

the Pavement

The *FREE* monthly for London's homeless

April 2011



"I warned you not to be homeless again"



The Pig Society

The Editor

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The Pavement

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Reporting and campaigning

We don't often campaign, partly because we aim to produce objective reporting on the issues of the day, and partly because we run on very limited resources.

However, on the byelaw proposed by Westminster, covered briefly in the March issue and in more depth on page 7, we were compelled to act. Indeed, we were happy to produce a flyer that was distributed by partners in the opposition, and have video of the demonstration on 20 March up at www.youtube.com/user/pavementtv

It was heartening to see some many readers at the protest, making their voice heard alongside those running soup runs.

We were also happy to be a signatory on an open letter opposing the law. As we go to press, the consultation period ends (25 March), so we have to wait and see what will happen next. Two letters deal with the ban over the page, and we'll put breaking news updates on our website.

Richard Burdett

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Cover

One of a pair of cartoons drawn by Neil Bennett – usually seen in the *Times* or *Private Eye*, but who's supported this magazine since the first issue – in response to the byelaw proposed by Westminster City Council, see page 7.

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Letters

Two of the letters we've received about Westminster's proposed homeless law - edited for length

Dear Editor,

In response to your 'Westminster plan ban' article in the March edition of *The Pavement*. I was a rough sleeper on London's streets for nearly eight years before I took a flat two years ago having reached the age of 60.

While homeless I was certainly not encouraged to remain so by free food and drinks handouts, my personal circumstances were more complex than that and revolved around financial reasons. So for anyone to suggest that soup runs encourage rough sleeping is just nonsense and bureaucratic propaganda.

I also understand and appreciate that soup runs also serve as a social networking opportunity for many people, be they homeless or not, who might otherwise live a very isolated, lonely and impoverished lifestyle.

Soup runs are not strictly a homeless issue, rather they now serve a social need providing not only food and beverages, but also compassion and understanding which highlights the poverty and deprivation that exists in the lower levels of our society. Something perhaps the government and Westminster City Council would sooner not consider or acknowledge.

Finally, as for the proposed by law to stop people from sleeping in public places – "No person shall lie down or sleep in or on any public place." It will be interesting to see how this affects the many non-homeless people that lie and often sleep in London's parks during the hot summer days. Perhaps this law would only be applicable to homeless people should it be introduced?

Michael

Dear Editor,

I have read about your plans for a demonstration against Westminster City Council's proposed byelaw on soup runs in the Victoria area and wanted to write to you directly about a number of issues.

I know that our proposals are sensitive but I can assure you that we would only have pursued such a resolution as a last resort. I hope we share the same aspiration to help people off the streets, though I acknowledge that we are likely to disagree on the best means of achieving these goals.

As the custodians of central London, we recognise that vulnerable people who feel they have nowhere to turn will often find themselves on our streets. It is for exactly this reason that we invest £9million a year on homelessness provision – more than any other local authority in the country.

London's streets, are no place for people to live in the 21st century and we fully accept our duty to support and care for people. As a local authority, we are committed to providing services that improve lives. These services must be as open and accessible as possible.

For that reason, our aim is a simple one: get people off the streets and engaged with services that can help turn their lives around.

Every year we help more than 1,000 rough sleepers off the streets. This is achieved through the extensive work done to address the complex needs of rough sleepers including drug and alcohol abuse services, initiatives to reconnect them with family members, counselling, training for employment, literacy programmes and of course accommodation.

However as people have moved off the streets, the number of soup runs in the Victoria area has increased. Despite all our efforts over the last

decade to resolve the issue with soup run providers, the frequency and concentration of soup runs around the Westminster Cathedral Piazza have increased. That is why our proposals relate to just one small part of the city.

Soup run providers come from all over London and beyond to deliver food and drink in the Piazza area and they attract homeless people from across the city who would be better off accessing public and voluntary sector services within their own communities.

Those who give up their time to help people who need food should be applauded, but we believe they can make a far better impact if they look for other ways to help the homeless and put their energy to good use, without delivering food on the streets. We are prepared to help individuals and organisations fulfil that goal.

Finally, I would like to stress that our proposals are at the consultation stage and we are encouraging people to make their voices heard. We will then assess the responses before taking any request for permission to introduce a byelaw to the Department for Communities and Local Government, should such a proposal be voted for at a meeting of our full council. At this stage I still hope to be able to work with soup run providers to reach a solution that is right for all parties without the need for any formal legislation.

Cllr Daniel Astaire
Cabinet Member for Society,
Families and Adults
Westminster City Council

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“Their Big Society hides a big, nasty, spiteful stick”



Fighting the ban

Proposed soup-run ban makes way for £2.8m Westminster development

Anyone passing Westminster Cathedral on Sunday 20 March would have observed a hive of activity in the Piazza, as opponents of Westminster City Council's proposed ban of soup runs and rough-sleeping staged their protest picnic.

The gathering was one of a number of actions decided by homeless people, groups and charities at a meeting on 3 March, organised by Housing Justice in response to a letter outlining the council's controversial plans. Word of the picnic (and the reasons for it) spread rapidly, through media reports and interviews, Facebook, Twitter and Simon Community's mail-drop to local residents.

On the day of the event, as churchgoers attended mass in Westminster Cathedral, some 500 protesters peacefully gathered outside. A band of Hare Krishna musicians and a London drumming group provided musical accompaniment, while protesters in 'Don't feed the homeless' t-shirts mingled with residents, representatives from homeless charities and rough sleepers, all tucking into the free picnic.

The protest was organised by charities and groups including Housing Justice, Open Cinema, *The Pavement*, The Simon Community and The Sock Mob. In addition to the picnic, there was a flashmob outside the nearby offices of the Department for Communities and Local Government (pictured opposite), which is believed to back the council's proposal. Sock Mob volunteers handed out questionnaires that have been issued by the council as part of its four-week consultation process, which ended on Friday 25 March. 200 were filled in before they ran out.

The end of the council's consultation marked the beginning of a tense waiting period, while Westminster City Council councillors make their decision. If they decide to go ahead with the ban, new Byelaws will be created to forbid rough sleeping and the distribution of free refreshments in the Victoria area of Westminster.

Exceptions will be made for free refreshments distributed at sporting events, in licensed premises, for marketing campaigns or by the council or any health authority.

Anyone found breaking these laws will be liable to a fine of up to £500.

Westminster City Council's preliminary letter about the proposals, dated 24 February, states: "The council believe that homeless people should make use of building based services (via the commissioned street outreach teams), rather than living rough and making use of soup runs. In addition, the council and its voluntary sector partners are clear that soup runs are detrimental to rough sleepers in the long run and prolong the length of time that people spend on the streets."

Alison Gelder, director of Housing Justice, responded to the council's announcement, saying: "While we completely understand the problems experienced by residents in this area, this Byelaw, which is an attack on civil and religious freedoms, is a completely over-the-top response. It also cuts across the successful work that Housing Justice and others are doing to reduce both rough sleeping and the need for food distribution on the streets."

Housing Justice are far from alone in their opposition, with The

Passage, The Simon Community, Crisis, The Methodist Church and others all issuing statements voicing their support for the anti-ban campaign. Hilary Benn, shadow leader of the House of Commons, has also described the proposals as "the shocking face of 21st-century Tories in the richest borough in the country, supported by the Communities Secretary." Benn added: "Their Big Society hides a big, nasty, spiteful stick."

Thames Reach and St Mungo's are frequently cited as backing the ban, yet their support appears cautious or partial. St Mungo's is in support of the council's efforts to find out what the public reaction is to a Byelaw that prohibits soup runs. However, the charity has said: "St Mungo's will be expressing to Westminster that the byelaw should not seek to ban rough sleeping. Rather, St Mungo's is reiterating its call for government to introduce a Right to Shelter."

Thames Reach chief executive Jeremy Swain, meanwhile, told *The Guardian* that it was reasonable that the council to seek to introduce a Byelaw covering the specific area of Westminster city, while at the same time using resources to work towards ending rough sleeping in the wider borough. Swain pointed out: "This is not a borough-wide ban, which I would oppose."

This is not the first time Westminster Council has attempted to sanction soup kitchens. In 2007, the council proposed a new London Local Authorities Bill that would close soup kitchens and make it illegal to give free food to the homeless in Central London. However, in the face of strong opposition and lack of support from other

London councils, Westminster was forced to scrap the proposed bill.

Despite opposition in 2007, Westminster City Council's drive to close soup kitchens continued. Two years later, in 2009, the council joined forces with Crisis to commission the London School of Economics (LSE) to carry out a study into soup kitchens. While research was being carried out, the council published the Westminster Cathedral Piazza Draft Action Plan.

Giving an early hint of the council's current plans, the Draft Action Plan proposed that the evidence gathered by LSE could be used to support Byelaws controlling the distribution of free food, an early hint of the council's current plans. The document repeatedly refers to the 'problems' supposedly caused by soup runs and their users, such as 'street urination, street fouling and litter.'

While Westminster City Council has long been against soup kitchens, the timing of its latest proposal is no coincidence. The Westminster Cathedral Piazza Draft Action Plan mentioned above announces a major development of Westminster Piazza and Wilcox Place. Significantly, the area earmarked for development falls in the centre of the designated area of the ban.

Planned improvements include "designing out crime and anti-social behaviour" and introducing public concerts and attractions, such as a second-hand book market, a rolling public-art programme and musical performances by the Cathedral School Choir. *The Pavement* added together the projected costs cited in Draft Plan (ignoring the estimated revenues) and calculated that the Piazza development would cost around £2.8m.

Planned actions affecting rough sleepers and soup kitchens include: seeking planning consent to align the nursery school gates of St Vincent de Paul Catholic Primary

School with the front of the neighbouring St Paul's bookshop "in order to prevent rough sleeping and other anti-social behaviour that blights this space" (£50,000). Compared to this, getting rid of soup kitchens is cheap, with "no anticipated costs" associated with introducing Byelaws that ban the kitchens "for the good governance of the Piazza".

Having received feedback from the consultation, Westminster City Council officers will now present a report to the Full Council, made up of the council's 60 elected members. At Housing Justice's initial campaign meeting, Westminster Councillor Adam Hug (Labour) said that the consultation summary would be presented to the Full Council at their May meeting, scheduled to take place on 4 or 18 May.

Campaign-wise, additional ideas drummed up at the Housing Justice meeting are now being implemented. An open letter was printed in *The Guardian* on 17 March and a list of alternatives to the council's proposals has been published on the Housing Justice website.

Jad Adams from Croydon Nightwatch is also compiling a list of soup-run organisers who have pledged to defy the ban if it comes into effect. The campaign against the ban has picked up more than 450 votes of support on leading campaigning website, 38 Degrees, and 3,434 members on the Facebook page, Do Not Make Feeding the Homeless Illegal, set up in 2007 when the ban was first attempted.

Though the consultation period is over, Alison Gelder, director of Housing Justice, advises those who oppose the ban to lobby the Full Council members – particularly the 48 conservative councillors – by attending their MPs' surgeries.

