

# *the* Pavement

The FREE monthly for Scotland's homeless

September 2009





*"It should be safe for us to go back out in three or four years time"*

## the Pavement

www.thepavement.org.uk

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# The Editor

## Back from our break

We're back from our Summer break with an issue jam-packed with interesting stories: we look at a study in London on the importance of soup runs, which has been important in removing political pressure from those providing free food (page 8); We also look at the Street Soccer scene, and how to get involved (page 4).

As always, if you've an interesting story or opinion please write to us at the addresses opposite.

**Karen Chung**

Scotland Editor

[chung@thepavement.org.uk](mailto:chung@thepavement.org.uk)

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A photo from the streets of Hong Kong by Stefano Leonardi, who told *The Pavement*: "Hong Kong is one of the world's most dynamic economies and the world's second largest source of foreign direct investment in Asia. It has a sound banking system, virtually no public debt, is rated the third largest stock market in Asia and is seventh in the world in terms of market capitalism.

"But the Social Welfare Department in Hong Kong reports a rise in registered street sleepers over the past year. People who have lost their jobs because of the financial crisis can't manage rent or pay off their credit cards, and families can't afford to keep elderly relatives. The result is days and nights spent getting by on the streets."

*Stefano Leonardi, Photographer*

[www.stefanoleonardiphotography.com](http://www.stefanoleonardiphotography.com)

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*"I'm a lot more eager and focused now due to the exercise"*

# Best foot forward

## Getting a kick out of Street Soccer

While football players such as Cristiano Ronaldo and Kaka have been involved in record-breaking transfers this summer, some people would love the chance just to get a kick about with a few friends. Arranging a match can often be hindered by the challenge to find enough teammates, a decent pitch, or even a round shaped ball! But despair not, because Street Soccer Scotland is looking for keen players from socially disadvantaged backgrounds to kick off the new season.

Weekly football sessions are held in Glasgow, Edinburgh, Argyll and Bute, and Castlemilk, with plans to extend the scheme to Paisley, Kilmarnock and Hamilton in the next six weeks. The practices are free to attend and provide training from qualified Scottish Football Association coaches, followed by five-a-side matches. Players have the chance to improve their fitness, teamwork and ball skills, as well as meeting new people in a relaxed and enjoyable atmosphere.

After being involved in the Homeless World Cup since 2004, Scotland Manager David Duke realised that there were few football opportunities for people who missed out on playing in the tournament. In March 2009 Duke founded Street Soccer to provide regular, accessible football sessions across the country. The scheme aims to encourage male and female participants who are homeless; working through mental health, drug or alcohol problems; or long-term unemployed. Players are not required to be involved in any other project and there is no need to pre-register with Street Soccer – it is fine to turn up on the day. The practices are suited to any skill level and Duke emphasises that the main aim is to

"improve health, confidence, and help build structure to the week".

Six months ago Street Soccer's John Marshall was scoring drink and drugs rather than goals. Now he's been picked for the eight-strong Homeless World Cup squad and will jet off to Milan on 6th September to play 54 other international teams.

He said: "I'd been homeless since I was 15, doing everything you shouldn't be. I liked a game of football when I skived school, but it was not until six months ago when my hostel, Dunedin Harbour, got involved in a tournament that I got serious about it. Since then I've been off the drink and focusing on my future."

John said: "I can't believe how it has come about. I was an alcoholic sleeping under a bridge but now I've got something to do with my life. I'm a lot more eager and focused now due to the exercise. Just playing football once a week has sorted me out."

He's also keen to coach up other homeless lads looking to get into the game. "Street Soccer says I can train up over the next six months to become a football teacher. That'd be my full-time job and I'm sure it'll keep me on the straight and narrow."

A typical Street Soccer session lasts for two hours and involves around 15-25 players. The astroturf pitches provide a good surface for training and there is enough equipment and footballs to ensure everyone can fully take part. The practice begins with a light warm-up routine, which is followed by several ball control drills and then a five-a-side game. The players who attend the meetings show a willingness to learn about football, improve their

skills and enjoy the social activity. Twenty-four year old Steven Anderson, who frequently attends the Street Soccer meetings, commented, "Ability doesn't matter, it's attitude that's important."

The sessions are a great form of exercise and a chance to meet lots of people. Come along and try it!"

To ensure that Street Soccer sessions are providing the best possible service, the impact of the scheme is constantly evaluated through a partnership with Queen Margaret University. The research examines whether Street Soccer is delivering to its target audience, achieving best practice, and benefiting the participants and the community. People who attend the sessions are involved in this feedback process to ensure the long-term growth of the project.

