

the Pavement

The *FREE* monthly for London's homeless

May 2011

DO YOU KNOW WHAT
TO DO IF YOU COME
ACROSS AN OVERDOSE?

YOU SHOULD!



*"Spare the price of a supermarket
brand can of lager, Guv?"*

The Editor

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The Pavement

Registered Charity Number 1110656

PO Box 60385

London

WC1A 9BH

Telephone: **020 7833 0050**

E-mail: **office@thepavement.org.uk**

Editor-in-Chief

Richard Burdett

News Editor

Amy Hopkins

Web Editor

Val Stevenson

Reporters

John Ashmore, Lizzie Cernik, Liza Edwards

Rebecca Evans, Amy Hopkins

Tracey Kiddle, Catherine Neilan

Nicholas Olczak, Jim O'Reilly

Carinya Sharples, Katy Taylor

Rebecca Wearn

Photographers

Rufus Exton, Katie Hyams

Contributors

Susie Rathie, Toe Slayer, Evelyn Weir

Cartoonists

Nick Baker, Neil Bennett, Cluff, Pete

Dredge, Kathryn Lamb, Ed McLachlan,

Ken Pyne, Steve Way, Mike Williams

Comic Artist

Mike Donaldson

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Guest advice

In this issue, we're welcoming a guest columnist, Abe Oudshoorn, a nurse working with rough sleepers in London... Ontario, that is.

It's not just that Abe has a lot of health experience and a PhD, though both of these are true. But he has something to say on a subject that's been more in the news recently: overdoses and avoiding them. Asking someone from outside the areas of our three editions also helps emphasise the universal problems facing people on the streets. Even if you avoid drugs or try to steer clear of those who use them, you may come across someone suffering from an overdose, so read what he has to say on page 24. Along with our Top 10 Foot-care Tips (page 25), it means you're forewarned and so forearmed!

And please, don't be confused that we're running the Street Shield competition again. We hope a few more readers will be persuaded to enter. If you've any talent (or none) with a pen or pencil, or just enjoy comics, turn to page 22 for the rules of how to enter.

Richard Burdett

Editor

editor@thepavement.org.uk

twitter.com/ThePavementMag

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The Westminster ban

Opposition grows against Westminster City Council's proposed byelaw

Westminster City Council's proposed byelaw banning soup runs and rough sleeping is looking increasingly shaky as opposition grows, deadlines are delayed and Conservative councillors come out against the plans.

Reported as the policy of a "callous" and "heartless" Tory council (the *Daily Mail* and the *Mirror*, respectively), it seemed the byelaw was unanimously backed by the Conservative councillors who hold the majority in Westminster City Council. However, this does not entirely seem to be the case.

The *Pavement* emailed all of Westminster's 48 Conservative councillors to ask whether they support the byelaw, oppose the byelaw or have not made up their mind. Three responded: Councillor Philippa Roe replied "this is not my portfolio" and suggested speaking to Daniel Astore; Councillor Michael said "I strongly support the byelaw"; while Councillor Glenys Roberts, a *Daily Mail* journalist, stated "I oppose the byelaw, I think this has to be handled more sensitively."

And it seems that Cllr Roberts is not alone – with reports that Conservative councillor Robert Rigby voiced his opposition to the byelaw on a visit to a soup run. The *Pavement* also spoke to Labour Councillor Adam Hug, who said: "What's not clear to us is precisely what the mood on the Conservative backbenches is. I think there will be a lot of concern... there. There are lots of people who have generally held concerns about the issue, and I think probably you'll have to speak to some of them to find out what exactly's going on behind closed doors."

The Conservatives have an even more high-profile dissenter to add to

their list, too, namely the Mayor of London. Under persistent questioning from Liberal Democrat Member of the Greater London Assembly Mike Tuffrey, Boris Johnson finally clarified his position at Mayor's Question Time on 23 March, saying: "I do not want to ban soup runs, provided they are part of a strategy to help people off the street".

The 12 Labour councillors at Westminster City Council, meanwhile, have already come out in joint opposition, releasing a statement which says: "Labour Councillors have condemned this hard-hearted and mean-minded action at a time of rising unemployment and increasing homelessness amongst the most vulnerable."

More protests and direct action

Inspired by the multi-organisation flashmob demonstrations and the protest picnic held outside Westminster Cathedral on 20 March, campaigners have continued to take to the streets.

On 2 April, another horizontal flashmob, Everybody Lie Down In Westminster Day, took place on Westminster Cathedral Piazza; while on 14 April, campaigners gathered outside Westminster City Hall to take part in the Protest Against Benefits Cuts & Mass Food Give Away! Plans are also underway for events on the day of the council meeting and, possibly, to coincide with the Royal Wedding (tentatively entitled 'Let Them Eat Cake').

Online, meanwhile, Henrietta Still and Co from Goldsmiths College have produced a short film entitled the Big Soup Society (on

Facebook), while *Pavement* photographer Rufus Exton's film (www.youtube.com/user/pavementtv) documenting the 20 March protest has received more than 1,000 hits. Over on Twitter, the hashtag #homelessban is focusing support, while anti-byelaw Facebook groups and pages continue to attract fans.

Housing Justice is also still calling on Westminster residents to lobby their local councillors, and asking anyone doing a soup run to sign up to their newly updated Soup Run Code of Conduct.

Finding alternatives

As well as the Soup Run Code of Conduct, other practical alternatives to the byelaw are being put forward.

On the Labour Matters website (www.labourmatters.com), Labour councillors have outlined a three-point plan, which they say would enable soup runs to continue. Suggestions include a system of licensing/registration and regulation; Council-supported efforts to provide daily building-based alternatives; and a code of conduct.

Alastair Murray, Deputy director of Housing Justice, has called on the council to make use of the knowledge and experience of soup run volunteers, and widen building-based provision, saying: "All More hostels in Westminster could be opening up space in the evening, and they could be more supportive of the idea of indoor drop-in services open in the evening and at the weekend.

"If we can work out a timetable of doing that and really encourage soup runs to look at moving somewhere indoors in their local area in or Westminster, then I think



What a waste

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★ PRET A MANGER ★

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www.thepavement.org.uk



*"Yes, it's an excellent time to set up a debt
and bankruptcy advisory service"*

it would be very difficult for Westminster to say 'well, we're going to ban soup runs anyway'. Because we have to show some kind of willingness and make an effort to do it together and improve services, and that has to be the way forward."

Westminster City Council has even showed signs of softening their approach, increasingly referring to a preference for a non-legislative approach and proposing in a press release dated 29 March to "meet with interested parties in the coming weeks to try and reach a solution before resorting to formal legal action".

Rough sleeping ban proposal could be dropped

As it stands, the byelaw would criminalise rough sleepers and those distributing free refreshments in a designated area around Westminster Cathedral. However, there are suggestions that the council could be planning to remove the clause relating to lying down, sleeping or depositing bedding on the street.

Mr Murray reported: "They are saying ... that they would be willing to meet and explore a non-legislative solution, but they seem to me to be fairly sure to be going ahead – at least with the anti-soup run bit. I think they're going to drop the proposal to fight ban rough sleepers sleeping."

"I've heard this from a couple of different sources, but I think they've realised they've they have got no support whatsoever for that from any organisation... they don't have support, from anybody in the field, so they're looking like it looks as if they're on pretty dodgy ground with that."

Cllr Hug echoed this, saying: "My impression is that they may be more willing to move on rough sleeping because of the over-

whelming opposition, I mean obviously there clearly has been majority opposition to the soup run ban, but it's [the rough sleeping ban] is not quite clear cut."

Delays and doubts on the final decision

Westminster City Council is currently compiling some 500 responses that it received during the consultation, which ended on 25 March. A summary of the consultation will be made public in due course, although when is not yet known.

After the consultation document has been prepared, it will be up to Westminster City Council to decide whether or not to push ahead with the byelaw. And if it does, there's little chance of it being taken down by Labour, predicts Cllr Hug: "My understanding is that it will go to full council. Although if I'm absolutely honest, if it goes to full council ... it will go through irrespective of what I say or what my colleagues say ... Certainly, in my time – (and I've only been on the council for a year), – I've never seen a vote."

The decisive council meeting was expected to take place on 4 May. However, this now seems to have now been delayed. Mr Murray wrote to Councillor Daniel Astaire, cabinet member for society, families and adult services, offering to meet to help find a non-legislative solution. In response, said Mr Murray, "he [Cllr Astaire] told me they aren't going to be voting on it on the 4th of May [but], it's not going to be included in the council meeting then, and that he would be keen to meet."

The Pavement contacted the Westminster City Council press office for confirmation, but on asking when the decision would be made the spokesperson replied: "Are you talking about... I saw



Peter Schofield
Age at disappearance: 70

Peter has been missing from Harlow, Essex, since 14 May 2010. His current whereabouts are unknown.

There is great concern for Peter as his disappearance is out of character. He is urged to call our confidential service **Message Home** on **Freefone 0800 700 740** for advice and support.

Peter is 5ft 7in tall, of slim build with brown eyes and short dark brown hair. When last seen he was wearing a round neck T-shirt and blue trousers.

If you've seen Peter please call the 24-hour confidential charity **Missing People** on Freefone **0500 700 700** Email: seensomeone@missingpeople.org.uk



something on Twitter from Housing Justice. Is that what you're referring to?" and She said she didn't believe there was a council meeting on 4 May (there is), and that no further details are yet available.

Looking back to a Westminster City Council press release from 28 February, however, the process is clearer: "Depending on the results [of the consultation,], it [the council] will then to seek provisional permission from the Department for Communities and Local Government [DCLG] to pass a byelaw before taking it to a meeting of the full council in the summer.

"If approved, the byelaw could be in place by October. Vulnerable individuals will not be enforced against, and all individuals will be asked to leave the area before being subjected to any enforcement." The next meeting of the full council after 4 May is on 20 July at Council House, Marylebone Road.

The Public Law Project (PLP), a legal charity concerned with access to justice for disadvantaged groups, is advising campaigners on the possibility of legal challenge to the passing of the byelaw. PLP solicitor Jo Hickman confirmed that PLP had concerns as to the lawfulness of Westminster's proposals and would be pleased to offer campaigners legal support.

Ms Hickman told *The Pavement*, "This unprecedented proposal seeks to criminalise acts of charity. If that were not bad enough, the proposed byelaw is so widely drafted it also criminalises a host of other entirely innocent activities. Councils are not lawfully empowered to pass byelaws that are oppressive, and as such we consider there may be grounds to seek judicial review of any decision to implement this proposal."

We asked DCLG for their stand on the byelaw, but were just sent their previously released

statement: "Local homeless charities and Westminster Council believe that food handouts actually encourage people to sleep rough in central London, with all the dangers that entails.

"There is no need for anyone to sleep rough in Westminster as there are a range of services that can help the vulnerable off the streets, and assist them make the first steps towards getting their lives back on track."

Asked about the process for passing the byelaw, the spokesman replied, "If the byelaw were to be passed by the council, it would require DCLG Secretary of State's confirmation before it could take effect. -B but we are still some way off that stage, if things ever get there."

Carinya Sharples



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











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HOMELESS CITY GUIDE

-  squat
-  empty building
-  dangerous neighbourhood
-  danger
-  guard dogs
-  an attack happened here
-  good place to drink / smoke
-  unfriendly place
-  friendly place
-  soup run (with rating)
-  strong police presence
-  potential for work
-  good food thrown away here
-  safe for sleeping
-  message board x mins that way
-  security guard
-  you'll get moved on here

step 1



step 2



MAKE YOUR MARK AND HELP OTHERS TO READ THE CITY

Make non permanent marks to keep the system up to date and stay within the law.

