

the Pavement

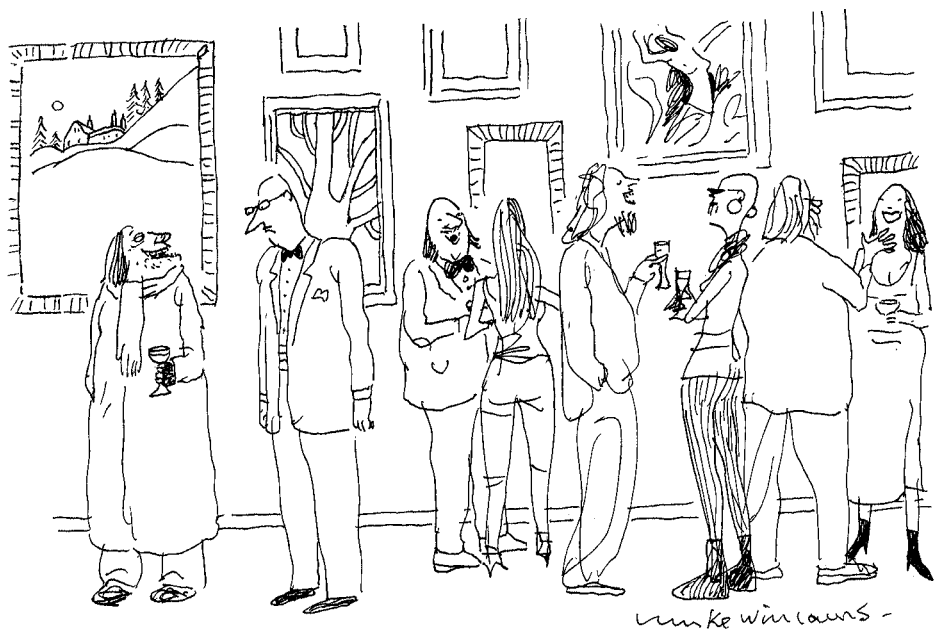
The *FREE* monthly for Scotland's homeless

October 2010

THE TEAM
DOWN

IN RIO
DE JANEIRO





“Actually, I’m rather a well known piss artist”

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The Editor

Social media and sport

We Are Visible has launched online – www.wearevisible – which is a website started by American Mark Horvath, who we've reported on before for his work with Invisible TV. This new site is simply there to encourage and guide those who are homeless or in poverty to explore and use social media: Twitter, Facebook, etcetera...

It won't be for everyone, and won't be beneficial to all those who are interested, but there's no doubt that some people find social media in beneficial in overcoming isolation, boredom and the trials of life.

We're running Mark's advert on page 15 for free because we believe some readers will find it beneficial. We also hope he'll visit the UK in spring 2011 to promote his work around this country.

I'll wrap it up there, as I'm filing this from Rio – see story page 4 – but remember, if you have any comment, or stories you want us to look at, get in touch at the addresses to the left.

Matthew Stanger

Editor

scotland@thepavement.org.uk

Cover

We've been in Rio watching the Scottish team in the Homeless World Cup – the full story is just over the page

News

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The road to Rio

We report on the Scottish team in the Homeless World Cup - Rio 2010

Despite not returning with the trophy, the Scotland team performed well at the Homeless World Cup and enjoyed their unique experience in Rio.

The tournament was held in a purpose-built stadium on Copacabana beach between 19-26 September, with 43 teams competing to be crowned this year's champions.

Scotland tasted success in 2007 and have been an ever-present at the Homeless World Cup since it began in 2003. With a squad of eight players, lead by manager and former player David Duke, the team flew out to Brazil in a confident mood.

This optimism was increased on the first day, as a hard fought victory against Hungary was followed by an impressive win over the Netherlands, and Scotland were sitting top of their group with a healthy number of goals.

Defeats to Belgium and Ireland meant that the team faced a difficult task to make it to the final, but this didn't stop the players expressing themselves on the pitch. They displayed confidence and determination to beat Italy and the USA, setting up a showdown with the Auld Enemy, England.

This was to be the game of the tournament, as Scotland triumphed 11-10 (pictured opposite) thanks to a last-gasp winner from Liam Forbes. At the end of the match, the players received a standing ovation – the only time this occurred in the whole competition. Victory in this game meant that the team finished in 13th place out of the 43 nations taking part.

There is a full-length video of the brilliant Scotland v England match on YouTube.