The Street Soccer programme has gathered significant momentum since March and there are many ideas for future development. A recent online television channel has been launched, with highlights of the Homeless World Cup trials in Glasgow and footage from previous international tournaments. It is hoped that female-only football sessions will start in 2010, and there is currently a Street Soccer Academy being piloted. Duke believes that the Academy is the next big step for the organisation. The plan is to run a twelve-week course which covers life management, emotional management and career management. It is hoped that there will be the opportunity to work towards SFA coaching badges and through volunteering with Street Soccer, and providing a regular commitment to the programme, the participants can improve their employability by demonstrating a

desire to work. As David Duke points out, the aim is that "People can go to interviews, say what they've been doing, and be proud of it".

For anyone interested in the Street Soccer football sessions, attendance at any of the venues is actively encouraged. The website for the organisation is: [www.streetsoccerscotland.co.uk](http://www.streetsoccerscotland.co.uk)

### Mateo Stanger

- For further information, you can phone **0131 652 8190**. The regular weekly calendar for Street Soccer meetings is:  
**Monday** – Castlemilk, Age 16+, 7pm – 9pm, John Paul II Primary School Astro Pitch.  
**Tuesday** – Argyll & Bute, 6pm – 8pm, Rothesay Community School Astro Pitch Edinburgh, 1pm – 3pm, Sighthill PowerLeague pitches.  
**Wednesday** – Glasgow City, 2pm – 4pm, Townhead PowerLeague pitches.  
Argyll & Bute, 5.30pm – 7pm, Cowal Sports Complex, Dunoon.  
**Friday** – Edinburgh East, 1pm – 3pm, Portobello PowerLeague pitches.

# Scottish news

## The homeless news from across Scotland

### Jumping the gun

Council bosses in Edinburgh have launched an investigation against a senior council manager in charge of getting homeless people off the city's streets, after he apparently suggested a problem case should be taken to Belarus and shot. An e-mail sent from his address to three senior figures in his department about a humanitarian scheme in Belarus for homeless people was then forwarded on, apparently accidentally, to more than 70 staff in the department.

The message was sent with an e-mail on the Stand International scheme, which will see 20 young homeless volunteers and eight team leaders from Scotland take part in a humanitarian project. In the e-mail, Mr Smith told three of his superiors that homeless client William Godsell, 54, could "lie about his age and take up this wonderful oppor-

tunity" in Belarus. "They might then employ a solution to Mr Godsell's homelessness via Mr Kalashnikov's tried and trusted method of dealing with 'issues'," he wrote.

Sources within the homelessness department say they were concerned Mr Smith had not been treated in the same way as other staff who have been suspended over e-mails. One member of staff said: "I'm ashamed to think that he is our leader. It is a disgusting way for someone in that position to act."

### Staff

### Doing the Kiltwalk

22nd August saw a sponsored 5km route around some of the capital's most famous sights, to raise money for the Rock Trust, which helps young homeless people in Edinburgh.

Supporters were joined by the Ladyboys of Bangkok and Nick de Luca and Phil Godman from Scotland's national rugby team, followed by a Scottish themed raffle after the walk.

There was a host of entertainment featuring Scottish bands, face-painting and a competition for the best tartan-clad walker. Every participant received an event t-shirt and a goodie bag.

### Staff

### Sally forth

The Seeds of Exclusion 2009 report from The Salvation Army into the underlying causes and outcomes of social exclusion and homelessness reveals startling results

from respondents in Scotland.

In Scotland, relationship breakdown and the lack of supportive relationships were cited as the main reasons for homelessness among respondents (40 per cent). But the research also reveals that substance abuse and mental health needs play a bigger role in drawing people into homelessness and social exclusion than those interviewed are prepared to recognise. The second most common reason given by respondents in Scotland for their homelessness was drug dependency (30 per cent), which was the highest proportion among all the regions profiled. In the study, this followed by alcohol abuse (22 per cent), the second highest result (Dublin was highest at 23 per cent). Alcohol and drug abuse levels were high among respondents in Scotland (66 per cent and 56 per cent respectively). However, only

32 per cent of respondents with a drug dependency were aware they had a problem, and only 24 per cent of respondents recognised they had an alcohol dependency.

In The Seeds of Exclusion 2009 respondents in Scotland also reported high levels of physical and emotional abuse and neglect in childhood, including the highest levels of neglect (39 per cent) in the survey.

Respondents in Scotland also reported the second highest levels of emotional abuse (40 per cent), after Belfast at (41 per cent). Levels of attempted suicide in Scotland (38 per cent) were among the highest among all the profiled regions (Wales was highest at 42 per cent, while London was lowest at 13 per cent).

### Staff

## Homelessness Hurts conference

A conference on Thursday 24th and Friday 25th September, will bring together churches, professionals and volunteers working in homelessness, care and the construction industries. One of the keynote speakers is Hardeep Singh Kohli, who recently appeared on the BBC programme *Famous, Rich and Homeless*.

For more information, see [www.churches-housing.org/news](http://www.churches-housing.org/news)

### Staff



"Go, and never darken my doorstep again"

## Supporting Scottish life

Every day we welcome more passengers

Stagecoach is a key part of the community in Scotland, providing lifeline transport links in rural areas and some of the country's biggest cities.

