

the Pavement

The *FREE* monthly for London's homeless

March 2012





"So, what are you giving up for Lent?"

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Contents

Cover

Despite the first story in this issue, as we go to press mild weather has returned to the UK, and there's hope of a warm Spring.

Artwork by Neil Bennett

News

Frozen

4

Missing People

7

News-in-brief

11–23

Homeless city guide

12

Street Life

Bin death – stay out and stay safe

18–19

Street Shield – back next month

22–23

Foot care – care for your pair

24

See the nurse – is on holiday

The List (incorporating soup runs)

36–27

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Frozen

The cold weather has taken its toll across the Continent

Homeless people across Europe are falling victim to the cold snap as temperatures continue to plummet to minus 50 degrees Celsius in parts.

Across Europe, the icy weather has claimed a reported 600 lives in total, with the elderly and homeless remaining the worst affected. Many of those who have frozen to death have been unable to gain access to hostels so have been sleeping rough in parks, doorways and stations.

In the UK, temperatures sank to as low as minus 18 degrees Celsius resulting in the death of a homeless man sleeping in a park in Hull. Hostels are also being inundated with rough sleepers looking for temporary accommodation due to the lack of emergency response by the government. Many, such as Oxford Homeless Pathways, are allowing people to sleep on the floor to prevent further deaths but are struggling to deal with the influx of people.

“Largely as a result of the economic crisis, professionals, young people and families are finding themselves homeless. Members have had to adapt their services to these changing profiles, but of course this is not easy when their own resources are tight or being cut because of austerity measures linked to the crisis,” communications and information officer for the European Federation of National Organizations Working with the Homeless (FEANTSA) Suzannah Young, told *The Pavement*.

In France a “cold alert” is in place each year where emergency accommodation is opened once temperatures drop below minus one degree Celsius. There is also a law in place across many European countries including France, Belgium, Italy, and Germany that stipulates that no

person can be evicted from a shelter between 1 December and 1 March.

The Ukraine has been particularly badly hit, highlighting the government’s struggle to deal with the issue of rising homelessness in the country.

Ukrainian authorities have now set up nearly 3,000 heated tents and food shelters for the homeless but are struggling to cope with the sheer volume of people in need. A reported 140 people have now died across the country as a result of the freezing temperatures, most of these thought to be homeless.

Rough sleepers across Europe are continuing to struggle with night-time temperatures as they plunge to as low as minus 40 degrees Celsius in parts of Finland and Russia. Thousands of people have been treated for frostbite and hypothermia and health officials are now urging hospitals not to discharge homeless people.

“This is definitely a recurring problem,” added Ms Young.

“Unfortunately there are deaths among homeless people every year. For FEANTSA, it is quite clear that a number of these deaths could have been avoided if working homelessness strategies were in place. This is demonstrated by the fact that there have been no deaths whatsoever in very cold countries, like Finland, which has a robust homelessness strategy based on ‘housing first’ principles.”

The European Parliament has urged Europe to take action on homelessness and has advised member states to devise winter emergency plans as part of a wider homelessness strategy which aims to end homelessness by 2015.

The European Commission’s “Action on Homelessness” held

an emergency hearing on 13 February where 30 MEPS signed a joint letter calling for immediate action on the current situation.

Commissioner Michel Barnier described the crisis as “an extreme form of social exclusion”.

Despite the fact that the EU has no jurisdiction in tackling homelessness, Barnier reminded member states they had a “moral duty” to deal with the problem.

Homeless people are the most vulnerable, particularly during the winter months and many in Europe are calling for a strategy to put an end to rough sleeping.

MEP Gabriele Zimmer said of the crisis: “National governments have an obligation to protect these people. Local authorities should be helped to provide warm shelter, hot food and drinks, blankets, winter clothing and heating fuel.”

“The extreme cold weather is not just exposing the plight of the homeless in Europe. It also reflects a drastic failure of policy with the deaths of hundreds of people across the continent.”

Dearbhla Crosse



Supporting London Life

www.thisislondon.co.uk • www.metro.co.uk
www.standard.co.uk





EVERY YEAR THERE ARE INJURIES AND EVEN DEATHS RESULTING FROM PEOPLE BEDDING DOWN IN RUBBISH BINS, SKIPS & CLOTHING BANKS. IT ISN'T SAFE! MANY BINS ARE EMPTIED IN THE QUIET HOURS, SOMETIMES BY A VEHICLE WITH A SINGLE DRIVER, DUMPING THEIR LOAD, WITH A LONG DROP, INTO A COMPACTOR - WHO WILL HEAR YOU OVER THE MACHINERY NOISE?

STAY OUT!
STAY SAFE!

the Pavement



Neil Nortrop

Age at disappearance: 32

Neil (aka Neil McGarthland) has been missing from Brixham, Devon since 10 June 2003. He was last seen in the Greenwich area of London.

There is great concern for Neil as it is out of character for him not to be in touch with his family. He is urged to get in touch and can call the confidential service **Message Home** on **Freefone 0800 700 740**.

Neil is 5ft 11in, of muscular build with cropped fair hair and blue eyes. Neil has diamond studs in his teeth and many tattoos. When last seen Neil wore a thick, gold chain and drove a dark blue Ford Mondeo car.

If you've seen Neil, please call the 24-hour confidential charity **Missing People** on Freefone **0500 700 700**
Email: seensomeone@missingpeople.org.uk

**missing
people**

Registered Charity No. 1023416



*"It's the Grim Reaper, he says do we know
that our doorbell is on the fritz?"*

**balls, girls, skunk,
height, wanking, hair,
pills, ears, beards,
stress, mum, dreams,
spots, 6-pack, shit,
vodka, b.o, pricks,
dick, lads, dumped,
money, bills, trainers,
skint, tits, anger, looks,
gay, dad, gut, rep,
pain, bald, school, job,
voices, teeth, thieves,
fights, suicide.**



**Young men can talk to
CALM about anything**

0808 802 5858

Free, confidential & anonymous.

Or text

07537 404717

Please start your first text CALM1. CALM don't charge,
though your network might.

Charity reg no 1110621

thecalmzone.net



What a waste

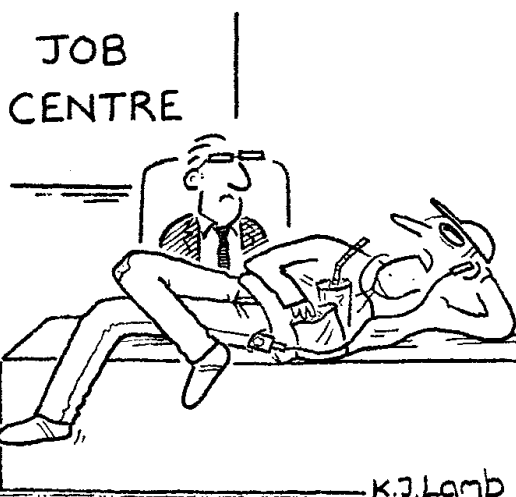
We don't keep our fresh, natural food overnight to sell the following day. We never have and we never will.

For years we've worked with registered charities helping the homeless by offering our unsold sandwiches to them at the end of each day.

Unfortunately, some still get chucked away.
(And that really upsets us.)

If you know of a charity in need of good food,
please tell them to call Giovanna Pasini
on 020 7932 5425.

★ PRET A MANGER ★



"Have you got anything in the leisure industry?"

News in brief

The homeless news from across the UK and the World

Council ban *Big Issue* seller

A rough sleeper in Peterborough was banned from selling the *Big Issue* by council officials who were urging him to “sort out his accommodation problem”.

John Chivers, 49, had been a *Big Issue* vendor for 22 years when the council removed copies of the magazine as well as his official vendor’s badge. Speaking in January, he said: “I was gutted. It was my income. I thought ‘what am I going to do?’ I thought ‘talk about kicking a guy when he’s down.’”

Mr Chivers had been sleeping in a tent on the city’s Embankment since mid-November after he split up with his partner. Upon discovering the rough sleeper, Peterborough City Council held talks with a homelessness charity and decided that removing his only source of income would encourage him to face up to his homelessness.

A council spokeswoman said: “The council had asked if Peterborough Streets could help in any way to get Mr Chivers to sort out his accommodation problem. After lots of conversation it was decided to take away his supply of the *Big Issue*.”

“The council has a duty to help people who are sleeping rough. With falling temperatures, these are dangerous conditions for someone living in a tent.”

After his local paper, *Peterborough Evening Telegraph*, made enquiries to the council and the *Big Issue* about Mr Chivers’ predicament, his badge was restored. The 49-year-old is now relieved that the whole “ridiculous” situation is over.

“I can hold my head up again”, he said. “I haven’t got to sit here looking at people’s shoes all day.”

We spoke to the *Big Issue* to ask whether they had supported the council’s decision to remove Mr Chivers’ badge. Communications manager for the *Big Issue*, Lara McCullagh, said that the magazine has “no rules or regulations” on how long a vendor may sell for.

“We cannot comment on the case in question”, she added, “but I can say that our vendors can stay with us for as long as they wish, provided that they do not breach our code of conduct. Selling our magazine is sometimes the only stability these people have in their lives and we understand that.”

But Ms McCullagh also suggested that if “a vendor has been with [us] for some time”, the organisation is keen for vendors to move onto “other training or jobs if they become available”. So with his 22-year selling history, would Mr Chivers have been a candidate to encourage out? And is there an average length of time that a vendor sells for before being encouraged to seek other opportunities?

