

the
FREE
monthly for
homeless
people

the Pavement

October 2014





Street dreams

This month there's a nip in the air again, so it seemed a good time to go out on the streets to investigate the controversy around soup kitchens: is free food for those who need it ever a bad thing? We've also got ourselves some new writers – watch out for contributions by *Big Issue* vendor trainees. And we also speak to someone who went from being a homeless heroin addict to sought-after artist in just a matter of months. Street dreams indeed...

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Your View

Facebook

In response to The Pavement-Magazine posting petition to Lyn Brown: Social housing not social cleansing! Stop evicting people.

David V Barrett: Lyn Brown is my MP. Supposedly Labour. I've never seen anything useful coming from her. Sir Robin Wales is my local elected mayor, one of the highest-paid in the country, in one of the poorest boroughs. The entire council is supposedly Labour. These useless sods make Tony Blair look like a radical Leftie.

Twitter

@cfly97live:

It's going to start to get cold again soon. #Homeless @ThePavementMag #Winter

@Ayeheadream

@cfly97live @ThePavement-Mag: Back to the quandary of heating or eating, then.

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Elizabeth Harben

Age at disappearance: 46

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**missing
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Upfront: Books to inspire

New library aims to increase homeless people's literacy

A leading UK homelessness charity launched a library aimed at inspiring homeless people to improve their reading, writing and numeracy skills last month to mark International Literacy Day.

Run by St Mungo's Broadway, the new resource has opened at the charity's Recovery College in Southwark and aims to help its clients to help them to improve their literacy skills and move on with their lives.

Its shelves include books nominated by supporters including *To Kill A Mockingbird*, Harper Lee's powerful tale of racial inequality in America's Deep South, and *1984*, George Orwell's tale of a state control. Literacy classes and support groups are also on offer.

According to the charity, 51 per cent of all homeless people have barriers to basic literacy skills and struggle to complete everyday tasks such as filling in forms and legal documents.

The chair of the Business, Innovation and Skills (BIS) Select Committee, Adrian Bailey, who officially opened the library last month, said he had been "bowled over" by the work being done to promote literacy.

The launch of the new library facility also coincided with the BIS committee's publication of a report into adult literacy and numeracy. It called for the government to do more to support the literacy and numeracy needs of adults, including unemployed people.

Kyla Kirkpatrick, St Mungo's Broadway's Director of Skills and Employment, said: "For many people who are homeless, trouble with IT, maths and English severely hampers their training and employment prospects and makes recovering from homelessness even harder.

"We welcome the Government's pledged to prioritise support for the most disadvantaged, but mainstream education and skills programmes still have a long way to go before they work well for people who are homeless."

At the launch event, Luke, a client of St Mungo's Broadway, read a short piece that he was able to complete only thanks to the help that the Recovery College had provided him in improving his literacy skills.

In a blog he had written a few months earlier, the Recovery College client explained just how helpful



Luke, St Mungo's Broadway client, with Adrian Bailey MP, and Kyla Kirkpatrick, Director of Skills and Employment at St Mungo's Broadway.

the college had been in improving his literacy skills since a St Mungo's Broadway key worker started helping him just over six years ago:

He wrote: "I started to meet up with the tutor every Tuesday morning and doing basic literacy exercises. My handwriting started to improve and my grammar along with it – my confidence got a massive boost as well. And then the tutor suggested that I write for *Homeless Diamonds*, an arts magazine produced by St Mungo's Broadway clients.

"So I agreed to write for it. "My enjoyment of going to literacy classes has grown and grown. "I like helping others when they are stuck on a word, I also like the reading group because even though I can read, I think my reading still needs to improve. Also, if I need to fill out important forms, then continuing to go to the literacy and reading classes will benefit me and my confidence."

Dan Falvey

Tracy's story

Tracy has experienced homelessness on and off for 13 years. She was fostered as a child and always felt like she was falling behind in school. "I was told I was stupid and chaotic, which I then believed. I didn't spend much time in school, so didn't improve my literacy. I had no self-esteem or confidence and am only starting to build on this now."

Poor literacy led to Tracy losing her home in the 1990s because she failed to fill in her Housing Benefit form: "I didn't know what it was so I put it in a drawer. I didn't know whether there was support or where to find support to help me."

Things started to improve for Tracy when she moved into a St Mungo's Broadway project and decided to volunteer with 'Outside In', a group set up to harness the voice, skills, talents and strengths of the people living in St Mungo's Broadway hostels to help improve service delivery.

Tracy also attended the London Recovery College, where she has completed courses including self-esteem, IT and assertiveness. She also helped run a knitting class.

"This has improved my confidence and self-esteem, and I am now improving my literacy," she explained. "I can now complete forms and my hope for the future is to help people in the care sector."

Literacy: the facts

St Mungo's Broadway assessed 139 people and held 30 in-depth interviews with clients.

They found that:

- One in two lack the basic English skills needed for everyday life
- Fifty-five per cent were found to lack basic maths skills
- Many had a poor experience of school, often connected to unstable or traumatic childhoods
- Clients who lack basic English and maths skills make less progress in addressing physical and mental health issues
- A 2013 survey of 1,595 St Mungo's clients found that only six per cent were in paid work
- Poor English and maths skills partly explain this extremely low rate of employment
- Mainstream further education courses also generally have rigid attendance requirements, are delivered at a set pace and have relatively large class sizes. This makes it harder for people with literacy issues to complete them.

UK news

Immigration Bill checks

Government plans to force landlords to check the immigration status of tenants have been criticised by homeless charity Crisis because of concerns they could prevent more people from finding a home.

A pilot scheme will launch in the West Midlands on 1 December. It will require landlords to check renters' documents to prove their immigration status as part of the new Immigration Act.

However, many have raised concerns that it might lead landlords, unsure what paperwork they should be checking, to discriminate against people from visible minorities for fear getting fines if they get it wrong.

Matt Downie, Director of Policy and External Affairs at Crisis, has warned the policy could make life even more difficult for homeless people.

He said: "It's hard enough for homeless people to find a place to live. Asking them to prove their immigration status to landlords could make matters worse."

Documents often get lost or stolen while people are living on the streets or moving from place to place, and replacements can be expensive, Downie said.



Chris Cain. Lorna Jones thought the immigration checks were a good idea.

He added: "In today's high pressured rental market, landlords are unlikely to wait for a tenant to produce the required documents, choosing instead to rent to someone who can immediately provide the evidence."

Minister for Security and Immigration James Brokenshire said the Act should "reform and streamline" the immigration system as well as tackling illegal immigration.

He said: "When these provisions come into force, landlords will be prohibited from letting residential accommodation to people who have been disqualified by virtue of their immigration status."

The scheme will be rolled out across the country with its success evaluated by landlords, agents and homeless charities.

'Big Issue' journalism trainees

English drug deaths rise

Drug charities have expressed “serious concerns” following reports that drug poisoning deaths involving heroin and morphine rose by almost a third in England last year.

According to the latest official statistics, 765 deaths involving heroin or morphine were reported in England and Wales during 2013, a rise of 32 per cent from 579 deaths in 2012.

Deaths from other drugs also rose, with a total of 3,000 people killed by legal and illegal drugs.

The number of men killed by illegal drugs was most stark, rising by 23 per cent from 1,177 in 2012 to 1,444 in 2013. The number of women who died rose 12 per cent, from 459 in 2012 to 513 in 2013.

Most of the increase in the number of deaths occurred in England, with little change to the number of drug-related deaths in Wales. However, death rates from drug misuse are still significantly higher in Wales than in England.

The upward trend is in contrast to Scotland, which saw deaths fall by nine per cent over the same period.

In England, the North East had the highest mortality rate from drug misuse in 2013 (52.0 deaths per million population), and London had the lowest (23.0 deaths per million population).

The charity DrugScope expressed

“serious concerns” over the figures, which marked a “reversal of the recent downward trend and appear to show the sharpest increase since the early 1990s”.

“Of course, this is about more than just numbers; each death represents a tragedy for the individual concerned, their family and friends,” DrugScope chief executive Marcus Roberts added.

Roberts said that the lack of contextual information made it difficult to know why the increase had taken place. He called for research to improve understanding of how different approaches to drug treatment affect the risk of dying, and to evaluate the support currently offered to addicts.

The charity also urged the government to review the timetable for its proposed roll-out of Naloxone provision, allowing drug users easier access to this medicine which counteracts heroin overdoses.

The roll-out is currently scheduled for October 2015 at the earliest, but DrugScope called on the government to bring the launch forward so that “this life-saving medication can be used as soon as possible, to prevent more people from dying”.

According to recent research by Homeless Link, 36 per cent of homeless people had taken drugs in the last six months.

Katharine Hibbert



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SAMARITANS



Indy Ref sparks food bank

Glasgow's George Square has become home to a "people's food bank" as campaigners tap into the yearning for social change expressed in the wake of the Scottish independence referendum.

Though 55 per cent of Scots voted to remain part of the United Kingdom in the referendum last month, in Glasgow 53 per cent voted for independence, and tensions ran high after the result.

Organised gangs of unionists took advantage of the tensions, leading to outbreaks of violence in the city centre on Friday, 19 September.

Horrified campaigners held a peace rally in response. But when the social campaigners Andrew and Darren Carnegie spoke of their food bank, Glasgow's Needy, they found Glaswegians rushed to donate, with 100 bags of food collected in the city centre in one day alone.