Carinya Sharples



Aldo Martello

Age at disappearance: 55

Aldo has been missing from central London since 14 October 2010.

There is concern for Aldo's safety and he is urged to call our confidential service **Message Home** on **Freefone 0800 700 740** for advice and support.

Aldo is 5ft 8in tall and may no longer have a beard.

If you've seen Aldo please call the 24-hour confidential charity **Missing People** on Freefone **0500 700 700**
Email: seensomeone@missingpeople.org.uk

**missing
people**

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Orderly discharge

Enlightened hospital policy promises better care for homeless patients

When a female homeless patient was discharged from University College Hospital London recently, she might have expected this to be the point where her care ended. Instead, a London Pathway nurse accompanied her from UCHL to the station and sat with her until her train arrived.

Alex Bax, chief executive of the London Pathway charity, explained: "We plugged her back into Aberdeen Social Services. We arranged the travel and then made sure she could get on the train."

This case study is just one example of range of care being offered to homeless patients by the London Pathway at University College London. The project is overhauling the way homeless patients are cared for at the hospital in an attempt to cut UCHL's high admission rate and reduce lengthy hospital stays. Although there were guidelines for discharging homeless patients, as we've reported in the past, they are only guidelines and practical solutions offered.

Currently the medical problems caused by unstable living conditions mean that homeless people are admitted to hospital four times as often as those who are permanently housed and, on average, their stay there is twice as long. The result is that medical care for homeless men and women costs eight times as much as that for the housed population.

The London Pathway project changes the care given to homeless patients so that it better addresses the causes of their medical problems. It offers patients a more complete or 'holistic' care package, which considers needs arising from their homelessness as well as immediate health concerns.

The project was established because the existing medical care did not seem to address the homeless patient's non-health related problems, such as drug or alcohol addiction or mental health issues. Yet these issues all contribute to homeless patients' health problems and, because they were not being identified, medical problems would persist. "Homelessness is co-related with health problems," said Bax. "If clinicians think about the homeless status of a patient, it may help them to understand why the patient is not getting better or keeps coming back to hospital."

Under the new programme of care being implemented by the London Pathway project, staff spend considerably more time with homeless patients, trying to find solutions to their particular needs. This might mean helping a patient to acquire new identification papers, arranging for them to move to a better shelter or helping them enrol on a detox programme.

"We try to use the time in hospital to put the best plans we can in place around and with the patient," Bax said. "So they have the best chance of not coming back to hospital – and hopefully a pathway off the street."

Alongside the nurses, the project has also introduced "care navigators" – formerly homeless people who can draw on their own experience to help guide homeless patients through the hospital process.

An in-house review of the project published in February this year, indicates that its changes have had some effect. The report states that the average time a homeless person stays in hospital has fallen by 3.2 days, saving the

hospital £300,000. Additionally, 10 times the number of homeless patients now leave UCLH with a multi-agency plan in place

The project has received a grant from the Heath Foundation charity to be implemented in more hospitals. London Pathway's chief executive has said that by September this year, the project should be running in two additional hospitals, Brighton and Sussex University Hospital Trust and Royal London Hospital,

Bax added that the project also hopes to increase post-discharge support for homeless people. This could involve building a sanctuary centre, offering care for those who are deemed healthy enough to leave hospital but are not yet able to return to the streets or hostels.

"More could be done to physically and metaphorically hold people's hands after they leave hospital," Bax said.

Nicholas Olczak

News in brief

The homeless news from around the bazaars

Herefordshire council admits error in homeless figures

Herefordshire Council has admitted it greatly 'overestimated' the number of rough sleepers in the county. A recent article published in the *Herefordshire Times* stated that 42 homeless people were sleeping rough in the area, more than many major cities including Liverpool, Birmingham and Newcastle.

However, John Burnett, spokesperson for Herefordshire Council, told *The Pavement* that the figures were an anomaly. "Having had a closer look at the results and the methodology applied to obtain the figures, it would appear we reported anyone we'd had contact with who may have been in contact with the winter shelter," he said. Mr Burnett explained that it is difficult to obtain precise figures due to the fact that homeless people are often on the move. "Taking this all into account and having reviewed more detailed data we have now obtained, we estimate that, realistically, there could be eight or nine rough sleepers in the county," he said.

The council has announced these numbers are still "too high" and it will be addressing the issue as soon as possible. According to Burnett, an individual action plan will be put in place for all of those sleeping rough and the needs of each will be thoroughly assessed. "We are also working closely with private landlords and those who have been sleeping rough to ensure that people accommodated in the private rented sector receive support to enable their accommodation to remain viable," he

explained. In addition, the council plans to develop a rough sleepers' strategy to address the problem and ensure the root cause of the problem is being tackled. This will also include a more refined methodology for counting rough sleepers, which, in turn, will lead to more consistent reporting on the issue.

Lizzie Cernik

Controversial strategy continues in City of London

The City of London has no plans to end Operation Poncho, the strategy to reduce homelessness in the area to zero.

The Pavement asked whether there were plans to discontinue Poncho, and was told that the City is "not considering ending it". According to Susanna Howard, of the City of London Corporation, the plan has so far succeeded in reducing the number of rough sleepers from 69 to 20.

Operation Poncho has been criticised by some because of 'hot-washing', the practise of spraying hot water over areas where rough sleepers are known to bed down. According to the Corporation, which works alongside City of London Police and the homeless charity Broadway, the sites that are washed down are "chosen by the level of detritus seen by our outreach workers, members of the public and businesses".

Outreach workers aim to house people in private rented accommodation, social housing or hostels. The Corporation explained that the allocation of

housing is "decided on an individual basis according to need."

John Ashmore

Thugs jailed for attack on asylum seeker

Three violent thugs have been locked up for a vicious assault on a homeless man. According to a national newspaper, Jack Williams (20), Jonathon Wood (19), and Ashley Dunn (21) launched the unprovoked attack after a night of heavy drinking.

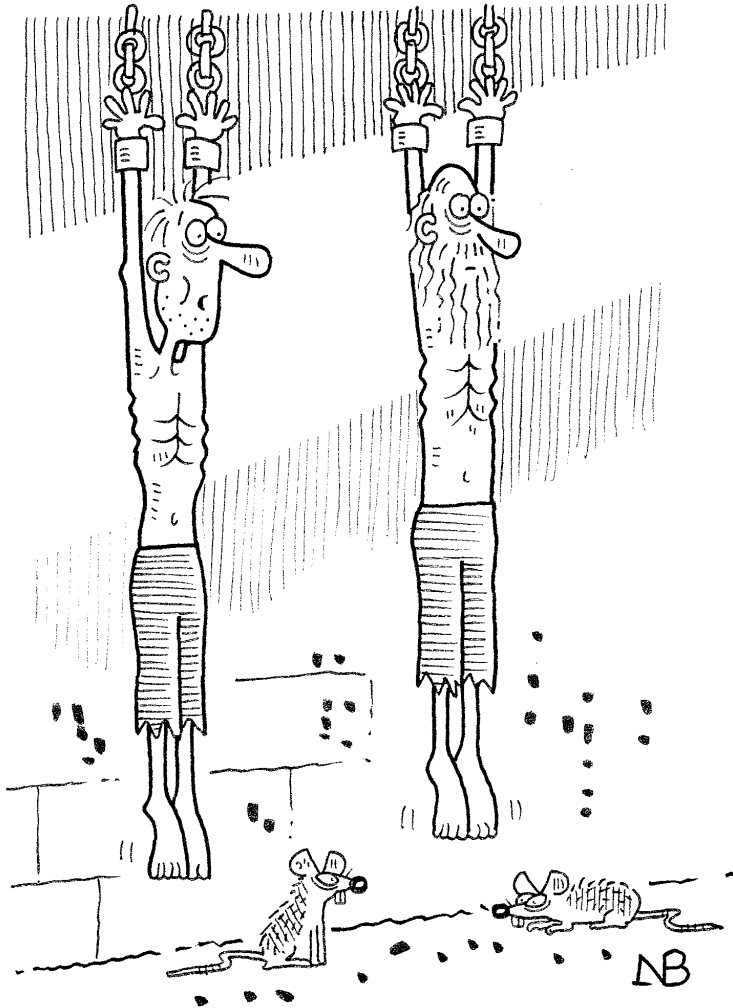
The victim, a failed asylum seeker who was sleeping on a park bench, was kicked and punched repeatedly during the incident, which took place at Broadwalk Park in Salford, Greater Manchester, on 31 July last year.

CCTV evidence resulted in the three men being handed 20-month sentences at Manchester Minshull Street Crown Court on 28 February. "This was a vicious, unprovoked attack by three fit, strong, young men against one person. An attack which was unrestricted in its ferocity in terms of violence," said Recorder Peter Cowan.

According to court reports, all the defendants are from unstable backgrounds and have previous criminal records as well as drug and alcohol addiction problems.

Lizzie Cernik





"It's not being allowed to vote that really gets to me"

Secret camp discovered in Villa grounds

A homeless man has been found living in a makeshift shelter beneath one of the main stands at the home of Premier League football team Aston Villa.

Despite a state-of-the-art security system and regular weekend crowds of 42,000 people, the man remained undetected by Villa staff until a routine sweep of the ground by security teams. His shelter, constructed from cardboard and other items found around the stadium, was found hidden away under the Holte End at Villa Park (pictured below). Since its discovery, the man has not been spotted again.

Club security are struggling to work out how the man managed to leave and enter the stadium repeatedly without being spotted by CCTV or any of the ground staff.

Regular drinkers at the local Aston Hotel pub reported seeing the man regularly in the area. "I know

who he is, but we've not seen him for a few days," said one customer. "No-one believed him when he claimed he was actually living at the Villa."

"It's amazing that he managed to escape detection for so long."

James O'Reilly

Another violent assault

A man who attacked a homeless woman in Bournemouth last summer has escaped a jail sentence.

Daniel Preston, 24, a builder from Poole, assaulted Elin Mitchell while she was asleep in a doorway in the centre of Bournemouth and stole £10 from her. Ms Mitchell, who has been homeless since April 2010, said: "He kicked me in the head and took my money. It makes me scared to be out on the streets now."