According to McCullagh “We deal with each issue on a case-by-case basis, but nobody would be forced to leave – unless they had breached their contract. Our vendors could be with us for anything from a few days, just to get straight, to several years. But we don’t have a centralised, nationwide database for a number of reasons so I can’t give you any specific information.” Asked whether the database is in existence but not accessible by press, Ms McCullagh confirmed that they have no such database in existence.

Earlier this month, *Inside Housing* surveyed 22 English councils about the number of rough sleepers in their areas, with some councils reporting as much as a 164 per cent increase in numbers of people on the streets. With such tough economic times ahead and the number of rough sleepers on the rise one very important question remains: How does an organisation dedicated to working to help “thousands of homeless and vulnerably housed people to take control of their lives” achieve its difficult aim without detailed information on its vendors?

We will be following up this story in next month’s issue as we get to the bottom of Mr Chivers’ case and find out how the *Big Issue* achieves its difficult aim.

Sarah Cox

Stuck in mud and then arrested

The Rio Grande river in New Mexico, US, is an icon of old cowboy films and stories of the American West. Recently it also became the site of an unlikely rescue operation, after a homeless man was found stranded in thick mud.

The man was discovered by a group of high school students on a school biology trip, after he had spent three days stuck on a bank by the side of the river. The students were visiting a wetlands centre when they heard his shouting and alerted the authorities.

Local fire crews arrived to find “a male subject stuck on a reed island about a hundred yards from the west bank of the river,” their

HOMELESS CITY GUIDE



squat



empty building



dangerous neighbourhood



danger



guard dogs



an attack happened here



good place to drink / smoke



unfriendly place



friendly place



soup run (with rating)



strong police presence



potential for work



good food thrown away here



safe for sleeping



message board x mins that way



security guard

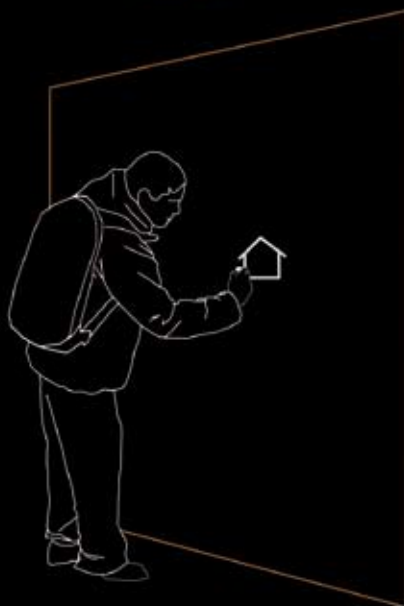


you'll get moved on here

step 1



step 2



MAKE YOUR MARK AND HELP OTHERS TO READ THE CITY

Make non permanent marks to keep the system up to date and stay within the law.

report said. He was in so deep that they had to deploy a specialist propeller-driven boat and pulley system to haul him out.

His freedom didn't last long however. After his rescue, police identified the man as Clayton Senn, a wanted criminal who had been living near the river. Police had a warrant for Senn's arrest on suspicion of aggravated assault with a deadly weapon, and said he would be arrested as soon as he left hospital.

The Rio Grande is one of America's most famous natural landmarks, and forms part of the boundary between the US and Mexico. Travelling through hundreds of miles of desert and sediment, it is no longer navigable by boat, and is often blocked by thousands of tonnes of sand and mud.

Jim O'Reilly

Rise in rough sleeping

Councils across the country saw a startling rise in rough sleepers last year with some figures growing by almost one hundred per cent. The majority of councils across England, contacted as part of a survey by *Inside Housing* saw a dramatic increase in the numbers of rough sleepers in 2011. The survey came ahead of the Department of Communities and Local Government (DCLG) figures released in February showing a rise in England of 23 per cent in the last year. The DCLG statistics come from the count of 2,181 people sleeping rough on any one night, up from last year's total of 1,768. The greatest rise was seen in the South of England, particularly the South West.

Essex based homelessness charity Streets2Homes has reported a steady increase in rough sleepers in the last year, with yet more numbers predicted as local job losses leave many

redundant workers in rent arrears. The charity also fears that cuts to housing benefit including proposed changes to the single occupancy housing benefit will push more people onto the streets.

In London, nearly 4,000 people were reported to be sleeping rough during 2010 and 2011, despite Mayor Boris Johnson's plans to eradicate rough sleeping from the city streets by 2012.

Homelessness charity Crisis has predicted that the worst is yet to come "due to the combination of rising unemployment and government policies including cuts to housing benefit". A rise in this year's numbers is seen by those in the sector as almost inevitable.

Jo O'Reilly

Tent city fire

One man was killed after fire broke out in one of America's most famous "tent cities" – the latest reminder of the danger of these makeshift encampments.

Fire swept through the camp in Lakewood, New Jersey, and rescue teams' efforts were hampered by the thick foliage that surrounded it. "It took the (Lakewood) fire department a while to reach the fire because of the heavy brush," said local police sergeant, Glenn Clayton. "They had to use the fire department's brush truck to clear the area first."

When police and fire teams finally made it to the camp, the victim's body was discovered. "There was only one fatality," Clayton said. "We have not identified the person yet because the body was burned pretty badly and without records it is more difficult."

Lakewood is a popular spot for tent cities, and has seen five different camps spring up in the last two years – a result of rapidly increasing unemployment and

homelessness in the US. The camps are infamously unsafe however, and this was not the first time that the Lakewood camp had been hit by fire. In 2009, a man in his 60s was killed after a blaze at the same site – and a few months later, a 45-year-old man was left with 20 per cent burns after a similar fire.

Jim O'Reilly

Rough sleepers "Speak Out"

Rough sleepers and other homeless people have described their experiences of living on the streets, as sofa-surfers or in squats at a "Speak Out" event held at the Occupy London Stock Exchange protest camp in front of St Paul's Cathedral.

The event, held during Poverty and Homelessness Action Week in February, was intended to give a voice to the many homeless people who have become part of the capital's Occupy camps since they began last autumn. More than 50 homeless people are staying at the St Paul's camp, with more at the smaller Finsbury Square camp, organisers say.

Seven homeless speakers described how they became homeless. Experiences included landlords who had stolen deposits, problems with council housing departments and relationship breakdowns.

Speakers also criticised major charities, which they described as being part of a "homelessness industry". They said that homeless people "see very little of" the money given to such charities by the public and by the government.

One of the speakers, Kay Badibalg, who says he has found a home at Occupy London, talked about how he had chosen "freedom" instead of staying in hostels, which speakers described as violent and controlling.

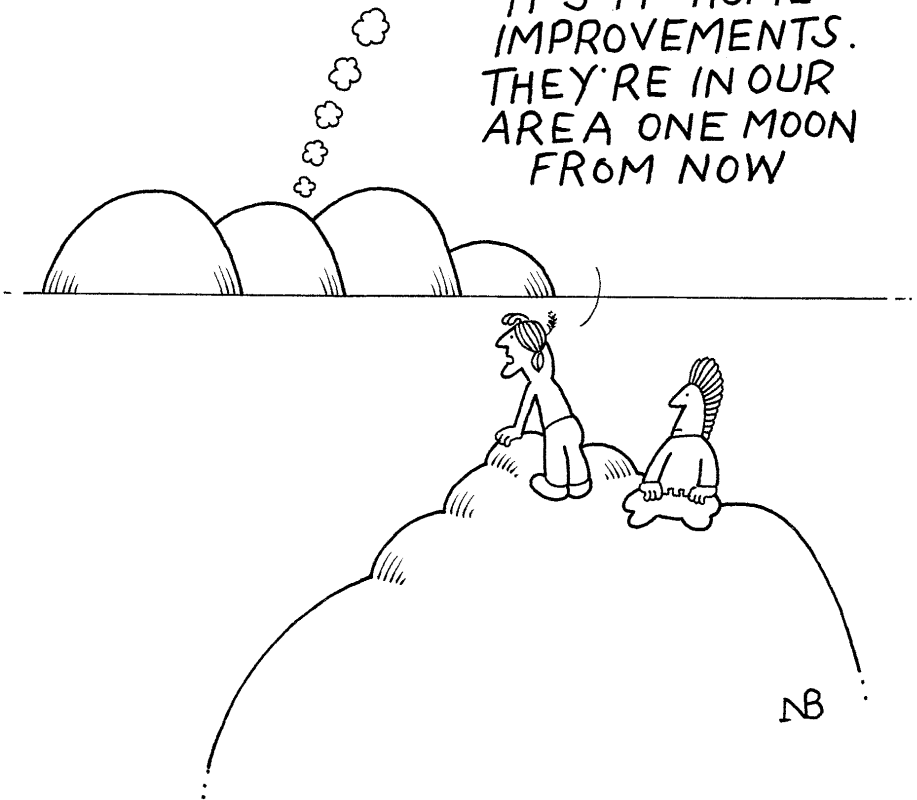
The Pavement, which operates without any funding from the state, has decided to try something new – asking readers to help support our operation. Not salaries or new kit, but our basic print operation.



If you have a mobile, and can spare a few pounds, please text **PAVE11** followed by **the amount in pounds*** (max £10) to **70070**

*all this money will go to *The Pavement* (registered charity no. 1110656), the charges being met by Vodafone. Find out more at www.justgiving.com/thepavement

IT'S TP HOME
IMPROVEMENTS.
THEY'RE IN OUR
AREA ONE MOON
FROM NOW





"On you marks... get set... owe!"

