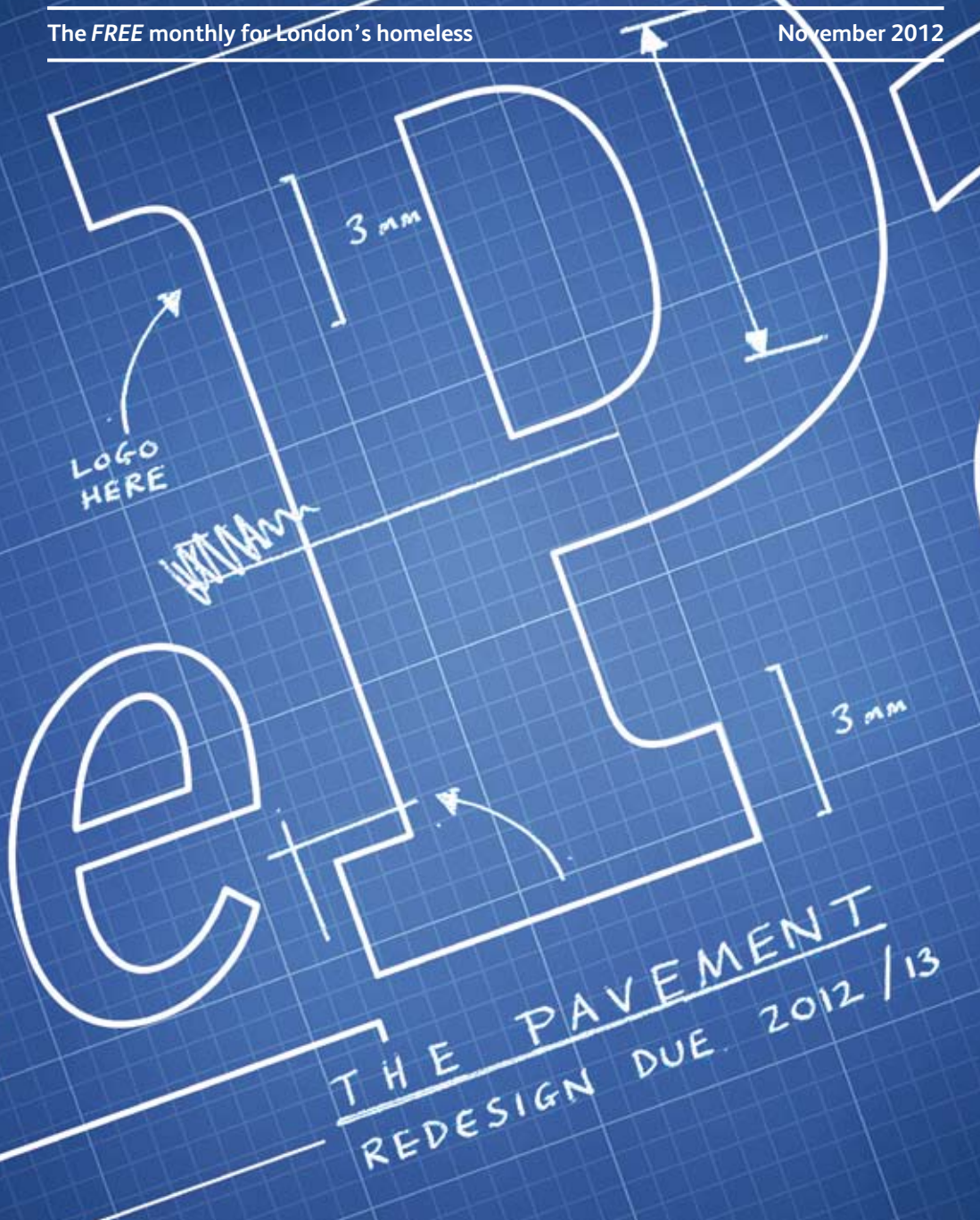
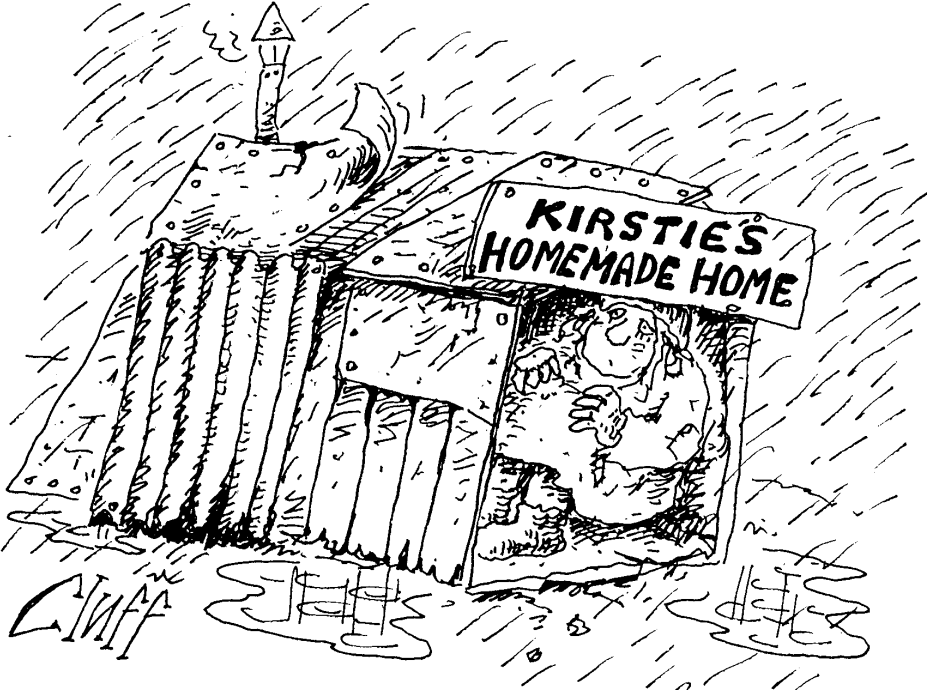


the Pavement

The FREE monthly for London's homeless

November 2012





*the*Pavement The Editor

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Sticking to the plan, but just taking long than expected

We're back. Yes, it is the old format, and no, that doesn't mean the redesign is cancelled. The redesign is underway, and hopefully will be ready in a couple of months, but we wanted to get an issue out before winter hits.

In this issue we have the new list of winter shelters – on pages 4 and 5, as they're too big for *The List*.

Richard Burdett

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The Pavement is written for your entertainment and information. Whilst every effort is made to ensure the accuracy of the publication, The Pavement cannot be held responsible for the use of the information it publishes. The contents should not be relied upon as a substitute for medical, legal or professional advice. The Pavement is a forum for discussion, and opinions expressed in the paper are not necessarily those of The Pavement.

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Winter Shelters

With the opening of the seasonal shelters, we list them here. Next month they'll be in The List

999 Club (Lambeth & Lewisham)

Running a winter service from Dec 12 until end of Feb 13, but very likely to be full with guests already known to them.
0208 694 5797

Barnet Churches Winter Shelter

Various Churches and Synagogues
01 Oct 12 - 30 Apr 13:
7.30pm - 8.30am
Doors close 10pm (two shelters open in Jan and Feb).
Age 18+ mixed; Beds for 15; Dry
Contact Homeless Action in Barnet,
36b Woodhouse Road, N12 0RG
020 8446 8400
Referral through HAB
- no self referral.

Brent – Route 18 Winter Shelter

Various Churches & Mosques
contact CHC Community Centre,
60 Ashford Road, NW2 6TU
020 8208 8590 (Mon - Thu: 9.30am - 4pm; Fri: 10.30am - 4pm)
Dec 12 - Mar 13 (except closed 23 - 30 Dec 10): 7.30pm - 7.30am
Agency or self-referral; Arrive before 8.30pm; Age 18+; mixed; Beds for 30; Dry; no smoking;
Low support needs only; Priority to verified rough sleepers
www.route18.org.uk

Bromley – 5000 Project

Various Churches
contact Bromley United Reform Church, 20 Widmore Road, BR1 1RY
020 8466 0257 (10am - 3pm) or **07879 008523**
Dec 12 - Feb 13: 7pm - 8am (last booking in 6pm)
Agency or self-referral; Age 18+; mixed; Beds for 12;
Dry; no smoking inside
www.bromleyurc.org.uk/5000-project

C4WS Homeless Project (Camden)

Various Churches
020 7278 6267
01 Nov 12 - 31 Mar 13 (except closed 23 Dec - 30 Dec 10): 7.30pm - 8.30am. Entry 7.30-8pm, Age

18+ mixed; Beds for 15 (separate area for women); Dry; Camden agency referral; phone ahead
www.c4wshomelessproject.org

Caris Islington Churches Cold Weather Shelters

Various Churches
07913 020738
01 Jan - 31 Mar 12: 7.30pm - 8.30am. Arrive before 8.30pm
Age 18+ mixed; Beds for 15 (separate area for women); Agency or self-referral; phone ahead
www.carisislington.org

Crisis Christmas

Ten venues across London. Other rough sleeper, quiet, dependency and women residential centres.
23 - 30 Dec: 9.30am-9pm (opens 12noon on 23 and closes after breakfast 30 Dec)
Age 18+ mixed (except womens centre), Dry
www.crisis.org.uk

Croydon Churches Floating Shelter

Various Churches
0843 2897841
Mobile switched off if no vacancies
01 Nov 12 - 31 Mar 13 (except closed 23 - 30 Dec 10): 7.30pm-8am
Last admission 8pm
Age 18+ mixed; Beds for 14
Local referral only, dry
croydonfloatingshelter.org

Ealing Churches Winter Night Shelter

Various Churches
Running a service from Dec 12 - Mar 13, but only accepting referrals from four local agencies. Venues detailed on website:
www.ecwns.org.uk

Firm Foundation Winter Night Shelter (Harrow)

07979 836403 (Tue - Sun: 9am - 5pm)
04 Jan - 28 Mar 12: 7pm - 7.30am

Age 18+; Men only; Beds for 10; Agency referral only; Dry; No smoking inside; No pets; Maximum stay four weeks
www.firmfoundation.org.uk

GrowTH - Tower Hamlets

Various Churches
1 Nov 12 - 1 Jun 13 (except closed 23 - 30 Dec 12)
Referral only from Tower Hamlet based agencies - no self-referral
www.thisisgrowth.org

Hackney Winter Night Shelter

Various Churches
Booking essential: **07702 799543**
01 Nov - 23 Dec (15 beds) and 30 Dec 12 - 28 Mar 13 (25 beds)
8pm - 8am (7pm on Sundays)
Last admission 8.30pm
Age 18+ mixed; Screened area for women.
Agency or self-referral: dry
www.hwns.org.uk

Haringey Churches Winter Shelter

Various Churches
07949 361721 (10.30am - 5pm; no referral on this number)
Dec 12 - Mar 13: 8pm - 8.15am
Only accept referrals from local organisations; Entry 8 - 8.30pm; Age 18+ mixed; Beds for 12; Agency referral; Dry; No smoking inside
www.allpeopleallplaces.org

Hillingdon Winter Night Shelter

Various venues
01895 556700 (9am - 5pm)
Jan - Feb 13: 6pm-8am
Age 18+; Men only; Beds for 5; Local connection only; Agency or self-referral; dry

Kingston Churches Winter Night Shelter

Various Churches
contact Kingston Churches Action on Homelessness (KCAH), 36a Fife Road, Kingston Upon Thames, KT1 1SU
020 8255 7400
01 Dec 12 - 28 Feb 13:

8.15pm - 8am
Age 18+ mixed; Beds for 12
(separate area for women at
some venues); Agency or self-
referral; Phone or go to KCAH
Mon - Fri: 10am - 1pm
[www.kcah.org.uk/winter-
night-shelters](http://www.kcah.org.uk/winter-night-shelters)