News in brief

The homeless news from across the World

Wedding invite

A former homeless woman will rub shoulders with world leaders and a host of big-name celebrities when she attends the royal wedding at the end of April. Prince William first met 20-year-old Shozna last summer at a charity gala. She told the audience about her difficulties living in homeless shelters after she had a stroke, went through a major heart operation and ended up spending two months in hospital. At the end of her speech, William reportedly came up to congratulate her on her performance and give her a hug.

The prince is a patron of the Centrepoin't charity, where Shozna was initially housed after becoming homeless, and where she was offered CV advice and the services of a mentor. She recently found accommodation in a council flat and is looking for work in high street clothes shops. She will, unfortunately, be unable to pursue her original dream of becoming a hairdresser because the stroke left her without full use of her right hand. She will be joined at the wedding by Centrepoin't's chief executive, Seyi Obakin, and his wife.

Shozna, whose full name is secret to protect her identity, expressed her gratitude to William: "I want to say to Prince William: 'Congratulations. Thank you for inviting me and thank you for making people feel like they are part of the world instead of being alone'."

John Ashmore

London hub success for new rough sleepers

Mayor of London's new homeless Hub saw more than 40 referrals in the weeks following its launch on 1 April, organisers have said.

The No Second Night Out (NSNO) scheme, which operates a 24-hour Hub aimed at helping the recently homeless off the streets as quickly as possible, says that round 40 new people are seen sleeping rough in London each week.

"Currently, around half of all new rough sleepers go on to have a second (or third or fourth) night on the streets," NSNO say on their website, which focuses on reconnection as a major part of its bid to make sure people are not forced to return to the streets.

Petra Salva, director of NSNO, stressed that it was people who had recently become homeless that would be referred to the Hub, rather than known rough sleepers.

Speaking to *The Pavement* on 18 April, Salva said: "We have seen over 40 people so far, including women and people from the European Economic Union.

"People are brought into the hub by outreach workers who have made contact with them on the street," she explained. Once referred, it has taken two to three days to find a solution or offer for most people, added Salva.

"This has included reconnection to home areas where we have helped people access supported housing placements, hostel accommodation and reconnection to family," she said. "Some people have also received hospital treatment for physical or mental health concerns."

Each case is followed up a week, a month and three months after they have left the Hub, which run from the same building as the Margery Street rolling shelter.

The NSNO scheme is part of Boris Johnson's wider plan to end rough sleeping in the capital by the end of 2012 – and £710,000 was committed to the six-month pilot scheme in December last year.

It opened on 1 April but a second, formal launch will happen in early May, said Salva.

The Pavement spoke to Salva just before the Hub first opened, when she stressed that the service wasn't about enforcement.

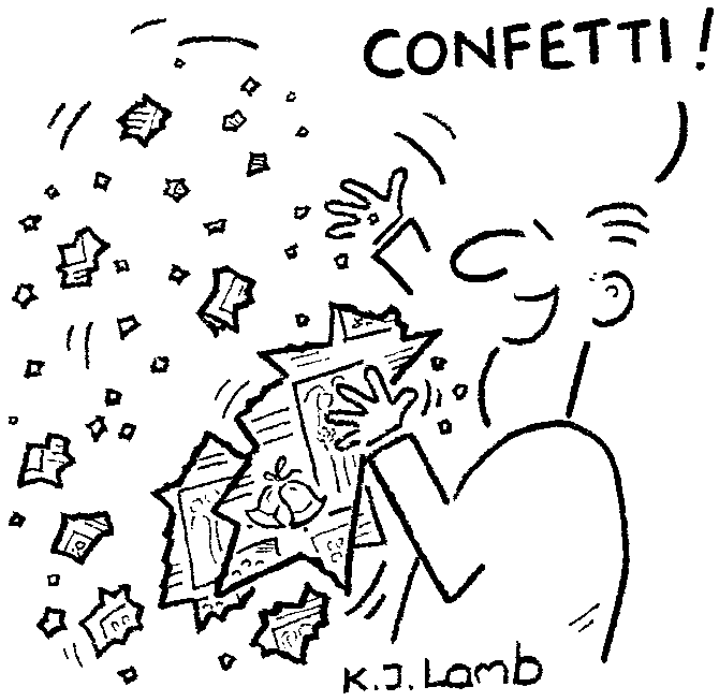
Instead, new rough sleepers can be referred through a number of different channels, including a helpline that NSNO will soon publicise across London. An outreach team will then assess any referrals to see if they qualify for support from the Hub.

NSNO said that it would also be "working closely" with the UK Border Agency (UKBA) but told *The Pavement* that no police or UKBA officials would be based at the Hub.

According to the NSNO website:

"The preferred approach of local authorities is to assist EEA rough sleepers to return home voluntarily and a dedicated outreach team exists for this purpose, but where this offer is refused, the UK Border Agency may take removal action as a last resort."

Addressing fears that funds might be siphoned from other schemes to support the Hub, NSNO said: "Other projects to tackle long-term rough sleeping or to reduce the number of people who return to rough sleeping after previously leaving it behind are ongoing and not affected by this new pilot."



Use for a souvenir issue



"He's my financial adviser"

Visit www.nosecond-nightout.org.uk for more information on the Hub.

Garnet Roach

- Of course, with a new service it's hard to find the other side of the story, so any individuals or organisations who have experience of NSNO or the hub, please get in touch – anonymously if preferred – at news@thepavement.org.uk

Windfall for man outside casino

Mario Balotelli, a player for Manchester City football club, is thought to have given a rough sleeper £1,000 cash after a winning night in a casino.

The star striker, who earns £100,000 a week, is reported to often give cash to homeless people around Manchester, but in mid-April it's said he gave a large bundle of notes after winning thousands in a casino.

A 'source' told the *Sun*: "Mario is really generous. He always hands £20 notes to the *Big Issue* boys without even taking the magazine. There's a guy he always sees around town with ginger dreadlocks and a beard. He carries his possessions in two carrier bags. He was outside the club in the early hours, so Mario handed him a wad of notes after his big win."

The paper doesn't look at the security risks to an individual of carrying such a large amount of cash, nor at the dangers it could have for someone who was a drinker or drug user. What they do want to know is "do you know the tramp who got the cash? Call the *Sun* on 020 7782 4035."

Staff

Homeless men paid for beatings

Rough sleepers are accepting cash to be videoed being beaten.

There is an increasing number of reports in the American press about homeless men accepting money from websites that show semi-clad women brutally striking men.

The rough sleepers are reportedly paid \$50 for their pains. People who watch the videos online pay up to \$900 for the perverse footage.

Californian newspaper the *St Petersburg Times* reports that one rough sleeper, George Grayson "followed the recruiters to a St Petersburg townhouse on seven different occasions over the last few months, he said, and let five different women use his body and face as a punching bag."

They interviewed a local advocate, who claim he has interviewed and photographs several men with similar stories and injuries.

The website, www.shefights.net, shows films of around 12 minutes long of sustained and continued beatings of men by women. Owner Jeff Williams defends the beatings as consensual and is quoted as saying: "These men are crack addicts and will say anything for money."

Since the beatings were reported, the *St Petersburg Times* said a law firm has offered to file a suit on behalf of the men against the website and the women taking part in the films.

Rebecca Wearn

Cardiff centre closed due to bomb threat

A homeless centre in Cardiff was evacuated and searched by police on 29 March after a threatening phone call was

received relating to the building.

Police were called to the Huggard Centre, a day centre and emergency sleeping unit in the city centre, after a man made threats related to the centre.

Speaking at the time of the incident, the Centre's chief executive Richard Edwards said that the man had reported there was a bomb in the building and the police had been called in as a precaution.

The police escorted the clients and staff to safety, and cordoned off the building while they conducted a search. A 19-year-old man was arrested for malicious communications near the centre, the police reported.

Edwards said he understood that the man was a resident of the council-run Tresillian House Hostel, an organisation which is temporarily sharing a building with the Huggard Centre.

Edwards said that this was the first time that the centre had received this kind of security threat, but that they did have evacuation procedures. In conjunction with the Council, they also had emergency planning procedures to respond to events that meant they could not access the building for any length of time. In this case, the Cardiff Central Library and the Star Leisure Centre helped to accommodate the Huggard Centre's clients.

Edwards said that the safety of the clients was foremost in the centre's response to the incident.

"I am unaware whether there was any real risk to users of the centre," Edwards said. "However, we work with highly vulnerable individuals, and the safety of residents and users of the centre was paramount at all times. Every measure was taken to secure their immediate and ongoing safety throughout this incident."

Nicholas Olczak

Hope for the world

A Muslim cleric has urged his religious followers to support a Christian-based homeless centre in Nottingham.

Imam Dr Musharraf Hussain al-Azhari said the work done by Emmanuel House would "please every person who has a love for humanity". He added: "It will absolutely please God, please Christ and please the Prophet Mohammed."

The independent city centre charity, which costs £300,000 a year to run, faces an uncertain future after losing £183,000 of core annual funding through council cuts in April. Few Muslims currently use the charity's facilities, but Dr Hussain said Christians and Muslims alike should embrace the aims of Emmanuel House. "Muslims have an obligation to help and serve such people," he said.

Emmanuel House's Ruth Shelton said they had already raised more than £47,000 in donations and that the centre's financial difficulties had brought out the best in people.

She said: "It's shown how much goodness there is in the community. Every day, there comes an elderly lady with a

jar of 2p pieces or a businessman brings in a cheque for £1,000.

"It's not just about the money. It's about the support and the affection."

Rebecca Evans

iHobo returns

A new version of the controversial iPhone app that allows users to care for a "virtual homeless person" has been released by charity Depaul UK.

iHobo, which can be downloaded free by iPhone users, was originally launched to some criticism in May 2010 but has gone on to win a number of awards, as well as becoming the most

popular charity app in the UK. It has been downloaded more than 600,000 times since it was released last year, raising £13,000 through donations from 5,000 users.

However, critics have voiced concerns that iHobo stereotypes young homeless people.

But Rachel Slade from the charity said: "The idea is to give people an insight into what life could be like for a young homeless person and engage them with the issue of homelessness in a completely new way. Many people have said that the app has made them think about homelessness for the first time, and change their stereotypes and perceptions.

"We understand that the app was controversial. However, we took a risk with it. We needed it to stand

out in an over saturated market, ignite conversations and engage people."

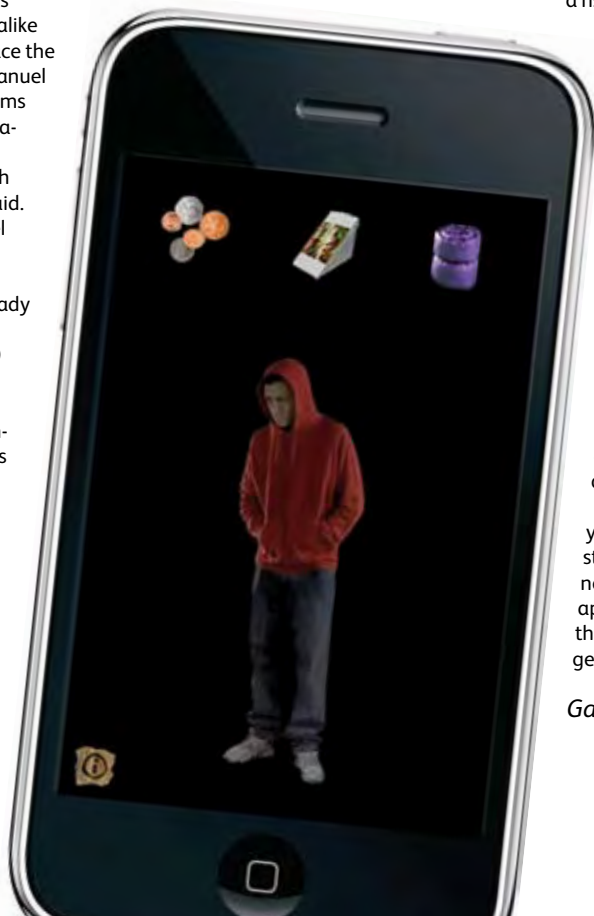
iPhone users that install the iHobo application on their phones must spend three days caring for a young homeless person, offering food, money or emotional support.