A female speaker said that single mothers had “occupied” before the Occupy movement existed by squatting homes with their children. She added that social services and neighbours were often prejudiced against alternative lifestyles, even though the children were being brought up in a caring environment.

Other speakers at the event examined the causes of homelessness. Reverend Paul Nicolson, chair of poverty charity Zacchaeus 2000, argued that deregulation of housing and finance during the 1980s, along with the sale of council housing, and current unemployment and benefit cuts, have combined to push people into debt and caused them to lose their homes.

The event could be one of the final ones at the St Paul’s camp, however. An eviction order against it was granted at the end of January, but lawyers acting for the protestors are asking for permission to appeal against the order, on the grounds that it was “more draconian than was necessary”.

A decision on whether or not the protest-

ers can appeal against eviction is expected on 22 February.

Katharine Hibbert

- **Stop press:** bailiffs moved in to remove the camp on 28 February (pictured below).

Landmark ruling in housing benefits for *Big Issue* sellers

There was tabloid outrage this month after a social security tribunal ruled that a Romanian woman could be given the right to housing benefit – in addition to £25,000 in other benefits that she receives.

The court’s decision hinged on the fact that the woman, 27-year-old Firuta Vasile, worked for the *Big Issue*, so was technically “self-employed”. Romanian citizens are allowed to claim housing benefit only if they work in highly-skilled or specialised

jobs, or are self-employed. Ms Vasile convinced the tribunal that she was in the second category, as she bought copies of the magazine with her own money to try and sell them for a profit.

“I can keep half of the money I take and I usually make around £100 per week,” she said. “This isn’t enough to meet all my family’s needs so I asked the council for housing benefit to help with my rent. My claim was turned down. I was told that because I am Romanian I could not get benefits unless I have a job or I am in self-employment. They said work for the *Big Issue* didn’t count. I got legal support and was helped with an appeal.”

Ms Vasile, who has four children and is a carer for her disabled son, was widely criticised after the decision, as she already claims child benefit, tax credit, disability living allowance and carer’s allowance. However,



BIN DEATH

BIN DEATH IS A REAL PROBLEM FACING HOMELESS PEOPLE. EVERY YEAR, ACROSS THE COUNTRY, THERE ARE INJURIES AND EVEN DEATHS THAT RESULT FROM PEOPLE BEDDING DOWN IN BINS, SKIPS AND CLOTHING BANKS. BINS ARE OFTEN EMPTIED MECHANICALLY IN THE EARLY HOURS OF THE MORNING, THERE IS COMMONLY JUST ONE DRIVER WHO WOULD BE UNABLE TO HEAR OVER THE MACHINERY NOISE IF THERE WAS ANYONE INSIDE THE BIN.

STAY OUT AND STAY SAFE!

thePavement

ILLUSTRATION BY
LO PARKIN

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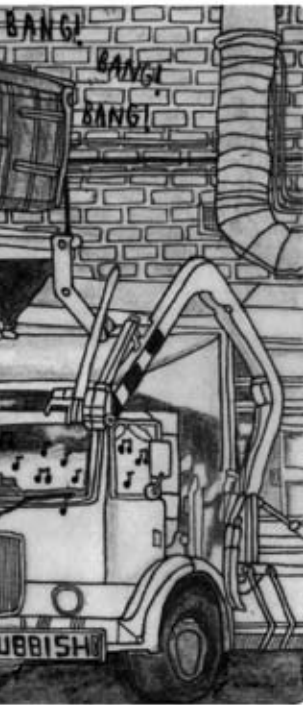
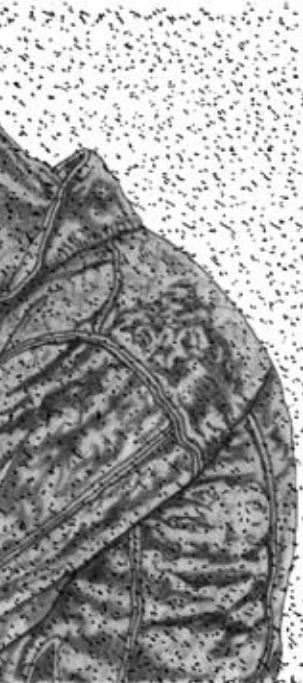


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4





welfare benefits advisor, Andy King, who represented Ms Vasile at the tribunal, defended the result: "This is a victory for people struggling to work to support their families," he said. "Anyone who thinks selling the *Big Issue* on a British street in winter is a soft option should have a go themselves."

Her case does have implications for other Romanian and Bulgarian *Big Issue* sellers in Britain, who could cite Ms Vasile's case in support of a bid for housing benefit. However, next year the stricter rulings over Romania and Bulgaria's membership of the EU are to be relaxed – and future claimants may not need to take their claims all the way to the courts.

Jim O'Reilly

HoboHunt

Just as Itzcoatl Ocampo, the 23 year old homeless serial killer in California (see *The Pavement* February issue), pleads 'not guilty' to murder and has two extra charges bought against him, an American software company are marketing an android phone app called HoboHunt.

The controversial new game allows players to (virtually) hunt down rough sleepers and attack them. Those with the game on their smart phone are encouraged to take photographs of rough sleepers, which are then uploaded into the game where the player can shoot at them. The app is only available on android phones because Apple are rejected it several times as an iPhone app.

As reported in the *Huffington Post*, the game's designer, Joel Usher, claims to have been inspired by a friend who took pictures of homeless people to send to friends, whilst pretending to hunt them.

Staff

Another chance for homeless man with "golden voice"

This time last year, *The Pavement* introduced you to Ted Williams (pictured below), the homeless man with the so-called "golden voice". Williams' life had started to spiral downwards when his alcohol addiction cost him his career in radio, but a chance encounter with an Ohio journalist propelled Williams to fame and allowed him to turn his life around.

Offers for voice-over work flooded in and, with after accepting several high profile gigs, Williams looked set to turn his life around completely.

However, almost as quickly as it had arrived, Williams' good luck ran out.

The stress of his new found fame caused Williams to turn to drink, after fighting to remain sober for years. As Wil-

liams spiralled back in alcoholism, the job offers started to dry up.

However, in this remarkable tale of knockbacks and comebacks, less than a year after his life imploded, Williams has fought his way back to sobriety, and back onto the airwaves. After two trips to rehab, Williams has been given another chance to salvage his career.

Last month, Williams' rich, gravelly voice could be heard on American TV on a Kraft mac-and-cheese advertisement. In a Valentine's Day campaign for the brand, Williams also recorded personalised videos for customers who tweeted in their love messages.

Williams is making the most of his second second-chance. The former rough sleeper is now living in a Brooklyn condo with his girlfriend and a sober-living coach. The man with the "golden voice" is back on top and living proof that it's never too late to turn things around.

Amy Hopkins





mike winian -

"We sat on that bench last year"

STREET SHIELD

EPISODE 27

THE
NIGHT
SHIFT

12.30 AM

STOP!

1.7

5.22 AM

KERBSIDE CHURCH'S
SOUP KITCHEN

THANKS, MATE.
I CAN'T BELIEVE
WE DON'T HAVE
A JACK.

HAPPY TO HELP!

6.33 AM



Health and wellbeing

The Pavement's health team aim to help keep you healthier, if not happier

March fractures

There's nothing worse than having a sore foot, especially when you can't find out why it's swollen around and behind the ball of the foot. Often, close inspection of the skin shows no break, hard skin or foreign object. All you've done is to be on your feet a lot and to have walked a fair distance.

A common cause is a fatigue fracture across one of the small bones of the foot (the metatarsals). Simple fractures are common and can be very painful. You might have fallen or twisted your foot in an unusual way, but

most are the result of something heavy or hard falling on your foot.

The most common type of fracture affect the small bones is 'March fractures'. These are caused by a crack in the metatarsals due to rotation forces running along the long access of the foot. During walking, a turning movement between the rearfoot (heel) and the forefoot (ball) results in rotational forces passing along the small bones. They are normally prevented by well fitting shoes, but sometimes overuse – walking long distances – can cause fatigue in the short bones.

During the Second World War, 'March fractures' reached epidemic levels among new recruits undergoing basic training which involved

"square bashing" (marching on hard, ungiving surfaces). They frequently occur in the middle three metatarsals (corresponding to the middle three toes) and pain in the middle of the foot makes walking unpleasant.

Fractures of the outside metatarsals (at the base of the fifth metatarsal, corresponding to the small toe) are common in footballers. These 'Jones fractures' cause pain and swelling over this middle/outside area of the foot, and make walking difficult. Fractures to the inside of the foot are usually the result of blunt trauma (such as dropping a heavy object on the foot).

If you have persistent foot pain, your doctor can arrange X-ray imaging, a bone scan, a CT scan, an MRI or even ultrasound imaging.

Stabilizing the foot and keeping it elevated helps heal stress fractures and reduce the swelling. Some fractures heal better if you're wearing a walking cast; more serious ones may require surgery.

The best way to protect your feet is to wear properly fitted shoes. If you have or are at risk of having osteoporosis, take any medications that are prescribed, eat a balanced diet and avoid activities or movements that are risky to your bones.

In general, keeping up with your vitamin intake and taking proper precautions when you're being active will help to reduce your risk of any type of fracture.