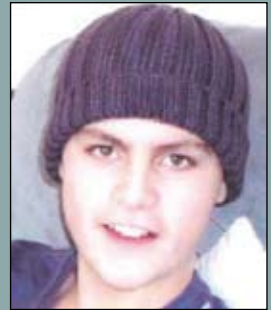
Quaker Christmas Shelter
Union Chapel, Compton
Avenue, N1 2XD
07833 123155 (referral line)
23-30 Dec (not 24 hours):
7am - 12noon (breakfast
for up to 80); opening
again at 3pm (supper for up to 75
at 6pm)
Closes at 10pm except for those
referred to one of the 26 beds
(self-referrals are possible); Dry

**Robes Project (Southwark &
Lambeth)**
Various Venues
04 Nov 12 - 29 Mar 13 (except
closed 24 - 30 Dec 12): Open
7pm - 8am (arrive before 8pm)
Age 18+ mixed; Beds for 15 Nov-Dec
Beds increasing for up to 25 Jan-Feb
By referral only from
several agencies
Further info 020 7407 5623
www.robcs.org.uk

**West London Churches Winter
Shelter**
Various Venues
0207 351 4948
05 Nov 12 - 24 Mar 13 (Kensing-
ton & Chelsea); Second circuit
running alongside from January
(Hammersmith and Fulham):
8pm-7am: last admission 8pm
18+ mixed; Beds for 35 (separate
area for women); self-refe-
ral; On a first come first served
basis, must phone first; dry

**Westminster Churches Winter
Shelter (WCWS)**
Various Venues
0207 569 5900
01 Dec 12 - 31 Mar 13: 7.30pm
- 7.30am: last admission 8pm
Referral only from WLDC, 134
- 136 Seymour Place, W1H 1NT
18+ mixed; Beds for 15 (sepa-
rate area for women); no
smoking; no pets; dry
wcwshelter@gmail.com

- We have confirmed most of
these details with the managers,
but in a few cases noone got in
touch. If you find any errors or
updates, please email [london@
thepavement.org.uk](mailto:london@thepavement.org.uk) or [thelist@
thepavement.org.uk](mailto:thelist@thepavement.org.uk)



Jack McKenzie

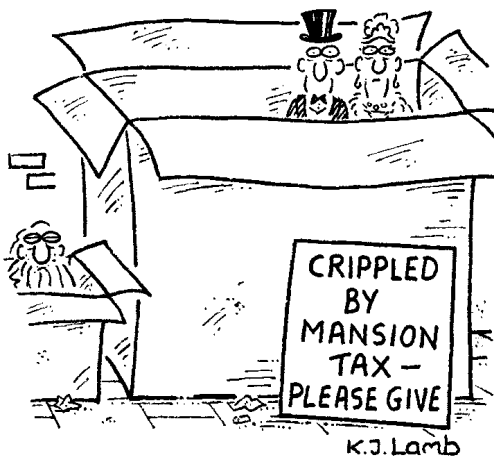
Age at disappearance: 19

Jack has been missing
from Croydon, South
London since 1 July
2012.

If you think you can
help the search please
call Missing People.

Jack is urged to call
our confidential service
Message Home on
**Freefone 0800 700
740** for advice and
support.

If you've seen Jack,
please call the 24-hour
confidential charity
Missing People on
Freefone **0500 700 700**
Email: [seensomeone@
missingpeople.org.uk](mailto:seensomeone@missingpeople.org.uk)



**missing
people**

Registered Charity No. 1020418

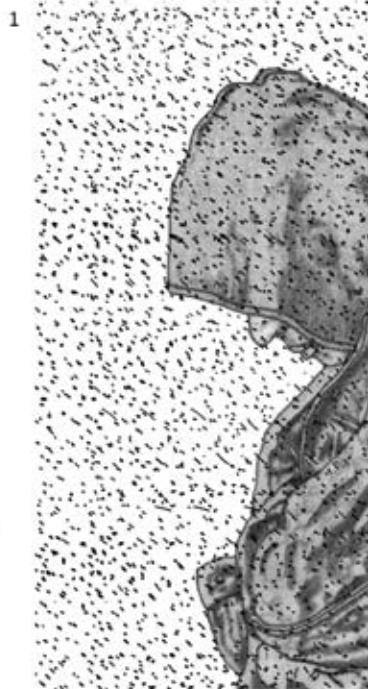
BIN DEATH

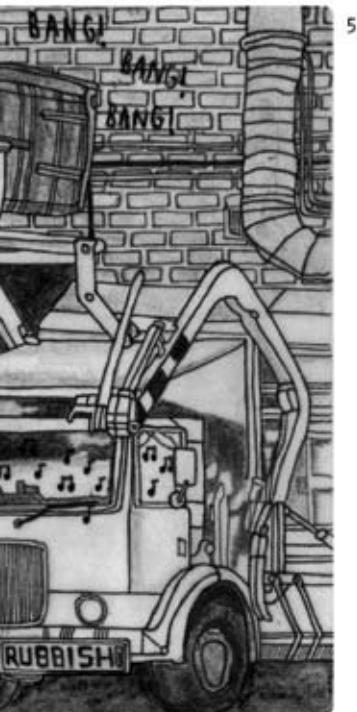
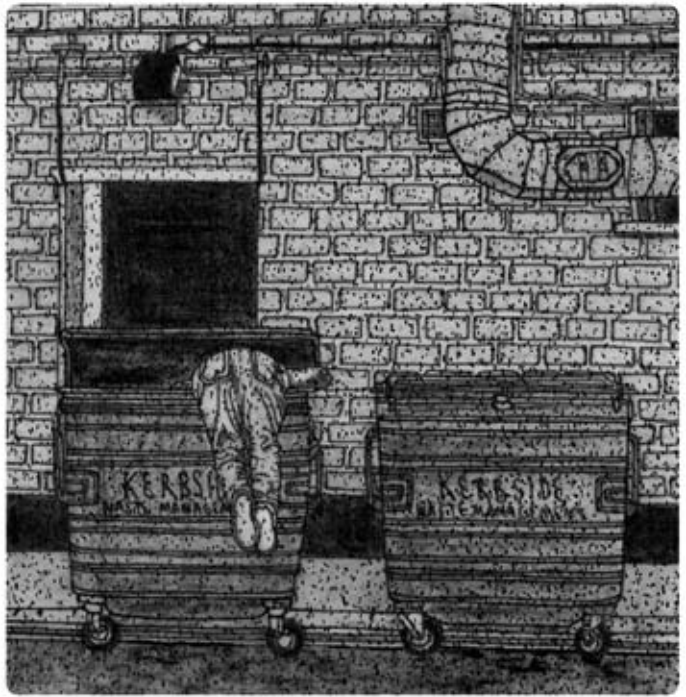
BIN DEATH IS A REAL PROBLEM FACING HOMELESS PEOPLE. EVERY YEAR, ACROSS THE COUNTRY, THERE ARE INJURIES AND EVEN DEATHS THAT RESULT FROM PEOPLE BEDDING DOWN IN BINS, SKIPS AND CLOTHING BANKS. BINS ARE OFTEN EMPTIED MECHANICALLY IN THE EARLY HOURS OF THE MORNING, THERE IS COMMONLY JUST ONE DRIVER WHO WOULD BE UNABLE TO HEAR OVER THE MACHINERY NOISE IF THERE WAS ANYONE INSIDE THE BIN.

STAY OUT AND STAY SAFE!

the**Pavement**

ILLUSTRATION BY
LO PARKIN





A round-up of the news

The homeless news from across the UK and the World

The rise

The 25 per cent rise in homelessness over the past three years has coincided with cuts in funding to services, according to data company SSentif.

Figures published by the Department for Communities and Local Government show that there are now more than 50,000 people classified as priority homeless – a quarter more than in 2009/10.

The east of England bore the brunt with the highest increase in homelessness in the period. The only area to show a decrease was the North East, with a 10 per cent reduction.

SSentif has collated figures from local authorities showing

this happened while funding to homeless services was reduced.

Across England spending on homelessness fell from £213.7m to £199.8m between 2009/10 and 2010/11.

In Birmingham, for example, homelessness increased in line with the national average while spend dropped from £7.8m to £5.5m (29 per cent).

SSentif managing director Judy Aldred said cuts to spending had played a major role in the increase in rough sleeping.

"While these [homelessness] figures are perhaps not surprising given the state of the economy, some of the results for specific councils are quite shocking," she said. "By analysing the data at council level

we were able to highlight areas that are showing much greater increases than the national average."

Aldred singled out Broxbourne Council in Hertfordshire as the worst offender, recording a rise in the number of people registered priority homeless 1 to 118, a vast increase. When contacted about the rise they were unable to comment.

Maidstone in Kent saw the second highest increase, from 7 to 189.

However it was cities like Birmingham and Sheffield who were dealing with cases of priority homeless in the thousands with 3,929 priority homeless in Birmingham and 1,383 in Sheffield.

Jo O'Reilly



What a waste

We don't keep our fresh, natural food overnight to sell the following day. We never have and we never will.

For years we've worked with registered charities helping the homeless by offering our unsold sandwiches to them at the end of each day.

Unfortunately, some still get chucked away.
(And that really upsets us.)

If you know of a charity in need of good food, please tell them to call Giovanna Pasini on 020 7932 5425.

★ PRET A MANGER ★

One dead and three injured in squat fire

A fire at a squat on London's Lower Clapton Road has claimed the life of Polish national Kzysztof Waleczek. The police and London Fire Brigade are working together to determine the cause of the blaze at the former rehab clinic.

Forty firefighters attended the blaze at 4am on Saturday 4 August. They used breathing apparatus to rescue a man and a woman from the first floor of the three-story building. The victims suffered smoked inhalation, but were released from hospital later that day.

Two men escaped before the emergency services arrived - one of them jumped 25 feet from a window, sustaining critical injuries. The other got out unharmed. All the survivors are in their twenties.

Though the flames were under control by 8am, the fire crew were still attending to the scene that afternoon.

Mr Waleczek's body could not be moved until the site was secured three days later. He was discovered to have died from smoke inhalation at the postmortem on the 8th.

A 37 year old man was arrested for suspicion of arson near the scene the following day. He was bailed to appear at a north London police station in September.

Detectives are still appealing for witnesses and new information about the Lower Clapton Road fire. The police can be reached on 101 and **Crimestoppers** are taking anonymous calls on **0800 555 111**.

Jane Evans

UKBA crackdown on homeless illegal migrants

Some 15 Indian rough sleepers are being held in a detention centre pending their removal from the UK after being arrested by UK Border Agency (UKBA) staff in September.

At 6am on 19 September, UKBA officers and representatives from Hounslow Council swooped in on the area where the men were sleeping, under an M4 bridge in Heston, west London.

Three additional Indian nationals found at the site - two of whom required medical treatment (one for TB) - have been granted immigration bail and will have to report regularly to UKBA while their case is progressed. The Highways Agency has now sealed off the site to prevent other rough sleepers gaining access.

"Obviously they were living in pretty squalid conditions with serious concerns for their welfare, which is why they remain detained," said Adam Edwards, a spokesman for UKBA London and South East.

"It's not possible to say exactly how long each will be held for because each case has to be dealt with individually.

The same site was raided by UKBA officers in March earlier this year, leading to the arrest of 13 individuals - 10 of whom have been returned to India.

"This particular issue and this particular site involving homeless migrants is something that local immigration teams have been aware of for some time," said Edwards, "We've been engaged in a number of projects with local authorities, charities and police and community groups to assist - and those projects are mirrored across the country."

These charities include Thames Reach, which Edwards says "we liaise with quite closely

and they've been involved in a quite a lot of work that we've done with regards to homeless migrants, for example outreach work and going out to places where homeless people are known to sleep to get the ball rolling with regards to documentation."

Edwards confirmed that the UKBA is involved in a government drive "to prevent abuse of the NHS and benefits system", alongside Border Force - tackling issues such as people fraudulently claiming benefits using false identity documents.

