

thePavement

The *FREE* monthly for Scotland's homeless

July 2010

KEEPING ROUGH WITH MAN'S BEST FRIEND





"Hi there!"

Editor-in-Chief

Richard Burdett

Scotland Editor

Karen Chung

Deputy Editor

Matthew Stanger

Web Editor

Val Stevenson

News Editor

Catherine Neilan

Reporters

John Ashmore, Laura Blakley, Anna Blyth, Shou-Ling Cheung, Liza Edwards, Rebecca Evans, Gavin Hardy, Tracey Kindle, Noelia Martinez, Grant McLean, Charlotte Mitchell, Jim O'Reilly, Maggie Page, Garnet Roach, Alice Ross, Carinya Sharples, Katy Taylor, Anthony Walsh, Rebecca Wearn

Photographers

Tim Aikman, Rufus Exton, Katie Hyams

Contributors

Agnes, Flo, Toe Slayer, Evelyn Weir

Cartoonists/Comic Artists

Neil Bennett, Cluff, Pete Dredge, Kathryn Lamb, Ed McLachlan, Ken Pyne, Steve Way, Mike Williams, Mike Donaldson

Printed by

Evon Print Ltd, United Kingdom

The Pavement is written for your entertainment and information. Whilst every effort is made to ensure the accuracy of the publication, *The Pavement* cannot be held responsible for the use of the information it publishes. The contents should not be relied upon as a substitute for medical, legal or professional advice. *The Pavement* is a forum for discussion, and opinions expressed in the paper are not necessarily those of *The Pavement*.

The Editor

Taking a break

We take one of our two publishing breaks in August (the other being in February), so the July issue will have to last you over the summer. We'll be back in September, so if you've any comment or stories, let us know in the meantime – contact details to the left.

Our big Scottish story this issue is the blocking of a hostel in Aberdeen, when such accommodation is needed. A good story from the latest city we've reached in our gradual expansion.

And for UK stories we look at being on the streets with a dog (as you might have guessed from the cover). We ask what it means to individuals and what it means to organisations.

Karen Chung

Scotland Editor

chung@thepavement.org.uk

Cover

We look at what having a dog means to living on the street, and to getting off it? Story, page 4.

Photography by Clive Tagg © Dogs Trust

News

Pages

<i>A dog's life</i>	4
<i>Blocking tactics</i>	5
<i>Missing people</i>	6
<i>Scottish news</i>	6–9
<i>News-in-brief</i>	11–20

Street Life

<i>Street Shield – the homeless hero</i>	22–23
<i>Dear Flo – answering questions on health</i>	24
<i>Foot care – the podiatry column</i>	24–25
<i>Homeless city guide</i>	26
<i>The List (incorporating soup runs)</i>	36–27

A dog's life?

We look at being on the streets with man's best friend

There is an old Polish proverb that states: "The greatest love is a mother's; then a dog's; then a sweetheart's." You don't see many mums on the streets, but canine companionship provides many rough sleepers with security, warmth and even a little conversation. But given the challenges to even sustain oneself on the streets, how easy is it to find shelter for man's best friend?

In January 2007, *The Pavement's* London edition reported figures from UK charity Dogs Trust that 73 per cent of day centres and shelters would not welcome individuals who bring their dog with them. In an update, the animal charity said London and Edinburgh were the most pet-friendly regions in the UK, with the vast majority of 80–100 residential services supporting pets. However, Bradford, Coventry, Leeds, Liverpool, Blackpool and Glasgow have been named and shamed as having no centres that will permit dogs.

Claire Kivlehan, outreach project manager with Dogs Trust, said: "Some hostels want to build boarding kennels but this doesn't work, as dogs need to be close to their owners. Their relationship is 24/7 and so it's often difficult to leave an animal with anyone else."

The Dogs Trust keeps a list of pet-friendly homeless services on their website, which they update once every two years. However, Ms Kivlehan complained the responses were poor: only 435 out of the 3,267 organisations canvassed bothered to answer the last time. The next update is due at the end of this year and Ms Kivlehan urged anywhere wishing to be more pet-friendly to get on board.

Vendazero (the name of his Twitter account, through which

he first contacted *The Pavement*) sells the *Big Issue* in Balham, South London, with his dog Pennie. Outreach workers have continually suggested he get rid of her, but Vendazero argues that Pennie is more than just a friend: "There were times when I would not care about getting into an argument or fight and the only thing to hold me back at these times would be the thought of my dog in a cage at Battersea," he explained.

He is upset by the prejudice that homeless people should not keep animals because they cannot take care of themselves, believing that this lifestyle actually brings man and his best friend closer, and makes the dog's health a priority. Indeed, Vendazero has in the past taken some risks to let Pennie have a bed for the night: "I had her trained to lie in a hold-all and we would sneak her in to hostels," he said. "I usually got caught after a few days because she barks when there is a knock on the door, and then we're kicked out." But now, through St Mungo's, Vendazero and Pennie are on their way into long-term, pet friendly, accommodation.

St Mungo's has a reputation for supporting animals, through working closely with the Dogs Trust, Mayhew Animal Centre and The Blue Cross to provide pet care. The London-based charity permits pets in 57 of 98 hostels, emergency shelters and semi-independent living homes. However, St Mungo's was unable to find out just how many dogs currently live in its shelters. "The most recent figure I could find

is that around three per cent of St Mungo's residents have dogs, which represents around 40 people, and that figure is from 2009," explained press officer Audrey Thompson.

One of the capital's largest homeless service providers, Thames Reach, permits pets in all of its hostels. "We recognise that pets can be part of a person's support network and very important to them. It's helpful to have such a flexible policy, as it helps encourage rough sleepers to take up the offer of accommodation and move away from the streets and a damaging street lifestyle," said press officer Mike Nicolas. But he added policies are in place to make sure that other residents aren't unduly affected by the arrival of a pet.

Please do get in touch if you are a dog owner or pet-friendly space with your experiences.

Rebecca Wearn



Blocking tactics

Aberdeen blocks a much-needed homeless hostel

Aberdeen's chronic hostel shortage has received a further blow with the Licensing Committee blocking a proposed new hostel in the Tilydrone area.

The proposal to convert a former residential care home Aberdeen House into a temporary accommodation unit for up to 38 households was met with strong opposition from local residents who protested outside the Council meeting on 20 May.

The building, which is currently disused, is surrounded by housing for older people and campaigners objected to the proposal, arguing that it was more appropriate for the building to be returned to a residential home for the elderly.

Most of the 129 letters of objection voiced concern over the disruption to the peace and serenity of the area and argued that the hostel would cause distress to the elderly people in the neighbouring accommodation, many of whom are frail and disabled. Many also voiced concerns for their personal safety and

increased antisocial behaviour as a result of the hostel.

Councillors refused the application by nine votes to six on the grounds that the location was not suitable. This was despite a compromise proposal by the SNP Councillors which included reducing the period of the licence to two years, introducing community liaison meetings, installing CCTV and increasing community safety wardens in the area.

The new facility would have gone some way to addressing the chronic shortage of accommodation for homeless people in the city which has led the Council to fail to deliver on housing legislation. Last year the local authority revealed 289 homeless people and families were not offered any temporary accommodation between April and September 2009.

This is the second time the Council's own licensing committee has blocked efforts to address this shortage. A decision by the committee last year to remove the House in Multiple Occupation (HMO) license for a homeless hostel on Crown Street following a similar campaign has led to the Council taking legal action against itself to contest the ruling.

Aberdeen Council, like all local authorities, has a legal obligation to provide temporary accommodation to homeless households and the Scottish Government has set a target to abolish the priority needs test by 2012.

However with this second block by the Licensing Committee the Council will be hard pushed to deliver these targets. During the

committee meeting the solicitor for the Council highlighted that at that time 99 homeless people in Aberdeen were placed in bed and breakfast accommodation with a further 24 in hotels.

The fact that many of the protesters referred to the Crown Street decision as part of their objection raises concerns that it will become increasingly difficult to secure new accommodation sites. In his report to the committee Council Homelessness manager Paul Hannan outlined the need for the hostel and the dialogue he has held with the local communities.

He also said that perceived fears of anti-social behaviour are often unfounded - "The setting up of dedicated accommodation for homeless households in an area is often met with a negative response linked to potential fears from local people. Whilst we cannot give a 100 per cent guarantee that no problems will be caused, the experience of our management over many years is that such units do not cause the problems people predict."

The council has yet to announce whether it will appeal this latest decision.

Maggie Page



<< Want to know who this fellow is? Read his story page 19



Kenneth Jones

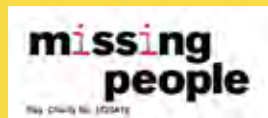
Age at disappearance: 17

Kenny has been missing from his home in Glenrothes, Fife since the early hours of 3 November 1998.

Kenny's disappearance is very out of character, as he is considered an outgoing and sociable person. His family say he had been feeling a little low but had given no indication that he intended to leave. They are all anxious to hear from him and know that he is safe and well.

Kenny was ambitious to join the army and had taken to jogging to improve his health, especially as he suffers from asthma. He enjoys a game of pool and would regularly meet friends at the local snooker club. Kenny is 6ft 2ins tall, of a slim build with dark brown hair. He wears a gold signet ring on his right hand.

If you've seen Kenny please call the 24-hour confidential charity **Missing People** on Freephone **0500 700 700**
Email: seensomeone@missingpeople.org.uk



Scottish news

Aberdeen, Edinburgh, and Glasgow

More local authority help

Local authorities will offer more options to those facing the prospect of homelessness, the Minister for Housing and Communities, Alex Neil, said today.

The Scottish Housing Options Approach funding programme will see councils refocusing services to look at individuals' options in the widest sense.

To reduce the number of homeless applicants, council staff must provide households with information and advice about the services available, including those that offer support, and to prevent homelessness happening where possible.

The Scottish Government has invested approximately £500,000, in staff training and service development.

Alex Neil said: "It is essential we do all we can to achieve our 2012 target of offering all unintentionally homeless households accommodation.

"The Scottish Government and its partner COSLA are not, and never will be, complacent about tackling and preventing the trauma of homelessness.