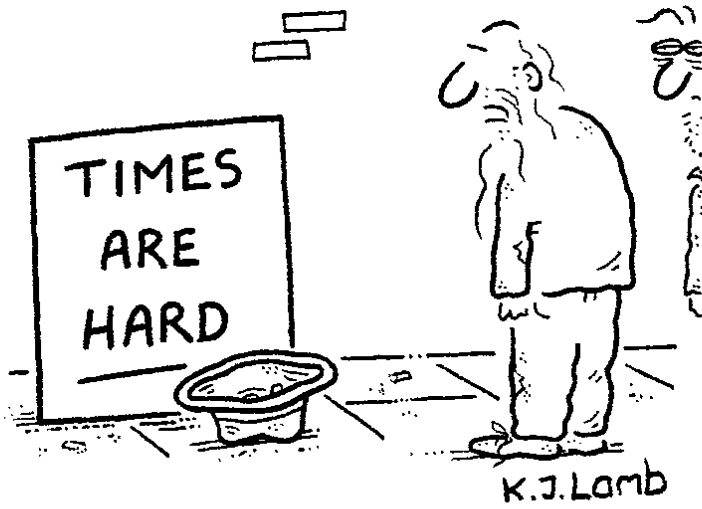
Take care of the pair and as always stay warm, stay hydrated and stay safe.

Toe Slayer
Registered podiatrist &
shoe historian





"I'm afraid we can't treat you until you stop smoking"



"It's a sign of the times"

Blue Cross Veterinary Services
Offered to pet owners on a low income. This is usually a means tested benefit or state pension with no other means of income:

Blue Cross Mobile Veterinary Clinic
All run 10am – 12pm & 1.30pm – 3.30pm, at these locations – Mon: Bethnal Green Road E2; Wed: Hackney Town Hall (car park) E8; Thur: Islington Town Hall, Upper Street, N1; Fri: Walthamstow Town Square, High Street, E17 On a first-come-first-served basis. Some cases may need to be referred to the Victoria hospital.

Hospitals
Blue Cross Victoria, 1 – 5 Hugh Street, SW1V 1QQ, 020 7932 2370 Blue Cross Hammersmith, Argyle Place, King Street, W6 ORQ, 020 8748 1400 Blue Cross Merton, 88 – 92 Merton High Street, SW19 1BD 020 8254 1400

Maytree Respite Centre
72 Moray Road, N4 3LG 020 7263 7070 One-off four night stay for those in suicidal crisis Telephone first - not a drop in service MH

Central London Samaritans
46 Marsh Wall Street, W1F 9BF 020 7734 2800 Daily (face-to-face at office): 9am-9pm; Helpline 24 hours Confidential, non-judgemental emotional support for those experiencing distress or despair, including those which could lead to suicide www.samaritans.org/cfs C, MH

TELEPHONE SERVICES

020 7359 5767 (advice line) www.stonewallhousing.org

Community Legal Advice
0845 345 4345, Nationwide www.communitylegaladvice.org.uk Free, confidential service, offering specialist advice on housing, benefits, tax credits, debt etc. AD, BA, DA, H

Domestic Violence Helpline
0808 2000 247 (Mon, Thu, Fri 10am – 1pm; Tue & Wed 2 – 5pm)

Survivors UK
Mon, Tue & Thur: 7-10pm 020 7404 6234 Helpline for men who have been sexually assaulted at any time in their lives

UK Human Trafficking Centre
0114 252 3891

WEBSITES

Help for Depression
A comprehensive explanation of the various approaches and treatments for depression www.helpfordpression.com MH

Homeless London Directory (RLS)
Updated at least annually www.homelesslondon.org

The Pavement online
Regularly updated online version of *The List*. www.thepavement.org.uk/ [services.htm](http://www.thepavement.org.uk/services.htm)

London Street Rescue
0870 383 3333 Rough sleeper's hot-line

Message Home Helpline
0800 700 740, 24 hrs daily

National Debtline
0808 808 4000

Poppy
020 7840 7141 Helps women who have been trafficked for sexual exploitation

Runaway Helpline
0808 800 7070

For under-18s who have left home

Stonewall Housing
Housing advice for LGBT people of all ages www.stonewallhousing.org

Soup Run Forum
For those using or running soup runs, or just concerned with their work. www.souprunforum.org.uk

Sock Book
sockbook.referrata.com

<p>Robes Project (Southwark & Lambeth) Various Venues 06 Nov 11 - 01 Apr 12 (except closed 23 - 30 Dec 11): Open 7pm - 8am (arrive before 8pm) Age 18+ mixed; Beds for 15 By referral only from several agencies Further info 020 7407 5623 www.rob.es.org.uk</p> <p>West London Churches Winter Shelter Various Venues 0207 351 4948 01 Nov 11 - 1 Apr 12 (Kensing-ton & Chelsea); Second circuit running alongside from January (Hammersmith and Fulham): 8pm-7am; last admission 8pm 18+ mixed; Beds for 35 (separate area for women); self-referral; On a first come first served basis; must phone first; dry</p> <p>Westminster Churches Winter Shelter (WCWS) Various Venues 0207 569 5900 01 Dec 11 - 31 Mar 12: 6.30pm - 8am; last admission 8pm Referral only from WLDCC, 134 - 136 Seymour Place, W1H 1NT 18+ mixed; Beds for 15 (sepa-rate area for women); no smoking; no pets; dry wcwshelter@gmail.com</p> <p>SPECIALIST SERVICES The Albert Kennedy Trust Unit 203 Hutton Square Busi-ness Centre, 16/16a Bald-wins Gardens, EC1N 7RJ Mon-Fri: 10am-4.30pm Works with LGBT people 16-25, facing mistreat-ment or homelessness AS, A, BA, C, H, TS www.akt.org.uk</p> <p>ASHA Project 13 Shrubbery Road, SW16 2AS 020 8696 0023 Mon-Fri: 9am-5pm For asian women fleeing domestic violence, AD</p>	<p>Croydon Churches Floating Shelter Various Churches 07860 270 278 Mobile switched off if no vacancies 01 Nov 11 - 31 Mar 12: Last admission 8pm Age 18+ mixed; Beds for 14 Local referral only, dry www.croydonchurch.org.uk</p> <p>Growth - Tower Hamlets Various Churches 14 Nov 11 - 16 Mar 12 (except closed 23 - 30 Dec 11) Referral only from Tower Hamlet based agencies - no self-referral www.thisisgrowth.org</p> <p>Hackney Winter Night Shelter Various Churches Booking essential: 07702 799543 01 Jan - 31 Mar 12: 8pm-8am Age 18+ mixed; beds for 25 (screened area for women's beds) Last admission 8.30pm (7.30pm on Sunday) Agency or self-referral: dry The shelter is part of Hackney Doorways, which exists to serve the homeless in Hackney. www.hwns.org.uk</p> <p>Haringey Churches Winter Shelter Various Churches 07949 361721 (10.30am - 5pm; no referral on this number) Dec 11 - Mar 12: 8pm - 8.15am Only accept referrals from LB Haringey Options & Prevention, Whitechapel Mission, Haringey Irish Resource Centre and Upper Room Entry 8 - 8.30pm; Age 18+ mixed; Beds for 12; Agency referral; Dry; No smoking inside</p> <p>Harrow - Firm Foundation Winter Night Shelter 07979 836403 (Tue - Sun: 9am - 5pm) 04 Jan - 28 Mar 12: 7pm - 7.30am Age 18+; Men only; Beds for 10; Agency referral only; Dry; No smoking inside; No pets; Maximum stay four weeks</p>	<p>Teen Challenge Mon, 9-11.30pm; Whitechapel; Tue, 9-11pm; Hackney Central; Wed, 9-11pm; Brixton (in square); & Thu, 9-11pm; Ealing Tube Hot meals from a bus</p> <p>Quaker Run Victoria, 2nd Sun of month: 7pm</p> <p>Wycombe & Marlow Group Lincoln's Inn Fields, Tue: 8.15pm Food, drink and some sundries</p> <p>Winners Chapel King George's hostel: alterna-tive Saturdays to Streetlytes</p> <p>Barnet Churches Winter Shelter Various Churches and Synagogues 01 Oct 11 - 31 Mar 12: 7.30pm - 8.30am Doors close 10pm Age 18+ mixed; Beds for 15; Dry Contact Homeless Action in Barnet, 36b Woodhouse Road, N12 0RG 020 8446 8400 Referral through HAB - no self referral.</p> <p>Brent - Route 18 Winter Shelter Various Churches contact CHC Community Centre, 60 Ashford Road, NW2 6TU 020 8208 8590 (Mon - Thu: 9.30am - 4pm; Fri: 10.30am - 4pm) Dec 11 - Mar 12 (except closed 23 - 30 Dec 10): 7.30pm - 7.30am Agency or self-referral; Arrive before 8.30pm; Age 18+ mixed; Beds for 30; Dry; no smoking; Low support needs only; Priority to local com-nections; verified rough sleepers, and A105 willing to talk to Thames Reach about 'reconnection'</p> <p>Caris Islington Churches Cold Weather Shelters Various Churches 07913 020738 01 Jan - 31 Mar 12: 7.30pm - 8.30am. Arrive before 8.30pm Age 18+ mixed; Beds for 15 (separate area for women); Agency or self-referral; phone ahead www.carisisington.org</p>
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The London Run
Mondays (including bank holidays). Van with tea/coffee, sandwiches, eggs, biscuits, soft drinks, clothes, and toiletries. The Strand, opposite Charing Cross police station: 8.45pm; & Lincoln's Inn Fields: 9pm; Temple: 9.30pm; Waterloo (St John's Church): 10.15pm

London City Aid
Tothill Street, Second Wednesday of the month: 8.30-11pm Food, bedding, clothes and toiletries

Love to the Nations Ministries
Charing Cross, Strand Every second Sun: 4pm

Memorial Baptist Church Plaistow
389-395 Barking Road, E13 8AL
020 7476 4133, Sat: 8am-12pm Full English breakfast

Missionaries of Charity
Mon: Spitalfields (9.30pm) & TBC (10pm)

Muswell Hill Churches
2 Dukes Ave, N10 2PT
020 8444 7027
Sun-Thurs: 7.45-8.45pm

New Life Assembly
A run in Hendon, that comes into the West End once a month.