"The agency holds fairly regular surgeries at gurdwaras [Sikh places of worship] in Southall and Hounslow, as well as working closely with charities in the area - such as United Sikhs - with the aim of helping migrants who wish to go home voluntarily. Since those surgeries began, around 170 people have returned to India and the majority of those were of no fixed abode."

However Edwards said there was no reason to believe that the men were trafficked.

Regarding legitimate migrants, Edwards told *The Pavement*: "We only have powers to deal with those who are unlawfully in the UK or subject to immigration controls so we don't have powers to arrest people who are sleeping rough... [But] we work closely with the local authorities, police, charities and community groups who could offer assistance in those cases - we're just one of a number of agencies involved".

Carinya Sharples

Squatting law change

A 21-year-old man has become the first person to be jailed under new anti-squatting legislation which was introduced on 1 September.

Alex Haigh was sentenced to 12 weeks in prison after pleading guilty to occupying a housing association flat in Pimlico, central London, without permission.

Haigh, an apprentice bricklayer who had moved to London hoping to find work, was arrested alongside two other squatters the day after the new law was introduced.

Michelle Blake, 33, awaits sentence and possible jail, while Anthony Ismond, 46, was fined £100.

Squash (Squatters' Action for Secure Homes), a group which campaigned against criminalisation, condemned Haigh's sentence as "deeply disproportionate and unjust", and pointed out that the flat had been empty for a year before Haigh moved into it.

Haigh's father, Hugh, said: "They have made an example of him. To put him in that prison environment, I don't understand it. If he broke the law, he should be dealt with, but it is like putting someone who has not paid their taxes into Dartmoor prison."

The new legislation criminalises squatting in residential premises,

imposing punishments of up to six months' jail and fines of up to £5,000. Previously, squatters occupying empty buildings could only be removed through the civil courts.

Squatting in commercial properties remains a civil matter, and is not affected by the new law.

Housing charities have warned that the legislation may trigger a surge in homelessness as squatters are forced on to the streets in order to avoid a criminal record.

But government ministers called on police to be "robust" in enforcing the law, saying swift action will protect householders from the trauma of seeing their homes "stolen" and be a deterrent.

Ex-justice minister Crispin Blunt said that the new legislation was intended to show that "squatters' rights have come to an end". The government estimates that up to 4,200 squatters could be prosecuted each year.

Evictions have been carried out across the country under the new

legislation, with a squat in Brighton raided just days after the law was passed.

Three suspected squatters who glued themselves together in the loft of the building were arrested after being removed by police.

Two men who were on the roof of the building made their own way down and were not arrested.

Five people were arrested for allegedly occupying a house in the Somerset town of Street.

Squatters have also been warned that they will be arrested under the new law in Birmingham, Bristol and Chichester, and across London. Many have moved out of buildings that they were occupying following these warnings.

Katharine Hibbert

A life remembered: Bill Moore

While we were on our publishing break we heard that Bill Moore (pictured), a stalwart of the Simon Community London, had died. To mark his passing we are happy to publish this in remembrance of him; something he wrote about his life:

"I was born many moons ago in Wexford, Ireland. I had a good upbringing, but like lots of other young and old Irish men and women came over to London looking for work in 1966. I lived most of my life in London except for two years, which I spent in Edinburgh. I ended up on the streets like a lot of other people through circumstances (in my case bereavement) for about 18 months.

"While on the street, I often woke to find myself covered from head to toe with snow, and I often found myself wondering whether



I could get off the street again or just fall deeper and deeper into the gutter. It was the Simon Community who got me going again, to whom I am very grateful.

"I have been involved with the Simon Community since 1993. My main roles in Community are doing street work, tea and soup runs and nights at the shelter. Since 1996 I have been heavily involved in organising collections, walks, headcounts and talks. Between September and Easter I give 70 – 80 talks at schools, churches, youth groups, Universities (Career Fairs), rotary clubs and other groups. These talks have taken me far afield as Newcastle (where I spent a whole week with four other people), Wales and to Westport, Ballina, and Castlebar in County Mayo in the west of Ireland. The main purpose of these talks is to bring awareness of pitfalls and of course to collect funds for the community. I have also been on management for the past five years.

"I am hoping to return to my beloved Ireland for good next year, and I know that this is going to be a big challenge for me."

His funeral took place on 8 October at Islington Crematorium, London.

Quarter of winter shelter residents go back out

Homeless Link, an umbrella organisation for homeless charities, has released research showing that one in four people who sought help from a seasonal shelter returned to the street with the warmer weather.

The research, carried out with 101 local authorities across the UK, also stated that almost half of those using the shelters were actually rough sleepers.

In total, 2308 people sought shelter of some sort, with the

majority of provision coming from hostels or B&Bs.

Over a third of temporary residents had no previous contact with services, and more than 730 people either moved into accommodation or into another service.

Staff

- Our listing of winter shelters in your area is in *The List* under 'Seasonal Shelters.'

Homeless couple marry in Australia

The average cost of a wedding in the UK is now more than £20,000 – but a couple in Australia last month proved money doesn't buy love.

According to *MSN News* Ian and Wyuna Stewart, who met through a mutual friend, held a wedding for 40 guests at Bayswater's Church of Christ. The couple, who are both unemployed and homeless, stayed with friends after the nuptials.

Making cost savings where they could, the bride hired her dress from a party shop whilst the church provided food for the reception and decorations were donated. The guests were made up of friends they had met at the church's weekly meals service.

The couple said they would be spending their honeymoon in Tasmania, sleeping in their hired car and touring the countryside during the day.

Lizzie Cernik

World Cup update

UK fans may be hoping that a British team makes it to Brazil in 2014 but the fight for another World Cup is already underway in Mexico City.

A total of 62 teams entered this year's Homeless World Cup, gathering in Mexico City for nine days of football. England, Scotland, and Wales were all represented at this year's tournament. England was the only UK nation to field a women's team as well as a men's team in a small but growing category.

Mel Young, founder of the Homeless World Cup, said: "It is possible to change the world and improve people's lives by taking small steps forward and inspiring each other and the Homeless World Cup is one of these small steps in the bid to end homelessness and poverty forever."

The event has grown from 18 teams in its first year to more than 60 now, but Britain's teams left eager for the challenge at the start of the month.

England's women faced a difficult start when they came up against world champions Brazil, losing 1-15 on the opening day while then men's team suffered a narrow defeat against Russia, losing 2-3.

But Scotland matched Lithuania goal for goal, finishing 5-all in their first match while Wales beat Denmark 6-5.

England went on to beat France 7-1 on day three, while Scotland had their chance to shine in a six to three victory against Peru. Wales meanwhile celebrated victory of eight to four against Hong Kong.

Sadly this year's world cup saw no UK teams reach the quarter-finals with tournament coming down to a thrilling final between host nation Mexico and surprise stars, Chile. Mexico may have been firm favourites but Chile stole the show with an impressive display, winning 8-5. However the host nation enjoyed victory in the Women's Cup, beating Brazil 6-2.

Mairi Gordon

HOMELESS CITY GUIDE



squat



empty building



dangerous neighbourhood



danger



guard dogs



an attack happened here



good place to drink / smoke



unfriendly place



friendly place



soup run (with rating)



strong police presence



potential for work



good food thrown away here



safe for sleeping



message board x mins that way



security guard

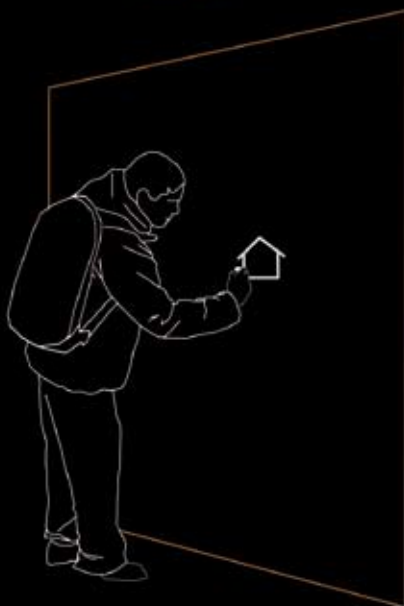


you'll get moved on here

step 1



step 2



MAKE YOUR MARK AND HELP OTHERS TO READ THE CITY

Make non permanent marks to keep the system up to date and stay within the law.

Illegal beer operations emerge from new Skid Row property law

A recent court ruling has prohibited Los Angeles's law enforcement from seizing objects off Skid Row's sidewalks.

The order has been put in place to protect the destruction and confiscation of homeless people's property if it is left temporarily unattended.

The city has long argued that belongings left on sidewalks constitute a health hazard, but others contest that valuable possessions have been destroyed while their owners were showering or eating in nearby shelters – something they claim was a violation of constitutional rights.

Although many are pleased with the outcome of the federal order, it has caused some to take advantage with a number of homeless vendors illegally selling beer under the cover of the clutter.

Operating in small crews, they are using clusters of shopping carts, wheelchairs and baby strollers to conceal their merchandise and lookouts to watch for police.

The illegal operations are contributing to the overall increased crime rate of the area and adding to the already grim atmosphere (the number of people sleeping on Skid Row's streets has increased by 70 per cent since 2010).

Residents at nearby shelters have complained that those involved are drunk and rude to women. Others have raised concern that the emergence of illegal alcohol vendors is seriously damaging the ability of addicts who are trying to rebuild their lives.

Laura Ogryzko

Number of homeless in Southend underestimated

Official homeless figures for Southend have been underreported, according to a local pastor.

Del Thomas told the Southend Standard Street that the estimate of eight rough sleepers was "a joke", adding that at least 50 people were homeless. Sleeping in derelict buildings, sofas and empty office blocks, many of these people are receiving adequate no assistance and are going undetected.

"I don't have the files on numbers or experience of anywhere other than central Southend, but there are about 50 people I am aware of who are rough sleepers," he explained on his blog.

"I don't know how the official figure was dreamt up, but it is so inaccurate it would be laughable, if not for the seriousness of the subject matter."

The claims were backed up by the Homeless Action Resource Project (Harp), a local homelessness charity. Local Conservative Councillor Lesley Salter also agreed the figures could be wrong.

She said: "I think there are probably a number of rough sleepers who we are unaware of. The figure for homeless people in Southend is actually quite low, but we realise that doesn't take everyone into account."

Lizzie Cernik

An eviction, a fire, and a fence in SF tent city

San Franciscan officials and the US army evicted 50 homeless people from their Caltrain tent city on 28 August, reducing the site to dirt.

Some people were told that they should take only what they could carry or wheel away, while others were simply told to get out.

The local highway patrol said remaining possessions were stored and tagged pending retrieval, but residents reported workers removing their things and throwing them away.

Once all the officials and newspapermen tired of the site and left, residents began to filter back.

However a fire broke out in one of the homemade shelters a few weeks later. Although no-one was hurt and the flames were swiftly put out by firefighters, neighbours were rattled and discussions about the camp flared again.

Now Caltrain station, which owns the property, has requested bids to erect an iron fence, designed to keep the homeless off it.

Jennifer Friedenbach, director of the Coalition on Homelessness, believes the fence is unnecessary, insisting the site supports a community that includes school children and the disabled with no reported incidents of health or hygiene concerns.

Ms Friedenbach commended campers for the beautiful garden they grew on the site.

"From our perspective, these people have nowhere to go so they're basically displacing people who are in an emergency situation to the streets and forcing them to experience further crises," she told the San Francisco Chronicle.