The father and son team have now pledged to request donations every Saturday. More bags of food flooded into the square last week, and will last their food bank for months to come.

Darren, 25, told the *Daily Record* they were overcome by the people's goodwill. He said: "It was a stark contrast to Friday night.

"The scenes of violence show a tiny minority of Glaswegians displaying a vile bigotry that's



Shopping bags donated in George Square

not representative of anything.

"That's why we were down there with our peace flags: to show Glasgow is a good city with good people.

"The intention was to speak about peace, about ending bigotry and hatred, and we got on to our food bank."

Every year, between November and January, the pair organise a foodbank, which helped 300 hard-up Glaswegians in 2013–14.

Darren, who voted 'Yes' in the referendum, added: "I was disheartened about the vote, but I know we've created something special.

"We now have the man in the street interested in social justice."

Meanwhile, the Trussell Trust, the UK's largest food bank, reported a sharp increase in the number of donations to branches across Scotland.

Staff



The Community Film Unit captured Harry Doherty's story on film

Harry's film cleans -up

A film about a 19-year-old recovering addict with mental health issues has been nominated as the winning entry in the Recovery Street Film Festival, a new event set up to tackle the stigma associated with addiction.

Harry's Story, made by the Community Film Unit, was one of 10 shortlisted films about recovery which were shown at events around the country last month as part of the festival, delivered in partnership with charities including Turning Point, Phoenix

Futures and Alcohol Concern.

Anyone who has been affected by addiction was asked to enter a three-minute film around the theme of “deserving a future” to highlight the challenges of recovery. Over 30 films made the longlist, all tackling diverse themes around the battle to recovery, from criminality to the need for support.

The films were judged by a panel of industry experts including David Cohen, a psychologist, writer and documentary filmmaker.

The winning entry sees Harry Doherty, 19, who at the time of filming was on JobSeeker’s Allowance and on placement with Mossley Youth Club, where he hopes to gain a traineeship and work apprenticeship to work in the future, speaking of what led to his addiction to methamphetamines.

Diagnosed with borderline personality disorder and volatile psychosis, he says he used the drugs to cope and “became addicted to the sensation of not thinking; addicted to the sensation of not having to deal with it.”

His attempt to deal with his mental health disorders by taking drugs spiralled quickly out of control and he was soon taking 3g of meth amphetamines – sometimes called crystal meth or Ice – every day.

In the film he says of his recovery: “I know a fair few of my old friends are all homeless now.

They’re in their early twenties.

“Who’s to say in a few years I’ll still be around. It’s hard, you know, it is hard. But you never get better. You just learn to cope.”

The three-minute film is based on a 90-minute interview Harry did with film makers, allowing them to chose key moments to tell his story with maximum impact.

“This is a really great idea and platform that has been put together by a variety of different partners. We’re very delighted to have won it,” said Matthew Joblin of the Community Film Unit. “Most of all, it’s a fantastic competition, and the people who should really be celebrated are the people in each of the films and the partners running the competition and bringing their stories to a wider audience.”

And some more good news: since filming, Harry has started a business administration apprenticeship with Mossley Youth Club.

Mitch Winehouse, who launched the festival and has supported addiction charities since his daughter’s death from an overdose, said: “This film festival is another great example of Britain’s recovery community giving something back to society and reaching out to share their stories, and hopefully in turn save lives.”

Emma Batrick

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Mother of all campaigns

A group of mothers from London's East End who started a campaign for affordable homes after being evicted from their hostel in Newham have occupied a housing estate in protest at the shortage of affordable housing.

The original Focus E15 mothers campaign was a group of young mothers housed in a hostel run by East Thames Housing Association to accommodate young people under 25, many of whom were homelessness.

When Newham Council decided to close the hostel, the women were offered alternatives in cities across England including Birmingham and Manchester. But they started a campaign, which saw them all rehoused in the area.

Last month, increasingly frustrated by London's housing problems, they decided to take their campaign a step further and moved

into the flats in the boarded-up and earmarked for demolition Carpenters Estate in Stratford, east London. The flats have been sold to a developer who will 'regenerate' the area.

Mother-of-one Jasmin Stone, 20, one of the leaders of the Focus E15 campaign, told the *Evening Standard*: "Since we started our campaign last September, we have met hundreds, if not thousands, or people of all ages who are really suffering with housing problems. We need to stand together and fight for a decent housing for everybody.

"Newham should not be for one class of people. There are too many council homes being sold off and they are being built into luxury flats. We want to repopulate this council estate."

However Newham's Councillor Andrew Baikie, the area's mayoral adviser for housing, said the Carpenters Estate was "not viable".

Staff

Bill tackles surge of revenge evictions

The Government has announced its support for Lib Dem MP Sarah Teather's Tenancy Reform Bill to restrict revenge evictions against tenants who complain about poor conditions.

The announcement comes after figures show there was a 26 per cent rise in landlords making claims for repossession between 2010 and 2013. The trend continued upward in the first half of 2014 to 85,717, according to the Ministry of Justice.

Housing charity Shelter welcomed the news, claiming that 600 households in England are at risk of losing their homes every day, some as a result of so-called 'revenge evictions'.

A Shelter spokesperson said: "In just the past year, more than 200,000 renters have been victims of revenge evictions – kicked out by their landlord just for complaining about unacceptable living conditions. Worse still, one in 12 renters is too scared to complain, in case it leads to them losing their home. With the new law, renters can leave all this behind."

The Tenancy Reform Bill will ban landlords from evicting tenants by serving a no-fault 'Section 21' notice. Under these notices, landlords can give tenants two months' notice to leave without giving any reason.

The Bill could ban landlords

from doing this within six months of a local authority improvement or hazard awareness notice. It could also prevent landlords from evicting tenants in response to a legitimate, written complaint about the condition of the property which the local authority considers legitimate.

Lib Dem Department for Communities and Local Government Minister Stephen Williams said: "Our private rental sector is an asset, providing homes for nine million people across the country. So I'm determined to root out the minority of rogue landlords that give it a bad name."

Housing Minister Brandon Lewis has published a new model tenancy agreement to give tenants the power to agree longer deals with landlords, and a new code of practice to clarify the legal requirements of landlords and letting agents to their tenants. There is also a new requirement for letting agents to belong to an approved redress schemes by the October 2014 deadline.

In response to the crisis, Newham introduced a private landlord licensing scheme which came into effect in January 2013.

Other councils such as Croydon, Barking and Dagenham, Southwark and Tower Hamlets have followed suit or have begun a public consultation to fix this problem.

Adrian Whyatt (Big Issue trainee)



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In focus: Soup runs

Some see soup runs as a good thing. Others claim giving people handouts keeps them homeless, damaging their health and life chances. Emdad Rahman, journalist and soup kitchen volunteer, went out to find out what the fuss is all about.

The words “soup kitchen” bring to mind older times – a necessity in a pre-welfare state for those who fell through the gaps. The first soup kitchens date back to the late 18th century, so surely by now we’ve worked out how to keep everyone fed? But as many of you will know only too well, soup kitchens remain very relevant today.

As benefits are slashed, and people find themselves sanctioned, it’s not just food banks people are falling back on; a Scottish Government report found nearly five times as many people used both food banks and soup kitchens in the six months to September than during the whole of 2011–12. Meanwhile, most soup kitchens up and down the country are themselves reporting record demand on their services.

Yet, believe or not, there is a lot of controversy surrounding soup kitchens in Britain. The majority of the wider public view soup runs as

a godsend, a lifeline and support for some of the most vulnerable people in our society. It’s certainly a view I hold. When I began volunteering at the Whitechapel Mission one Christmas day morning, what I noticed immediately was that people from all walks of life were here. Some had lost employment, others were in debt, some suffering from stress – all factors that had led them to need the help of the soup kitchen. You may be one of the thousands who rely on them too.

But some see it differently. Many of the big charities believe that they are not helpful as they help entrench people in a homeless lifestyle. If you know you can get food on the street, you’re less likely to move on with your life, so the argument goes.

“This soup kitchen provides me with a hot meal and great company”: Amanda

Meanwhile, for many authorities it’s mobile services that prove especially controversial, with critics claiming they attract people to city centre locations, bringing with them criminality and other problems.

No matter that research from Shelter showed this was not the case, some councils have longstand-



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Giving out a bowl of soup may not sound controversial, but it is. (© Creative Commons)

ing concerns. In 2011, Westminster backed down – under pressure – on plans to ban soup runs entirely from the borough, but some soup run organisers claim they remain hostile.

Soup kitchens in many areas report that they are under attack. Earlier this year, the Christian Kitchen, which had been served notice by the council to move from its central location, won a judicial review which allows it to stay put for the time being.

Last month, Bournemouth

Borough Council told Anastasia Wells at the Street Light soup kitchen which feeds up to 150 people a week, that foods could not be handed out as it could attract antisocial behaviour. The Council's Community Safety manager, Andrew Williams, says: "We are working with Street Light to find an alternative and more appropriate location for the soup kitchen. We are particularly concerned for the safety of both residents and tourists who use the gardens

who are currently impacted by its presence, especially those trying to access the toilet facilities and the potential for antisocial behaviour.”