Paul Marriott, chief executive of Depaul UK, said the app aimed to increase awareness of youth homelessness and attract new donors.

"The future for young people is worrying at the moment, especially for the most vulnerable and disadvantaged," he said.

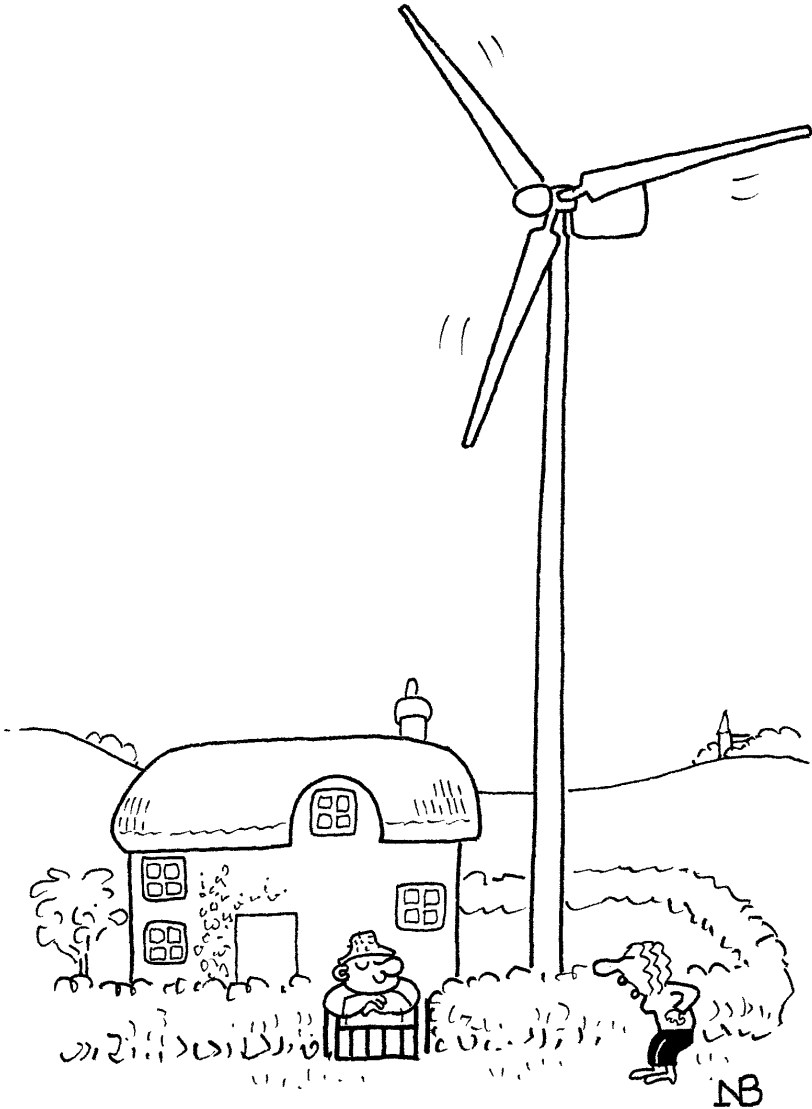
"There is a real fear that young people sleeping on the streets will increase over the next five years, and we hope this app will help us communicate the severity of this issue to the general public," added Marriott.

Garnet Roach





“Aaarrh, it’s a Brontésaurus”



“Imby!”

Bradford death

Bradford police are hoping that DNA profiling can help identify human remains found in a tent close to the town centre at the beginning of last month, as reported in the April edition of *The Pavement*. After appealing for information from the public, police received 'dozens' of potential names from members of the public, but are yet to make a positive identification.

The body is believed to be that of a rough sleeper, though the remains were such that police have been unable to tell whether the victim was even male or female – and it is thought that they body had lain dead since last summer. The tent was in undergrowth set back from the main road, and was out of public view.

The bones have now been sent to a forensic laboratory, in the hope of making a DNA match. Detective Inspector Mark Long, of Bradford South CID, who is leading the investigation into the discovery of the body, said, "The bones have been sent to our forensic laboratory to try to establish who the person is. The process will take about a month, but we are hoping the scientists will be able to get a DNA profile, so we can put a name to the remains. The death is being treated as non-suspicious, so the main thrust of our inquiry is to identify who the person is. There is nothing to suggest there has been any criminal offence."

James O'Reilly

- Anyone with information should call Bradford South CID on **0845 6060606** or Crimestoppers, in confidence, on **0800 555111**.

A new guide book

An ex-rough sleeper has published a book – 'The Girl's Guide

to Homelessness' – about her experiences that she hopes will demonstrate that homelessness can happen to anyone.

In February 2009, Brianna Karp found herself out on the streets. She considered herself a typical young woman from Orange County, South Carolina. She had worked hard and achieved well at school, and found decent work and independence. She had a complicated life at home, with one parent suffering with mental health problems, and low income meant she'd had to work to support siblings from a young age, but Karp did not feel this has negatively affected her own mindset.

But when her company laid off more than half of its staff and her benefit payments meant she had to give up her own home and return to her parents, she lost everything. And finally, when her parent attacked her, she was evicted from her refuge. Feeling that her friends had too many of their own problems to support her as well, Karp resolve to strike out on her own, to take the streets on and survive, with just \$300 to her name.

In the global recession, one per cent of US citizens (around 670,000 people in 2009) have experienced homelessness, and the majority of them are families. Karp is by no means the first rough sleeper to put pen to paper, but she hopes to put the stereotypes of rough sleeping with her book. Her blog states: "I am an educated woman with stable employment and residence history. I have never done drugs. I am not mentally ill. I am a career executive assistant – coherent, opinionated, poised, and capable. If you saw me walking down the street, you wouldn't have assumed that I lived in a parking lot. In short, I was just like you – except without the convenience of a permanent address."

Although critics have praised her work as a tale of triumph over adversity, Karp sees it as more of

an exercise in urging the public to rethink their views on homelessness. Her work began life as an online blog that detailed the day-to-day challenges she faced when seeking work and a new life with neither a home nor a permanent base.

The book will be released on 26 April 2011 in the United States.

Rebecca Wearn

Love thy neighbour?

A vicar who stabbed and poured boiling water over a homeless man sheltering outside his church has been jailed for seven years.

Reverend Friday Archy, 51, attacked Ben Donetus, 25, to punish him for been a sinful homeless person, a court heard. Before stabbing his victim in the neck, armpit and chest, Archy screamed: "I told you to go, if you stay here you will die."

Mr Donetus was left with severe burns, four stab wounds and a collapsed lung.

Archy, a vicar at Christ-Choosing Church of God, in Peckham, south-east London, was jailed after being found guilty of inflicting grievous bodily harm with intent following a trial at Inner London Crown Court, Southwark. Donetus, who had been sleeping rough for two years, had been sheltering for the church for around two months with two others.

Describing the attack in May last year, he said: "I remember waking up, feeling wet. I felt my back and it was wet. I could feel it was also hot.

"I turned over and saw the reverend standing over me with an electric kettle in his left hand.

"He was shouting: 'Get out, get out'. I tried to get up, but the reverend pushed me to the ground. As I fell I saw he had a silver knife in his right hand. I turned away to protect myself, then felt myself being stabbed. I could see the reverend was stand-

ing over me, stabbing at me.

"He was shouting: 'I told you to go, if you stay here you will die'.

"I was really frightened he was going to kill me. I yelled for help."

Rebecca Evans

LA encampment cleared

The clearing of a homeless 'encampment' in Los Angeles two weeks ago once again illustrates the scale of the homelessness problem in the United States. Since October of last year, the Los Angeles city authorities have been clearing areas where large numbers of rough sleepers had begun to congregate. Twenty people were removed from a camp underneath a motorway bridge in last December after the local authorities said their living conditions had become a health and safety concern.

In 2009, the last time the US Government's Annual Homeless Assessment Report was published, the number of rough sleepers was estimated to be around 700,000 on any given night. Among that figure were 124,000 people described as "chronic homeless".

Another striking statistic was that one fifth of all rough sleepers in the United States in 2008 could be found in Los Angeles, New York and Detroit. The scale of the encampments in Los Angeles gives some idea of the number of rough sleepers in that city, the largest by population in the US. A December report in the *Los Angeles Times* said there were around 48,000 homeless people in the city. By comparison, the UK's Department for Communities and Local Government estimated that there were 1,247 rough sleepers in the whole of Britain in 2010.

Although there is considerable disagreement on who is and is not considered 'homeless', and estimates vary from organisation to organisation, it is clear that a significantly higher proportion of

Americans are sleeping rough than here in the UK. The problem in the US has been made worse since the financial crisis, with a rise in unemployment and a lot of people unable to afford their mortgage repayments. In the first six months of last year, for example, 1.9 million homes in the US were put up for sale because their occupants could no longer afford their repayments. California is among the states with the highest rate of 'foreclosure' of houses – and one of the highest rates of homelessness.

John Ashmore

Squatting law

On 7 March, a group of MPs submitted a motion that proposes criminalising squatting.

The proposal was spearheaded by the Conservative MP for Hove, Mike Weatherley, and backed by 22 MPs (20 of whom are also Conservative).

It's the latest step in a growing campaign against squatting. According to the *Telegraph*, Justice Secretary Kenneth Clarke has made changing the law a priority. In December, Housing Minister Grant Schapps issued guidelines to property owners advising them what action they can take against squatters (as covered in *The Pavement*, December 2010)

The law in England permits squatters to enter an empty or abandoned property without the owner's consent, as long as they don't cause damage, use utilities (such as electricity or gas) or commit any criminal offences when entering or staying. Owners must contact go through the civil courts to have the squatters evicted.

Under the new law, squatting will be a criminal rather than civil offence, giving police the power to gain entry to the property by force and arrest squatters.

Squatting is already illegal in Scotland, where arrested squatters can face a maximum fine of £200, or 21 days' imprisonment if the fine is not paid.

An unusual amendment was added to the motion by Conservative MP Robert Halfon on 14 March, reading: "at end add 'with the exception of the squat in the house of Saif al-Gaddafi in North London'".

The motion was debated in Westminster Hall on 30 March. Crispin Blunt, the Parliamentary Under Secretary of State (Prisons and Probation) said a public consultation would be carried out and suggested possible amendments to the law, such as giving owners of commercial property the same rights as residential property owners, i.e. making it legal for squatters to break into their property.