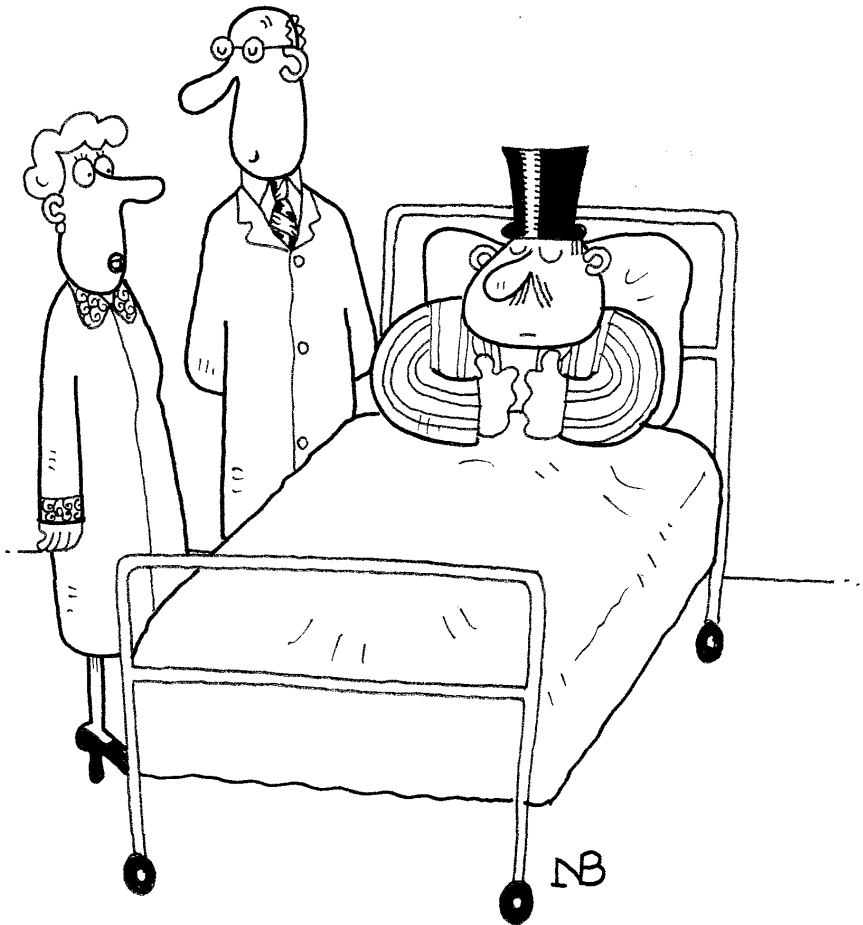
Jane Evans

The Pavement, which operates without any funding from the state, has decided to try something new – asking readers to help support our operation. Not salaries or new kit, but our basic print operation.



If you have a mobile, and can spare a few pounds, please text **PAVE11** followed by **the amount in pounds*** (max £10) to **70070**

*all this money will go to *The Pavement* (registered charity no. 1110656), the charges being met by Vodafone. Find out more at www.justgiving.com/thepavement



"Our patients come here to die with dignity"

Drop in homelessness applications

The number of homeless people in Scotland is falling as a result of new measures – but concerns have been raised over the lack of permanent housing.

Fewer applications are being made to councils for homelessness assistance, with quarterly numbers down 13 per cent on the previous year.

The overall number of households with children in temporary accommodation was also down 11 per cent to 3,293.

Although the figures are a step in the right direction, there are, however, over 10,000 “households” still living in temporary accommodation including hostels and bed and breakfasts and of those assessed, 93 per cent are regarded as high priority cases.

Graeme Brown, director of Shelter Scotland, said: “It is good that fewer families and individuals are experiencing the tragedy of homelessness. A 13 per cent reduction is welcome, but we must not lose sight of the fact that over 10,000 households lost their home in the last quarter.”

The Scottish government has set an end of year target that all unintentionally homeless people will be entitled to settled accommodation, and not just those classed as priority.

To help achieve the objective, the government has set up the “Scottish Housing Options Approach” enabling local authorities to look at all options such as private rental accommodation, low-cost home ownership and other measures.

The new approach has already contributed to the reduction of applications but the Liberal Democrat’s housing spokesperson, Jim Hume, expressed concerns that the “final push” to meet the

end of the year goal must not become a “box-ticking exercise”.

“I’m particularly concerned that local authorities with low social housing stock may be forced to place families in long-term temporary accommodation,”

“Liberal Democrats continue to call on the Scottish government to build further permanent homes for social rent.

“Local authorities must have the full support of the Scottish government if they are to meaningfully enforce this world-leading legislation.”

Scottish housing minister Margaret Burgess said: “Homelessness is a scourge on our society and this government will not waver in its determination to help people facing the distress of being made homeless. We will continue to drive forward with our partners in local government and elsewhere to ensure we remain on course to meet our 2012 target and sustain this into 2013 and beyond.”

Laura Ogryzko

Homeless men rescue teen from sex offender aboard local bus

Four disabled homeless men saved the day as they intervened in a sex attack on a 15-year-old girl in Modesto, California.

Joe Baretta, Ken Falls, Curtis Mitchell and Dave - second name unknown - held and detained Kevin Michael Long - a previously convicted and registered sex offender - aboard a local bus, as he lunged and groped the girl on her way to school.

Another passenger ran to the local police station to inform officers, who then waited to apprehend the suspect at a nearby transit center, where the bus terminated.

Long, 37, had been released from prison on similar charges just one day previous.

Joe Donnelly

Further officer charged after death of homeless man in US

A third police officer has been charged in relation to the death of mentally ill homeless man Kelly Thomas in Fullerton, California.

Joseph Wolfe, 37, faces charges of involuntary manslaughter and excessive use of force; crimes which carry a maximum penalty of four years imprisonment.

The former Fullerton Police Department officer was not charged initially. However, following a thorough review of the case, he was indicted on the 24 September by a grand jury.

This comes a year after Manuel Ramos was charged with second-degree murder and manslaughter for his involvement in the incident. Corporal Jay Cicinelli was also charged with involuntary manslaughter and excessive use of force.

The review, carried out by 10 jury members who considered 113 exhibits, re-visited CCTV footage taken from a nearby bus depot, which shows Wolfe striking Mr Thomas repeatedly with a baton amidst the brutal encounter, which left the victim fatally comatose.

Wolfe pleaded not guilty and was released on \$25,000 bail. He faces a pre-trial hearing on the 2nd of November.

Joe Donnelly



“...if you hear anyone coming, drop it in the river and we’ll pretend that we’re playing ‘Poo Sticks’”



"And how may I help?"

Epidemics and how to avoid them

Homeless people worldwide are significantly more likely to become infected with TB, HIV and Hepatitis C than those in housing, according to a recent study at the University of Oxford.

The study also noted that rough sleepers had a higher than average rates of other infectious diseases, including hepatitis A and B, diphtheria, foot problems and skin infections.

In Britain specifically TB rates were around 34-times higher in homeless people than in the general population, and the prevalence of hepatitis C infection was almost 50-times higher.

Both HIV and Hepatitis C are blood-borne viruses, which can be contracted by unprotected sex, sharing of needles for drugs use or tattoos, or other contact with infected blood.

TB is a bacterial infection spread through air droplets, exchanged when people cough or sneeze. It kills an estimated 1.4 million people annually and its symptoms can be hard to distinguish from general coughs and colds picked up when sleeping rough.

TB symptoms can include a persistent cough that brings up thick phlegm - which may be bloody, breathlessness, weight loss, lack of appetite, a high temperature of 38C or above, extreme tiredness and a sense of feeling unwell.

TB can now be treated successfully with a course

of antibiotics but it is vital that if you recognise any of these symptoms in yourself you visit a doctor.

An individual carrying active TB can infect another 10 to 15 people a year.

Jo O'Reilly

Homeless man croc attack

British cities can be as dangerous as any for the rough sleeper, but at least the wild animals in the UK are limited to pigeons and the occasional vicious dog.

Last month, police in Mexico reported that a homeless man was attacked by a crocodile that bit off his right hand in the popular tourist resort of Cancun.

Alejandro Lopez, 27, was walking through a mangrove swamp when he was bitten by the croc, before being discovered by police and taken to a local hospital for emergency surgery.

Cancun, one of the fastest growing cities in Latin America, is visited by

more than 7 million people a year – and its increasing popularity has been bringing more and more people into contact with its huge crocodile population.

Despite hundreds of signs being pinned to the trees surrounding its swamps and lakes, there have been several reports of attacks in recent years. In 2009, a 23 year-old Irish tourist nearly lost his left arm after taking a drunken swim in the lagoon.

Not long after, a young man from Texas was also severely wounded after attempting to relieve himself into the swamp – and onto the back of an unsuspecting croc.

James O'Reilly



STREET SHIELD

EPISODE 29

JACK
IS
BACK!

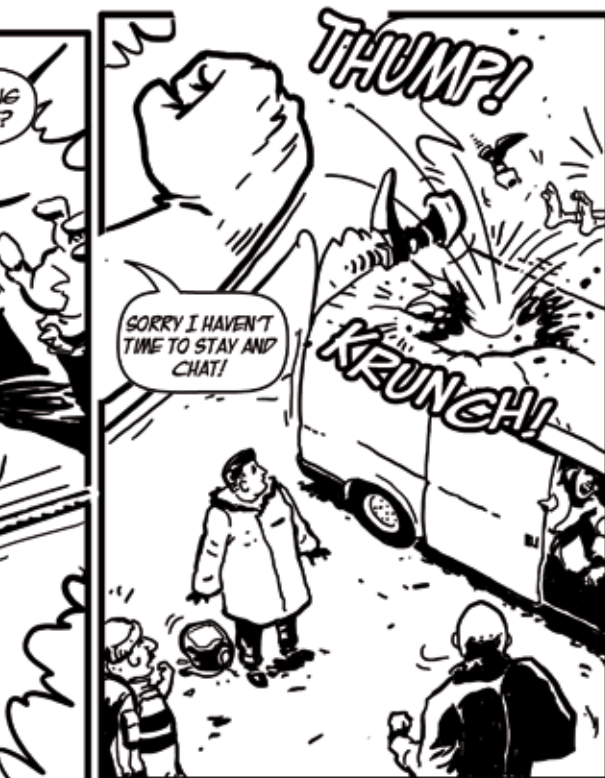
OUTSIDE THE SEAMAN'S REST.

FIFTY QUID GETS
YOU A JOB THAT
WILL PAY A HUNDRED OR
MORE EVERY DAY!

IT'S AN OFFER
THAT'S TOO GOOD
TO REFUSE!

YOU MEAN IT'S
TOO GOOD TO
BELIEVE.





Health and wellbeing

The Pavement's health team revisit old topics that need looking at

Take care of the pair

Old skin cells account for 90 per cent of the dust in buildings. You may not know that you have dry skin around your heels, and it's often not a problem. But if you have diabetes, check your feet regularly – a vanity or inspection mirror lets you see those out-of-the-way places! A lack of feeling in your hands and feet is a common complication of high blood sugar levels, and you may be unaware your skin is damaged. Normally, the outer skin can cope with moderate shearing stresses (rubbing against another surface), but when it is damaged, callus (thickened skin) replaces the normal, soft skin.

Thickened skin can crack, which exposes the lower layer of skin (the dermis), and often leads to bleeding and infection. Cracked heels are often blamed on going barefoot or walking in flip-flops, but the condition is frequently triggered by not wearing a closed-in shoe that supports your heels and by dehydrated skin. If you have severe cracking, see your doctor or podiatrist – the hard-skin needs to be carefully removed.

Fortunately, you can improve dry skin with some simple steps. Rehydrating the cells encourages the old cells to separate from the new ones, leaving a more pliable surface which can cope with the external stresses around the surface of the foot.

However, hard skin always returns – a chemical enzyme in the blood determines how quickly the skin reproduces itself.

