



the Pavement

The FREE monthly for London's homeless

November 2010



"The government's got the Axe Factor"

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The Pavement

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The Editor

Cold cuts

We cover the cuts this issue – well, as much as we can at this early stage. There are some dire predictions, but as with much in life, we'll have to wait and see how they pan out. Anyhow, readers should have more immediate concerns in the coming months.

October saw Bewick swans returning early from Russia, which traditionally means we're in for a cold, cold winter. We offer advice to readers sleeping rough on protecting yourself against hypothermia and frostbite in our medical columns, but the only sure protection is to get indoors. Don't wait to see if it does get cold, but make use of winter shelters. We've included what we could gather so far on seasonal shelters, and it's in *the List* from page 30.

Richard Burdett

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Brendan Taaffe

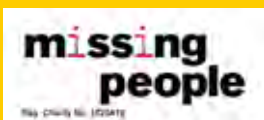
Age at disappearance: 39

Brendan has been missing from Birkenhead, Wirral, since 26 January 2010.

There is concern for his welfare and he is urged to call our confidential service **Message Home** on **Freefone 0800 700 740** for advice and support.

Brendan is 6ft 1tall, of medium build with blue eyes and dark brown hair. When last seen he was wearing blue jeans, a dark coat, and brown shoes.

If you've seen Brendan please call the 24-hour confidential charity **Missing People** on Freefone **0500 700 700** Email: seensomeone@missingpeople.org.uk



London's hub

We look into the announcement of a homeless 'hub'

A new 'hub' for rough sleepers in London is being planned under the London Delivery Board's 'No Second Night Out' (NSNO) plan. This policy, which aims to help those newly on the street to get indoors after one night, is itself part of the target to end rough sleeping in the capital by 2012.

Little detail is yet available on the precise nature of this hub, even where it will be based; but it will be a central point for those sleeping out to be taken to. Those taken in will, if necessary, be able to sleep there for up to three nights.

Additionally, a 24-hour hotline is included, which will allow members of the public to report those sleeping rough so that an outreach team will be able to pick them up.

It is unclear whether additional funds are being allocated to this project, as seems unlikely in these times of cuts, or whether it will come from a shift in existing funding and by moving staff from current locations. However, Richard Blakeway, chair of the London Delivery Board and the mayor's director of housing, told *Inside Housing*: "If this requires additional resources, then they will be found".

Few concerns have been voiced over the proposed hub because of the lack of detail. It remains to be seen what action will be taken if some rough sleepers refuse to go to a central location with the people sent to assess them. Crucially, the part the police will play in the hub, and whether they'll be taking people to it, is unknown.

The Pavement got this response from Jeremy Swain, chief executive of charity Thames Reach, in reply to questions about the operation of the hub on the social networking site Twitter: "Aim is to help ppl off

street quickly + then assess what support they need. Hope police will be able to refer to hub too."

Alison Gelder, director of Housing Justice, allayed some fears that readers may have about the hub, telling *The Pavement*: "I keep hearing that it is all a plan to sweep undesirables off the streets and out of sight of the Olympic crowds, and I keep saying that this really is not the objective of the plans.

"The aim is to get as close to ending street homelessness as possible, and to create a city where no one needs to sleep rough. The people doing the planning care about homeless people and want them to have the best possible options for getting off the street. NSNO is a trial of how this might be accomplished. It won't be perfect because it's a pilot and is there to be learned from and improved, but it will test the extent to which it's possible to stop people becoming habituated into the culture of street sleeping. So the hub is an answer to the question: what do we do the second time we are in contact with someone sleeping rough any where in London? The details of what it will be like, how people will be taken there (including whether it is appropriate to use force), and what options will be offered to them once they are there, are still being worked out."

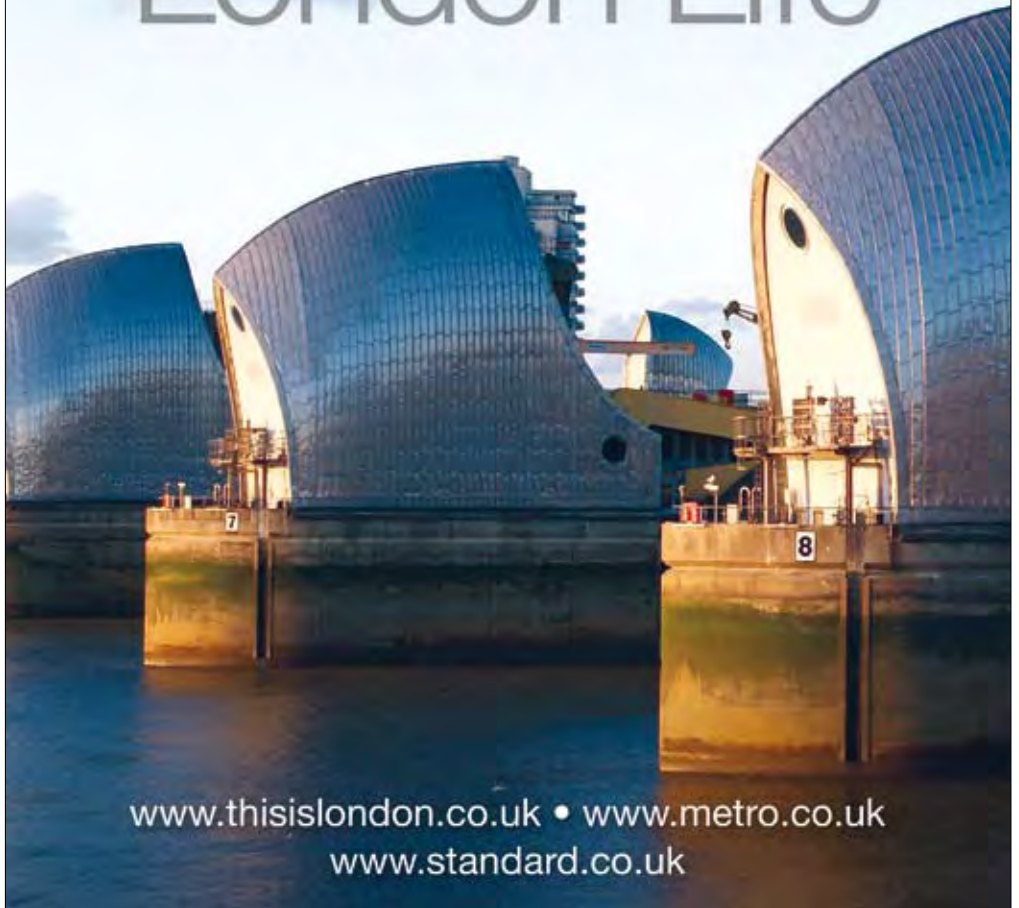
She added: "Perhaps Pavement readers have some suggestions to offer? What would have made a difference for them on their second night out?"

Staff

- Email or post suggestions to us, at the address on page 3, and we'll forward them to Ms Gelder.

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***Caring for homeless
veterans...Now!***



Why Rochester Row?

We look at the detail behind the closure of a day centre

In the September issue, we reported the sad closure of an iconic London day centre, Rochester Row. Yet, following the publication of the report, commissioned by the Salvation Army, on Rochester Row's future, it is clear that the situation is more complicated than the original statement suggested.

The Salvation Army's director of homeless services at the time, Maff Potts, had told *The Pavement* that closure was partly to avoid "duplicating what is being delivered by other homeless services providers".

However, the report, subsequently passed to us by the Salvation Army, states that "a large number of rough sleepers who come to Rochester Row to access primary services are unable to use The Passage because they do not meet the eligibility criteria". This was largely because Rochester Row was providing a service for the large number of Eastern Europeans who were unable to access The Passage.

The report recommended keeping the day centre open, but proposed structural changes and investment in its services: "The Salvation Army should continue to offer a service for rough sleepers at Rochester Row, but one that focuses exclusively on therapeutic interventions to help people tackle their problems and pre-employment work to get people off the streets and into work."

The Pavement asked the Salvation Army to clarify why they had been unable to sustain Rochester Row and why they had closed the centre when it was still accessed by so many.

Major Julian Watchorn, assistant director of homelessness services at The Salvation Army, said: "There is never a good time to close a

service and the decision to close the Rochester Row day centre was not made lightly. Funding is always a concern, particularly in the present financial environment.

"The independent review stated that the day centre required investment in additional resources and a change of programme to do more to help people who are homeless find a route off the streets. We were already taking all financial responsibility for the centre, running at a £200,000 deficit each year. The day centre was one of numerous services within the borough of Westminster for this client group requiring funding in order to be operational.

"With difficulties in securing additional funding, we had to address the review's finding that existing services offered at Rochester Row were not fully meeting the complex needs of clients and were available at other open-access day centres."

Some readers had speculated that the closure was due to pressure from Westminster Council, who were reluctant to endorse a centre that appeared to be encouraging Eastern European nationals to remain in the area, and in the UK. Indeed, the report noted that "although the Rough Sleeping Unit at City Hall [Westminster City Council] are unclear about what services the centre offers or who uses them, the Unit's position is that the centre should cease providing services to rough sleepers altogether."

Responding to this, Major Watchorn said: "The Salvation Army seeks to work with local authorities to address the needs that are presenting in communities. We seek where possible to work in partnership and were prepared, on

this occasion, to see our service as part of a bigger picture within the borough. We are mindful that there are individuals for whom Rochester Row was their preferred support option, however the review and local authority have noted there are alternatives available and that our day centre was duplicating services already provided nearby."

The Salvation Army also stated that no decision has yet been taken on the future of the building.

Staff



A brush with the law



What a waste

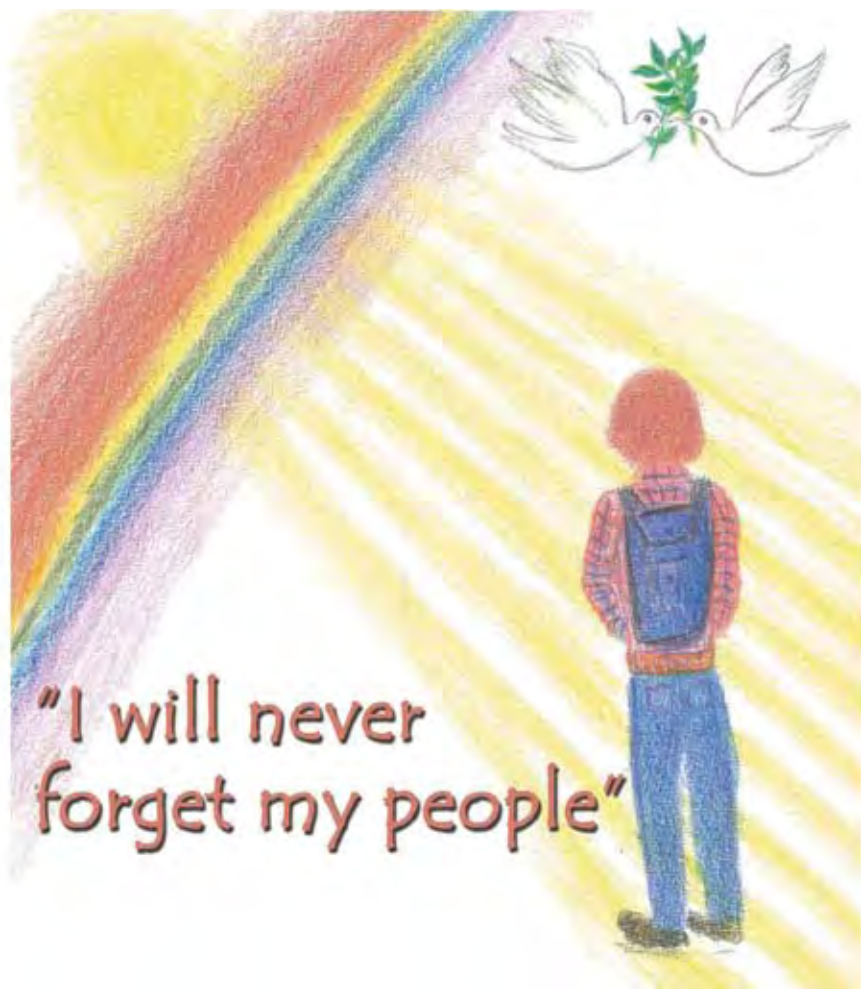
We don't keep our fresh, natural food overnight to sell the following day. We never have and we never will.