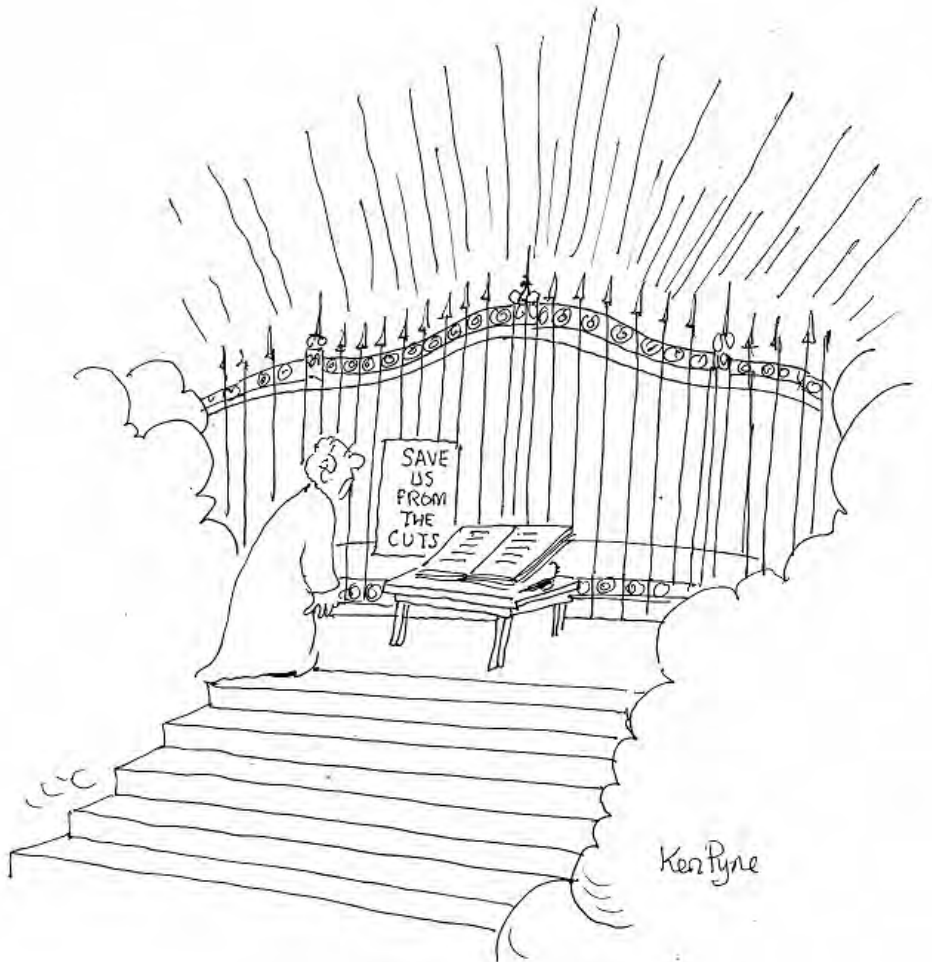
The Pavement will follow developments regarding the proposed changes, including the announcement of when the public consultation will begin. According to the *Evening Standard*, this is expected to be after the local elections in May.

Carinya Sharples

Guilty in St Helens

A 25-year-old man has pleaded not guilty to murdering a rough sleeper in St Helens, near Liverpool, in late January this year, reports the *Liverpool Echo*. Darren Bolger was found collapsed in an alley off one of the main streets in the town, and had suffered severe head injuries. Doctors tried to save Darren, 40, but he was pronounced dead later that evening. Stephen Thompson appeared by video link at Liverpool Crown Court to plead not guilty and will remain in police custody until his trial begins at the start of June.

John Ashmore



STREET SHIELD COMPETITION TIME!

READ ON
TO FIND
OUT HOW TO
ENTER!

DESIGN A FEMALE SUPERHERO!

WELCOME!

I NEED
YOUR HELP!



I'VE HEARD RUMOURS
THAT SOME OF MY
ENEMIES ARE OPERATING
IN OTHER CITIES!



AND EVEN WITH THE
HELP OF THE CARDBOARD
SHIELD, GOLDEN BLANKET
AND ROUGH DIAMOND
IT'LL BE A TOUGH FIGHT!

AND YOU MIGHT'VE
NOTICED THAT ALL MY
FELLOW HEROES
ON THE STREET
ARE MEN!

SO I'M
LOOKING FOR
A FEMALE HERO
TO FIGHT
ALONGSIDE!

AND YOU CAN
HELP ME BY
DESIGNING
A FANTASTIC
SUPER-HEROINE!





DRAW YOUR DESIGN ON BOARD, PAPER OR THE BACK OF AN ENVELOPE. USE PEN, PENCIL, CRAYONS, PAINTS OR EVEN A PC. ANYTHING YOU LIKE, REALLY!

AS LONG AS YOU CAN POST OR EMAIL IT TOO US!

AND GIVE US A BIT OF BACKGROUND - WHERE IS SHE FROM? WHAT'S HER BACK STORY? AND WHAT POWERS DOES SHE HAVE?

THE TOP TEN ENTRIES PICKED BY THE EDITORS AND TRUSTEES WILL BE DRAWN BY MY CREATOR, MIKE, AND PUT TO THE PUBLIC VOTE...

THE WINNER WILL RECEIVE THEIR CREATION ON A T-SHIRT AND SEE HER IN PRINT ACROSS THE UK!

GOOD LUCK EVERYONE!



The rules:

1. Entries from readers only, so you must be homeless, ex-homeless, in temporary accommodation or vulnerably housed.
2. Closing date for the competition is on Friday 24 June 2011.
3. The judges' decision is final.
4. Email entries or post them to:
PO BOX 60385, London, WC1A 9BH

NEXT MONTH

GOING HOME!

Health and wellbeing

The Pavement's health team – a podiatrist and a nurse – aim to help keep you in the pink

Do you know what to do in case of an overdose?

It's easier than you might think Preventing and responding to drug overdose

In London, Canada, many people injecting narcotics have died of overdoses in the past year. Although heroin, cocaine and other amphetamines are around, the most frequently injected drugs are prescription pills such as Oxycontin or Percocet. We have also had some deaths related to Fentanyl, which is a slow-release narcotic patch. As the use of prescription narcotics increases, it is important that people keep themselves safe.

Two things that we are doing right now to focus on safety in London – on this side of the pond! – are education around peer support in the case of overdose, and connecting with our local police services to ensure everyone's safety if 911 (our version of 999) is being called for an overdose.

The first thing to know is how to prevent an overdose? Here are some things you can do to keep yourself or your friends safe:

1. Know what you're using and how much. Everyone has a different tolerance for drugs, and you need to know what is safe for you
2. Don't mix injecting and booze. Narcotics and alcohol have a side-effect of decreasing your breathing, which makes

- overdose death more likely
3. Always use with a friend or friends, preferably with one of you not using. Someone needs to be able to call 999
 4. Think about having a phone available before you use.

The second thing to know is are they having an overdose? Basically, an overdose is occurring if they fall asleep and you can't wake them up. Signs of an overdose include:

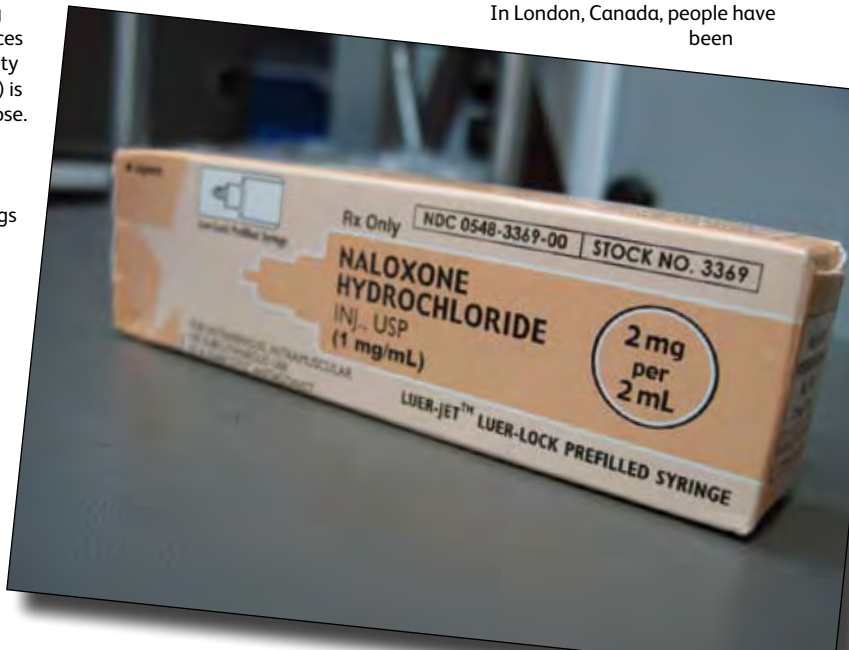
1. They may act confused or stupid
2. They go to sleep and won't wake up
3. Slow breathing, or they actually stop breathing
4. Their lips and fingernails might start to turn blue
5. Cold skin
6. They may throw up.

The third thing to know is what to do in case of an overdose?

1. If your friend is getting confused and starting to go out, keep them awake. They won't like this, but it will help them keep breathing.
2. If they do go out and you can't wake them, call 999 immediately! Paramedics have a medication called Naloxone that reverses overdose.
3. If they are not breathing, you need to breathe for them. Make sure there is nothing in their mouth, tilt their head back, lift their chin, plug their nose and breathe into them every 5 seconds. You know it's working if you see their chest rise. You need to keep doing this until they breathe on their own or paramedics arrive.

Calling 999 can be a challenge, because you may be concerned about police responding to the phone call as well as paramedics.

In London, Canada, people have been



arrested on the basis of outstanding warrants and what is in the room when they called because of an overdose. Having more people with you means that you can clean up while one person is breathing for your unconscious friend. In Vancouver, Canada, there is an agreement that police do not respond to 999 calls for an overdose. We hope to be able to do the same.

The last thing to think about in terms of preventing deaths from overdose, is Naloxone, which paramedics carry. It only works for a bit, so the person still has to go to the hospital, but it will allow them to wake up and breathe. In some cities in the United States, they are working hard to make sure Naloxone is available to more people than just paramedics. You can only get it through a prescription, and you need to know how to inject it, but it is being given out as part of some needle exchange programs. This is an idea that has been shown to work, and could be useful in both the UK and Canada as well.

So, if you are going to use, make sure you use safely and know what to do in the case of an overdose.

Abe Oudshoorn

Abe Oudshoorn teaches Nursing at The University of Western Ontario, and is a former street nurse at the London InterCommunity Health Centre in London, Canada.

Top 10 footcare tips

Ten things to do this spring for healthier summer feet. Now that the sun is starting to shine a little, it's time to think about keeping our feet sweet for summer. Here are the Top 10 tips for keeping them well and healthy.

One Take a few minutes to look at the skin. Your feet are often neglected and stuck in thick socks and heavy boots in winter,

so it is time now to examine the soles of your feet and take a good look between your toes. Check for cracks or splits, or scaly rashes that could be a fungal infection or dermatitis. Look for blisters, lumps, bumps, warty-like structures (which could be verrucae) or strange-looking moles, and if anything concerns you, get advice from a podiatrist, doctor or nurse.

Two If your nails seem thickened, yellow or crumbly, you may have a fungal infection. Cut your nails straight across as short as you can, and don't poke down the sides of your nails or pick at them, as this could introduce infection.

Three Think about your footwear. UK summers are rarely heat waves, so don't get rid of the boots just yet – it still gets cold at night. If you spend a lot of time walking on pavements, you'll need a warm, sturdy pair to get you through most of the summer. Try to find second-hand, lightweight walking boots made of a breathable material. Trainers are fine, but sometimes the synthetic material in the lining can make your feet sweat excessively. Sandals rarely offer enough support or protection.

Four Swap your thick winter socks for several pairs of lighter cotton ones, if you can, and rotate them. If possible, don't go without socks: the friction between the inside of the shoe and the skin on your foot can lead to blisters or wounds on your feet, and these can lead to infection.

Five Air your feet. When it is safe to do so, and if you have no open wounds on your feet, go barefoot for a while. Give your feet a chance to stretch and breathe after the winter months. If you can get down to your feet, rub the soles with your thumbs to get the circulation going.

Six Avoid infections. Communal floor surfaces like dormitories or shower rooms are a great place for them to lurk. If you can, wear something on your feet when you shower – even socks will give some protection. Remove them afterwards, and wash and dry them thoroughly. If you get an offer of a good pair of second-hand shoes, air them for a day or so before wearing them.