"With the housing options approach, prevention activity is the main driver, which makes sense economically and socially, and is line with the Government's broader principles of early intervention."

The Housing and Communities Minister is a member of the Scottish Government/COSLA 2012 Steering Group, which has agreed to focus on homelessness prevention.

Staff

Shelter responds to interest rate news

Graeme Brown, Director of Shelter Scotland, housing and homelessness charity, responded to the news that interest rates will continue to be frozen at 0.5 per cent. He says: "We know many hundreds of thousands of already financially stretched homeowners will have been crossing their fingers that interest rates would stay stable as they are dreading the news that their mortgage payments will go up.

"They can breathe a sigh of relief today, but for how long?

"With inflation already above target it's got to be a real possibility that rates will rise soon in an effort to curb the upward pressure on prices. Until now low rates and government support schemes have been crucial to keeping repossessions under control but there is no question that all that will change once they go up.

"It's not a case of if repossessions will go up but how high, and the only thing the new UK Government can do to restrain them is continue current support available to help keep people in their homes."

The housing and homelessness charity recently joined forces with the Council for Mortgage Lenders (CML) and other organisations to write a joint letter to the new Chancellor, George Osborne, and the new Business Secretary, Vince Cable, calling for a clear commitment in the first budget to extend current support measures for borrowers in most financial difficulty.

Mr Brown continued: "The new UK Government needs to be ready with a strong package of support

Supporting Scottish life

Every day we welcome more passengers

Stagecoach is a key part of the community in Scotland, providing lifeline transport links in rural areas and some of the country's biggest cities.

We also share our success by helping local people – and hundreds of our employees devote their own time every day to local projects that make a real difference.

Supporting the community. Working with the community. Part of the community.

STAGECOACH GROUP
greener smarter travel

www.stagecoachgroup.com

in place once rates start to rise. In particular Support for Mortgage Interest, which is currently helping 220,000 struggling homeowners keep the roof over their head, must be maintained or thousands of homeowners will be at risk."

Staff

- Visit <http://scotland.shelter.org.uk> which provides information on what help is available, or call the free helpline on 0808 800 4444

Affordable housing development opens in Edinburgh

A new affordable housing development marking a major milestone in the regeneration of Edinburgh's waterfront this month.

Goosander Place, the first affordable homes to be built in the Western Harbour, Newhaven, was officially opened at a ceremony involving Scottish Housing Minister Alex Neil.

Port of Leith Housing Association (PoLHA) welcomed 102 households to the block of new, high-quality and energy efficient homes. It is the first of four proposed affordable housing sites at Western Harbour, and PoLHA have worked closely with the City of Edinburgh Council, who allocated £11.3m of grants for the development.

The Council and PoLHA also worked together to ensure that some of former residents of Fort House in Leith, scheduled for demolition, were able to access the three bedroom properties.

Cllr Paul Edie of the City of Edinburgh Council said: "The opening of these fantastic energy efficient

homes shows what can be achieved when organisations work together to achieve a common goal."

Helen Phillips, a longstanding and active resident of Leith, who has recently moved to the new development, was presented with a bouquet welcoming her at the ceremony held at the David Lloyd Centre today.

She said: "The flats are lovely, very spacious. The environmentally-friendly features will also be a real help with utilities bills. There is already a real sense of community and I am confident that will continue to grow."

Goosander Place has also been shortlisted for the Large Affordable Housing Development of the Year title at the Scottish Home Awards.

Staff

Work for your benefits demo

Opponents of compulsory 'work for your benefits' schemes plan demonstrated outside workfare provider A4e's Edinburgh office as this issue of *The Pavement* went to press.

The protest on 16 June was part of a UK day of action called by the 'NO TO WELFARE ABOLITION' network. Local organisers, Edinburgh Coalition Against Poverty (ECAP), condemn A4e's multi-millionaire owner, Emma Harrison, for "raking it in", while "the sick, the disabled, the unemployed, single parents and other people who need support face cuts in services and the prospect of being made to work for their benefits."

ECAP claimed success for their protest at www.edinburghagainstopoverty.org.uk

A statement read: "A4e cancelled all appointments and

stuck up a notice declaring their Earl Grey Street office closed for the whole day, as demonstrators gathered outside."

It continued: "The Edinburgh demonstration lasted around two hours, with around 20 participants, and culminated at the nearby High Riggs Job Centre. Several new people joined ECAP's solidarity network, whereby people support each other by turning up to demonstrate if someone has serious problems with the authorities, such as having their benefits cut, being homeless or being menaced by sheriff officers."

Staff

- ECAP run advice sessions on "benefits, debt and housing hassles" every Tuesday 12 - 3pm, at the Autonomous Centre of Edinburgh (ACE), 17 W Montgomery Place, Edinburgh EH7 5HA. Telephone 0131 557 6242

A heart-warming story from the hills and glens of Scotland to the streets of post-war England

The Boy in a Trenchcoat

FRANK HURLEY

Newsman's homeless days in new autobiography

One of Scotland's top journalists Frank Hurley has written an autobiography (pictured above) about his childhood days recounting his childhood growing up in homeless hostels in London.

The son of a Scottish mother and Londoner father, 'The Boy in a Trenchcoat' tells of the hell of living in homeless hostels in the sprawling London Borough of Croydon and the unbridled happiness of running free in Highland hills and catching trout in burns and lochs.

The memoirs shine light on one man's experience of growing up in the post war period when a chronic housing shortage led to thousands of homeless families forced to live in squalid and dangerous conditions.

Yet Hurley survived this tumultuous childhood to become an award-winning journalist working for the *Sunday Mail*, *Scottish Daily Express*, *Scottish Mirror*, *Paisley Daily Express* and *The Glaswegian*.



Maggie Page

Homeless couple forced to move on

A homeless couple has been forced to move from Argyll and Bute after a council housed them hours from a hospital equipped with the HIV facilities they need.

Peter Munro and his partner Jay Turner, who are both HIV positive and require frequent life-saving treatment, take a ferry and two trains to Gartnavel Hospital in Glasgow – a journey lasting as long as three hours.

In September 2009, Turner's CD4 blood count dropped to a dangerous level of just 30. He was admitted to an intensive care unit and his condition has deteriorated since.

Now, the couple claim that their accommodation issues are aggravating the condition.

"My partner is in a critical condition, he uses a walking stick, becomes very breathless

and can barely walk. The council have failed to appreciate this fact when they housed us on a remote island," Mr Munro said.

"Hospital transport cannot always be provided due to our geographical location. Jay and myself have missed very important appointments and we become more isolated everyday."

In response, Argyll and Bute Council advised the couple to terminate their temporary tenancy contracts and seek accommodation from a different local authority. The council confirmed it will help facilitate a move to Brighton, as recommended by hospital consultants, where Munro has family to care for them.

But a spokeswoman for Argyll and Bute Council said there had been "no short-comings" on their part.

She told us: "The Munro and Turner case has been handled professionally and sympathetically. Social workers have dedicated

significant time and resource to find a solution in what has been a challenging case and we will continue to work with Mr Munro and Turner to facilitate their move to Brighton."

However, Munro claims that after providing 28 days notice to terminate their temporary tenancy - as requested by the council - the housing team has been unable to secure them accommodation in Brighton.

"Due to the fact that we handed in our notice, we gave our carpets away and our belongings are all packed but we strongly feel that the social work team within Argyll and Bute Council are simply not doing enough to help us find a home," he said.

A spokesman from Brighton and Hove Council said the demand for housing was "very competitive" in the South-East.

Jason Warriner, clinical director at the Terrance Higgins Trust, said: "Common sense dictates that travelling by ferry and then trains is detrimental to the treatment required for HIV patients.

"Choice is a right in terms of NHS facilities. Unfortunately in rural and remote areas of Scotland this right can not always be exercised."

He continued: "Where hospital transport isn't available, individuals should look to claim expenses for private travel when there are simply no other alternatives because of where you live, or where you have been housed."

Staff



***The Pavement Scotland is delivered
by James Tait (centre) and the team at
FFWD Bicycle Messengers***



Contact them on 07717 640 410

News in brief

Homeless happenings from across the nation and the World

Rochester Row under threat of closure

The Salvation Army is reviewing its services and considering the future of their busy day centre in Victoria, London.

Rumours that the Rochester Row day centre, a long-time stockist of our London edition, was closing seemed incredible, but it has emerged that it is under threat.

Maff Potts, director of homelessness services for The Salvation Army in the UK and Ireland, told *The Pavement*: "The Salvation Army has been privileged to serve the community around Rochester Row for more than 100 years. Following our own review and after talks with local and central government, we have started a consultation with staff about the possible closure of the day centre. The consultation will help to ensure we deliver the best possible services to people who are homeless and rough sleeping, while avoiding duplicating what is being delivered by other homeless services providers. We continue to support our staff team during this difficult time and recognise they have worked tirelessly to support homeless people over many years."

We'll watch this story over the summer.

Staff

'Flawed' count reform

On 16 Jun, the new housing minister, Grant Shapps MP, made his most important announcement to date, stating that the current "flawed" methods for street counts

will be scrapped in favour of a new approach. This follows the last official figures for the number of rough sleepers in England as 464.

"Councils and charities are doing a great job in helping people off the streets, but the current counting system makes a mockery of the scale of the problem they face," Shapps said, adding that: "This coalition government will not stick our heads in the sand and ignore the true picture of the number of those facing life on the streets."

The announcement that the current system of street counts will be replaced from 2011 was made as Shapps also convened a new Homelessness Working Group, including ministers from many Whitehall departments. The members are: Grant Shapps MP (Con) - Department for Communities and Local Government (Chair); Andrew Robathan MP (Con) - Ministry of Defence (welfare of veterans); John Hayes MP (Con) - Department for Business, Innovation and Skills (adult skills); Paul Burstow MP (Lib) - Department of Health (health and care services); Lord David Freud (Con) - Department for Work and Pensions (housing benefit); Crispin Blunt MP (Con) - Ministry of Justice (criminal justice); James Brokenshire (Con) - Home Office (crime prevention); and Tim Loughton MP (Con) - Department for Education (children and youth services).

Staff

Government plans widespread changes to benefits

The new government is planning to reassess everyone on incapacity benefit and introduce tougher penalties on those who refuse offers of work from the job centre.

