

the Pavement

The *FREE* monthly for London's homeless

November 2011



**TIME TO GET READY
FOR WINTER**



*"Honestly, I'd love to help, but they're going
to make life really difficult for us"*

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The Pavement

Registered Charity Number 1110656

PO Box 60385

London

WC1A 9BH

Telephone: **020 7833 0050**

E-mail: **office@thepavement.org.uk**

Editor-in-Chief

Richard Burdett

News Editor

Amy Hopkins

Web Editor

Val Stevenson

Reporters

John Ashmore, Emma Batrick
Lizzie Cernik, Dearbhla Crosse
Rebecca Evans, Katharine Hibbert
Jim O'Reilly, Carinya Sharples
Rebecca Wearn

Photographers

Rufus Exton, Katie Hyams

Contributors

Susie Rathie, Toe Slayer, Evelyn Weir

Cartoonists

Nick Baker, Neil Bennett, Cluff, Pete
Dredge, Kathryn Lamb, Ed McLachlan,
Ken Pyne, Steve Way, Mike Williams

Comic Artist

Mike Donaldson

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The Editor

Winter in coming

The Met Office stopped its long-range weather forecasts in March 2010, after one too many promise of a scorching summer, so we've little idea what to expect in the next few months. However, it's worth preparing for the worst.

It's probably safe to assume it will be cold, and you should expect snow. Of course, Severe Weather Emergency Protocol (SWEP) will be implemented when the temperature falls below zero for three consecutive nights, but there are ways to get out the cold without waiting until it freezes. We're listing the winter shelters under Seasonal Shelters on page 28, and on our website (see below). If we've missed any, let us know.

Richard Burdett

Editor

editor@thepavement.org.uk

twitter.com/ThePavementMag

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It's getting colder, so time to look for shelter - page 28 or online:
www.thepavement.org.uk/pdfs/wintershelters2011-12

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The Basement

We report on a ground-breaking alcohol detox that is helping drinkers in Liverpool

An innovative homeless charity has witnessed exceptional results from its pioneering alcohol detox programme. Originally established in Liverpool in 2000, The Basement reopened in March this year following a major refurbishment.

Offering useful services including wound dressing clinics, showers and laundry facilities, counselling sessions, interview training and even a holistic massage room, the organisation has established itself as a lifeline for the city's homeless population. Service users can drop in between 5.30pm and 9pm on a daily basis to seek therapy, companionship or medical treatment.

According to Project Manager Carol Hamlett, The Basement's ground-breaking alcohol detox residential programme has proved particularly successful. "We hire a cottage in Wales and take homeless and street drinkers away for a fortnight," she explains. "We work with severe addicts, many of whom are drinking up to 1,000 units per week."

The small groups, which are run by the organisation's staff operate under a non-medical model. "The people who come on these residential trips have decided to get help. The important thing is that they don't see us as medical experts. It's a crucial aspect of the programme because they don't think it's our responsibility to stop them drinking. They are here to get the support they need to do it themselves," Hamlett says.

Using a gradual weaning approach, rather than the 'zero tolerance cold turkey method,' drinkers are gently encouraged to address their relationship with the bottle before giving up. Operating with a staff to user ratio of 1:2, drinkers are able to make full use

of the educational and therapy sessions available to them.

"Many addicts have a deep emotional attachment to the bottle. We have to help people address their problems without it and this is a gradual process," she adds.

Whilst most conventional detox programmes do not permit any substance abuse, Hamlett's team allow the use of drugs and alcohol. "When you're drinking 1,000 units a week your body would go into shock if you just took it away. You'd end up having complications from the withdrawal such as seizures."

Approximately three quarters of The Basement staff are ex drinkers, all of whom feel they can offer helpful, non-patronising support to addicts. "We have one guy who delivers an exceptional workshop on what alcohol does to the body," says Hamlett. "We also discuss ambitions and future. My view is that everyone should have the chance to glimpse their potential. I want to create an environment to make that possible." As part of the ongoing services at the Liverpool based facilities, users are regularly given encouragement to break addiction habits, though never pushed to go on a residential detox before they feel ready. Of the 80 people that have embarked on the programme since its launch in 2008, only a handful have reverted to the bottle.

Recovering addicts in Liverpool can also visit the first alcohol free bar, The Brink, which opened at the end of September. The stylish venue boasts an excellent, reasonably priced menu of adult soft drinks, starters and main meals. As a social enterprise, the bar will pump all its profits back into recovery support. Addicts and those under the influence are not permitted in the

venue, though people in recovery programmes will have access to the organisation's extra services, including counselling and support. Run predominantly by ex addicts, The Brink is an inclusive establishment which will operate as a social venue for a varied clientele, hosting music, comedians and live entertainment.

For those who aren't ready to address drug and alcohol problems, The Basement runs excellent wound care and therapy sessions. Trained nurses from local GP Practice Brownlow health visit the Liverpool based clinic three times a week, administering compression dressings to homeless patients' wounds. From December the organisation aims to run five extra general sessions, as well as screenings for Tuberculosis, HIV and Hepatitis C.

Hamlett is also keen to encourage community spirit amongst Liverpool's homeless population. "People need to learn how to function; it's easy to get lost in a cycle of deprivation. We need to address issues such as loneliness and mental illness," she explains. "We have a TV and chill out area at The Basement but I'd like to see community kitchens run all across Liverpool. It would give people an environment where they feel able and can interact with others."

In addition to this, the organisation offers job interview training to recovered addicts. In partnership with national company Enterprise, The Basement runs confidence building workshops and recruitment drives to encourage people back into work.

Lizzie Cernik



Supporting London Life

www.metro.co.uk



EVERY YEAR THERE ARE INJURIES AND EVEN DEATHS RESULTING FROM PEOPLE BEDDING DOWN IN RUBBISH BINS, SKIPS & CLOTHING BANKS. IT ISN'T SAFE! MANY BINS ARE EMPTIED IN THE QUIET HOURS, SOMETIMES BY A VEHICLE WITH A SINGLE DRIVER, DUMPING THEIR LOAD, WITH A LONG DROP, INTO A COMPACTOR - WHO WILL HEAR YOU OVER THE MACHINERY NOISE?

STAY OUT!
STAY SAFE!

New squatting law

The government pushes to criminalise squatting

Squatting in empty houses will become a crime if new proposals put forward by the government are passed by Parliament, despite warnings from Crisis and other housing charities that this will make life even harder for many vulnerable homeless people.

Under the new laws, which are set to be included as amendments to the Legal Aid, Sentencing and Punishment of Offenders Bill, if passed by the House of Commons, anyone found squatting in a residential property will face up to a year in jail and/or a £5,000 fine. Squatting in commercial properties will remain a civil offence.

The proposed law change comes just three weeks after the end of a government consultation process, which attracted more than 2,200 responses.

These responses included 10 from individuals and organisations whose property had been squatted, 25 from members of the public concerned about the harm squatting can cause but 2,126 from members of the public concerned about the harm which could be caused by criminalising squatting.

The government's response to the consultation acknowledged that the overwhelming majority of responses opposed any change to the law, but argued that the views of those in favour of criminalising squatting should also be taken into account, even though they formed a minority.

The consultation attracted responses from 13 housing and homelessness charities – including Crisis, Thames Reach, Shelter, Homeless Link, Housing Justice, St Mungo's and the Advisory Service for Squatters. All opposed proposals to criminalise squatting.

Crisis released new research in response to the consultation which showing that those who squat are more likely than the average among homeless people to suffer from mental and physical ill health as well as learning disabilities and drug and alcohol dependency.

The research, carried out by academics at Sheffield Hallam University, shows that two out of every five homeless people surveyed had squatted at some point, while six out of 100 homeless people were squatting on any given night.

Almost four out of five homeless people who squatted did so for the first time only after they had approached a local authority for help with their housing situation, the research showed. Although most of those who requested help were recognised as homeless, they were not considered a priority for housing.

Most of the squatters surveyed had tried to find other places to stay, attempting to access hostels and shelters. They resorted to squatting when they found there were not enough places available, or that the accommodation was too expensive. Nine out of every ten squatters had also slept rough.

The consultation response from Thames Reach, a London-based homelessness charity, also opposed the criminalisation of squatters, on the basis that it would harm the most vulnerable people. However, they supported firmer action to close squats and to encourage squatters to work with homelessness charities and other bodies to improve their situation.

A statement from the organisation said: "Our experience of people engaged in squatting is that they are often extremely vulnerable and

have chronic drug and alcohol problems and access to these squats is prolonging their avoidance of services and addressing these issues."

Criminalisation of squatting was supported by local authorities and landlords' associations.

The Metropolitan Police and two lawyers' associations – the Law Society and the Criminal Bar Association – responded to the consultation to argue that the law needed no change. However, the Crown Prosecution Service and the Property Litigation Association supported criminalisation.

Announcing the proposed new laws, justice secretary Ken Clarke said: "Far too many people endure the misery, expense and incredible hassle of removing squatters from their property. Hard working homeowners need and deserve a justice system where their rights come first. Our commitment to this new offence will ensure the law is firmly on the side of the homeowner so that quick and decisive action can be taken."

However, Crisis chief executive Leslie Morphy said that people squat "out of necessity, not choice, in atrocious conditions where they are least likely to be disturbed. These are people that need help – not a year behind bars and a £5,000 fine."

John McDonnell, MP for Hayes and Harlington said: "By trying to sneak this amendment through the back door the government are attempting to bypass democracy."

Katharine Hibbert

I'M FEELING WEAK...
HELP!
I'M GOING DOWN
THE DRAIN!

K.J. Lamb



Money talks



What a waste

We don't keep our fresh, natural food overnight to sell the following day. We never have and we never will.

For years we've worked with registered charities helping the homeless by offering our unsold sandwiches to them at the end of each day. Unfortunately, some still get chucked away. (And that really upsets us.)

If you know of a charity in need of good food, please tell them to call Edward Metcalfe on 020 7932 3339.

★ PRET A MANGER ★

Service of Commemoration

for homeless people who have died in the last year



Trust by Don Pollard

St Martin in the Fields Trafalgar Square

Thursday 10th November 11.30am

All Welcome

Followed by Refreshments in The Connection at St Martin's

Organised by St Martin in the Fields, The Connection and Housing Justice

Info from 020 7920 6600 / info@housingjustice.org.uk or 020 7766 5544





“...organic newt and free-range toad...”