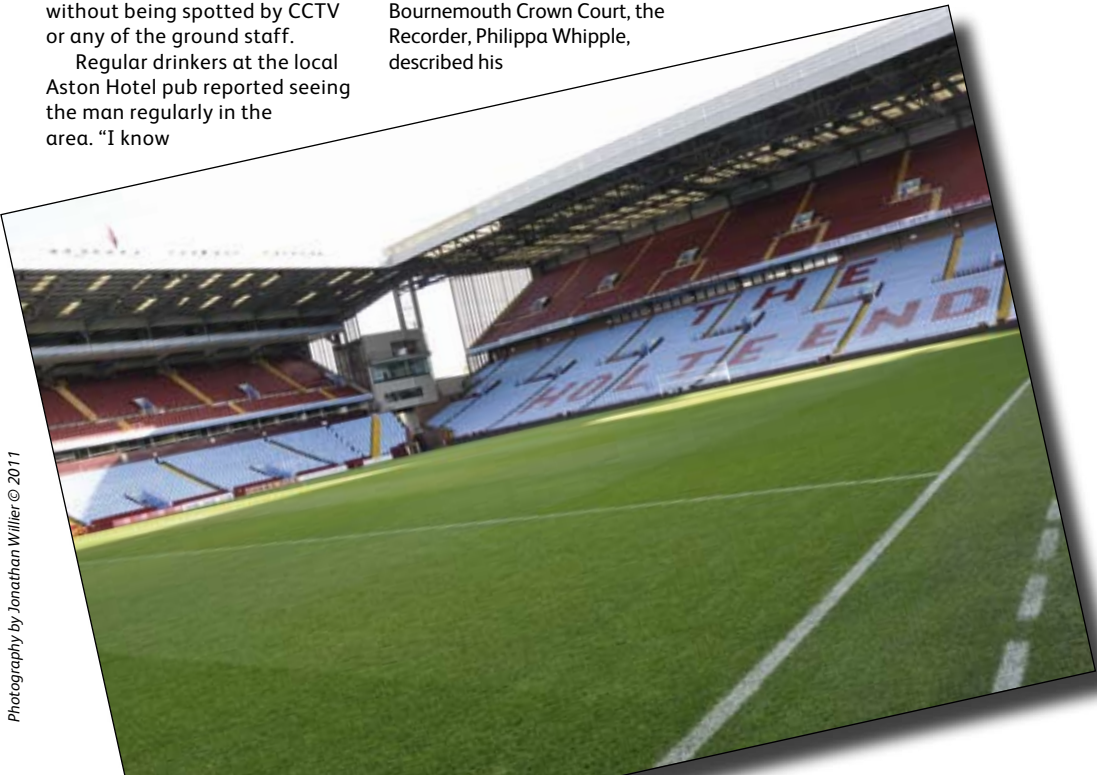
Sentencing Mr Preston at Bournemouth Crown Court, the Recorder, Philippa Whipple, described his

crime as "a really disgraceful act." Ms Whipple added: "You picked on a vulnerable single person and not only did you steal from her what little money she had, you kicked her to the side of the head. It was bullying, intimidating, foul behaviour. You were so drunk at the time you can't remember."

Mr Preston was given a six-month sentence, suspended for 18 months. His lawyer put his client's behaviour down to excessive drinking, saying: "It wasn't motivated by anything. The explanation lies in the fact that he was dead drunk at the time. He did say he was sorry."

Speaking to the *Bournemouth Echo*, Daniel Preston said: "I was very drunk and I am sorry. It won't happen again." As well as his suspended sentence, he has been ordered to do 100 hours of community service and attend an alcohol management programme.

John Ashmore



Bradford body finally discovered

A body discovered in a tent near Bradford city centre could have been there for almost a year, according to local police.

The tent's camouflage and the fact that it was set back from the road resulted in the body remaining undiscovered, officers explained. The deceased is believed to have been a rough sleeper. Following a post-mortem, police said that they are not treating the death as suspicious, but are appealing for information from members of the public.

Det Insp Mark Long said: "Our initial investigations suggest that these are the remains of a rough sleeper, however, we are still working to confirm an identity.

"Having spoken with the pathologist, it is believed that the death could have happened as far back as last summer. We need people's help to bring together the circumstances which have resulted in this discovery and to work out exactly who this person is. I would, therefore, ask that they cast their minds back to last summer and consider whether there is anything they can remember which could assist us further in our enquiries."

James O'Reilly

- If you have any information that might aid police investigation, please contact West Yorkshire Police on **0845 6060 606**.

The Big Issue goes App

The Big Issue, the magazine best known for being sold on the streets by homeless vendors, is to become available as a mobile phone app, according to the magazine's founder, John Bird.

Mr Bird announced the planned development at Is homelessness

set to rise?, a debate held at the London School of Economics to mark the launch of *Street Stories*, St Mungo's oral history exhibition.

Under the new scheme, when a buyer downloads a digital copy of the magazine, the app will register their location and pay the nearest *Big Issue* seller.

At the debate, Mr Bird also mentioned plans to move some vendors in-office to blog and write for the magazine.

Further details on the app are yet to be announced, according to The Big Issue Foundation. Look out for news of developments in the next issue of *The Pavement*.

Carinya Sharples

Rough sleeper's story takes to the stage

When Anthony Delaney was given an ASBO for sleeping rough at an airport, he probably never imagined what his conviction would lead to.

But now the story of the three years Delaney spent living at Gatwick Airport has been made into a theatrical production. *No Particular Place to Go* examines the challenge Delaney faced and celebrates the willpower he showed to survive. Doug Devaney, an old school friend of Delaney's who owns a theatre company and was inspired when he heard the remarkable story, is producing the play.

To try to understand and accurately depict what Delaney went through, the entire cast spent several days sleeping rough at the airport.

"The strip lighting is constant, there's a constant noise and buzz about the place," Devaney told the *BBC*. "Sleep deprivation and the ability to get an hour's sleep every now and then is really the essence of surviving."

As well as telling the story of Delaney's struggle to survive at the airport, the play also explores the seedier side of airport life, including the practice of human trafficking.

The play, by the Chronicle Theatre, was performed at the LECTERN Pub, Brighton, up to 2 April.

Nicholas Olczak

More hostel beds lost

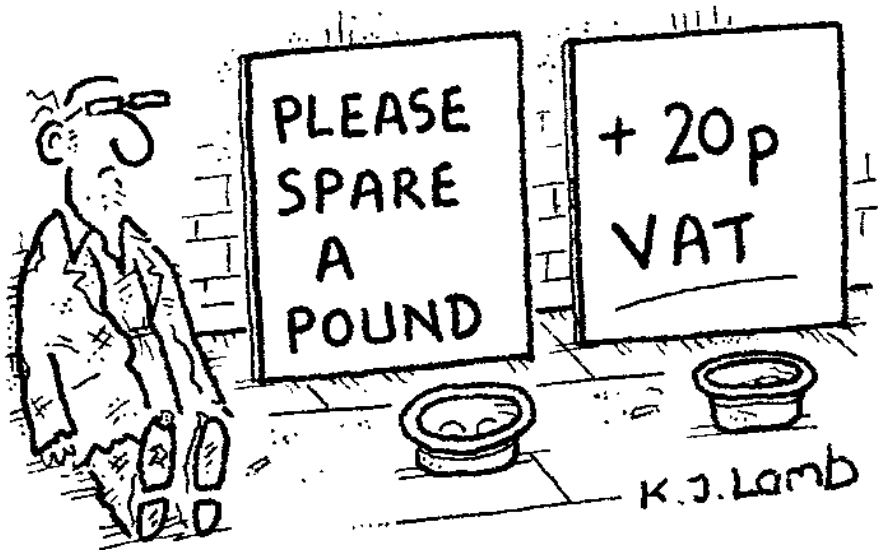
Local government spending cuts have led to a worrying trend of homeless hostels closing down. With the full impact of cuts yet to be felt, there are understandable fears over the provision of services for vulnerable people. Homeless Link has warned that as many as a quarter of beds available to rough sleepers could be lost as a result of reductions in public spending.

At the end of last year, Lambeth Council announced the closure of its 120-bed hostel in Cedars Road, Clapham, a decision that the council claims "will not lead to more homeless people on the street." However, the charity that runs the hostel, St Mungo's, has said that it is "very concerned" about the impact of closure.

Mike McCall, its executive director of operations, said: "We want an open and helpful dialogue with the council about homelessness in Lambeth, the role of Cedars and alternative options.

"Cedars Road is a cost-effective, vital place of safety and recovery for homeless people in Lambeth. The worry is that the number of rough sleepers will continue to rise as a consequence of public spending cuts."

This is in addition to the closure of two Centrepont hostels at the end of March. The City of London Centrepont and the Salter's City Foyer have both risen to national attention thanks to the support of Prince William, who spent a night





at one of the hostels last year after visiting both shelters as a child with his mother, Princess Diana.

The reduction in homeless services is not limited to the capital, with the announcement at the beginning of March that four of Nottingham's Framework hostels will no longer receive council funding. Although this does not necessarily mean that the hostels will close down, it does mean they will be unable to provide the same level of support for rough sleepers. Michael Leng, operations director at Framework, said: "this will have a huge, damaging impact on the city."

Mr Leng added: "People will die and, significantly, people will die early as a result of this."

John Ashmore

Guerrilla campaign

A Southampton Solent University student has teamed up with a local homelessness charity to launch a guerrilla campaign to promote homelessness issues.

To raise awareness about the plight of rough sleepers, a plastic skeleton, wearing a beanie hat and sitting in a sleeping bag, has been popping up on the streets of Southampton.

The skeleton – nicknamed Skinny Steve – is the brainchild of 20-year old media communications student Joe Miller.

When the Society of St James, the largest homelessness charity in Southampton, asked Miller to help promote their cause, he decided to turn to so-called 'guerrilla' marketing tactics, which work by grabbing people's attention when they least expect it.

Miller explained: "The skeleton's just got that shock element; you don't expect to see it at all."

But behind the shock value of the stunt, there is a serious message. The plastic skeleton

holds a sign saying "How long until you take notice?" and warns the public that, if homeless people are ignored, they will die.

Trevor Pickup, chief executive for the Society of St James, said: "This guerrilla advertising is a contemporary and exciting way of communicating with a new group of people, who we hope will support our work."

Media student Miller has taken to filming the public's reaction and has reported that most people respond positively to the stunt.

The skeleton appeared in various spots around the city throughout March and Miller hopes that the campaign can be used in other towns in the future.

Whether you view Skinny Steve as a hard-hitting guerrilla campaign or a cheap stunt, his unexpected presence on the streets of Southampton has certainly turned heads.

Amy Hopkins

End to restrictions on Eastern Europeans

The restrictions placed on the countries which joined the European Union in 2004 will come to an end at the end of May, with far-reaching implications for Eastern European migrants, including rough sleepers.

The UK was one of the few countries that gave full access to jobs for workers from the eight Eastern European nations (Poland, Estonia, Hungary, Latvia, Lithuania, Slovakia and Slovenia and the Czech Republic) which joined the EU seven years ago.

In the UK, the ending of these so-called "transitional arrangements" will mean that thousands more migrants will have greater access to state benefits, as Britain had imposed a 12-month restriction for access to certain handouts.

Any Eastern European who is able to show that they have

lived in the UK for three months and can demonstrate a "settled intent to remain" will be able to reside here permanently, and claim jobseeker's allowance, council tax and housing benefit.

At present, around a quarter of rough sleepers in London are from Central or Eastern Europe. Homeless Link, an umbrella organisation for those who work with homeless people, has produced a guide to help service providers and local authorities understand the changing situation.