Nightwatch
At the fountain in the Queens Gardens, central Croydon Every night from 9.30pm

Open Door Meal
St James the Less parish centre, Vauxhall Bridge Road, behind the An established service, providing a two-course hot meal served at table. Alternate Thursdays during term-time: 7-9.30 pm. B, CL, FF

Our Lady of Hal
165 Arlington Rd, NW1 020 7485 2727
Tues, Weds, Fri & Sat: 12.45pm-2pm

Peter's Community Cafe
The Crypt, St. Peter's Church, De Beauvoir Road, N1
020 7249 0041
Mon-Wed: 12noon-6.30pm

Rhythms of Life International
Mon: 4.30-6pm; St Leonard's Church, Shoreditch High Street, E1 6JN; Tue-Sat: 2.30-4pm; Frampton Park Road, E9 7PQ served 365 days a year

Rice Run
The Strand, Fri: 9-10pm Rice and Chicken, or savoury rice

The Sacred Heart
This run from Wimbledon has several teams coming up once a month to the Tothill Street, Sandwiches and hot beverages around 9pm every Tuesday and Friday.

Sahnu Vaswani
Lincoln's Inn Fields, Wed: 8-8.30pm A great curry!

Sai Baba
Coram's Fields (3rd Sun of month); 11am-1pm Vegetarian meal and tea

Seventh Day Adventists
Lincoln's Inn Fields
Sun: 7pm

Silver Lady Fund (The Pie Man)
Van behind the Festival Hall or on Southwark Bridge Road - from 5am

Simon Community
Tea Run: Sun & Mon (6-9.30am); St Pancras Church 6.30am; Milford Lane 6.45am; Strand 7am; Southampton Road 7.30am; Grosvenor Gardens 8.30am; Marble Arch (Sunday) 9am Soup Run: Wed & Thurs (8pm-10.30pm); St Pancras Church 8.15pm; Hinde Street 9.15pm; Waterloo 9.45pm

St Andrew's Church
10 St Andrew's Road, W14 9SX - 4pm) & Sun (1.15-3.15pm) to Denmark Street) - Sat (2 St Giles High Street, WC2 (next Street Cafe: St Giles-in-the-Fields, 9.15pm; Waterloo 9.45pm

St Ignatius Church
Lincoln's Inn Fields
Sat: 7.45pm

St John's Ealing
Mattock Lane, W13 9LA
020 8566 3507
Sat & Sun: 3.30-5pm
Also: Advice service Thur & Fri 10am-4pm - Ealing Churches workers

St John the Evangelist
39 Duncan Terrace, N1 8AL
020 7226 3277
Tues-Sat: 12.30pm-1.30pm

St Monica's Church
Temple Station
First, third and fourth Tue of the month: 8.30pm

St Thomas of Canterbury
Lincoln's Inn Fields
Second and last Wed of the month: 9pm

St Vincent De Paul
Lincoln's Inn Fields
Tue & Thu: 7.30pm

Steps of Faith
Victoria area, Thurs: 8-10pm Walking around with food

Streetlytes
Tue: 6.30-9pm, King George's hostel, Victoria; Wed: 9pm, outreach on Bush Green, Shepherd's Bush; Thu: 6-9pm; Salvation Army Centre, 205 Portobello Road, W11; Every other Saturday: 2-9pm, King George Hostel (hot meal, sandwiches, fruit, clothing, hygiene kits and referral to a rent deposit scheme); Sun: 6pm; outreach on Bush Green, Shepherd's Bush

SW London Vineyard/King's Table
Sun 2.30pm-4.30pm beneath Waterloo Bridge (Embankment). Good hot stews and potatoes.

www.streetlytes.org

Good Samaria Network
Sun & Mon: 6.30-8pm; King George's hostel, 72 Great Peter Street, SW1P 2BN

Hare Krishna Food for Life
The Hare Krishna food run provides wholesome and tasty vegetarian meals from Soho and King's Cross Temples. The former can be found at Lincoln's Inn Fields. Mon-Fri: 7.15pm, finishing at Temple if there's food left. The latter from Mon-Sat, all year round: 12pm: Kentish Town (Isip Road); 1pm: Camden (Arlington Road); 2pm: King's Cross (York Way)

House of Bread – The Vision
Second and fourth Sunday in the month (6.45am onwards) – Hot food; note that an excellent full cooked breakfast is served on the second Sunday. On the Strand (Charing Cross end, outside Court's).

Imperial College
Serving sandwiches and hot beverages on Sunday evenings (8–9.30pm) at Lincoln's Inn Fields.

Jesus Army
National Portrait Gallery, near Trafalgar Square
Second full week of the month, Mon–Wed: 9pm

Kings Cross Baptist Church
Vernon Square, W1
020 7837 7182
Mon: 11am–2pm; Tue: 1.15am–1pm, *Open for breakfasts*

Lighthouse Chapel International
King George's Hostel, 75 Great Peter Street, Fri: 8.30pm

Lincoln's Inn Fields
Mon-Fri: 7.15pm; Many vans with food and occasionally clothing. Sat–Sun: 6.15pm onwards
The Lion's Club of Fairolop
Charing Cross, Strand
Second & fourth Sun: 6pm
Hot Indian food

Liss Homeless Run
Strand, Palace Hotel
Last Tue of the month: 8pm
Also have clothes and toiletries

Daily: 10.30-11.30am; Thu: 12noon (lunch)

Camden Road Baptist Church
Hilldrop Road, Holloway, N7 0JE
020 7607 7355
Thu: 10.30am–12noon
The Carpenters
TMO Community Hall, 17 Doran Walk, Stroud, E15 2JL
020 8221 3860
Every Tuesday; 10am–12pm

Ealing Soup Kitchen
St Johns Church Hall, Mattock Lane
Friday: 11am-4pm; Sat and Sun: 3.30-5pm
They also give practical help/housing advice
Emmanuel Church
Forest Gate, E7 8BD (corner of Romford Rd & Upton Lane)
Thurs: 7.30am (cooked breakfast)

Faith House (Salvation Army)
11 Argyle Street, King's Cross (near Burger King), WC1H 8EJ
020 7837 5149
Mon: 6–8pm (men's group); Tues: 5–6pm (women's drop-in); Weds: 1–3pm (women's drop-in); 7.30–9pm (open drop-in); Fri: 11am–1pm (women's brunch & discussion group) FF, CL

Farm Street Church
Thurs: 8–10.30pm
Three routes: *Oxford Street route* – Davies Street; Bourdon Street; South Moulton Street; Oxford Street; top end of Regent Street to Hanover Street; Hamover Square; New Bond Street
Berkeley Square route – Berkeley Square; Berkeley Street; Green Park tube; Piccadilly
Hyde Park Corner route – Mount Shepherds Market; Curzon Street

First Steps
King George's Hostel, 75 Great Peter Street
Thurs: 8.30-10pm
Hot meals, soup, fruit and cake

Food Not Bombs
The Narroway, Hackney Central
Every second Sat: 5–6pm

A choir for homeless and ex-homeless, with or without singing experience.
www.choirwithnoname.org

Crisis Skilight
66 Commercial St, E1
020 7426 5650
Mon-Fri: 2pm–8pm; Sat & Sun: 11am–5pm
AC, ET, IT, MC, PA
Workshop programme from www.crisis.org.uk

Smart
Art workshops and lectures at various venues
020 7209 0029
Email: smartnetwork@lioneone.net
Streetwise Opera
020 7495 3133
MC, PA
www.streetwiseopera.org

Agape
Waterloo Bridge, North Side
Wed: 8pm
Sandwiches, teas and coffees
All Saints Church
Carnegie St, N1 020 7837 0720
Tues & Thu: 10am–12noon
Cooked breakfast

American Church
(Entrance in Whitefield St)
79a Tottenham Court Rd, W1T 020 7580 2791
Mon–Sat (except Wed): 10am–12noon
AC, CL, FF

ASLAN
Hot food and sandwiches for early risers. Sat 5.30am–8.30am – Covent Garden, Milford Lane, Surrey Street, Strand and Waterloo.
Bloomsbury Baptist Church
235 Shaftesbury Ave, WC2 8EP
020 7240 0544
Sunday: Roast lunch 1pm
10.30am for ticket (very limited)