Last month, we touched upon the fact that new Secretary of State for Work and Pensions, Iain Duncan Smith, argues that true happiness and contentment comes from the pride and purpose working offers. The Conservative's 'Get Britain Working' campaign proved popular in the run-up to the election and many of its core values have been maintained under the new coalition government.

The key piece of persuasion the new government are using is that fact that many people can make more money from the benefit system than they could from working on the minimum wage. Mr Duncan Smith has described this as 'absurd' – and wants to remove the 'penalty' for moving from income support into a job.

"A system that was originally designed to support the poorest in society is now trapping them in the very condition it was supposed to alleviate," he said in an interview with the BBC. "We must be here to help people improve their lives, not just park them on long-term benefits. Aspiration, it seems, is in danger of becoming the preserve of the wealthy."

There are around five million people in the UK on benefits, 1.4m of whom have been receiving support for nine or more years of the last decade. In addition, there

are another 1.4m under-25s out of work but not in education.

So, rather than making working more attractive, or possible, the government have moved to make life on the dole less attractive.

Those claiming incapacity allowance will be reassessed to see if any kind of work would suit them. This could mean, for example, that someone who has been unable to leave their home due to disability may be offered, urged

or pushed into flexible working from home. Just how rigorous these tests will be remains to be seen.

For those claiming Jobseekers' Allowance, refusing work offered to them by the job centre could mean a reduction in the amount they take home. And there are plans to give Housing Benefit directly to landlords or housing associations, rather than individuals, to remove the temptation of spending the money on anything else.

But just how

different are the Conservative's plans from those already tabled by the last government? Last year, *The Pavement* reported on new sanctions under Labour, such as cuts in benefits for failing to look for work, breaking the law, drug or alcohol abuse, or failing to supply correct information ('Appealing benefit cuts', December 2009) In all cases, those facing sanctions have the right to appeal, but Mr Duncan Smith has added that all these measures, and more, will be enforced far more rigorously.

Rebecca Wearn

Rough Sleeper found murdered in Darlington

Police in County Durham are investigating the death of a homeless man found in the grounds of St Cuthbert's Church, Darlington, on 12 June.

The body of George Akers, a 59-year-old with a history of sleeping rough who had recently left a guest house which he had said was too noisy, was found under a tree by St Cuthbert's Church. A post-mortem examination revealed he had suffered internal injuries.

Detective Chief Inspector Paul Goundry said: "at this stage we are keeping an open mind on exactly how he came by his injuries." However, the site of Mr Akers's death is being treated as a murder scene.

Staff

Homeless interrogation

London homeless charity Thames Reach's chief executive Jeremy Swain has told *The*



Borderline offers support and advice to 1st and 2nd generation homeless and insecurely housed Scots in London.



0800 174 047

SUPPORTING HOMELESS
SCOTS IN LONDON

“Borderline provided an ear when no-one else would listen”

We can help with:

- Assessment/referrals to resettlement options in London and Scotland
- Professional housing and welfare benefits advice and advocacy
- Priority access to bedspaces with partner hostels in London
- Assessment and referrals to specialist drug and alcohol agencies
- Supportive resettlement in Scotland
- Subsidised travel for specific needs
- Subsidised birth certificates for proof of identity
- Assistance to approach grant givers when moving into accommodation
- Free telephone advice line

Opening Times: Appointments can be scheduled between 09.30 and 12.30, Mon – Fri. Client walk-in between 14.00 and 16.00, Mon, Tue, Thu, and Fri.

Borderline
37 King St
Covent Garden
WC2E 8JS

Clients: 0800 174 047
Agencies: 0845 456 2190
Fax: 0207 497 0184
Website: www.borderline-uk.org



Stuckey

“Derek’s obsessed with knife crime...”

Pavement that his appearance in front of the Homeless People's Commission (HPC) was 'challenging' but positive overall.

The HPC is a year-long project set up by homeless charity Groundswell to allow rough sleepers and service users to have an influence over policies that affect their lives. In one of a series of events due to take place this summer, 18 members – all people who have had experience of homelessness – discussed temporary housing policy with the Thames Reach head.

"I had a really good session with the commission," Mr Swain told us. "I did a presentation on hostels and the private rented sector."

"My overall view is that hostels could be far more successful than they are as a route out of homelessness for homeless people, so my presentation was quite critical of hostels."

Mr Swain said the presentation and discussion format allowed for some good ideas to be shared between service users and those who manage homeless policy.

"The commission then broke into small groups, prepared questions and returned to fire some challenging questions at me," he said. "The level of debate was high and these were clearly people who knew their stuff. We chose to differ on some issues."

The HPC is set to continue at a range of different homeless-related events over the summer, at venues up and down the country. At the end of the program, Groundswell is set to produce a report of homeless policy recommendations, based in meetings with homeless people, to the government's Department of Communities and Local Government.

Jim O'Reilly

Arlington House reopens

North London's famous Arlington House has reopened after a long and troublesome refurbishment.

The Victorian hostel, famous for once having Eric Blair (George Orwell) as a resident, opened again on 10 June, with 95 units for homeless people alongside 35 studio flats, training facilities and commercial space to rent.

Mayor of London Boris Johnson and artist Tracey Emin attended the opening. It was hosted by Lady Neuberger, from the housing association that took over the refurbishment after Novas Scarman ran into trouble amid allegations of mismanagement of funds. *The Pavement* covered the investigation last year ('Investigating Novas', September 2009).

Staff

Faker banned from NHS

A rough sleeper who faked illness to enter hospitals has been given a criminal ASBO banning him from using the NHS.

Bolton Crown Court heard that Christopher Dearlove, 41, became expert at faking symptoms, and would even claim to have highly infectious diseases in order to obtain private rooms. He used more than 70 different aliases between January 2007 and March 2009 in order to be admitted to wards.

Mr Dearlove was handed a three-year community order with a supervision requirement. The judge warned that he faced a possible prison sentence of up to five years if he breaches his Asbo, under which he must not enter an NHS building in England or Wales nor provide false personal information or details of false illnesses to NHS staff.

He now cannot seek any medical treatment "unless genuinely ill".

Hospitals as far apart as Glasgow and Cambridge, Rochdale and South London were affected, and it is thought his deceptions could have begun 15 years ago. Experts claim the fraud has cost the NHS tens of thousands of pounds.

He often claimed to be a haemophiliac with Aids, or that his partner had TB and was either not taking her medication or was resistant to treatment. Mr Dearlove would feign chest pain, night sweats and weight loss. But when blood tests and X-rays showed there was no cause for concern, staff began to realise he was what nurses call a "hospital hopper".

In a statement released to the press Alan Stewart, CFS Northern and Yorkshire operational fraud manager, said: "Dearlove's behaviour had a chronic impact, as he was using up valuable hospital resources sorely needed by genuine patients. Each time he attended Accident & Emergency and was then admitted to hospital, it cost an NHS Trust from £400 to £1,000."

Richard Hampton, head of the NHS security management service, said: "The close working between experts in both our security and fraud services helped bring the investigation to this excellent outcome. The criminal Asbo is to prevent further unnecessary financial losses and risks to the NHS and its patients."

Mr Dearlove pleaded guilty to five charges of fraud by false representation on Wednesday, 2 June. Four charges remain on file.

Rebecca Wearn

Funding the fight against TB

Staff from London's Mobile X-Ray Unit (MXU) have told *The Pavement* of their concerns over the service's potential closure at the end of this year.

The MXU helps to screen "hard to reach" people such as rough sleepers for early signs of tuberculosis (TB). Instances of TB have been rising steadily across the UK over the last decade, and London, in particular, has seen a large increase in diagnosed cases. Funding for the MXU, which has featured in *The Pavement's* listing service since 2008, runs out in December 2010. It will then be up to the NHS – itself likely to come under funding pressure in this month's budget – to decide whether the service will continue to receive money. The decision will affect whether those in London who are most at risk from the disease will be treated in time.

Baroness Masham of Ilton raised the matter in the House of Lords at the beginning of June, hoping to drum up support from peers for the service to be maintained.

"Londoners now account for the largest number of cases [of TB] in the UK, making up to 39 per cent of the country's total figure," she said. "In 2009, 3,376 new cases of TB were reported in the capital. There is an excellent team of professional healthcare workers who find and treat hard-to-reach people from homeless hostels and prisons. They have a mobile X-ray unit which travels around. It is getting very old and they need two, but the funding runs out this year."

Baroness Masham urged that guarantees be given that the vital service will receive its funding from the end of the year. Alistair Story, who is the clinical head of the MXU service, stressed the importance of the MXU to London's homeless population. "We now screen

8,000–10,000 clients a year and work with over 200 local projects for homeless people and people with drug and alcohol problems across London," he said.

"We are the only unit of this kind in the country. TB cannot be tackled unless we make every effort to ensure that those most at risk can get diagnosed promptly and complete treatment. Loss of our service would leave a large gap in TB control in London," said Mr Story. *The Pavement* will monitor the MXU's funding battle until the decision is made this December.

Jim O'Reilly

Auckland extends ban on rough sleepers

Auckland City Council has voted to extend a ban on rough sleeping in the run-up to the Rugby World Cup.

Under the city's Homeless Action Plan, security units with the power to move rough sleepers have been patrolling the city centre since the start of the year in a bid to cut antisocial behaviour by 50 per cent.

Officials in New Zealand's capital, which has a high number of rough sleepers for a city of its size, were quick to deny allegations. Betty MacLean, safety adviser for the council, said: "There is no intention of targeting the homeless in any way while the Rugby World Cup is being held in New Zealand."

But anecdotal evidence and increasing numbers seeking permanent accommodation from the City Mission indicate a rise in the number of people being moved on.

John McCarthy, manager at charity Lifewise, said: "The Council's concerns about the 'antisocial' behaviour of some homeless people has escalated ahead of the Rugby World Cup event next year.

"Unfortunately, some in the council frequently equate 'antisocial'

behaviour with homelessness," he added. "Simply adopting a law enforcement approach whereby homeless people are moved along the street, will not address the overall issue of homelessness."