For years we've worked with registered charities helping the homeless by offering our unsold sandwiches to them at the end of each day. Unfortunately, some still get chucked away. (And that really upsets us.)

If you know of a charity in need of good food, please tell them to call Edward Metcalfe on 020 7932 3339.

★ PRET A MANGER ★

**You can read the news,
keep informed & search our
directory of services online @
www.thepavement.org.uk**



"I will never
forget my people"

Service of Commemoration

for homeless people who have died in the last year

All Welcome

St Martin-in-the-Fields Church

Trafalgar Square

Thursday 11th November 11.30am

Followed by Refreshments in the Connection Day Centre



Housing Justice

Organised by St Martin-in-the-Fields, the Connection and Housing Justice, with Artistic Director Rosemarie Cockayne. Thanks to Mohamed Mahdi of the Chelsea Methodist Church art group for the painting.

Info from 020 7920 6600 or 020 7766 5544



The Connection
at St Martin-in-the-Fields

helping homeless people
seven days a week

News in brief

The homeless news from across the UK and the World

Over 1,800 convicted under Vagrancy Act

In July's edition of *The Pavement*, we focussed on the Vagrancy Act, which came into law in 1824 and is still used to prosecute rough sleepers.

Offences listed under the act include begging and sleeping outside. It has clearly long outlived its usefulness and relevance to the modern world, especially given that it still lists "pretending to tell fortunes" and "wandering abroad" as criminal offences.

Using a Freedom of Information request, we found that 1,220 arrests were made in the capital in 2009, with 745 arrests for begging, the most frequent offence.

Since then, *The Pavement* has made another Freedom of Information request, this time to the Ministry of Justice, to find out the extent of its use around the country, and this time looking at the number of convictions. In 2008, the latest year for which the ministry has records, over 1,800 people were found guilty of breaking this arguably archaic law.

We also asked the ministry to provide us with a geographical breakdown of where the act was being used. Unsurprisingly, convictions were a great deal higher in large urban areas, with London and Manchester alone accounting for more than 700 of the 1,884 offences. Other areas that saw a notable spike in convictions were Merseyside and the West Midlands.

It is worth noting that convictions are not necessarily proportional to population. In Avon and Somerset, which includes Bristol

and Bath, there were 42 convictions. In Merseyside, an area with a similar population, there were 190 convictions. This kind of discrepancy could be explained both by less strict police enforcement, or simply by certain areas having higher numbers of rough sleepers than others. Surrey, for instance, had just four convictions, and Dyfed-Powys in Wales has only one.

John Ashmore

Estimates of ex-service homelessness exaggerated, claims charity

The number of ex-military people sleeping rough is a lot smaller than government estimates, according to specialist charity Veterans Aid.

The London-based service, which has been running for nearly 80 years, receives around 2,000 calls for help and provides over 20,000 nights of accommodation to ex-service men and women every year.

But it disputes government statistics that put the number of rough sleepers with a military connection at four per cent of the total number.

"Many [who claim to have been in the military], on further investigation, prove to be lying," said Hugh Milroy, chief executive of Veterans Aid. "This is not surprising given that there are around 3,000 ex-service support bodies operating in the UK, offering help that is not available to those who are not veterans. This number seems to be growing, with new programmes and niche 'help' organisations appearing daily."

Veterans Aid media officer Glyn Strong added: "Very few 'soldiers' are on the streets; they are actually under represented in the homeless and prison communities. If you are in crisis, it is a positive advantage to be a veteran as there are around 3,000 bespoke help agencies."

Tracey Kiddle

Gone, but not forgotten

For most people 11 November means Remembrance Day, but amongst London's homeless people, it is not only those who died in World War I that are remembered. Every year, during the week of Remembrance Sunday, St Martin's-in-the-Fields holds a Service of Commemoration for homeless people who have died in the past year.

The event is organised by St Martin's, The Connection and Housing Justice, with the help and input of many others, from homeless (and formerly homeless) people to other homeless agencies.

In what has become a tradition of the service, the names of those who have passed away are read aloud. As well as acting as a central record for relatives looking for missed loved ones, it's also a way of publicly commemorating those who lost their lives, says Alastair Murray, deputy director of Housing Justice: "Many who died are much remembered by others, but won't have had much of a remembrance. This is a way of honouring them, and a celebration of their lives and struggles."

Mr Murray is currently responsible for compiling the list and receives name suggestions from homeless agencies, hostels and

homeless people and by other avenues. "They're not necessarily people who died on the street," he says, "Formerly homeless people stay in touch with those that helped them, and we're sometimes sent names of volunteers or staff too." Last year, some 200 names were read aloud, and already some 30 - 40 names have been submitted for this year's service, which, fittingly, has as its theme the scripture 'I will never forget my people'.

The reading of the names is interspersed with poetry, readings, songs and music from a variety of individuals and groups, such as the Streetwise Opera, The Passage and The Salvation Army. And although poignant, the memorial is not "quasi-political" says The Connection pilgrimage manager Roger Shaljean, who helps organise the service alongside Mr Murray, Revd Richard Carter from the ministry team at St Martin's, and the verger. "We've had sermons," he adds, "but not used them to bash the authorities. We don't need to: people who attend often ask questions."

The first Service of Commemoration took place about 20 years ago, remembers Mr Shaljean: "The idea came from a verger of St Martin's who saw all manner of upmarket funerals going on and said the people who come to church most are the homeless, but they don't get the same ceremony".

Although initially a St Martin's event, the service soon widened its scope, with Mr Shaljean inviting homeless organisations to take part, and then Pat Logan and the rest of Housing Justice quickly coming onboard.

At first the services took place in the summer, but it didn't seem quite right, says Mr Shaljean: "We didn't want to come into conflict with the usual Remembrance service, but this was when there was availability". Considering a number of homeless people are ex-service personnel, perhaps the timing is appropriate after all.

This year's Service of Commemoration takes place at St Martin's-in-the-Fields on 11 November at 11.30am. All are welcome.

If you have know someone from the London homeless community who has died in the past year, contact Alastair Murray of Housing Justice at a.murray@housingjustice.org.uk at least a week before 11 November. For more information and to download a poster, visit: www.housingjustice.org.uk/events/events.htm.

Carinya Sharples

A thousand cuts

The national news is full of stories about government funding cuts, but it is not just large news outlets that are monitoring the big slashes. Chaminda Jayanetti is a journalist and the author of *A Thousand Cuts*, a blog that aims to investigate, publicise and campaign against unfair government cuts. *The Pavement* caught up with Mr Jayanetti to get his views on the proposals and find out how they might affect our readers.

"Many homeless people are no doubt used to being ignored by politicians, and may feel that there is nothing that can be done to stop this latest round of attacks. But there is a crucial difference this time: large sections of the British public are increasingly feeling anger at being forced to pay the bill for the bankers' mess," he said.

Mr Jayanetti feels passionate about the unfairness of the current situation. He added: "The reckless super-rich of the banking sector brought Britain's economy to its knees with an economic crisis that has already forced millions of people into unemployment. As the banks prepare to dole out more multi-million pound bonuses, the government

is cutting vital frontline services that will hit the poor hardest.

Housing is an issue that A Thousand Cuts monitors closely. Mr Jayanetti believes housing policy has gone from bad to worse. "Under Labour, it was a shambles and it will go down as their most wretched failure. However, what little progress they did make is being unravelled by the coalition government," he said.

"The government has made it a priority to target benefits claimants and to demonise them as work-shy scroungers. Housing benefit claimants are the first in the firing line, and the various attacks on Local Housing Allowance are widely expected to increase homelessness," he added.

It is not just housing that is a target for cutbacks. Mr Jayanetti said: "I'm currently monitoring NHS job cuts and there are thousands of them. Some of these have the potential to disproportionately impact homeless people; a noticeable trend is high level cuts to NHS mental health trusts, and drug and alcohol addiction services. Without wishing to stereotype all homeless people, it is not unreasonable to speculate that these services do cater to a section of the homeless population."

The government has, however, formed a ministerial committee aimed at tackling homelessness. Mr Jayanetti said: "I doubt many homeless people will be trembling with excitement at this news. However, the bitter irony is that if ministers' cuts are implemented, this ministerial committee will likely have its hands full with the fallout."

So what advice would Mr Jayanetti give our readers who might want to try and do something about it?

"Look out for leaflets or posters in your local area advertising anti-cuts campaigns, or try your local trade union council. There are also unemployed workers unions that fight against local



"Charles Darwin discovers the origin of the faeces"





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@beckyblanton says:

Nothing is more powerful than our stories. Whether it's a story told in pictures, or story told in words, stories change people. Social media and blogs are how and where we tell our stories. Stories connect us to the world. No matter how rich, how poor, how young, how powerful or how weak, stories change us.

@HomelessGirl1 says:

As the online community around me got bigger, as I blogged and tweeted my very innermost secrets, I began to realize that I was not unique in my situation, people were asking me for advice and sharing their stories about living on the outskirts of society, the shame and helplessness they had experienced like me. This changed my perception and understanding about this epidemic of homelessness and it gave me the purpose that I had been looking for.

WWW.WEAREVISIBLE.COM

TWITTER: @WEAREVISIBLE FACEBOOK: FACEBOOK.COM/WEAREVISIBLE

cuts and campaign for better rights for local unemployed people, be they seeking work or claiming long-term benefits.

"The game has changed. Trust in the government and big business has collapsed and given the scale of the cuts being planned, there will be people whose very lives depend on them being stopped. It cannot be utopia for the bankers and 'realism' for the rest. Enough is enough."

Chaminda Jayanetti's blog can be found at:
athousandcuts.wordpress.com

Liza Edwards

Boris slammed by homelessness charity

A leading homelessness charity has criticised Boris Johnson, mayor of London, for giving money to a man begging in Leicester Square last month.

Since 2003, charity Thames Reach has been warning the public that giving change to beggars often helps to fuel drug or alcohol addiction. Its chief executive, Jeremy Swain, warns that "money contributed by caring members of the public to people begging is, invariably, spent on heroin and crack cocaine, causing ill health, misery and sometimes death." Responding to the mayor's well-meaning gesture, Mr Swain sarcastically blogged that Boris might as well "give money straight to his local drug dealer and cut out the middle wo/man."

While Thames Reach has applauded the mayor's commitment to end rough sleeping in the capital by 2012, the charity remains adamant about its begging policy. The message is clear: give to homelessness charities rather than to people begging on the streets.

Amy Hopkins

Big Society event

An event has been held in London to discuss the Government's new plan for a "Big Society".

Brent Homeless User Group (B.Hug) organised the meeting to discuss whether the new initiative can be inclusive and can support local communities.

More than 80 people, including homeless people and representatives from the voluntary sector, attended the workshop at The

Salvation Army Headquarters in central London in September.