Iolanda Rodrigues

Age at disappearance: 37

Iolanda has been missing from Uxbridge, London since 10 August 2011.

There is concern for Iolanda's safety and she is urged to call our confidential service **Message Home** on **Freefone 0800 700 740** for advice and support.

Iolanda is 5ft 2in tall, of medium build, with brown eyes and black hair.

If you've seen Iolanda please call the 24-hour confidential charity **Missing People** on Freefone **0500 700 700**
Email: seensomeone@missingpeople.org.uk

**missing
people**

Registered Charity No. 1029418

News in brief

The homeless news from across the UK and the World

Bad behaviour out of control at Cambridge hostel

Aggressive behaviour, prostitution and theft are just some of the problems at a Cambridge hostel to have recently attracted police attention.

Run by Riverside ECHG, the 72-bed hostel at 222 Victoria Road has seen approximately 30 people evicted in the past year for bad behaviour.

The hostel has been branded "out of control" by local councillor Paul Sales and has been the subject of many complaints by the local community.

Repeated disturbances led to a meeting between the police, local residents and the management of the hostel to discuss how the anti-social behaviour can be tackled, and how the hostel should continue to operate.

This ECHG hostel is one of the country's largest and its residents are referred by outreach teams, probation services and council housing services.

Service users arrive with a range of support needs. Some have been referred to the hostel directly from prison and much of the reported anti-social behaviour has been alcohol related.

The hostel houses over 70 people. Staff levels have been between 10 and 12, although the hostel has also experienced high staff turnover, as well as changes in management.

Talks have recently taken place to decide whether to reduce the number of rooms available, so that staff can better meet the needs of the residents.

Visits by the police to tackle the increased levels of anti-social behaviour have now become a daily occurrence. The increased police presence perhaps indicates that extra support is needed. It may also lead to some of residents feeling less able to integrate with the community and may cause some to re-offend.

Emma Batrick

Unemployed pushed to back of housing queue

Unemployed people will be pushed down the housing register under a new proposal from London's Westminster Council, introduced to "discourage a benefits culture."

Under the council's new housing allocation policy, which will come into force on 30 January 2012, applicants who have been working for more than two years will receive 50 extra 'points', moving them closer to gaining a council home.

To qualify, the applicant (be it an individual or the main applicant form a family) must have been working at least 16 hours per week under a written contract for at least two years. Applicants with temporary contracts, meanwhile, must have been employed continuously, with no more than one month's gap between contracts.

Successful applicants will keep their bonus employment points until they have been re-housed or their application is closed. If they lose their job the points will not be removed, as long as there is a "realistic prospect of re-employment."

Those who have been looking for work for more than two years

will also receive 50 extra points, as long as they have been "actively engaged" with the council's Homeless Employment Learning Project, which aims to help those in temporary accommodation into work or further education.

According to Westminster Council's cabinet member for housing and corporate property, Councillor Jonathan Glanz, "These changes ensure that not only do we prioritise the most vulnerable, including those living in overcrowded properties and those with medical needs, but we also reward those who are doing their best not to be dependent on the state by working or actively seeking work."

The council is also hoping that the employed people they house will later move out of their council home into private accommodation, leaving their former property available for other people on the housing list.

The plans have met opposition and criticisms from a number of homeless groups and MPs. Alastair Murray, deputy director for Housing Justice, told the *Evening Standard* many people would find it difficult to provide the required paperwork, adding: "Quite a lot of homeless people do work but the kind of work they are able to do is quite unstable so they may not be eligible."

For Kay Boycott, Shelter's director of campaigns, policy and communications, the real issue is not the allocation of social housing but the amount of it: "Britain's desperate shortage of social housing makes decisions around how to allocate it incredibly difficult. What we really need is to build more truly affordable homes for families across the country so we do not find ourselves in this difficult position

HOMELESS CITY GUIDE



squat



empty building



dangerous neighbourhood



danger



guard dogs



an attack happened here



good place to drink / smoke



unfriendly place



friendly place



soup run (with rating)



strong police presence



potential for work



good food thrown away here



safe for sleeping



message board x mins that way



security guard

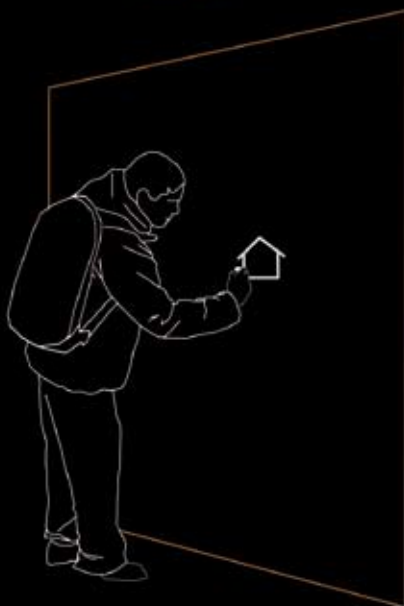


you'll get moved on here

step 1



step 2



MAKE YOUR MARK AND HELP OTHERS TO READ THE CITY

Make non permanent marks to keep the system up to date and stay within the law.

McLACHLAN



Vlad the Inhaler



*"The streets of London are paved with
articles about gold"*

of having to judge who is most worthy of this scarce resource."

Earlier this year, Councillor Guthrie McKie, Labour's Housing spokesperson, described the proposal as "very unfair and extremely divisive." However Councillor McKie may find scant support higher up in her own party. At the annual Labour Party conference, Ed Miliband declared: "When we have a housing shortage, choices have to be made. Do we treat the person who contributes to their community the same as the person who doesn't? My answer is 'no'. Our first duty should be to help the person who shows responsibility."

Additional priority will also be given to applicants who have lived in Westminster continuously for ten years. While priority is already given to applicants with young children, who are homeless or have special medical needs.

Westminster's plans are just one example of a wider trend, which is seeing unemployed social housing applicants penalised across the country.

Similar policies have already been introduced or proposed in Manchester, Wandsworth and Newham. While in its recent Housing Allocations Consultation, Hammersmith & Fulham stated: "The council is proposing to provide a fixed number of new lettings each year for people who have taken part in specific council supported programmes to get back into training or employment."

On a national scale, the minister for housing, Grant Shapps, has pledged to give local authorities the freedom to draw up their own social housing priorities list. In an article for *Inside Housing*, Shapps wrote: "I believe that many councils will use their new powers to reward and acknowledge those actively working and contributing to their local area, as Westminster and others have done. And rightly so."

Shapps insisted that "we will retain the 'reasonable preference' criteria, establishing proper priority for those in greatest need", however the vulnerable are not immune from the shifts in policy. Under the new Localism Bill, homeless applicants would be forced to accept offers of "suitable private accommodation" – or face a penalty. This shift, it is explained in the Department for Communities and Local Government's (CLG) Localism Bill Impact Assessment will allow local authorities to "discharge the duty they owe to homeless households."

If passed, the law would also allow local authorities to operate closed waiting lists, removing the right for anyone (without restriction) to apply for social housing. According to the CLG's impact assessment, "Under this option, the rules determining which categories of applicants qualify to be considered for social housing would be decided at the local level," although "the rules determining which applicants receive priority for social housing would continue to be set centrally via the statutory 'reasonable preference' categories."

Shelter issued a briefing for the second reading of the bill, in which it expressed concern over the "undermining" of the legal duty to homeless people: "The proposed changes sever the link between homelessness and recognising the need for a settled home by allowing councils to discharge homeless households into the insecure PRS [Private Rented Sector] rather than find them a settled home... there is a distinct lack of good quality housing at the bottom end of the PRS market meaning that many of the most vulnerable households will be placed in unsuitable accommodation."

Another proposal Shelter has requested to be removed from the bill is the removing of tenancy lease security, which would allow councils to reassess tenants after a minimum of two years

and evict them if they no longer met the criteria, in terms of for example income and benefits.

The Localism Bill is to have its third reading in the House of Lords on 31 October.

Carinya Sharples

Strike action still threatened at Centrepont

The dispute at homeless charity Centrepont continues, with a second ballot being called, which will be completed by 3 November.

The charity, which has HRH Prince William as its patron, is involved in an increasingly bitter dispute over cuts to staff pay, and faces allegations that the cuts don't affect senior executives at the charity.

The first ballot in September resulted in 69 per cent of trade union Unite members at Centrepont voting for strike action, although only 36 of the 88 Unite members at Centrepont actually voted. This led to Centrepont declaring this "a flawed ballot process."

The second ballot took place from 26 October to 3 November, with Unite saying a strike could commence from 10 November.

Matt Smith, Unite regional officer, has stated the dispute revolves around cuts, "which could see staff losing thousands of pounds a year in pay, although senior executives will have their pay ring-fenced from cuts."

When asked whether it was true that pay for senior staff was from exempt from cuts, a spokesman for the charity told *The Pavement*: "The number of Centrepont staff earning more than £60,000 p.a. has fallen from seven in 2007 to four in 2011. During the last two years, nobody in that bracket

has either requested or received a salary increase or any form of additional performance related pay. The Board of Trustees set executive pay and review this annually based on market rates.”

Unite have further accused Centrepont of ignoring the use of conciliation service Acas, and instead of commissioning international law firm Eversheds to intervene. In a press release Matt Smith of Unite said: “Even though pleading poverty, [Centrepont] has managed to hire one of the largest and richest law firms to threaten us with a costly injunction.”

Although Centrepont said in a statement, itself a response to questions about the dispute, that it “has a long tradition of using pro bono legal support to ensure that funds raised from donations are directly used to help homeless young people,” when pushed on whether they have hired Eversheds to act in the dispute, they told us: “I’m afraid it’s not our policy to comment directly on legal matters.”

Centrepont claims that Unite has been unhelpful in resolving the dispute. A spokesman from the charity said: “During five months of negotiation with Unite, Centrepont made two improved proposals, resulting in a maximum salary reduction of 10 per cent for any member of staff, with the majority receiving a five per cent reduction. Unite failed to produce any counter proposals and its representatives left a conciliation meeting with ACAS before its conclusion.”

Unfortunately for the charity, this dispute follows bad publicity in the summer, when it was revealed its Chief Executive Seyi Obakin had traveled to America to join the Duke and Duchess of Cambridge on their official visit. This trip was taken after pay negotiations had already begun.

Staff

Homeless campers evicted from Ipswich graveyard

Homeless campers at an Ipswich graveyard are to be evicted over concerns that a recent rise in the number of rough sleepers is disrupting worshippers.