Garnet Roach

Squatter takes to the roof

A squatter was found to have been living on a family's roof in a tent.

Mother-of-two Steph Wallace spotted the homeless man when she went to put out the rubbish in the back yard of her home in Folkestone, Kent. Pregnant primary school teacher Ms Wallace saw a foot sticking out over the wall before she realised it was a squatter who was asleep.

She locked the doors and called her husband Peter, who came home to confront the man.

By the time he returned, the man had fled, but the tarpaulin under which he had been sleeping – held down with an ornamental rabbit the couple thought they'd lost – was still there.

Peter Wallace said: "We were both completely stunned. We had no idea he had been there. We think he was up there for at least a few days, but who knows. He could have been up there for weeks."

Ms Wallace added: "I couldn't believe the cheek of it. It was a very scary experience to find out someone had been intruding on our space like that."

He left behind a pile of cardboard he had been sleeping on as well as a carton of orange juice.

Rebecca Evans



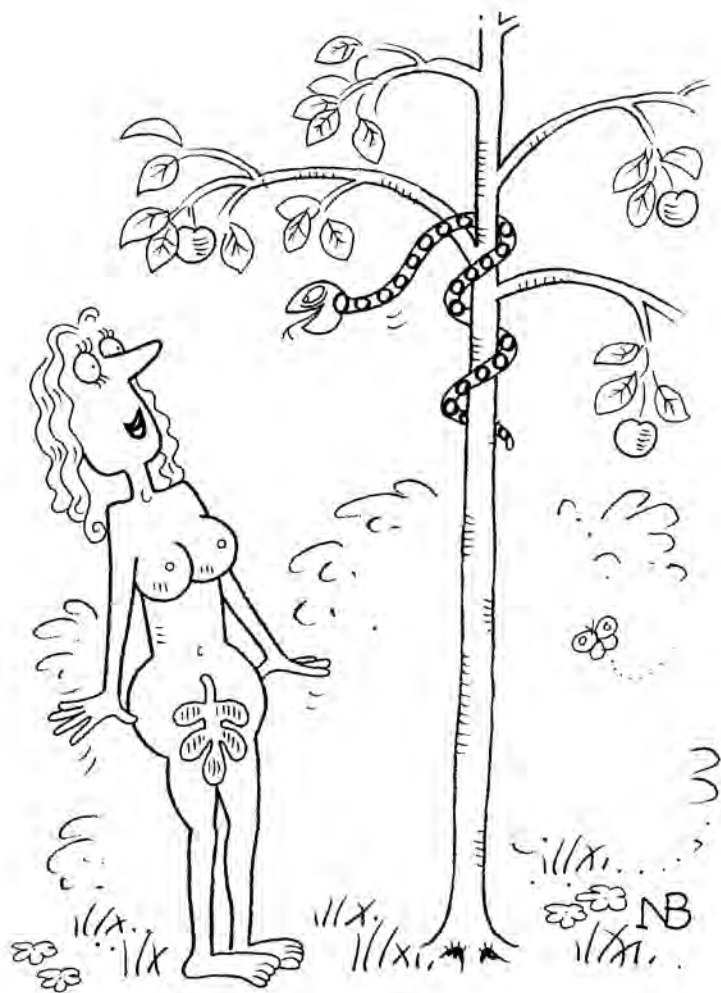
What a waste

We don't keep our fresh, natural food overnight to sell the following day. We never have and we never will.

For years we've worked with registered charities helping the homeless by offering our unsold sandwiches to them at the end of each day. Unfortunately, some still get chucked away.
(And that really upsets us.)

If you know of a charity in need of good food, please tell them to call Edward Metcalfe on 020 7932 3339.

★ PRET A MANGER ★



*"I could get you planning permission for a
block on flats on your garden"*

Making Invisible People visible

A veteran documentary maker and homeless advocate has said he was shocked as he travelled around America's most northerly and sparsely populated state, to create a "voice-giving" website invisiblepeople.tv.

Mark Horvath was shaken by the stories homeless people in Anchorage, Alaska told him. Despite having listened to homeless tales for years, he was surprised as the complexity of problems and the levels of alcoholism the state's homeless face. "The problem is severe. Being candid, I've never seen anything like it," he said, "The issue is alcohol dependence at its worst, [so] the normal recovery models may not work."

During his filming tour of the "the last frontier", 1-3 March this year, he came across several so-called 'inebriates' drinking Listerine mouthwash.

"The story that kept being told over and over again was not so much the issue of homelessness, but a severe alcohol problem among the Native Alaskans," he wrote on his *Hardly Normal* blog. "I was told three homeless people found dead with empty Listerine bottles next to them. Listerine is 26.9 per cent alcohol, making it approximately 54 proof."

Anchorage is home to approximately half of the state's 698,473 residents. Horvath visited the city's homeless camps, where more than a dozen people died last winter, to videotape its rough sleeping residents' personal stories.

"Honestly, I was not ready," he continued. "For close to 14 years I have been working in homeless services at some capacity. I have literally walked into tent cities all over America. But I had never seen homelessness through a cop's lens."

Horvath spoke to *The Pavement* about his Invisible People TV website last July and has since filmed all over America. He created the site to allow those usually 'invisible' to the general public to tell their histories. "Some homeless people are passed on the street as if they don't exist or looked at as though they were nothing more than litter," Horvath said. "My goal is make homeless visible to everyone else."

Katy Taylor

Squatting outlawed in The Netherlands

Squatting has been outlawed in The Netherlands, making it a criminal offence to occupy empty buildings without the permission of the owner.

The bill, which was approved by the upper house of parliament last month, includes a one-year jail term for the offence of squatting. In Holland, around 1,500 squatters live in buildings they do not own or pay rent on, the same number as in Britain.

The law was introduced last year by a conservative majority in the Dutch lower house and is expected to come into force in October. It includes provision for the jail term to be extended to 32 months if squatters operate as a group or use violence.

A chronic lack of affordable housing has led many local authorities to turn a blind eye to squatting, and caretaker Justice Minister Ernst Hirsch Ballin told parliament that police will not immediately begin arresting these occupiers when the law comes into force.

Immediately after the bill was passed, protesting squatters occupied empty houses.

In England, squatting is not a crime, but is a civil matter to be resolved in the civil courts

between squatters and owners. The owners have legal ways and procedures to have squatters evicted, but cannot legally use force or threats. The Criminal Law Act 1977 makes it an offence to force entry to a building which is occupied, and this includes squats.

A spokesman for the Advisory Service for Squatters said: "There's quite a lot of scare stories running around that the new government will make squatting illegal, but it is not in the Tory party's manifesto or programme for government, and it would be a very difficult thing to introduce in England because of our complicated land laws."

In England, squatters have a right to claim ownership of a dwelling after 12 years of having lived there if no one else claims it, by adverse possession under common law.

Rebecca Evans

Homeless comic strip to raise laughs and questions

One thing most readers of *The Pavement* probably agree on is that homelessness is no laughing matter, but a new comic strip launching in the US this month disagrees. Barney & Clyde (pictured over the page) stars a homeless man and a billionaire.

Sounds tasteless? In the wrong hands, it easily could be; but its creator, Pulitzer Prize-winning cartoonist Gene Weingarten, told *The Pavement* that he aims to create a strip that is thought-provoking rather than clichéd or insensitive.

Weingarten says that the idea came during an argument, when his 20-year-old son said: "You know what would be a good idea for a strip? A friendship between a billionaire and a homeless person." Weingarten added: "I just sat there for a



minute, then stood up and walked over to a calendar on the wall of my home office and I circled the date. It was 28 April, 2005. That was the birthday of "Barney & Clyde."

When asked why he chose these two characters, he replied: "Increasingly, we're living in a world of economic polarisation, of haves and have-nots. This raises plenty of legitimate philosophical questions that could be dealt with, we hope, through the universal prism of humour."

A week in, the strip seems to be more about the haves – and the ethical problems with amassing piles of cash – than the have-nots. The homeless character's only appearance so far is when, passing the billionaire in the street, he surprises the richer man by giving him a dollar and advising, "Now, don't go spending it all on crack."

Still, it's early days. If the strip can keep asking big questions about money and inequality

without lapsing into lazy generalisations about homeless people (or the very rich), then Weingarten may have found a powerful vehicle for exploring some of the biggest issues of our time.

Alice Ross

Dying rough sleeper found alive and well

A missing rough sleeper who was thought to have only 24 hours left to live has been found alive and well, despite a lack of interest from the UK's press.

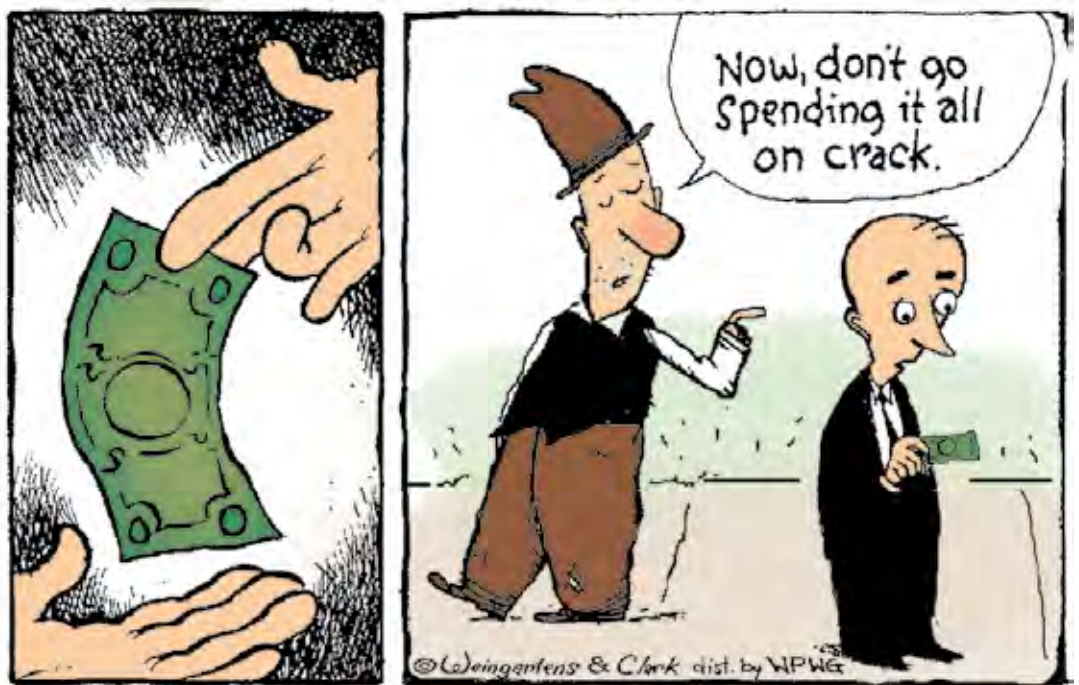
Phu Chan Luong, 46, was the centre of local and national media attention when the Metropolitan Police reported that he was at death's door unless he checked into the London specialist medical unit from which he'd gone missing last month.