Stratford City in East London seems well-heeled on the surface. But it does not seem so affluent once you realise that 50–80 people sleep rough at night. One Third is a local group of volunteers who run a soup kitchen. Group leader Kaiser Raja told *The Pavement*: “These are essential services for some of our most helpless and vulnerable fellow citizens.

“We run a small kitchen on Friday and Saturday evening every week. Judging by the number of visitors who are hungry and sleeping rough, we are very popular with the masses. We receive absolutely no government funding and the kitchen runs on the good will and big hearts of our volunteers and members of the public who donate their time and money.”

Kaiser has strong words for the sofa pundits who take potshots: “Excellent services like ours are amazing resources and I have just one thing to say to those who say we pander to poor work shy attitudes: come and spend one hour in the presence of our volunteers and service users and see if your attitude doesn’t change.”

Amanda (who didn’t want to give her surname) is a regular guest at the One Third soup kitchen: “I pop along every Saturday to meet the team and have a chat,” she says. “I

am homeless and have a baby. My father helps out as much as he can. My partner had to move away from London as his grandmother is terminally ill. I don’t have much money to eat healthily and pay the bills.”

She is clear about what this particular soup kitchen provides: “One Third are heaven-sent. This soup kitchen provides me with a hot meal and great company. The volunteers are very friendly and I forget about all my troubles for a couple of hours when I’m with them. Thank God they’re around because if they weren’t, I wouldn’t expect the government to help me out.”

Having been involved in the homeless sector for over 10 years, Jamie Nalton, interim manager of the London Simon Community, has passionate views to share: “Soup kitchens are absolutely necessary. They are independent services and a whole lot more than just food.

“Soup kitchens are where you can be yourself, meet people and enjoy a few moments where you can forget about the harshness of life.”

So while homelessness, benefit sanctions and poverty remain issues in Britain, it looks like soup kitchens will be staying.

Do soup runs provide an important service? Tell us what you think.

Find out where you can get help:
thepavement.org.uk/services.php

News in brief

Homeless news from the UK and across the world

Youth allowance proposed

Young people aged 18–21 will no longer be allowed to claim housing benefit if the Tories wins the next election, the Prime Minister has claimed.

David Cameron made the claim at the Conservative Party conference last month, reports *Inside Housing*, where he unveiled plans to replace JobSeekers Allowance, (JSA) with a 'youth allowance' set at the same level as JSA (£57.35 for those aged 16–24).

To continue receiving the allowance after six months looking for work, claimants would have to undertake daily community work, an apprenticeship or a traineeship.

The reduction of the benefits cap and the restriction on housing benefit is intended to fund the creation of three million apprenticeships over the next parliament.

Care leavers, single parents and some vulnerable people will be exempt from the reforms.
Staff

Gallery alert

A homeless man who went into the Tate Britain gallery in central London to use the toilet and fell asleep, was locked in the building after dark, reports the *Evening Standard*.

Raj Patel, 32, went into the Tate Britain in Pimlico fell asleep inside the toilet cubicle shortly before closing time late last month.

The former IT worker, who had been sleeping rough, woke up two hours later to find the gallery locked up and plunged into darkness.

The gallery issued a statement saying it was reviewing its security following the incident.
Staff

Mental health help for all

A report into mental health care, by the government's chief medical officer, which called for better mental health services to stop people taking time off sick, has been criticised by mental health charities.

The report, by Professor Dame Sally Davies, said more help was needed for those in work to stop mental health issues have a detri-

mental effect on the economy.

The paper estimated that around 70 million days were lost to mental illness last year, costing the economy between £70 and £100 billion.

However, Paul Farmer, chief executive of leading mental health charity MIND, said improved and faster access to care should be available to all, not just those in work.

He said: "We feel it is essential that everyone with a mental health problem gets timely access to the treatment they need, whether in or out of work."

Prof Davies said: "I urge commissioners and decision-makers to treat mental health more like physical health. Sixty to seventy per cent of people with common mental disorders such as depression and anxiety are in work."
Staff

Shelter moves into housing

A charity is preparing to open its first houses for homeless people in a town where a "cardboard city" of dwellers has sprung up, according to the BBC.

The Selig (Suffolk) Trust, operates the winter night shelter in Ipswich, which has been used by about 30 rough-sleepers in previous years, with more being turned away.

But over the summer, with the shelter closed, shelters made from cardboard boxes and sofas have appeared in front of the

local swimming pool, offices and a former cinema in the town.

The trust says it has been offered two houses which they could use and estimates they could be ready for use within a year.
Staff

Bedroom tax eviction

A woman who was evicted from her home of almost 30 years after being unable to pay a £210 bedroom tax bill has found herself homeless.

Carol Sutherland, from Lincoln, was evicted in April after failing to pay an outstanding bill of £210 which built up after she was told to move to a smaller council property or lose £11.35 a week in benefits, reports the *Lincolnshire Echo*.

The 56-year-old, whose only income is her dead husband's pension is now now waiting for a bed at the Nomad Trust homeless shelter and gets food at a church drop-in.

It is understood that she failed to response to numerous attempts to discuss the outstanding bill. The council said it did not comment on individual cases, but urged people to contact them when financial difficulties stopped them paying bills.
Staff



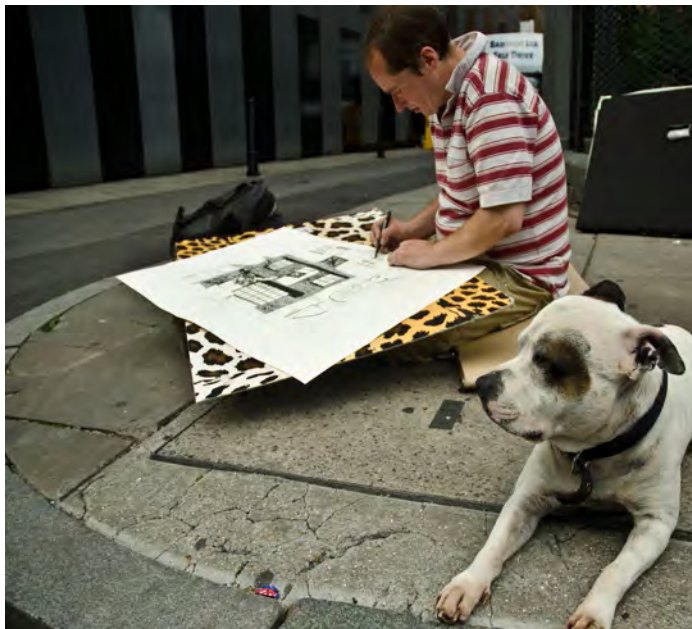
"It's a sad day when we have to sell off the national treasures."

Interview

John Dolan was homeless and addicted to heroin. He tells Carinya Sharples how art transformed his life.

“With art, it’s about the artist these days – the story behind the artist. And I have a really bloody good story.” John Dolan’s not exaggerating. Aged 10, he found

out his parents were actually his grandparents and his mother, his sister: life was never the same again. Since then, he’s survived homelessness, drug addiction, prison and more, before being discovering sketching on Shoreditch High Street and becoming an acclaimed street artist, earning thousands for his original sketches of Shoreditch



John Dolan sketching in Shoreditch with his dog George. (© Howard Griffin Gallery)



John's street scene with additions from graffiti artist Flying Fortress

– and his faithful dog, George.

It's the kind of rags-to-riches tale that everyone loves. Dolan's even been approached by a Hollywood producer, interesting in making a film about the 43-year-old's life. But it's been a long time coming – and Dolan isn't about to forget all those years in the wilderness. "It ain't just

me being lucky with all this, because I've sat there in the snow at times or in the rain under an umbrella trying to draw," he says. As he speaks, his pen moves smoothly across the paper in front of him, bringing to life George and the faces of wizened old men with just a few deft strokes.

As a lad, growing up in East

London, Dolan was always drawing. His grandfather drew too and “passed down the genes”. He hated school with a passion, and so art became a refuge. He left school with no qualifications but “plenty of options”, he says. “In the 80s, it was so easy to get a job. There weren’t a recession or any rubbish like that, you could walk into a job centre, get an interview, start the job and if you didn’t like it you jack it in, go down the job centre again and get another job. It was that easy.” He drifted: trainee horse-saddle maker, colour printer, diamond cutter, meat porter at The Savoy Hotel... “I couldn’t hold jobs down,” he says. “I hated authority. I hated being told what to do.”

Soon he got stuck in the revolving door of prison, homelessness, prison, hostel. And as time went by, the drugs tightened their grip: “I had no power over my addiction. You are powerless. Every bit of money you’re given goes straight to the dealer.” But in the circumstances, he asks, what do people expect? “I say to people ‘Look if you were on the street, you’d like to be drunk or on drugs to block it out’.”

To make do, Dolan would break into shops and restaurants. “I wouldn’t break into houses, but any shop to me was fair game.” Being on crutches for months at a time in the winter, due to the arthritis in his ankle, meant he couldn’t always go out “ducking and diving”, so he

claimed Sickness Benefit – until, in 2011, David Cameron started clamping down on benefits. “I jumped through all the hoops... you go and see a doctor and they say ‘Can you put your arm above your head?’ The minute you do, they strike you off because they think if you can raise your arm above your head you can pick a phone up at a call centre.” So he lost his benefit – just six months after moving out of temporary accommodation into his flat off Shoreditch High Street.