Up to eleven people have been camping out at St Margaret’s Church in Ipswich but, due to a lack of facilities and the recent escalation in activity and noise, the church can no longer accommodate the campers.

The Diocese of St Edmundsbury and Ipswich are working with Ipswich Borough Council to resolve the situation and said that a solution would be reached to ensure that more suitable facilities are made available.

Although the Ipswich Borough Council maintains that homelessness has not been increasing, there are concerns over a lack of night shelters in the area.

John Howard, Press Officer for the St Edmundsbury and Ipswich Diocese told *The Pavement*; “I think a there is a need for a night centre in the town. There are no facilities in the churchyard for those sleeping rough like Oskar, who is one of those who has been staying here, and there are no toilets or washing facilities.”

At present there are 318 beds for homeless persons provided by hostels in Ipswich and the council are hoping to open a facility that provides support for independent living in 2012.

Mr Howard maintains that eviction was the last resort and that those camping there would be given time to leave.

“I feel really sad that anyone needs to sleep rough in Ipswich, particularly as the weather deteriorates, but this is not an appropriate place to house people - or the right use for a churchyard

- and the numbers of people setting up camp has grown,” he said.

“Those with loved ones buried in the churchyard need to be able to visit their family’s graves in complete peace. Having people camp within the churchyard is not conducive to that.”

Mr Howard added that the vicar of St Margaret’s, Reverend David Cutts has “visited those living in tents within the churchyard and explained to them that they will have to move on, and they have accepted this.”

A spokesperson from The Salvation Army said that despite the current problem they have not seen an influx in homeless men to their men-only 39 bed centre in Ipswich.

“Most people tend to stay for a year but we have not been oversubscribed recently. We have a night team but there is always a need for more shelters, especially coming up to winter.”

Ipswich Borough Council told *The Pavement* it provides emergency beds all year round and is working with agencies to provide appropriate accommodation for those in the event of severe weather.

Ipswich Borough Council spokesperson, Pete Whittall, told us: “The Council is mindful of the current economic climate and the changes to the Housing Benefit system and is closely monitoring the situation as regards to people becoming threatened with homelessness.

“A number of facilities are provided for homeless people in the area, such as the community resource centre, soup kitchens, health outreach surgeries and substance misuse programmes.”

Dearbhla Crosse

The Pavement, which operates without any funding from the state, has decided to try something new – asking readers to help support our operation. Not salaries or new kit, but our basic print operation.



If you have a mobile, and can spare a few pounds, please text **PAVE11** followed by **the amount in pounds*** (max £10) to **70070**

*all this money will go to *The Pavement* (registered charity no. 1110656), the charges being met by Vodafone. Find out more at www.justgiving.com/the pavement



mskewinang -

"Oh, and this is Dr Snodgrass, Head of Transplant Repossession"

Growing demand for food hand-outs

The demand for hand-outs from food donation charities has drastically increased, new figures suggest.

Fareshare, an organisation which redirects food surpluses to those in need, said it was now delivering food to 35,000 people a day – a substantial increase from last year's 29,000.

The charity said there has been a year-on-year increase as more low-income families struggle to meet rising food prices. It also said that one in three of the charities surveyed was now facing government cuts.

Fareshare, which has 17 locations across the UK, redistributes food to organisations including homeless hostels, women's refuges, after-school clubs and day centres.

In the past, its donations mainly went to homeless people, but now there are more "destitute families" among its recipients after an "increase in people and the types of people" seeking food.

Fareshare Chief Executive Lindsay Boswell said: "At a time of unprecedented demand we want the food industry and the general public to increase their support."

He added: "This research supports the growing anecdotal evidence we've seen in recent months - more people are getting in touch with Fareshare asking for help to access food.

"Demand for food is increasing as many of the charities we support are facing spending cuts and are slashing their food budgets in an effort to stay afloat. These charities are having their ability to provide food tested, as rising inflation, unemployment and changes to the benefits system are forcing more people to seek their help and support. It's this combination of problems that is causing a sharp increase in hunger

in communities all over the UK."

The organisation, which works with more than 100 companies in the food and drink industry, said 42 per cent of the charities it surveyed reported an increase in demand for food in the past year.

And according to 150 of the 700 organisations Fareshare supplies, 65 per cent said they were slashing food budgets in order to stay afloat.

Last year, Fareshare provided a total of 8.6million meals to 600 groups, but is now facing unprecedented demand from 700.

Rebecca Evans

Homeless man accused of murder cover-up

The trial of a homeless man accused of assisting in the cover-up of a murder continues in Swansea. Christopher Hughes, 32 years old, was charged with changing shoes with one of a pair accused of murder, in order to impede the police investigation.

Hughes is accused of assisting brothers, Darren Rigdon, 33, and Christopher Hart, 37, who were charged with the murder of another homeless man, David 'Little Dai' Williams, in January this year (see *The Pavement* February 2011). Hughes changed his shoes for a bloody pair belonging to Rigdon, after Williams had been murdered outside the Iceland in Swansea.

Hughes told the prosecution that it had been done "but not to cover up the fact that a crime had been committed," and that when he saw Williams lying on the floor near his assailants, he thought he was sleeping. The trial continues.

Staff

It beggars belief: US man mugged in astonishing circumstances

A man and a woman in the USA have been charged with robbery after pulling a gun on a homeless man – moments after giving him \$5. Meghan Fleming, 26, and Timothy Fleming, 19, both appeared in court at the beginning of October after the incident in the car park of a popular chain of pet shops.

The court in Salem, Oregon heard that Meghan Fleming was leaving the branch of PetSmart when she was approached by a homeless man who asked her for money. She gave him a five dollar note before returning to her car and apparently changing her mind. "She felt like she'd been scammed, so she went to get her money back," said police officer Steve Birr.

According to police, Fleming drove up to the man and pulled out a gun – later revealed to be a BB pellet gun – demanding that he return the money. Timothy Fleming is also accused of being involved in the altercation, with police sources saying that he was annoyed that the homeless man "had been getting a lot of money from passersby."

The homeless man, who is not named in police reports, did not want to press charges, but the local district attorney's office is pursuing the case. Both Meghan and Timothy Fleming are being held on charges of robbery, with the case due to be heard on 7 November.

Jim O'Reilly

Hollywood star reveals homeless past

Thomas Jane, the actor and current star of HBO series 'Hung', has revealed for the first time that he worked as prostitute while he was homeless in his late teens.

Jane, 42, who has also starred in films such as 'Deep Blue Sea' and 'The Punisher', lived in his car when he first moved to Hollywood at the age of 18 to pursue his acting career. In a recent interview with the *Los Angeles Times*, he said that during this period he worked as a prostitute for both male and female clients at a time when he was experimenting with his sexuality.

"Hey, you grow up as an artist in a big city, as James Dean said, you're going to have one arm tied behind your back if you don't accept people's sexual flavours" he said. "You know, when I was a kid out here in L.A., I was homeless, I didn't have any money and I was living in my car. I was 18. I wasn't averse to going down to Santa Monica Boulevard and letting a guy buy me a sandwich. Know what I mean?"

Jane said his experiences on the streets had moulded his character, and made a key development to his development as both a person and an actor.

"You're a lot more open to experimentation as a young man," he said. "And for me, being a young artist and broke in Los Angeles, I was exploring my sexual identity. It blew the doors off of my conventional upbringing and thinking and opened up possibilities for me that were akin to World War III."

Jim O'Reilly

Australian city sweeps homelessness under the carpet

Politicians in the Western Australian city of Perth have been accused of trying to hide the town's homeless population during a major international conference.

During the Commonwealth Heads of Government meeting – where leaders from former British colonies were meeting – the city's government provided a number of extra beds and services for rough sleepers. However, the leader of the opposition Labour Party, Sue Ellery, said the move was just a cynical attempt to mask the extent of the city's homeless problem.

"There's absolutely no doubt this is just about getting them off the street and giving them a false sense of hope while the dignitaries are in town," Ellery said.

Under the authorities' plan, a special 24-hour mental health, drug and alcohol service was provided during the conference, which was at the end of October. Rough sleepers were also moved away from Perth's Central Business District. Ms Ellery criticised this as well, saying that the services ought to be provided all the time, not just while foreign visitors were in town.

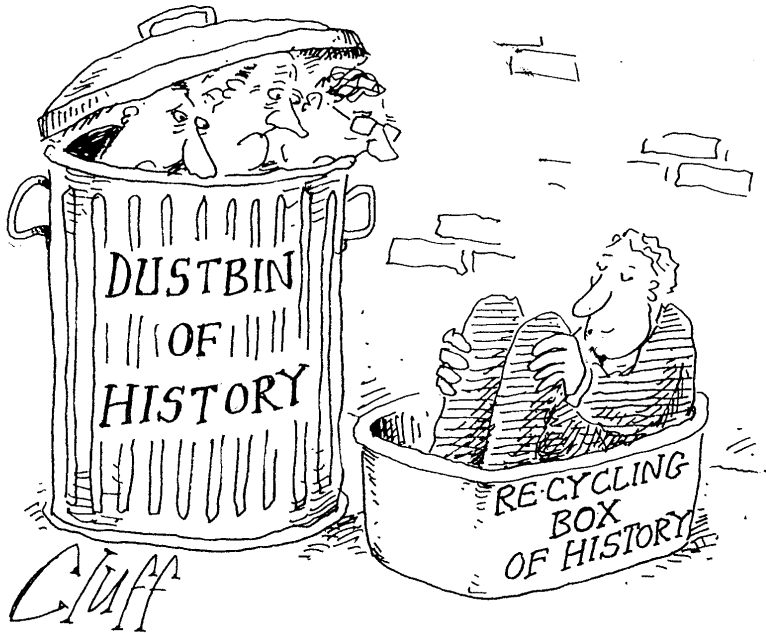
"I think it is absolutely cruel that for three days, this is where we can put you [homeless people] and show the dignitaries we're providing these services, but then after that, you're on your own," Ellery said.

Similar tactics have been used before during major international events. Before the 2010 Winter Olympics in Vancouver *The Pavement* reported the authorities' efforts to forcibly remove rough sleepers from the 'Olympic Zones' set up for the tournament. The Olympics has been shown to have a particularly bad effect on the lives of homeless people. A 2007 study by the Centre on Housing

Rights and Evictions found that, in every city it examined, the Olympic Games had helped make the poorest people poorer and speed up the number of evictions.