Mr Chan Luong, who often slept in Covent Garden in central London, attended hospital to receive renal dialysis for kidney failure but discharged himself on 27 May.

A police spokesperson told the BBC: "This is a particularly sad case, as if we do not find him within 24 hours, he may die."

But although he was found the next day, coverage was limited. The news was quietly announced by the *Westminster Chronicle* newspaper, who were informed by the police.

Katy Taylor



STREET SHIELD

CHAPTER 15

A DIAMOND IN THE ROUGH

HAVING BROKEN UP SPRING-HEELLED JACK'S GANGMASTER RING, OUR HERO IS BATTLING THE VILLAIN WHILST BEING ASSAULTED BY THE ALCOHOLIC POWERS OF SUPER STRENGTH.





NEXT MONTH WE'RE ON OUR SUMMER BREAK, BUT LATER IN THE YEAR OUR HERO GOES TO HELP A HERO IN THE MIDLANDS.

Health and wellbeing

The Pavement's health team – a nurse and a podiatrist – answer your questions

Flo on... sun safety

Summer is here at last, and hopefully we'll get some sunny weather. Being Scottish, Nurse Flo knows the temptation to strip off and catch every last precious ray before the sun disappears for another year. This tendency has often left my pasty northern skin frazzled to a crisp – more lobster than golden.

Apart from being painful and ugly, sunburn can cause health problems from sunstroke to skin cancer. The best way to avoid it is to stay out of the sun, but that wouldn't be much fun. Instead, stay out of the midday sun. (It's strongest between 11am and 3pm.) Stick to the shade or cover up if you think you are at risk of burning and, most importantly, use sun cream, preferably one with an SPF of at least 15. It can be expensive, but look for cheaper brands or two-for-one offers. Don't use sun cream as an excuse to stay out in the sun

longer than you would normally – you can still get burnt. Remember to apply it to all parts of your body. Feet, noses, ears and bald patches on the top of the head are notorious for being missed and can be very painful if burned. Reapply cream after swimming or exercising, as water and sweat can wash it away.

If you do get sunburn, over-the-counter painkillers such as paracetamol or ibuprofen will ease the pain and reduce inflammation. Stay out of the sun until the redness has gone. Sponge your skin with cold water and apply after-sun or calamine lotion. If you feel unwell, sick or dizzy, see a doctor as soon as possible. If your skin blisters or starts to swell, then you also need to get medical help.

You can easily get dehydrated in hot weather. The first sign of dehydration (when your body does not have enough moisture to function properly) is thirst. Other symptoms

include dizziness, headaches, dry eyes and mouth, and passing small amounts of dark, concentrated urine. If you think you are becoming dehydrated, get out of the sun and drink water. Remember, alcohol also dehydrates you, so take care if you're drinking outside in the sun. Alternate your alcoholic drinks with water. Try not to fall asleep in the sun, as this is an easy way to get sunburn!

Skin cancer can be caused by exposure to the sun. If you have lots of moles or freckles, then you are more at risk, so take extra care. If your moles change shape, colour, become sore or bleed, you must see a doctor. Skin cancer can be easily treated if caught early. Sunburn is most obvious in fair-skinned people, but the sun can damage any skin type or colour. Good Health,

Nurse Flo

• To put a question to our nurse, email: flo@thepavement.org.uk or write to the address on page 3



Foot care: Flip-flop – the sound of summer!

Well, the sun is in the sky, temperatures are rising, and the harsh winter snows of 2009 and early 2010 seem like a dark, distant memory. It's official: after a spectacular World Cup and sports season, summer 2010 is here, and summer means it is time to get the feet out of hibernation at last and into the dusty, healing heat.

I remember as a child, the first sign of summer was getting out of the big, black, buckled school shoes with their accompanying thick, white socks and into the “summer sandals”. Every year I looked forward to the sandals, and every year they skinned my toes and blistered my feet raw.

Shoes touch our feet all over, so they distribute the rubbing and the pressure on the top of our feet. Sandals touch only where the straps are, and often rub until they stretch to take on the shape of your feet. After a long winter, though, feet need a bit of breathing space, and well-fitting sandals can provide that.

The last thing feet need when temperatures rise is to be kept in tight, hot, sweaty trainers, where conditions provide an ideal breeding ground for fungal skin and nail infections. We don’t get too many months in the UK where we can bare our feet, so when we do get the chance, we should go for it. Socks with sandals are, of course, a fashion no-no, but they may just stop the chafing if you get desperate.

Flip-flops have been a summer foot staple for many years. Ranging in price from £1 per pair at the big supermarkets, to “the sky’s the limit” in the designer arena, previously humble flip-flops look set to be the fashion footwear of summer 2010, so try to get your hands on a pair. Flip-flops are cheap, lightweight, waterproof, washable, practical and portable. There are two kinds of flip-flop: ones with a little toe-post that goes between your big and second toe (I’ve never mastered these!); and the sort that have a bar across the top of your foot, just behind the base of your toes. You can wear them in the communal areas of shelters or in shared showers to keep your feet protected and free from infection, rinse



them, dry them off and you’re good to go into the outside world – much better and more practical than a pair of slippers.

Flip-flops have drawbacks. Sometimes your toes curl up to grip the flip-flop and give the foot some stability. All that flipping and flopping as you walk along can also lead to the build-up of hard skin on your heels. The flip-flop does, however, allow your skin some much-needed exposure to warm, dry air, and the cushiony sole can give some protection against bumpy

pavements and stony surfaces.

On balance, then, while they are by no means perfect footwear, in the limited sunshine months we can expect, sandals and flip-flops can give your feet a relatively inexpensive break from enclosed footwear.

So ditch the trainers, and allow your feet to breathe in the heady scent of the short British summer.

Evelyn Weir

Lecturer in podiatry
Queen Margaret University
Edinburgh

HOMELESS CITY GUIDE



squat



empty building



dangerous neighbourhood



danger



guard dogs



an attack happened here



good place to drink / smoke



unfriendly place



friendly place



soup run (with rating)



strong police presence



potential for work



good food thrown away here



safe for sleeping



message board x mins that way



security guard



you'll get moved on here

step 1



step 2



MAKE YOUR MARK AND HELP OTHERS TO READ THE CITY

Make non permanent marks to keep the system up to date and stay within the law.

for homeless people in Glasgow with mental health problems. Phone, write or just drop in C, MH, P

Glasgow Rent Deposit and Support Scheme
3rd Floor, Crowngate Business Centre, 117 Brook Street, G40 3AP
0141 550 7140
Mon-Thurs: 9am-4pm; Fri: 9am-3pm
AS, BA, C, H, IT, TS

Glasgow Women's Support Project
See **Telephone Services Glasgow**

SAY Women Accommodation Project
3rd Floor, 30 Bell St, G1 1LG
0141 552 5803
Provides support and counselling to young women aged 16 – 25 who are homeless or threatened with homelessness and are survivors of rape or sexual abuse AS, C, SH

TELEPHONE SERVICES

Community Legal Advice
0845 345 4 345
Nationwide
www.communitylegaladvice.org.uk
Mon-Fri: 9am-8pm;
Sat: 9am-12:30pm
AD, BA, DA, H
Free, confidential service, offer-
ing specialist advice on housing,
benefits, tax credits, debt etc.

Domestic Violence Helpline
0808 2000 247
Frank
0800 776 600
Free 24-hr drug helpline

Get Connected
0808 808 4994
Free advice for young people
(1pm – 7pm daily)

Job Centre Plus (benefits agency)
To make a claim
0800 055 6688
For queries about existing claims
For Income Support, Jobseekers
Allowance or Incapacity Benefit
0845 377 6001
For Social Fund enquiries

0845 608 8661
For the Pensions Service
0845 60 60 265

Message Home Helpline
0800 700 740
24 hrs daily
jenkinson@btinternet.com/uk.geocities.com/gabriele-
with mental illness. A creative/arts site for those

National Debtline
0808 808 4000
Runaway Helpline
0808 800 7070
Free line for under-18s who have left home

The Samaritans 08457 90 9090

SANELINE
6 – 11pm
0845 767 8000
Out-of-hours helpline for those affected by mental health

Shelter
0808 800 4444
Housing info and advice
8am-8pm daily

UK Human Trafficking Centre
0114 252 3891

TELEPHONE SERVICES EDINBURGH

Edinburgh City Mission
0845 658 0045
Providing a listening service for anyone in emotional crisis. Also offers face-to-face coun-
selling by appointment

TELEPHONE SERVICES GLASGOW

Glasgow Street Service
0800 027 7466
Mon-Thurs: 8am-11pm; Fri: 8am-5pm; Sat: 8am-3pm; Sun: 4-11pm
Street outreach team partner-
ship between Simon Community
Glasgow and Barnados Scotland

Glasgow Women's Support Project
31 Stockwell Street, G1 4RZ
0141 552 2221
Mon, Tues, Thurs, Fri: 10am-4:30pm; Wed: 2-4:30pm
Information, advice and initial support for women who have experienced sexual abuse

WEBSITES

Mental Fight Club
A creative/arts site for those with mental illness. uk.geocities.com/gabriele-
jenkinson@btinternet.com/

The Pavement Online
Soon to have an online version of *The Other List*, which will soon be in several translations to download.
www.thepavement.org.uk/services.htm

Proud to be mad
A campaigning site for those with mental illness
www.proudtobemad.co.uk