And he might have gone back to his old criminal ways if it hadn’t been for George, the Staffordshire bull terrier given to him by a young homeless couple he met who’d been rehoused but weren’t able to take the dog with them. “I bonded with the dog after about a month,” says Dolan, scratching George affectionately, “and I thought to myself I can’t go out thieving if I wanted to cos [if I went to prison] I’d leave my dog”.

He was finally forced to beg on the streets, against his principles (“I don’t come from a background where I sit on the pavement and look up at people with a sorrowful look on my face”). But instead of looking people in the eye, Dolan looked down on his drawing pad, and began to draw again. “I hadn’t picked up the pen in many years – must’ve been about seven years before I last drew anything – and one day I was



sitting on the high street drawing and someone come up to me and bought a picture of the buildings that I draw. Then some lady asked me if I'd done drawings of my dog, so I says to her 'Come back in an hour', she came back – charged her 20 quid, then I drew another one and they sold." Soon his pictures of the buildings along Shoreditch High Street were selling for £20 quid and his pictures of George for £10.

Word soon got around and he was commissioned to do a couple of pictures for *Shoreditch Unbound*, a book which featured work by leading artists such as Gilbert and George and Tracey Emin alongside his own. Then one day he met Richard Howard-Griffin, of Howard Griffin Gallery on Shoreditch High Street, and suddenly the fast-forward button was pressed. "He asked: 'What do you want me to do for you, John?'" smiles Dolan, "and I said 'I want you to make me a rich artist'." He said, 'I can do that'."

He gave him £1,000 as an advance and in September 2013, Dolan's first solo exhibition – *George The Dog, John The Artist* – opened at the gallery. It was a roaring success. Howard-Griffin had even invited top graffiti artists from around the world to add their own touches to some of Dolan's cityscapes – drumming up huge interest, and raising £50,000.

The next step for John was coming off drugs, which took time. Getting clean, it turned out, was



John's drawings of his dog, George are particularly popular.

not just about the drugs. Another part of the process, he says, was rebuilding trust: "Heroin addicts don't trust anyone. So there's a lot of that going on, a lot of psychological warfare going on but it's all good."

Now Dolan is rebuilding his life step by step. And there's plenty to look forward to – a show in LA next year to prepare for; musicians and their mongrels to draw for *Rockstars and Their Dogs*, a charity campaign raising money for Battersea Dogs Home; and a book to promote.

His second exhibition at the Howard Griffin Gallery, 'John Dolan – John and George', has just finished, with the proceeds going to The Big Issue Foundation and Battersea Dogs and Cats Home.

It's not been an easy journey: "God loves a tryer," he jokes. And his message for others in his position is to do just that. "Take the drugs away from them, clean their act up and anything is possible."



Richard Doolan

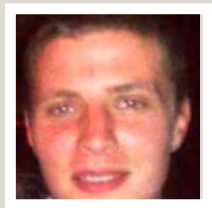
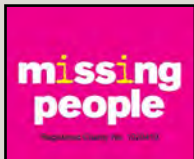
Age at disappearance: 27

Richard has been missing from Croy, North Lanarkshire, Scotland since 24 March 2001 .

If you think you can help the search, please call or text Missing People on 116 000 or email 116000@missingpeople.org.uk.

Richard, we would love to hear from you.

Call. Text. Anytime. Free.
Confidential. 116 000



Matthew Dennehy

Age at disappearance: 22

Matthew has been missing from Brent, London since 15 September 2012 .

If you think you can help the search please call or text Missing People on 116 000 or email 116000@missingpeople.org.uk.

Matthew, we would love to hear from you.

Call. Text. Anytime. Free.
Confidential. 116 000



My view: B&Bs don't care

Last month the Pavement brought you news that a parliamentary inquiry found Bed and Breakfast accommodation was not suitable for young people leaving care.

Barnado's director Puja Darbari spent a night in a B&B to find out for herself how it felt. She tells us why it's simply not acceptable that hundreds of young people are still ending up there.

Over 800 care leavers, some as young as 16, were placed in unsuitable B&B accommodation last year. Recently, I spent the night at one of these B&Bs to see for myself the type of accommodation that care leavers are faced with. For those who have visions of a home away from home, think again. While there are many B&Bs out there that seek to deliver a comfortable night's sleep, there are also those that fall far short of this vision. And it is in these B&Bs, the most dilapidated and unsafe, that some of our most vulnerable children can find themselves staying.

In my room there were no towels; the smoke alarm had been covered with a plastic bag; there was a pest control box near my bed;



and significant damp and mould on the walls and around the window. It was apparent that the room hadn't been cleaned for quite some time as layer upon layer of dust and dirt was caked onto surfaces.

The care leavers that we work with tell us that decent and stable accommodation is one of the most important things that they need and it is clear that B&Bs can't and don't provide this. Even the Department for Education's guidance recognises that this is not suitable accommodation for care leavers. Yet figures released earlier this month by Barnardo's show that use of B&Bs for this group is widespread, with 73 per cent of local authorities

in England placing care leavers in B&B accommodation in 2013–14.

While I don't want children as young as 16 years old driven to the streets by arguing we should ban their use, I do think it is appalling and incredibly depressing that 307 care leavers out of the 800 placed in B&Bs last year stayed longer than 28 days. One night was enough for me.

I arrived at my location feeling relatively positive but as I entered the building I became aware of just how grim this stay was going to be. Damp and mould were taking over my room but the most worrying aspect was the smoke alarm – covered with a plastic bag – as I had no way of knowing if it was working. Aside from this, it was my visit to the toilet which scared me the most, as the door simply didn't lock properly. I knew the slightest pressure and it would be open. That was the last time I went to the toilet.

For me, the most surprising aspect of the experience was the feeling of loneliness. I had nobody to talk to and nothing to do and as a result found my anxiety levels increasing.

To help ensure that going forward, care leavers will have a better experience than I did when they are in need of a roof over their head, Barnardo's has launched new guidance for local authorities, as part of their 'Beyond Care'

campaign. This will help offer better alternatives and meet the housing needs of care leavers.

Although some local authorities are already offering better options such as crashpads, Night Stop and supported lodgings, the charity is calling for them to only resort to offering care leavers B&B accommodation in emergency situations and as a last resort. The fact that many care leavers are kept in these places for over a month shows that this isn't a one-off problem.

Having a secure and supported place to live is an important stepping stone to building a promising future when moving beyond care, giving young people the skills to cope on their own and the confidence to be independent. They have already had a difficult childhood that most of us can't imagine and without on-going support are more likely than their peers to become homeless, be unemployed and spend time in prison.

As I reflect on my stay I feel enormously privileged. The absolute horror is that there are children in these risky and dangerous places and they don't have any support. Surely we need to do better by them.

<http://www.barnardos.org.uk/>



What a waste

We don't keep our fresh, natural food overnight to sell the following day. We never have and we never will.

For years we've worked with registered charities helping the homeless by offering our unsold sandwiches to them at the end of each day.

Unfortunately, some still get chucked away.

(And that really upsets us.)

If you know of a charity in need of good food,
please tell them to call Giovanna Pasini
on 020 7932 5425.

★ PRET A MANGER ★

KEY TO ALL SERVICES

A	Alcohol workers
AC	Art classes
AD	Advocacy
AH	Accommodation/housing advice
B	Barber
BA	Benefits advice
BE	Bedding available
BS	Bathroom/showers
C	Counselling
CA	Careers advice
CL	Clothing store
D	Drugs workers
DA	Debt advice
DT	Dentist
EF	Ex-forces
EO	Ex-offenders
ET	Education and training
F	Food
FF	Free food
FC	Foot care
IT	Internet access
L	Laundry
LA	Legal advice
LF	Leisure facilities
LS	Luggage storage
MD	Music/drama
MH	Mental health
MS	Medical/health services
NE	Needle exchange
OL	Outreach worker links
OW	Outreach workers
SH	Sexual health advice
TS	Tenancy support

Email changes and suggestions to:
val@thepavement.org.uk
Or write to our address on page 3

Updated: September 24

the List

USING THE LIST

Our volunteers try to make sure the information is as up-to-date as possible but things do change quickly so phone ahead if possible. For a full list of all services see: thepavement.org.uk/services.php

ARTS

240 PROJECT

240 Lancaster Rd, W11 4AH

0207 221 7530

Mon–Wed: 11am–4pm

www.240project.org.uk/

Drama, mosaics, music, poetry etc. Ring or check the timetable.

AC, BS, CL, F, FF, IT, LF, LA

CARDBOARD CITIZENS

020 7377 8948

Workshop details: cardboardcitizens.org.uk

CORE ARTS

1 St Barnabas Terrace, E9 6DJ

020 8533 3500

For people who experience severe & enduring mental health problems. Too many classes to list! www.corearts.co.uk/

LA

CRISIS SKYLIGHT

66 Commercial St, E1

020 7426 5650

Mon–Fri: 2pm–8pm; Sat & Sun: 11am–5pm. Programme from www.crisis.org.uk

AC, ET, IT, MD

OPEN CINEMA

07910 044 453

Various venues – visit the website for details: opencinema.net/

FF, LA

SMART

020 7209 0029

Various venues – email smartnetwork@lineone.net or visit www.diorama-arts.org.uk/

STREETWISE OPERA

020 7730 9551

Various venues. No auditions, free and open to people with experience of homelessness. www.streetwiseopera.org/

THE CHOIR WITH NO NAME

07772 230744

Mon: 7pm–9pm, Only Connect Theatre, 32 Cubitt St, WC1X 0LR; Sun: 5pm–7pm (meal & rehearsal) Pembroke Hse, 80 Tatum St, SE17 1QR. www.choirwithnoame.org/

FF, LA

BENEFITS AGENCY

JOB CENTRE PLUS

To make a claim: 0800 055 6688. Queries about existing claims for Income Support, JSA or Incapacity Benefit: 0845 377 6001. Social Fund enquiries: 0845 608 8661. Pensions Service: 0845 606 0265.