Dealing with cracks:

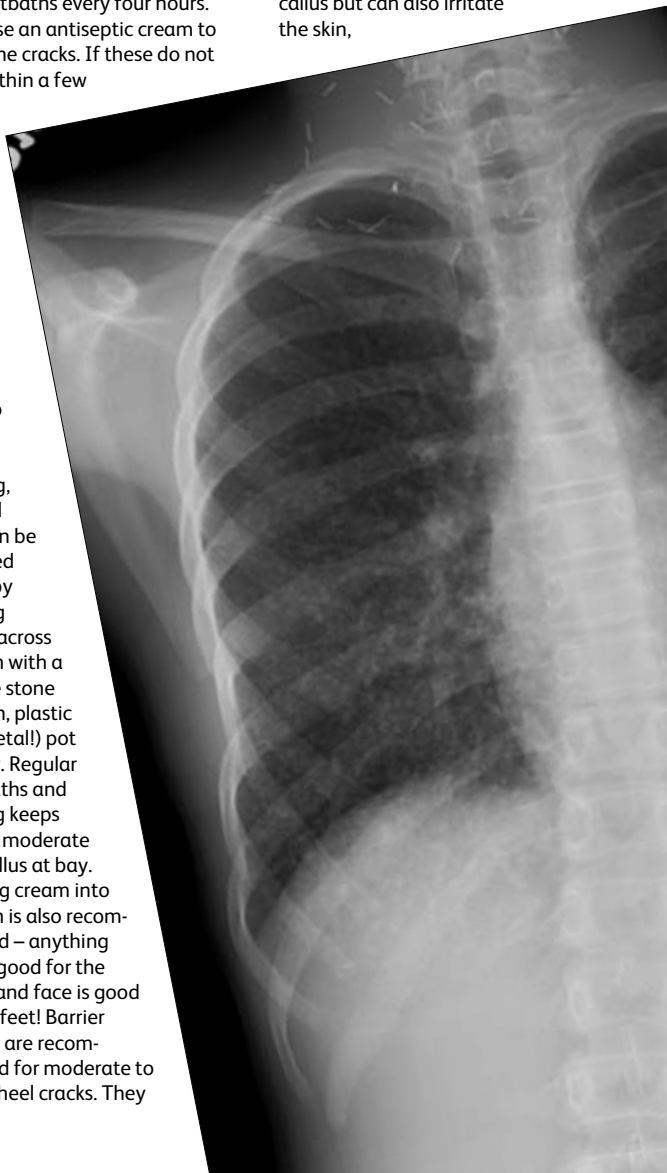
- Wash your feet in warm water (hand hot, 46° C).
- Dissolve a handful of table salt in a basinful of water and bathe

the feet for no longer than 10 minutes before patting them dry. (The saline solution is antiseptic and will clean out deeper fissures.) If your cracks are severe, repeat the footbaths every four hours.

- Use an antiseptic cream to cover the cracks. If these do not heal within a few days, then

report them to your doctor. Skin cells quickly take up water from bathing, and old cells can be removed easily by rubbing gently across the skin with a pumice stone or clean, plastic (not metal!) pot scourer. Regular foot baths and rubbing keeps mild to moderate heel callus at bay. Rubbing cream into the skin is also recommended – anything that is good for the hands and face is good for the feet! Barrier creams are recommended for moderate to severe heel cracks. They

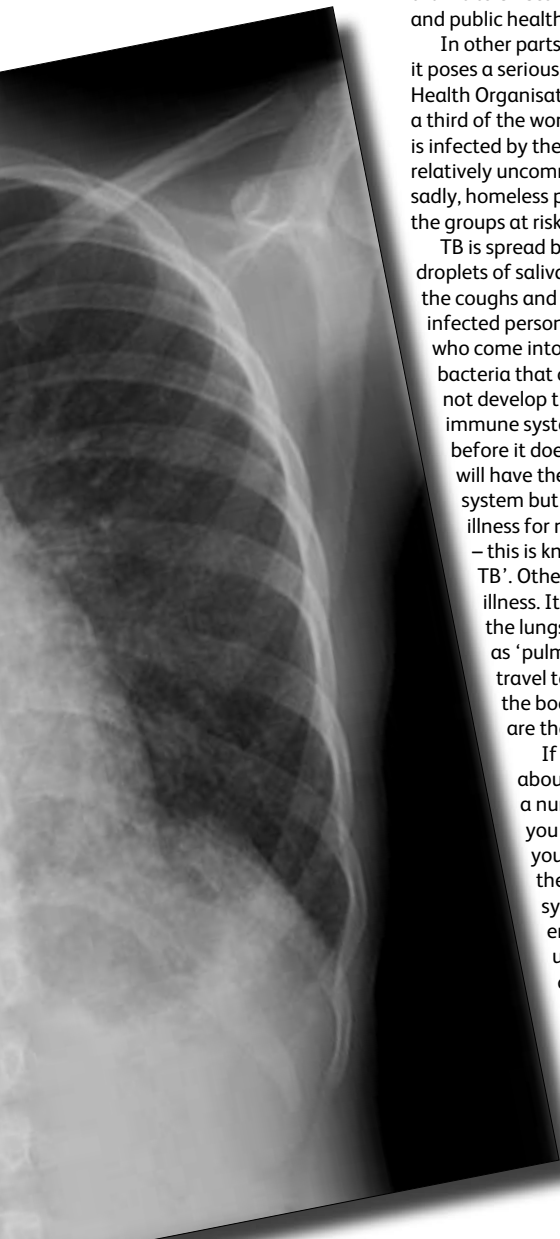
are greasier and form a temporary film that traps microscopic water on the skin's surface and helps it rehydrate. Cream containing urea can be very good for severe heel callus but can also irritate the skin,



so should be used only under direction. The doctor can prescribe other medicated creams.

Toe Slayer

Registered Podiatrist
& Shoe Historian



TB a disease worth banging on about!

Before antibiotics, TB (tuberculosis) claimed many lives. By the 1970s, it seemed the end was nigh for this dreadful illness, thanks to effective treatment and public health campaigns.

In other parts of the world, it poses a serious risk: the World Health Organisation estimates that a third of the world's population is infected by the TB bacteria. It is relatively uncommon in the UK; but sadly, homeless people are one of the groups at risk of contracting it.

TB is spread by inhaling droplets of saliva (or spit) from the coughs and sneezes of an infected person. Most people who come into contact with the bacteria that causes TB will not develop the illness – their immune system will kill it off before it does any harm. Some will have the infection in their system but not develop the illness for months or years – this is known as 'latent TB'. Others will develop the illness. It usually spreads to the lungs, where it is known as 'pulmonary TB'. TB can travel to other parts of the body, but the lungs are the most common.

If you are worried about TB, there are a number of things you can do to protect yourself. First, know the most common symptoms: a persistent cough, coughing up blood, fevers, chest pain, night sweats and weight loss. Because TB is spread by droplets of saliva, being in close contact with someone

who has the disease means you could be at risk. So if you've been living closely with someone who has TB or you think may have TB, see a doctor.

People from sub-Saharan Africa, Asia (particularly India, Pakistan, Indonesia and Bangladesh), Eastern Europe, Russia and Central America do not necessarily have TB, but there is more of it going around, so they run at a higher risk of contracting it. People with HIV are at more risk of contracting TB because the virus weakens the immune system. If you are HIV-positive, you probably know this, but it's worth discussing it with your doctor or nurse. People who inject drugs are also at higher risk of contracting TB. Be aware of your risk factors and the symptoms, and if you suspect you have TB, get tested as soon as possible.

In Britain, most adults will have received the BCG vaccination – look for the scar on your upper arm. The vaccination protects 70–80 per cent of the people who have it, but don't depend on it to protect you – there are tests to check whether you are still immune. Children are no longer automatically given the BCG vaccination, so if you are worried your kids may be at risk, talk to your doctor or health visitor.

If you have symptoms, still see a doctor. TB is not the death sentence it once was, but if you don't treat it, your lungs will become so damaged that breathing becomes impossible. The good news is that TB can be treated, and most people will make a full recovery.

Sorry if that wasn't my cheeriest column, but best you are aware so you can take care of yourself.

Good health,

Susie Rathie

Our Nurse Flo



"Help! I tripped and fell in the money"

| | | |
|---|---|--|
| <p>Runaway Helpline 0808 800 7070 For under-18s who have left home</p> | <p>Stonewall Housing Housing advice for LGBT people of all ages 020 7359 5767 (advice line) www.stonewallhousing.org</p> | <p>ASHA Project 13 Shrubbery Road, SW16 2AS 020 8696 0023 Mon–Fri: 9am–5pm For asian women fleeing domestic violence, AD</p> |
| <p>SAÑeline (6 – 11pm) 0845 767 8000 Out-of-hours helpline for those affected by mental health</p> | <p>Community Legal Advice 0845 345 4 345, Nationwide www.communitylegaladvice.org.uk Mon–Fri: 9am–8pm; Sat: 9am–1:30pm</p> | <p>Blue Cross Veterinary Services Offered to pet owners on a low income. This is usually a means tested benefit or state pension with no other means of income:</p> |
| <p>Shelter 0808 800 4444 Housing advice, 8am–8pm daily Stonewall Housing advice line Housing advice for LGBT people 020 7359 5767 (Mon, Thu, Fri 10am–1pm; Tue & Wed 2–5pm)</p> | <p>Domestic Violence Helpline 0808 2000 247 AD, BA, DA, H</p> | <p>Blue Cross Mobile Veterinary Clinic All run 10am – 12pm & 1.30pm – 3.30pm, at these locations – Mon: Bethnal Green Road E2; Wed: Hackney Town Hall (car park) E8; Thur: Islington Town Hall, Upper Street, N1; Fri: Walthamstow Town Square, High Street, E17 On a first-come-first-served basis. Some cases may need to be referred to the Victoria hospital.</p> |
| <p>Survivors UK Mon, Tue & Thur: 7–10pm 020 7404 6234 Helpline for men who have been sexually assaulted at any time in their lives</p> | <p>Frank 0800 776 600 Free 24-hr drug helpline</p> | <p>Hospitals Blue Cross Victoria, 1–5 Hugh Street, SW1V 1QQ, 020 7932 2370 Blue Cross Hamersmith, Argyle Place, King Street, W6 ORQ, 020 8748 1400 Blue Cross Merton, 88 – 92 Merton High Street, SW19 1BD 020 8254 1400</p> |
| <p>UK Human Trafficking Centre 0114 252 3891</p> | <p>Get Connected 0808 808 4994 For young people (1pm–7pm daily)</p> | <p>Maytree Respite Centre 72 Moray Road, N4 3LG 020 7266 7070 One-off four night stay for those in suicidal crisis Telephone first - not a drop in service, MH</p> |
| <p>Help for Depression A comprehensive explanation of the various approaches and treatments for depression www.helpfordepression.com MH</p> | <p>Jobcentre Plus To make a claim 0800 055 6688 For queries about existing claims for Income Support, Jobseekers Allowance or Incapacity Benefit 0845 377 6001 For Social Fund enquiries 0845 608 8661 For the Pensions Service 0845 60 60 265</p> | <p>Central London Samaritans 46 Marshall Street, W1F 9BF 020 7734 2800 Daily (face-to-face at office): 9am–9pm; Helpline 24 hours Confidential, non-judgemental emotional support for those experiencing distress or despair, including those which could lead to suicide www.samaritans.org/csls</p> |
| <p>WEBSITES</p> | <p>Message Home Helpline 0800 700 740, 24 hrs daily National Debtline 0808 808 4000 Poppy 020 7840 7141 Helps women who have been trafficked for sexual exploitation</p> | <p>Quaker Mobile Library Every second Mon, 11.30am at Manna Centre, Berrondsey Tue: 7pm, Lincoln's Inn Fields; Sat: 9.45am, The Connection at St Martins; 11am, The Passage; 2–4pm St Giles Church, WC2 8LG</p> |
| <p>Homeless London Directory (RLS) Updated at least annually www.homelesslondon.org</p> | <p>The Pavement online Regularly updated online version of The List. www.thepavement.org.uk/services.htm</p> | <p>Soup Run Forum For those using or running soup runs, or just concerned with their work. www.souprunforum.org.uk</p> |
| <p>Stonewall Housing Housing advice for LGBT people of all ages www.stonewallhousing.org</p> | <p>London Street Rescue 0870 383 3333 Rough sleeper's hot-line</p> | <p>Stonewall Housing Housing advice for LGBT people of all ages 0845 767 8000 Out-of-hours helpline for those affected by mental health</p> |

Missionaries of Charity
Mon: Spitalfields (9.30pm)
& TBC (10pm)

Muswell Hill Churches
2 Dukes Ave, N10 2PT
020 8444 7027
Sun–Thurs: 7.45–8.45pm

New Life Assembly
A run in Hendon, that comes into the West End once a month.