Sock Book
Previously Everyone's Home
An 'e-shelter', with a large directory of services.
sockbook.referrata.com

Stonewall Housing
Addresses the housing needs of lesbians and gay men. Provides temporary, supported housing for 16 – 25 years old lesbians and gay men.
www.stonewallhousing.org

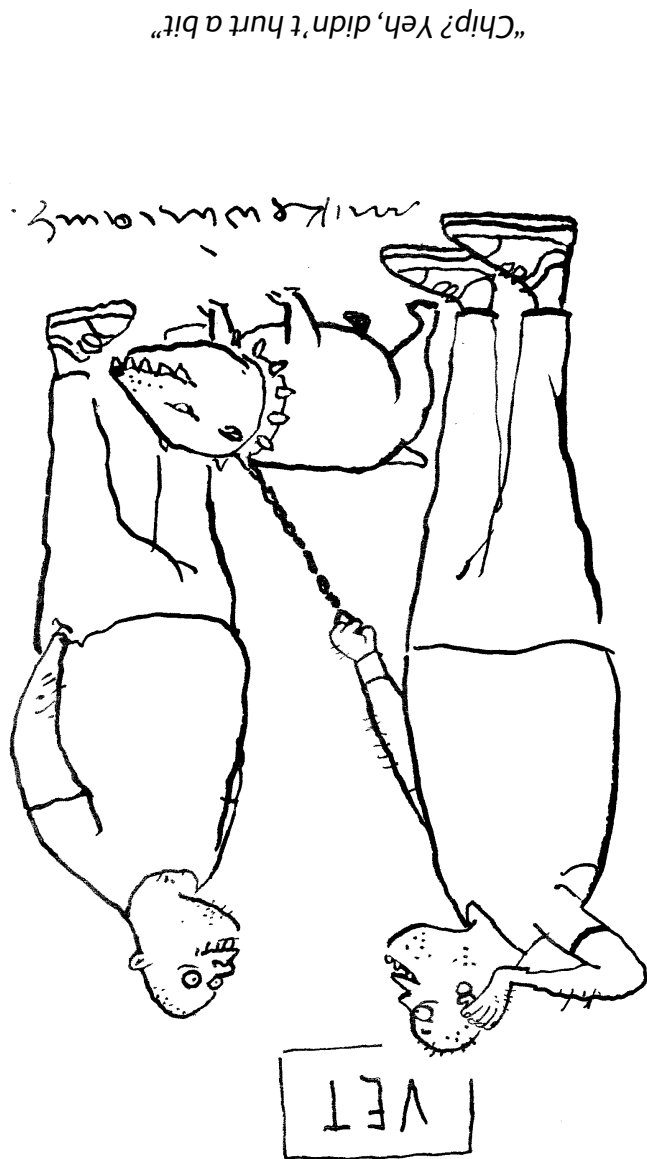
Streetmate
An independent site with substantial information on housing, working and learning, built for those homeless who use the internet and want to do-it-them-
selves as much as possible.
www.streetmate.org

WEBSITES EDINBURGH

Homeless Edinburgh
A comprehensive website contain-
ing information about services in Edinburgh including hostels, advice and support centres. Also has information on over 8,000 services outside Edinburgh
www.homelessedinburgh.org

WEBSITES GLASGOW

Homeless Information Pages
Lots of useful information
and advice on homeless serv-
ices in and around Glasgow
www.hipinglasgow.com



MEDICAL SERVICES GLASGOW

The Physical Health Care Team

55 Hunter St, G4 0UP

Mon - Fri: 1 - 5pm
0141 553 2826

Has two GPs and a team of nurses

and office staff who also run

clinics at some hostels. Appoint-

ments not necessary. They also

provide support for people who

have hospital appointments

and want someone to go along

with them. There is also an

addiction and mental health

team based at this address

A, D, FC, MH, MS, P, SH

SOUP KITCHENS & SOUP RUNS

EDINBURGH

Barony Contact Point

101 High Rigg, EH3 9RP

0871 700 7777 / 0131 622 1867

Tue: 10.30am - 4pm;

Thur: 10am - 1pm,

FF, P

Calton Centre

121 Montgomerie Street, EH7 5EP

Tues: 6 - 8.30pm

FF, P

Care Van

Bethany Christian Trust's soup

run in Edinburgh city centre

364 evenings a year

FF

Carribber's Christian Centre

65 High Street, EH1 1SR

0131 556 2626

Sun: 8 - 9am

FF, P

Grassmarket Mission

79/3 Grassmarket, EH1 2HJ

0131 225 3626

Mon: 7 - 9pm; Tues: 6 - 7pm;

Wed: 1 - 4pm; Fri: 1 - 4pm,

Sat 9 - 10.30pm

AC, FF, P

Jericho house

53 Lothian Street, EH1 1HB

0131 225 8230

Sun: 10am - 2pm; Weds

and Thurs: 6 - 7.30pm

CL, FF, P

St. Columba's Church

St. Vincent Street, G2

Sun: 7.30 - 9pm

FF, P

Rokpa Glasgow

Kagyu Samye Dzong

The Tibetan Buddhist Centre

7 Ashley Street, G3 6DR

0141 332 9950

FF, P

Wed: 9 - 10pm; Fri: 8 - 9pm

9pm; Tues: 8.45pm - 12.30am;

Sun: 9 - 10pm; Mon: 7.30 -

Runs at these times:

Glasgow G2 7AB

0131 229 5672

Every day 1 - 2pm and 6 - 7pm

FF, P

SOUP KITCHENS & SOUP

RUNS GLASGOW

Balvicar Street

G42 8QU

Thurs: 7 - 9pm

FF, P

Cadogan Street

Glasgow G2 7AB

Runs at these times:

Sun: 9 - 10pm; Mon: 7.30 -

9pm; Tues: 8.45pm - 12.30am;

Wed: 9 - 10pm; Fri: 8 - 9pm

FF, P

ET, FF, P

gardening and textiles 10am - 4pm)

(Tue - Fri they have woodwork, art,

Grassmarket and North Bridge

Runs from Waverley Bridge to

Every night: 9 - 9.45pm

Soup Van

Every night: 9 - 9.45pm

Runs from Waverley Bridge to

Grassmarket and North Bridge

(Tue - Fri they have woodwork, art,

gardening and textiles 10am - 4pm)

FF, P

Mon - Sat: 9am - 3pm

St George's West

58 Shandwick Place, EH2 4RT

0131 226 2428

Mon - Sat: 9am - 3pm

FF, P

Every night: 9 - 9.45pm

Runs from Waverley Bridge to

Grassmarket and North Bridge

(Tue - Fri they have woodwork, art,

gardening and textiles 10am - 4pm)

ET, FF, P

SOUP KITCHENS & SOUP

RUNS GLASGOW

Balvicar Street

G42 8QU

Thurs: 7 - 9pm

FF, P

Cadogan Street

Glasgow G2 7AB

Runs at these times:

Sun: 9 - 10pm; Mon: 7.30 -

9pm; Tues: 8.45pm - 12.30am;

Wed: 9 - 10pm; Fri: 8 - 9pm

FF, P

ET, FF, P

gardening and textiles 10am - 4pm)

(Tue - Fri they have woodwork, art,

Grassmarket and North Bridge

Runs from Waverley Bridge to

Every night: 9 - 9.45pm

Soup Van

Every night: 9 - 9.45pm

Runs from Waverley Bridge to

Grassmarket and North Bridge

(Tue - Fri they have woodwork, art,

gardening and textiles 10am - 4pm)

FF, P

Mon - Sat: 9am - 3pm

St George's West

58 Shandwick Place, EH2 4RT

0131 226 2428

Mon - Sat: 9am - 3pm

FF, P

Every night: 9 - 9.45pm

Runs from Waverley Bridge to

Grassmarket and North Bridge

(Tue - Fri they have woodwork, art,

gardening and textiles 10am - 4pm)

ET, FF, P

SOUP KITCHENS & SOUP

RUNS GLASGOW

Balvicar Street

G42 8QU

Thurs: 7 - 9pm

FF, P

Cadogan Street

Glasgow G2 7AB

Runs at these times:

Sun: 9 - 10pm; Mon: 7.30 -

9pm; Tues: 8.45pm - 12.30am;

Wed: 9 - 10pm; Fri: 8 - 9pm

FF, P

ET, FF, P

gardening and textiles 10am - 4pm)

(Tue - Fri they have woodwork, art,

Grassmarket and North Bridge

Runs from Waverley Bridge to

Every night: 9 - 9.45pm

Soup Van

Every night: 9 - 9.45pm

Runs from Waverley Bridge to

Grassmarket and North Bridge

(Tue - Fri they have woodwork, art,

gardening and textiles 10am - 4pm)

FF, P

Mon - Sat: 9am - 3pm

St George's West

58 Shandwick Place, EH2 4RT

0131 226 2428

Mon - Sat: 9am - 3pm

FF, P

Every night: 9 - 9.45pm

Runs from Waverley Bridge to

Grassmarket and North Bridge

(Tue - Fri they have woodwork, art,

gardening and textiles 10am - 4pm)

ET, FF, P

SOUP KITCHENS & SOUP

RUNS GLASGOW

Balvicar Street

G42 8QU

Thurs: 7 - 9pm

FF, P

Cadogan Street

Glasgow G2 7AB

Runs at these times:

Sun: 9 - 10pm; Mon: 7.30 -

9pm; Tues: 8.45pm - 12.30am;

Wed: 9 - 10pm; Fri: 8 - 9pm

FF, P

ET, FF, P

gardening and textiles 10am - 4pm)

(Tue - Fri they have woodwork, art,

Grassmarket and North Bridge

Runs from Waverley Bridge to

Every night: 9 - 9.45pm

Soup Van

Every night: 9 - 9.45pm

Runs from Waverley Bridge to

Grassmarket and North Bridge

(Tue - Fri they have woodwork, art,

gardening and textiles 10am - 4pm)

FF, P

Mon - Sat: 9am - 3pm

St George's West

58 Shandwick Place, EH2 4RT

0131 226 2428

Mon - Sat: 9am - 3pm

FF, P

Every night: 9 - 9.45pm

Runs from Waverley Bridge to

Grassmarket and North Bridge

(Tue - Fri they have woodwork, art,

gardening and textiles 10am - 4pm)