The Cabin
St Gabriel's Community Centre
21 Hatchard's Road, N19 4NG
020 7272 8195

centre, Princes Street, W1: 2.30
 -4.30pm; St Mungo's Margery
 Street hostel, WC1: 9am onwards
Thursday – Crisis Skylight, E1:
 appointments 11am – 2pm;
 Whitechapel Mission day centre,
 E15: all day; Cricklewold Home-
 less Concern day centre, NW2:
 10am onwards; Albany Road
 SE1: 9am onwards; Albany Road
 SE1: 9am onwards; St Martin's
 day centre, SE8: 9am onwards;
 Ace of Clubs day centre, SW4:
 9.30am – 3pm; Stockwell Proba-
 tion Service, SW9: 2 – 4pm; Great
 Chapel Street medical service, W1:
 10am onwards; Broadway day
 centre, W12: 10.30am onwards;
 St Martin's (CSTM), WC2: 9.30am
 - 12.30pm & 4.30 – 7pm
Friday – YMCA, hostel in
 Croydon (Cornerstone), CR9: 9.30
 - 1pm; YMCA, hostel in Croydon
 (Lansdowne), CR9: 2 – 4pm; The
 Manna at St Stephen's drop in, N1:
 10.30am onwards; Cricklewold
 Homeless Concern day centre,
 NW2: 10am onwards; YMCA,
 hostel in Romford, RM2: 11am
 onwards; The Passage, SW1: 10am
 onwards; Ace of Clubs day centre,
 SW4: 9.30am – 3pm; St Mungo's
 Cedars Road hostel, SW4: 9am
 onwards; Thames Reach day centre,
 SW9: 2 – 4.30pm; St Martin's
 (CSTM), WC2: 9.30am – 1pm
 (Workspace); St Mungo's Endell
 Street hostel, WC2: 9am onwards
Prison Advisers – HMP
 Brixton, SW2: (Thu & Fri) 8am
 - 4pm; HMP Wandsworth,
 SW18: (Mon – Fri) 8am – 5pm
 See **Telephone Serv-**
ices for helpline
MEDICAL SERVICES

0207 267 2100
 For those sleeping out or in
 hostels within the borough
 Mon, Tue & Fri: 9.30am - 12
 noon; Wed: 2 - 4.30pm
 BA, BS, CL, D, FC, H, MS, NE, SH
**Great Chapel Street Medical
 Centre**
 13 Great Chapel St, W1
 020 7437 9360
 Mon, Tues & Thurs: 1am –
 12.30pm; Mon-Fri: 2pm-4pm
 For those sleeping out or in
 hostels within the borough
 A, BA, C, D, DT, FC, H, MH, MS, SH
Dr Hickey's – Cardinal Hume
 Arneway St, SW1
 020 7222 8593
 Mon, Tues, Thurs & Fri:
 10am – 12.30pm & 2pm-4pm
 Wed: 10am – 12.30pm
 A, BA, C, D, DT, H, MH, MS, SH
Health E1, 9-11 Brick Lane, E1
 020 7247 0090
 Mon-Thurs: 9.15am-11.30am;
 Friday: 10.30am-12.30pm;
 Mon, Wed & Fri afternoons
 - appointments only
 For those sleeping out or in
 hostels within the borough
**Islington Primary Care Service
 (IPCS)**
 SIS North, 99 Seven
 Sisters Road, N7 7QP
 020 7561 5410
 Mon - Wed, Fri: 10am
 - 1pm; Thu: 2 - 5pm
 For those who are home-
 less or have drug and alcohol
 problems within Islington
 FC, MH, MS, SH
**King's Cross Primary Care Centre
 (Camden Health Improvement
 Practice)**
 264 Pentonville Rd, N1
 020 3317 2645
 Tue & Fri: 2 - 4.30pm
 For those sleeping out or in
 hostels within the borough
 BA, BS, CL, DT, FC, H, MH, MS, NE, SH
Project London
 Pott St, Bethnal Green, E2 0EF
 Mon, Wed & Fri 1pm-5pm
 07974 616 852 & 020 8123 6614
 Operating at 999 Club, Deptford,
 Every Mon, 7pm, at various venues

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Veterans Aid

40 Buckingham Palace Rd, Victoria
020 7282 2468
A, AS, BA, D, CL, SS

Veterans UK

0800 169 2277

Free help and advice for vet-

erans and access to dedicated

one-to-one welfare service.

www.veterans-uk.info

JOB CENTRE PLUS

To get benefit advice use local

Job Centres or visit a day centre

that hosts JCP outreach staff.

Monday – Salvation Army, The

Well, Croydon: 1am – 3pm; Salva-

tion Army, Booth House hostel, E1:

10am onwards; YMCA, hostel in

Walthamstow, E17: 7.1am onwards;

Shelter From The Storm, N1: 6.30

– 8pm (telephone service); HAGA,

N15: 12.30pm onwards (every

second week); B, HUG, NW10: 11am

onwards (every second week); St

Mungo's, Rushworth Street rolling

shelter, SE1: 9am onwards; The

Passage, SW1: 9am onwards (10am

onwards in their Job Club); Tulise Hill

Bail Hostel, SW2: 2 – 5pm; Leigham

Court Road Bail Hostel, SW16:

9am – 12.30pm; West London Day

Centre, W1: 9.30am – 2pm; St Mar-

tin's (CSTM), WC2: 9.30am – 1pm

Tuesday – Look Ahead hostel,

E1: 1pm onwards; Anchor House

hostel, E16: 9.30am – 12.30pm;

Turnaround Resources, E1: 12.30pm

onwards; St Mungo's hostel, Spring

Gardens, SE13: 9.30 – 3.30pm;

Cardinal Hume Centre, SW1: 9am

onwards; The Passage Job Club,

SW1: 10am onwards; Stockwell

Probation Service, SW9: all day;

The Spire's day centre, SW16: 9am

– 2pm; St Mungo's rolling shelter,

Endleigh Gardens, WC1: 9am

onwards; St Martin's (CSTM), WC2:

9.30am – 12.30pm & 4.30 – 7pm

Wednesday – Providence Row,

Dellow Centre hostel, E1: 9.30am

– 1pm; Ilford Foyer hostel, IG1:

1 – 4pm; HAB day centre, N12:

1pm onwards (fourth Wed of the

month); Cricklewood Homeless

Concern, NW2: 10.30am – 3.30pm;

St Giles day centre, SE5: 10am

– 3pm; The Passage, SW1: 9am

– 1.30pm (10am onwards in their

Job Club); Salvation Army day

EMPLOYMENT AND TRAINING**Dress for Success (Women)**

Unit 2, Shepperton House

89–93 Shepperton Road, N13DF

020 7288 1770

www.dressforsuccess.org/London

Smart clothing for job interviews

New Hanbury Project (SCT)

3 Calvert Avenue, E27JP

020 7613 5636

Mon–Thur: 9.30am–4.15pm

Courses in: personal develop-

ment, life skills, woodwork, DIY,

art, IT, guitar, Spanish, cooking

C, ET, MC

Turnaround Resource E1

Montefiore Centre, Hanbury

Street, London, E15HZ

020 7247 9005

www.turnaround1.org.uk

CA, ET, IT

ENTERTAINMENT & SOCIAL**EVENTS****ASLAN**

All Souls Church – Clubhouse

Cleveland St

020 7580 3522

Sat eve: by invitation

Open Film Club

www.opencinema.net

FF, LA

EX-FORCES

AWOL? Call the 'reclaim your life'

scheme from SSFA

01380 738137 (9am–10am)

Home Base

158 Du Cane Road,

London, W12 0TX

020 8749 4885

www.cht.org.uk

Monday–Friday: 9.30am–5.30pm

Accommodation for 21 ex-service

men and women aged 18–55

who are homeless or potentially

homeless. Require proof of military

service. Phone, call in or write, C

Royal British Legion

08457 725 725

Ring the Legionline to see how they

can help ex-servicemen and women

020 7263 4740

Mon–Thu: 12noon–4pm

A wet day-centre for alcohol users

from Islington and Hackney

184 Camden

184 Royal College Road, NW1 9NN

020 7485 2722

Mon: 10am–3pm; Tue & Thur: 10am–

8.30pm; Wed & Fri: 10am–5.30pm

AS, BA, C, D, ET, MS, NE

EASTERN EUROPEANS &**MIGRANTS****Ania's Recruitment Agency**

31 Fallsbrook Rd, SW16 6DU

020 8769 0509

East European Advice Centre

Palingwick House, 241

King Street, W6 9LP

020 8741 1288

Open weekdays 10am–12pm & 2–

3pm, for appointments; closed Wed

Ring for appointment

Eastern European Drug and**Alcohol Support**

Emmanuel's Church,

Forest Gate, E7 8BD

020 8257 3688

Support for drug and alcohol

treatment, advice, contact with

other agencies; Thur: 5–7pm

Part of DASL in Drug &

Alcohol Services**Hackney Migrant Centre**

St Mary's Church, Spensley

Walk, Stoke Newington

Church Street, N16 9ES

info@hacknymigrantcentre.org.uk

Wed: 12.30–3.30pm

Free advice and support for

refugees and migrants

AD, BA, FF, H

UR4JOBS

Upper Room, St Saviour Church,

Cobbold Road, W12 9LN

020 8740 5688

07967 312207 (English)

07772 56815 (Romanian)

07772 475554 (Polish)

Mon–Fri: 5.30–6.45pm (hot

support); Mon & Tue: 12noon–5pm

(Migrants workers job club)

Help in finding work and education

www.ur4jobs.co.uk C, ET, FF

The Welcome Project

11 Green Lane, Essex, IG1 1XG
020 8220 4111
Tue & Thur: 12.30-3pm;
Wed & Fri: 10.30am-3pm
AS, BA, BS, CL, FF, H, L

West London Day Centre

134-136 Seymour Place, W1H
020 7569 5900
Mon-Fri: 8.45-10am (rough sleep-
er's drop-in); 10am-1.30am (drop-
in, hostel residents join); 1.45am-
1.45pm (advice, appointments
only); Mon & Thur: 1.30-3.30pm
(drop-in for those with tenancies)
AC, BA, BS, C, CL, F, FC, IT,
L, LS, MS, OL, SK, TS