BME/REFUGEE

There's not enough room in print, but this section will be back in a future issue. Until then you can find this information at: thepavement.org.uk/services.php

COUNSELLING

THE SAMARITANS

Ealing branch, 26 Junction Road, London, W5 4XL, 02085602345

Mon, Tues, Thurs: 10:00–22:00, Wed and Fri: 10:–15:00 and 19:00–2:00, Sat 11:00–19:00 and Sun: 11–15:00 and 19:00–22:00. Drop-in. Visitors are welcome and don't need an appointment to speak to our trained volunteers in confidence.

THE SAMARITANS

Central London branch, 46 Marshall Street, London, W1F 9BF, 0207734 2800. Open every day from 9:00–21:00. Visitors are welcome. You don't need an appointment to speak to one of our trained volunteers in confidence.

THE SAMARITANS

Brent branch, 1 Leopold Road, London, NW10 9LN, 020 8961 6181, Mon, Tues, Thurs, Sat and Sun 19:00–21:00, Wed and Fri: 9:00–21:00. Visitors are always welcome during our opening hours. Come and talk about whatever is troubling you on a confidential basis.

For a full list of all the Samaritan's services: www.samaritans.org.

DAY CENTRES/DROP-INS

999 CLUB (DEPTFORD CENTRE)

21 Deptford Broadway, SE8 4PA
0208 691 7734

Mon–Sun: 8am–8am; Mon–Fri: 9:30am–5pm (office).

www.999club.org/

AH, AD, BE, BA, CL, DA, D, F, FF, FC, MS, OL, OW

ACE OF CLUBS

St Alphonsus Rd, Clapham, SW4 7AS
020 7720 2811 / 020 7720 0178
 Mon–Fri: 12am–3pm; Mon, Wed, Fri: 9am–
 3pm (bike repairs – phone Paul Thornton
 on 020 7720 2811)

AH, A, AC, B, BS, BE, BA, CL, DT, F, LF, MS, OL

ACTON HOMELESS CONCERN

Emmash Hse, 1 Berrymead Gdns, W3 8AA
020 8992 5768

Call for the times of their wide range of
 services.

A, B, BA, CL, C, DT, D, ET, F, FC

ASHFORD PLACE

60 Ashford Rd, Cricklewood, NW2 6TU
020 8208 8590

Fri: 10:30am–5pm; Mon–Thurs: 9:30am–
 5pm
 Rough sleeping outreach, floating support,
 health and wellbeing, alcohol and drugs
 treatment and much more.

**AH, A, AC, BS, BA, CA, CL, C, DA, D, ET, F, IT, L, LF,
 MS, MH, MD, OW, TS**

BARON'S COURT PROJECT

69 Talgarth Rd, W14 9DD
020 7603 5232

Mon–Wed: 2pm–5pm (drop-in, showers/
 laundry & café); Fri: 12am–2pm (women)
 & 2:30pm–5:30pm (club for isolated black
 people); Thurs: 2pm–5pm (life skills)
 Friendly drop-in.

BS, CL, F, IT, LF, MS

BROADWAY CENTRE

13 Market Lane, off Goldhawk
 Road, W12 8EZ Tel: 020 8735 5810,
 centrehealthteam@mungosbroadway.
 org.uk

KEY	A Alcohol workers	B Barber
	AC Art classes	BA Benefits advice
	AD Advocacy	BE Bedding available
	AH Accommodation/ housing advice	BS Bathroom/showers
		C Counselling

Open Mon, Wed, Thurs and Fri only,
 Engagement sessions: From 10am to
 11am Booked appointments:
 From 11.45am onwards

A, AH, CA, D, MH

CARITAS ANCHOR HOUSE

81 Barking Rd, Canning Town, E16 4HB
0207 476 6062

Mon–Fri: 10am–5pm (e-learning/IT);
 Mon–Fri: 10am–4pm (housing); Wed:
 2pm–4pm (job club); Tues: 10am–1:30pm
 (job club); Mon: 2pm–5pm (nurse); Thurs:
 2pm–6pm (art class)

caritasanchorhouse.org.uk/

AH, A, AC, BA, CA, DA, D, ET, IT, MS, MH, MD

CHELSEA METHODIST CHURCH PASTORAL CARE

155a Kings Rd, SW3 5TX
020 7352 9305

Mon, Tues, Thurs: 9am–3:45pm
CL, F

DEPTFORD REACH

Speedwell St, Deptford, SE8 4AT
020 8692 6548

Mon, Tues, Thurs, Fri: 9am–3:30pm
 Drop-in centre for adults aged 16+.

**AH, AD, A, AC, B, BS, BE, BA, CA, CL, C, DA, DT, D,
 ET, FF, LF, MS, MH, MD, OL, TS**

DUNLOE CENTRE

St Saviour's Priory, 18 Queensbridge Rd,
 E2 8NS

020 7739 9976

Tues: 10:30am–12am

Turns away only people who are violent.

BE, CL, FF

CA Careers advice	EF Ex-forces
CL Clothing store	EO Ex-offenders
D Drugs workers	ET Education/training
DA Debt advice	F Food
DT Dentist	FF Free food

EARLS COURT COMMUNITY PROJECT (ECCP)

St Barnabas Ch, 23 Addison Rd, W14 8LH
0207 370 4424

Open Tues: 5-7pm ONLY

CL, FF

HANBURY COMMUNITY PROJECT (SPITALFIELDS CRYPT TRUST)

22a Hanbury St, Spitalfields, E1 6QR
020 7377 2497

AC, BA, C, ET, IT

HOMELESS ACTION IN BARNET (HAB)

36b Woodhouse Rd, N12 0RG

020 8446 8400

Mon-Fri: 12am-3pm (rough sleepers);

Wed: 9am-12am (women); Mon-Fri:

12am-3pm (drop-in)

AH, AD, BS, BA, CL, F, TS

LONDON JESUS CENTRE

83 Margaret St, W1W 8TB

020 7637 0600

Mon-Fri: 10:30am-12:30am (advice);

Mon-Fri: 10am-4:30pm (centre open)

AC, BS, CL, ET, F, IT, LF

MARYLEBONE PROJECT (CHURCH ARMY)

1-5 Cosway St, NW1 5NR

020 7262 3818

Mon-Thurs: 9:30am-12am (rough sleepers' drop-in, advice & classes) and 12:30am-3:30pm (drop-in, classes & activities)

Women-only day centre.

AH, AC, BS, BA, CL, ET, FF, IT, LF, TS

NEW HORIZON YOUTH CENTRE

68 Chalton St, NW1 1JR

020 7388 5580

Mon: 2pm-4pm (alcohol support); Mon-Fri: 10:30am-4pm (10.30am-1pm advice)

For young (16-21) homeless people. Free lunch. Drop-in or phone.

AH, AD, A, BS, BA, CA, CL, D, ET, FF, IT, LF, MS, MS, MH, OL, OW

NORTH LONDON ACTION FOR THE HOMELESS

St Paul's Church Hall, Stoke Newington Rd, N16 0AJ

020 8802 1600

Mon: 12am-1:30pm; Wed: 7pm-8:30pm

BA, ET, FF, LF, MD

PROVIDENCE ROW

The Dellow Centre, 82 Wentworth St, E1 7SA

020 7375 0020

Mon-Fri: 9:30am-12am (8.30am for rough sleepers); and 1:30am-3pm (appointments & activities)

A, AC, BS, BA, CA, D, ET, F, IT, LS, MS, MH, NE, OL

SALVATION ARMY (FAITH HOUSE)

Faith House, 11 Argyle St, WC1H 8EJ

020 7837 5149

Tues: 5pm-6pm (drop-in); Wed: 1pm-3pm (drop-in); Fri: 11am-1pm (brunch & discussion); Thurs: 12:30am-1:30pm (hot meal)

Women-only day centre.

CL, C, F

SALVATION ARMY (NUMBER 10)

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical/health services

NE Needle exchange
OL Outreach worker links
OW Outreach workers
SH Sexual health
TS Tenancy support



DROP-IN CENTRE

10 Princes St, W1B 2LH

020 7629 5424

Mon: 2:30pm–4pm (film club; advice);
Tues: 11am–12am (JobcentrePlus) &
2:30pm–4pm (art, board games & drop-
in); Wed: 5:30pm–8pm (drop-in & soup
kitchen) and 2:30pm–4pm (advice); Thurs:
10am–12am (appointments); Fri: 2:30pm–
4pm (table tennis; advice)

Speak to a member of staff to arrange an
appointment.