Londoners will be concerned that, ahead of our own Olympics next summer, a similar pattern might emerge among the capital's rough sleepers. Police in the UK have already been accused of heavy-handed tactics – particularly in light of recent projects like Operation Poncho, which was attacked for harassing rough sleepers in the City of London.

John Ashmore



STREET SHIELD

EPISODE 25

MORNING ON
THE STEPS
OF ST. ANON...



MORNING ALL!
RISE AND
SHINE...

AND THEN
QUICKLY
BUGGER OFF!

GOOD MORNING
TO YOU TOO,
SERGEANT.



IT'S TOO EARLY
FOR THIS, AND IT'S
DRY UNDER HERE.

BESIDES, WE'VE
GOT PERMISSION
TO STAY!

WELL, I'VE BEEN
TOLD YOU'RE TO MOVE
ON. THE CHURCH
DOESN'T WANT YOU
ON IT'S STEPS.

COME ON, GIRL!
TIME TO MOVE ON!



IF YOU ASK AT
THE CHURCH OFFICE
THEY'LL CONFIRM
THE CHURCH GAVE
US PERMISSION!

AND I
BELIEVE
I'M NOT
TO THE
CHURCH
AND I'M
AWAY FROM
YOU

ERR..SARGE!



Health and wellbeing

The Pavement's health team aim to help keep you healthier, if not happier



Fake medicines

Recent reports of millions of pounds' worth of fake medicines being sold over the Internet indicate that people in the UK are buying medications online as an alternative to having them prescribed by their GP. Seizures of unlicensed medications have increased six-fold in the last year, according to the Medicines and Healthcare Regulatory Agency.

Alarming, an Interpol-led investigation following the hospitalisation of two schoolgirls has discovered supplies of dodgy drugs all over Britain. During a

recent crackdown on websites selling drugs to cure everything from epilepsy to cancer, about 1.2 million suspect doses were found.

What is so wrong with buying drugs over the Internet? We do just about everything else online these days, so why not source our medications this way?

There is a lot wrong with buying medications over the Internet.

The first thing you need to know about self-medicating via the Internet is that it's easy to manufacture a few pills that look like the real thing, but there's no way you – the buyer – can be sure you're getting what you've paid for. People who

sell drugs over the Internet are in it to make money and have no interest in your health or wellbeing; if they did, they wouldn't sell medications over the Internet. It is dangerous on every level.

It's also largely unnecessary in the UK, as we have modest prescription charges and none at all if you live in Scotland. The small financial gain from buying drugs over the Internet is outweighed by the risks of buying possibly fake or inappropriate medication.

Drugs are complex, getting the right medication to cure or alleviate symptoms isn't as easy as most people think. What works

for one person won't work for everyone, so even if you know someone with the same symptoms, you can't always take the same medication. We are all different.

If you want, you can think of drugs as a doctor's toolbox. When you go to the doctor, s/he will listen to what you have to say, examine you, maybe run some tests and then choose the best tool to cure or alleviate your symptoms. Maybe the right tool isn't even a drug at all – it could be physiotherapy or counselling. Then there are potential allergies, adverse reactions, your medical history and the side-effects of the medication. You wouldn't use a pneumatic drill to put up a picture, but that's what you could be doing if you get your medication without seeing a doctor and getting a prescription.

Medications go through years of stringent research before they are deemed safe to be used on people, and most drugs are licensed only to do specific things to ensure they are used safely. Buying medications from the Internet means you bypass all these levels of safety monitoring and are taking a risk with putting an unknown substance into your body. Don't risk it; see your GP or pharmacist instead.

Susie Rathie

The Pavement's nurse

Nail it!

You might have wondered why we have nails on our toes. Anatomy and evolutionary experts have many different theories, but the one common view is that toenails are there to protect the vulnerable 'end' bits on the upper side of our toes. Left to their own devices, though, they can present more problems than solutions.

Unlike their fingernail cousins, toenails don't, at first, seem to have an obvious purpose. Fingernails help us peel an orange or pick up coins from a flat surface, and are useful for personal grooming - scratching, squeezing, picking (ugh...). Long fingernails can be considered beautiful: long toenails are generally viewed as hideous and claw-like.

They are generally painful, as pressure builds up on the tender skin of the nail bed below the nail. Long toenails serve no purpose, so the ideal place to cut them is just beyond the point where the pink bit (where the nail bed is still attached to the nail) becomes the white bit (the free edge of the nail that would grow on forever if we let it). Cut them short and straight across, not with a 'v' in the middle (that just weakens the nail plate). Don't cut off the corners – it just encourages the nail to dig in to the soft skin of the sulcus (the skin around the nail). Poking down the sides of the nails can introduce infection and irritate the skin around the nails, possibly leading to ingrown toenails. Also, be sure to use scissors for the job – picking, pulling, tearing or biting toenails (more common than you might think, especially in young people who still have the flexibility to reach that far!) also run the risk of ripping into the nail bed and introducing infection, and may allow the toenails to become ingrown.

Leaving nails long also may result in them splitting lengthways, exposing the vulnerable nail bed and allowing in bacterial or

fungal infection. As we get older, our nails get thicker. If you have trouble cutting your nails because of this, soak them in warm water first. Really thickened nails, or thick nails with a yellow tinge or crumbly appearance, may have a fungal infection. Fungal infections of nail are notoriously difficult to treat – there are paints and medicines available, but treatment takes time and perseverance. If you are concerned by the look or thickness of your toenails, see a doctor or a podiatrist – your nearest drop-in centre should have details.

Toenails are there for protection, so if you get some trauma to your toes (a heavy object falls on your toes, or they get squashed and bashed by a pair of shoes or boots that are too short or shallow for your foot), you may find that the nail takes the strain and eventually falls off. If this happens, you can rest assured that a new nail will grow, but it could take a while, depending on a number of factors including our health, the quality of circulation to our feet, and our age. Toenails take about nine to 18 months to grow from the matrix of the nail to the end of your toes.

So even though they may appear to have no clear purpose (well, other than scratching the shin of your other leg when in bed), toenails need to be looked after, kept short and clean in a pair of shoes and boots that leave enough room for the toes to wiggle free... And if in doubt, get them checked out.

Evelyn Weir

Lecturer in podiatry
Queen Margaret University
Edinburgh



Alice in Poundland

Blue Cross Veterinary Services
Offered to pet owners on a low income. This is usually a means tested benefit or state pension

ASHA Project
13 Shrubbery Road, SW16 2AS
020 8696 0023
Mon-Fri: 9am-5pm
For asian women fleeing domestic violence, AD

The Albert Kennedy Trust
Unit 203 Hutton Square Business Centre, 16/16a Baldwins Gardens, EC1N 7RJ
020 7831 6562
Mon-Fri: 10am-4.30pm
16-25, facing mistreatment or homelessness
Works with LGBT people
www.akt.org.uk

SPECIALIST SERVICES

West London Churches Winter Shelter
Various Venues
0207 351 4948
01 Nov 11 - 1 Apr 12 (Kensington & Chelsea); Second circuit running alongside from January (Hammersmith and Fulham); 8pm-7am: last admission 8pm
18+ mixed; Beds for 35 (separate area for women); self-referral; On a first come first served basis, must phone first; dry

Robes Project (Southwark & Lambeth)
Various Venues
06 Nov 11 - 01 Apr 12 (except closed 23 - 30 Dec 11): Open 7pm - 8am (arrive before 8pm)
Age 18+ mixed; Beds for 15
By referral only from several agencies
Further info 020 7407 5623
www.robres.org.uk

23-30 Dec (not 24 hours): 7am - 12noon (breakfast for up to 75); opening again at 3pm (supper for up to 75)
Closes at 10pm except for those referred to one of the 24 beds (self-referrals are possible); Dry

Temporarily removed to make space for **Seasonal Shelters**

TELEPHONE SERVICES

Quaker Mobile Library
Every second Mon, 11.30am at Manna Centre, Bermondsey (every fortnight); Every other Tue: 7pm, Lincoln's Inn Fields; Sat: 9.45am, The Connection at St Martins; 11am, The Passage; 2-4pm St Giles Church, WC2 8LG
Housing advice for LGBT people of all ages
020 7359 5767 (advice line)
www.stonewallhousing.org

Central London Samaritans
46 Marshall Street, W1F 9BF
020 7734 2800
Daily (face-to-face at office): 9am-9pm; Helpline 24 hours
Confidential, non-judgemental emotional support for those experiencing distress or despair, including those which could lead to suicide
www.samaritans.org/cis

Maytree Respite Centre
72 Moray Road, N4 3LG
020 7263 7070
One-off four night stay for those in suicidal crisis
Telephone first - not a drop in service
MH

Blue Cross Mobile Veterinary Clinic
All run 10am - 12pm & 1.30pm - 3.30pm, at these locations - Mon: Bethnal Green Road E2; Wed: Hackney Town Hall (car park) E8; Thur: Islington Town Hall, Upper Street, N1; Fri: Walthamstow Town Square, High Street, E17
On a first-come-first-served basis. Some cases may need to be referred to the Victoria hospital.
Blue Cross Victoria, 1 - 5 Hugh Street, SW1V 1QQ, 020 7932 2370
Blue Cross Hammersmith, Argyle Place, King Street, W6 ORQ, 020 8748 1400
Blue Cross Merton, 88 - 92 Merton High Street, SW19 1BD
020 8254 1400

Homeless London Directory (RLS)
Updated at least annually
www.homelesslondon.org
The Pavement online
Regularly updated online version of The List.
www.thepavement.org.uk/services.htm
Sock Book
sockbook.referrata.com
Soup Run Forum
For those using or running soup runs, or just concerned with their work.
www.souprunforum.org.uk

WEBSITES

SEASONAL SHELTERS

999 Club (Lambeth & Lewisham)
Running a winter service from 01 Dec, but very likely to be full with guests already known to them.

Barnet Churches Winter Shelter
Various Churches and Synagogues
01 Oct 11 - 31 Mar 12:

Doors close 10pm
7.30pm - 8.30am
Age 18+ mixed; Beds for 15; Dry
Contact Homeless Action in Barnet,
36b Woodhouse Road, N12 0RG
020 8446 8400
Referral through HAB
- no self referral.