The charity's chief executive Atara Fridler said: "The key question was how to create something that we can all participate in. How do we create a Big Society that includes people who have been marginalised, that allows and encourages all of us to contribute as well as get the help we need?"

The coalition government describes their idea of a Big Society as one where "families, networks, neighbourhoods and communities that form the fabric of so much of our everyday lives" play a "bigger and stronger" part than ever before. This, ultimately, means decentralisation and the use of more volunteers instead of help from the state. Ms Fridler added: "At B.Hug, we have been working for many years with vulnerable people who have experienced homelessness, addiction and mental health problems.

"We know from experience that while these people are often the most excluded members of our society, they each have different knowledge, experience and insight that they can share with their local communities.

"It would, therefore, be a huge missed opportunity if the government's plans to create a Big Society did not make provision for these individuals and ensure that they are included along with other members of our communities."

The event consisted of policy workshops, and a manifesto was produced using the contributions of those attending. Speakers included director of housing at Brent, Martin Cheeseman; New Economics Foundation head of social policy Anna Coote; and B.Hug researcher and volunteer David Wright, who used to be homeless.

The manifesto can be found at: www.involvementandempowerment.org.uk.

Rebecca Evans

Sleep outs spark debate

Homeless charities and organisations arranging sponsored sleep-outs have come under fire from the chief executive of a leading homelessness charity.

Sponsored sleep-outs, where members of the public volunteer to sleep rough for a night in aid of homeless projects, have become an increasingly popular fund-raising practice, attracting high profile participants such as Prince William, who slept-out for charity Centrepont last December.

Jeremy Swain, chief executive of Thames Reach, has used online forums and public networking sites to rally against the practice, tweeting recently that "people will never understand homelessness if every campaign is based on rough sleeping image." He insists that by focusing only on the rough-sleeping aspect of homelessness, sleep-outs undermine both the complex needs of homeless people (which encompass issues such as addiction and mental health) and the wide range of services and projects that are available to meet them. He warns that public displays of rough sleeping could lead the public and policy makers alike to perceive the role of homelessness organisations as merely providing soup and shelter.

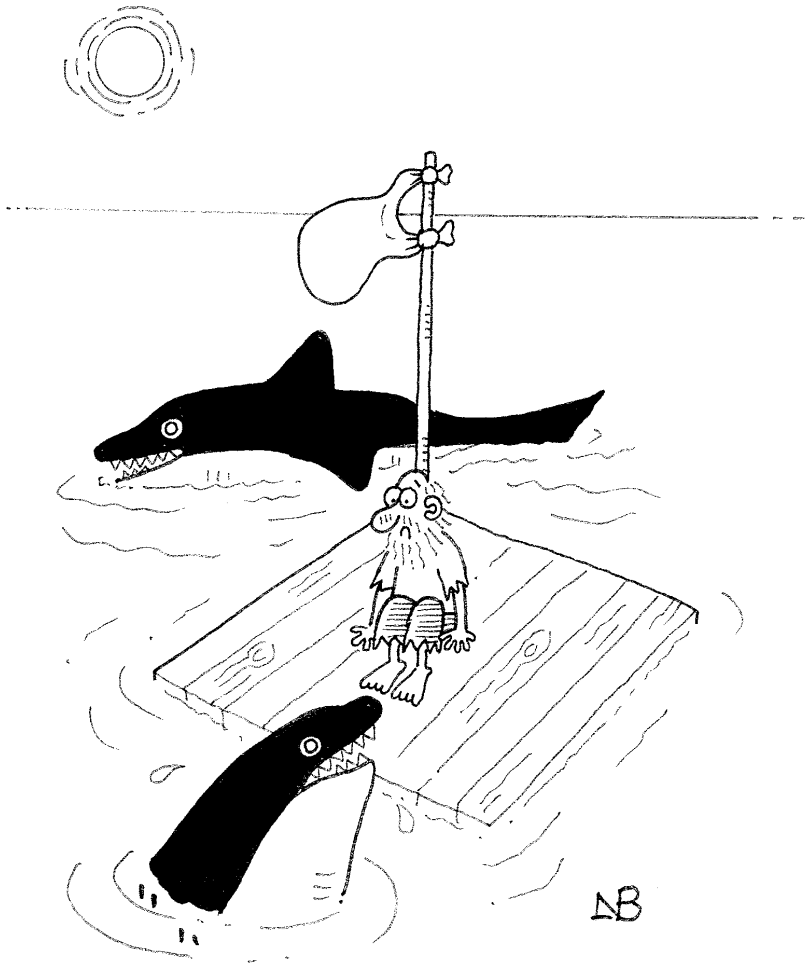
Speaking to *The Pavement*, Mr Swain expressed disappointment that charities with significant fund-raising potential failed to be more creative with their methods. He dismissed sleep-outs as a "lazy approach to fund-raising", and instead advocated fund-raising that "avoids stereotypes of homeless people – no bodies in doorways". He is critical of activities that promote this kind of image of homeless people and argues that stereotyping them as helpless rough sleepers creates misconceptions about their ability to change their lives and overcome homelessness.

He told *The Pavement*: "The message is then that homeless people are passive victims, vulnerable, inadequate and needy. I have 103 colleagues here at Thames Reach who were once homeless and they are none of the above."

When asked to suggest alternatives to sleep-outs, Mr Swain was quick to propose a range of activities that involved positive and hands-on collaboration between homeless people and sponsors, such as a sponsored cooking competition or park clean-up. Thames Reach has organised many activities of this kind, and Mr Swain insists that when the public are given the opportunity to spend a day with homeless people, "lo and behold! [Members of the public] find out that [the homeless] are intelligent and interesting people who have had a hard time, not addicts and wasters!"

Objecting to Mr Swain's criticism, Lisa Lewis, project manager of Doorway, a charity drop-in centre in Chippenham, applauds sleeping-out as "a very effective means of gaining both media and public attention to highlight the fact that homelessness exists at all in rural areas." Ms Lewis told *The Pavement* that by sleeping-out for a night, "we can raise awareness and then go on to educate the public in the issues surrounding homelessness on all levels. We use rough sleeping as a starting point."

Sleep-outs are part of a growing trend that has seen members of the public volunteer to temporarily experience the plight of the homeless. In a recent BBC show, *Filthy Rich and Homeless*, based on a real-life course in the USA, wealthy Britons swapped their cars and home for 10 days to live alongside homeless people. Mr Swain and Ms Lewis's comments form part of the ongoing debate within the homelessness sector about whether sleep-outs and other public participation activities should be welcomed as helpful methods of raising money,



"We're killing you for scientific research"



*Wat Tyler's request for greater social
mobility was turned down*

or denounced as misleading displays of homelessness tourism.

Amy Hopkins

Homeless charities gear up for cuts

Homeless charities have been bracing themselves for budget cuts ahead of the government's Comprehensive Spending Review on 20 October.

Charities including St Mungo's, Novas Scarman and Connection at St Martin's all voiced concerns about possible funding cuts but could not say which services might be hit.

Speaking to *The Pavement* before the government announced its spending plans, a spokeswoman from St Mungo's said: "Most of our central and local government funders are asking for significant reductions in the grants that they give us. We have been addressing these requests by reviewing the services that we deliver and the way we deliver them to clients."

However, she added that the organisation would know more after details of the Comprehensive Spending Review (CSR) were released on 20 October. "Following this, both central government departments and local authorities will have more certainty about how much they are able to spend on services, and the picture is set to become much clearer," she said.

St Mungo's total income last year was £47.4m, with around £4m from fundraising and the rest coming from local and central government, rents and interest income.

The CSR, which was announced on Wednesday 20 October, set out the government's plans for public spending over the next four years.

Maff Potts, chief executive at charity Novas Scarman, said: "Like everyone in our country,

we are aware that cuts are currently on the political agenda.

"Our organisation already has the principles of the Big Society embedded within its values, particularly through our Community Development work.

"We appreciate that cuts will make life difficult for a huge number of people, but Novas Scarman and the services it provides intends to be more visible than ever," he added.

Speaking at a Conservative Party conference fringe session on the Big Society, Stephen Bubb, from the Association of Chief Executives of Voluntary Organisations, warned that it could come down to a choice between street cleaning services and a grant to a local charity. "Councils are going to have to make some very hard choices after October 20," he said.

"I hope local authorities will start also to think about how they deliver things differently. Disruptive change like cuts is often a time for innovation."

Confidence in the financial situation of charities is also at a three-year low, according to a new study from the National Council for Voluntary Organisations, with 63 per cent of charity leaders predicting that their organisation's financial situation would worsen over the coming year.

But despite the potential cuts, St Mungo's said that more needed to be done, and called for a renewed effort to help long-term rough sleepers off the streets of London. "We need to forge ahead with real urgency to deliver the best services possible in partnership with local authorities and other agencies, especially as cuts start to impact," concluded Charles Fraser, chief executive of St Mungo's.

Garnet Roach

Children held for fire attack on homeless man in Jamaica

Over recent issues, *The Pavement* has charted the worrying and sickening rise in attacks on homeless people, particularly in the US. From the eight in 10 rough sleepers in America who have been victims of crime (you can search our website for these archive stories), to Ralph Millward, who was killed by three teenagers on our own streets, it seems homeless people across the world are increasingly becoming targets of violence. In the US, laws are even being passed to classify such attacks as hate crimes.

But, inevitably, such incidents are not confined to the US or UK. In Jamaica, three children were recently remanded in custody following the death of a homeless man who was set on fire.

According to reports in the *Jamaica Observer*, Lionel Maitland, 54, was asleep on the pavement outside a supermarket in Montego Bay, Jamaica, on 11 September when the horrific attack took place.

One of the three children, aged 13, was charged with murder, while the remaining two – plus two others who were charged but instead held at a children's home – were charged as "uncontrollable juveniles". Their ages range between eight and 12.

All but one of their parents were also remanded after being charged with child neglect. Both the children and adults were scheduled to reappear at the Montego Bay Family Court on 6 October.

Following the attack, Mr Maitland – who is reported to have had mental health issues – was taken to the Cornwall Regional Hospital, where he was pronounced dead. A post mortem later revealed that he died from severe burns.

As with similar incidents in the UK, the attack doesn't appear to be a one off. Earlier this year, for

example, the *Jamaica Observer* received reports of a gang of 10–16 young people beating up homeless and mentally-ill people at night in Kingston, and sometimes setting fire to them or their cardboard boxes.

However, the incident has provoked at least one call for more to be done to help the homeless in Jamaica with Joy Crooks, the administrator for the Committee for the Upliftment of the Mentally Ill (CUMI) in Montego Bay, reportedly blasting the government's provision of mental health care for the homeless.

Carinya Sharples

Housing associations treble surpluses

Housing associations have seen their annual surpluses treble in the last year, ahead of widely anticipated spending cuts.

A study of 24 of the country's largest associations found they have a surplus of almost £280m, an increase of £180m from the £96.7m combined amount for last year.

Housing associations are not-for-profit organisations, so any surplus they make after tax is used to maintain existing homes and help build new ones. The money is also used to run shared ownership schemes to help people who cannot afford to buy their homes outright. The stockpiling of cash may, however, be a sign that associations are preparing for government spending cuts.

Affinity Sutton, who with 55,000 homes is one of the country's largest associations, reported a surplus of £44m – more than double the £20m in 2008/2009. Finance director Mark Washer warned that associations need a “stronger financial base” to cope with forthcoming spending cuts and avoid the need for future bailouts.