AH, BA, CL, LF

SANKTUS

4 Lady Margaret Rd, NW5 2XT

020 7485 4023

Mon, Wed, Fri: 2pm–3pm; Sun: 3pm–4pm

AH, FF

SHOREDITCH COMMUNITY PROJECT

St Leonard's Church, 116–118 Shoreditch
High St, E1 6JN

0207 613 3232

Mon & Wed: 9:30am–12:30am

Tues: 2pm–4pm

AH, AD, A, BA, DA, D, ET, FF, OL

SPIRES CENTRE

8 Tooting Bec Gardens, SW16 1RB

020 8696 0943

Mon: 8am–12am (women); Tues:
10:30am–2pm (drop-in); Wed:
10am–12am (rough sleepers); Tues & Fri:
9am–10:30am (rough sleepers); Thurs:
9am–1pm (rough sleepers)

AH, AD, A, BA, BS, BA, CL, C, D, ET, FF, FC, LF, MS,
MH, MD

ST CUTHBERT'S CENTRE

The Philbeach Hall, 51 Philbeach Gardens,
Earls Court, SW5 9EB

020 7835 1389

Mon–Fri: 10:30am–3:30pm

AH, AD, AC, BS, CL, C, F, IT, OL, OW

ST STEPHEN'S CHURCH (THE MANNA)

17 Canonbury Rd, Islington, N1 2DF (near
Essex Road Station)

020 7226 5369

Tues: 7pm – 9 pm (drop-in), Wed: 1pm –
3pm (drop-in and activities), Fri: 10am – 12
noon (rough sleepers and keywork only)

AD, A, BS, BA, CL, C, D, F, FF, LF, MS, MH, OL

THE CONNECTION AT ST MARTIN IN THE FIELDS

12 Adelaide St, WC2N 4HW

020 7766 5544

Mon, Tues, Thurs, Fri: 9am–1pm; Wed:
9am–12.30pm (drop-in) Sat & Sun: 9am–
1pm (weekends for rough sleepers known
to the service)

AH, A, AC, BS, BA, CA, CL, D, ET, F, FC, IT, MS,
MH, MD, OW

THE MANNA CENTRE

6 Melior St, SE1 3QP

020 7403 1931

Mon–Sun: 8:30am–1:30pm

AH, AH, BS, BE, BA, CL, DT, FF, FC, MS, MH, OL, TS

THE PASSAGE (25+)

St Vincent's Centre, Carlisle Pl, SW1P 1NL

020 7592 1850

Mon–Fri: 8am–12am (rough sleepers),

KEY

A Alcohol workers
AC Art classes
AD Advocacy
AH Accommodation/
housing advice

B Barber
BA Benefits advice
BE Bedding available
BS Bathroom/showers
C Counselling

CA Careers advice
CL Clothing store
D Drugs workers
DA Debt advice
DT Dentist

EF Ex-forces
EO Ex-offenders
ET Education/training
F Food
FF Free food

12am–2pm (lunch), 2pm–6pm
(appointments), 4:30pm–6pm
(rough sleepers); Sat & Sun:
9am–12am

*AH, A, BA, CA, CL, D, ET, F, FC, IT,
MS, MH, TS*

THE TAB CENTRE

20 Hackney Rd, Shoreditch, E2 7NT
020 7613 3232

Fri: 9am–12am

D, F

TRIUMPHANT CHURCH INTERNATIONAL

136 West Green Rd, N15 5AD
020 8800 6001

Sun: 10am–11am (drop-in); Wed:
7pm–8pm

AD, CL, FF

UNION CHAPEL (MARGINS)

Compton Terrace (entrance in Compton
Avenue), Upper St, Islington, N1 2XD
0207 704 6636

Sun: 3pm–5pm (stops earlier if they run
out of tickets)

AH, BS, CL, FF, LF, LF

UPPER HOLLOWAY BAPTIST CHURCH (ARCHWAY DROP-IN CENTRE)

11 Tollington Way, N7 6RG
020 8340 3642

Mon: 10am–1pm (sandwiches, soups,
drinks)

CL, FF, LF

WEBBER STREET (LONDON CITY

←
**THE PASSAGE
ROUGH
SLEEPER
DROP-IN**

MISSION)

6–8 Webber St, SE1 8QA
020 7928 1677

Mon–Sat: 9am–12am

*AH, B, BS, BE, BA, CL, DT, FF, LF,
MS, MH, OL*

WEST LONDON DAY CENTRE

134–136 Seymour Pl, W1H 1NT
020 7569 5900

Mon–Fri: 8:45am–10am (rough
sleepers) & 10am–11:30am (drop-in);

Mon–Thurs: 11:45am–12:45am (advice
– appointments) & Mon & Thurs: 1:30pm–
3:30pm (drop-in for tenants)

AC, BS, BA, CL, C, F, IT, LS, MS, OL, TS

WHITECHAPEL MISSION

212 Whitechapel Rd, E1 1BJ
020 7247 8280

Mon–Sun: 6am–11am (cooked breakfast
8am–10am); Sat: 12am–2:30pm (women)

AH, A, B, BS, BE, BA, CL, C, DA, D, F, IT, MS, OL, TS

WOMEN@THE WELL

54–55 Birkenhead St, Kings Cross, WC1H
8BB

020 7520 1710

Mon–Fri (drop in): 12.00–4pm (for
women who are rough sleeping, involved
in prostitution, using drugs/alcohol,
offending); Weds – open access to women.

AD, AH, BA, BS, CL, C, DA, FF, L, LA, SH

DOMESTIC VIOLENCE

ASHA PROJECTS

13 Shrubby Rd, London SW16 2AS

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical/
health services

NE Needle exchange
OL Outreach worker links
OW Outreach workers
SH Sexual health
TS Tenancy support

→
**DRUGS /
ALCOHOL**

020 8696 0023

Mon–Fri: 9am–5pm
Advice, help and referral for Asian women and children, and single women fleeing violence. English, Urdu, Punjabi, Gujarati, Hindi and Bengali. Call for an appointment.

AH, AD, LA, OL

DOMESTIC VIOLENCE HELPLINE

0808 2000 247

MST (GAY MEN'S SHARED HOUSING PROJECT)

Metropolitan Support Trust, Bishops Park Hse, 25–29 Fulham High St, London SW6 3JH

0208 920 4444

Mon–Fri: 9:30am–5:30pm

For gay men 18–65 who have been victims of domestic or homophobic abuse/violence.

AD, A, C, D, ET, MS, MH

DRUGS/ALCOHOL

184 CAMDEN

184 Royal College St, NW1 9NN

020 7485 2722

Mon: 10am–3pm and 6pm–9pm; Tues–Fri: 10am–5pm; Mon:

Treatment and support for adults in Camden with substance use issues. Drop in, ring or email 184camden@cri.org.uk.

AH, AD, BA, C, D, LA, MS, MH, NE, OL

ADDACTION SMART

9b Mitcham Lane, Streatham, SW16 6LG



NEEDLE EXCHANGE

020 8677 9541

Mon–Fri: 10am–4:30pm

AD, C, D, MS, NE, OW

BRENT ALCOHOL COUNSELLING SERVICE

Quality Hse, 249 Willesden Lane, NW2 5JH

0208 830 4010

Mon–Thurs: 12am–7pm (appointments)
Counselling & detox services.

AD, A, C, MS

CENTRAL AND NW LONDON SUBSTANCE MISUSE SERVICE

Crowther Market, 282 North End Rd, SW6 1NH

020 7381 7700

Mon–Fri: 9am–5pm

C, D, MS

COMMUNITY DRUG & ALCOHOL TEAM (BLACKFRIARS ROAD)

151 Blackfriars Rd, SE1 8EL

020 7620 6500

Mon: 2pm–4pm (drop-in)

A, D, MS, MH, NE

DRUG AND ALCOHOL SERVICE FOR LONDON

Capital House, 134–138 Romford Rd, London E15 4LD

020 8257 3068

Tues & Thurs: 9:30am–8:30pm; Mon & Fri: 9:30am–5pm; Sat: 10am–1pm; Wed: 9:30am–5:30pm

Advice & info for people in Newham, Redbridge & Tower Hamlets. Phone for an appointment.

KEY

A Alcohol workers
AC Art classes
AD Advocacy
AH Accommodation/
housing advice

B Barber
BA Benefits advice
BE Bedding available
BS Bathroom/showers
C Counselling

CA Careers advice
CL Clothing store
D Drugs workers
DA Debt advice
DT Dentist

EF Ex-forces
EO Ex-offenders
ET Education/training
F Food
FF Free food

AD, A, C, D, MS, MH

FRANK

Free 24-hr drug helpline
0800 776 600

GREAT CHAPEL STREET MEDICAL CENTRE

13 Great Chapel St, London W1F 8FL
020 7437 9360
Mon, Tues, Thurs: 11am–12:30am; Mon–Fri: 2pm–4pm
AH, A, B, C, DT, D, FC, MS, MH, MH, NE

HOPE WORLDWIDE/ TWO STEP

360 City Rd, London EC1V 2PY
020 7713 7677
Mon–Thurs: 10am–4pm (appointments)
Works with refugees, homeless people, ex-offenders and those with drug and alcohol issues.
AH, AD, A, C, D, TS

ISIS NORTH

99–101 Seven Sisters Rd, N7 7QP
020 7272 1231
Mon, Tues, Fri: 12:30am–5pm; Wed & Thurs: 2pm–7:30pm; Tues & Fri: 10:30am–5pm (needle exchange); Wed & Thurs: 12:30am–7:30pm (needle exchange); Mon–Fri: 12:30am–5:30pm (key working)
Some treatments by appointment only, so phone first. Helpline: 08000 665525.
CL, C, D, MS, NE, OW, SH

KAPPA

231 Old Kent Rd, SE1 5LU
020 7237 7000

Mon–Fri: 2pm–4.30pm
For Lambeth, Southwark & Lewisham residents.