We also share our success by helping local people – and hundreds of our employees devote their own time every day to local projects that make a real difference.

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greener smarter travel

[www.stagecoachgroup.com](http://www.stagecoachgroup.com)

# The soup report

*What the biggest study of soup runs actually said*

Soup runs provide an invaluable “safety net” for rough sleepers who slip under the radar of regular support services, a new report has claimed. The study, carried out by the London School of Economics, found that soup runs reach many vulnerable people and fill an important gap for those who may not be using mainstream facilities.

The report – *Soup runs in Central London: The right help in the right place at the right time?* – was written by LSE researchers Laura Lane and Anne Power, who interviewed hundreds of rough sleepers, service providers, local businesses and residents in the borough of Westminster.

Published last month, it was part-funded by Westminster Council, which has maintained a long-standing opposition to the practice of soup runs. Last year, the council even went as far as trying to outlaw them, claiming they reinforce a damaging lifestyle by trapping people into homelessness.

Housing chief Councillor Philippa Roe said last year that large-scale soup run operations were “damaging the health and life chances of rough sleepers”.

Jeremy Swain, the chief executive of charity Thames Reach, also insists that soup runs have no place in the 21st century. He said: “Unfortunately, soup runs pride themselves on not asking information from everyone. They are disconnected from other services.”

But the new report, which was also part-funded by Crisis, found that soup runs filled in the “major gaps” in current policies for addressing rough sleeping.

It concluded: “Soup runs, with their tolerant, open-access, and undemanding ethos alongside

committed, knowledgeable and well-meaning volunteers, can access many vulnerable people who may not be reached through mainstream service provision.”

Jo Nurse, community manager at the London Simon Community, agreed. “Some, especially those who have been on the streets for a long time, have no incentive to go to building-based services. Without soup runs [vulnerable people] would be in more trouble,” she said.

And Paul Dimoldenberg, leader of the Labour group, said the council should make a “full apology” to the charities who provide soup runs in the borough.

In light of the report’s findings, Councillor Roe said: “We take the point that [soup runs] are not just providing food but social contact.

“If that’s the case we should look at the services we already have. There may be a group of people that, for whatever reasons, we are not reaching.

“We, of course, share the concerns of others for the vulnerability of rough sleepers, but the over-provision of uncoordinated soup runs in Westminster does little to assist people to move off the street. In fact we believe there is evidence they act as a magnet bringing people back onto the street and contribute to them remaining rough sleepers.

“Rough sleeping damages a person’s life chances and their needs are best served through accessing the many services offered by councils, charities and other organisations.

“We believe that in 2009 there is no justification for providing rudimentary food handouts on the street. Services should be provided indoors and geared

towards helping people move away from rough sleeping.”

The study aimed to provide an “independent and objective perspective on soup runs in the Borough of Westminster”, addressing both sides of the argument for their use.

It said: “For some, soup runs are a valuable, life-saving resource that help to feed and support rough sleepers and other vulnerable people.

“For others, they represent an outdated, poorly targeted and uncoordinated service that supports and sustains damaging street lifestyles.

“We wanted to find out whether and how soup runs in Westminster fitted into the commitment of the government to provide ‘the right help, in the right place at the right time’.”

Criticism has also been levelled at soup runs by residents, who claim they cause problems with litter and anti-social behaviour.

The report acknowledges this, saying: “Soup runs tend to provoke strong and often emotive responses from all involved. We have tried to present an independent and objective analysis of these positions in the hope that some middle ground can be uncovered to help move forward discussions of the role of soup runs in Westminster.

The report, which found that there is a well-established timetable of soup runs organised by voluntary groups in Westminster, also made a number of recommendations to improve the service. These include more support for the sizeable foreign homeless community, more provision indoors and increased mentoring from volunteers.

*Rebecca Evans*





## The Pavement Scotland is delivered by James Tait (centre) and the team at FFWD Bicycle Messengers

Contact them on 07717 640 410

missng people  
Help. Change lives. Inspire.

If you have seen Quentin please call the 24-hour confidential charity Missing People on Freephone 0500 700 700 or email: [seensomeone@missingpeople.org.uk](mailto:seensomeone@missingpeople.org.uk)

Quentin is 6ft 1in tall, of slim build, with short, brown hair. When last seen he was wearing a black waterproof jacket with FLY 53 written on it, jeans and tan coloured Rockport boots.

Quentin, has been missing from Banochory, Aberdeenshire, Scotland, since 6<sup>th</sup> November 2008. There is great concern for Quentin as he may be unwell. He is urged to call our confidential service Message Home on Freephone 0800 700 740 for advice and support.