Catalyst, which manages 16,000 homes across the South-East, also saw its net surplus double from £7.1m to £16.7m. In its annual statement, the company said it wanted to increase this amount further, saying a surplus was “essential to be able to access the private finance required to fund that part of the cost of new homes not met by social housing grants.”

The report added: “Our aim is to generate an annual net surplus of £20 m by March 2013. We will be exacting about financial performance and added value across our range of activities and will use a lean approach to drive out waste.” The group also stressed that all profits are reinvested in providing “homes, services and community regeneration.”

Another association, Bromford Group, which owns 26,000 homes across central England, saw its surplus almost treble from £5.5m in 2008/09 to £14.1m in 2009/10 – a record for the group.

There are around 1,400 non-profit housing associations across England, which manage around 1.8m homes. Their role is to provide low-cost social housing, and they are the country's biggest provider of rental homes and shared-ownership schemes. Many have specialist projects for people with mental health or learning disabilities or substance misuse problems; and for homeless people, young people, ex-offenders and women fleeing domestic violence.

Rebecca Evans

Homeless hate crime passed in Florida

Back in June, we reported that local governments in Florida and California were introducing laws to bring crimes against homeless people under the banner of hate crime.

On 1 October this year, the law officially passed in the state of Florida in the USA.

“It is already against Florida law to attack someone because of their race or religion. Now, you can add being homeless to the list of criteria for hate crimes,” reports *baynews9.com*.

“The new law, which takes effect from October 1st, will lead to steeper penalties for those convicted of hurting people because they are homeless. It was prompted by a rash of vicious attacks on the homeless across the state.”

According to the *Huffington Post*, the new law will see maximum penalties go up one degree from what had been. To put this into context, the Miami Herald reports that “a felony of the first degree is now reclassified to a life felony.”

Florida is the third state to pass the law, says the *Huffington Post*: “Maryland last year was the first to label such attacks as hate crimes and was followed this year by Rhode Island and then Florida.”

Tracey Kiddle

Homeless tours of London

Homeless people are offering tourists an alternative view of London with guided tours around Old Street and London Bridge.

The trained guides, all of whom are homeless, offer a “historical but also unexplored perspective of the city”, said the Sock Mob, which inspired the tours.

As well as showing a different side to the capital, guides from

Unseen Tours also give groups a lesson in the history of homelessness, weaving in their own experiences of life on the streets.

The tours cost either £5 or £8, with guides reinvesting some of the cash into the scheme and keeping the rest.

Starting as a pilot scheme with just four tour guides, the social enterprise is now training three new guides, with upcoming tours of Brick Lane and Covent Garden to be added to the bill.

Sock Mob said that it welcomed interest from homeless people across London who would like to get involved.

Garnet Roach

Punks party for the homeless

A punk music project is helping to raise money for street children in Latin America with a series of gigs around the UK.

Punk 4 the Homeless started in Boston, Lancashire, but has expanded across the country, with the first London gig set for 6 November and shows scheduled for Sheffield, Bolton and Manchester.

The London gig will feature bands including SKURVI, Freedom Faction, OiZ II MEN and Loudmouth Eddi.

Gary Eagling, who set up the project at his local church, said: "I went to church one Sunday morning and they were singing the hymn Lord of Sea and Sky, and this triggered the thought that I had heard it before on a Vandal's album."

This inspired him to start Punk 4 the Homeless, in a bid to "raise money for homeless charities and introduce youngsters to the scene".

"We have a free download compilation due out through Stoneage Records," he added. "It has punks, skinheads, people of

various sexualities, Christians and Muslims on it, giving us a united approach to the problem at hand."

All money raised will go to Casa Alianza UK, which works with street children in Honduras, Nicaragua, Guatemala and Mexico.

Although the project doesn't make a huge amount of money, it does help to raise awareness, with more than 18,000 visitors in under a year, said Eagling.

The first London gig will be held at Urban Bar in Whitechapel Road with tickets priced at £3 all night.

Visit www.myspace.com/punk4thehomeless for more information or to get involved.

Garnet Roach



STREET SHIELD

CHAPTER 18

A
MYSTERY
TO
SOLVE

DOWN A DARK ALLEY OFF BULL STREET

...IT'S JUST HE'S NEVER
LATE, AND NOW HE'S GONE.
I'VE ASKED AROUND AND
NO-ONE'S SEEN HIM IN DAYS.

OKAY JIM, WE'LL
LOOK INTO IT,
AND LET YOU
KNOW.

SO, YOU KNOW THIS
MAN WHO'S GONE
MISSING?

LET ME HELP,
USING MY POWERS TO
SCOUR THE CITY
FOR HIM!

OKAY, THAT MIGHT HELP.
I'LL MEET YOU BACK
HERE IN AN HOUR!





NEXT MONTH

ANSWERS!

Health and wellbeing

The Pavement's health team – a nurse and a podiatrist – address the effects of the cold



Footcare: How to avoid frostbite

In very cold temperatures, the body loses heat. A critical decrease in body temperature causes hypothermia, and exposure to extreme cold will cause frostbite (pictured above) – the skin freezes.

Extremities such as the nose, cheeks, ears, fingers and toes are most commonly affected. No one is exempt, but you are more likely to be affected when you are exhausted, dehydrated, living in the open or under the influence of alcohol. The elderly and very young

are most vulnerable and need to take shelter in the colder months.

The brain tries to deal with extreme cold by conserving heat to keep the vital organs functioning. Slowing down the flow of blood through the extremities and skin keeps internal body temperature at a constant, but at the cost of colder extremities. At times like these, the blood vessels carrying blood to the hands and feet will dilate (widen) for short periods to allow oxygen to the tissues, but once the body temperature drops to a critical level (hypothermia), the superficial blood vessels are permanently constricted (narrowed),

causing frostbite. Smoking and drinking both cause small vessels to contract, which only complicates matters in cold weather.

Prolonged exposure to the cold damages the lining of the blood vessels and causes holes to appear, with leaking of blood into the tissues. Superficial frostbite may cause burning, numbness, tingling, itching or cold sensations. When deep frostbite is present, you lose all sensations. Areas affected will be swollen, often with blood-filled blisters over white or yellowish skin that looks waxy and turns a purplish blue when re-warmed. The area is hard, with no resistance when you pushed down on it.

Blood returning to frostbitten areas can be extremely painful. It may appear sensible to thaw out at a fire, but cycles of thawing and refreezing cause more damage. If you suspect you have frostbite, it is important to quickly get to a medical centre for proper rewarming and careful medical evaluation. Avoid walking on frostbitten feet, as this will lead to further damage. The affected body part should be raised to reduce swelling. Dry, sterile bandages can be used to separate affected fingers and toes and prevent them from rubbing. All wet and or tight clothing must be replaced.

To rehydrate, sip warm, non-alcoholic, non-caffeinated fluids. Thankfully, frostbite is comparatively rare; in the cold weather, people are more likely to suffer milder forms of exposure including frostnip, chilblains, and trench foot.

Frostnip is the tingling sensation (paresthesias) in the hands and feet exposed to cold. This discomfort disappears after rewarming without any tissue damage. Chilblains arise

from an abnormal response of the extremities to cold and damp; small blood vessels are damaged, causing localised tissue inflammation that makes the skin appear swollen and reddish or purple. Chilblains may itch or be tender and painful, but will usually disappear in warmer weather. Trench foot is more severe and results from repeated exposure to cold and dampness. The feet become reddened, swollen, painful or numb, and may be covered with bleeding blisters. Eventually the arches of the feet collapse, making walking impossible.

In the colder months, wear layers of clothing to stay warm. To protect the hands and feet, wearing two pairs of gloves and socks is a good idea. Air trapped between the layers heats up to body temperature and keeps the skin insulated from extreme cold. Staying dry is essential to staying warm, and a good diet over the colder months is vital. Eating slow-metabolising foods such as oats (porridge), wheat and starches help the body stay warm.

Stay warm, stay dry and stay safe.

Footnote: So important are clean, warm, dry socks that several groups had out free socks to those on the street, and the UK and US. Have a look at these groups: www.meetup.com/thesockmob & comfortsocks.blogspot.com

Toe Slayer

Registered podiatrist and shoe historian

Flo on... hypothermia

You won't need me to remind you last winter was a cracker. Winter is almost upon us again and it's time to think about how to keep warm when the weather gets bad. If you slept outdoors last winter, this article may tell you nothing new; but this one is

predicted to be much colder. If you're experienced at getting through the winter outdoors, share your knowledge and look out for those who are vulnerable.

Nurse Flo is a big fan of forward-planning. Start thinking now about where you're going to be when it gets seriously cold outside. If you can get a place in a hostel or a seasonal shelter, now is the time to get indoors. If you've got no other option (or if you choose to spend the winter outdoors), then start gathering the extra kit you'll need now.

Layer your clothes. Layers work because warm air gets trapped between them and slows down heat loss. Certain manmade fibres, usually found in brands for hill walkers or climbers, are designed to wick moisture away from the skin, preventing heat loss. Wool and synthetics such as polyester and polypropylene provide better insulation than cotton. Keep your head covered, as heat is lost quickly through the head. As well as lots of layers, try to get a waterproof coat or jacket. Staying dry is an important part of staying warm. Keep your feet warm and dry: cold, wet feet and cold weather cause a nasty condition called trench foot.

Extreme cold brings with it the risk of hypothermia, a serious, life-threatening condition when your body temperature drops too low for you to stay alive. Being with someone else means you can look out for the early signs of hypothermia in each other. And don't waste time wondering what the difference between cold and hypothermia is: the minute you suspect it – get help. If you are with someone who is hypothermic, get urgent medical help. While you are waiting for help, you can add layers to their clothes, give them a warm, sweetened drink, share your body heat with theirs, and encourage them to keep moving and talking.

Shivering is an obvious early sign, but look out for the "umbles" (stumbles, fumbles, mumbles and grumbles): hypothermia slows you down and the first symptoms may just be lack of co-ordination, flatness, don't care attitude or drowsiness. It is very difficult to identify hypothermia in yourself as the condition slows down your ability to reason.

If your mate starts talking rubbish, don't just assume it's alcohol-related – one of the cruel things about hypothermia is that its symptoms can mimic drunkenness. Alcohol use increases your risk of becoming hypothermic, so avoid drinking outdoors when you know temperatures are going to drop very low. If you have to, make sure you are with people who can get you help. Hypothermic people often try to remove their clothes; this is a sign they need medical help.

Dehydration increases your chances of becoming hypothermic. Try to drink at least a litre of tap water every day. Being really cold uses extra calories, so eat as much as you can and as many calories as you can. It's not often I advise you to eat loads of rubbish, but the more calories you have on board, the better your chances when it's freezing outside.

Another seasonal hazard is the flu. There are many strains of the flu, and if you are a vulnerable individual, you need to take extra precautionary measures to limit the possible effect it could have on you. This year's flu jab is now available at your GP's surgery. If you want the flu jab, get along to see your doctor or nurse and ask. Good health,

Flo

- To put a question to our nurse, email: flo@thepavement.org.uk or write to the address on page 3

HOMELESS CITY GUIDE



squat



empty building



dangerous neighbourhood



danger



guard dogs



an attack happened here



good place to drink / smoke



unfriendly place



friendly place



soup run (with rating)



strong police presence



potential for work



good food thrown away here



safe for sleeping



message board x mins that way



security guard



you'll get moved on here

step 1



step 2



MAKE YOUR MARK AND HELP OTHERS TO READ THE CITY

Make non permanent marks to keep the system up to date and stay within the law.