At the top of their list of guidance, Homeless Link suggests that local authorities should try to make an "offer of connection" to enable Eastern European rough sleepers to return to their home countries. Homeless Link also warns that, despite the lifting of restrictions, access to hostels and benefits is still not guaranteed.

The guidance notes published on the charity's website explain: "All EEA [European Economic Area] nationals are required to show that they are habitually resident and have a settled intention to remain in the UK in order to claim out of work income related benefits.

"There is no automatic entitlement to welfare benefits once the transitional arrangements end for A8 nationals. Each case is determined on an individual basis. Access to hostels or other supported accommodation is not automatic, even if an applicant satisfies the Habitual Residence Test and has an entitlement to welfare benefits. Most local authorities require evidence of a local connection to their area as a condition of access to accommodation or support services."

The ending of restrictions will also mean that A8 nationals who want to work in the UK no longer have to register with the UK Border Agency.

To access state benefits, people from A8 countries will have to

pass the “habitual residence” test, showing that they have been settled in the UK for three months and plan to stay here. To be allowed to stay, applicants must be working, studying, seeking work or self-sufficient. Homeless Link have pointed out that, “this may not be possible for someone who is currently rough sleeping with an intermittent employment history.”

Worryingly, some local authorities are already contemplating the forced removal of A8 nationals who fail to meet these criteria. In Bognor Regis, West Sussex, for example, Arun District Council is considering deportation for those who refuse to consider a “settled life”, with any forced removals funded by the UK Border Agency.

An Arun spokeswoman said the District Council is interested in becoming the first in Sussex to follow pilot projects run in seven areas – including Westminster and Southampton – where Eastern Europeans and other foreign nationals were removed if they refused to return home of their own accord.

Rebecca Evans

Rough sleeper badly burned

Police have arrested a 27-year-old man following a fire outside a Newport hotel last month, in which a rough sleeper was severely burned.

Officers had to release pictures (right) of the victim’s tattoos in order to identify him and believe that he had also been assaulted prior to the start of the fire.

The victim, who is in his 30s, is still in a critical condition.

In a statement, Gwent Police said: “Inquiries are still on going to

establish the cause of the fire and whether it was deliberately set.

“However, it has now been confirmed, following medical examination, that the man has suffered some other injuries and officers now believe he was the victim of an assault.”



The location and timing of the alleged assault are yet to be confirmed, and police officers are continuing to carry out inquiries in the Chepstow Road area.

The injured man was discovered lying in the forecourt area of the hotel and may have been sleeping or unconscious. Police are still trying to contact his relatives.

Catherine Neilan

- Detectives are appealing for anyone with information, or who was in the Chepstow Road area on 9 March, to call Crimestoppers on **0800 555111**.

Reading man charged over rough sleeper’s death

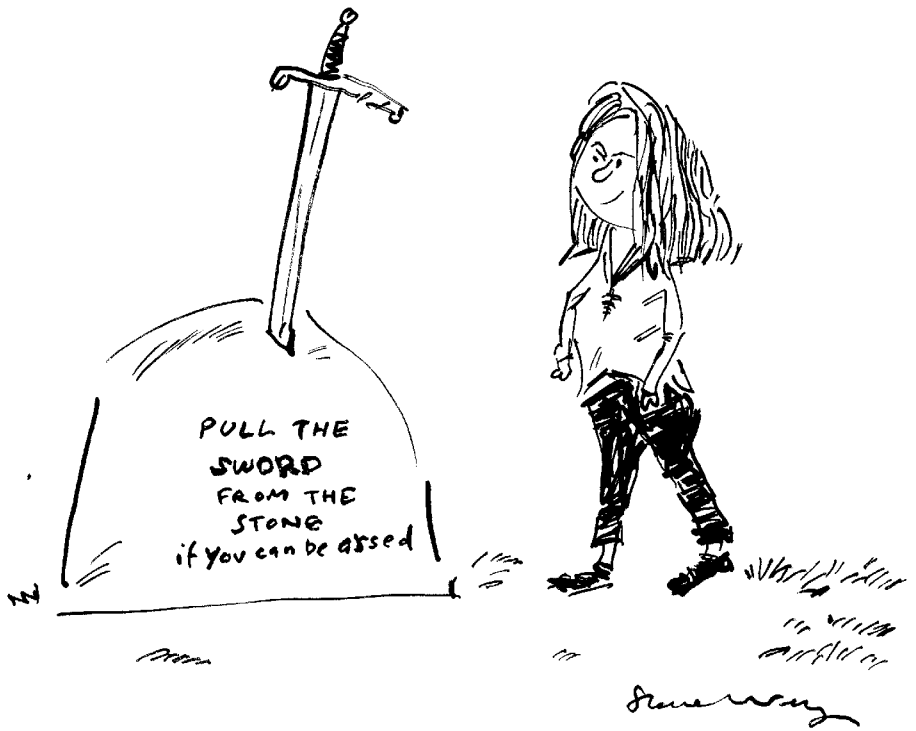
A man has been charged with murder following the death of homeless man Damian Whyte, 33, in Reading at the end of February. Alan Levey, 35, from the Katesgrove area of the city, was charged at Reading Crown Court on 1 March.

Thames Valley police appealed for information from Reading’s homeless community after a dog walker discovered Mr Whyte’s body on a riverside path. A post-mortem revealed he had died from multiple stab wounds.

Officers described Mr Whyte, who grew up in London before moving to Reading, as “a well-liked, sociable and friendly person”, well-known to people in the town.

A second man arrested in connection with Mr Whyte’s death, also from the Reading area, was released without charge on 2 March after questioning from police.

James O’Reilly



Westminster City Council, in the heart of London, has proposed a byelaw to criminalise rough sleeping and stop volunteers giving homeless people food and friendship. People sleeping on the street can be arrested and fined up to £500, and so can anyone giving food to those in need.

Westminster say the homeless people are on the streets because soup runs give out free food, although who would choose to sleep rough just for a cuppa and a sandwich? Westminster says everyone is offered a bed in a hostel, but there aren't enough beds, and many people find hostels threatening places, so take a while to be persuaded inside. Westminster also scares residents with tales of antisocial behaviour and street drinking, although most of this is caused by those in homes and is actually a real threat to homeless people.

Stop the homeless ban!



Westminster City Council's consultation on the proposed byelaw ended on 25 March, but, if they're still deliberating or going ahead with it, you can find details of the campaign and the byelaw at:

www.housingjustice.org.uk or
www.thepavement.org.uk

On [Twitter](#) use the hashtag [#homelessban](#) and join the [Facebook](#) group do not make feeding the homeless illegal.

Health and wellbeing

The Pavement's health team – a podiatrist and a nurse – aim to help keep you well

Easter feet – washing and care

Often it is the simplest things in life that make the difference. We stand on our feet all day and keep them hidden. In a lifetime, they carry us the equivalent of three times round the world. Not bad for appendages that get little conscious attention – until they're sore, that is. So, this Easter, let's spend 10 minutes pampering our feet.

Back in Biblical times, foot washing was very important, mainly because in the agricultural society walking outside made the feet unclean. The lowest house servant usually bathed the feet of house guests, but the ritual also became an honour – it was considered as a mark of respect. Mary Magdalene washed the feet of Jesus with her tears, dried them with her hair and anointed his feet with expensive oils. Christ forgave her sins for this act of humility. Jesus washed his disciples' feet at the Last Supper. When they protested, he reminded his devotees of the significance of foot washing.

'I have done this to give you an example of something that you should do.' Christ's action demonstrated that service rather than status represents greatness. Christians adopted the Hebrew foot washing ceremony and remains one of the three ordinances (sacrament) i.e. baptism, the Lord's Supper, and foot washing. For many, foot washing acts as a renewal of baptism and commitment to living God's way of life. Foot washing is still practised in one form or other throughout the world on the Thursday before Good

Friday, when Christian religious leaders and monarchy honour their commitment to faith and humanity. British king and queens washed the feet of selected poor people until the reign of William and Mary, when the ceremony was replaced by specially minted coins, called 'Maundy Money'. Today, the Queen distributes Maundy coins to the poor in a ceremony that is accompanied by the distribution of alms in the form of food and drink, clothes and money.

Routine foot hygiene consists of daily washing and inspection. Use soap and hand-hot water (46°C) – very hot water is not good for the skin. Bathe the feet for no more than 10 minutes. Dry the skin carefully especially between the toes.

Use a mirror to check for cracks and sores on the heels, the sole of the foot and between the toes. Treat any cuts with an antiseptic like Betadine® and cover them with a clean dressing. Report unhealed wounds to the doctor or podiatrist. Hand creams moisturise the skin, and gentle rubbing will stimulate your circulation and make you feel you're walking on air! Regular washing remove the bacteria that cause smelly feet, and a light dusting of baby talc can help absorb normal sweat. If you suffer from sweaty feet, get some medicated powder from your chemist and sprinkle it on your socks and into your shoes overnight. When the weather permits, mild exposure to sunlight helps air the feet, and bathing them in salt water takes away mild aches and pains. Remember to dry them carefully.

- Only cut the toenails in good light and if you can reach to see them. Cut them carefully across the growing edge, never too short

and never down the sides. You can file them with an emery board.

- Wear well-fitting, comfortable shoes and socks that suits your physical activities
- Be careful when you walk barefoot
- Don't smoke – it reduces the blood circulation to your feet
- Get your healthcare worker to check your feet regularly, and see a podiatrist if your skin and nails get unmanageable.

Important points when buying shoes:

- Buy them in the afternoon when the feet swell and are at their largest size
- Always try shoes on in the shop and walk about in them. They don't need to be broken in – if they're uncomfortable, choose another pair. Check for seams or tears in the lining
- Make sure your shoes are long enough and wide enough. If you are buying shoes for someone else, trace an outline of their foot on paper, cut it out and bring it with you
- You need 5mm–10mm between the tip of the longest toe and the end of the shoe
- Shoes should fit snugly at the heel and arch with ample wiggle room for the toes. Straps or laces help prevent unwanted foot movement
- Choose shoes with soft uppers and with soles that are hard-wearing and suitable for the activities you intend to put them to.

This Easter, take care of that pair, keep well and stay safe.

Toe Slayer

Registered Podiatrist
and Shoe Historian



A basic guide to needlestick injuries Part 2

If you missed last month's column:

Q: What is a needlestick injury?

A: A needlestick injury is when your skin is punctured by a needle that someone else has already used.

Last month we looked at ways to reduce the risk of getting a needlestick injury. But what if you accidentally stab yourself with a used needle?

It's easier than you might think – most nurses and doctors have had near-misses, despite being very careful. If you use a sharps box for your own needles and stay away from other people's used needles, you should be reasonably safe. But accidents happen and if you use needles for any reason, you need to know the first aid. Though I'm mostly talking about needles, this advice is relevant for any sharp object that punctures the skin.

Used needles carry a multitude of health risks – you can pick up hepatitis B, hepatitis C or HIV. They can also be contaminated with the drugs they were used to inject or with bacteria.





you are at risk of contracting. If you can't take the person along, try to find out about if they have hepatitis B, hepatitis C or HIV.