Quentin Adams  
Age at disappearance: 40



Proud to be mad  
A campaigning site for those  
with mental illness  
[www.prodtoobemad.co.uk](http://www.prodtoobemad.co.uk)

**Stonewall Housing**  
Addresses the housing needs of lesbians and gay men. Provides temporary, supported housing for 16 – 25 years old lesbians and gay men.  
[www.stonewallhousing.org](http://www.stonewallhousing.org)

**Streetmate**

An independent site with substantial information on housing, working and learning, built for those homeless who use the internet and want to do-it-themselves as much as possible.  
[www.streetmate.org](http://www.streetmate.org)

**WEBSITES EDINBURGH**

**Homeless Edinburgh**

A comprehensive website containing information about services in Edinburgh including hostels, advice and support centres. Also has information on over 8,000 services outside Edinburgh

**WEBSITES GLASGOW**  
Homeless Information Pages  
Glasgow  
Lots of useful information and advice on homeless services in and around Glasgow  
[www.hipinglasgow.com](http://www.hipinglasgow.com)

**TELEPHONE SERVICES GLASGOW**

**Edinburgh City Mission**  
Counselling and crossline helpline 0845 658 0045  
Providing a listening service for anyone in emotional crisis. Also offers face-to-face counselling by appointment

**Glasgow Women's Support Project**

31 Stockwell Street, G1 4RZ  
0141 552 2221  
Mon, Tues, Thurs, Fri: 10am - 4.30pm; Wed: 2 - 4.30pm  
Information, advice and initial support for women who have experienced sexual abuse

**WEBSITES**

**Mental Fight Club**

A creative/arts site for those with mental illness.  
[uk.geocities.com/gabriele-jenkinson@btinternet.com/](http://uk.geocities.com/gabriele-jenkinson@btinternet.com/)

**The Pavement Online**  
Soon to have an online version of The Other List, which will soon be in several translations to download.  
[www.thepavement.org.uk/services.htm](http://www.thepavement.org.uk/services.htm)

**SOUP KITCHENS & SOUP  
RUNS GLASGOW**

**Calton Centre**  
121 Montgomery Street, EH7 5EP  
0131 661 5252  
Tues: 6 - 8.30pm  
FF

**Carrubber's Christian Centre**  
65 High Street, EH1 1SR

0131 556 2626  
Sun: 8.30 - 9am  
FF

**Grassmarket Mission**  
79/3 Grassmarket EH1 2HT

0131 225 3626  
Mon: 7 - 9pm; Tues: 6 - 7pm;  
Wed: 1 - 4pm; Fri: 1 - 4pm

Wed: 1 - 4pm, Fri: 1 - 4pm,  
Sat 9 - 10.30pm  
AC, FF

Jericho house  
53 Lothian Street, EH1 1HB

0131 225 8230  
Sun: 10am - 2pm; Weds  
and Thurs: 6 - 7.30pm

FF

**LITTLE SISTERS OF THE POOL**  
43 Gilmore Place, EH3 9NG  
0131 229 5672

Every day 1 - 2pm and 6 - 7pm<sup>FF</sup>

Missionaries of Charity  
18 Hopetoun Crescent, EH7 4  
0131 557 8219

3.45 - 4.30pm  
Every day except Thur:

FF  
Salvation Army

1 East Adam Street, EH8 9TF  
0131 662 4455  
Mon: 9am - 12 noon; Tue and

3 - 9pm; Fri: 1 - 4pm; Sat: 6 - 9

**St George's West**  
58 Shandwick Place, EH2 4RT  
0131 336 3738

01312282428  
Mon - Sat: 9am - 3pm  
FF

**Soup Van**  
Every night: 9 - 9.45pm

Runs from Waverley Bridge to Grassmarket and North Bridge

**National Schizophrenic Fellow**  
(Scotland)  
6 Newington Business  
Centre, Dalkeith Road  
Edinburgh EH16 5DU  
Mon-Fri: 9am-4pm  
Support and action for people  
affected by mental illness  
(including friends and carers)  
*HM*

## SPECIALIST SERVICES

**Waterloo Street**  
G2  
Thur: 10pm - 12am  
FF

St. Simon's Church  
Dunaskin Street, G11 6PG  
Sun: 1.30 - 2.30pm  
FF

**St. Patrick's Church**  
North Street, G3 7DA  
Thur & Sun: 8pm - 9pm  
FF

St. Columba's Church  
St. Vincent Street, G2  
Sun: 7.30 - 9pm  
FF

**Rokpa Glasgow**  
Kagyü Samye Dzong  
The Tibetan Buddhist Centre  
7 Ashley Street  
Glasgow  
G3 6DR  
0141 332 9950  
FF

Sun: 9 - 10pm; Mon: 7.30 - 9pm; Tues: 8.45pm - 12.30am; Wed: 9 - 10pm; Fri: 8 - 9pm

££

**Balvicar Street**  
G42 8QU

**SPECIALIST SERVICES**  
**EDINBURGH**

Edinburgh Women's Aid  
4 Cheyne Street, EH4 1JB  
Mon: 1-3pm; Tues, Wed &  
Thur: 10am-3pm; Fri: 10am-7pm; Sat: 10am-1pm  
Information, support and refuge  
for women, and accompanying  
children, fleeing domestic abuse  
AS, AD, C, H, OL