Nightwatch
At the fountain in the Queens Gardens, central Croydon
Every night from 9.30pm
Sandwiches and hot drinks

Open Door Meal
St James the Less parish centre, Vauxhall Bridge Road, behind the Lord High Admiral public house.
An established service, providing a two-course hot meal served at table. Alternate Thursdays during term-time: 7–9.30 pm, B, CL, FF

Our Lady of Hal
165 Arlington Rd, NW1
020 7485 2727
Tues, Weds, Fri & Sat:
12.45pm–2pm

Peter's Community Café
The Crypt, St. Peter's Church,
De Beauvoir Road, N1
020 7249 0041
Mon–Wed: 12noon–6.30pm

Rhythms of Life International
Mon: 4.30–6pm; St Leonard's Church, Shoreditch High Street, E1 6JN; Tue–Sat: 2.30–4pm; Frampton Park Road, E9 7QJ
Free tea and warm food
served 365 days a year

Rice Run
The Strand, Fri: 9–10pm
Rice and Chicken, or savoury rice

The Sacred Heart
This run from Wimbledon has several teams coming up once a month with sandwiches and hot beverages around 9pm.
Every Tuesday at Spenser Street and Friday at Christchurch Gardens, both in Westminster

St John the Evangelist
39 Duncan Terrace, N1 8AL
020 7226 3277
Tues–Sat: 12.30pm–1.30pm

St Monica's Church
Temple Station
First, third and fourth Tue of the month: 8.30pm

St Thomas of Canterbury
Lincoln's Inn Fields
A great curry!
Lincoln's 8–8.30pm, Wed: 8–8.30pm

Sai Baba
Coram's Fields (3rd Sun of month); 11am–1pm
Vegetarian meal and tea

Seventh Day Adventists
Lincoln's Inn Fields
Sun: 7pm

Silver Lady Fund (The Pie Man)
Van behind the Festival Hall or on Southwark Bridge Road – from 5am

Simon Community
Tea Run: Sun & Mon (6–9.30am);
St Pancras Church 6.30am;
Millford Lane 6.45am; Strand 7am; Southampton Road 7.30am;
Grosvenor Gardens 8.30am;
Marble Arch (Sunday) 9am
Soup Run: Wed & Thurs (8pm–10.30pm); St Pancras Church 8.15pm; Hinde Street 9.15pm; Waterloo 9.45pm
Street Café: St Giles-in-the-Fields, St Giles High Street, WC2 (next to Denmark Street) – Sat (2 – 4pm) & Sun (1.15–3.15pm)

St Andrew's Church
10 St Andrew's Road, W14 9SX
Sat: 11.30am–1.30pm
Hot food and sandwiches

St Ignatius Church
Lincoln's Inn Fields
Sat: 7.45pm

St John's Ealing
Mattock Lane, W13 9LA
020 8566 3507
Sat & Sun: 3.30–5pm
Also: Advice service Thurs & Fri 10am–4pm – Ealing Churches workers

St John the Evangelist
39 Duncan Terrace, N1 8AL
020 7226 3277
Tues–Sat: 12.30pm–1.30pm

St Monica's Church
Temple Station
First, third and fourth Tue of the month: 8.30pm

St Thomas of Canterbury
Lincoln's Inn Fields
Second and last Wed of the month: 9pm
Sandwiches, drinks, cake and clothes

St Vincent De Paul
Lincoln's Inn Fields
Tue & Thu: 7.30pm

Steps of Faith
Victoria area, Thurs: 8–10pm
Walking around with food

Streetytes
Mon: 6–9pm, St Stephens Church, 1 Coverdale Road, W12 8JJ
Tue: 6–9pm, King George's hostel, 75 Great Peter Street, SW1P 2BN
Wed: 9pm; outreach on Bush Green, Shepherd's Bush;
Sun: 6pm; outreach on Bush Green, Shepherd's Bush
www.streetytes.org

SW London Vineyard/King's Table
Sun 2.30pm–4.30pm beneath Waterloo Bridge (Embankment).
Good hot stews and potatoes.

Teen Challenge
Mon, 9–11.30pm; Whitechapel;
Tue, 9–11pm; Hackney Central;
Wed, 9–11pm; Brixton (in square); & Thu, 9–11pm; Ealing Tube
Hot meals from a bus

Quaker Run
Victoria, 2nd Sun of month: 7pm

Wycombe & Marlow Group
Lincoln's Inn Fields, Tue: 8.15pm
Food, drink and some sundries

Winners Chapel
King George's hostel; alternate Saturdays to Streetytes

SPECIALIST SERVICES

The Albert Kennedy Trust
Unit 203 Hutton Square Business Centre, 16/16a Baldwins Gardens, EC1N 7RJ
020 72831 6562
Mon–Fri: 10am–4.30pm
Works with LGBT people 16–25, facing mistreatment or homelessness
AS, A, BA, C, H, TS
www.akt.org.uk

- ASLAN**
Hot food and sandwiches for early risers. Sat 5.30am–8.30am – Covent Garden, Milford Lane, Surrey Street, Strand and Waterloo.
- Bloomsbury Baptist Church**
235 Shaftesbury Ave, WC2 8EP
Sunday: Roast lunch 1pm
10.30am for ticket (very limited)
- The Cabin**
St Gabriel's Community Centre
21 Hatchard's Road, N19 4NG
020 7272 8195
Daily: 1030–1130am;
Thu: 12noon (lunch)
- Camden Road Baptist Church**
Hilldrop Road, Holloway, N7 0JE
020 7607 7355
Thu: 10.30am–12noon
- The Carpenters**
TMO Community Hall, 17 Doran Walk, Stratford, E15 2JL
Every Tuesday: 10am–12pm
020 8221 3860
- Chalk Farm Salvation Army**
10-16 Haverstock Hill, NW3 2BL
Mon: 6–8pm (men's group);
Weds: 7.30–9pm (open drop-in)
FF, CL
- Ealing Soup Kitchen**
St Johns Church Hall, Mattock Lane
Friday: 11am–4pm; Sat and Sun:
3.30–5pm
They also give practical help/housing advice
- Emmanuel Church**
Forest Gate, E7 8BD (corner of Romford Rd & Upton Lane)
Thurs: 7.30am (cooked breakfast)
- Faith House (Salvation Army)**
11 Argyll Street, King's Cross
(near Burger King), WC1H 8EJ
020 7837 5149
Tues: 5–6pm (women's drop-in);
Weds: 1–3pm (women's drop-in); Fri: 11am–1pm (women's lunch & discussion group)
nb. Mon and some Weds sessions now held at Chalk Farm
Salvation Army - listed above.
FF, CL
- Farm Street Church**
Thurs: 8–10.30pm
Three routes: *Oxford Street route* – Davies Street; Bourdon Street; South Moulton Street; Oxford Street; top end of Regent Street to Hanover Street; Hanover Square; New Bond Street
Berkeley Square route – Berkeley Square; Berkeley Street; Green Park tube; Piccadilly
Hyde Park Corner route – Mount Street; Park Lane underpasses; Shepherds Market; Curzon Street
- First Steps**
King George's Hostel, 75 Great Peter Street
Thurs: 8.30–10pm
Hot meals, soup, fruit and cake
- Food Not Bombs**
The Narrowway, Hackney Central
Every second Sat: 5–6pm, FF
- Geffrey Community Centre**
Geffrey Estate, Falkirk Street, N1 6SD
07527 789827
Soup kitchen every Thursday 12noon, FF
- Good Samaria Network**
Sun & Mon: 6.30–8pm; King George's hostel, 72 Great Peter Street, SW1P 2BN
- Hare Krishna Food For Life**
The Hare Krishna food run provides wholesome and tasty vegetarian meals from Soho and King's Cross 1 Temples. The former can be found at Lincoln's Inn Fields, Mon–Fri: 7.15pm, finishing at Temple fit there's food left. The latter from Mon–Sat, all year round: 12pm: Kentish Town (Isip Road); 1pm: Camden (Arlington Road); 2pm: King's Cross (York Way)
- House of Bread – The Vision**
Second and fourth Sunday in the month (6.45am onwards) – Hot food; note that an excellent full cooked breakfast is served on the second Sunday. On the Strand (Charing Cross end, outside Court's).
Serving sandwiches and hot beverages on Sunday evenings
(8–9.30pm) at Lincoln's Inn Fields.
- Imperial College**
389–395 Barking Road, E13 8AL
020 7476 4133, Sat: 8am–12pm
Full English breakfast
- Jesus Army**
National Portrait Gallery, near Trafalgar Square
Second full week of the month, Mon–Wed: 9pm
- Kings Cross Baptist Church**
Vernon Square, W1
020 7837 7182
Mon: 11am–2pm; Tue: 11.15am–1pm. *Open for breakfasts*
- Life Bread**
Emmanuel Pentecostal Church, 374 Lee High Road, SE12 8RS
A hot meal every Tuesday 6–8pm
- Lighthouse Chapel International**
King George's Hostel, 75 Great Peter Street, Fri: 8.30pm
- Lincoln's Inn Fields**
Mon–Fri: 7.15pm; Many vans with food and occasionally clothing. Sat–Sun: 6.15pm onwards
- The Lion's Club of Fairlop**
Charing Cross, Strand
Second & fourth Sun: 6pm
Hot Indian food
- Liss Homeless Run**
Think they closed in August – if not, please let us know
- The London & Slough Run**
Mondays (including bank holidays). Van with tea/coffee, sandwiches, eggs, biscuits, soft drinks, clothes, and toiletries: The Strand, opposite Charing Cross police station: 8.45pm; Cotten Street (Nr. Holborn) & Lincoln's Inn Fields: 9pm; Temple: 9.30pm; Waterloo (St John's Church): 10.15pm
- London City Aid**
Tothill Street, Second Wednesday of the month: 8.30–11pm
Food, bedding, clothes and toiletries
- Love to the Nations Ministries**
Charing Cross, Strand
Every second Sun: 4pm
- Memorial Baptist Church Plaistow**
389–395 Barking Road, E13 8AL
020 7476 4133, Sat: 8am–12pm
Full English breakfast

MEDICAL SERVICES

King's Cross Primary Care Centre (CHIP)
264 Pentonville Rd, N1
020 3317 2645
Tue & Fri: 2-4.30pm
For those sleeping out or in hostels within the borough
BA, BS, CL, DT, FC, H, MH, MS, NE, SH
Project London
Post St, Bethnal Green, E2 0EF
Mon, Wed & Fri: 1pm-5pm
07974 616 852 & 020 8123 6614
Operating at 999 Club, Deptford,
Wed: 2-4pm; & Providence Row,
Victoria, Fri: 9.30-11.30am
MS, SH

TB Find & Treat

For advice and information on tuberculosis
020 3477 9842
www.findandtreat.com

TB screening van - MXU

A list of all its London stops on the homepage of
www.thepavement.org.uk
Vision Care Opticians
07792 960416
Mon & Thurs: 2-7.30pm
at Crisis Skylight, Wed: 9am-5pm at The Passage
Free sight tests and spectacles

SEASONAL SHELTERS

Listed on pages 4 & 5

SOUP KITCHENS & SOUP RUNS

Agape
Waterloo Bridge, North Side
Wed: 8pm
Sandwiches, teas and coffees
All Saints Church
Carnegie St, N1 020 7837 0720
Tues & Thu: 10am-12noon
Cooked breakfast