Seven If you smoke, think about stopping. Not easy, but as well as all the other benefits, stopping smoking could have a huge impact on your foot health. Smoking affects the small vessel circulation in the feet and legs, and as such is damaging to your lower limb health.

Eight Some prescription and street drugs threaten the health and wellbeing of your feet. Alcohol in large quantities over long periods of time may affect the sensation in your legs and feet, and some drugs can influence the circulation to the lower limbs. Be careful, and try to drink moderately.

Nine Think about your general health. Conditions such as diabetes, arthritis and neurological conditions such as stroke can play a part in putting your feet at risk. If you have diabetes, or think you might have (you may be drinking and peeing a lot, small wounds may be slow to heal...), get checked out.

Ten Use them. Walking is great for body and soul, so get those feet moving. Walking helps pump blood around the body and keeps the important lower limb muscles moving. It's free, it's good for you, and it's the season to do it!

Evelyn Weir

Lecturer in podiatry
Queen Margaret University
Edinburgh



"Can I borrow a spoonful of sugar"

Hospitals
Blue Cross Victoria, 1 – 5
Hugh Street, SW1V 1QQ
020 7932 2370
Blue Cross Hamersmith, Argyle
Place, King Street, W6 0RQ
020 8748 1400
Blue Cross Merton, 88 – 92
Merton High Street, SW19 1BD
020 8254 1400

Maytree Respite Centre

72 Moray Road, N4 3LG
020 7263 7070

One-off four night stay for
those in suicidal crisis

Telephone first - not a
drop in service

MH

Central London Samaritans

46 Marshhall Street, W1F 9BF
020 7734 2800

Daily (face-to-face at office):
9am-9pm; Helpline 24 hours

Confidential, non-judgemental
emotional support for those experi-

encing distress or despair, including
those which could lead to suicide

www.samaritans.org/cis

C, MH

Quaker Mobile Library

Every second Mon at either:
10.45am Webber Street or 10.45am

Deptford Churches Centre. This
means that each Webber Street

and Deptford each receive one
visit per month; every second

Mon, 1.30am at Manna Centre,
Bermondsey (every fortnight); Every

other Tue: 7pm, Lincoln's Inn Fields;
Sat: 9.45am, The Connection at

St Martins; 1.1am, The Passage

TELEPHONE SERVICES

Community Legal Advice

Nationwide
0845 345 4 345

www.communitylegaladvice.org.uk
Mon-Fri: 9am-8pm;
Sat: 9am-12.30pm

Free, confidential service, offer-
ing specialist advice on housing,

benefits, tax credits, debt etc.
AD, BA, DA, H

Domestic Violence Helpline

0808 2000 247

Stonewall Housing advice line
Advice for Lesbian and Gay men
020 7359 5767
(Mon, Thu, Fri 10am-1pm;
Tue & Wed 2-5pm)
Survivors UK
Mon, Tue & Thur: 7-10pm
020 7404 6234
Helpline for men who have
been sexually assaulted at
any time in their lives
UK Human Trafficking Centre
0114 252 3891
WEBSITES
Homeless London Directory (RLS)
Updated at least annually
www.homelesslondon.org
The Pavement online
Regularly updated online
version of The List.
www.thepavement.org.uk/services.htm
Proud to be mad
A campaigning site for
those with mental illness
www.proudtobemad.co.uk
Sock Book
An 'e-shelter', with a large
directory of services.
sockbook.referrata.com
Soup Run Forum
For those using or running
soup runs, or just concerned
with their work. Comments and
details on future meetings.
www.souprunforum.org.uk
The Stonewall Housing
Addresses the housing needs of les-
bians and gay men. Provides tempo-
rary, supported housing for 16-25
years old lesbians and gay men.
www.stonewallhousing.org
Streetmate
An independent site with sub-
stantial information on housing,
working and learning, built for
those homeless who use the
internet and want to do-it-them-
selves as much as possible.
www.streetmate.org

Eaves

020 7735 2062

Helps victims of traffick-
ing for prostitution

Frank

0800 776 600

Free 24-hr drug helpline

0808 808 4994

For young people (1pm-7pm daily)

Jobcentre Plus

To make a claim

0800 055 6688

For queries about existing claims

for Income Support, Jobseekers

Allowance or Incapacity Benefit

0845 377 6001

For Social Fund enquiries

0845 608 8661

For the Pensions Service

0845 60 60 265

London Street Rescue

0870 383 3333

Rough sleeper's hot-line

Message Home Helpline

0800 700 740, 24 hrs daily

National Debtline

0808 808 4000

means that each Webber Street

and Deptford each receive one

visit per month; every second

Mon, 1.30am at Manna Centre,
Bermondsey (every fortnight); Every

other Tue: 7pm, Lincoln's Inn Fields;
Sat: 9.45am, The Connection at

St Martins; 1.1am, The Passage

Runaway Helpline

0808 800 7070

For under-18s who have left home

The Samaritans

08457 90 9090

6-11pm

0845 767 8000

Out-of-hours helpline for those

affected by mental health

Shelter
0808 800 4444
Housing advice, 8am-8pm daily

SPECIALIST SERVICES
Tue: 8.15pm
Food, drink and some sundries

Steps of Faith
Victoria area, Thurs: 8-10pm
Walking around with soup, drinks, snacks and some clothing

sausage rolls from the van down behind the Festival Hall or on Southwark Bridge Road – from 5am (it's white with 'Silver Lady Fund' written on the side).

Simon Community

Tea Run: Sun & Mon (6-9.30am): St Pancras Church 6.30am; Millford Lane 6.45am; Strand 7am; Southampton Road 7.30am; Army and Navy 8am; Grosvenor Gardens 8.30am; Marble Arch (Sunday) 9am

Soup Run: Wed & Thurs (8pm-10.30pm): St Pancras Church 8.15pm; Hinde Street 8.45pm; Maltrovers Street 9.15pm; Waterloo 9.45pm; Army and Navy 10.15pm
Street Café: St Giles-in-the-Fields, St Giles High Street, WC2 (next to Denmark Street) – Sat (2-4pm) & Sun (1.15-3.15pm)

St Andrew's Church

10 St Andrew's Road Fulham, W14 9SX
Sat: 11.30am-1.30pm
Hot food and sandwiches

St Ignatius Church

Lincoln's Inn Fields
Sat: 8.30-9.15pm

St John's Ealing

Mattlock Lane, W13 9LA
020 8566 3507
Sat & Sun: 3.30-5pm
Also: Advice service Thurs & Fri 10am-4pm – Ealing Churches workers

St John the Evangelist

39 Duncan Terrace, N1 8AL
020 7226 3277
Tues-Sat: 12.30pm-1.30pm

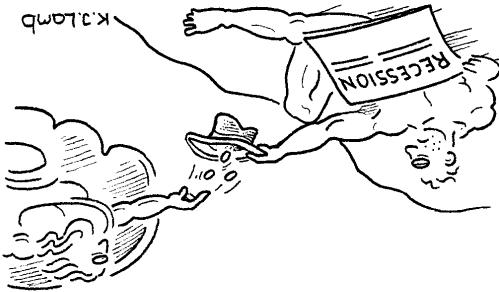
St Monica's Church

Temple Station
First, third and fourth Tue of the month: 8.30pm

St Thomas of Canterbury

Lincoln's Inn Fields
Every second Wed: 9pm
Sandwiches, drinks, cake and clothes
Tue & Thu: 7.30pm

St Vincent De Paul



Streetytes
Mon: From 6.30pm, a sit down meal at Chelsea Methodist Church, 155a King's Road, SW3 5TX. Tue: 6-9pm, drop in, King George Hostel – Hot Every other Saturday: day/evening
www.streetytes.org
fruit, clothing, hygiene kits and referral to a rent deposit scheme

Street Souls

Third Fri of the month: 8pm onwards, Ashley Place, near Westminster Cathedral.
Also have sleeping bags and some clothing.

SW London Vineyard/King's Table
Sun 2.30pm-4.30pm beneath Waterloo Bridge (Embankment).
Good hot stews and potatoes.

Teen Challenge

Mon, 9-11.30pm; Whitechapel; Tue, 9-11pm; Hackney Central; Wed, 9-11pm; Brixton (in square); & Thu, 9-11pm; Ealing Tube
Hot meals from a bus

Quaker Run

Victoria area
Second Sun of month: 7pm

Wycombe & Marlow Group

Lincoln's Inn Fields

The Albert Kennedy Trust
Unit 203 Hutton Square Business Centre, 16/16a Baldwins Gardens, EC1N 7RJ
020 7831 6562
Mon-Fri: 10am-4.30pm
Works with LGBT people
16-25, facing mistreatment or homelessness
AS, A, BA, C, H, TS
www.akt.org.uk

ASHA Project
13 Shrubbery Road, SW16 2AS
020 8696 0023
Mon-Fri: 9am-5pm
For asian women fleeing domestic violence
AD

Blue Cross Veterinary Services
Offered to pet owners on a low income. This is usually a means tested benefit or state pension with no other means of income:

Blue Cross Mobile Veterinary Clinic
All run 10am - 12pm & 1.30pm - 3.30pm, at these locations – Mon: Bethnal Green Road E2; Wed: Hackney Town Hall (car park) E8; Thur: Islington Town Hall, Upper Street, N1; Fri: Walthamstow Town Square, High Street, E17
On a first-come-first-served basis. Some cases may need to be referred to the Victoria hospital.

Lincoln's Inn Fields
 Mon–Fri: 7.15pm; Many vans with food and occasionally clothing. Sat–Sun: 6.15pm onwards

The Lion's Club of Fairlop
 Charing Cross, Strand
 Second & Fourth Sun: 6pm
 Hot Indian food

Liss Homeless Run
 Strand, Palace Hotel
 Last Tue of the month: 8pm

Also have clothes and toiletries

London City Aid
 This run is from Harlow, and serves hot chocolate! Coming out on the Second Tuesday of the month. Behind the Army and Navy in Victoria: 8.30–10.30pm.

The London Run
 Mondays (including bank holidays). Van with tea/coffee, sandwiches, eggs, biscuits, soft drinks, clothes, and toiletries: The Strand, opposite Charing Cross police station: 8.45pm; Catton Street (Nr. Holborn) & Lincoln's Inn Fields: 9pm; Temple: 9.30pm; Waterloo (St John's Church): 10.15pm

Love to the Nations Ministries
 Charing Cross, Strand
 Every second Sun: 4pm

Memorial Baptist Church Plaistow
 389–395 Barking Road, E13 8AL
 020 7476 4133
 Sat: 8am–12pm
 Full English breakfast

Missionaries of Charity
 Mon: Spitalfields (9.30pm) & Victoria (10pm)

Muswell Hill Churches
 2 Dukes Ave, N10 2PT
 020 8444 7027
 Sun–Thurs: 7.45–8.45pm

New Life Assembly
 A run in Hendon, that comes into the West End once a month.

Nightwatch
 At the fountain in the Queens Gardens, central Croydon
 Every night from 9.30pm

Silver Lady Fund (The Pie Man)
 Piping hot pasties, pies and Vegetarian meal and tea.

Sai Baba
 Third Sunday of the Month: 93 Guildford Street, WC1 (Coram's Fields): 1am–1pm.

Sahn Vaswani
 Lincoln's Inn Fields
 Wed: 8–8.30pm
 A great curry!

The Sacred Heart
 This run from Wimbledon has several teams coming up once a month to the Piazza of Westminster Cathedral. Sandwiches and hot beverages around 9pm every Tuesday and Friday.