**SPECIALIST SERVICES GLASGOW**

**Glasgow Rent Deposit and Support Scheme**  
3rd Floor, Crowngate Business Centre, 117 Brook Street, G40 3AP  
0141 550 7140  
Mon-Thurs: 9am-4pm; Fri: 9am-3pm  
AS, BA, C, H, IT, TS

## TELEPHONE SERVICES

**Domestic Violence Helpline**  
0808 2000 247

Frank  
0800 776 600

Free 24-hr drug helpline

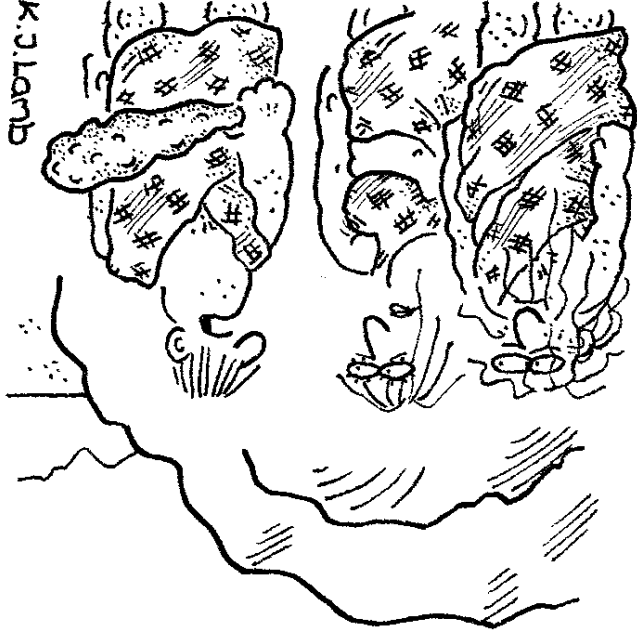
**Get Connected**  
808 808 4994  
Free advice for young people

Free advice for young people  
(1pm – 7pm daily)

**Job Centre Plus (benefits agency)**  
To make a claim  
0800 055 6688

For queries about existing claims  
for Income Support, Jobseekers  
Allowance or Incapacity Benefit  
0845 377 6001  
For Social Fund enquiries  
0845 608 8661  
For the Pensions Service  
0845 60 60 265  
Message Home Helpline  
0800 700 740  
24 hrs daily

„նյութոր նյութ ա, I,”



including ex-merchant mariners.  
Can accept married couples

## JOB CENTRE PLUS

See Telephone Services for helplines

## MEDICAL SERVICES EDINBURGH

Edinburgh Homeless Practice

(Cowgate Clinic)  
20 Cowgate, EH1 1JX

Mon, Wed - Fri: 9am - 12.45pm,  
1.45 - 5pm; Tues 9am - 1.2.45pm

Health service for homeless people,  
including a general nursing and  
treatment room, mental health

care, 10 GP sessions a week, as well  
as dental services two mornings

a week. Also provides a chiropody  
service, occupational therapist,

clinical psychologist and psy-  
chiatrist. A bathing service and

clothes exchange is available too

A, DT, D, FC, MS, MH, SH

## MEDICAL SERVICES GLASGOW

The Physical Health Care Team

55 Hunter St, G4 0UP  
0141 553 2826

Mon - Fri: 1 - 5pm

Has two GPs and a team of nurses  
and office staff who also run

clinics at some hostels. Appoint-  
ments not necessary. They also

provide support for people who  
have hospital appointments

and want someone to go along  
with them. There is also an

addiction and mental health  
team based at this address

## PERFORMING ARTS

tbc

## SOUP KITCHENS & SOUP RUNS

### EDINBURGH

Barony Contact Point

101 High Riggs, EH3 9RP  
0871 700 7777 / 0131 622 1867

Tue: 10.30am - 4pm;  
Thur: 10am - 1pm, FF

## EMPLOYMENT AND TRAINING

### GLASGOW

Glasgow Simon Community

12 Commercial Road, G5 0PQ  
0141 420 6105

Mon - Fri: 9am - 4pm

Runs short courses that help people  
look at their choices, rights and

opportunities in settling down. Open  
to anyone over 16. Courses are

organised on a rolling programme  
and run between 10am and 4pm

www.glasgowsimon.org.uk  
C, ET

Emmaus Glasgow

101 Elismere Street, G22 5QT  
0141 353 3912

Provides accommodation and  
work for homeless people

AS, CL, ET, TS

## ENTERTAINMENT & SOCIAL

### EVENTS

tbc

## EX-FORGES

AWOL?