Brent – Route 18 Winter Shelter

Various Churches

Dec 11 - Mar 12 (except closed 23

- 30 Dec 10) - 7.30pm - 7.30am

Agency or self-referral; Arrive before

8.30pm; Age 18+ mixed; Beds for

30; Dry; no smoking; Low support

needs only; Priority to local con-

nections, verified rough sleepers,

and A10s willing to talk to Thames

Reach about 'reconnection'

www.route18.org.uk

Bromley – 5000 Project

Various Churches

contact Bromley United

Reform Church, 20 Widmore

Road, NW2 6TU

020 8466 0257 (10am

- 3pm) or 07879 008523

05 Dec 11 - 28 Feb 12: 7pm

- 8am (last booking in 6pm)

Agency or self-referral; Age

18+; mixed; Beds for 12;

Dry; no smoking inside

Priority to local connections,

verified rough sleepers, and

A10s willing to talk to Thames

Reach about 'reconnection'

www.bromleyurc.org.uk/5000_project

C4WS Homeless Project (Camden)

Various Churches

07715 507970

closed 24 Dec - 30 Dec 10): 7.30pm-

02 Nov 11 - 01 Mar 12 (except

8.30am; Entry 7.30-8pm; Age

18+ mixed; Beds for 15

(separate area for women); Camden

agency referral; phone ahead

www.c4wshomelessproject.org

Caris Islington Churches Cold

Weather Shelters

Various Churches

07913 020738

01 Jan - 31 Mar 12: 7.30pm

- 8.30am; Arrive before 8.30pm

Age 18+ mixed; Beds for 15

(separate area for women); Agency

or self-referral; phone ahead

www.carisisington.org

(opens 12noon on 23 and closes

Age 18+ mixed (except

womens centre), Dry

Details of pick up points from

our site or www.crisis.org.uk

Croydon Churches Floating

Shelter

Various Churches

07860 270 278

Mobile switched off if no vacancies

01 Nov 11 - 31 Mar 12:

7.30pm-8am

Last admission 8pm

Age 18+ mixed; Beds for 14

Local referral only, dry

www.croydonchurch.org.uk

Ealing Churches Winter

Night Shelter

Various Churches

Running a service from 03 Jan

- 30 Mar 11, but only accepting

referrals from four local agencies.

www.ecwns.org.uk

Growth - Tower Hamlets

Various Churches

14 Nov 11 - 16 Mar 12 (except

closed 23 - 30 Dec 11)

Referral from Tower Hamlet

based agencies - no self-referral

www.thisisgrowth.org

Hackney Winter Night Shelter

Various Churches

Booking essential: 07549 043 728

01 Jan - 31 Mar 12: 8pm-8am

(7pm on Sundays)

Age 18+ mixed; beds for 25

www.kcah.org.uk/winter-night-shelters

Quaker Christmas Shelter

Union Chapel, Compton

Avenue, N1 2XD

07833 123155 (referral line)

Haringey Churches Winter Shelter

Various Churches

Dec 11 - Mar 12: 8pm - 8.15am

Only accept referrals from LB

Haringey Options & Prevention,

Whitechapel Mission, Haringey Irish

Centre, Hope Worldwide, Homeless

Resource Centre and Upper Room

Entry 8 - 8.30pm; Age 18+ mixed;

Beds for 12; Agency referral;

Dry; No smoking inside

Harrow – Firm Foundation

Winter Night Shelter

07979 836403 (Tue

04 Jan - 28 Mar 12: 7pm - 7.30am

Age 18+; Men only; Beds for

10; Agency referral only; Dry;

Maximum stay four weeks

Various Churches

01895 556700 (9am - 5pm)

Jan - Feb 12: 6pm-8am

Age 18+; Men only; Beds for

5; Local connection only;

Agency or self-referral; dry

Kingston Churches

Winter Night Shelter

Various Churches

contact Kingston Churches

Action on Homelessness

(KCAH), 36a Fife Road, King-

ston Upon Thames, KT1 1SU

0208255 7400

01 Dec 11 - 28 Feb 12:

Age 18+ mixed; Beds for 12

8.15pm - 8am

(separate area for women at

referral; Phone or go to KCAH

Mon - Fri: 10am - 1pm

www.kcah.org.uk/winter-night-shelters

Quaker Christmas Shelter

Union Chapel, Compton

Avenue, N1 2XD

07833 123155 (referral line)

| | | | | | | | | | | | | | | | |
|---|---|---|--|---|---|---|--|--|---|---|--|--|--|---|---|
| London City Aid Tothill Street, Second Tuesday of the month: 8.30-11pm Food, bedding, clothes and toiletries | Love to the Nations Ministries Charing Cross, Strand Every second Sun: 4pm | Memorial Baptist Church Plaistow 389-395 Barking Road, E13 8AL 020 7476 4133, Sat: 8am-12pm Full English breakfast | Missionaries of Charity Mon: Spitalfields (9.30pm) & TBC (10pm) | Muswell Hill Churches 2 Dukes Ave, N10 2PT 020 8444 7027 Sun-Thurs: 7.45-8.45pm | New Life Assembly A run in Hendon, that comes into the West End once a month. | Nightwatch At the fountain in the Queens Gardens, central Croydon Every night from 9.30pm <i>Sandwiches and hot drinks</i> | Open Door Meal St James the Less parish centre, Vauxhall Bridge Road, behind the Lord High Admiral public house. An established service, providing a two-course hot meal served at table. Alternate Thursdays during term-time; 7-9.30 pm. B, CL, FF | Our Lady of Hal 165 Arlington Rd, NW1 020 7485 2727 Tues, Weds, Fri & Sat: 12.45pm-2pm | Peter's Community Cafe The Crypt, St. Peter's Church, De Beauvoir Road, N1 020 7249 0041 Mon-Wed: 12noon-6.30pm | Rhythms of Life International 44 Marlborough Avenue, E8 4JR 020 7254 9534 Mon-Sat: 4.30-6pm; Sun: 3.30-5pm. Free tea and warm food served 365 days a year | Churches workers Also: Advice service Thur & Fri 10am-4pm – Ealing 020 8566 3507 Sat & Sun: 3.30-5pm | St John's Ealing Mattock Lane, W13 9LA 020 8566 3507 Sat & Sun: 3.30-5pm | St Ignatius Church Lincoln's Inn Fields Sat: 7.45pm | Wycombe & Marlow Group Lincoln's Inn Fields, Tue: 8.15pm Food, drink and some sundries | Winners Chapel King George's hostel: alternative Saturdays to Streetlites |
| St John the Evangelist 39 Duncan Terrace, N1 8AL 020 7226 3272 Tues-Sat: 12.30pm-1.30pm | St Monica's Church Temple Station First, third and fourth Tue of the month: 8.30pm | St Thomas of Canterbury Lincoln's Inn Fields Second and last Wed of the month: 9pm Sandwiches, drinks, cake and clothes | St Vincent De Paul Lincoln's Inn Fields Tue & Thu: 7.30pm | Steps of Faith Victoria area, Thurs: 8-10pm Walking around with food | Streetlites Tue: 6.30-9pm, King George's hostel, Victoria, Wed: 9pm, outreach on Bush Green, Shepherd's Bush; | Simon Community <i>Tea Run:</i> Sun & Mon (6-9.30am); St Pancras Church 6.30am; Milford Lane 6.45am; Strand 7am; Southampton Road 7.30am; Grosvenor Gardens 8.30am; | Open Door Meal St James the Less parish centre, Vauxhall Bridge Road, behind the Lord High Admiral public house. An established service, providing a two-course hot meal served at table. Alternate Thursdays during term-time; 7-9.30 pm. B, CL, FF | Our Lady of Hal 165 Arlington Rd, NW1 020 7485 2727 Tues, Weds, Fri & Sat: 12.45pm-2pm | Peter's Community Cafe The Crypt, St. Peter's Church, De Beauvoir Road, N1 020 7249 0041 Mon-Wed: 12noon-6.30pm | Rhythms of Life International 44 Marlborough Avenue, E8 4JR 020 7254 9534 Mon-Sat: 4.30-6pm; Sun: 3.30-5pm. Free tea and warm food served 365 days a year | Churches workers Also: Advice service Thur & Fri 10am-4pm – Ealing 020 8566 3507 Sat & Sun: 3.30-5pm | St John's Ealing Mattock Lane, W13 9LA 020 8566 3507 Sat & Sun: 3.30-5pm | St Ignatius Church Lincoln's Inn Fields Sat: 7.45pm | Wycombe & Marlow Group Lincoln's Inn Fields, Tue: 8.15pm Food, drink and some sundries | Winners Chapel King George's hostel: alternative Saturdays to Streetlites |

Ealing Soup Kitchen
St Johns Church Hall, Mattock Lane
Friday: 11am-4pm; Sat and Sun:
3.30-5pm
They also give practical help/ housing advice

House of Bread – The Vision
Second and fourth Sunday in the month (6.45am onwards) – Hot food; note that an excellent full cooked breakfast is served on the second Sunday. On the Strand (Charing Cross end, outside Court's).