Rice Run
 The Strand, Westminster
 Fri: 9–10pm
 Rice and Chicken, or savoury rice served 365 days a year

Rhythms of Life International
 44 Marlborough Avenue, E8 4JR
 020 7254 9534
 Mon–Sat: 4.30–6pm; Sun: 3.30–5pm.
 Free tea and warm food

Plaistow Woman's Group
 House of Fraiser, Thurs: 9pm
 Hot meals, teas and coffees

Peter's Community Café
 The Crypt, St. Peter's Church, De Beauvoir Road, N1
 020 7249 0041
 Mon–Wed: 12noon–6.30pm

Our Lady of Hal
 165 Arlington Rd, NW1
 020 7485 2727
 Tues, Weds, Fri & Sat: 12.45pm–2pm

Open Door Meal
 St James the Less parish centre, Vauxhall Bridge Road, behind the Lord High Admiral public house. An established service, providing a two-course hot meal served at table. Alternate Thursdays during term-time; 7–9.30 pm. B, CL, FF

Farm Street Church
 Thurs: 8–10.30pm
 Three routes: Oxford Street route; Davies Street; Boudon Street; South Moulton Street; Oxford Street; top end of Regent Street to Hanover Street; Hanover Square; New Bond Street
Berkeley Square route – Berkeley Square; Berkeley Street; Green Park tube; Piccadilly
Hyde Park Corner route – Mount Street; Park Lane underpasses; Shepherds Market; Curzon Street

Food Not Bombs
 The Narrowway, Hackney Central
 Every second Sat: 5–6pm

Good Samaritan Network
 Sun & Mon: 6.30–8pm; King George's hostel, 72 Great Peter Street, SW1P 2BN

Hare Krishna Food for Life
 The Hare Krishna food run provides vegetarian and tasty vegetarian meals from Soho and King's Cross Temples. The former can be found at Lincoln's Inn Fields, Mon–Fri: 7.15pm, finishing at Temple if there's food left. The latter from Mon–Sat, all year round: 12pm: Kensish Town (Slip Road); 1pm: Camden (Arlington Road); 2pm: King's Cross (York Way)

House of Bread – The Vision
 Second and fourth Sunday in the month (6.45am onwards) – Hot food; note that an excellent full cooked breakfast is served on the second Sunday. On the Strand (Charing Cross end, outside Court's).

Imperial College
 Serving sandwiches and hot beverages on Sunday evenings (8–9.30pm) at Lincoln's Inn Fields.

Jesus Army
 National Portrait Gallery, near Trafalgar Square
 Second full week of the month, Mon–Wed: 9pm
 Food from a bus

Kings Cross Baptist Church
 020 7837 7182
 Mon: 11am–2pm; Tue: 11.15am–1pm. *Open for breakfasts*

TB screening van – MXU
Information given as date, time, location and post code. Turn up at these locations: Sorry, we didn't get the dates before we went to press

Vision Care Opticians
07792 960416
Mon & Thurs: 2 – 7.30pm
at Crisis Skylight; Wed: 9am – 5pm at The Passage
Free sight tests and spectacles

PERFORMING ARTS

Cardboard Citizens
020 7247 7747
Variety of performing arts workshops held at Crisis Skylight as well as hostels around London.
ET, LA, MC, PA
www.cardboardcitizens.org.uk

The Choir With No Name

Every Monday, 7pm,
at various venues
A choir for homeless and ex-homeless, with or without singing experience.
www.choirwithnoname.org

Crisis Skylight

66 Commercial St, E1
020 7426 5650
Mon–Fri: 2pm–8pm; Sat & Sun: 1am–5pm
AC, ET, IT, MC, P, PA
Workshop programme from
www.crisis.org.uk

Smart

Art workshops and lectures at various venues
020 7209 0029
Email: smartnetwork@lينةone.net

Streetwise Opera

020 7495 3133
MC, PA
www.streetwiseopera.org

SOUP KITCHENS & SOUP RUNS

Agape
Waterloo Bridge, North Side
Wed: 8pm
Sandwiches, teas and coffees

All Saints Church

Carnegie St, N1
020 7837 0720
Tues & Thurs: 10am–12noon
Cooked breakfast

American Church

(Entrance in Whitfield St)
79a Tottenham Court Rd, W1T
020 7580 2791
Mon–Sat (except Wed):
10am–12noon
AC, CL, FF

Apricots and More

29-31 Euston Road, NW1 2SD
www.apricotsandmore.co.uk
Tue: 9–10.30pm
AS, AD, BA, CL, FF, H, TS

ASLAN

Hot food and sandwiches for early risers. Sat 5.30am–8.30am
Surrey Street, Strand and Waterloo.

Bloomsbury Baptist Church

235 Shaftesbury Ave, WC2 8EP
020 7240 0544
Sunday: Roast lunch 1pm
10.30am for ticket (very limited)

The Cabin

St Gabriel's Community Centre
21 Hatchard's Road, N19 4NG
020 7272 8195
Daily: 1030-1130am;
Thu: 12noon (lunch)

The Carpenters

TMO Community Hall, 17 Doran
Walk, Stratford, E15 2JL
020 8221 3860
Every Tuesday: 10am–12pm

The Coptic Church

Victoria area, Tue: 9–10pm

Ealing Soup Kitchen

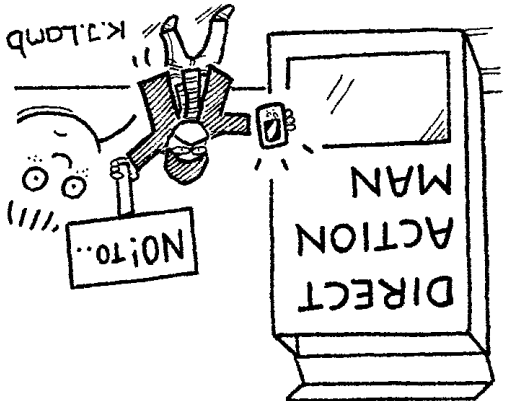
St Johns Church Hall, Mattock Lane
Friday: 11am–4pm; Sat and Sun:
3.30–5pm
They also give practical help/
housing advice

Emmanuel Church

Forest Gate, E7 8BD (corner of
Romford Rd & Upton Lane)
Thurs: 7.30am (cooked breakfast)

Faith House (Salvation Army)

11 Argyle Street, King's Cross
(near Burger King), WC1H 8EP
020 7837 5149
Mon: 6–8pm (men's group);
Tues: 5–6pm (women's drop-in);
Weds: 1–3pm (women's drop-in);
Thurs: 7.30–9pm (open drop-in);
Fri: 11am–1pm (women's
brunch & discussion group)
FF, CL



EX-FORCES

AWOL? Call the 'reclaim your life' scheme from SSAFA
01380 738137 (9am-10am)

Home Base
158 Du Cane Road,
London, W12 0TX
020 8749 4885
www.cht.org.uk
Monday-Friday: 9.30am-5.30pm
Accommodation for 21 ex-service men and women aged 18-55 who are homeless or potentially homeless. Require proof of military service. Phone, call in or write.

JOBCENTRE PLUS

Veterans UK
0800 169 2277
Free help and advice for veterans and access to dedicated one-to-one welfare service.
www.veterans-uk.info

Veterans Aid
420 Buckingham Palace Rd, Victoria
A, AS, BA, D, CL, SS
020 7828 2468

can help ex-service men and women Ring the Legionline to see how they

To get benefit advice use local Job Centres or visit a day centre that hosts JCP outreach staff:
Monday – Salvation Army, The Well, Croydon: 11am – 3pm; Salvation Army, Booth House hostel, E1: 10am onwards; YMCA, hostel in Walthamstow, E17: 11am onwards; Shelter From The Storm, N1: 6.30 – 8pm (telephone service); HAGA, N15: 12.30pm onwards (every second week); B.HUG, NW10: 11am onwards (every second week); St Mungo's, Rushworth Street rolling shelter, SE1: 9am onwards; The Passage, SW1: 9am onwards (10am onwards in their Job Club); Tuise Hill Bail Hostel, SW2: 2 – 5pm; Leigham Court Road Bail Hostel, SW16: 9am – 12.30pm; West London Day Centre, W11: 9.30am – 2pm; St Martin's (CSTM), WC2: 9.30am – 1pm
Tuesday – Look Ahead hostel.

MEDICAL SERVICES

ices for helpline
See **Telephone Serv-**

Prison Advisers – HMP Brixton, SW2: (Thu & Fri) 8am – 4pm; HMP Wandsworth, SW18: (Mon – Fri) 8am – 5pm

Great Chapel Street Medical Centre
13 Great Chapel St, W1
020 7437 9360
Mon, Tues & Thurs: 11am – 12.30pm; Mon-Fri: 2pm-4pm
A, BA, C, D, DT, FC, H, MH, MS, P, SH

Dr Hickey's – Cardinal Hume

Arneway St, SW1
020 7222 8593
Mon, Tues, Thurs & Fri:

Wed: 10am-12.30pm & 2pm-4pm
A, BA, C, D, DT, H, MH, MS, P, SH

Health E1, 9-11 Brick Lane, E1

020 7247 0090
Mon-Thurs: 9.15am-11.30am
Fri-Sat: 10.30am-12.30pm;

Mon, Wed & Fri afternoons – appointments only

King's Cross Primary Care Centre
264 Pentonville Rd, N1
020 7530 3444
Mon: 6.30 – 9.30pm; Tue: 2

Mon: 6.30 – 9.30pm; Tue: 2

BA, BS, CL, DT, FC, H, MH, MS, NE, P, SH
– 4pm; Fri: 1.30 – 3.30pm

Primary Care for Homeless People
Spectrum Centre, 6 Green-

land Street, NW1
0207 267 2100
Mon, Tue, Thur & Fri: 9.30am

– 12 noon; Wed: 1.30 – 3.30pm

BA, BS, CL, DT, FC, H, MH, MS, NE, P, SH

Project London
Pott St, Bethnal Green, E2 OEF

Mon, Wed & Fri: 1pm-5pm
02074 616 852 & 020 8123 6614

MS, SH

Operating at 999 Club, Deptford,

Wed: 2 – 4pm; & Providence Row,

Victoria, Fri: 9.30 – 11.30am

E1: 1pm onwards; Anchor House hostel, E16: 9.30am – 12.30pm; Turnaround Resources, E1: 12.30pm onwards; St Mungo's hostel, Spring Gardens, SE13: 9.30 – 3.30pm; Cardinal Hume Centre, SW1: 9am onwards; The Passage Job Club, SW1: 10am onwards; Stockwell Probation Service, SW9: all day; The Spire's day centre, SW16: 9am – 2pm; St Mungo's rolling shelter, Endleigh Gardens, WC1: 9am onwards; St Martin's (CSTM), WC2: 9.30am & 4.30 – 7pm
Wednesday – Providence Row, Delow Centre hostel, E1: 9.30am onwards; Ilford Foyer hostel, IG1: 1 – 4pm; HAB day centre, N12: 1pm onwards (fourth Wed of the month); Cricklewood Homeless Concern, NW2: 10.30am - 3.30pm; St Giles day centre, SE5: 10am – 3pm; The Passage, SW1: 9am – 1.30pm (10am onwards in their Job Club); Salvation Army day centre, Princes Street, W1: 2.30 – 4.30pm; St Mungo's Margery Street hostel, WC1: 9am onwards
Thursday – Crisis Skylight, E1: appointments 11am – 2pm; Whitechapel Mission day centre, E1: 9am onwards; Focus day centre, E15: all day; Cricklewood Homeless Concern day centre, NW2: 10am onwards; Manna day centre, SE1: 9am onwards; Albany Road bail hostel, SE5; Deptford Reach day centre, SE8: 9am onwards; Ace of Clubs day centre, SW4: 9.30am – 3pm; Stockwell Probation Service, SW9: 2 – 4pm; Great Chapel Street medical service, W1: 10am onwards; Broadway day centre, W12: 10.30am onwards; St Martin's (CSTM), WC2: 9.30am – 12.30pm & 4.30 – 7pm
Friday – YMCA, hostel in Croydon (Cornerstone), CR9: 9.30 – 1pm; YMCA, hostel in (Landsowne), CR9: 2 – 4pm; The Manna at St Stephen's drop in, N1: 10.30am onwards; Cricklewood Homeless Concern day centre, NW2: 10am onwards; YMCA, hostels in Romford, RM2: 11am onwards; The Passage, SW1: 10am onwards; Ace of Clubs day centre, SW4: 9.30am – 3pm; St Mungo's