01380 738137

Call the 'Reclaim Your Life' scheme  
from 55AFA (Soldiers, Sailors,  
Airmen and Families Associa-

tion): Mon - Fri: 9am - 10am

Royal British Legion

08457 725 725

Ring the Legionline to see  
how they can help ex-service-

Veterans UK

0800 169 2277

Free help and advice for vet-  
erans and access to dedicated

one-to-one welfare service  
www.veterans-uk.info

## EX-FORGES EDINBURGH

53 Canongate, EH8 8BS  
0131 556 6827

Ring first  
Mon - Fri: 7am - 5pm

Accommodation for homeless  
ex-service men and women,

Advice and info for people with  
alcohol problems or anyone

concerned about alcohol misuse  
A, C

## DRUG/ALCOHOL SERVICES

### EDINBURGH

Castle Project

14 Niddrie House Drive, EH16 4TT  
0131 669 0068

Mon - Thurs: 9am - 4.30pm;  
Fri: 9am - 4pm

D, NE, OL, OB, SH

## DRUG/ALCOHOL SERVICES

### GLASGOW

Cocaine Anonymous Scotland

0141 959 6363

www.cascotland.org.uk

Helpline offering help and support  
to those with or recovering from

an addiction. Also offer meetings  
and literature on addictions

A, AD, C, D

Drug Crisis Centre

The West Street Centre, 123  
West Street, G5 8BA

0141 420 6969

www.turningpointscotland.com

24hr service offering informa-  
tion and advice to those who

abuse drugs. Also residential drug  
rehab program. Family support

unit operates on this site.  
D, NE

only) Bethany Christian Centre (Men

6 Casselbank St, EH6 5HA  
0131 554 4071

For homeless or vulnerable men  
with alcohol or drug problems who

wish to take part in a work training  
programme www.bethanyct.com

CA, ET



"He's almost potty-mouth trained"



“Here’s one that might be worth a look, Darling... it says ‘Second homes, would suit MPs. Ten reasonably priced apartments available in the East Wing of a grade one listed Victorian London landmark. Ring or contact HMP Wormwood Scrubs 0207 3...”



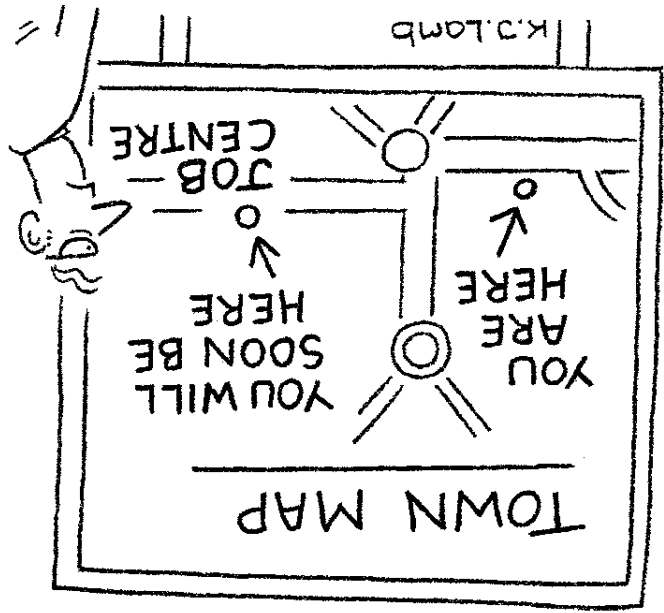
**Open Door Accommodation**  
205 Cowgate, EH1 1JH  
0131 225 4795  
Ring or drop in  
**Dunedin House**  
4 Parliament St, Leith, EH6 6EB  
0131 624 5800  
Ring or drop in  
**Gowrie Care – St John’s Hill**  
1 St John’s Hill, EH8 9TS  
0131 557 5502  
Referral from LEAP on:  
0131 332 3228  
**Salvation Army – Ashbrook**  
492 Ferry Road, EH5 2DL  
0131 552 5705  
90 % residents are over 40. Ring or drop in 24 hours a day

**Men**  
**Gowrie Care – Caledonia House**  
41 Lothian Rd, EH1 2DJ  
0131 229 1747  
Ring first (Mon - Fri 9am - 5pm). Over 25 only  
**Women**  
**Cranston Street Hostel**  
2 Cranston St, EH8 8BE  
0131 556 8939  
Ring first. Will not accept women who are over six months pregnant.  
AS, AD, BA, BS, DA, H, L, OL, SH  
**Number Twenty**  
20 Broughton Place, EH1 3RX  
0131 557 1739  
Young single homeless women aged 16-21 with support needs. Ring first (8am - 11.30pm every day)

**Young People**  
The Mungo Foundation – Rachel House  
503 Baltic Street, G40 4SG  
0141 556 5465  
Provides supported accommodation for single/pregnant mothers aged 16 to 25 and children up to ten years old  
**Young People**  
Council for Homeless Young People  
171 Wilton Street, G20 6DF  
0141 945 3871  
chyp@btconnect.com  
Residential support for youngsters and young, single homeless people  
**Quarriers Stopover**  
189 Pollockshaws Road, G41 1PS  
0141 420 3121  
For young people 16-25. Accommodation is on the upper levels of a four-storey building so not suitable for people with physical disabilities  
A, C, D, ET, H