The doctor or nurse will ask you questions about how you got the needlestick injury. It is essential that you're as honest as possible as your answers will help them decide on the best course of treatment. You will probably also be asked to provide a blood sample. Depending on the level of risk, you may be offered antibiotics, immunisation against hepatitis B or treatment to prevent HIV.

You will probably feel stressed and scared by all this, which is normal. Remember that although needlestick injuries are high risk and definitely not a good thing to happen, it is possible to sustain one without getting an infection.

Stay safe, don't panic, and know what to do!

Remember: never share a needle with another person or use one that is not sealed in its original packaging.

If you have sustained a needlestick injury, then this is what to do:

First, bleed the wound as much as possible, preferably under running water. Don't scrub or suck the wound. Squeezing the area around the wound in short bursts is the best way to get blood out.

Next, wash the wound using running water and plenty of soap. Dry the wound and cover it with a plaster if you have one.

You must get medical advice if you have a needlestick injury. Go immediately to your GP or local Accident and Emergency and tell them what has happened. If you know the person who first used the needle, it may be useful to take them with you to help establish what infections

Susie Rathie
The Pavement's nurse



HOMELESS CITY GUIDE



squat



empty building



dangerous neighbourhood



danger



guard dogs



an attack happened here



good place to drink / smoke



unfriendly place



friendly place



soup run (with rating)



strong police presence



potential for work



good food thrown away here



safe for sleeping



message board x mins that way



security guard

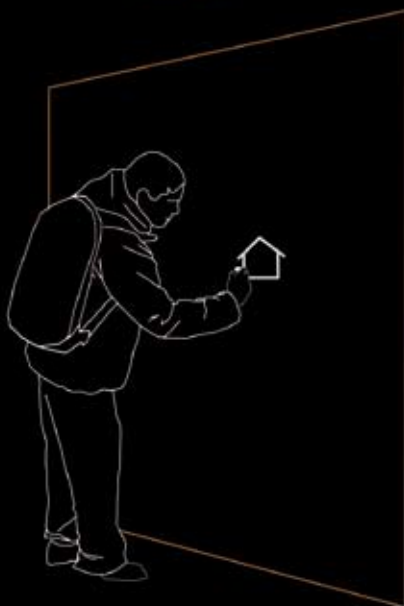


you'll get moved on here

step 1



step 2



MAKE YOUR MARK AND HELP OTHERS TO READ THE CITY

Make non permanent marks to keep the system up to date and stay within the law.

Blue Cross Merton, 88 – 92
Merton High Street, SW19 1BD
020 8254 1400

Maytree Respite Centre

72 Moray Road, N4 3LG

020 7263 7070

One-off four night stay for
those in suicidal crisis

Telephone first - not a
drop in service

MH

Central London Samaritans

46 Marshhall Street, W1F 9BF

020 7734 2800

Daily (face-to-face at office):
9am-9pm; Helpline 24 hours

Confidential, non-judgemental

emotional support for those experi-

encing distress or despair, including

those which could lead to suicide

www.samaritans.org/cds

C, MH

Quaker Mobile Library

Every second Mon at either:

10.45am Webber Street or 10.45am

Deptford Churches Centre. This

means that each Webber Street

and Deptford each receive one

visit per month; every second

Mon, 1.30am at Manna Centre,

Bermondsey (every fortnight); Every

other Tue: 7pm, Lincoln's Inn Fields;

Sat: 9.45am, The Connection at

St Martins; 11am, The Passage

TELEPHONE SERVICES

Community Legal Advice

0845 345 4 345

Nationwide

www.communitylegaladvice.org.uk

Mon-Fri: 9am-8pm;

Sat: 9am-12.30pm

Free, confidential service, offer-

ing specialist advice on housing,

benefits, tax credits, debt etc.

AD, BA, DA, H

Domestic Violence Helpline

0808 2000 247

Eaves

020 7735 2062

Helps victims of traffick-

ing for prostitution

Frank

0800 776 600

Free 24-hr drug helpline

Get Connected

0808 808 4994

For young people (1pm-7pm daily)

Jobcentre Plus

To make a claim

0800 055 6688

For queries about existing claims

for Income Support, Jobseekers

Allowance or Incapacity Benefit

For Social Fund enquiries

0845 608 8661

For the Pensions Service

0845 60 60 265

London Street Rescue

0870 383 3333

Rough sleeper's hot-line

Message Home Helpline

0800 700 740, 24 hrs daily

National Debtline

0808 808 4000

Poppy

020 7840 7141

Helps women who have been

trafficked for sexual exploitation

Runaway Helpline

0808 800 7070

For under-18s who have left home

The Samaritans

08457 90 9090

SANeline

6 – 11pm

0845 767 8000

Out-of-hours helpline for those

affected by mental health

Shelter

0808 800 4444

Housing advice, 8am-8pm daily

Stonewall Housing advice line

020 7359 5767

Advice for Lesbian and Gay men

(Mon, Thu, Fri 10am-1pm;

Tue & Wed 2-5pm)

WEBSITES

UK Human Trafficking Centre

0114 252 3891

Helpline for men who have

been sexually assaulted at

any time in their lives

Homeless London Directory (RLS)

Updated at least annually

www.homelesslondon.org

The Pavement online

Regularly updated online

version of The List.

www.thepavement.org.uk/

services.htm

Proud to be mad

A campaigning site for

those with mental illness

www.proudtobemad.co.uk

Sock Book

An 'e-shelfer', with a large

directory of services.

sockbook.referrata.com

Soup Run Forum

For those using or running

soup runs, or just concerned

with their work. Comments and

details on future meetings.

www.souprunforum.org.uk

Stonewall Housing

Addresses the housing needs of les-

bians and gay men. Provides tempo-

rary, supported housing for 16 – 25

years old lesbians and gay men.

www.stonewallhousing.org

Streetmate

An independent site with sub-

stantial information on housing,

working and learning, built for

those homeless who use the

internet and want to do-it-them-

selves as much as possible.

www.streetmate.org

St John's Ealing
Mattock Lane, W13 9LA
020 8566 3507
Sat & Sun: 3.30–5pm
Also: Advice service Thur
& Fri 10am–4pm – Ealing
Churches workers

St John the Evangelist
39 Duncan Terrace, N1 8AL
020 7226 3277
Tues–Sat: 12.30pm–1.30pm

St Monica's Church
Temple Station
First, third and fourth Tue
of the month: 8.30pm

St Thomas of Canterbury
Lincoln's Inn Fields
Every second Wed: 9pm
Sandwiches, drinks, cake and clothes

St Vincent De Paul
Lincoln's Inn Fields
Tue & Thu: 7.30pm

Steps of Faith
Victoria area, Thurs: 8–10pm
Walking around with soup, drinks,
snacks and some clothing

Streetlites
Mon: From 6.30pm, a sit down meal
at Chelsea Methodist Church, 155a
King's Road, SW3 5TX; Tue: 6–9pm,
King George's hostel, Victoria;

drop in, King George Hostel – Hot
tea/coffee, hot meal, sandwiches,
fruit, clothing, hygiene kits and
referral to a rent deposit scheme
www.streetlites.org

Street Souls
Third Fri of the month: 8pm
onwards, Ashley Place, near West-

minster Cathedral.
Also have sleeping bags
and some clothing.

SW London Vineyard/King's Table
Sun 2.30pm–4.30pm beneath
Waterloo Bridge (Embankment).
Good hot stews and potatoes.

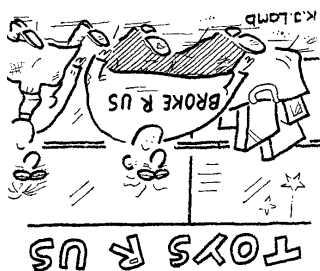
St Ignatius Church
Lincoln's Inn Fields
Sat: 8.30–9.15pm

St Andrew's Church
10 St Andrew's Road
Fulham, W14 9SX
Sat: 11.30am–1.30pm
Hot food and sandwiches

Simon Community
Tea Run: Sun & Mon (6–9.30am):
St Pancras Church: 6.30am; Milford
Lane 6.45am; Strand 7am; South-
ampton Road 7.30am; Army and
Navy 8am; Grosvenor Gardens
8.30am; Marble Arch (Sunday) 9am
Soup Run: Wed & Thurs (8pm–
10.30pm): St Pancras Church
8.15pm; Hinde Street 8.45pm;
Maitlavers Street 9.15pm; Waterloo
9.45pm; Army and Navy 10.15pm
Street Café: St Giles-in-the-Fields,
St Giles High Street, WC2 (next
to Denmark Street) – Sat (2
–4pm) & Sun (1.15–3.15pm)

Silver Lady Fund (The Pie Man)
Piping hot pasties, pies and
sausage rolls from the van down
behind the Festival Hall or on
Southwark Bridge Road – from
5am (it's white with 'Silver Lady
Fund' written on the side).

Sai Baba
Third Sunday of the Month:
93 Guildford Street, WC1
(Coram's Fields); 11am–1pm.
Vegetarian meal and tea.



Teen Challenge

Mon, 9–11.30pm; Whitechapel;
Tue, 9–11pm; Hackney Central;
Wed, 9–11pm; Brixton (in square);
& Thu, 9–11pm; Ealing Tube
Hot meals from a bus

Quaker Run
Victoria area
Second Sun of month: 7pm

Wycombe & Marlow Group
Lincoln's Inn Fields
Tue: 8.15pm
Food, drink and some sundries

SPECIALIST SERVICES

The Albert Kennedy Trust
Unit 203 Hutton Square Busi-
ness Centre, 16/16a Bald-
wins Gardens, EC1N 7RJ
020 7831 6562
Mon–Fri: 10am–4.30pm
Works with LGBT people
16–25, facing mistreat-
ment or homelessness

ASHA Project
13 Shrubbery Road, SW16 2AS
020 8696 0023
Mon–Fri: 9am–5pm
For asian women fleeing
domestic violence

Blue Cross Veterinary Services

Offered to pet owners on a low
income. This is usually a means
tested benefit or state pension
with no other means of income:
Blue Cross Mobile Veterinary Clinic
All run 10am – 12pm & 1.30pm
– 3.30pm, at these locations – Mon:

Bethnal Green Road E2; Wed:
Hackney Town Hall (car park) E8;
Thur: Islington Town Hall, Upper
Street, N1; Fri: Walthamstow
Town Square, High Street, E17
On a first-come-first-served basis.
Some cases April need to be
referred to the Victoria hospital.