Imperial College
Serving sandwiches and hot beverages on Sunday evenings (8–9.30pm) at Lincoln's Inn Fields.
Jesus Army
National Portrait Gallery, near Trafalgar Square
Second full week of the month, Mon–Wed: 9pm

Kings Cross Baptist Church
Vernon Square, W1
020 7837 7182
Mon: 11am–2pm; Tue: 11.15am–1pm, *Open for breakfasts*

Lighthouse Chapel International
King George's Hostel, 75 Great Peter Street
Fri: 8.30pm

Lincoln's Inn Fields
Mon–Fri: 7.15pm; Many vans with food and occasionally clothing. Sat–Sun: 6.15pm onwards

The Lion's Club of Fairlop
Charing Cross, Strand
Second and fourth Sun: 6pm
Hot Indian food

Liss Homeless Run
Strand, Palace Hotel
Last Tue of the month: 8pm
Also have clothes and toiletries

The London Run
Mondays (including bank holidays), Van with tea/coffee, sandwiches, eggs, biscuits, soft drinks, clothes, and toiletries: The Strand, opposite Charing Cross police station: 8.45pm; Cotton Street (Nr. Holborn) & Lincoln's Inn Fields: 9pm; Temple: 9.30pm; Waterloo (St John's Church): 10.15pm

Faith House (Salvation Army)
11 Ayley Street, King's Cross (near Burger King), WC1H 8EJ
020 7837 5149
Mon: 8–8pm (men's group); Tues: 5–6pm (women's drop-in); Weds: 1–3pm (women's drop-in); 7.30–9pm (open drop-in); Fri: 11am–1pm (women's brunch & discussion group) FF, CL

Emmanuel Church
Forest Gate, E7 8BD (corner of Romford Rd & Upton Lane)
Thurs: 7.30am (cooked breakfast)

Farm Street Church
Thurs: 8–10.30pm
Three routes: *Oxford Street route* – Davies Street; Bourdon Street; South Moulton Street; Oxford Street; top end of Regent Street to Hanover Street; Hanover Square; New Bond Street – *Berkeley Square route* – Berkeley Square; Berkeley Street; Green Park tube; Piccadilly Hyde Park Corner route – Mount Street; Park Lane underpasses; Shepherds Market; Curzon Street

First Steps
King George's Hostel, 75 Great Peter Street
Thurs: 8.30–10pm
Hot meals, soup, fruit and cake

Food Not Bombs
The Narroway, Hackney Central
Every second Sat: 5–6pm

Good Samarita Network
Sun & Mon: 6.30–8pm; King George's hostel, 72 Great Peter Street, SW1 P 2BN

Hare Krishna Food for Life
The Hare Krishna food run provides wholesome and tasty vegetarian meals from Soho and King's Cross Temples. The former can be found at Lincoln's Inn Fields, Mon–Fri: 7.15pm, finishing at Temple if there's food left. The

Streetwise Opera
020 7495 3133
MC, PA www.streetwiseopera.org

Agape
Waterloo Bridge, North Side
Wed: 8pm
Sandwiches, teas and coffees

All Saints Church
Carnegie St, N1 020 7837 0720
Tues & Thu: 10am–12noon
Cooked breakfast

American Church
(Entrance in Whitfield St)
79a Tottenham Court Rd, W1T
020 7580 2791
Mon–Sat (except Wed): 10am–12noon
AC, CL, FF

Apricots and More
29-31 Euston Road, NW1 2SD
www.apricotsandmore.co.uk
Tue: 9–10.30pm
AS, AD, BA, CL, FF, H, TS

ASLAN
Hot food and sandwiches for early risers. Sat 5.30am–8.30am – Covent Garden, Milford Lane, Surrey Street, Strand and Waterloo.

Bloomsbury Baptist Church
235 Shaftesbury Ave, WC2 8EP
020 7240 0544
Sunday: Roast lunch 1pm
10.30am for ticket (very limited)

The Cabin
St Gabriel's Community Centre
21 Hatfield's Road, N19 4NG
020 7272 8195
Daily: 1030–1130am; Thu: 12noon (lunch)

Camden Road Baptist Church
Hilldrop Road, Holloway, N7 0JE
020 7607 7355
Thu: 10.30am–12noon

The Carpenters
TMO Community Hall, 17 Doran Walk, Stratford, E15 2JL
020 8221 3860
Every Tuesday: 10am–12pm

Camden Health Improvement

Practice - Spectrum

Spectrum Centre, 6 Green-land Street, NW1

0207 267 2100

For those sleeping out or in hostels within the borough

Mon, Tue & Fri: 9.30am - 12 noon; Wed: 2 - 4.30pm

BA, BS, CL, D, FC, H, MS, NE, P, SH

Great Chapel Street Medical Centre

13 Great Chapel St, W1

020 7437 9360

Mon, Tues & Thurs: 11am - 12.30pm; Mon-Fri: 2pm-4pm

For those sleeping out or in hostels within the borough

A, BA, C, D, DT, FC, H, MH, MS, P, SH

Dr Hickey's - Cardinal Hume

Arneway St, SW1

020 7222 8593

Mon, Tues, Thurs & Fri: 10am-12.30pm & 2pm-4pm

W1, D, BA, C, D, DT, FC, H, MH, MS, P, SH

Health E1, 9-11 Brick Lane, E1

020 7247 0090

Mon-Thurs: 9.15am-1.30am; Fri: 10.30am-12.30pm;

Mon, Wed & Fri afternoons

For those sleeping out or in hostels within the borough

Islington Primary Care Service (IPCS)

ISIS North, 99 Seven Sisters Road, N7 7QP

020 7561 5410

Mon - Wed, Fri: 10am - 1pm; Thu: 2 - 5pm

For those who are home-less or have drug and alcohol problems within Islington

FC, MH, MS, SH

King's Cross Primary Care Centre (Camden Health Improvement Practice)

264 Pentonville Rd, N1

020 3317 2645

Tue & Fri: 2 - 4.30pm

For those sleeping out or in hostels within the borough

BA, BS, CL, DT, FC, H, MH, MS, NE, P, SH

Project London

Pott St, Bethnal Green, E2 0EF

Mon, Wed & Fri 1pm-5pm

07974 616 852 & 020 8123 6614

MS, SH

Operating at 999 Club, Deptford, Victoria, Fri: 9.30 - 11.30am

MS, SH

TB screening van - MXU

Information given as date, time, location and post code.

Turn up at these locations:

Mon 07 Nov: 8.45 - 11am; West London Day Centre, 134-136 Seymour Place, W1H 1NT

Project - Marylebone 1.30pm - 12.30pm

Project - Women's Day Centre, 1-5 Cosway Street, NW1 5NR

Tue 08 Nov: 10am - 4pm;

North Westminster Drug & Alcohol Service, 474 Harrow Road, W9 3RU

Also Court & ECHG King Georges

Wed: 2 - 4pm; & Providence Row, Victoria, Fri: 9.30 - 11.30am

MS, SH

Cardboard Citizens

020 7247 7747

Variety of performing arts workshops held at Crisis Skylight

www.cardboardcitizens.org.uk

The Choir With No Name

Every Mon, 7pm, at various venues

A choir for homeless and ex-homeless, with or without singing experience.

www.choirwithnoname.org

Crisis Skylight

66 Commercial St, E1

020 7426 5650

Mon-Fri: 2pm-8pm; Sat & Sun: 11am-5pm

AC, ET, IT, MC, P, PA

Workshop programme from

www.crisis.org.uk

Smart

Art workshops and lectures at various venues

020 7209 0029

Email: smartnetwork@lincione.net

PERFORMING ARTS

Cardboard Citizens

020 7247 7747

Variety of performing arts workshops held at Crisis Skylight

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AC, ET, IT, MC, P, PA

Workshop programme from

www.crisis.org.uk

Smart

Art workshops and lectures at various venues

020 7209 0029

Email: smartnetwork@lincione.net

Help in finding work and education
Now available online @
www.urjobs.co.uk
C, ET, FF

EMPLOYMENT AND TRAINING

Dress for Success (Women)
Unit 2, Shepperton House
89–93 Shepperton Road, N1 3DF
020 7288 1770
www.dressforsuccess.org/London
Smart clothing for job interviews
New Hanbury Project (SCT)
3 Calvert Avenue, E2 7JP
020 7613 5636
Mon–Thurs: 9.30am–4.15pm
Courses in: personal development, life skills, woodwork, DIY, art, IT, guitar, Spanish, cooking
C, ET, MC

Turnaround Resource E1

Monterfore Centre, Hanbury
Street, London, E1 5HZ
020 7247 9005
www.turnarounde1.org.uk
CA, ET, IT

ENTERTAINMENT & SOCIAL EVENTS

ASLAN
All Souls Church – Clubhouse
Cleveland St
020 7580 3522
Sat eve: by invitation
Open Film Club
www.openfilmclub.net
FF, LA

EX-FORCES

AWOL? Call the 'reclaim your life' scheme from SSAFA
01380 738137 (9am–10am)
Home Base
158 Du Cane Road,
London, W12 0TX
020 8749 4885
www.cht.org.uk
Monday–Friday: 9.30am–5.30pm
Accommodation for 21 ex-service men and women aged 18–55 who are homeless or potentially homeless. Require proof of military service. Phone, call in or write

Royal British Legion

08457 725 725
Ring the Legionline to see how they can help ex-servicemen and women

Veterans Aid

40 Buckingham Palace Rd, Victoria
020 7828 2468
A, AS, BA, D, CL, SS

Veterans UK

0800 169 2277
Free help and advice for veterans and access to dedicated one-to-one welfare service.
www.veterans-uk.info

JOBCENTRE PLUS

To get benefit advice use local Job Centres or visit a day centre that hosts JCP outreach staff.
Monday – Salvation Army. The Well, Croydon: 11am – 3pm; Salva-tion Army, Booth House hostel, E1: 10am onwards; YMCA, hostel in Walthamstow, E17: 11am onwards; Shelter From The Storm, N1: 6.30–8pm (telephone service); HA GA, N15: 12.30pm onwards (every second week); B, HUG, NW10: 11am onwards (every second week); St Mungo's, Rushworth Street rolling shelter, SE1: 9am onwards. The Passage, SW1: 9am onwards (10am onwards in their Job Club); Tuise Hill Bail Hostel, SW2: 2 – 5pm; Leigham Court Road Bail Hostel, SW16: 9am – 12.30pm; West London Day Centre, W1: 9.30am – 2pm; St Martin's (CSTM), WC2: 9.30am – 1pm
Tuesday – Look Ahead hostel, E1: 1pm onwards; Anchor House hostel, E16: 9.30am – 12.30pm; Turnaround Resources, E1: 12.30pm onwards; St Mungo's hostel, Spring Gardens, SE13: 9.30 – 3.30pm; Cardinal Hume Centre, SW1: 9am onwards; The Passage Job Club, SW1: 10am onwards; Stockwell Probation Service, SW9: all day; The Spire's day centre, SW16: 9am – 2pm; St Mungo's rolling shelter, Endleigh Gardens, WC1: 9am onwards; St Martin's (CSTM), WC2: 9.30am – 12.30pm & 4.30 – 7pm
Wednesday – Providence Row, Dellow Centre hostel, E1: 9.30am onwards; Ilford Foyer hostel, IG1: 1 – 4pm; HAB day centre, N12: 1pm onwards (Fourth Wheel of the month); Cricklewood Homeless

Concern, NW2: 10.30am – 3.30pm;

