)

Mon – Fri: from 9am

Take-away food parcels and clothing
parcels. Haircuts every third Wed.

FF, BS

WOMEN@THEWELL

54-55 Birkenhead St, WC1H 8BB

020 7520 1710; watw.org.uk

Numbers limited - ring ahead if possible.

Opening hours: 12.30pm – 3:30pm

Showers, laundry, food and care
packages.

A, AD, A, BS, C, L, SH

DENTAL

CENTRAL LONDON COMMUNITY HEALTHCARE NHS TRUST

Great Chapel Street Surgery.

0207 798 1300

KEY
A Alcohol workers
AC Art classes
AD Advocacy
AH Accommodation/
housing advice

B Barber
BA Benefits advice
BE Bedding available
BS Bathroom/showers
C Counselling

CA Careers advice
CL Clothing store
D Drugs workers
DA Debt advice
DT Dentist

EF Ex-forces
EO Ex-offenders
ET Education/training
F Food
FF Free food

DENTAL HELPLINE

01788 539 780

Mon – Fri: 9am – 5pm

<http://bit.ly/1DDHrCo>

Free, independent and impartial service.

*DT***GUY'S HOSPITAL EMERGENCY
DENTAL SERVICES**

23rd Fl, Tower Wing, Thomas St SE1 9RT

0207 188 8006; bit.ly/2SPruMn

Opens at 8am (at full capacity by 9am.)

*DT***KING'S DENTAL INSTITUTE**

Bessemer Road, Denmark Hill SE5 9RS

0203 299 9000

<https://bit.ly/2aZpDAO>

Mon – Fri: 8:30am – 12:30pm;

Walk-in service - first come, first served.

Patients queue from 7am.

*DT***NHS 111**

For dental emergencies call NHS 111

EYECARE**VISION CARE (LONDON SITES)**

0203 286 4186

visioncarecharity.org

Free sight tests and spectacles.

London, Tower Hamlets.

Wednesdays from 11am until 3:00pm

Vision Care for Homeless People

CRISIS SKYLIGHT

66 Commercial Street,

London E1 6LT

0300 636 1967

Nearest tube: Aldgate East/Liverpool St; Bus: 67

BY APPOINTMENT ONLY – To enquire about appointment availability email london@crisis.org.uk.*MS***BARBER****ACTON HOMELESS CONCERN**

1 Berrymead Gardens W3 8AA

020 8992 5768,

bit.ly/1rY49Ay

Hot lunches, showers and clothes too

*AH, A, B, BA, CL, C, DT, DW, F, FC, MS***HAIRCUTS4HOMELESS**

To make an appointment call

0759 080 7435

or visit The Whitechapel Mission at

212 Whitechapel Road, E1 1BJ

or The West London Mission,

19 Thayer Street, Marylebone, W1U 2QJ

email: team@haircuts4homeless.com*B***WHITECHAPEL MISSION**

212 Whitechapel Road, London, E1 1BJ

0300 011 1400;

whitechapel.org.uk/help/timetable

Haircuts every third Wed.

AH, B, BA, BS

FC Foot care
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EX-OFFENDERS

NATIONAL PRISONERS' FAMILIES HELPLINE

15-17 The Broadway, Hatfield,
Hertfordshire AL9 5HZ

0808 808 2003

prisonersfamilies.org

Monday-Friday: 9am – 8pm (not Bank Holidays); Saturday & Sunday: 10am-3pm; Advice, info & support if a family member is in the criminal justice system in England and Wales.

[LA](#)

THE NEHEMIAH PROJECT

47 Tooting Bec Gardens, Streatham
SW16 1RF

020 8773 7417

www.tnp.org.uk

Monday – Friday: 9am – 5pm;
Nehemiah runs a residential recovery programme for men with a history of addiction; it is abstinence-based and the three-month therapeutic course is compulsory. Enquiries 020 8773 7417, option 1, or email referrals@tnp.org.uk

[AH,A,C,DW,ET,EO](#)

FORWARD TRUST

020 3981 5525

forwardtrust.org.uk

Empowers people to break the cycle of crime and addiction. Services are tailored to individuals' needs, strengths and motivations.

Harm reduction, care and assessment, plus motivation, inspiration and support to transform your life.

[A,C,DW](#)

TREASURES FOUNDATION

07950 585 947

treasuresfoundation.org.uk

Monday – Friday: 10am – 5pm;
Treasures Foundation helps female ex-offenders and former addicts with a home and support. By referral only, email: mandy@treasuresfoundation.org

[MH,AH,F](#)

TRINITY HOMELESS PROJECTS (UXBRIDGE)

Redford House, Redford Way, Uxbridge
TW3 1YW

020 8797 9500; wearetrinity.org.uk

Monday – Saturday: 9am – 5pm
Uxbridge office hours - 01895 256655
Monday-Saturday: 9am – 5pm (Hayes office hours, 3-7 Willow Tree Lane, UB4 9BB); Accommodation and support for single homeless men 16-55 with support needs. 25 per cent of bedspaces are for ex-offenders. Prefer applicants to have a local connection.

[AH,AD,BA,DA](#)

WORKING CHANCE

Claremont Building, 24-27 White Lion
Street N1 9PD

0207 2781532,

workingchance.org

Monday – Friday: 9am – 6pm; Supports women with criminal convictions and those leaving the care system into sustainable, quality employment. They place candidates into a huge variety of jobs in hospitality, finance and media, as well as the public and third sectors. Support around CV writing, interview practice and disclosing convictions to potential employers.

[AH,AD,BA,C,DA,ET,TS](#)