Hospitals
Blue Cross Victoria, 1 – 5
Hugh Street, SW1V 1QQ
020 7932 2370

Blue Cross Hammermith, Argyle
Place, King Street, W6 ORQ
020 8748 1400

Fri: 11am-1pm (women's
brunch & discussion group)
FF, CL

Farm Street Church

Thurs: 8-10.30pm
Three routes: Oxford Street route
- Davies Street; Boudon Street;
South Moulton Street; Oxford
Street; top end of Regent Street
to Hanover Street; Hanover
Square; New Bond Street
Berkeley Square route - Ber-
keley Square; Berkeley Street;
Green Park tube; Piccadilly
Hyde Park Corner route - Mount
Shepherds Market; Curzon Street

Food Not Bombs

The Narrowway, Hackney Central
Every second Sat: 5-6pm

Good Samaritan Network

Sun & Mon: 6.30-8pm; king
George's hostel, 72 Great
Peter Street, SW1P 2BN

Hare Krishna Food for Life

The Hare Krishna food run provides
wholesome and tasty vegetar-
ian meals from Soho and King's
Cross Temples. The former can
be found at Lincoln's Inn Fields,
Mon-Fri: 7.15pm, finishing at
Temple if there's food left. The
later from Mon-Sat, all year round:
12pm: Kentish Town (Slip Road);
1pm: Camden (Arlington Road);
2pm: King's Cross (York Way)

Imperial College

Serving sandwiches and hot
beverages on Sunday evenings
(8-9.30pm) at Lincoln's Inn Fields.

Jesus Army

National Portrait Gallery,
near Trafalgar Square
Second full week of the
month, Mon-Wed: 9pm
Food from a bus

Kings Cross Baptist Church

Vernon Square, W1
020 7837 7182
Mon: 11am-2pm; Tue:
11.15am-1pm

Open for breakfasts

Lincoln's Inn Fields
Mon-Fri: 7.15pm; Many vans
with food and occasionally cloth-
ing. Sat-Sun: 6.15pm onwards

The Lion's Club of Farnip

Charling Cross, Strand
Second & fourth Sun: 6pm
Hot Indian food

Liss Homeless Run

Strand, Palace Hotel
Last Tue of the month: 8pm
Also have clothes and toiletries

London City Aid

This run is from Harlow, and
serves hot chocolate! Coming
out on the second Tuesday of
the month. Behind the Army and
Navy in Victoria: 8.30-10.30pm.

The London Run

Mondays (including bank
holidays). Van with tea/coffee,
sandwiches, eggs, biscuits, soft
drinks, clothes, and toiletries:
Cross police station: 8.45pm;
Cotton Street (Nr. Holborn)
& Lincoln's Inn Fields: 9pm;
Temple: 9.30pm; Waterloo (St
John's Church): 10.15pm

Love to the Nations Ministries

Charling Cross, Strand
Every second Sun: 4pm
Second and fourth Sunday in the
month (6.45am onwards) - Hot
food; note that an excellent full
cooked breakfast is served on the
second Sunday. On the Strand
(Charling Cross end, outside Court's).

Missionaries of Charity

Mon: Spitalfields (9.30pm)
& Victoria (10pm)

Muswell Hill Church

2 Dukes Ave, N10 2PT
020 8444 7027
Sun-Thurs: 7.45-8.45pm

New Life Assembly

A run in Hendon, that comes into
the West End once a month.

Nightwatch

At the fountain in the Queens
Gardens, central Croydon
Every night from 9.30pm
Sandwiches and hot drinks

Open Door Meal

St James the Less parish centre,
Vauxhall Bridge Road, behind the
Lord High Admiral public house.
An established service, providing a
two-course hot meal served at table.
Alternate Thursdays during
term-time: 7-9.30 pm. B, CL, FF

Our Lady of Hal

165 Arlington Rd, NW1
020 7485 2727
Tues, Weds, Fri & Sat:
12.45pm-2pm

Peter's Community Cafe

The Crypt, St. Peter's Church,
De Beauvoir Road, N1

020 7249 0041
Mon-Wed: 12noon-6.30pm

Plastow Woman's Group

House of Fraiser, Thurs: 9pm
Hot meals, teas and coffees

Rhythms of Life International

44 Marlborough Avenue, E8 4JR
020 7254 9534
Mon-Sat: 4.30-6pm;
Sun: 3.30-5pm.
Free tea and warm food
served 365 days a year

Rice Run

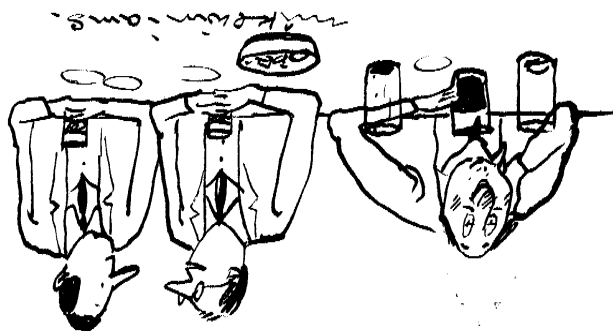
The Strand, Westminster
Fri: 9-10pm
Rice and Chicken, or savoury rice

The Sacred Heart

This run from Wimbledon has
several teams coming up once
a month to the Piazza of West-
minster Cathedral. Sandwiches
and hot beverages around 9pm
every Tuesday and Friday.

Sahnu Vaswani

Lincoln's Inn Fields
Wed: 8-8.30pm
A great curry!



"He's trying to crack the genetic code of hops"

Camden Road Baptist Church
Hilldrop Road, Holloway, N7 0JE
020 7607 7355
Thu: 10.30am-12noon

The Carpenters
TMO Community Hall, 17 Doran
Walk, Stratford, E15 2JL
020 8221 3860
Every Tuesday: 10am-12pm

The Coptic Church
Victoria area, Tue: 9-10pm

Ealing Soup Kitchen
St Johns Church Hall, Mattock Lane
Friday: 11am-4pm; Sat and Sun:
3.30-5pm
They also give practical help/
housing advice

Emmanuel Church
Forest Gate, E7 8BD (corner of
Romford Rd & Upton Lane)
Thurs: 7.30am (cooked breakfast)

Faith House (Salvation Army)
11 Argyle Street, King's Cross
(near Burger King), WC1H 8EJ
020 7837 5149
Mon: 6-8pm (men's group);
Tues: 5-6pm (women's drop-in);
Wed: 1-3pm (women's drop-
in); 7.30-9pm (open drop-in);

Tues & Thurs: 10am-12noon
Cooked breakfast

American Church
(Entrance in Whitfield St)
79a Tottenham Court Rd, W1T
020 7580 2791
Mon-Sat (except Wed):
10am-12noon
AC, CL, FF, P

Apricots and More
29-31 Euston Road, NW1 2SD
www.apricotsandmore.co.uk
Tue: 9-10.30pm
AS, AD, BA, CL, FF, H, TS

ASLAN
Hot food and sandwiches for
early risers. Sat 5.30am-8.30am
- Covent Garden, Milford Lane,
Surrey Street, Strand and Waterloo.

Bloomsbury Baptist Church
235 Shaftesbury Ave, WC2 8EP
020 7240 0544
Sunday: Roast lunch 1pm
10.30am for ticket (very limited)

The Cabin
St Gabriel's Community Centre
21 Hatchard's Road, N19 4NG
020 7272 8195
Daily: 1030-1130am;
Thu: 12noon (lunch)

PERFORMING ARTS

Cardboard Citizens
020 7247 7747
Variety of performing arts work-
shops held at Crisis Skylight as
well as hostels around London.
ET, LA, MC, PA
www.cardboardcitizens.org.uk

The Choir With No Name
Every Monday, 7pm,
at various venues
A choir for homeless and ex-
homeless, with or without
singing experience.
www.choirwithnoname.org

Crisis Skylight
66 Commercial St, E1
020 7426 5650
Mon-Fri: 2pm-8pm; Sat
& Sun: 11am-5pm
AC, ET, IT, MC, P, PA
Workshop programme from
www.crisis.org.uk

Smart
Art workshops and lec-
tures at various venues
020 7209 0029
Email: smartnetwork@lioneone.net

Streetwise Opera
020 7495 3133
MC, PA
www.streetwiseopera.org

SEASONAL SHELTERS

West London Churches Winter Shelter
Various Venues
0207 351 4948
09 Nov 10 - 17 Apr 11: 8pm - 7am:
last admission 8pm
18+ mixed; Beds for 35 (separate
area for women); self-referrals
on a first come first served
basis; must phone first; dry

SOUP KITCHENS & SOUP RUNS

Agape
Waterloo Bridge, North Side
Wed: 8pm
Sandwiches, teas and coffees

All Saints Church
Carnegie St, N1
020 7837 0720

TB screening van – MXU
Information given as date, time, location and post code.
Turn up at these locations:
Mon 4 Apr: 11am–3pm; Well Drop
In, Salvation Army - Croydun Citadel
Booth Road, Lower Church
Street, Croydun, CR0 1XY
Wed 5 Apr: 9.30am–12.30pm;
Blackfriars CDAM, 151 Blackfriars
Road, SE1 8EL; 2-4pm; Spear Hostel
24 Kew Road, Richmond, TW9 2NA
Wed 6 Apr: 11am–3pm; Hil-
lingham, 100-110, Hillingham
Road, Lymington, SO41 1JF
Thu 7 Apr: 10am–4pm; Par-
macia House, Hounslow, Prince
Regents Road, TW3 1NE
Fri 8 Apr: 9am–3pm; Kalei-
descope, 28-46 Cromwell-
Road, Kingston, KT2 6RN
Mon 11 Apr: 10am–4pm; Gate-
house Drug Treatment Centre, St
Bernard Hospital Site, Uxbridge
Road, Southall, UB1 3EU
Tue 12 Apr: 12noon–4pm;
Croydon Community Drug and
Alcohol Team, Lantern Hall,
191 Church Road, CR0 1SE
Wed 13 Apr: 10am–12noon;
65 Uxbridge – Sixty Five Project,
Broadway Road, W7 3PX;
1-4pm; Lancaster House,
Leeland Road, W3 9HH
Thu 14 Apr: 1-4.30pm; DAIS
Terrace, Southall, UB2 5AL
Fri 15 Apr: 10am–2pm; Acton
Homeless Concern - Emmaus House,
1 Berymead Gardens, W3 8AA
Mon 18 Apr: 8.30am–1pm;
Connection at St Martin's, 12
Addisale Street, WC2N 4HW
Tue 19 Apr: 9am–1pm; Riverside
ECHO - Livingstone House, 105
Melville Road, NW10 8BU
Thu 21 Apr: 9.30am–12.30pm;
St Mungos - Pound Lane Centre,
115 Pound Lane, NW10 2HU;
1-4pm; Addaction – Brent, 97
Cobbold Road, NW10 9SU
Vision Care Opticians
07792 960416
Mon & Thurs: 2–7.30pm
at Crisis Skylight; Wed: 9am
– 5pm at The Passage
Free sight tests and spectacles

MEDICAL SERVICES

Great Chapel Street Medical Centre
13 Great Chapel St, W1
020 7437 9360
Mon, Tues & Thurs: 11am–12.30pm; Mon–Fri: 2pm–4pm
A, BA, C, D, DT, FC, H, MH, MS, P, SH