WEBSITES

Homeless London Directory (RLS)
Updated at least annually
www.homelesslondon.org

The Pavement online
Regularly updated online
version of The List.
www.thepavement.org.uk/services.htm

Proud to be mad
A campaigning site for
those with mental illness
www.proudtobemad.co.uk

Sock Book
An 'e-shelter', with a large
directory of services.
sockbook.referrata.com

Soup Run Forum
For those using or running
soup runs, or just concerned
with their work. Comments and
details on future meetings.
www.souprunforum.org.uk

Stonewall Housing
Addresses the housing needs of lesbians and gay men. Provides temporary, supported housing for 16 – 25 years old lesbians and gay men.
www.stonewallhousing.org

Streetmate
An independent site with substantial information on housing, working and learning, built for those homeless who use the internet and want to do-it-themselves as much as possible.
www.streetmate.org

Allowance or Incapacity Benefit
0845 377 6001
For Social Fund enquiries
0845 608 8661
For the Pensions Service
0845 60 60 265

London Street Rescue
0870 383 3333
Rough sleeper's hotline
Message Home Helpline
0800 700 740, 24 hrs daily

National Debtline
0808 808 4000
Poppy
020 7840 7141
Helps women who have been
trafficked for sexual exploitation
Runway Helpline
0808 800 7070
For under-18s who have left home

The Samaritans
08457 90 9090

SANeline
6 – 11 pm
0845 767 8000
Out-of-hours helpline for those
affected by mental health

Shelter
0808 800 4444
Housing info and advice
8am–8pm daily
Stonewall Housing advice line
Advice for Lesbian and Gay men
020 7359 5767
(Mon, Thu, Fri 10am – 1pm;
Tue & Wed 2 – 5pm)

Survivors UK
Mon, Tue & Thur: 7–10pm
020 7404 6234
Helpline for men who have
been sexually assaulted at
any time in their lives

UK Human Trafficking Centre
0114 252 3891

Place, King Street, W6 0RQ
020 8748 1400
Blue Cross Merton, 88 – 92
Merton High Street, SW19 1BD
020 8254 1400
Novembertree Respite Centre
72 Moray Road, N4 3LG
020 7263 7070
One-off four night stay for
those in suicidal crisis
Telephone first - not a
drop in service. *MH*
Quaker Mobile Library
Every second Mon at either:
10.45am Webber Street or 10.45am
Deptford Churches Centre. This
means that each Webber Street
and Deptford each receive one
visit per month; every second
Mon, 1.30am at Manna Centre,
Bermondsey (every fortnight). Every
other Tue: 7pm, Lincoln's Inn Fields;
Sat: 9.45am, The Connection at
St Martins; 11am, The Passage

TELEPHONE SERVICES

Domestic Violence Helpline
0808 2000 247

Eaves
020 7735 2062
Helps victims of traffick-
ing for prostitution

Frank
0800 776 600
Free 24-hr drug helpline

Get Connected
0808 808 4994
For young people (1pm–7pm daily)

Jobcentre Plus
To make a claim
0800 055 6688
For queries about existing claims
For Income Support, Jobseekers

to the vulnerable and homeless.
www.streetlytes.org
Street Souls
Third Fri of the month: 8pm
onwards, Ashley Place, near West-
minster Cathedral.
Soup, drinks, sandwiches & cakes.
Also have sleeping bags
and some clothing.

SW London Vineyard/King's Table
Sun 2.30pm-4.30pm beneath
Waterloo Bridge (Embankment).
Good hot stews and potatoes.

Teen Challenge
Mon, 9-11.30pm; Whitechapel;
Tue, 9-11pm; Hackney Central;
Wed, 9-11pm; Brixton (in square);
& Thu, 9-11pm; Ealing Tube
Hot meals from a bus

Quaker Run
Victoria area
Second Sun of month: 7pm
Wycombe & Marlow Group
Lincoln's Inn Fields
Tue: 8.15pm
Food, drink and some sundries

SPECIALIST SERVICES

ASHA Project
13 Shrubbery Road, SW16 2AS
020 8696 0023
Mon-Fri: 9am-5pm
For asian women fleeing
domestic violence
AD
Blue Cross Veterinary Services
Offered to pet owners on a low
income. This is usually a means
tested benefit or state pension
with no other means of income:
Blue Cross Mobile Veterinary Clinic
All run 10am - 1.30pm & 1.30pm
-3.30pm, at these locations - Mon:
Bethnal Green Road E2; Wed:
Hackney Town Hall (car park) E8;
Thur: Islington Town Hall, Upper
Street, N1; Fri: Walthamstow
Town Square, High Street, E17
On a first-come-first-served basis.
Some cases November need to be
referred to the Victoria hospital.
Hospitals
Blue Cross Victoria, 1 - 5
Hugh Street, SW1V 1QD
020 7932 2370
Blue Cross Hammersmith, Argyle

Soup Run: Wed & Thurs (8pm-
10.30pm); St Pancras Church
8.15pm; Hinde Street 8.45pm;
Maltby Street 9.15pm; Waterloo
9.45pm; Army and Navy 10.15pm
Street Café: St Giles-in-the-Fields,
St Giles High Street, WC2 (next
to Denmark Street) - Sat (2
-4pm) & Sun (1.15-3.15pm), P

St Andrew's Church
10 St Andrew's Road
Fulham, W14 9SX
Sat: 1.30am-1.30pm
Hot food and sandwiches

St Ignatius Church
Lincoln's Inn Fields
Sat: 8.30-9.15pm

St John's Ealing
Mattock Lane, West Ealing
W11 9LA

St John the Evangelist
39 Duncan Terrace, N1 8AL
020 7226 3277
Tue-Sat: 12.30pm-1.30pm

St Monica's Church
Temple Station
First, third and fourth Tue
of the month: 8.30pm

St Thomas of Canterbury
Lincoln's Inn Fields
Every second Wed: 9pm
Sandwiches, drinks, cake and clothes

St Vincent De Paul
Lincoln's Inn Fields
Tue & Thu: 7.30pm

Steps of Faith
Victoria area, Thurs: 8-10pm
Walking around with soup, drinks,
snacks and some clothing

Streetlytes
Mon: From 6.30pm, a sit down meal
at Chelsea Methodist Church, 155a
King George's Road, SW3 5TX; Tue: 6-9pm,
other Saturday, 7.30pm behind
the House of Frazier, Victoria
Hot tea/coffee, sandwiches, fruit,
yogurt, pasta, blankets and clothing

Peter's Community Café
The Crypt, St. Peter's Church,
De Beauvoir Road, N1
Mon-Wed: 12noon-6.30pm
020 7249 0041
Rhythms of Life International
23 Crossway, N16 8LA
020 7254 9534
Mon-Sat: 4.30-6pm;
Sun: 3.30-5pm.
Free tea and warm food
served 365 days a year

Rice Run
The Strand, Westminster
Fri: 9-10pm
Rice and Chicken, or savoury rice

The Sacred Heart
This run from Wimbledon has
several teams coming up once
a month to the Piazza of West-
minster Cathedral. Sandwiches
and hot beverages around 9pm
every Tuesday and Friday.

Sahnu Vaswani
Lincoln's Inn Fields
Wed: 8-8.30pm
A great curry!

Sai Baba
Third Sunday of the Month:
93 Guildford Street, WC1
(Coram's Fields); 11am-1pm.
Vegetarian meal and tea.

Samartian Network
Has changed its name, see
Good Samaria Network

Silver Lady Fund (The Pie Man)
Piping hot pasties, pies and
sausages rolls from the van down
behind the Festival Hall or on
Southwark Bridge Road - from
5am (it's white with 'Silver Lady
Fund' written on the side).

Simon Community
Tea Run: Sun & Mon (6-9.30am):
St Pancras Church 6.30am; Millford
Lane 6.45am; Strand 7am; South-
ampton Road 7.30am; Army and
Navy 8am; Grosvenor Gardens
8.30am; Marble Arch (Sunday) 9am

- The Cabin**
St Gabriel's Community Centre
020 7272 8195
21 Hatfield's Road, N19 4NG
Daily: 1030-1130am;
Thu: 12noon (lunch)
- Camden Road Baptist Church**
Hilldrop Road, Holloway, N7 0JE
020 7607 7355
Thu: 10.30am-12noon
- The Carpenters**
TMO Community Hall, 17 Doran Walk, Stratford, E15 2JL
020 8221 3860
Every Tuesday: 10am-12pm
- The Coptic Church**
Victoria area, Tue: 9-10pm
- Ealing Soup Kitchen**
St Johns Church Hall, Mattock Lane
Fri: 11am-4pm; Sat and Sun: 3.30-5pm
They also give practical help/ housing advice
- Emmanuel Church**
Forest Gate, E7 8BD (corner of Romford Rd & Upton Lane)
Thurs: 7.30am (cooked breakfast)
- Faith House (Salvation Army)**
11 Argyle Street, King's Cross (near Burger King), WC1H 8EJ
020 7837 5149
Mon: 6-8pm (men's group);
Tues: 5-6pm (women's drop-in);
Wed: 1-3pm (women's drop-in);
Thurs: 7.30-9pm (open drop-in);
Fri: 11am-1pm (women's brunch & discussion group)
FF, CL
- Farm Street Church**
Thurs: 8-10.30pm
Three routes: *Oxford Street route*
- Davies Street; Bourdon Street;
South Moulton Street; Oxford Street; top end of Regent Street
to Hanover Street; Hanover Square; New Bond Street
Berkeley Square route - Berkeley Square; Berkeley Street; Green Park tube; Piccadilly
Hyde Park Corner route - Mount Street; Park Lane underpasses; Shepherds Market; Curzon Street
The Narrowway, Hackney Central
- Food Not Bombs**
- Good Samaria Network**
Every second Sat: 5-6pm
Mon: King George's hostel, Victoria; Sun: 6-8pm, Temple Station
- Hare Krishna Food for Life**
The Hare Krishna food run provides wholesome and tasty vegetarian meals from Soho and King's Cross Temples. The former can be found at Lincoln's Inn Fields, Mon-Fri: 7.15pm, finishing at Temple if there's food left. The latter from Mon-Sat, all year round: 12pm: Kentish Town (Isip Road); 1pm: Camden (Arlington Road); 2pm: King's Cross (York Way)
- House of Bread - The Vision**
Second and fourth Sunday in the month (6.45am onwards) - Hot food; note that an excellent full cooked breakfast is served on the fourth Sunday. On the Strand (Charing Cross end, outside Court's).
3.30-5pm
Sat: 8am-12pm
Full English breakfast
- Imperial College**
Serving sandwiches and hot beverages on Sunday evenings (8-9.30pm) at Lincoln's Inn Fields.
- Jesus Army**
National Portrait Gallery, near Trafalgar Square
Second full week of the month, Mon-Wed: 9pm
Food from a bus
- Kings Cross Baptist Church**
Vernon Sq, W1
020 7837 7182
Mon: 11am-2pm; Tue: 11.15am-1pm
Open for breakfasts
- Lincoln's Inn Fields**
Mon-Fri: 7.15pm; Many vans with food and occasionally clothing. Sat-Sun: 6.15pm onwards
- The Lion's Club of Fairold**
Charing Cross, Strand
Second & fourth Sun: 6pm
Hot Indian food
- Liss Homeless Run**
Strand, Palace Hotel
Last Tue of the month: 8pm
Also have clothes and toiletries
- Our Lady of Hal**
165 Arlington Rd, NW1
020 7485 2727
Tues, Weds, Fri & Sat: 12.45pm-2pm
- Open Door Meal**
St James the Less parish centre, Vauxhall Bridge Road, behind the Lord High Admiral public house. An established service, providing a two-course hot meal served at table. Alternate Thursdays during term-time; 7-9.30 pm. B, CL, FF
- Nightwatch**
At the fountain in the Queens Gardens, central Croydon
Every night from 9.30pm
Sandwiches and hot drinks
- New Life Assembly**
A run in Hendon, that comes into the West End once a month.
- Muswell Hill Churches**
2 Duke's Ave, N10 2PT
020 8444 7027
Sun-Thurs: 7.45-8.45pm
- Missionaries of Charity**
Mon: Spitalfields (9.30pm) & Victoria (10pm)
- Memorial Baptist Church Plaistow**
389-395 Barking Road, E13 8AL
020 7476 4133
Sat: 8am-12pm
Full English breakfast
- Love to the Nations Ministries**
Charing Cross, Strand
Every second Sun: 4pm
- The London Run**
Mondays (including bank holidays). Van with tea/coffee, sandwiches, eggs, biscuits, soft drinks, clothes, and toiletries: 8.45-9.30am; The Strand, opposite Charing Cross police station: 9.30pm-10.15pm; Temple: 10.15pm-11.00pm; Waterloo (St John's Church).
- London City Aid**
This run is from Harlow, and serves hot chocolate! Coming out on the second Tuesday of the month. Behind the Army and Navy in Victoria: 8.30-10.30pm.