American Church

(Entrance in Whitfield St)
79a Tottenham Court Rd, W1T
020 7580 2791
Mon-Sat (except Wed):
10am-12noon, AC, CL, FF

ment, life skills, woodwork, DIY,
art, IT, guitar, Spanish, cooking
C, ET, MC

Turnaround Resource E1

Montefiore Centre, Hanbury
Street, London, E1 5HZ
020 7247 9005
www.turnaround1.org.uk
CA, ET, IT

ENTERTAINMENT & SOCIAL EVENTS

ASLAN

All Souls Church - Clubhouse
Cleveland St
020 7580 3522
Sat eve: by invitation

Open Film Club

www.opencinema.net, FF, LA

EX-FORCES

AWOL? Call the 'reclaim your life'

scheme from SSAFA
01380 738137 (9am-10am)

Home Base

158 Du Cane Road,
London, W12 0TX
020 8749 4885

www.cht.org.uk

Accommodation for 21 ex-service men and women aged 18-55 who are homeless or potentially homeless. Require proof of military service. Phone, call in or write, C

Royal British Legion

08457 725 725
Ring the Legionline to see how they can help ex-servicemen and women

Veterans Aid

40 Buckingham Palace Rd, Victoria
020 7828 2468
A, AS, BA, D, CL, SS

Veterans UK

0800 169 2277
Free help and advice for veterans and access to dedicated one-to-one welfare service.
www.veterans-uk.info

MEDICAL SERVICES

Camden Health Improvement Practice (CHIP)

108 Hampstead Road, NW1 2LS
020 3317 6075
For those sleeping out or in hostels within the borough
Mon, Tue & Fri: 10am-12.30pm; 2-4.30pm; Wed & Thu: 2-4.30pm
MH, MS, SH

Camden Health Improvement Practice - Spectrum

Spectrum Centre, 6 Green-land Street, NW1
0207 267 2100
For those sleeping out or in hostels within the borough
Mon, Tue & Fri: 9.30am-12 noon; Wed: 2-4.30pm
BA, BS, CL, D, FC, H, MS, NE, SH

Great Chapel Street Medical Centre

13 Great Chapel Street, Soho
020 7437 9360
Mon, Tues & Thurs: 11am-12.30pm; Mon-Fri: 2pm-4pm
For those sleeping out or in hostels within the borough
A, BA, C, D, DT, FC, H, MH, MS, SH

Dr Hickey's - Cardinal Hume

Arneway St, SW1
020 7222 8593
Mon, Tues, Thurs & Fri: 10am-12.30pm & 2pm-4pm
Wed: 10am-12.30pm
A, BA, C, D, DT, H, MH, MS, SH

Health E1, 9-11 Brick Lane, E1

020 7247 0090
Mon-Thurs: 9.15am-1.30am
Friday: 10.30am-12.30pm;
Mon, Wed & Fri afternoons - appointments only
For those sleeping out or in hostels within the borough

Islington Primary Care Service (IPCS)

ISIS North, 99 Seven Sisters Road, N7 7QP
020 7561 5410
Mon - Wed, Fri: 10am-1pm; Thu: 2-5pm
For those who are homeless or have drug and alcohol problems within Islington
FC, MH, MS, SH

The Welcome Project

11 Green Lane, Essex, IG1 1XG
020 8220 4111
Tue & Thur: 12.30–3pm;
Wed & Fri: 10.30am–3pm
AS, BA, BS, CL, FF, H, L

West London Day Centre

134–136 Seymour Place, W1H
020 7569 5900
Mon–Fri: 8.45–10am (rough sleep-
er's drop-in); 10am–1.30am (drop-
in, hostel residents join); 1.45am–
1.45pm (advice, appointments
only); Mon & Thur: 1.30–3.30pm
(drop-in for those with tenancies)
AC, BA, BS, C, CL, F, FC, IT,
L, LS, MS, OL, SK, TS

Whitechapel Mission

212 Whitechapel Rd, E1
020 7247 8280
Daily: 6–11am (cooked break-
fast 8am–10am); Sat: 12noon–
2.30pm (women only)
AS, AD, B, BA, BS, BE, CL, C,
DA, D, F, H, IT, OL, SK, TS

The 999 Club

21 Deptford Broadway, SE8 4PA
020 8696 5797
Mon–Fri: 9.30am–5pm
F, H, L, LA, MS, MH, OB, SH, TS
www.999club.org

DRUG / ALCOHOL SERVICES

Addaction (Harm Reduction

Team)
228 Cambridge Heath Rd, E2
020 8880 7780
Drop-in: Mon, Fri 10am–4pm;
Tues, Wed & Thurs 12noon–6pm;
Closed each day 1.30pm–2.15pm
D, OL, MS, NE, SH

Blackfriars Road CDAT Team

151 Blackfriars Rd, SE1 8EL
020 7620 1888/6500
Mon: 2pm–4pm (drop-in)
MH, MS, NE
Central and NW London
Substance Misuse Service
282 North End Rd, SW6 1NH
020 7381 7700
Mon–Fri: 9am–5pm, C, MS
103a Devonport Rd, Shep-

Druglink

herds Bush, W12 8PB
020 8749 6799
Mon–Fri: 10am–5pm (needle
exchange and telephone
service); Mon & Fri: 2pm–5pm
& Wed: 3pm–6pm (drop-in)
C, D, OL, NE

East London Drug and Alcohol

Support Services
Capital House, 134–138 Romford
Road, Stratford, E15 4LD
020 8257 3068
Drug and Alcohol Service for
London (DASL) provides free and
confidential services to anyone who
has concerns about their own or
another person's drug or alcohol
use, working with people from
Newham, Tower Hamlets, Red-
bridge and Bexley and Greenwich.
A special Eastern European section
is listed in Eastern European section
A, C, D

The Hungerford Drug Project

32a Wardour St, W1D 6QR
020 7437 3523
Mon–Fri: 12noon–5pm, except Wed
2–5pm (drop-in); Sat & Sun: 1–5pm;
Antidote (lesbian, gay, bisexual and
transgender drug/alcohol service)
drop-in Thursday: 6–8.30pm
C, D, FF, IT, LA, MH

Needle Exchange Van

White van under Centrepoint
Tower, Tottenham Court Road
Mon–Fri: 4–7pm
Wandsworth Drug Project
86 Garratt Lane, SW18 4DB
020 8875 4400
Mon–Fri: 1–5pm; Sat: 1–4pm
AS, A, AD, AC, CA, C, D, H, NE, OB, SH

Westminster Drug Project (WDP)

470–474 Harrow Road, W9 3RU
020 7266 6200
Mon–Fri: 10am – 12.30pm
(appointments and needle-
exchange); 1–5pm (open access)
AD, C, D, H, NE, OB, SH

The Whitaker Centre

184 Camden
184 Royal College Road, NW1 9NN
020 7485 2722
Mon: 10am–3pm; Tue & Thu: 10am–
3pm

East European Advice Centre

Palingswick House, 241
King Street, W6 9LP
020 8741 1288
Open weekdays 10am–12pm & 2–
3pm, for appointments; closed Wed
Ring for appointment

Eastern European Drug and

Alcohol Support
Emmanuel's Church,
Forest Gate, E7 8BD
020 8257 3068
Support for drug and alcohol
treatment, advice, contact with
other agencies; Thur: 5–7pm
Part of DASL in Drug &
Alcohol Services

Hackney Migrant Centre

St Mary's Church, Spenny
Walk, Stoke Newington
Church Street, N16 9ES
info@hackneymigrantcentre.org.uk
Wed: 12.30–3.30pm
Free advice and support for refu-
gees and migrants, AD, BA, FF, H

URJOBS

Upper Room, St Saviour Church,
Cobbold Road, W12 9LN
020 8740 5688
07967 312207 (English)
07772 565815 (Romanian)
07772 473554 (Polish)
Mon–Fri: 3.30–6.45pm (hot
supper); Mon & Tue: 12noon–5pm
Help in finding work and education
www.urjobs.co.uk C, ET, FF

EMPLOYMENT AND TRAINING

Dress for Success (Women)

Unit 2, Shepperton House
89–93 Shepperton Road, N1 3DF
020 7288 1770
www.dressforsuccess.org/London
Smart clothing for job interviews

New Hanbury Project (SCT)

3 Calvert Avenue, E2 7JP
020 7613 5636
Mon–Thur: 9.30am–4.15pm
Courses in: personal develop-

3.30pm (appointments & activities)
A, AC, BA, BS, C, D, ET, FF, H, IT,
L, LA, LS, MH, NE, OL, SK, SH

SanKtUs

Mon-Fri: 11.45am-3.45pm
AC, BS, C, CL, F, H, IT, L, OL
Entrance in Falkland Road
020 7485 9160

Mon, Wed, Fri: 2-3pm;
Sun: 3-4pm

BS, CL, FF, H
Sun: 3-4pm

Shoreditch Community Project

(SCT) St Leonard's Church
Shoreditch High St, E1

Mon & Wed: 9.30am-
12.30pm; Tues: 2-4pm

FF, BA, OL
FF, BA, OL

Simon Community Day Centre

1 Hilldrop Road, Camden, N7 0JE
020 7607 9534

Mon, Wed & Fri: 11am-3.30pm
B, BS, CL, FF, H, IT, L, OB

Southwark Salvation Army

1 Princess Street, SE1 6HH
020 7928 7136

Wed 1-3pm (drop-in with
lunch); Thurs 10am-3pm; Fri

1-2.30pm (lunch and bible study)
AC

Spectrum Centre See Camden Spectrum

8 Tooting Bec Gardens, SW16 1RB
020 8696 0943

Mon: 8am-12noon (women
only); Tues: 9-10.30am (rough

sleepers only); 10.30am-2pm
(drop-in); Wed: 10am-12noon

(rough sleepers only); Thu:
9am-1pm (rough sleepers only); Fri:

9-10.30am (rough sleepers only);
10.30am-1.30pm (women only)

Mon-Fri adult learning courses
- contact Spire for more info.

A, AD, AS, BA, BS, CL, C, D, ET,
FC, FF, H, LA, LF, MC, MH, MS

St Christopher's Centre

Lime Grove Resource Centre,
47 Lime Grove, W12

Please call for opening
times: 020 8740 9182

AC, BS, CA, ET, FC, IT, L, MS
Mon-Fri: 9.30am-12noon (8.30am

Manna Day Centre
6 Mellor St, SE1
020 7403 1931
Every day: 8.30am-1.30pm
AS, BA, BS, BE, CL, DT, FF,
FC, H, MH, MS, OL, TS

New Cross 999 Club

All Saints, Monson Rd, SE14
020 7732 0209

Mon-Fri: 10am-5pm
AD, ET, FF, L, LA

New Horizon Youth Centre (16

- 21 year olds)

68 Chilton Street, NW1 1JR
020 7388 5560

Daily: 10.30am-4pm
AS, AC, CA, C, ET, LA, MS, MC, OB

No 10 - Drop in Centre (Salvation

Army)
10 Princes Street, W1B 2LH
020 7629 4661

Tue, Wed, Fri: 2.30-4pm
(advice & enquiries);

Mon: 3-5.30pm (advice & enquir-
ies; film group); Tue: 2.30-4pm

(reading group); Wed: 5.30-8pm
(drop-in - soup & sandwiches); Fri:

12.30am-2pm (table tennis club)
BA, CL, H, LA

North London Action for the

Homeless (NLAH)
St Paul's Church Hall, Stoke

Newington Rd, N16 7UE
(Entrance on Evering Road)

Mon: 12noon-1.30pm;
Wed: 7.30-8.30pm

BA, BS, CL, FF
The Passage (25+)

St Vincent's Centre,
Carlisle Place, SW1P

020 7592 1850
Mon-Fri: 8am-12pm (for rough

sleepers); 12-2pm (Lunch);
2-6pm (appointments); 4.30-6pm

(verified rough sleepers - by invita-
tion); Sat-Sun: 9am-12noon.