ET, FF, P

SOUP KITCHENS & SOUP

RUNS GLASGOW

Balvicar Street

G42 8QU

Thurs: 7 - 9pm

FF, P

Cadogan Street

Glasgow G2 7AB

Runs at these times:

Sun: 9 - 10pm; Mon: 7.30 -

9pm; Tues: 8.45pm - 12.30am;

Wed: 9 - 10pm; Fri: 8 - 9pm

FF, P

ET, FF, P

gardening and textiles 10am - 4pm)

(Tue - Fri they have woodwork, art,

Grassmarket and North Bridge

Runs from Waverley Bridge to

Every night: 9 - 9.45pm

Soup Van

Every night: 9 - 9.45pm

Runs from Waverley Bridge to

Grassmarket and North Bridge

(Tue - Fri they have woodwork, art,

gardening and textiles 10am - 4pm)

ET, FF, P

SOUP KITCHENS & SOUP

RUNS GLASGOW

Balvicar Street

G42 8QU

Thurs: 7 - 9pm

FF, P

Cadogan Street

Glasgow G2 7AB

Runs at these times:

Sun: 9 - 10pm; Mon: 7.30 -

9pm; Tues: 8.45pm - 12.30am;

Wed: 9 - 10pm; Fri: 8 - 9pm

FF, P

ET, FF, P

gardening and textiles 10am - 4pm)

(Tue - Fri they have woodwork, art,

Grassmarket and North Bridge

Runs from Waverley Bridge to

The Mungo Foundation – London
Road Project
 1920 London Road, G32 8XG
 Works with 16-25 year olds
 who cannot access mainstream accommodation. (Open 24 hrs)
 www.themungofoundation.org.uk

DRUG/ALCOHOL SERVICES

Drinkline Scotland
 Freepost, PO Box 4000, G3 8XX
 0800 7314 314
 Advice and info for people with alcohol problems or anyone concerned about alcohol misuse
 A.C

DRUG/ALCOHOL SERVICES

Castle Project
 14 Niddrie House Drive, EH16 4TT
 0131 669 0068
 Mon - Thurs: 9am - 4.30pm;
 Fri: 9am - 4pm
 D, NE, OL, OB, P, SH
 www.castleproject.org.uk

DRUG/ALCOHOL SERVICES

Alcohol Focus Scotland
 166 Buchanan St, Glasgow
 0141 572 6700
 Call-in, phone or email: Mon - Thurs:
 9am - 5pm; Fri: 9am - 4.30pm
 A.C, ET, P

Breakthrough

James Duncan House, 331
 Bell Street, G4 0TJ
 0141 552 9287
 A joint health and social work project offering services to people with drug and alcohol problems. It also incorporates methadone prescribing.
 A.C, D, MS, NE, P

Cocaine Anonymous Scotland

www.cascotland.org.uk
 Helpline offering help and support to those with or recovering from an addiction. Also offer meetings and literature on additions
 A, AD, P, D

Drug Crisis Centre
 The West Street Centre, 123 West Street, G5 8BA
 0141 420 6969
 www.turningpointscotland.com
 24hr service offering information and advice to those who abuse drugs. Also residential drug rehab program. Family support unit operates on this site.
 D, NE, P

EMPLOYMENT AND TRAINING

EDINBURGH

Bethany Christian Trust
 65 Bonnington Road, EH6 5JQ
 0131 625 5411
 Community Education programme with a range of courses aimed at giving skills to get back into work or volunteering. FF

Bethany Christian Centre (Men only)

6 Casselbank St, EH6 5HA
 0131 554 4071
 For homeless or vulnerable men with alcohol or drug problems who wish to take part in a work training programme
 www.bethanyct.com
 CA, ET, P

EMPLOYMENT AND TRAINING

GLASGOW

Glasgow Simon Community
 -Resettlement Training Service
 12 Commercial Road, G5 0PQ
 0141 420 6105
 Mon - Fri: 9am - 4pm
 Runs short courses that help people look at their choices, rights and opportunities in settling down. Open to anyone over 16. Courses are organised on a rolling programme and run between 10am and 4pm
 www.glasgowsimon.org.uk
 C, ET

Emmas Glasgow

101 Ellesmere Street, G22 5QT
 0141 353 3912
 www.emmasglasgow.org.uk
 Provides accommodation and work for homeless people
 AS, CL, ET, P, TS

ENTERTAINMENT & SOCIAL

EVENTS

EX-FORCES
AWOL?
 01380 738137
 Call the 'Reclaim Your Life' scheme from SSAFA (Soldiers, Sailors, Airmen and Families Association): Mon - Fri: 9am - 10am
Royal British Legion
 08457 725 725
 Ring the Legionline to see how they can help ex-service-men and ex-servicewomen
Veterans UK
 0800 169 2277
 Free help and advice for veterans and access to dedicated one-to-one welfare services
 www.veterans-uk.info

EX-FORCES EDINBURGH

Whiteford House
 53 Canongate, EH8 8BS
 0131 556 6827
 Ring first
 Mon - Fri: 7am - 5pm
 Accommodation for homeless ex-service men and women, including ex-merchant mariners.
 Can accept married couples

JOB CENTRE PLUS

See **Telephone Services** for helplines

MEDICAL SERVICES EDINBURGH

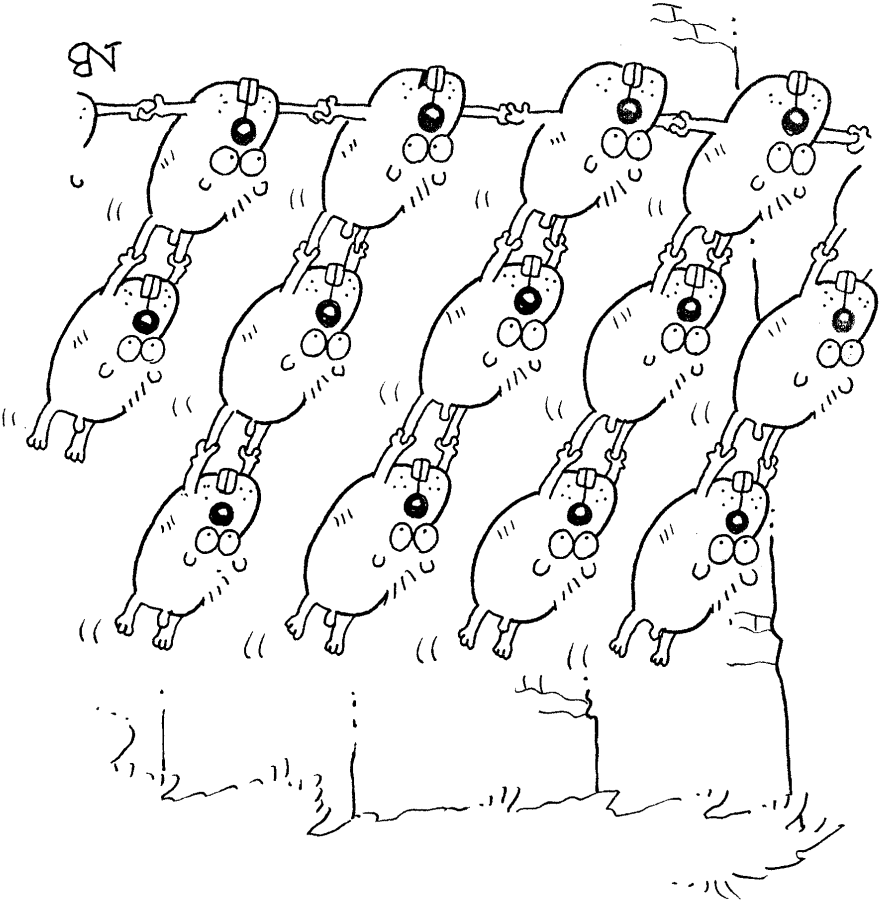
(Cowgate Clinic)
 20 Cowgate, EH1 1JX
 0131 240 2810
 Mon, Wed - Fri (closed on the morning of the third Wednesday of the month): 9am - 12.45pm, 1.45 - 5pm; Tues 9am - 12.45pm
 Health service for homeless people, including a general nursing and treatment room, mental health care, 10 GP sessions a week, as well as dental services two mornings a week. Also provides a chiropody service, occupational therapist, clinical psychologist and psychiatrist. A clothes exchange is available too
 A, DT, D, FC, MS, MH, P, SH

tb.c

**Go online to download a pdf
of any issue or edition**

**You can read the news,
keep informed & search our
directory of services online @
www.thepavement.org.uk**

"There's much to be said for assisted suicide"



Govrie Care – St John's Hill
1 St John's Hill, EH8 9TS
0131 557 5502
Ring or drop in: Mon - Fri 9am - 2pm

Salvation Army – Ashbrook
492 Ferry Road, EH5 2DL
0131 552 5705
Single homeless people who are
eligible for housing benefit
www.salvationarmy.org.uk

Gowrie Care – Caledonia House
Gilmore's Close, Grass-
market, EH1 2HD
0131 220 5078
www.homelessedinburgh.org

Women

Cranton Street Hostel
2 Cranston Street, EH8 8BE
0131 556 8939
Temporary registered accommoda-
tion for single homeless women.
Although the maximum stay is
six months this can be extended
under certain conditions
www.homelessedinburgh.org

Number Twenty
20 Broughton Place, EH1 3RX
0131 557 1739
Young single homeless women aged
16-21 with support needs. Ring
first (8am - 11.30pm every day)

Young people (16-25)

Open Door Accommodation
Project
7-12 Adelaide Street, Livingston, EH54 5HG
01506 430221
Young single homeless people

Rock Trust
55 Albany St, EH1 3QY
0131 557 4059
Various activities and services
for 16-25 year olds, including
drop-ins, one-to-one sessions and
Night Stop on referral.
www.rocktrust.org

Young single homeless people aged 16-21 with a range of support needs
Ring first
www.foursquare.org.uk

**DIRECT ACCESS HOSTELS/
NIGHTSHELTERS GLASGOW**

All with low-support needs

Salvation Army – Hope House
14 Clyde Street, G1 5JW
0141 552 0537
Referral by Glasgow
City Council only
A, AS, BS, F, P

Laureston Centre
39 South Portland Street, G1 9JL
0141 429 6533
Open office hours only
A 15 RS E B

Simon Community – Castle milk
Men's Accommodation Project
86-88 Arden Road, Ca

Offers a group-living model of support for people with mental health problems. The model is based on the principle that people with mental health problems can benefit from living in a community of people with similar experiences. The model is based on the principle that people with mental health problems can benefit from living in a community of people with similar experiences. The model is based on the principle that people with mental health problems can benefit from living in a community of people with similar experiences.