AH, C, D, MS, NE, OL

LONDON DRUG & ALCOHOL NETWORK

c/o DrugScope, Prince Consort House, Suite 204, 109/111 Farringdon Rd, EC1R 3BW
020 7520 7566
Click on 'Find a service' and your borough to get listing of drug & alcohol services.

NEEDLE EXCHANGE VAN

Mon–Fri: 4pm–7pm
White van parked at bottom of Centrepont Tower, Tottenham Court Rd.
D, NE

NEW ROOTS

Unit 403, Business Centre, Bow House, 153–159 Bow Rd, E3 2SE
0207 462 6996
Mon–Fri: 9:30am–5pm
Alcohol/drug counselling & advice for BME people. Help arranging detox. Freephone for appointment: 08000 190 563.
A, C, D, OL, OW

REMAR ASSOCIATION UK

847 High Rd, E11 1HH
020 8539 0452; 24-hour helpline: 0791 758 5056
A, D, FF

SEVENTY4 FOUNDATION

18 Dartmouth St, London SW1H 9BL
020 7233 0400
Mon, Wed, Fri: 9:30am–5pm

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical/health services

NE Needle exchange
OL Outreach worker links
OW Outreach workers
SH Sexual health
TS Tenancy support



Tues & Thurs: 9:30am–8pm
Counselling for people with drug or alcohol issues. Dual diagnosis service for people with mental health & substance misuse problems. Phone for an appointment.

A, C, D

SIRI BEHAVIOURAL HEALTH

77a Eversholt Rd, Finsbury Park, N4 3DF
0870 770 3223/4

Mon–Fri: 9am–6pm

Counselling for African & Afro-Caribbean people. Drug, alcohol & dual diagnosis management.

AD, A, BA, C, D, LA, MH, OW

SOUTH LONDON & MAUDSLEY NHS TRUST DUAL TEAM CATFORD

Units 6 & 7, Eros House, Brownhill Rd, SE6 2EG

020 8695 1090

Mon & Thurs: 9:30am–7pm; Tues, Wed, Fri: 9:30am–5pm; Mon: 2pm–4pm

Assessment & detox, counselling etc for Lewisham residents.

A, D, MS, NE, OL

STOCKWELL PROJECT

1–3 Stockwell Gardens, SW9 0RX

020 7274 7013

Mon, Wed, Thurs: 2pm–5pm (drop-in);

Thurs: 10am–1pm (drop-in); Mon–Fri:

10am–5pm (needle exchange); Tues:

2pm–5pm (women)

For injecting drug users, & people with HIV and Hepatitis C (18+) in Lambeth, but



no catchment area for needle exchange.

AD, D, MS, MS, NE, OW

THE PILION TRUST

8 Clarendon Buildings, 25
Horsell Rd, N5 1XL

020 7700 2498

Works with people who have been affected by drugs, alcohol & mental health.

AD, A, C, D, MH, MH

TREATMENT REFERRAL INFORMATION PROGRAMME (TRIP)

Ithaca House, 27 Romford Rd, E15 4LJ

020 8221 8190

Mon, Tues, Thurs: 8:30am–10pm; Wed: 8:30am–9pm; Fri: 8:30am–8pm; Sat: 10am–5pm

For young people who need help with drug & alcohol use, or employment & training. Also advocacy, and help if you've been arrested. Helpline: 0800 652 9575.

AD, A, D, ET, LA

TURNING POINT (DRUGLINK HAMMERSMITH AND FULHAM)

The Old Coach Hse, 103a Devonport Rd, W12 8BP

020 8749 6799

Mon–Fri: 10am–5pm (needle exchange, phone service) & 2pm–5pm (drop-in); Wed: 3pm–6pm (drop-in)

AD, C, D, LA, MS, MH, NE, OL, OW

TURNING POINT SOUTH WESTMINSTER DRUG AND ALCOHOL SERVICE

CA Careers advice

CL Clothing store

D Drugs workers

DA Debt advice

DT Dentist

EF Ex-forces

EO Ex-offenders

ET Education/training

F Food

FF Free food

KEY

A Alcohol workers

AC Art classes

AD Advocacy

AH Accommodation/

housing advice

B Barber

BA Benefits advice

BE Bedding available

BS Bathroom/showers

C Counselling

32a Wardour St, W1D 6QR
020 7437 3523
Mon–Fri: 10am–6pm ; Sat: 11am–5pm
C, D, MH, OL

U-TURN RECOVERY PROJECT

299 Brockley Rd, SE4 2SA
020 8694 6125
Mon–Fri: 9am–5pm
AD, A, C, D

WDP – WANDSWORTH DRUG PROJECT

86 Garratt Lane, SW18 4DB
020 8875 4400
Mon–Fri: 1pm–5pm; Sat: 1pm–4pm
AH, AD, A, AC, CA, C, D, ET, MS, NE, OL, OW

WDP – WESTMINSTER DRUG PROJECT

470–474 Harrow Rd, W9 3RU
020 7266 6200
Mon–Fri: 1pm–5pm (open access)
Open access services, structured treatment programmes, outreach and aftercare.
Advice about blood-borne viruses. Helpline:
020 7266 6300.
AH, AD, C, D, MS, NE, OL, OW

EASTERN EUROPEANS

There's not enough room in print, but this section will be back in a future issue. Until then you can find this information at: thepavement.org.uk/services.php

EX-OFFENDERS

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical/health services

There's not enough room in print, but this section will be back in a future issue. Until then you can find this information at: thepavement.org.uk/services.php

FOOD AND SOUP RUNS

AGAPE

Wed: 8pm–8:30pm (Embankment)
Sandwiches and hot drinks.

ALL SAINTS' CHURCH

Carnegie St, N1 9QW
020 7837 0720
Tues & Thurs: 10am–12am
OL, OW

AMERICAN CHURCH

79a Tottenham Court Rd, (entry: Whitfield St), W1T 4TD
020 7580 2791
Mon & Tues: 10am–12am; Thurs–Sat: 10am–12am
AC, CL

ASLAN (ALL SOULS LOCAL ACTION NETWORK)

020 7580 3522
Sat: 5:30am–8:15am (tea: 5.30am)
Tavistock St; 6.10 Old Howard Hotel, Temple Pl; 6.40 Adam St; 7.20 Police Station, King William IV St; 7.50 St John's Church, Waterloo; Sat: 9am–12am (Webber St, near Waterloo)

BLOOMSBURY CENTRAL BAPTIST CHURCH

235 Shaftesbury Ave, WC2H 8EP
020 7240 0544

NE Needle exchange
OL Outreach worker links
OW Outreach workers
SH Sexual health
TS Tenancy support



Sun: 1pm–3pm
Limited number of tickets for Sun roast
available at 10.30am.

BRIDGES

Memorial Community Church, 389–395
Barking Rd, E13 8AL
020 7474 6603

Saturday: 8am–11:30am (cooked
breakfast 9–11am); Monday: 10am–2pm
Regular NHS nurse clinics and signposting
to other support agencies. More facilities
on Mondays. Practical activities to build
esteem and encourage hope. Small group
work developing life skills and confidence.

BA, BA, CL, FF, MS, OL

COPTIC CITY MISSION

0207 937 5782

Tues: 9pm–10pm (Seaforth Pl, behind
Westminster City Hall)

EALING SOUP KITCHEN

St John's Church Hall, Mattock Lane, W13
9LA

0208 840 0651

Sat & Sun: 3:30pm–5pm; Fri: 11am–4pm

AH, A

EMMANUEL CHURCH (STRATFORD)

Romford Rd/Upton Lane, E7 8BD

020 8522 1900

Thurs: 7:30am–8:30am

FARM STREET CHURCH

020 7493 7811

Mon: 8pm–10:30pm

Oxford St route: Davies St, Bourdon St,
S Molton St, Oxford St (S Moulton St to
Oxford Circus). top end of Regent St to

Hanover St, Hanover Sq, New Bond St
Berkeley Sq route: Berkeley Sq; Berkeley
St; Green Park tube; Piccadilly. Hyde
Park Corner route: Mount St; Park Lane
underpasses (Park La and Hyde Pk Corner);
Shepherds Mkt; Curzon St.

FAST58

Fri: 8:45pm–11pm (Strand, near Ryman's);

Fri: 8:45pm–11pm (Waterloo, near IMAX)

FOOD NOT BOMBS

Sat: 5pm–6pm (alternate Sats, the
Narroway, Hackney Central)

For details, email londonfnb@lists.riseup.net.

GOOD SAMARIA NETWORK

34 Great Smith St, London SW1P 3BU

0203 651 0869

Sun: 5pm–7pm; Mon: 6pm–8pm

Hot meals for vulnerable homeless people
in a dignified environment.