PERFORMING ARTS

Cardboard Citizens
020 7247 7747
Variety of performing arts workshops held at Crisis Skylight as well as hostels around London.
ET, LA, MC, PA
www.cardboardcitizens.org.uk

The Choir With No Name

Every Monday, 7pm,
at various venues
A choir for homeless and ex-homeless, with or without singing experience.
www.choirwithnoname.org

Crisis Skylight

66 Commercial St, E1
020 7426 5650
Mon-Fri: 2pm-8pm; Sat
& Sun: 11am-5pm
AC, ET, IT, MC, P, PA
Workshop programme from
www.crisis.org.uk

Smart

Art workshops and lectures at various venues
020 7209 0029
Email: smartnetwork@lioneone.net
Streetwise Opera
020 7495 3133
MC, PA
www.streetwiseopera.org
Vision Impossible
Sorry, no longer running

SEASONAL SHELTERS

999 Club (Lambeth & Lewisham)
21 Deptford Broadway, SE8 4PA
Running a winter service, but very likely to be full with guests already known to them.

Barnet Churches Winter Shelter

Various Churches
contact Homeless Action in Barnet, 36b Woodhouse Road, N12 0RG
020 8446 8400
01 Dec - 31 Mar 10; 8pm - 8.30am
Referral through HAB - no self referral. Arrive before 10pm
Age 18+ mixed; Beds for 15; Dry

Route 18 Winter Shelter

tba
for up to 75); opening again at 3pm (supper for up to 75 at 6pm). Closes at 10pm except for

Caris Islington Churches Cold

Weather Shelters
Various Churches
07960 491151
01 Jan-31 Mar 1; 7.30pm-8.30am. Arrive before 8.30pm
Age 18+ mixed; Beds for 15 (separate area for women); Self- or agency referrals; phone ahead
www.carisistington.org

Community of Camden Churches Cold Weather Shelter (C4WS)

Various Churches
07715507970
01 Nov 10 - 31 Mar 11 (except closed 24 Dec - 30 Dec 10); 7.30pm-8.30am. Arrive before 8.30pm
Age 18+ mixed; Beds for 15 (separate area for women); Self- or agency referrals; phone ahead
www.coldweathershelter.org

Crisis Christmas

23 - 30 Dec - tba
Croydon Churches Floating

Shelter

Various Churches
07860 270 278
Mobile switched off if no vacancies
01 Nov 10 - 31 Mar 11; 7.30pm-8am.

Age 18+ mixed; Beds for 14
Local referral only, dry
www.croydonchurch.org.uk

Hackney Winter Night Shelter

Various Churches
Booking essential: 07549 043 728
You will not be charged for this call
01 Jan - 31 Mar 11; 8pm-8am
(7pm on Sundays)
Age 18+ mixed; beds for 25 (screened area for five women's beds)
Last admission 8.30pm
Agency or self-referrals; dry
The shelter is part of Hackney Doorways, which exists to serve the homeless in Hackney.
www.hwns.org.uk

Quaker Christmas Shelter

Union Chapel, Compton Avenue, N1 2XD
23-30 Dec (not 24 hours): 7am - 12noon (breakfast for up to 75); opening again at 3pm (supper for up to 75 at 6pm). Closes at 10pm except for

Robes Project (Southwark & Lambeth)

Various Venues
Nov 10 - 31 Mar 11
Age 18+ mixed; Beds for 13
By referral only from Manna Centre, 6 Mellor Street, SE1 3QP
Further info 07806878851 or 020 7407 2014
www.rob.es.org.uk

West London Churches Winter Shelter

Various Venues
020 7351 4948
09 Nov 10 - 17 Apr 11; 8pm-7am: last admission 8pm
18+ mixed; Beds for 35 (separate area for women); self-referrals on a first come first served basis; must phone first; dry

SOUP KITCHENS & SOUP RUNS**Agape**

Waterloo Bridge, North Side
Wed: 8pm
Sandwiches, teas and coffees
All Saints Church
Carnegie St, N1
020 7837 0720
Tues & Thurs: 10am-12noon
Cooked breakfast

American Church

(Entrance in Whitefield St)
79a Tottenham Court Rd, W1T
020 7580 2791
Mon-Sat (except Wed): 10am-12noon
AC, CL, FF, P

ASLAN

Hot food and sandwiches for early risers. Sat 5.30am-8.30am - Covent Garden, Milford Lane, Surrey Street, Strand and Waterloo.
Bloomsbury Baptist Church
235 Shaftesbury Ave, WC2 8EP
020 7240 0544
Sunday: Roast lunch 1pm
10.30am for ticket (very limited)

those referred to one of the 24 beds (self-referrals are possible); Dry

Street/Waterloo Christian Centre;

H&A; Compass Day Centre.

Tuesday – St Thomas' Hospital, In Patients' Westminster

Rolling Shelter; The Connection at St Martin's; Conway House

(hostel); Anchor House (hostel); The Passage; Downview Prison;

Look Ahead Day Centre.

Wednesday – The Passage; Great Chapel Street Medical Centre; St

Thomas' Hospital, Lloyd Still ward;

Cricklewood Homeless Concern;

Parker Street (hostel); Crisis Skylight;

Endleigh Gardens (hostel); Dellow

Centre (hostel); Brixton Prison.

Thursday – Broadway Day Centre;

Manna Centre; Great Chapel St

Medical Centre; West London

Day Centre; The Connection at St

all week – Brixton Prison;

Wandsworth prison.

See **Telephone Services**

for helpline

MEDICAL SERVICES

Great Chapel Street Medical

Centre, 13 Great Chapel St, W1

020 7437 9360

Mon, Tues & Thurs: 11am–

12.30pm; Mon–Fri: 2pm–4pm

A, BA, C, D, DT, FC, H, MH, MS, P, SH

Dr Hickey's – Cardinal Hume

Arneway St, SW1

020 7222 8593

Mon, Tues, Thurs & Fri:

10am–12.30pm & 2pm–4pm

Wed: 10am–12.30pm

Friday: 10.30am–12.30pm;

Mon, Wed & Fri afternoons

– appointments only

King's Cross Primary Care Centre

264 Pentonville Rd, N1

020 7530 3444

Mon: 6.30 – 9.30pm; Tue: 2

4pm; Fri: 1.30 – 3.30pm

BA, BS, CL, D, DT, FC, H,

– 12 noon; Wed: 1.30 – 3.30pm

BA, BS, CL, D, DT, FC, H, MS, NE, P, SH

Project London

Post St, Bethnal Green, E2 0EF

Mon, Wed & Fri: 1pm–5pm

07974 616 8552 & 020 8123 6614

MS, SH

TB screening van – MXU

Information given as date,

time, location and post code.

Turn up at these locations:

Mon 01 Nov: 8.30am – 1pm;

Connection at St Martin's

Tue 02 Nov: 9.30 – 11.30am;

Adelaide Street, WC2N 4HW

Church Army – Marylebone Project,

1 – 5 Cosway Street, NW1 5NR;

12.30 – 4.30pm;

Agencies – Great Chapel Street

Medical Centre et cetera

nb: MXU to park on Car-

lisle Street, Soho, W1D

Wed 03 Nov: 8.45 – 11.30am;

West London Day Centre, 134

- 136 Seymour Place, W1H 1NT

Thu 04 Nov: 9am – 12noon; St

Mungos – Harrow Road, W2 5XQ;

217 Harrow Road, W2 5XQ; 1.30

- 4.00pm; Westminster Drug

Project, Harrow Road, W2 5XQ

Fri 05 Nov: 10am – 12noon;

The Lodge Hotel, 16 Brooke

Street, EC1N 7RB

Mon 08 Nov: 8.30am – 12.30pm;

The Passage Day Centre, Car-

lisle Place, SW1P 1NL

Tue 09 Nov: 10am – 2pm; Look

Ahead – Victoria Hostel, 41 Castle

Laue, SW1E 6DW; 3 – 5pm; Look

Ahead – Bayswater Hostel, 30

-31 Leinster Square, W2 4NQ

Wed 10 Nov: 9am – 3pm;

Edward Alsop Court & ECHG king

Georges hostels, 18 Great Peter

Street, SW1 nb, MXU to park

outside Edward Alsop Court

Thu 11 Nov: 10am – 12noon; Look

Ahead – Hopkinson House, 88

Vauxhall Bridge Road, SW1V 2RW

nb, MXU to park on Osbert Street: 1

- 4pm; Passage House, 1 – 5

Fri 12 Nov: 10am – 3pm; ICH

- St Louise Hostel/ Cardinal Hume

Centre/ Dr Hickeys Surgery, 33

Melway Street, SW1P 2BG

Tue 16 Nov: 3 – 5pm; St Mungos

- Bickenhead Street, 4 Bickenhead

Street, WC1H 8BA; 6 – 8pm; Holy

Cross Centre, The Cryst, Holy Cross

Church, Cromer Street, WC1H 8JU

Wed 17 Nov: 9am – 3pm;

Parker House Hostel, 25

Parker Street, WC2B 5PJ

Thu 18 Nov: 9am – 12.30pm; The

Margaret Centre, 108 Hamp-

stead Rd NW1 2LS; 2 – 4pm; North

Camden Drugs Service (Response),

457 Finchley Road, NW3 6HN

nb, MXU to park on End Lane

Fri 19 Nov: 9am – 12noon;

St Mungos – Endell Street,

83 Endell St, WC2H 9DN

Mon 22 Nov: 9am – 12noon;

Salvation Army – Camphra House,

37 Hunter Street, WC1N 1BJ

Tue 23 Nov: 9.30 – 11.1am; St

Mungos – St Pancras Way, 9 St

Pancras Way, NW1 0PB; 11.30am

- 3.30pm; Spectrum Centre, 6 – 8

Greenland Street, NW1 0NO

Wed 24 Nov: 9 – 11am; SHP

- 88 Arlington Road, 88 Arlington

Road, NW1 7HT; 11.30am – 4pm;

One Support – Arlington House,

220 Arlington Road, NW1 7HE

Thu 25 Nov: 10am – 1pm; St

Mungos – Endleigh Gardens, 12 – 14

Endleigh Gardens, WC1H 0EH; 3

- 6pm; New Horizon Youth

Centre, 68 Chilton Street, NW1 1JR

Fri 26 Nov: 1am – 4pm; ICH

- Conway House, 20 – 22 Quex

Road, NW6 4PG nb, MXU

to park on Mutrix Road

Vision Care Opticians

07792 960416

Mon & Thurs: 2 – 7.30pm

at Crisis Skylight; Wed: 9am

– 5pm at The Passage

Free sight tests and spectacles

ENTERTAINMENT & SOCIAL**EVENTS****ASLAN**

All Souls Church – Clubhouse
Cleveland St
020 7580 3522
Sat eve: by invitation

Open Film Club

www.opencinema.net
FF, LA

EX-FORGES

AWOL? Call the 'reclaim your life' scheme from SSAFA
01380 738137 (9am–10am)

Home Base

158 Du Cane Road,
London, W12 0TX
020 8749 4885
www.cht.org.uk
Monday–Friday: 9.30am–5.30pm
Accommodation for 21 ex-service
men and women aged 18–55

who are homeless or potentially
homeless. Require proof of military
service. Phone, call in or write.