**The Mungo Foundation – London Road Project**  
1920 London Road, G32 8XG  
0141 778 1184  
Works with 16-25 year olds who cannot access mainstream accommodation. (Open 24 hrs)  
**DRUG/ALCOHOL SERVICES**  
**Alcohol Focus Scotland**  
166 Buchanan St, Glasgow  
0141 572 6700  
Call-in, phone or email: Mon - Thurs 9am - 5pm; Fri: 9am - 4.30pm  
A, C, ET  
**Breakthrough**  
James Duncan House, 331 Bell Street, G4 0TJ  
0141 552 9287  
A joint health and social work project offering services to people with drug and alcohol problems. It also incorporates methadone prescribing.  
A, C, D, MS, NE

**Salvation Army – Hope House**  
14 Clyde Street, G1 5JW  
0141 552 0537  
24hr Direct access  
A, AS, BS, F  
**Laurieston Centre**  
39 South Portland Street, G1 9JL  
0141 429 6533  
24hr Direct Access  
A, AS, BS, F  
**Talbot Association – Kingston Hall’s Direct Access Hostel**  
344 Paisley Road, G5 8RE  
0141 418 0955  
Ring first  
BS, C, DT, ET, F, H, L, MS, MH, SH  
**Turning Point Scotland – Link Up**  
112 Commerce Street, G5 9NT  
0141 420 1929  
A direct access service for homeless people in crisis as a result of mental health, drug, or alcohol problems  
A, AS, AD, C, D, FC, MS  
**Women**  
55 Albany St, EH1 3QY  
0131 557 4059  
For young women who have a baby under 12 months or are pregnant as well as residents up to the age of 25.  
**Govanhill Women’s Project**  
14 Polmadie Street, G42 0PQ  
0141 423 5599  
Works with single homeless women aged over 25 from the Glasgow area. The project is not suitable for women under 25 or those wanting to be accommodated with a partner or with children in their care. Ring first



## GLASGOW DAY CENTRES AND DROP-INS

**Glasgow City Mission – The Shieling**  
24 McAlpine Street, G2 8PT  
0141 221 2630  
Mon, Tues, Wed & Fri: 10am-4pm (drop in); Thurs: 1-5pm;  
Mon, Tues, Wed & Fri: 6.30-11pm  
(advice and information)  
AS, AD, AC, B, BS, BE, C, CL, ET, FF, H, IT, LA, MC, MS, OB

**Lodging House Mission**  
35 East Campbell St, G1 5DT  
0141 552 0285  
BS, CL, E, F, IT

**Salvation Army – The Laurieston Centre**  
39 South Portland Street, G5 9JL  
0141 429 6533  
AS, A, BA, C, DA, ET, F, H, IT, LF, MS, SH, TS

**Wayside Day Centre**  
32 Midland Street, G1 4PR  
0141 221 0169  
Mon, Tues, Wed and Fri: 9.30am-5pm (drop in 12noon-4pm); Thurs: 9.30am-3pm (drop in 12noon-3pm). There are specific services for women and rough sleepers as well as health, addiction and other specialist services at specified times  
A, BS, C, D, F, MS, SH

## DIRECT ACCESS HOSTELS NIGHTSHELTERS EDINBURGH All with low support needs

**Bethany House**  
12 Couper St, Leith, EH6 6HH  
0131 467 1010  
AS, AD, A, BS, BE, C, D, F, H, IT, L, LA

**Bethany Supported Housing**  
65 Bonnington Road, EH6 5JQ  
0131 553 1119  
Ring First

**Castlecliff Hostel**  
25 Johnston Terrace, EH1 2NH  
0131 225 1643  
AS, BS, BE, H, L, TS

## ADVICE SERVICES GLASGOW

**GENR8 Action for Children (16-24)**  
Westwood Business Centre, 69  
Aberdalgie Road, G34 9HJ  
0141 771 6161  
Mon-Fri: 9am-5pm  
Advice and support for 16-24 year olds seeking accommodation  
AS, AD, BA, C, DA, H, TS

**Glasgow Shelter Housing Aid Centre**  
274 Sauchiehall Street, G2 3EH  
0844 893 5560  
Mon & Thu: 1-4pm, Tues & Fri 10am-1pm  
Outside these times, there is a 24-hour helpline for advice and support – Shelterline:  
0808 800 4444  
AD, C, H

**GAMH Homeless Support Project**  
123 West Street, G40 1DN  
0141 554 6200  
Mon - Fri: 9am - 5pm  
(4.30pm on Friday)  
Provides flexible emotional and practical support, information and advice for homeless people in Glasgow with mental health problems. Phone, write or just drop in  
C, MH