Whitechapel Mission

212 Whitechapel Rd, E1
020 7247 8280
Daily: 6-11am (cooked break-
fast 8am-10am); Sat: 12noon-
3.30pm (women only)
AS, AD, B, BA, BS, BE, CL, C,
DA, D, F, H, IT, OL, SK, TS

The 999 Club

21 Deftord Broadway, SE8 4PA
020 8694 5797
Mon-Fri: 9.30am-5pm
AS, AD, A, B, BE, CL, C, DA, D, FF,
F, H, L, LA, MS, MH, OB, SH, TS
www.999club.org

DIRECT ACCESS (YEAR ROUND)

HOSTELS/ NIGHTSHELTERS
All - low-support needs
Branches
Stoneia, Langthorne Road, E11 2HJ
020 8521 7773
Livingstone House
105 Melville Rd, Brent NW10 8BU
020 8963 0545
Ring first. Local connection only

Redbridge Night Shelter

16 York Rd, IG1 3AD
020 8514 8958, Ring first
Turnaround (Newham)
Choral Hall
020 7511 8377
7.30pm-7.30am

Waltham Forest Churches

See Branches

Men

Missionaries of Charity
112-116 St Georges Rd,
Southwark, SE1
020 7401 8378
Ring first, 9am-11am except Thurs
Age 30+ (low support)

St. Mungo's (Ennersdale House)

1a Arlington Close, Lewi-
sham SE13 6JQ
020 8318 5521 (ring first)
Medium-support needs
Women
Church Army
1-5 Cosway St, West-
minster NW1 5NR
020 7262 3818
Ring first. Daily vacancies

Home of Peace

179 Bavington Rd, W9 3AR
020 8969 2631
Women only. Open access (dry)
St Mungo's
2-5 Birkenhead St, WC1H
020 7278 6466
Young people (16-21)
Centrepoint
25 Berwick St, West-
minster W1F 8RF
020 7287 9134/5
Ring first. Daily vacancies

MASH

8 Wilton Rd, Merton, SW19 2HB
020 8543 3677 - Ring first
DRUG / ALCOHOL SERVICES
Addiction (Harm Reduction
Team)
228 Cambridge Heath Rd, E2
020 8880 7780
Drop-in: Mon, Fri 10am-4pm;
Tues, Wed & Thurs 12noon-6pm;
Closed each day 1.30pm-2.15pm
D, OL, MS, NE, SH

Blackfriars Road CDAT Team

151 Blackfriars Rd, SE1 8EL
020 7620 1888/6500
Mon: 2pm-4pm (drop-in)
MH, MS, NE
Central and NW London
Substance Misuse Service
282 North End Rd, SW6 1NH

Blackfriars Road CDAT Team

151 Blackfriars Rd, SE1 8EL
020 7620 1888/6500
Mon: 2pm-4pm (drop-in)
MH, MS, NE

Central and NW London

Substance Misuse Service
282 North End Rd, SW6 1NH

East London Drug and Alcohol

Support Services
Capital House, 134-138 Romford
Road, Stratford, E15 4LD
020 8257 3068
Drug and Alcohol Service for
London (DASL) provides free and
confidential services to anyone who
has concerns about their own or
another person's drug or alcohol
use, working with people from
Newham, Tower Hamlets, Red-
bridge and Bexley and Greenwich.
A special Eastern European section
is listed in Eastern European section

The Hungerford Drug Project

32a Wardour St, W1D 6QR
020 7437 3523
Mon-Fri: 12noon-5pm, except Wed
2-5pm (drop-in); Sat & Sun: 1-5pm;
Antidote (lesbian, gay, bisexual and
transgender drug/alcohol service)
drop-in Thursday: 6-8.30pm
C, D, FF, IT, LA, MH
Needle Exchange Van
White van under Centpoint
Tower, Tottenham Court Road
Mon-Fri: 4-7pm

Wandsworth Drug Project

86 Garratt Lane, SW18 4DB
020 8875 4400
Mon-Fri: 1-5pm; Sat: 1-4pm
AS, A, AD, AC, CA, C, D, H, NE, OB, SH
Westminster Drug Project (WDP)
470-474 Harrow road, W9 3RU
020 7266 6200
Mon-Fri: 10am - 12.30pm
(appointments and needle-
exchange); 1-5pm (open access)
AD, C, D, H, NE, OB, SH

The Whitaker Centre

91-93 Tollington Way, N7 6RE

Central and NW London

Substance Misuse Service
282 North End Rd, SW6 1NH

Central and NW London

Substance Misuse Service
282 North End Rd, SW6 1NH

Central and NW London

Substance Misuse Service
282 North End Rd, SW6 1NH

Manna Day Centre
6 Mellor St, SE1
020 7403 1931
Every day: 8.30am–1.30pm
AS, BA, BS, BE, CL, DT, FF,
FC, H, MH, MS, OL, TS
New Cross 999 Club
All Saints, Monson Rd, SE14
020 7732 0209
Mon–Fri: 10am–5pm
AD, ET, FF, L, LA
New Horizon Youth Centre (16–21 year olds)
68 Chilton Street, NW1 1JR
020 7388 5560
Daily: 10.30am–4pm
AS, AC, CA, C, ET, LA, MS, MC, OB
No 10 – Drop in Centre (Salvation Army)
10 Princes Street, W1B 2LH
020 7629 4061
Tue, Wed, Fri: 2.30–4pm
(advice & enquiries);
Mon: 3–5.30pm (advice & enquiries;
ies, film group); Tue: 2.30–4pm
(reading group); Wed: 5.30–8pm
(drop-in - soup & sandwiches); Fri:
12.30am–2pm (table tennis club)
BA, CL, H, LA
North London Action for the Homeless (NLAH)
St Paul's Church Hall, Stoke
Newington Rd, N16 7UE
(Entrance on Evering Road)
020 8802 1600
Mon: 12noon–1.30pm;
and Wed: 7.830pm
BA, BS, CL, FF
The Passage (25+)
St Vincent's Centre, SW1P
Carlisle Place, SW1P
020 7592 1850
Mon–Fri: 8am–12pm (for rough
sleepers); 12–2pm (Lunch);
2–6pm (appointments); 4.30–6pm
(verified rough sleepers – by invita-
tion); Sat–Sun: 9am–12noon.
A, BA, CA, CL, DT, ET, FF, FC,
H, IT, L, MH, MS, TS
Providence Row
82 Wentworth St, Aldgate, E1 7SA
020 7375 0020
Mon–Fri: 9.30am–12noon (8.30am–
for verified rough sleepers) & 1.30–

3.30pm (appointments & activities)
A, AC, BA, BS, C, D, ET, FF, H, IT,
L, LA, LS, MH, NE, OL, SK, SH
Please call for opening
times: 020 8740 9182
AC, BS, CA, ET, FC, IT, L, MS
St Cuthbert's Centre
The Philbeach Hall
51 Philbeach Gdns, Earls Court
020 7835 1389
Mon–Fri: 11.45am–3.45pm
AC, BS, C, CL, F, H, IT, L, OL
BS, CL, FF, L
The Tab Centre
20 Hackney Rd, Shoreditch, E2
020 7739 3076
Friday: 9am–12noon, F
Triumphant Church International
136 West Green Rd
South Tottenham, N15 5AD
020 8800 6001
Sun: 10–11am (open drop-in)
AD, C, FF
Union Chapel (Margins)
Compton Terrace, Upper Street, N1
020 7359 4019
Sun: 3pm–5pm
BS, CL, FF, HA, L, LA, LF
Upper Holloway Baptist Church
11 Tollington Way, N7
020 7272 2104
Mon: 10am–1pm CL, FF, LF
Upper Room, St Saviour's
Cobbold Rd, W12
020 8740 5688
Mon: 1–6pm (UR4Jobs); Tue–Thur:
5.30–6.45pm; Fri: 1–6pm (UR4Jobs);
Sat–Sun: 12.30–1.30pm
A, AC, BA, C, CA, CL, D,
ET, IT, FF, H, OL
Webber Street (formerly Waterloo Christian Centre)
6–8 Webber St, SE1 8QA
020 7928 1677
Mon–Sat: 9am–12noon
AS, B, BA, BS, BE, CL, FF,
LA, MH, MS, OL
St Christopher's Centre
Lime Grove Resource Centre,
47 Lime Grove, W12

Simon Community
129 Malden Rd, Kentish
Town, NW5 4HS
020 7485 6639
Mon, Wed & Fri: 11am–3.30pm
B, BS, CL, FF, H, IT, L, OB
Southwark Salvation Army
1 Princess Street, SE1 6HH
020 7928 7136
Wed 1–3pm (drop-in with
lunch); Thurs 10am–3pm; Fri
1–2.30pm (lunch and bible study)
AC
Spectrum Centre
6 Greenland St, Camden
Town, NW1
020 7267 4937
Mon–Fri: 9.30am–3pm
A, BS, C, CL, D, FC, H, L,
LS, MH, MS, TS
Spices Centre
8 Tooting Bec Gardens, SW16 1RB
020 8696 0943
Mon: 8am–12noon (women
only); Tues: 9–10.30am (rough
sleepers only); 10.30am–2pm
(drop-in); Wed: 10am–12noon
(rough sleepers only); Thu:
9am–1pm (rough sleepers only); Fri:
9–10.30am (rough sleepers only);
10.30am–1.30pm (women only)
Mon–Fri adult learning courses
- contact Spices for more info.
FC, FF, H, LA, LF, MC, MH, MS
A, AD, AS, BA, BS, CL, C, D, ET,
FC, FF, H, LA, LF, MC, MH, MS
St Christopher's Centre
Lime Grove Resource Centre,
47 Lime Grove, W12