(Workspace); St Mungo's Endell (CSTM), WC2: 9.30am – 1pm
SW9: 2 – 4.30pm; St Martin's onwards; Thames Reach day centre, Cedars Road hostel, SW4: 9am – 3pm; St Mungo's onwards; Ace of Clubs day centre, NW2: 10am onwards; YMCA, hostels in Romford, RM2: 11am onwards; The Passage, SW1: 10am onwards; St Stephen's drop in, N1: 10.30am onwards; Cricklewood Homeless Concern day centre, NW2: 10am onwards; YMCA, hostels in Croydon (Cornerstone), CR9: 9.30 – 1pm; YMCA, hostel in (Landsowne), CR9: 2 – 4pm; The Manna at St Stephen's drop in, N1: 10.30am onwards; Cricklewood Homeless Concern day centre, NW2: 10am onwards; YMCA, hostels in Romford, RM2: 11am onwards; The Passage, SW1: 10am onwards; Ace of Clubs day centre, SW4: 9.30am – 3pm; St Mungo's

DRUG / ALCOHOL SERVICES

Addiction (Harm Reduction

Team)

228 Cambridge Heath Rd, E2
020 8880 7780
Drop-in: Mon, Fri 10am–4pm;
Tues, Wed & Thurs 12noon–6pm;
Closed each day 1.30pm–2.15pm
D, OL, MS, NE, SH

Blackfriars Road CDAT Team

151 Blackfriars Rd, SE1 8EL
020 7620 1888/6500
Mon: 2pm–4pm (drop-in)
MH, MS, NE

Central and NW London

Substance Misuse Service
282 North End Rd, SW6 1NH
020 7381 7700
Mon–Fri: 9am–5pm, C, MS

Druglink

103a Devonport Rd, Shep-
herds Bush, W12 8PB
020 8749 6799

Mon–Fri: 10am–5pm (needle
exchange and telephone
service); Mon & Fri: 2pm–5pm
& Wed: 3pm–6pm (drop-in)
C, D, OL, NE

East London Drug and Alcohol

Support Services
Capital House, 134–138 Romford
Road, Stratford, E15 4LD
020 8257 3068

Drug and Alcohol Service for
London (DASL) provides free and
confidential services to anyone who
has concerns about their own or
another person's drug or alcohol
use, working with people from
Newham, Tower Hamlets, Red-

bridge and Bexley and Greenwich.
A special East London European section
is listed in *East London European*

The Hungerford Drug Project

(Turning Point)
32a Wardour St, W1D 6QR
020 7437 3523
Mon–Fri: 12noon–5pm, except Wed
2–5pm (drop-in); Sat & Sun: 1–5pm;
Antidote (lesbian, gay, bisexual and
transgender drug/alcohol service)
drop-in Thursday: 6–8.30pm
C, D, FF, IT, LA, MH

Needle Exchange Van

White van under Centrepoint
Tower, Tottenham Court Road
Mon–Fri: 4–7pm

Wandsworth Drug Project

86 Garratt Lane, SW18 4DB
020 8875 4400
Mon–Fri: 1–5pm; Sat: 1–4pm
AS, A, AD, AC, CA, C, D, H, NE, OB, SH

Westminster Community Alcohol

Service
Closed, instead go to *Hunger-*
ford Drug Project (if in south
Westminster) or *WDP*, Harrow
Road (if in North Westminster)

Westminster Drug Project (WDP)

470–474 Harrow road, W9 3RU
020 7266 6200
Mon–Fri: 10am – 12.30pm
(appointments and needle-
exchange); 1–5pm (open access)
AD, C, D, H, NE, OB, SH

184 Camden

184 Royal College Road, NW1 9NN
020 7485 2722
Mon: 10am–3pm; Tue & Thu: 10am–
8.30pm; Wed & Fri: 10am–5.30pm
AS, BA, C, D, ET, MS, NE

EASTERN EUROPEANS &

MIGRANTS

Ania's Recruitment Agency
31 Fallsbrook Rd, SW16 6DU
020 8769 0509

East European Advice Centre

Palingswick House, 241
King Street, W6 9LP
020 8741 1288
Open weekdays 10am–12pm & 2–
3pm, for appointments; closed Wed
King for appointment

Eastern European Drug and

Alcohol Support

Emmanuel's Church,
Forest Gate, E7 8BD
020 8257 3068
Support for drug and alcohol
treatment, advice, contact with
other agencies; Thur: 5–7pm
Part of DASL in *Drug &*
Alcohol Services

Hackney Migrant Centre

St Mary's Church, Spenny
Walk, Stoke Newington
Church Street, N16 9ES
info@hackneymigrantcentre.org.uk
Wed: 12.30–3.30pm
Free advice and support for
refugees and migrants
AD, BA, FA, FF, H

UR4JOBS

Cobbold Road, W12 9LN
020 8740 5688
07967 312207 (English)
07772 565815 (Romanian)
07772 473554 (Polish)
Mon–Fri: 5.30–6.45pm (hot
supper); Mon & Tue: 12noon–5pm
(Migrants workers job club)
Help in finding work and education
Now available online @
www.ur4jobs.co.uk
C, ET, FF

EMPLOYMENT AND TRAINING

Dress for Success (Women)

Unit 2, Shepperton House
89–93 Shepperton Road, N1 3DF
020 7288 1770
www.dressforsuccess.org
Smart clothing for job interviews

New Hanbury Project (SCT)

3 Calvert Avenue, E2 7JP
020 7613 5636
Mon–Thur: 9.30am–4.15pm
Courses in: personal develop-
ment, life skills, woodwork, DIY,
art, IT, guitar, Spanish, cooking
C, ET, MC

Turnaround Resource E1

Monflore Centre, Hanbury
Street, London, E1 5HZ
020 7247 9005
www.turnarounde1.org.uk
CA, ET, IT

ENTERTAINMENT & SOCIAL

EVENTS

ASIAN

All Souls Church – Clubhouse
020 7580 3522
Sat eve: by invitation

Open Film Club

www.opencinema.net, FF, LA

Branches
 Stonelea, Langthorne Road, E11 2HJ
 020 8521 7773
Livingstone House
 105 Melville Rd, Brent NW10 8BU

DIRECT ACCESS (YEAR ROUND) **HOSTELS/ NIGHTSHELTERS**

The 999 Club
 21 Deptford Broadway, SE8 4PA
 Mon-Fri: 9.30am-5pm
 020 8694 5797
Whitechapel Mission
 21 2 Whitechapel Rd, E1
 020 7247 8280
 Daily: 6-11am (cooked break-
 fast 8am-10am); Sat: 12noon-
 2.30pm (women only)
 AS, AD, B, BA, BE, CL, C,
 DA, D, F, H, IT, OL, SK, P, TS

The Whitaker Centre
 91-93 Tollington Way, N7 6RE
 Mon-Fri: 11am-5pm
 Alcohol allowed, BS, FF, L
 020 7263 4140

West London Day Centre
 134-136 Seymour Place, W1H
 020 7569 5900
 Mon-Fri: 8.45-10am (rough sleep-
 er's drop-in); 10am-11.30am (drop-
 in, hostel residents join); 11.45am-
 12.45pm (advice, appointments
 only); Mon & Thur: 1.30-3.30pm
 (drop-in for those with tenancies)
 AC, BA, BS, C, CL, F, FC, IT,
 L, LS, MS, OL, P, SK, TS

The Welcome Project
 11 Green Lane, Essex, IG1 1XG
 020 8220 4111
 Tue & Thur: 12.30-3pm;
 Wed & Fri: 10.30am-3pm
 AS, BA, BS, CL, FF, H, L

Christian Centre)
 6-8 Webber St, SE1 8QA
 020 7928 1677
 Mon-Sat: 9am-12noon
 AS, B, BA, BS, BE, CL, FF,
 LA, MH, MS, OL

Webber Street (formerly Waterloo

020 8963 0545
 Ring first. Local connection only

Redbridge Night Shelter
 16 York Rd, IG1 3AD
 020 8514 8958, Ring first

Turnaround (Newham)

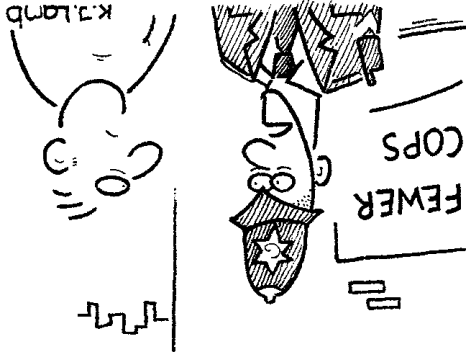
Waltham Forest Churches Night Shelter
 See Branches
 7.30pm-7.30am
 020 7511 8377

St Mungo's
 2-5 Brickhead St, WC1H
 020 7278 6466

Young people (16-21)

Centrepoint
 25 Berwick St, West-
 minster W1F 8RF
 020 7287 9134/5
 Ring first. Daily vacancies

MASH
 8 Wilton Rd, Merton, SW19 2HB
 020 8543 3677 - Ring first
 Medium-support needs



"Would you accompany me to the station, Sir? It's
 lonely there on my own"