**Glasgow City Council**  
For anyone who is homeless, threatened with homelessness, or in need of advice about homelessness issues. Staff will be pleased to discuss your circumstances with you in a private interview room and provide advice on what

can be done next to help you  
www.glasgow.gov.uk  
AS, BA, C, DA, H, TS

**SAY Women Accommodation Project**  
3rd Floor, 30 Bell St, G1 1LG  
0141 552 5803  
Provides support and counseling to young women aged 16-25 with homelessness or threatened with homelessness and are survivors of rape or sexual abuse  
AS, C, SH

**BENEFITS AGENCY**  
See **Job Centre Plus** and **Telephone Services**

## DAY CENTRES AND DROP-INS EDINBURGH

**Barony Contact Point**  
67a York Place, EH1 3JD  
0131 622 1865 / 1867  
Mon 6.30-9pm drop-in; Tues 10.30am-4pm, 7-9pm (art group); Thurs 10am-1.30pm (drop-in); Fri 11am-2pm (women-only); Sunday 11am-4pm (drop-in)  
C, MH

**Cowgate Day Centre**  
22 Holyrood Road, EH8 8AF  
0131 557 6055  
Every day: 10.30pm - 11.45am; 12.45 - 4.15pm. Appointments

AD, BA, BS, F, L, LS, MH, SK every day: 7.30 - 11.45am  
Service users can also use the centre as a mailing address

**Four Square (Scotland)**  
28 North Bridge, EH1 1QG  
0131 225 4143  
Mon - Fri 9am-5pm (drop in) or phone for an appointment  
AS, BA, BE, CL, ET, H

**The Ark**  
2 New Street, EH8 8BH  
0131 557 1197  
Mon - Fri: 7am - 12 noon: Advice sessions: Mon - Thurs 9am-4pm; Fri 9am - 12 noon  
AS, BA, CL, FF, H, L, TS

**The Access Point**  
17-23 Leith Street, EH1 3AT  
0131 529 7438  
Mon, Wed - Fri 9am - 5pm; Tues 10am - 5pm  
Advice and information for single homeless people  
AS, BA, FC, H, MS, SH

**Hamish Allan Centre**  
180 Centre Street, G5 8EE  
0141 287 1800 or freephone emergency out-of-hours 0800 838 502  
Assessment of entitlement to housing. Temporary accommodation September be available while eligibility enquiries are made  
H, TS



# the **OTHER** list

The directory of Scotland's homeless services Updated 1st September 2009

Key to this list:	Debt advice – DA	Luggage storage – LS
Accom assistance – AS	Dentist – DT	Medical services – MS
Advocacy – AD	Drugs workers – D	Mental health – MH
Alcohol workers – A	Education/training – ET	Music classes – MC
Art classes – AC	Free food – FF	Needle exchange – NE
Barber – B	Food – F	Outreach worker links – OL
Benefits advice – BA	Foot care – FC	Outreach workers – OB
Bathroom/showers – BS	Housing/accom advice – H	Pavement stockist – P
Bedding available – BE	Internet access – IT	Safe keeping – SK
Careers advice – CA	Laundry – L	Sexual health advice – SH
Clothing – CL	Leisure activities – LA	SSAFA – SS
Counselling – C	Leisure facilities – LF	Tenancy support – TS

We're in the final stages of working on updating the online version, but have made changes to this print version already. If you've any changes or suggestions write to us at the address on page 3, or email: [thelist@thepavement.org.uk](mailto:thelist@thepavement.org.uk)

Updated entries: 7  
Services added: 4

## ADVICE SERVICES EDINBURGH

**Advocard**  
332 Leith Walk, EH6 5BR  
0131 554 5307  
[www.advocard.org.uk](http://www.advocard.org.uk)  
Mon – Fri: 10am – 4pm  
MH

**Edinburgh Cyrenians – Smartmove project**  
57 Albion Rd, EH7 5QY  
0131 475 2356  
Mon - Fri 10am - 4pm  
Advice, information and support for people who are homeless or threatened with homelessness  
AS, H, TS  
[www.streetwork.org.uk](http://www.streetwork.org.uk)

**City of Edinburgh Council – Housing Options Team 1**  
Cockburn St, EH1 1BJ  
0131 529 7584 / 7368  
Mon, Wed, Thurs 8.30am - 5pm; Tues 10am - 5pm; Fri 8.30am - 3.40pm  
Advice and information on housing options for homeless people, including assessment of priority need for housing. Out-of-hours emergencies phone 0800 032 5968  
AS, H

**Streetwork UK**  
Mon - Fri, immediate practical help and advice for vulnerable people on the streets of Edinburgh  
*Service Delivery Team*  
2 New Street, EH8 8BH  
0131 556 9756  
*Women's Service*  
4 Belvue Street, EH7 4BY  
0131 476 2023  
AS, A, BA, C, D, H, NE, SH

**Homeless Outreach Project**  
1a Grindlay Street Court, EH3 9AR  
0131 221 9099  
Mon - Fri: 9.30am - 5pm  
Outreach service for homeless people with mental health, alcohol and drug-related problems  
AS, AD, A, BA, CA, C, D, ET, H, MH, OB, SH, TS