Webber Street (formerly Waterloo Christian Centre)
6–8 Webber St, SE1 8QA
020 7928 1677
Mon–Sat: 9am–12noon
AS, B, BA, BS, BE, CL, FF,
LA, MH, MS, OL
Upper Room, St Saviour's
Cobbold Rd, W12
020 8740 5688
Mon: 1–6pm (UR4Jobs); Tue–Thur:
5.30–6.45pm; Fri: 1–6pm (UR4Jobs);
Sat–Sun: 12.30–1.30pm
A, AC, BA, C, CA, CL, D,
ET, IT, FF, H, OL
Webber Street (formerly Waterloo Christian Centre)
6–8 Webber St, SE1 8QA
020 7928 1677
Mon–Sat: 9am–12noon
AS, B, BA, BS, BE, CL, FF,
LA, MH, MS, OL
St Christopher's Centre
Lime Grove Resource Centre,
47 Lime Grove, W12

ScottsCare & Borderline (for Scots

in London)

22 City Road, EC1Y 2AJ

Call the helpline on 0800 6522 989

BA, CA, H, B, P, TS

Borderline (for Scots):

Mon - Fri: 09.30am - 12.30pm

(appointments); Mon, Tue,

Thurs, Fri: 2-4pm (walk in)

0800 174 047 (freephone)

dutyworker@scotscare.com

A, BA, C, CL, D, H, MH,

St Giles Trust

64 Camberwell Church St, SE5 8JB

020 7700 7000

Mon-Fri: 9.30am-12.30pm

A, BA, BS, D, ET, H, L, MH, MS, TS

Stonewall Housing

2a Leroy House, 436

Essex Road, N1 3QP

Free confidential housing advice

for LGBT people of all ages.

Three weekly sessions running:

Mon: 2 - 3.30pm; Contemporary

Urban Centre, Great Chapel

Street, W1D 3SY; Thu: 2 - 3.30pm;

(under 25s) Lighthouse South,

14 - 15 Lower Marsh, SE1 7RJ

020 7359 5767 (advice line)

www.stonewallhousing.org

DAY CENTRES AND DROP-INS

Age of Clubs (+6)

St Alphonsus Rd, Clapham, SW4 7AS

020 7720 2811/0178

Mon-Fri: 12noon-3pm

A, A, B, BS, BE, CL, DT, F, H,

L, LA, MS, MH, OB, TS

www.aceofclubsclapham.org

Action Homeless Concern

Emmus House

1 Berrymed Gardens, Acton

020 8992 5768

Call for opening times

A, B, BA, CL, D, DT, ET, F, FC

Broadway Day Centre

Market Lane, Shepherds Bush, W12

020 8735 5810

Mon, Wed, Thu, Fri: 10

- 1am (drop-in); 2 - 4pm

(groups & appointments)

AD, A, BA, BS, CL, DA, D, ET, F, FC,

H, IT, L, LA, MS, MH, ML, SK, SH, TS

Bromley 999 Club

424 Downham Way,

Downham, BR1 5HR

020 8698 9403

Mon-Fri: 10am - 5pm, AD, L, FF

Chelsea Methodist Church

155a Kings Road, SW3 5TX

020 7352 9305

Mon, Tues & Thu: 9am-3.45pm

F, L

Church Army (women only)

1-5 Cosway St, NW1

020 7262 3818

Mon-Thurs: 9.30am-12pm

(advice); 12pm-3.30pm (drop-in);

12 noon-1pm (sandwiches).

AC, BA, BS, CA, CL, C, ET,

FF, H, IT, L, LA, LF, MC

The Connection at St Martin's

12 Adelaide St, WC2

020 7766 5544

Mon - Fri: 9am - 12.30pm (12pm

Wed). Various afternoon ses-

sions from 1pm (except Wed).

Weekends: (limited to rough

sleepers; by invitation).

A, AC, BA, BS, CA, CL, D, ET, F, FC,

H, IT, MC, MH, MS, OB, SK, SS

Croydon Resource Centre

70a Wellesley Rd, Croydon, CR0 2AR

020 8886 1222

Mon-Fri: 10am-3pm

AS, BA, CA, CL, ET, F, IT, LA

Cricklewood Homeless Concern

60 Ashford ROAD, NW2 6TU

020 8208 8590

info@chc-mail.org

Homeless drop-in: 28a Fortnegate

Rd, Crover Park, NW10 9RE

Tues & Fri: 10am-2.30pm;

Weds & Thurs: 12.30-2.30pm

Mental health drop-in: in flat

above St Gabriel's Hall

77 Chichele Rd, Crickle-

wood, NW2 3AQ

Tues-Fri: 10am-12 noon.

AC, BA, BS, H, IT, L, MS, OL

Deptford Churches Centre

Speedwell St, Deptford

020 8692 6548

Mon, Tues, Thu & Fri: 9am - 3.30 pm

LA, LF, MC, MH, MS, OL, SS, TS

CA, CL, D, DA, DT, ET, FF, H, L,

A, AC, AD, AS, B, BA, BE, BS, C,

AD, A, BA, BS, CL, DA, D, ET, F, FC,

H, IT, L, LA, MS, MH, ML, SK, SH, TS

Divine Rescue

Thurlow Lodge, 1 Thurlow Street,

SE17 2US, 020 3489 1765

Mon: 10am-6.30 pm;

Tue-Fri: 10am-5pm

AD, AS, AC, BA, C, CL, FF, H, MC, OB

Earls Court Community Project

Ongoing renovation until

2012, but still open at:

St Barnabas Church, 23

Addison Road, W14 8LH

020 7471 7030

Tue & Wed: 2 - 4pm

CL, FF

Hackney 180 First Contact &

Advice (Thames Reach)

Hackney Methodist Church

219 Mare St, E5

0208 985 6707

Mon-Thurs: 8am-9.30am

(breakfast club)

Hanbury Community Project (SCT)

Details of their changes have been

confirmed, and they're now called

the New Hanbury Project, and listed

under **Employment & Training**

The Haven Club

At the Holy Cross Centre

(See below).

Mon: 6pm-10pm

For self-treating drug & alcohol

users: no using on day or no entry

Holy Cross Centre

The Crypt, Holy Cross Church

Cromer St, WC1

020 7278 8687

Mon: 2pm-5pm; Tues: 6-9pm;

(ticket required) Thurs: 5-8pm

(Italian speakers session); Fri:

12 noon-3pm (refugees and

asylum seekers session).

AC, FF, H, IT, LA, LF, MH

Homeless Action in Barnet (HAB)

36B Woodhouse Road, N12 0RG

020 8446 8400

Mon - Fri: 12noon - 3pm (drop in);

Mon, Tues & Thurs: 9am - 12noon

(rough sleepers only); Wed: 9am

- 12noon (women's group)

AD, BA, BS, CL, F, H, L, TS

London Jesus Centre

83 Margaret St, W1W 8TB

0845 8333005

Mon - Fri: 10am - 12.30pm

BS, CL, F, IT, L, SK

the list

The directory of London's homeless services

Updated 28 February 2012

Key to the list: Accom. assistance – A5 Advocacy – AD Alcohol workers – A Art classes – AC Barber – B Benefits advice – BA Bathroom/showers – B5 Bedding available – BE Careers advice – CA Clothing – CL Counselling – C	Debt advice – DA Dentist – DT Drugs workers – D Education/training – ET Free food – FF Food – F Foot care – FC Housing/accom advice – H Internet access – IT Laundry – L Leisure activities – LA Leisure facilities – LF
Luggage storage – L5 Medical services – M5 Mental health – MH Music classes – MC Needle exchange – NE Outreach worker links – OL Outreach workers – OB Safe keeping – SK Sexual health advice – SH SSAFA – SS Tenancy support – TS	

Email changes and suggestions to:
thelist@thepavement.org.uk
Or write to our address on page 3
Updated entries: 6
Services added: 1

ADVICE SERVICES

Advisory Service for Squatters
Angel Alley, 84b Whitechapel High Street, E1 7QX
0203 216 0099 (cheaper to call 0845 644 5814 from land lines outside London)
www.squatter.org.uk

Alone in London (16–25 years)
Unit 6, 48 Provost Street, London, N1 7SU
020 7278 4224
Mon–Fri: 9am–1am (first contact); 2–4pm (advice and appointments); For those aged 16 – 25 years.

Bridge Resource Centre
Bridge Close, Kingsdown Close, W10 6TW
0208 960 6798
CA, ET, IT
The Caravan Drop-In
St James's Church, 197 Piccadilly, W1
Open daily: Sat – Mon; 10am – 7pm; Tues – Fri: 11am – 7pm
A friendly ear to listen, with some access to counselling

Depaul UK (young people)
291–299 Borough High Street, SE1 1JG
020 7939 1220 (central office)
www.depauluk.org

HOPE worldwide / Two Step
360 City Road, EC1V 2PY
020 7713 7655
Mon–Fri 10am–4pm (appointments only)
A5, H, TS
KCAH
36a Fife Rd, KT1 1SU
020 8255 2439
BA, FF, H
London Irish Centre
50–52 Camden Sq, NW1 9XB
020 7916 2222
Ring for service times
A, BA, C, CL, D, E, H, MC
Notre Dame Refugee Centre
5 Leicester Pl, WCH 7BX
020 7434 1619
Mon and Thurs: 11am–4pm
(drop-in) Service for French-speaking refugees and asylum seekers
BA, C, CA, FF, H