Scotland's star player, Ryan Wilson, 21, scored 36 goals at the Homeless World Cup including six against England. After playing in Rio, Wilson feels that the experience has given him a huge boost. He said:

"It's a life-changing thing for me. It's incredible to meet all of the different people from around the world and share this experience. Being here has given me more confidence in myself."

Wilson left home because of family problems. He moved into a housing project in Cambuslang, Glasgow, and it was here that he first learnt about the Homeless World Cup:

"I'd been living in a housing unit for seven months and someone told me about the Homeless World Cup. I've always enjoyed football so I went to the trials to try and get onto the team. When I was told I was in the squad it was an amazing feeling to know I'd be going to Rio to represent my country."

Despite the Scotland players not knowing each other before the squad was decided, they gelled quickly and have become great friends in Rio. Wilson said:

"Being part of the team has been brilliant. It's a great wee family. We've all had different problems but coming here has helped everyone."

These feelings were echoed by team-mate Liam Forbes, who said after the historic win against England:

"This experience gives people the boost they need in life. We've made a lot of good friends and some great memories. To score the winner against England for your country is one of the best things you can do!"

Since joining the Scotland squad, Ryan Wilson has also taken part in Wayne Rooney's Street Striker, which is to be shown on television in October. Next year he plans to go to the 2011 Homeless World Cup in Paris as a coach with the team. Wilson said:

"Things have been going great. I made it to the last 20 of the Street Striker competition and then I came to play in Rio. I'm now involved with Street Soccer Scotland as well, so I want to come back next year to help as a coach."

All the Scotland squad agreed that Chile and Brazil had been the best two teams to watch in this year's tournament. It was no surprise to the players then that they were paired in the final, and the Scotland team watched from the stands as hosts Brazil thrashed Chile 6-0 to lift the cup and celebrate in style.

Matthew Stanger

- For Scotland match reports go online to www.homelessworldcup.org/news
- More information on Street Soccer Scotland can be found at www.streetsoccerscotland.co.uk



“It’s a life-changing thing for me”





Edward Dallas

Age at disappearance: 38

Edward has been missing from Linwood, Paisley, Scotland, since 1 March 2010.

There are concerns for his welfare & he is urged to call our confidential service **Message Home** on **Freefone 0800 700 740** for advice and support.

Edward is 5ft 8in tall, and of stocky build. He has blue eyes and short black hair. He possibly has a missing lower tooth.

If you've seen Edward please call the 24-hour confidential charity **Missing People** on Freefone **0500 700 700**
Email: seensomeone@missingpeople.org.uk

**missing
people**

Not Charity No. 112047

Scottish news

News from Aberdeen, Edinburgh, and Glasgow

Byte Night 2010

In October, hundreds of IT and business professionals will spend a night on the street in aid of Action for Children.

Although sleep-outs have attracted some criticism since they've become more popular, Byte Night has been running for 12 years. It began when 30 people from the IT industry held a sleep-out and raised £35,000. Since then, the event has grown to over 800 sleepers, and it raised almost £550,000 last year alone.

In Scotland, the big sleep-out for Byte Night 2010 is in Edinburgh. Financial house Ernst & Young has supported the project for several years, and this month their Glasgow office entered two teams, each hoping to raise £3,000. A spokesman commented: "We have always been avid supporters of Action for Children, realising the huge difference they make to vulnerable children's lives. This year we have entered two teams hoping to not only raise more money but also to raise further awareness for Action for Children."

Action for Children's youth projects provide a wide range of support services to help young people avoid homelessness including emergency and homelessness support, lodgings for those leaving the care system, and housing education programmes.

Byte Night organiser Alwyn Jones expressed fear that fundraising may be harder this year due to the recession, even though the need is greater than ever. "The market is picking up and the uncertainty of the election is over so charities may think they don't have to work

so hard to get money – but I think this could be our hardest year. Companies will be cautious about spending money, and hiring people, so they will also be cautious about spending money on charity."

Natalie Peart

Aberdeen homeless development confirmed

A derelict building in Aberdeen will be converted into a 30-bed residency to address the severe lack of homeless accommodation in the city.

The £4.5 million plan for Victoria House on West North Street includes 20 flats and an office for 30 staff who will be on hand day and night to offer support services for tenants working through addictions. The centre aims to provide more accessible and effective support by offering accommodation and assistance under the same roof.