Women

Manna Day Centre 6 Mellor St, SE1 020 7403 1931 Every day: 8.30am–1.30pm AS, BA, BS, BE, CL, DT, FF, FC, H, MH, MS, OL, P, TS	New Cross 999 Club All Saints, Monson Rd, SE14 020 7732 0209 Mon–Fri: 10am–5pm AD, ET, FF, L, LA	New Horizon Youth Centre (16 – 21 year olds) 68 Chilton Street, NW1 1JR 020 7388 5560 Daily: 10.30am–4pm AS, AC, CA, C, ET, LA, MS, MC, OB	No 10 – Drop in Centre (Salvation Army) 10 Princes Street, W1B 2LH 020 7629 4061 Tue, Wed, Fri: 2.30–4pm (advice & enquiries); Mon: 3–5.30pm (advice & enquiry- ies, film group); Tue: 2.30–4pm (reading group); Wed: 5.30–8pm (drop-in - soup & sandwiches); Fri: 12.30am–2pm (table tennis club) BA, CL, H, LA	North London Action for the Homeless (NLAH) St Paul's Church Hall, Stoke Newington Rd, N16 7UE (Entrance on Evering Road) 020 8802 1600 Mon: 12noon–1.30pm; and Wed: 7-830pm BA, BS, CL, FF	The Passage (25+) St Vincent's Centre, Carlisle Place, SW1P 020 7592 1850 Mon–Fri: 8am–2pm (for rough sleepers); 12–2pm (Lunch); 2–6pm (appointments); 4.30–6pm (verified rough sleepers – by invita- tion); Sat–Sun: 9am–12noon. A, BA, CA, CL, DT, ET, F, FC, H, IT, L, MH, MS, P, TS	Providence Row 82 Wentworth St, Aldgate, E1 7SA 020 7375 0020 Mon–Fri: 9.30am–12noon (8.30am	Southark Salvation Army 1 Princess Street, SE1 6HH 020 7928 7136 Wed 1–3pm (drop-in with lunch); Thurs 10am–3pm; Fri 1–2.30pm (lunch and bible study) AC	Simon Community 129 Malden Rd, Kentish Town, NW5 4HS 020 7485 6639 Mon, Wed & Fri: 11am–3.30pm B, BS, CL, FF, H, IT, L, OB, P	Shoreditch Community Project (SCT) St Leonard's Church Shoreditch High St, E1 020 7613 3232 Mon & Wed: 9.30am– 12.30pm; Tues: 2–4pm FF, BA, OL, P	St Christopher's Centre Lime Grove Resource Centre, 47 Lime Grove, W12 Please call for opening times: 020 8740 9182 AC, BS, CA, ET, FC, IT, L, MS	St Cuthbert's Centre The Philbeach Hall 51 Philbeach Gdns, Earls Court 020 7835 1389 Mon–Fri: 11.45am–3.45pm AC, BS, C, CL, F, H, IT, L, OL	St Stephen's Church 17 Canonbury Rd, N1 2DF 020 7226 5369 Tues: 7–9pm (drop-in); Weds: 1–3pm (drop-in – B and FC); Fri: 10am–12noon (key work session) B, BS, CL, FC, FF, L	The Tab Centre 20 Hackney Rd, Shoreditch, E2 020 7739 3076 Friday: 9am–12noon, F	Thames Reach See Hackney 180 First Contact & Advice	Triumphant Church International 136 West Green Rd South Tottenham, N15 5AD 020 8800 6001 Sun: 10–11am (open drop-in) AD, C, FF	Union Chapel (Margins) Compton Terrace, Upper Street, N1 020 7359 4019 Sun: 3pm–5pm BS, CL, FF, HA, L, LA, LF	Upper Holloway Baptist Church 11 Tollington Way, N7 020 7272 2104 Mon: 10am–1pm CL, FF, LF	Upper Room, St Savour's Cobbold Rd, W12 020 8740 5688 Mon: 1–6pm (UR4jobs); Tue–Thur: 5.30–6.45pm; Fri: 1–6pm (UR4jobs); Sat–Sun: 12.30–1.30pm A, AC, BA, C, CA, CL, D, ET, IT, FF, H, OL	Spikes Centre 8 Tooting Bec Gardens, SW16 1RB 020 8696 0943 Mon: 8am–12noon (women sleepers only); 10.30am–2pm (drop-in); Wed: 10am–12noon (rough sleepers only); Thu: 9am–1pm (rough sleepers only); Fri: 9–10.30am (rough sleepers only); 10.30am–1.30pm (women only) LS, MH, MS, P, TS Mon–Fri adult learning courses – contact Spikes for more info. A, AD, AS, BA, BS, CL, C, D, ET, FC, FF, H, LA, LF, MC, MH, MS, P	Spectrum Centre 6 Greenland St, Camden Town, NW1 020 7267 4937 Mon–Fri: 9.30am–3pm A, BS, C, CL, D, FC, H, L, LS, MH, MS, P, TS	Spire Room, St Savour's Cobbold Rd, W12 020 8740 5688 Mon: 1–6pm (UR4jobs); Tue–Thur: 5.30–6.45pm; Fri: 1–6pm (UR4jobs); Sat–Sun: 12.30–1.30pm A, AC, BA, C, CA, CL, D, ET, IT, FF, H, OL
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ScottsCare & Borderline (for Scots

in London)
22 City Road, EC1Y 2AJ
Call the helpline on 0800 6522 989

Borderline (for Scots):
BA, CA, H, B, P, TS
Mon–Fri: 09.30am–12.30pm

(appointments); Mon, Tue, Thu, Fri: 2–4pm (walk in)
0800 174 047 (freephone)
dutyworker@scotscare.com

A, BA, C, CL, D, H, MH, P
020 7766 5544

St Giles Trust
64 Camberwell Church St, SE5 8JB
020 7700 7000

Mon–Fri: 9.30am–12.30pm
A, BA, BS, D, ET, H, L, MH, MS, P, TS

DAY CENTRES AND DROP-INS

Age of Clubs (16+)
St Alphonsus Rd, Clapham, SW4 7AS
020 7720 2811/0178

Mon–Fri: 12noon–3pm
A, B, BS, BE, CL, DT, F, H,

L, LA, MS, MH, OB, P, TS
www.ageofclubsclapham.org

Action Homeless Concern
Emmaus House
1 Berrymead Gardens, Acton

020 8992 5768
Call for opening times
A, B, BA, CL, D, DT, ET, F, FC

Adgate Advice Centre
See Providence Row (The Dellow Centre)

Brookway Day Centre
Market Lane, Shepherds Bush, W12
020 8735 5810

Mon–Fri: 10am–1pm (drop-in); 2–4pm (Appointments)
A, BA, BS, CL, DA, D, ET, F, FC, H,

IT, L, LA, MS, MH, ML, P, SK, SH, TS
020 8696 9403

Mon–Fri: 10am–5pm
AD, L, F, FF

Bromley 999 Club
424 Downham Way, Downham, BR1 5HR
020 8698 9403

Mon–Fri: 10am–5pm
AD, L, F, FF

Chelsea Methodist Church
155a Kings Road, SW3 5TX
020 7352 9305

Mon, Tues & Thu: 9am–3.45pm
F, L, P

Church Army (women)

1–5 Gosway St, NW1
020 7262 3818

Mon–Thurs: 9.30am–12pm
(advice); 12pm–3.30pm (drop-in);

12 noon–1pm (sandwiches);
AC, BA, BS, CA, CL, C, ET, FF,

H, IT, L, LA, LF, MC, P
Women only

The Connection at St Martin's
12 Adelaide St, WC2
020 7766 5544

Mon–Fri: 9am–12.30pm (12pm
Wed). Various afternoon sessions

from 1pm (except Wed). Weekends:
9am–1pm (no entry after 10.30am).

There are also drop-in sessions on
Tues & Thurs 4.30pm–7.30pm.

A, AC, BA, BS, CA, CL, D, ET, F, FC,
H, IT, MC, MH, MS, OB, P, SK, SS

AS, BA, CA, CL ET, F, IT, LA
Mon–Fri: 10am–3pm

Cricklewood Homeless Concern
60 Ashford ROAD, NW2 6TU
020 8208 8590

info@chc-mail.org
Homeless drop-in: 28a Fortunegate

Rd, Craven Park, NW10 9RE
Tues & Fri: 10am–2.30pm;

Weds & Thurs: 12.30–2.30pm
Mental health drop-in: in flat

above St Gabriel's Hall
77 Chichele Rd, Crickle-

wood, NW2 3AQ
Tues–Fri: 10am–12 noon.

AC, BA, BS, H, IT, L, MS, OL
020 8692 6548

Speedwell St, Deptford
Mon, Tues, Thurs & Fri:

9am–3.30 pm
A, AC, AD, AS, B, BA, BE, BS, C,

CA, CL, D, DA, DT, ET, FF, H, L,
LA, LF, MC, MH, MS, OL, SS, TS

Divine Rescue
Thurlow Lodge, 1 Thurlow Street,
SE17 2US, 020 3489 1765

Mon: 10am–6.30 pm;
Tue–Fri: 10am–5pm

AD, AS, AC, BA, C, CL, FF, H, MC, OB
AD, AS, AC, BA, C, CL, FF, H, MC, OB

The Dunloe Centre

St Saviour's Priory, Dunloe Street, E2
020 7739 9976/020 7613 3232

Tues: 10.30am–12.30pm, CL, FF
Earls Court Community Project

Ungoing renovation until
2012, but still open at:

St Barnabas Church, 23
Addison Road, W14 8LH

020 7471 7030
Tue & Wed: 2–4pm

Hackney 180 First Contact & Advice (Thames Reach)
Hackney Methodist Church

219 Mare St, E5
0208 985 6707

Mon–Thurs: 8am–9.30am
(breakfast club)

Hanbury Community Project (SCT)
Details of their changes have been
confirmed, and they're now called

the New Hanbury Project, and listed
under **Employment & Training**

The Haven Club
At the Holy Cross Centre
(See below).

Mon: 6pm–10pm
For self-treating drug & alcohol

users: no using on day or no entry
The Crypt, Holy Cross Church

Cromer St, WC1
020 7278 8687

Mon: 2pm–5pm; Tues: 6–9pm;
(ticket required) Thurs: 5–8pm

(Italian speakers session); Fri:
12 noon–3pm (refugees and

asylum seekers session).
AC, FF, H, IT, LA, LF, MH, P

Homeless Action in Barnet (HAB)
36B Woodhouse Road, N12 0RG
020 8446 8400

Mon – Fri: 12noon – 3pm (drop in);
Mon, Tues & Thur: 9am – 12noon

(rough sleepers only); Wed: 9am
AD, BA, BS, CL, F, H, L, TS

London Jesus Centre
83 Margaret St, W1W 8TB
0845 8333005

Mon – Fri: 10am – 12.30pm
BS, CL, F, IT, L, SK

the List

The directory of London's homeless services

Updated 25 April 2011

Key to the list:
Accom. assistance – A5
Advocacy – AD
Alcohol workers – A
Art classes – AC
Barber – B
Benefits advice – BA
Bathroom/showers – B5
Bedding available – BE
Careers advice – CA
Clothing – CL
Counselling – C

Debt advice – DA
Dentist – DT
Drugs workers – D
Education/training – ET
Free food – FF
Food – F
Foot care – FC
Housing/accom advice – H
Internet access – IT
Laundry – L
Leisure activities – LA
Leisure facilities – LF

Luggage storage – L5
Medical services – M5
Mental health – MH
Music classes – MC
Needle exchange – NE
Outreach workers – OB
Outreach worker links – OL
Pavement stockist – P
Safe keeping – SK
Sexual health advice – SH
SSAFA – SS
Tenancy support – TS

Email changes and suggestions to:
thelists@thepavement.org.uk
Or write to our address on page 3
Updated entries: 2
Services added: 0

ADVICE SERVICES

Advisory Service for Squatters
Angel Alley, 84b Whitechapel High Street, E1 7QX
0203 216 0099 (cheaper to call 0845 644 5814 from land lines outside London)
www.squatter.org.uk

Alone in London (16–25 years)
Unit 6, 48 Provost Street, London, N1 7SU
020 7278 4224
Mon–Fri: 9am–1am (first contact); 2–4pm (advice and appointments); For those aged 16 – 25 years.

who are homeless or at risk of becoming homeless
A5, BA, CA, H, IT
www.als.org.uk
Bridge Resource Centre
Bridge Close, Kingsdown Close, W10 6TW
0208 960 6798
CA, ET, IT
The Caravan Drop-In
St James's Church, 197 Piccadilly, W1
Open daily: Sat – Mon; 10am – 7pm; Tues – Fri: 11am – 7pm
A friendly ear to listen, with some access to counselling

Depaul UK (young people)
291–299 Borough High Street, SE1 1JG
020 7939 1220 (central office)
www.depauluk.org

HOPE worldwide / Two Step
360 City Road, EC1V 2PY
020 7713 7655
Mon–Fri 10am–4pm (appointments only)
A5, H, TS, P
KCAH
36a Fife Rd, KT1 1SU
020 8255 2439
BA, FF, H
London Irish Centre
50–52 Camden Sq, NW1 9XB
020 7916 2222
Ring for service times
A, BA, C, CL, D, ET, H, MC
Notre Dame Refugee Centre
5 Lecester Pl, WC2H 7BX
020 7434 1619
Mon and Thurs: 11am–4pm
(drop-in) Service for French-speaking refugees and asylum seekers
BA, C, CA, FF, H