Dr Hickey's – Cardinal Hume
Arneway St, SW1
020 7222 8593
Mon, Tues, Thurs & Fri: 10am–12.30pm & 2pm–4pm
Wed: 10am–12.30pm
A, BA, C, D, DT, H, MH, MS, P, SH

Health E1, 9–11 Brick Lane, E1
020 7247 0090
Mon–Thurs: 9.5am–1.30am
Fri: 10.30am–12.30pm;
Mon, Wed & Fri afternoons
–appointments only

King's Cross Primary Care Centre
264 Pentonville Rd, N1
020 7530 3444
Mon: 6.30–9.30pm; Tue: 2–4pm; Fri: 1.30–3.30pm
BA, BS, CL, DT, FC, H, MH, MS, NE, P, SH

Primary Care for Homeless People
Spectrum Centre, 6 Green-land Street, NW1
0207 267 2100
Mon, Tue, Thur & Fri: 9.30am–12 noon; Wed: 1.30–3.30pm
BA, BS, CL, D, FC, H, MS, NE, P, SH

Project London
Port St, Bethnal Green, E2 OEF
07974 616 852 & 020 8123 6614
Mon, Wed & Fri: 1pm–5pm
MS, SH
Operating at 999 Club, Deptford, Wed: 2–4pm; & Providence Row, Victoria, Fri: 9.30–11.30am
MS, SH

ET1: 1 pm onwards; Anchor House hostel, ET1 6: 9.30 am – 12.30 pm Turnaround Resources, ET1: 12.30 pm onwards; St Munigo's hostel, Spring Gardens, SE3: 9.30 – 3.30 pm; Cardinal Hume Centre, SW1: 9 am onwards; The Passage Job Club, SW1: 10 am onwards; Stockwell Probation Service, SW9: all day; The Spire day centre, SW1 6: 9 am – 2 pm; St Munigo's rolling shelter, Endsleigh Gardens, WC1: 9 am onwards; St Martin's (CSTN), WC2: 9.30 am – 12.30 pm & 4.30 – 7 pm Wednesday – Providence Row, Dellow Centre hostel, ET1: 9.30 am onwards; Ifford Foyer hostel, G1: 1 – 4 pm; HAB day centre, N1 2: 1 pm onwards (fourth Wed of the month); Crickwood Homeless Concern, NW2: 10.30 am – 3.30 pm; St Giles day centre, SE5: 10 am – 3 pm; The Passage, SW1: 9 am – 1.30 pm (10 am onwards in their Job Club); Salvation Army day centre, Prince's Street, WC1: 2.30 – 4.30 pm; St Munigo's Margery Street hostel, WC1: 9 am onwards Thursday – Crisis Skylight, ET1: appointments 11 am – 2 pm; Whitechapel Mission day centre, ET1: 9 am onwards; Focus day centre, ET5: all day; Crickwood Homeless Concern day centre, NW2: 10 am onwards; Manna day centre, SE1: 9 am onwards; Albany Road bail hostel, SE5; Deptford Reach day centre, SE8: 9 am onwards; Ace of Clubs day centre, SW4: 9.30 am – 3 pm; Stockwell Probation Service, SW9: 2 – 4 pm; Great Chapel Street medical service, W1: 10 am onwards; Broadway day centre, W12: 10.30 am onwards; St Martin's (CSTN), WC2: 9.30 am – 12.30 pm & 4.30 – 7 pm Friday – YMCA, hostel in Croydon (Coroner's), CR9: 9.30 – 1 pm; YMCA, hostel in Croydon (Lonsdowne), CR9: 2 – 4 pm; The Manna at St Stephen's drop in, N1: 10.30 am onwards; Crickwood Homeless Concern day centre, NW2: 10 am onwards; YMCA, hostel in Romford, RM2: 11 am onwards; The Passage, SW1: 10 am onwards; Ace of Clubs day centre, SW4: 9.30 am – 3 pm; St Munigo's Cedars Road hostel, SW4: 9 am onwards; Thames Reach day centre, SW9: 2 – 4.30 pm; St Martin's (CSTN), WC2: 9.30 am – 1 pm (Workspace); St Munigo's Endell

EX-FORCES**AWOL?** Call the 'reclaim your life'

scheme from SSAFA

01380 738137 (9am-10am)

Home Base

158 DU Cane Road,

London, W12 0TX

020 8749 4885

www.cht.org.uk

Accommodation for 21 ex-service

men and women aged 18-55

who are homeless or potentially

homeless. Require proof of military

service. Phone, call in or write.

C

Royal British Legion

08457 725 725

Ring the Legionline to see how they

can help ex-servicemen and women

Veterans Aid

40 Buckingham Palace Rd, Victoria

020 7828 2468

A, AS, BA, D, CL, SS

Veterans UK

0800 169 2277

Free help and advice for vet-

erans and access to dedicated

one-to-one welfare service.

www.veterans-uk.info

JOBCENTRE PLUS

To get benefit advice use local

Job Centres or visit a day centre

that hosts JCP outreach staff.

Monday - Salvation Army. The

Well, Croydon. 11am - 3pm. Salva-

tion Army, Booth House hostel, E1:

10am onwards; YMCA, hostel in

Walthamstow, E17: 11am onwards;

Shelter From The Storm, N1: 6.30

-8pm (telephone service); HA/GA,

N15: 12.30pm onwards (every

second week); B, HUG, NW10: 11am

onwards (every second week); St

Mungo's, Rushworth Street rolling

shelter, SE1: 9am onwards; The

Passage, SW1: 9am onwards (10am

onwards in their Job Club); Tuise Hill

Ball Hostel, SW2: 2 - 5pm; Leigham

Court Road Bail Hostel, SW16:

9am - 12.30pm; West London Day

Centre, W1: 9.30am - 2pm; St Mar-

tin's (CSTM), WC2: 9.30am - 1pm

Tuesday - Look Ahead hostel,

Hackney Migrant Centre

St Mary's Church, Spensley

Walk, Stoke Newington

NG16 9ES

info@hackneymigrantcentre.org.uk

Wed: 12.30-3.30pm

Free advice and support for

refugees and migrants

AD, BA, FF, H

UR4J0B5

Upper Room, St Saviour Church,

Cobbold Road, W12 9LN

020 8740 5688

07967 312207 (English)

07772 565815 (Romanian)

07772 473554 (Polish)

Mon-Fri: 9.30-6.45pm (not

supported); Mon & Tue: 12noon-5pm

(Migrants workers job club)

Help in finding work and education

Now available online @

www.ur4j0b5.co.uk

C, ET, FF

Smart clothing for job interviews

www.dressforsuccess.org

020 7288 1770

89-93 Shepperton Road, N13DF

Unit 2, Shepperton House

Dress for Success (Women)

020 7613 5636

Mon-Thur: 9.30am-4.15pm

Courses in: personal develop-

ment, life skills, woodwork, DIY,

art, IT, guitar, Spanish, cooking

C, ET, MC

Turnaround Resource E1

Montefiore Centre, Hanbury

Street, London, E1 5HZ

020 7247 9005

www.turnaround1.org.uk

CA, ET, IT

ENTERTAINMENT & SOCIAL

EVENTS**ASIAN**

All Souls Church - Clubhouse

Cleveland St

020 7580 3522

Sat eve: by invitation

Open Film Club

www.openclinema.net, FF, LA

Needle Exchange Van

White van under Centropoint

Tower, Tottenham Court Road

Mon-Fri: 4 - 7pm

Wandsworth Drug Project

86 Garrett Lane, SW18 4DB

020 8875 4400

Mon-Fri: 1-5pm; Sat: 1-4pm

AS, A, AD, AC, CA, C, D, H, NE, OB, SH

Westminster Community Alcohol

Service

Closed, instead go to Hunger-

ford Drug Project (if in South

Westminster) or WDP, Harrow

Road (if in North Westminster)

Westminster Drug Project (WDP)

470-474 Harrow road, W9 3RU

020 7266 6200

Mon-Fri: 10am - 12.30pm

(appointments and needle-

exchange); 1-5pm (open access)

AD, C, D, H, NE, OB, SH

184 Camden

184 Royal College Road, NW1 9NN

020 7485 2722

Mon: 10am-3pm; Tue & Thu: 10am-

8.30pm; Wed & Fri: 10am-5.30pm

AS, BA, C, D, ET, MS, NE

EASTERN EUROPEANS &

MIGRANTS

Ania's Recruitment Agency

31 Fallsbrook Rd, SW16 6DU

020 8769 0509

East European Advice Centre

Pallingswick House, 241

King Street, W6 9LP

020 8741 1288

Open weekdays 10am-12pm & 2-

3pm, for appointments; closed Wed

Ring for appointment

Eastern European Drug and

Alcohol Support

Emmanuel's Church,

Forest Gate, E7 8BD

020 8257 3068

Support for drug and alcohol

treatment, advice, contact with

other agencies; Thur: 5-7pm

Part of DASL in Drug &

Alcohol Services

DRUG / ALCOHOL SERVICES

Addiction (Harm Reduction

Team)

228 Cambridge Heath Rd, E2

020 8880 7780

Drop-in: Mon, Fri 10am-4pm;

Tues, Wed & Thurs 12noon-6pm;

Closed each day 1.30pm-2.15pm

D, OL, MS, NE, SH

Blackfriars Road CDAT Team

151 Blackfriars Rd, SE1 8EL

020 7620 1888/6500

See Branches

Mon: 2pm-4pm (drop-in)

MH, MS, NE

Central and NW London

Substance Misuse Service

282 North End Rd, SW6 1NH

020 7381 7700

Mon-Fri: 9am-5pm, C, MS

Druglink

103a Devonport Rd, Shep-

herds Bush, W12 8PB

020 8749 6799

Mon-Fri: 10am-5pm (needle

exchange and telephone

service); Mon & Fri: 2pm-5pm

& Wed: 3pm-6pm (drop-in)

C, D, OL, NE

East London Drug and Alcohol

Support Services

Capital House, 134-138 Romford

Road, Stratford, E15 4LD

020 8257 3068

Drug and Alcohol Service for

London (DASL) provides free and

confidential services to anyone who

has concerns about their own or

another person's drug or alcohol

use, working with people from

Newham, Tower Hamlets, Red-

bridge and Bexley and Greenwich.