HARE KRISHNA FOOD FOR ALL

07946 420 827

Mon–Sat: 12am–1pm (behind Kentish Tn
station, Islip St); Mon–Sat: 1pm–1:45pm
(Arlington Rd/Inverness St); Mon–Sat:
2pm–2:30pm (York Way); Mon–Fri:
12:45am–1:45pm (LSE & SOAS); Mon–
Thurs: 7:30pm–8:30pm (Lincoln's Inn
Fields)

Vegetarian food.

ET, IT, LF, MD

HARVEST OF GRACE (DEPTFORD METHODIST MISSION)

1 Creek Rd, SE8 3BT

020 8692 0048

KEY	A Alcohol workers	B Barber
	AC Art classes	BA Benefits advice
	AD Advocacy	BE Bedding available
	AH Accommodation/ housing advice	BS Bathroom/showers
		C Counselling

CA Careers advice	EF Ex-forces
CL Clothing store	EO Ex-offenders
DL Drugs workers	ET Education/training
DA Debt advice	F Food
DT Dentist	FF Free food

Sat: 12am–2pm

HOLY NATION CHURCH

020 7630 7987

Fri: 9pm–11pm (Waterloo station)

IMPERIAL COLLEGE

07535250294 (Samuel)

Sun: 8:30pm–9:30pm (Lincoln's Inn Fields)

KING'S CROSS BAPTIST CHURCH

Vernon Sq, King's Cross Rd, WC1X 9EW

020 7837 7182

Mon: 11am–2pm; Tues: 11:15am–1pm

LF, LF

LION'S CLUB OF FAIRLOP

Sun: 6pm–6:30pm (2nd & 4th of month)

Hot Indian food on Strand, nr Charing X.

LOVE STREATHAM

Streatham United Reform Church, 388

Streatham High Rd, SW16 6HX

Mon: 7pm–9pm

LOVE TO THE NATIONS MINISTRY

079044 44194

Sun: 4pm–4:30pm (alt weeks, Charing X – phone); Wed: 7pm–7:30pm (hot drinks & sandwiches, Charing X)

MS

MINISTRY OF PRAISE

020 8808 7697

Tues: 8pm–8:30pm (Lincoln's Inn Fields)

MISSIONARIES OF CHARITY SOUP KITCHENS

020 8960 2644

Mon, Tues, Wed, Fri: 3:30pm–5pm (Pius X Church Hall); Sun: 3:45pm–4:15pm (Pius X)

Mon–Wed: 10:30am–11am (112–116 St George's Rd); Fri & Sat: 10:30am–11am (St George's Rd); Sun: 3pm–3:30pm (St George's Rd); Mon: 10pm–10:30pm (Tothill St) & 9:30pm–10pm (Spitalfields)

MUSWELL HILL CHURCHES SOUP KITCHEN

Muswell Hill Baptist Church, 2 Dukes Ave, N10 2PT

020 8444 7027

Sun–Thurs: 7:45pm–8:45pm

NIGHTWATCH

Mon–Sun: 9:30pm–10pm (Queen's Gdns, Croydon)

CL, ET

NORTH LONDON ACTION FOR THE HOMELESS

St Paul's Church Hall, Stoke Newington Rd, N16 0AJ

020 8802 1600

Mon: 12am–1:30pm; Wed: 7pm–8:30pm
Vegetarian meal & tea or coffee.

BA, ET, LF, MD

NOTRE DAME CHURCH

020 7440 2660

Sat: 12:30am–2:30pm

Sandwiches from ground floor of the
Maison Pierre Chanel, 16 Leicester Sq.

OPEN DOOR MEAL

St James the Less Parish Centre, Thorndike
St, Nr Moreton St, SW1V 2PT

020 7630 6282

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical/
health services

NE Needle exchange
OL Outreach worker links
OW Outreach workers
SH Sexual health
TS Tenancy support



Thurs: 7pm–9:30pm (alt weeks, term time)

OUR LADY OF HAL

165 Arlington Rd, Camden, NW1 7EX

020 7485 2727

Tues, Wed, Fri, Sat: 12:45am–2pm

PASSING CLOUDS

1 Richmond Rd, E8 4AA

Sun: 6pm–9pm

Tasty food & free film or music from the Dalston collective of artists and musicians.

SADHU VASWANI CENTRE

0208 455 7775

Wed: 8pm–8:30pm (Lincoln's Inn Fields)

Indian food, rice & bhaji, hot & cold drinks, & chocolates.

SEVENTH DAY ADVENTIST CHURCH (STOKE NEWINGTON)

020 8800 8422

Sun: 7pm–7:30pm (Lincoln's Inn Fields)

SIMON COMMUNITY (HOUSE OF HOSPITALITY)

020 7485 6639

Sat: 2pm–4pm (street café: St Giles, nr Centrepont); Sun: 1:30pm–3:30pm (street café: St Giles); Tues: 10:30am–2:30pm (Music Tues, St Martin's, Vicars Rd NW5); Sun, Mon, Tues: 7:15am–8:45am (tea run: Maltravers St; 07.40 The Strand; 08.00 Covent Gdn); Wed & Thurs: 8:15pm–10:15pm (soup run: 20.15 Manchester Sq; 21.10 Maltravers St; 22.00 Waterloo, behind NT)

AH, CL, F, MD, OL, OW

ST ANDREW'S CHURCH

Star Centre, Greyhound Rd, W14 9SX

07763980224

Sat: 8:30am–1pm

Meal; sandwiches to take away; showers; clothing; fortnightly medical attention.

BS, CL, MS

ST IGNATIUS'S CHURCH

Sat: 7:45pm–8:15pm (Lincoln's Inn Fields)

ST JOHN THE EVANGELIST

39 Duncan Terrace, Islington, N1 8AL

020 7226 3277

Tues–Sat: 12:30am–1:30pm

ST JOHN VIANNEY CATHOLIC CHURCH

020 8888 5518

Sat: 5:30pm–6pm (Temple)

ST JOHN'S (EALING)

Mattock Lane, West Ealing, W13 9LA

020 8566 3507

Sat & Sun: 3:30pm–5pm; Thurs & Fri: 10am–4pm (advice)

ST JOHN'S SOUP KITCHEN

St John the Evangelist, Brownswood Park, Gloucester Drive, N4 2LW

Tues: 7:30pm–9pm (every week; advice 1st Tues of month)

AH, BA

ST MONICA'S CHURCH

1 Stonard Rd, Palmers Green, N13 4DJ

020 8886 9568

Tues: 8:15pm–8:45pm (Temple)

KEY

A Alcohol workers
AC Art classes
AD Advocacy
AH Accommodation/
housing advice

B Barber
BA Benefits advice
BE Bedding available
BS Bathroom/showers
C Counselling

CA Careers advice
CL Clothing store
D Drugs workers
DA Debt advice
DT Dentist

EF Ex-forces
EO Ex-offenders
ET Education/training
F Food
FF Free food

ST PATRICK'S OPEN HOUSE

21a Soho Sq, W1D 4NR

020 7437 2010

Thurs: 6pm–8:30pm (registration first; guests welcome from 7pm)
Home-cooked meals.

ST THOMAS OF CANTERBURY CHURCH

Wed: 9pm–9:30pm (2nd and last of the month, Lincoln's Inn Fields)

CL

STREET SOULS

122 Burnt Ash Rd, Lee, London SE12 8PU
0208 852 3307

Fri: 8pm–10pm (1st & 3rd week, excl. 3rd Fri in December))

CL

STREETLYTES

020 7603 7956

Mon: 6pm–9pm (St Stephen's Church)

AH, AD, A, BE, CL, D, OL, OW

TEEN CHALLENGE LONDON

Wilkerson House, Uphall Rd, Ilford, IG1 2JJ

020 8553 3338

Mon: 9pm–11pm (Whitechapel); Tues: 9pm–11pm (Hackney); Thurs: 9pm–11pm (Ealing); Wed: 9am–11pm (Brixton); Sat: 9pm–11pm Stratford Central Baptist Church; Fri: 9pm–11pm (Waterloo station)

OW

THE CABIN

St Gabriel's Community Centre, 21 Hatchard Rd, N19 4NG

020 7272 8195

Mon–Sun: 10:30am–11:30am; Thurs: 12am–1pm

THE CARPENTERS

TMO Community Hall, 17 Doran Walk, London E15 2JL

020 8221 3860

Tues: 10am–12am

A 'food pack' with hot or cold drink.

THE PENGE RUN

Sat: 8pm–8:30pm (2nd week of month, Tothill St); Sat: 10:15pm–10:45pm (2nd week of month, Lincoln's Inn fields)

CL

THE SWISS CHURCH

79 Endell St, WC2H 9DY

020 7836 1418

Fri: 12am–1pm (Holy Soup – lunch); Tues: 8am–10am (breakfast on the steps)

C, MD

TRIUMPHANT CHURCH INTERNATIONAL

136 West Green Rd, Sth Tottenham, N15 5AD

020 8800 6001

Sun: 10am–11am (drop-in); Wed: 7pm–8pm; Sun: 9am–10am

AD, CL

UCHARITY

0203 642 6868

Monday - 9pm - 10pm (Waterloo near the Imax) & 10.15pm - 11.15pm (Strand near Charing Cross station)

Hot nd cold food and drinks (free) with a friendly warm, sympathetic listening ear.

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical/health services

NE Needle exchange
OL Outreach worker links
OW Outreach workers
SH Sexual health
TS Tenancy support



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