A, BA, CA, CL, D, ET, F, FC,
H, IT, L, MH, MS, TS

Providence Row

The Dellow Centre
82 Wentworth St, Aldgate, E1 7SA

020 7375 0020
Mon-Fri: 9.30am-12noon (8.30am

St Cuthbert's Centre

The Philbeach Hall
51 Philbeach Gdns, Earls Court

020 7835 1389
Mon-Fri: 11.45am-3.45pm

AC, BS, C, CL, F, H, IT, L, OL
St Giles Trust

64 Camberwell Church St, SE5 8JB
020 7708 8000

Mon-Thur: 9.30am-12.30pm
AS, AD, BA, CA, ET, H, L, IT, OL

St Stephen's Church (The Manna)

17 Canonbury Rd, N1 2DF
020 7226 5369

Tues: 7-9pm (drop-in); Weds:
1-3pm (drop-in - B and FC); Fri:

10am-12noon (key work session)
BS, CL, FF, L

The Tab Centre

20 Hackney Rd, Shoreditch, E2
020 7739 3076

Friday: 9am-12noon, F
Triumphant Church International

136 West Green Rd
South Tottenham, N15 5AD
020 8800 6001

Sun: 10-11am (open drop-in)
AD, C, FF

Union Chapel (Margins)

Compton Terrace, Upper Street, N1
020 7359 4019

Sun: 3pm-5pm
BS, CL, FF, HA, L, LA, LF

Upper Holloway Baptist Church

11 Tollington Way, N7
020 7272 2104

Mon: 10am-1pm CL, FF, LF
Upper Room, St Savour's

Cobbold Rd, W12
020 8740 5688

Mon: 1-6pm (UR4Jobs); Tue-Thur:
5.30-6.45pm; Fri: 1-6pm (UR4Jobs);

Sat-Sun: 12.30-1.30pm
A, AC, BA, C, CA, CL, D,

ET, IT, FF, H, OL
Webber Street

6-8 Webber St, SE1 8QA
020 7928 1677

Mon-Sat: 9am-12noon
AS, B, BA, BS, BE, CL, FF,

LA, MH, MS, OL

ScotsCare & Borderline (for Scots

in London)
22 City Road, EC1Y 2AJ
Call the helpline on 0800 6522 989

Borderline (for Scots):
BA, CA, H, B, P, TS
Mon–Fri: 09.30am–12.30pm

(appointments); Mon, Tue,
Thu, Fri: 2–4pm (walk in)

0800 174 047 (freephone)
dutyworker@scotscare.com

AD, BA, C, CL, D, H, MH,
F, L

Stonewall Housing
22 Leroy House, 436
Essex Road, N1 3QP

Free confidential housing advice
for LGBT people of all ages.

Three weekly sessions running:
(advice): 12pm–3.30pm (drop-in);

Mon–Thurs: 9.30am–12pm
12 noon–1pm (sandwiches).

AC, BA, BS, CA, CL, C, ET,
FF, H, IT, L, LA, LF, MC

Mon–Thurs: 8am–9.30am
(breakfast club)

Hanbury Community Project (SCT)
Details of their changes have been
confirmed, and they're now called

the New Hanbury Project, and listed
under **Employment & Training**

The Haven Club
At the Holy Cross Centre
(See below).

Mon: 6pm–10pm
For self-treating drug & alcohol
users: no using on day or no entry

Holy Cross Centre
The Crypt, Holy Cross Church
Cromer St, WC1

020 7278 8687
Mon: 2pm–5pm; Tues: 6–9pm;
(ticket required) Thurs: 5–8pm;

Italian speakers session); Fri:
12 noon–3pm (refugees and
asylum seekers session).

AC, FF, H, IT, LA, LF, MH,
AD, BA, BS, CL, C, FF, H, MC, OB

Earls Court Community Project
Ungoing renovation until
2012, but still open at:

23 Barnabas Church, 23
Addison Road, W14 8LH
020 7471 7030

Tue & Wed: 2–4pm
CL, FF

Hackney 180 First Contact &
Advice (Thames Reach)
Hackney Methodist Church

219 Mare St, E5
0208 985 6707

Mon–Thurs: 8am–9.30am
(breakfast club)

The Connection at St Martin's
12 Adelaide St, WC2
020 7766 5544

Mon–Fri: 9am–12.30pm (12pm
Wed). Various afternoon ses-

sions from 1pm (except Wed).
Weekends: (limited to rough
sleepers, by invitation).

A, AC, BA, BS, CA, CL, D, ET, F, FC,
H, IT, MC, MH, MS, OB, SK, SS

Croydon Resource Centre
70a Wellesley Rd, Croydon, CR0 2AR
020 8866 1222

Mon–Fri: 10am–3pm
AS, BA, CA, CL, ET, F, IT, LA

Cricklewood Homeless Concern
60 Ashford Road, NW2 6TU
020 8208 8590

info@chc-mail.org
Homeless drop-in: 28a Fortnegate
Rd, Crover Park, NW10 9RE

Tues & Fri: 10am–2.30pm;
Wed & Thurs: 12.30–2.30pm
Mental health drop-in: in flat

above St Gabriel's Hall
77 Chichele Rd, Crickle-

wood, NW2 3AQ
Tues–Fri: 10am–12 noon.
AC, BA, BS, H, IT, L, MS, OL

Depford Churches Centre
Speedwell St, O20 8692 6548
Mon, Tues, Thu & Fri: 9am–3.30 pm

CA, CL, D, DA, DT, ET, FF, H, L,
LA, LF, MC, MH, MS, OL, SS, TS

London Jesus Centre
83 Margaret St, W1W 8TB
0845 8333005

Mon–Fri: 10am–12.30pm
BS, CL, F, IT, L, SK

Bromley 999 Club
424 Downham Way,
Downham, BR1 5HR

020 8698 9403
Mon–Fri: 10am–5pm, AD, L, FF

Broadway Day Centre
Market Lane, Shepherds Bush, W12
020 8735 5810

Mon, Wed, Fri: 10
- 11am (drop-in); 2–4pm
(groups & appointments)

AD, A, BA, BS, CL, DA, D, ET, F, FC,
H, IT, L, LA, MS, MH, ML, SK, SH, TS

Action Homeless Concern
Emmas House
1 Berrymead Gardens, Acton

020 8992 5768
Call for opening times
A, B, BA, CL, D, DT, ET, F, FC

www.aceofclubsubscapham.org
St Alphonsus Rd, Clapham, SW4 7AS
020 7720 2811/0178

Mon–Fri: 12noon–3pm
AS, A, B, BS, BE, CL, DT, F, H,
L, LA, MS, MH, OB, TS

DAY CENTRES AND DROP-INS
www.stonewallhousing.org
020 7359 5767 (advice line)

14–15 Lower Marsh, SE1 7RJ
020 7359 5767 (advice line)

Church Army (women only)
1–5 Cosway St, NW1
020 7262 3818

Mon–Thurs: 9.30am–12pm
(advice): 12pm–3.30pm (drop-in);

AC, BA, BS, CA, CL, C, ET,
FF, H, IT, L, LA, LF, MC

Mon–Thurs: 8am–9.30am
(breakfast club)

Divine Rescue
Thurlow Lodge, 1 Thurlow Street,
SE17 2US, 020 3489 1765

Mon: 10am–6.30 pm;
Tue–Fri: 10am–5pm
AD, AS, AC, BA, C, CL, FF, H, MC, OB

Earls Court Community Project
Ungoing renovation until
2012, but still open at:

23 Barnabas Church, 23
Addison Road, W14 8LH
020 7471 7030

Tue & Wed: 2–4pm
CL, FF

Hackney 180 First Contact &
Advice (Thames Reach)
Hackney Methodist Church

219 Mare St, E5
0208 985 6707

Mon–Thurs: 8am–9.30am
(breakfast club)

Hanbury Community Project (SCT)
Details of their changes have been
confirmed, and they're now called

the New Hanbury Project, and listed
under **Employment & Training**

The Haven Club
At the Holy Cross Centre
(See below).

Mon: 6pm–10pm
For self-treating drug & alcohol
users: no using on day or no entry

Holy Cross Centre
The Crypt, Holy Cross Church
Cromer St, WC1

020 7278 8687
Mon: 2pm–5pm; Tues: 6–9pm;
(ticket required) Thurs: 5–8pm;

Italian speakers session); Fri:
12 noon–3pm (refugees and
asylum seekers session).

AC, FF, H, IT, LA, LF, MH,
AD, BA, BS, CL, C, FF, H, MC, OB

Homeless Action in Barnet (HAB)
36B Woodhouse Road, N12 0RG
020 8446 8400

Mon – Fri: 12noon – 3pm (drop in);
Mon, Tues & Thurs: 9am – 12noon
(rough sleepers only); Wed: 9am

– 12noon (women's group)
AD, BA, BS, CL, C, FF, H, L, TS

London Jesus Centre
83 Margaret St, W1W 8TB
0845 8333005

Mon – Fri: 10am – 12.30pm
BS, CL, F, IT, L, SK

the list

The directory of London's homeless services

Updated 01 November 2012

| | | |
|------------------------|--------------------------|----------------------------|
| Key to the list: | Debt advice – DA | Luggage storage – LS |
| Accom. assistance – AS | Dentist – DT | Medical services – MS |
| Advocacy – AD | Drugs workers – D | Mental health – MH |
| Alcohol workers – A | Education/training – ET | Music classes – MC |
| Art classes – AC | Free food – FF | Needle exchange – NE |
| Barber – B | Food – F | Outreach worker links – OL |
| Benefits advice – BA | Foot care – FC | Outreach workers – OB |
| Bathroom/showers – BS | Housing/accom advice – H | Safe keeping – SK |
| Bedding available – BE | Internet access – IT | Sexual health advice – SH |
| Careers advice – CA | Laundry – L | SSAFA – SS |
| Clothing – CL | Leisure activities – LA | Tenancy support – TS |
| Counselling – C | Leisure facilities – LF | |

Email changes and suggestions to: thelist@thepavement.org.uk
Or write to our address on page 3
Updated entries: 6
Services added: See pages 4 & 5

ADVICE SERVICES

Advisory Service for Squatters
Angel Alley, 84b Whitechapel High Street, E1 7QX
0203 216 0099 (cheaper to call 0845 644 5814 from land lines outside London)
www.squatter.org.uk
Alone in London (16–25 years)
Unit 6, 48 Provost Street, London, N1 7SU
020 7278 4224
Mon–Fri: 9am–1am (first contact); 2–4pm (advice and appointments); For those aged 16 – 25 years.

who are homeless or at risk of becoming homeless
A5, BA, C, CA, H, IT
www.als.org.uk
Bridge Resource Centre
Bridge Close, Kingsdown Close, W10 6TW
0208 960 6798
CA, ET, IT
The Caravan Drop-In
St James's Church, 197 Piccadilly, W1
Open daily: Sat – Mon; 10am – 7pm: Tues – Fri; 11am – 7pm
A friendly ear to listen, with some access to counselling
Depaul UK (young people)
291–299 Borough High Street, SE1 1JG
020 7939 1220 (central office)
www.depauluk.org

HOPE worldwide / Two Step
360 City Road, EC1V 2PY
020 7713 7655
Mon–Fri 10am–4pm (appointments only)
A5, H, TS
KCAH
36a Fife Rd, KT1 1SU
020 8255 2439
BA, FF, H
London Irish Centre
50–52 Camden Sq, NW1 9XB
020 7916 2222
Ring for service times
A, BA, C, CL, D, E, H, MC
Notre Dame Refugee Centre
5 Leicester Pl, WCH 7BX
020 7434 1619
Mon and Thurs: 11am–4pm
(drop-in) Service for French-speaking refugees and asylum seekers
BA, C, CA, FF, H