Royal British Legion

08457 725 725
Ring the Legionline to see how they
can help ex-servicemen and women

Veterans Aid

40 Buckingham Palace Rd, Victoria
020 7828 2468
A, AS, BA, D, CL, SS

Veterans UK

0800 169 2277
Free help and advice for vet-
erans and access to dedicated
one-to-one welfare service.

JOBCENTRE PLUS

www.veterans-uk.info

To get benefit advice use local Job
Centres or visit a day centre that
hosts JCP outreach staff. These are
listed below by day, but contact
individual centres for times:
Monday's – The Passage; The
Connections at St Martins; Holy-
cross Centre; Rusworth Rolling
Shelter; Guy's Hospital Onco-
logy Ward; Spectrum; Webber

other agencies; Thur: 5–7pm
Part of DASH in **Drug &**

Alcohol Services**Hackney Migrant Centre**

St Mary's Church, Spensley
Walk, Stoke Newington
Church Street, N16 9ES
info@hackneymigrantcentre.org.uk
Wed: 12.30–3.30pm
Free advice and support for
refugees and migrants
AD, BA, FF, H

UR4JOBS

Upper Room, St Saviour Church,
Cobbold Road, W12 9LN
020 8740 5688
07967 312207 (English)
07772 565815 (Romanian)
07772 473554 (Polish)
Mon – Fri: 5.30–6.45pm
(hot supper); Mon & Tue:
12noon – 5pm (UR4JOBS);
Wed 10am – 5pm (Polish lan-
guage counselling service)
Help in finding work and education
Now available online @
www.ur4jobs.co.uk, C, ET, FF

EMPLOYMENT AND TRAINING**Dress for Success (Women)**

Unit 2, Shepperton Hse
89–93 Shepperton Rd, N1 3DF
020 7288 1770
www.dressforsuccess.org
Smart clothing for job interviews

New Hanbury Project (SCT)

3 Calvert Avenue, E2 7JP
020 7613 5636
Mon–Thur: 9.30am–4.15pm
Courses in: personal develop-
ment, life skills, woodwork, DIY,
art, IT, guitar, Spanish, cooking
C, ET, MC

OSW (London Bridge)

4th Floor, The Pavilion
1 Newhams Row, SE1 3UZ
020 7089 2722, CA, ET, IT

Turnaround Resource E1

Montefiore Centre, Hanbury
Street, London, E1 5HZ
020 7247 9005
www.turnaround1.org.uk
CA, ET, IT

Tower, Tottenham Court Road
Mon–Fri: 4 – 7pm

Soho Rapid Access Clinic

Soho Centre for Health and Care
1 Frith Street, W1D 3HZ
020 7534 6687, D

Wandsworth Drug Project

86 Garratt Lane, SW18 4DB
020 8875 4400
Mon–Fri: 1–5pm; Sat: 1–4pm
AS, A, AD, AC, CA, C, D, H, NE, OB, SH

Westminster Community Alcohol

Service
4th Floor, 1 Frith Street, W1D 3HZ
020 7534 6699
Mon, Tues, Thu & Fri: 9am–
5pm; Wed: 9am–8pm
A, C

Westminster Drug Project

470–474 Harrow Road, W9 3RU
020 7266 6200
Mon–Fri: 10am – 12.30pm
(appointments and needle-
exchange); 1–5pm (open access)
AD, C, D, H, NE, OB, SH

184 Camden

184 Royal College Road, NW1 9NN
020 7485 2722
Mon: 9.30am–3pm; Tue-
Wed: 9.30am–5.30pm;
Thu–Fri: 9.30am–9pm
AS, AD, BA, C, D, H, OB

EASTERN EUROPEANS & MIGRANTS

Ania's Recruitment Agency
31 Fallsbrook Rd, SW16 6DU
020 8769 0509

East European Advice Centre

Pallingwick House, 241
King Street, W6 9LP
020 8741 1288
Open weekdays 10am–12pm & 2-
3pm; for appointments; closed Wed
Ring for appointment

Eastern European Drug and Alcohol Support

Emmanuel's Church,
Forest Gate, E7 8BD
020 8257 3068
Support for drug and alcohol
treatment, advice, contact with

DRUG/ALCOHOL SERVICES

Addiction (Harm Reduction Team)
228 Cambridge Heath Rd, E2
020 8880 7780
Drop-in: Mon, Fri 10am-4pm;
Tues, Wed & Thurs 12noon-6pm;
Closed each day 1.30pm-2.15pm
D, OL, MS, NE, SH

Blackfriars Road CDAT Team
151 Blackfriars Rd, SE1 8EL
020 7620 1888/6500
Mon: 2pm-4pm (drop-in)
MH, MS, NE

Central and NW London Substance Misuse Service
282 North End Rd, SW6 1NH
020 7381 7700
Mon-Fri: 9am-5pm, C, MS

Druglink
103a Devonport Rd, Sheep-
herds Bush, W12 8PB
020 8749 6799
Mon-Fri: 10am-5pm (needle
exchange and telephone
service); Mon & Fri: 2pm-5pm
& Wed: 3pm-6pm (drop-in)
C, D, OL, NE

East London Drug and Alcohol Support Services

Capital House, 134-138 Romford
Road, Stratford, E15 4LD
020 8257 3068
Drug and Alcohol Service for
London (DASL) provides free and
confidential services to anyone who
has concerns about their own or
another person's drug or alcohol
use, working with people from
Newham, Tower Hamlets, Red-
bridge and Bexley and Greenwich.
A special Eastern European service
is listed in **Eastern European** section

The Hungerford Drug Project (Turning Point)
32a Wardour St, W1D 6QR
020 7437 3523
Mon-Fri: 12noon-5pm, except Wed
2-5pm (drop-in), Sat & Sun: 1-5pm;
Antidote (lesbian, gay, bisexual and
transgender drug/alcohol service)
drop-in Thursday: 6-8.30pm
C, D, FF, IT, LA, MH

Needle Exchange Van
White van under Centrepoint

Livingstone House
105 Melville Rd, Brent NW10 8BU
020 8963 0545
Ring first. Local connection only

Novembertree Respite Centre
LA, MH, MS, OL

Redbridge Night Shelter
16 York Rd, IG1 3AD
020 8574 8958, Ring first

Turnaround (Newham) Choral Hall
020 7571 8377
7.30pm-7.30am

Waltham Forest Churches Night Shelter
020 7569 5900
Mon-Fri: 8.45-10am (rough sleep-
er's drop-in); 10am-11.30am (drop-
in, hostel residents join); 11.45am-
12.45pm (advice, appointments
only); Mon & Thurs: 1.30-3.30pm
(drop-in for those with tenancies)
AC, BA, BS, C, CL, F, FC, IT,
L, LS, MS, OL, P, SK, TS

Missionaries of Charity

112-116 St Georges Rd,
Southwark, SE1
020 7401 8378
Ring first, 9am-11am except Thurs
Age 30+ (low support)

St. Mungo's (Ennersdale House)
1a Arlington Close, Lewi-
sham SE13 6JQ
020 8318 5521 (ring first)

Medium-support needs
Women

Church Army
1-5 Cosway St, West-
minster NW1 5NR
020 7262 3818
Ring first. Daily vacancies

Home of Peace
179 Bravington Rd, W9 3AR
020 8969 2631
Women only. Open access (dry)

St Mungo's
2-5 Bickenhead St, WC1H
020 7278 6466

Young people (16-21)

Centrepoint
25 Berwick St, West-
minster W1F 8RF
020 7287 9134/5
Ring first. Daily vacancies

MASH
8 Wilton Rd, Merton, SW19 2HB
020 8543 3677 - Ring first

Webber Street (formerly Waterloo

Christian Centre)
6-8 Webber St, SE1 8QA
020 7928 1677
Mon-Sat: 9am-12noon
AS, B, BA, BS, BE, CL, FF,
LA, MH, MS, OL

The Welcome Project
11 Green Lane, Essex, IG1 1XG
020 8220 4111
Tue & Thurs: 12.30-3pm;
Wed & Fri: 10.30am-3pm
AS, BA, BS, CL, FF, H, L

West London Day Centre
134-136 Seymour Place, W1H
020 7569 5900
Mon-Fri: 8.45-10am (rough sleep-
er's drop-in); 10am-11.30am (drop-
in, hostel residents join); 11.45am-
12.45pm (advice, appointments
only); Mon & Thurs: 1.30-3.30pm
(drop-in for those with tenancies)
AC, BA, BS, C, CL, F, FC, IT,
L, LS, MS, OL, P, SK, TS

The Whitaker Centre
91-93 Tollington Way, N7 6RE
020 7263 4140
Mon-Fri: 11am-5pm
Alcohol allowed
BS, FF, L

Whitechapel Mission
212 Whitechapel Rd, E1
020 7247 8280
Daily: 6-11am (cooked break-
fast 8am-10am); Sat: 12noon-
2.30pm (women only)
AS, AD, B, BA, BS, BE, CL, C,
DA, D, F, H, IT, OL, SK, P, TS

The 999 Club
21 Depford Broadway, SE8 4PA
020 8691 7734
Mon-Fri: 10am-5pm
AS, AD, A, B, BE, CL, C, DA, D, FF,
F, H, L, LA, MS, MH, OB, SH, TS

DIRECT ACCESS (YEAR ROUND HOSTELS/NIGHTSHELTERS)

All-low support needs

Branches
740 Forest Road, Waltham-
stow, E17 3HR
020 8521 7773
Their address from mid-
November will be Stonelea,
Langthorne Road, E11 2HJ

New Horizon Youth Centre (16-21 year olds)
68 Chalfont Street, NW1 1JR
020 7388 5560
Daily: 10.30am-4pm
AS, AC, CA, C, ET, LA, MS, MC, OB

No 10 - Drop in Centre (Salvation Army)
10 Princes Street, W1B 2LH
Tue, Wed, Fri: 2.30-4pm
Tue, Wed, Fri: 9.30am-12.30am (table tennis club)
BA, CL, H, LA

North London Action for the Homeless (NLAH)
St Paul's Church Hall, Stoke Newington Rd, N16 7UE
(Entrance on Evering Road)
020 8802 1600
Mon: 12noon-1.30pm;
and Wed: 7-8.30pm
BA, BS, CL, FF

The Passage (25+)
St Vincent's Centre, Carlisle Place, SW1P
020 7592 1850
Mon-Fri: 8am-12pm (for rough sleepers); 12-2pm (Lunch);
2-6pm (appointments); 4.30-6pm (verified rough sleepers - by invitation). Sat-Sun: 9am-12noon.
A, BA, CA, CL, D, ET, F, FC, H, IT, L, MH, MS, P, TS