St Giles day centre, SE5: 10am – 3pm; The Passage, SW1: 9am – 1.30pm (10am onwards in their Job Club); Salvation Army day centre, Princes Street, W1: 2.30 – 4.30pm; St Mungo's, Margaret Street hostel, WC1: 9am onwards
Thursday – Crisis Skyclight, E1: appointments 11am – 2pm; Whitechapel Mission day centre, E1: 9am onwards; Focus day centre, E15: all day; Cricklewood Homeless Concern day centre, NW2: 10am onwards; Broadway day centre, W12: 10.30am onwards; St Martin's (CSTM), WC2: 9.30am – 12.30pm & 4.30 – 7pm
Friday – YMCA, hostel in Croydon (cornerstone), CR9: 9.30 – 1pm; YMCA, hostel in Croydon (Landsdowne), CR9: 2 – 4pm; The Manna at St Stephen's, drop in, N1: 10.30am onwards; Cricklewood Homeless Concern day centre, NW2: 10am onwards; YMCA, hostel in Romford, RM2: 11am onwards; The Passage, SW1: 10am onwards; Ace of Clubs day centre, onwars; Cedars Road hostel, SW4: 9am – 3pm; St Mungo's Cedars Road hostel, SW4: 9am – 3pm; Thames Reach day centre, onwars; St Martin's (CSTM), WC2: 9.30am – 1pm (Workspace); St Mungo's Endell Street hostel, WC2: 9am onwards
Prison Advisers – HMP Brixton, SW2: (Thu & Fri) 8am – 4pm; HMP Wandsworth, SW18: (Mon – Fri) 8am – 5pm
See **Telephone Services** for helplines

MEDICAL SERVICES

Camden Health Improvement Practice

108 Hampstead Road, NW1 2LS
020 3317 6075
For those sleeping out or in hostels within the borough
Mon, Tue & Fri: 10am – 12.30pm; 2 – 4.30pm; Wed & Thu: 2 – 4.30pm
MH, MS, SH

The Welcome Project

11 Green Lane, Essex, IG1 1XG
020 8220 4111
Tue & Thur: 12.30–3pm;
Wed & Fri: 10.30am–3pm
AS, BA, BS, CL, FF, H, L

West London Day Centre

134–136 Seymour Place, W1H
020 7569 5900
Mon–Fri: 8.45–10am (rough sleep-
er's drop-in); 10am–1.30am (drop-
in, hostel residents join); 1.45am–
12.45pm (advice, appointments
only); Mon & Thur: 1.30–3.30pm
(drop-in for those with tenancies)
AC, BA, BS, C, CL, F, FC, IT,
L, LS, MS, OL, P, SK, TS

Whitechapel Mission

212 Whitechapel Rd, E1
020 7247 8280
Daily: 6–11am (cooked break-
fast 8am–10am); Sat: 12noon–
2.30pm (women only)
AS, AD, B, BA, BS, BE, CL, C,
DA, D, F, H, IT, OL, SK, P, TS

The 999 Club

21 Deptford Broadway, SE8 4PA
020 8694 5797
Mon–Fri: 9.30am–5pm
F, H, L, LA, MS, MH, OB, SH, TS
www.999club.org

DIRECT ACCESS (YEAR ROUND) HOSTELS/NIGHTSHELTERS

Temporarily removed to make
space for Seasonal Shelters

DRUG / ALCOHOL SERVICES

Addaction (Harm Reduction Team)

228 Cambridge Heath Rd, E2
020 8880 7780
Drop-in: Mon, Fri 10am–4pm;
Tues, Wed & Thur: 12noon–6pm;
Closed each day 1.30pm–2.15pm
D, OL, MS, NE, SH

Blackfriars Road CDAT Team

151 Blackfriars Rd, SE1 8EL
020 7620 6500
Mon: 2pm–4pm (drop-in)
MH, MS, NE

Central and NW London

Substance Misuse Service
282 North End Rd, SW6 1NH
020 7381 7700
Mon–Fri: 9am–5pm, C, MS

Druglink

103a Devonport Rd, Shep-
herds Bush, W12 8PB
020 8749 6799
Mon–Fri: 10am–5pm (needle
exchange and telephone
service); Mon & Fri: 2pm–5pm
& Wed: 3pm–6pm (drop-in)
C, D, OL, NE

East London Drug and Alcohol Support Services

Capital House, 134–138 Romford
Road, Stratford, E15 4LD
020 8257 3068
Drug and Alcohol Service for
London (DASL) provides free and
confidential services to anyone who
has concerns about their own or
another person's drug or alcohol
use, working with people from
Newham, Tower Hamlets, Red-
bridge and Bexley and Greenwich.
A special Eastern European service
is listed in Eastern European section
A, C, D

The Hungerford Drug Project

32a Wardour St, W1D 6QR
020 7437 3523
Mon–Fri: 12noon–5pm, except Wed
2–5pm (drop-in); Sat & Sun: 1–5pm;
Antidote (lesbian, gay, bisexual and
transgender drug/alcohol service)
drop-in Thursday: 6–8.30pm
C, D, FF, IT, LA, MH

Needle Exchange Van

White van under Centrepoint
Tower, Tottenham Court Road
Mon–Fri: 4–7pm

Wandsworth Drug Project

86 Garratt Lane, SW18 4DB
020 8875 4400
Mon–Fri: 1–5pm; Sat: 1–4pm
AS, A, AD, AC, CA, C, D, H, NE, OB, SH

Westminster Drug Project (WDP)

470–474 Harrow road, W9 3RU
020 7266 6200
Mon–Fri: 10am–12.30pm
(appointments and needle-
exchange); 1–5pm (open access)
AD, C, D, H, NE, OB, SH

The Whitaker Centre

91–93 Tollington Way, N7 6RE
020 7263 4140
Mon–Thu: 12noon–4pm
A wet day-centre for alcohol users
from Islington and Hackney
BS, FF, L

184 Camden

184 Royal College Road, NW1 9NN
020 7485 2722
Mon: 10am–3pm; Tue & Thu: 10am–
8.30pm; Wed & Fri: 10am–5.30pm
AS, BA, C, D, ET, MS, NE

EASTERN EUROPEANS & MIGRANTS

Ania's Recruitment Agency

31 Fallsbrook Rd, SW16 6DU
020 8769 0509

East European Advice Centre

Palingswick House, 241
King Street, W6 9LP
020 8741 1288
Open weekdays 10am–12pm & 2–
3pm, for appointments; closed Wed
Ring for appointment

Alcohol Support

Emmanuel's Church,
Forest Gate, E7 8BD
020 8257 3068
Support for drug and alcohol
treatment, advice, contact with
other agencies; Thur: 5–7pm
Part of DASL in Drug &
Alcohol Services

Hackney Migrant Centre

St Mary's Church, Spentley
Walk, Stoke Newington
Church Street, N1 6 ES
Wed: 12.30–3.30pm
Free advice and support for
refugees and migrants
AD, BA, FF, H

UR4JOBS

Upper Room, St Savour Church,
Cobbold Road, W12 9LN
020 8740 5688
07967 312207 (English)
07772 565815 (Romanian)
07772 473554 (Polish)
Mon–Fri: 5.30–6.45pm (hot
supper); Mon & Tue: 12noon–5pm
(Migrants workers job club)

3.30pm (appointments & activities)
A, AC, BA, BS, C, D, ET, FF, H, IT,
L, LA, LS, MH, NE, OL, SK, SH, P

SanKtUs

4 Lady Margaret Road, NWS 2XT
Entrance in Falkland Road

020 7485 9160

Mon, Wed, Fri: 2 – 3pm;

Sun: 3 – 4pm

BS, CL, FF, H

Shoreditch Community Project

(SCT) St Leonard's Church
Shoreditch High St, E1

020 7613 3232

Mon & Wed: 9.30am–

12.30pm; Tues: 2–4pm

FF, BA, OL, P

Simon Community

129 Maiden Rd, Kentish
Town, NWS 4HS

020 7485 6639

Mon, Wed & Fri: 11am–3.30pm

B, BS, CL, FF, H, IT, L, OL, P

Southwark Salvation Army

1 Prince Street, SE1 6HH

020 7928 7136

Wed 1–3pm (drop-in with

lunch); Thurs 10am–3pm; Fri

AC

Spectrum Centre

6 Greenland St, Camden
Town, NW1

020 7267 4937

Mon–Fri: 9.30am–3pm

A, BS, C, CL, D, FC, H, L,

LS, MH, MS, P, TS

Spire's Centre

8 Tooting Bec Gardens, SW16 1RB

020 8696 0943

Mon: 8am–12noon (women

only); Tues: 9–10.30am (rough

sleepers only); 10.30am–2pm

(drop-in); Wed: 10am–12noon

(rough sleepers only); Thu:

9am–1pm (rough sleepers only); Fri:

10.30am–1.30pm (women only)

Mon–Fri adult learning courses

- contact Spire's for more info.

A, AD, AS, BA, BS, CL, C, D, ET, FC,

FF, H, LA, LF, MC, MH, MS, P

St Christopher's Centre

Lime Grove Resource Centre,
47 Lime Grove, W12

Manna Day Centre
6 Mellor St, SE1
020 7403 1931
Every day: 8.30am–1.30pm
AS, BA, BS, BE, CL, DT, FF,
FC, H, MH, MS, OL, P, TS

New Cross 999 Club

All Saints, Monson Rd, SE14

020 7732 0209

Mon–Fri: 10am–5pm

AD, ET, FF, L, LA

New Horizon Youth Centre (16

– 21 year olds)

68 Chilton Street, NW1 1JR

020 7388 5560

Daily: 10.30am–4pm

AS, AC, CA, C, ET, LA, MS, MC, OB

No 10 – Drop in Centre (Salvation

Army)

10 Princes Street, W1B 2LH

020 7629 4661

Tue, Wed, Fri: 2.30–4pm

(advice & enquiries)

Mon: 3–5.30pm (advice & enquir-

ies; film group); Tue: 2.30–4pm

(reading group); Wed: 5.30–8pm

(drop-in - soup & sandwiches); Fri:

12.30am–2pm (table tennis club)

BA, CL, H, LA

North London Action for the

Homeless (NLAH)

St Paul's Church Hall, Stoke

Newington Rd, N16 7UE

(Entrance on Evering Road)

020 8802 1600

Mon: 12noon–1.30pm;

and Wed: 7.830pm

BA, BS, CL, FF

The Passage (25+)

St Vincent's Centre,
Carlisle Place, SW1P

020 7592 1850

Mon–Fri: 8am–12pm (for rough

sleepers); 12–2pm (Lunch);

2–6pm (appointments); 4.30–6pm

(verified rough sleepers – by invita-

tion); Sat–Sun: 9am–12noon.