Talbot Association – Kingston
Halls Direct Access Hostel
344 Paisley Road, G5 8RE
0141 478 0955

City Council only
BS,C,DT,ET,F,H,L,MS,MH,P,SH

A direct access service for homeless people in crisis as a result of mental health, drug, or alcohol problems
A,AS,AD,C,D,FC,MS,P

Women

Govanhill Women's Project
14 Polmadre Street, G42 0PQ
0141 423 5599
Works with single homeless
women aged over 25 from the
Glasgow area. The project is not
suitable for women under 25
or those wanting to be accom-
modated with a partner or with
children in their care. Ring first

Rachel House
503 Baltic Street, G40 45G
0171 556 5465
Provides supported accommodation for single/pregnant mothers aged 16 to 25 and children up to ten years old

Young people

Council for Homeless Young People (CHYP)
171 W. 14th St. #4, 530-6875

171 Wilton Street, G20 6DF
0141 945 3003
Details at
www.queenscrossha.org.uk
Residential support for youngsters
and young, single homeless people

Quarriers Stopover
189 Pollockshaws Road, G41 1PS
0141 420 3121
For young people 16-25. Accommodation is on the upper levels of a four-storey building so not suitable for people with physical disabilities
A, C, D, E, H, P
www.quarriers.org.uk

ADVICE SERVICES GLASGOW**GEN8 Action for Children (16-24)**

Westwood Business Centre, 69
Aberdeenshire Road, G34 9HJ
0141 771 6161
Mon-Fri: 9am-5pm
Advice and support for 16-24 year
olds seeking accommodation
AS, AD, BA, C, DA, H, P, TS

Glasgow Shelter Housing Aid

Centre
First Floor Suite 2, Breckenridge
House, 274 Southchapel St
0344 893 5560
Mon & Thu: 1-4pm, Tues
& Fri 10am-1pm
Outside these times, there is
a 24-hour helpline for advice
and support - Shelterline:
0800 800 4444

AD, C, H, P
0808 800 4444

Glasgow City Council

For anyone who is homeless,
threatened with homelessness, or
in need of advice about homeless-
ness issues. Staff will be pleased
to discuss your circumstances
with you in a private interview
room and provide advice on what
can be done next to help you
www.glasgow.gov.uk
AS, BA, C, DA, H, TS

Glasgow Street Service
See **Telephone Services Glasgow**
Mon-Thu: 8.45am-4.45pm;
Fri: 8.45am-3.55pm
AS, BA, C, DA, H, P, TS

DAY CENTRES AND DROP-INS
EDINBURGH

Barony Contact Point
101 High Riggs, EH3 9RP
0871 700 7777
Mon: 6.30-9pm; Tue: 10.30am-
4pm; Thu: 3.30-7.30pm;
Fri: 1am-2pm (women
only); Sun: 11am-4pm
C, MH, P

Bethany Christian Trust

Leith Acorn Centre YMCA,
Junction Place, EH6 5JA
Tue: 12.30-2.30pm (women
only drop in); Thu: 1-3pm
(men only drop in)
FF

Cowgate Day Centre

see **Streetwork Crisis Centre**

Crossreach - Church of Scotland

Social Care Council
Charis House, 47 Milton Road
East, Edinburgh, EH1 5 2SR
0131 657 2000
Mon-Thu: 8.45am-4.45pm;
Fri: 8.45am-3.45pm
www.crossreach.org.uk

Four Square

67a Logie Green Road,
Canonnills, EH7 4HF
0131 557 7930
www.foursquare.org.uk
AS, ET, TS, P

DAY CENTRES AND DROP-INS**GLASGOW****Glasgow City Mission - The**

Shieling
20 Crimea Street, Glasgow, G2 8PW
0141 221 2630
Mon, Tues, Wed & Fri: 10am
-4pm (drop in); Thurs: 1-5pm;
Mon, Tues, Wed & Fri: 6.30-11pm
www.glasgowcitymission.com
AS, AD, AC, B, BS, BE, C, CL, ET,
FF, H, IT, LA, MC, MS, OB, P

Lodging House Mission
35 East Campbell St, G1 5DT
0141 552 0285
Mon, Tue, Thu: 8am-3pm; Wed,
Fri: 8am-2pm; Sun: 4-6.30pm
BS, CL, E, F, IT, P

Salvation Army - The Laureston

Centre
39 South Portland Street, G5 9LL
0141 429 6533
AS, A, BA, C, DA, ET, FF, F,
H, IT, LF, MS, P, SH, TS

Streetwork Crisis Centre
22 Holyrood Road, EH8 8AF
0131 557 6055
Every day: 10.30pm - 11.45am;
12.45 - 4.15pm. Appointments

Wayside Day Centre

32 Midland Street, G1 4PR
0141 221 0169
Mon-Fri: 10-11.30am; 12.30-
4pm; 7.30-10pm; Sat: 1-4pm
There are specific services for
women and rough sleepers as well
as health, addiction and other
specialist services at specified times
AS, AD, AC, B, BA, BS, BE, CA, CL,
ET, F, FF, H, IT, L, LA, MS, OB, P

**DIRECT ACCESS HOSTELS/
NIGHTSHELTERS EDINBURGH**

All with low support needs**Bethany House**

12 Couper St, Leith, EH6 6HH
Emergency accommodation
for single homeless people
0131 467 1010
AS, AD, A, BS, BE, D, F, H, L, LA, P

Bethany Supported Housing

65 Bonnington Road, EH6 5JQ
0131 553 1119
Ring First
P

Castlecliff Hostel

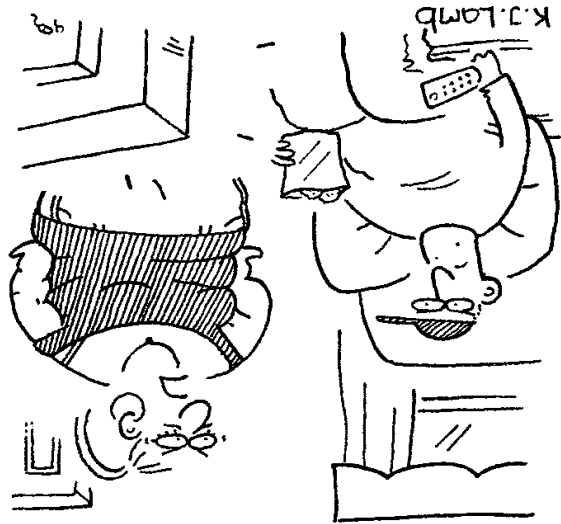
25 Johnston Terrace, EH1 1NH
For homeless people aged
16 and over; accepts couples
and people with pets
0131 225 1643
AS, BS, BE, H, L, P, TS

Cunningham House

205 Cowgate, EH1 1JH
For homeless people with addi-
tional support needs around
alcohol, drugs, mental health
and learning difficulties.
0131 225 4795
www.crossreach.org.uk
AS, BA, P, S

Dunedin House

4 Parliament St, Leith, EH6 6EB
0131 624 5800
www.dunedin-harbour.org.uk
P



"Isn't it about time you grew up and took responsibility for your own benefit claim?"

the LIST

The directory of Scotland's homeless services Updated 30 June 2010

Debt advice – DA	Luggage storage – LS
Dentist – DT	Medical services – MS
Drugs workers – D	Mental health – MH
Education/training – ET	Music classes – MC
Free food – FF	Needle exchange – NE
Food – F	Outreach worker links – OL
Foot care – FC	Outreach workers – OB
Housing/accom advice – H	Pavement stockist – P
Internet access – IT	Safe keeping – SK
Laundry – L	Sexual health advice – SH
Leisure activities – LA	SSAFA – SS
Leisure facilities – LF	Tenancy support – TS

If you've any changes or suggestions write to us at the address on page 3, or email: thelist@thepavement.org.uk

Updated entries: 3
Services added: 0

ADVICE SERVICES EDINBURGH

Advocard
332 Leith Walk, EH6 5BR
0131 554 5307
www.advocard.org.uk
Mon – Fri: 10am – 4pm
MH, P

City of Edinburgh Council – Housing Options Team
1 Cockburn St, EH1 1BJ
0131 529 7584 / 7368
Mon, Wed, Thurs 8.30am – 5pm; Tues 10am – 5pm; Fri 8.30am – 3.40pm

Advice and information on housing options for homeless people, including assessment of priority need for housing, out-of-hours emergencies
phone 0800 032 5968
AS, H, P
Edinburgh Cyrenians – Smartmove project
57 Albion Rd, EH7 5QY
0131 475 2356
Mon - Fri 10am - 4pm
Advice, information and support for people who are homeless or threatened with homelessness
AS, H, P, TS
Homeless Outreach Project
19 Smiths Place, EH6 8NT
0131 554 3961
Mon - Fri: 9.30am - 5pm
Outreach service for homeless people with mental health, alcohol

and drug-related problems
AS, AD, A, BA, CA, C, D, ET, H, MH, P, OB, SH, TS
Streetwork UK
2 New Street, EH8
Head office and Tenancy Support ONLY, all other services out of Crisis Centre.
0131 556 9756
TS
www.streetwork.org.uk
The Access Point
17-23 Leith Street, EH1 3AT
0131 529 7438
Services for people 16 years or over who do not have care of children
Mon, Wed, Thu: 9am–5pm;
Tue 10am–5pm; Fri: 9am–4pm
(drop-in services only): Mon–Thu: 1.30–4pm; Fri: 1.30–3pm
Emergency assistance outwith office hours phone 0800 731 6969