A special Eastern European section

is listed in Eastern European

A, C, D

The Hungerford Drug Project

(Turning Point)

32a Wardour St, W1D 6QR

020 7437 3523

Mon-Fri: 12noon-5pm, except Wed

2-5pm (drop-in); Sat & Sun: 1-5pm;

Antidote (lesbian, gay, bisexual and

transgender drug/alcohol service)

drop-in Thursday: 6-8.30pm

C, D, FF, IT, LA, MH

020 8963 0545

Ring first. Local connection only

Redbridge Night Shelter

16 York Rd, IG1 3AD

020 8514 8958, Ring first

Turnaround (Newham)

Choral Hall

020 7511 8377

7.30pm-7.30am

Waltham Forest Churches Night

Shelter

See Branches

Mon: 2pm-4pm (drop-in)

MH, MS, NE

Central and NW London

Substance Misuse Service

282 North End Rd, SW6 1NH

020 7381 7700

Mon-Fri: 9am-5pm, C, MS

Druglink

103a Devonport Rd, Shep-

herds Bush, W12 8PB

020 8749 6799

Mon-Fri: 10am-5pm (needle

exchange and telephone

service); Mon & Fri: 2pm-5pm

& Wed: 3pm-6pm (drop-in)

C, D, OL, NE

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transgender drug/alcohol service)

drop-in Thursday: 6-8.30pm

C, D, FF, IT, LA, MH

Webber Street (formerly Waterloo

Christian Centre)

6-8 Webber St, SE1 8QA

020 7928 1677

Mon-Sat: 9am-12noon

AS, B, BA, BS, BE, CL, FF,

LA, MH, MS, OL

The Welcome Project

11 Green Lane, Essex, IG1 1XG

020 8220 4111

Tue & Thur: 12.30-3pm;

Wed & Fri: 10.30am-3pm

AS, BA, BS, CL, FF, H, L

West London Day Centre

134-136 Seymour Place, W1H

020 7569 5900

Mon-Fri: 8.45-10am (rough sleep-

er's drop-in); 10am-1.30am (drop-

in, hostel residents join); 1.15am-

1.45pm (advice, appointments

only); Mon & Thur: 1.30-3.30pm

(drop-in for those with tenancies)

AC, BA, BS, C, CL, F, FC, IT,

L, LS, MS, OL, P, SK, TS

The Whitaker Centre

91-93 Tollington Way, N7 6RE

020 7263 4140

Mon-Fri: 11am-5pm

Alcohol allowed, BS, FF, L

Whitechapel Mission

212 Whitechapel Rd, E1

020 7247 8280

Daily: 6-11am (cooked break-

fast 8am-10am); Sat: 12noon-

2.30pm (women only)

AS, AD, B, BA, BS, BE, CL, C,

DA, D, F, H, IT, OL, SK, P, TS

The 999 Club

21 Depford Broadway, SE8 4PA

020 8694 5797

Mon-Fri: 9.30am-5pm

AS, AD, A, B, BE, CL, C, DA, D, FF,

F, H, L, LA, MS, MH, OB, SH, TS

www.999club.org

DIRECT ACCESS (YEAR ROUND)

HOSTELS/ NIGHTSHELTERS

All - low-support needs

Branches

Stonea, Langthorne Road, E11 2HJ

020 8521 7773

Livingstone House

105 Melville Rd, Brent NW10 8BU

ScottsCare & Borderline (for Scots

in London)

22 City Road, EC1Y 2AJ

Call the helpline on 0800 6522 989

BA, CA, H, B, P, TS

Borderline (for Scots):

Mon–Fri: 09.30am–12.30pm

(appointments); Mon, Tue,

Thu, Fri: 2–4pm (walk in)

0800 174 047 (freephone)

dutyworker@scotscare.com

A, BA, C, CL, D, H, MH, P

St Giles Trust

64 Camberwell Church St, SE5 8JB

020 7700 7000

Mon–Fri: 9.30am–12.30pm

A, BA, BS, D, ET, H, L, MH, MS, P, TS

DAY CENTRES AND DROP-INS

Age of Clubs (16+)

St Alphonsus Rd, Clapham, SW4 7AS

020 7720 2811/0178

Mon–Fri: 12noon–3pm

A, B, BS, BE, CL, DT, F, H,

L, LA, MS, MH, OB, P, TS

www.aceofclubsclapham.org

Action Homeless Concern

Emmas House

1 Berrymead Gardens, Acton

020 8992 5768

Call for opening times

A, B, BA, CL, D, DT, ET, F, FC

Adgate Advice Centre

See Providence Row (The

Dellow Centre)

Brookway Day Centre

Market Lane, Shepherds Bush, W12

020 8735 5810

Mon–Fri: 10am–1pm (drop-

in); 2–4pm (Appointments)

A, BA, BS, CL, DA, D, ET, F, FC, H,

IT, L, LA, MS, MH, ML, P, SK, SH, TS

Bromley 999 Club

424 Downham Way,

Downham, BR1 5HR

020 8698 9403

Mon–Fri: 10am–5pm

Chelsea Methodist Church

155a Kings Road, SW3 5TX

020 7352 9305

Mon, Tues & Thu: 9am–3.45pm

F, L, P

Church Army (women)

1–5 Gosway St, NW1

020 7262 3818

Mon–Thurs: 9.30am–12pm

(advice); 12pm–3.30pm (drop-in);

12 noon–1pm (sandwiches);

AC, BA, BS, CA, CL, C, ET, FF,

H, IT, L, LA, LF, MC, P

Women only

The Connection at St Martin's

12 Adelaide St, WC2

020 7766 5544

Mon–Fri: 9am–12.30pm (12pm

Weekends)

Various afternoon sessions

(Wed), Various afternoon sessions

from 1pm (except Wed). Weekends:

9am–1pm (no entry after 10.30am).

There are also drop-in sessions on

Tues & Thurs 4.30pm–7.30pm.

A, AC, BA, BS, CA, CL, D, ET, F, FC,

H, IT, MC, MH, MS, OB, P, SK, SS

Croydon Resource Centre

70a Wellesley Rd, Croydon, CR0 2AR

020 8686 1222

Mon–Fri: 10am–3pm

AS, BA, CA, CL ET, F, IT, LA

Cricklewood Homeless Concern

60 Ashford ROAD, NW2 6TU

020 8208 8590

info@chc-mail.org

Homeless drop-in: 28a Fortunegate

Rd, Craven Park, NW10 9RE

Tues & Fri: 10am–2.30pm;

Weds & Thurs: 12.30–2.30pm

Mental health drop-in: in flat

above St Gabriel's Hall

77 Chichele Rd, Crickle-

wood, NW2 3AQ

Tues–Fri: 10am–12 noon.

AC, BA, BS, H, IT, L, MS, OL

Depford Churches Centre

Speedwell St, Depford

020 8692 6548

Mon, Tues, Thurs & Fri:

9am–3.30 pm

A, AC, AD, AS, B, BA, BE, BS, C,

CA, CL, D, DA, DT, ET, FF, H, L,

LA, LF, MC, MH, MS, OL, SS, TS

Divine Rescue

Thurlow Lodge, 1 Thurlow Street,

SE17 2US, 020 3489 1765

Mon: 10am–6.30 pm;

Tue–Fri: 10am–5pm

AD, AS, AC, BA, C, CL, FF, H, MC, OB

London Jesus Centre

83 Margaret St, W1W 8TB

0845 8333005

Mon–Fri: 10am–12.30pm

BS, CL, F, IT, L, SK

The Dunloe Centre

St Saviour's Priory, Dunloe Street, E2

020 7739 9976/020 7613 3232

Tues: 10.30am–12.30pm, CL, FF

Earls Court Community Project

Ungoing renovation until

2012, but still open at:

St Barnabas Church, 23

Addison Road, W14 8LH

020 7471 7030

Tue & Wed: 2–4pm

Hackney 180 First Contact &

Advice (Thames Reach)

Hackney Methodist Church

219 Mare St, E5

0208 985 6707

Mon–Thurs: 8am–9.30am

(breakfast club)

Hanbury Community Project (SCT)

Details of their changes have been

confirmed, and they're now called

the New Hanbury Project, and listed

under **Employment & Training**

The Haven Club

At the Holy Cross Centre

(See below).

Mon: 6pm–10pm

For self-treating drug & alcohol

users: no using on day or no entry

Holy Cross Centre

The Crypt, Holy Cross Church

Cromer St, WC1

020 7278 8687

Mon: 2pm–5pm; Tues: 6–9pm;

(ticket required) Thurs: 5–8pm

(Italian speakers session); Fri:

12 noon–3pm (refugees and

asylum seekers session).

AC, FF, H, IT, LA, LF, MH, P

Homeless Action in Barnet (HAB)

36B Woodhouse Road, N12 0RG

020 8446 8400

Mon – Fri: 12noon – 3pm (drop in);

Mon, Tues & Thur: 9am – 12noon

(rough sleepers only); Wed: 9am

AD, BA, BS, CL, F, H, L, TS

London Jesus Centre

83 Margaret St, W1W 8TB

0845 8333005

Mon – Fri: 10am – 12.30pm

BS, CL, F, IT, L, SK

the List

The directory of London's homeless services

Updated 28 March 2011

Key to the list: Accom. assistance – A5 Alcohol workers – A Art classes – AC Barber – B Benefits advice – BA Bathroom/showers – B5 Bedding available – BE Careers advice – CA Clothing – CL Counselling – C	Debt advice – DA Dentist – DT Drugs workers – D Education/training – ET Free food – FF Food – F Foot care – FC Housing/accom advice – H Internet access – IT Laundry – L Leisure activities – LA Leisure facilities – LF	Luggage storage – L5 Medical services – M5 Mental health – MH Music classes – MC Needle exchange – NE Outreach workers – OB Outreach worker links – OL Pavement stockist – P Safe keeping – SK Sexual health advice – SH SSAFA – SS Tenancy support – TS
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Email changes and suggestions to:
thelist@thepavement.org.uk
Or write to our address on page 3
Updated entries: 12
Services added: 2

ADVICE SERVICES

Advisory Service for Squatters
Angel Alley, 84b Whitechapel High Street, E1 7QX
0203 216 0099 (cheaper to call 0845 644 5814 from land lines)
outside London)
www.squatter.org.uk

Alone in London (16–25 years)
Unit 6, 48 Provost Street, London, N1 7SU
020 7278 4224
Mon–Fri: 9am–1am (first contacts): 2–4pm (advice and appointments)
For those aged 16 – 25 years.

Bridge Resource Centre
Bridge Close, Kingsdown Close, W10 6TW
0208 960 6798
CA, ET, IT
The Caravan Drop-In
St James's Church, 197 Piccadilly, W1
Open daily: Sat – Mon; 10am – 7pm: Tues – Fri; 11am – 7pm
A friendly ear to listen, with some access to counselling

Depaul UK (young people)
291–299 Borough High Street, SE1 1JG
020 7939 1220 (central office)
www.depauluk.org

HOPE worldwide / Two Step
360 City Road, EC1V 2PY
020 7713 7655
Mon–Fri 10am–4pm
(appointments only)
AS, H, TS, P
KCAH
36a Fife Rd, KT1 1SU
020 8255 2439
BA, FF, H
London Irish Centre
50–52 Camden Sq, NW1 9XB
020 7916 2222
Ring for service times
A, BA, C, CL, D, ET, H, MC
Notre Dame Refugee Centre
5 Leicester Pl, W2H 7BX
020 7434 1619
Mon and Thurs: 11am–4pm
(drop-in) Service for French-speaking refugees and asylum seekers
BA, C, CA, FF, H