A, BA, CA, CL, D, ET, F, FC,

H, IT, L, MH, MS, P, TS

Providence Row

82 Wentworth St, Aldgate, E1 7SA

020 7375 0020

Mon–Fri: 9.30am–12noon (8.30am

for verified rough sleepers) & 1.30–

Please call for opening
times: 020 8740 9182
AC, BS, CA, ET, FC, IT, L, MS

St Cuthbert's Centre

The Philbeach Hall
51 Philbeach Gdns, Earls Court

020 7835 1389

Mon–Fri: 11.45am–3.45pm

AC, BS, C, CL, F, H, IT, L, OL

St Stephen's Church (The Manna)

17 Canonbury Rd, N1 2DF

020 7226 5369

Tues: 7–9pm (drop-in); Weds:

1–3pm (drop-in – B and FC); Fri:

10am–12noon (key work session)

BS, CL, FF, L

The Tab Centre

20 Hackney Rd, Shoreditch, E2

020 7739 3076

Friday: 9am–12noon, F

Triumphant Church International

136 West Green Rd

South Tottenham, N15 5AD

020 8800 6001

Sun: 10–11am (open drop-in)

AD, C, FF

Union Chapel (Margins)

Compton Terrace, Upper Street, N1

020 7359 4019

Sun: 3pm–5pm

BS, CL, FF, HA, L, LA, LF

Upper Holloway Baptist Church

11 Tollington Way, N7

020 7272 2104

Mon: 10am–1pm CL, FF, LF

Upper Room, St Saviour's

Cobbold Rd, W12

020 8740 5688

Mon: 1–6pm (UR4Jobs); Tue–Thur:

5.30–6.45pm; Fri: 1–6pm (UR4Jobs);

A, AC, BA, C, CA, CL, D,

Sat–Sun: 12.30–1.30pm

ET, IT, FF, H, OL

Webber Street (formerly Waterloo

Christian Centre)

6–8 Webber St, SE1 8QA

020 7928 1677

Mon–Sat: 9am–12noon

AS, B, BA, BS, BE, CL, FF,

LA, MH, MS, OL

ScotsCare & Borderline (for Scots
in London)
22 City Road, EC1Y 2AJ
Call the helpline on 0800 6522 989
BA, CA, H, B, P, TS
Borderline (for Scots):
Mon – Fri: 09.30am – 12.30pm
(appointments); Mon, Tue,
Thu, Fri: 2–4pm (walk in)
0800 174 047 (freephone)
dutyworker@scotscare.com
A, BA, C, CL, D, H, MH, P

St Giles Trust
64 Camberwell Church St, SE5 8JB
020 7700 7000
Mon–Fri: 9.30am–12.30pm
A, BA, BS, D, ET, H, L, MH, MS, P, TS

Stonewall Housing
2a Leroy House, 436
Essex Road, N1 3QP
Free confidential housing advice
for LGBT people of all ages.
Three weekly sessions running:
Mon: 2 - 3.30pm; contemporary
Urban Centre, Great Chapel Street,
W1D 3SY; Wed: 2 - 3.30pm; Origin
Housing, St Richard's House, 110
Eversholt Street, NW1 1BS; Thu: 2
- 3.30pm; (under 25s) Lighthouse
South, 14 - 15 Lower Marsh, SE1 7R)

DAY CENTRES AND DROP-INS
www.stonewallhousing.org
020 7359 5767 (advice line)

Acton Homeless Concern
Emmus House
1 Berrymead Gardens, Acton
020 8992 5768
Call for opening times
A, B, BA, CL, D, DT, ET, F, FC
020 8735 5810
Market Lane, Shepherds Bush, W12
020 8735 5810
Mon, Wed, Thu, Fri: 10
- 1am (drop-in); 2 - 4pm
(groups & appointments)
IT, L, LA, MS, MH, ML, P, SK, SH, TS
AD, A, BA, BS, CL, DA, D, ET, F, FC, H,

Bromley 999 Club
424 Downham Way,
Downham, BR1 5HR
020 8698 9403
Mon–Fri: 10am–5pm, AD, L, FF
Chelsea Methodist Church
155a Kings Road, SW3 5TX
020 7352 9305
Mon, Tues & Thu: 9am–3.45pm
F, L, P

Church Army (women only)
1–5 Cosway St, NW1
020 7262 3818
Mon–Thurs: 9.30am–12pm
(advice); 12pm–3.30pm (drop-in);
12 noon–1pm (sandwiches);
A, C, BA, BS, CA, CL, C, ET, FF,
H, IT, L, LA, LF, MC, P

The Connection at St Martin's
12 Adelaide St, WC2
020 7766 5544
Mon - Fri: 9am - 12.30pm (12pm
Wed). Various afternoon ses-
sions from 1pm (except Wed).
Weekends: (limited to rough
sleepers, by invitation)
A, AC, BA, BS, CA, CL, D, ET, F, FC,
H, IT, MC, MH, MS, OB, P, SK, SS

Croydon Resource Centre
70a Wellesley Rd, Croydon, CR0 2AR
020 8686 1222
Mon–Fri: 10am–3pm
AS, BA, CA, CL ET, F, IT, LA

Cricklewood Homeless Concern
60 Ashford ROAD, NW2 6TU
020 8208 8590
info@chc-mail.org
Homeless drop-in: 28a Fortuneagate
Rd, Craven Park, NW10 9RE
Tues & Fri: 10am–2.30pm;
Wed & Thurs: 12.30–2.30pm
Mental health drop-in: in flat
above St Gabriel's Hall
77 Chichele Rd, Crickle-
wood, NW2 3AQ
Tues–Fri: 10am–12 noon.
AC, BA, BS, H, IT, L, MS, OL

Deptford Churches Centre
Speedwell St, Deptford
020 8692 6548
Mon, Tues, Thu & Fri: 9am - 3.30 pm
A, AC, AD, AS, B, BA, BE, BS, C,
CA, CL, D, DA, DT, ET, FF, H, L,
LA, LF, MC, MH, MS, OL, SS, TS

Divine Rescue
Thurlow Lodge, 1 Thurlow Street,
SE17 2US, 020 3489 1765
Mon: 10am–6.30 pm;
Tue–Fri: 10am–5pm
AD, AS, AC, BA, C, CL, FF, H, MC, OB

Earls Court Community Project
Ungoing renovation until
2012, but still open at:
St Barnabas Church, 23
Addison Road, W14 8LH
020 7471 7030
Tue & Wed: 2 – 4pm
CL, FF

Hackney 180 First Contact & Advice (Thames Reach)
Hackney Methodist Church
219 Mare St, E5
0208 985 6707
Mon–Thurs: 8am–9.30am
(breakfast club)

Hanbury Community Project (SCT)
Details of the changes have been
confirmed, and they're now called
the New Hanbury Project, and listed
under **Employment & Training**

The Haven Club
At the Holy Cross Centre
(See below).
Mon: 6pm–10pm
For self-treating drug & alcohol
users: no using on day or no entry

Holy Cross Centre
The Cypri, Holy Cross Church
Cromer St, WC1
020 7272 8687
Mon: 2pm–5pm; Tues: 6–9pm;
(ticket required) Thurs: 5–8pm
(Italian speakers session); Fri:
12 noon–3pm (refugees and
asylum seekers session).
AC, FF, H, IT, LA, LF, MH, P

Homeless Action in Barnet (HAB)
36B Woodhouse Road, N12 0RG
020 8446 8400
Mon – Fri: 12noon – 3pm (drop in);
Mon, Tues & Thurs: 9am – 12noon
(rough sleepers only); Wed: 9am
– 12noon (women's group)
AD, BA, BS, CL, F, H, L, TS

London Jesus Centre
83 Margaret St, W1W 8TB
0845 8333005
Mon – Fri: 10am – 12.30pm
BS, CL, F, IT, L, SK

the List

The directory of London's homeless services

Updated 31 October 2011

Key to the list:
Accom. assistance – AS
Alcohol workers – A
Art classes – AC
Barber – B
Benefits advice – BA
Bathroom/showers – BS
Bedding available – BE
Careers advice – CA
Clothing – CL
Counselling – C

Debt advice – DA
Dentist – DT
Drugs workers – D
Education/training – ET
Free food – FF
Food – F
Foot care – FC
Housing/accom advice – H
Internet access – IT
Laundry – L
Leisure activities – LA
Leisure facilities – LF

Luggage storage – LS
Medical services – MS
Mental health – MH
Music classes – MC
Needle exchange – NE
Outreach workers – OB
Outreach worker links – OL
Pavement stockist – P
Safe keeping – SK
Sexual health advice – SH
SSAFA – SS
Tenancy support – TS

Email changes and suggestions to:
thelist@thepavement.org.uk
Updated entries: 2
Services added: 18
Or write to our address on page 3

ADVICE SERVICES

Advisory Service for Squatters
Angel Alley, 84b Whitechapel High Street, E1 7QX
0203 216 0099 (cheaper to call 0845 644 5814 from land lines outside London)
www.squatter.org.uk

Alone in London (16–25 years)

Unit 6, 48 Provost Street, London, N1 7SU
020 7278 4224
Mon–Fri: 9am–1am (first contacts); 2–4pm (advice and appointments); For those aged 16 – 25 years.

Bridge Resource Centre
Bridge Close, Kingsdown Close, W10 6TW
0208 960 6798
CA, ET, IT
The Caravan Drop-In
St James's Church, 197 Piccadilly, W1
Open daily: Sat – Mon; 10am – 7pm; Tues – Fri: 11am – 7pm
A friendly ear to listen, with some access to counselling

Depaul UK (young people)
291–299 Borough High Street, SE1 1JG
020 7939 1220 (central office)
www.depauluk.org

London Irish Centre
50–52 Camden Sq, NW1 9XB
020 7916 2222
Ring for service times
A, BA, C, CL, D, ET, H, MC

KCAH
36a Fife Rd, KT1 1SU
020 8255 2439
BA, FF, H

HOPE worldwide / Two Step
360 City Road, EC1V 2PY
020 7713 7655
Mon–Fri 10am–4pm
(appointments only)
AS, H, TS, P

Notre Dame Refugee Centre
5 Leicester Pl, WC2H 7BX
020 7434 1619
Mon and Thurs: 11am–4pm
(drop-in) Service for French-speaking refugees and asylum seekers
BA, C, CA, FF, H