Providence Row
The Dellow Centre
82 Wentworth St, Aldgate, E1 7SA
020 7375 0020
Mon-Fri: 9.30am-12noon (8.30am only); 10am-1pm (women only)

Rochester Row Day Centre (Salvation Army)
Sally missed - closed in September
See No. 10
Salvation Army
Sunkus
4 Lady Margaret Road, NWS 2XT
Entrance in Falkland Road
020 7485 9160
Mon - Sat: 2 - 3pm; Sun: 3 - 4pm
BS, CL, FF, H

Simon Community
129 Malden Rd, Kentish Town, NW5 4HS
020 7485 6639
Mon, Wed & Fri: 11am-3.30pm
B, BS, CL, FF, H, IT, L, OB, P

Southark Salvation Army
1 Princess Street, SE1 6HH
020 7928 7136
Wed 1-3pm (drop-in with lunch); Thurs 10am-3pm; Fri 1-2.30pm (lunch and bible study)
AC

Spectrum Centre
6 Greenland St, Camden Town, NW1
020 7267 4937
Mon-Fri: 9.30am-3pm
A, BS, C, CL, D, FC, H, L, LS, MH, MS, P, TS

Spire's Centre
8 Tooting Bec Gardens, SW16 1RB
020 8696 0943
Mon: 8am-12noon (women only); Tues: 9-10.30am (rough sleepers only); 10.30am-2pm (drop-in); Wed: 10am-12noon (rough sleepers only); Thu: 9-11am (rough sleepers only); Fri: 9-10.30am (rough sleepers only); 10am-1pm (women only)

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A, BA, CA, CL, D, ET, F, FC, H, IT, L, MH, MS, P, TS

Providence Row
The Dellow Centre
82 Wentworth St, Aldgate, E1 7SA
020 7375 0020
Mon-Fri: 9.30am-12noon (8.30am only); 10am-1pm (women only)

Rochester Row Day Centre (Salvation Army)
Sally missed - closed in September
See No. 10
Salvation Army
Sunkus
4 Lady Margaret Road, NWS 2XT
Entrance in Falkland Road
020 7485 9160
Mon - Sat: 2 - 3pm; Sun: 3 - 4pm
BS, CL, FF, H

Simon Community
129 Malden Rd, Kentish Town, NW5 4HS
020 7485 6639
Mon, Wed & Fri: 11am-3.30pm
B, BS, CL, FF, H, IT, L, OB, P

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BS, CL, FF, H

Simon Community
129 Malden Rd, Kentish Town, NW5 4HS
020 7485 6639
Mon, Wed & Fri: 11am-3.30pm
B, BS, CL, FF, H, IT, L, OB, P

Southark Salvation Army
1 Princess Street, SE1 6HH
020 7928 7136
Wed 1-3pm (drop-in with lunch); Thurs 10am-3pm; Fri 1-2.30pm (lunch and bible study)
AC

Spectrum Centre
6 Greenland St, Camden Town, NW1
020 7267 4937
Mon-Fri: 9.30am-3pm
A, BS, C, CL, D, FC, H, L, LS, MH, MS, P, TS

Spire's Centre
8 Tooting Bec Gardens, SW16 1RB
020 8696 0943
Mon: 8am-12noon (women only); Tues: 9-10.30

ScottsCare & Borderline (for Scots

in London)
37 King St, Covent
Garden, WC2E 8JS
Call the helpline on 0800 6522 989
BA, CA, H, B, P, TS
Borderline (for Scots):
Mon–Fri: 09.30am–12.30pm
(appointments); Mon, Tue,
Thu, Fri: 2–4pm (walk in)
0800 174 047 (freephone)
dutyworker@scotscare.com
A, BA, C, CL, D, H, MH, P

DAY CENTRES AND DROP-INS

BENEFITS AGENCY See Jobcentre Plus

Age of Clubs (16+)
St Alphonsus Rd, Clapham, SW4 7AS
020 7622 3196
Mon–Fri: 12noon–5pm;
Sat & Sun: 12noon–2pm
BS, DT, F, FC, H, IT, L, MS, OB, P

Action Homeless Concern

Emmas House
1 Berrymead Gardens, Acton
020 8992 5768
Call for opening times
A, B, BA, CL, D, DT, ET, F, FC

Aldgate Advice Centre

See Providence Row (The
Dellow Centre)
Broadway Day Centre
020 8735 5810
Mon–Fri: 10am–1pm (drop-
in); 2–4pm (Appointments)
AD, A, BA, BS, CL, DA, D, ET, F, FC, H,
IT, L, LA, MS, MH, ML, P, SK, SH, TS

Bromley 999 Club

424 Downham Way,
Downham, BR1 5HR
020 8698 9403
AD, L, FF
Mon–Fri: 10am–5pm

Chelsea Methodist Church
155a Kings Road, SW3 5TX
020 7352 9305

Mon, Tues & Thu: 9am–3.45pm
F, L, P

Church Army (women)

1–5 Cosway St, NW1
020 7262 3818
Mon–Thurs: 9.30am–12pm
(drop-in); 12pm–3.30pm (drop-in);
(advice); 12pm–3.30pm (sandwiches);
12 noon–1pm (sandwiches);
AC, BA, BS, CA, CL, C, ET, FF,
H, IT, L, LA, LF, MC, P
Women only

The Connection at St Martin's

12 Adelade St, WC2
020 7766 5544
Mon–Fri: 9am–12.30pm (12pm
Wed). Various afternoon sessions
from 1pm (except Wed). Weekends:
9am–1pm (no entry after 10.30am).
There are also drop-in sessions on
Tues & Thurs 4.30pm–7.30pm.
A, AC, BA, BS, CA, CL, D, ET, F, FC,
H, IT, MC, MH, MS, OB, P, SK, SS

Croydon Resource Centre

70a Wellesley Rd, Croydon, CR0 2AR
020 8866 1222
Mon–Fri: 10am–3pm
AS, BA, CA, CL, ET, F, IT, LA

Cricklewood Homeless Concern

60 Ashford ROAD, NW2 6TU
020 8208 8590
info@chc-mail.org
Homeless drop-in: 28a Fortuneagate
Rd, Craven Park, NW10 9RE
Tues & Fri: 10am–2.30pm;
Wed & Thurs: 12.30–2.30pm
Mental health drop-in: in flat
above St Gabriel's Hall
77 Chichele Rd, Crickle-
wood, NW2 3AQ
Tues–Fri: 10am–12 noon.
AC, BA, BS, H, IT, L, MS, OL

Deptford Churches Centre

Speedwell St, Deptford
020 8622 6548
Mon, Tues, Thurs & Fri:
9am–3.30pm
A, AC, AD, AS, B, BA, BE, BS, C,
CA, CL, D, DA, DT, ET, FF, H, L,
LA, LF, MC, MH, MS, OL, SS, TS

Divine Rescue

Thurlow Lodge, 1 Thurlow Street,
SE17 2US, 020 3489 1765
Mon: 10am–6.30 pm;
Tue–Fri: 10am–5pm
AD, AS, AC, BA, C, CL, FF, H, MC, OB
BS, CL, F, IT, L, SK

The Dunloe Centre

St Saviour's Priory, Dunloe Street, E2
020 7739 9976/020 7613 3232
Tues: 10.30am–12.30pm, CL, FF
Earls Court Community Project
Ungoing renovation until
2012, but still open at:
St Barnabas Church, 23
Addison Road, W14 8LH
020 7471 7030
Tue & Wed: 2–4pm
CL, FF

Hackney 180 First Contact &

Advice (Thames Reach)
Hackney Methodist Church
219 Mare St, E5
0208 985 6707
Mon–Thurs: 8am–9.30am
(breakfast club)

Hanbury Community Project (SCT)

Details of their changes have been
confirmed, and they're now called
the New Hanbury Project, and listed
under **Employment & Training**

The Haven Club

At the Holy Cross Centre
(See below).
Mon: 6pm–10pm
For self-treating drug & alcohol
users: no using on day or no entry

Holy Cross Centre

The Crypt, Holy Cross Church
Cromer St, WC1
020 7278 8687
Mon: 2pm–5pm; Tues: 6–9pm;
(ticket required) Thurs: 5–8pm
(Italian speakers session); Fri:
12 noon–3pm (refugees and
asylum seekers session).
AC, FF, H, IT, LA, LF, MH, P

Homeless Action in Barnet (HAB)

36B Woodhouse Road, N12 0RG
020 8446 8400
Mon–Fri: 12noon–3pm (drop in);
Mon, Tues & Thurs: 9am–12noon
(rough sleepers only); Wed: 9am
–12noon (women's group)
AD, BA, BS, CL, F, H, L, TS

London Jesus Centre

83 Margaret St, W1W 8TB
0845 8333005
Mon–Fri: 10am–12.30pm
BS, CL, F, IT, L, SK

the List

The directory of London's homeless services Updated 25 October 2010

Key to the list: Accom. assistance – AS Alcohol workers – A Art classes – AC Barber – B Benefits advice – BA Bathroom/showers – BS Bedding available – BE Careers advice – CA Clothing – CL Counselling – C	Debt advice – DA Dentist – DT Drugs workers – D Education/training – ET Free food – FF Food – F Foot care – FC Housing/accom advice – H Internet access – IT Laundry – L Leisure activities – LA Leisure facilities – LF	Luggage storage – LS Medical services – MS Mental health – MH Music classes – MC Needle exchange – NE Outreach worker links – OL Outreach workers – OB Pavement stockist – P Safe keeping – SK Sexual health advice – SH SSAFA – SS Tenancy support – TS
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Email changes and suggestions to:
thelistist@thepavement.org.uk
Or write to our address on page 3
Updated entries: 1
Services added: 0

ADVICE SERVICES

Advisory Service for Squatters
Angel Alley, 84b Whitechapel High Street, E1 7QX
0203 216 0099 (cheaper to call 0845 644 5814 from land lines outside London)
www.squatter.org.uk

Alone in London (16–25 years)
Unit 6, 48 Provost Street, London, N1 7SU
020 7278 4224
Mon–Fri: 9am – 1pm and 2pm – 4pm; Note – advice by appointment only on Tuesday.

For those aged 16 – 25 years, who are homeless or at risk of becoming homeless.
AS, AD, BA, CA, ET, H, IT, TS
Bridge Resource Centre
Bridge Close, Kingsdown Close, W10 6TW
0208 960 6798
CA, ET, IT,
The Caravan Drop-In
St James's Church, 197 Piccadilly, W1
Open daily: Sat – Mon; 10am – 7pm; Tues – Fri: 11am – 7pm
A friendly ear to listen, with some access to counselling
Depaul UK (young people)
291–299 Borough High Street, SE1 1JG
020 7939 1220 (central office)
www.depauluk.org

HOPE worldwide / Two Step
360 City Road, EC1V 2PY
020 7713 7655
Mon–Fri 10am–4pm
(appointments only)
AS, H, TS, P
KCAF
36a Fife Rd, KT1 1SU
0208255 2439
BA, FF, H
London Irish Centre
50–52 Camden Sq, NW1 9XB
020 7916 2222
Ring for service times
A, BA, C, CL, D, ET, H, MC
Notre Dame Refugee Centre
5 Leicester Pl, WC2H 7BX
020 7434 1619
Mon and Thurs: 11am–4pm
(drop-in) Service for French-speaking refugees and asylum seekers
BA, C, CA, FF, H