Aberdeen council is currently facing a 2012 deadline to increase the amount of temporary accommodation in the city. In January this year, the council admitted breaching housing laws by failing to provide enough beds for the homeless. People needing somewhere to stay have been housed in hotels and bed and breakfasts, which has put pressure on city officials.

No date has been confirmed for the opening of Victoria House, but we will print it as soon as the information is available.

Staff

Glasgow homeless hostel closure.

The Salvation Army has announced the closure of Hope House on Clyde Street in Glasgow. The 96-bed hostel, described by senior police as being a major crime generator, will close over the next three years. Last year, city council leader Gordon Matheson demanded the centre be shut as soon as possible. Mr Matheson said: "Hope House is too large. The city council recently closed its large hostels because everyone accepts they don't work. It is time the Salvation Army did the same."

The decision followed long discussions between the Salvation Army and the council. As a result of the talks, the charity will now begin remodelling its homeless services in the city.

Lieutenant-Colonel Ian Barr, the Salvation Army's UK secretary, said: "Following a review of our homeless service provision in Glasgow, we have taken the decision in consultation with Glasgow City Council to close Hope House, which is no longer able to offer the best model of support for our most vulnerable service users. The decommissioning process will begin later this year and be completed by March 2013.

"The Salvation Army remains committed to providing residential services to homeless people in Glasgow and can announce we are investigating the provision of three smaller eight-bed units."

Hope House was built in 1894 as a police barracks and was bought by the Salvation Army in 1934 to create a women's hostel. The Victorian building is now regarded as no longer fit for

purpose due to its small rooms and lack of en-suite facilities.

Natalie Peart

Shock over Highland B&B figures

The number of homeless families living in bed and breakfast accommodation in the Highlands is three times greater than in Glasgow, according to government statistics released in September.

Across the Highlands, which has a population of about 220,000 people, 342 homeless households are in B&Bs. In Glasgow, with a population of around 590,000, the figure is only 105.

Mary Scanlon, Conservative MSP for the Highlands and Islands, was "shocked" by the statistics and has

written to the council urging them to review their homeless policy: "I have had several families contact me over the years saying they have been in bed and breakfast accommodation for months on end, all living in one bedroom."

The director of homeless charity Shelter Scotland, Graeme Brown, also commented on the findings: "These figures highlight the dire shortage of temporary accommodation and affordable housing available in the Highland area."

A report by the Highland Council's head of housing, David Goldie, said that the current accommodation budget for homeless services stands at around £2 million, and there were about 1,300 homeless households in temporary accommodation at the end of July. A spokeswoman said that large cities such as Glasgow had more scope to use existing council accom-

modation and that the Highland Council faced a bigger challenge this year because the number of people they are responsible for had increased in line with the recession.

The Highlands Council's Housing and Social Work Committee scheduled an emergency meeting last month to discuss the report.

Natalie Peart

Supporting Scottish life

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"Oh no! It's the return of Count Jocular"

***The Pavement* Scotland is delivered
by James Tait (centre) and the team at
FFWD Bicycle Messengers**



Contact them on 07717 640 410

News in brief

The homeless news from around the bazaars and the mainstream press

Rough sleeper dies in custody

An investigation has been launched into the death of a rough sleeper who died in police custody.

Thirty-six-year-old Valdas Jasiunas was arrested on suspicion of begging at 12.50pm on Wednesday 1 September 2010 and taken to Forest Gate Police Station in East London. He was found collapsed in his cell at approximately 8am the next morning and taken to Newham General Hospital. He was pronounced dead at approximately 8.15pm on Thursday 2 September.

The Independent Police Complaints Commission (IPCC), which always investigates deaths in custody, said that the post mortem examination was inconclusive and further tests had, therefore, been commissioned. IPCC investigators will examine CCTV and police custody records as well as accounts from all officers present during Mr Jasiunas's time in custody.

Rachel Cerfontyne, IPCC Commissioner, said: "This investigation will focus on the care this man received while in police custody to see if anything could have been done differently to prevent his death."

Inquiries are ongoing to trace the man's next of kin, and formal identification has not yet taken place.

Mr Jasiunas, of no fixed abode, was originally from Lithuania. Any *Pavement* readers who knew him are urged to get in touch with the IPCC.

An inquest will be opened and adjourned at Walthamstow Coroner's Court in due course. Trish Keville, the IPCC's press officer for London, said that it was difficult to predict how long an investigation of this kind would take.

In 2008/09 there were 92 deaths during or following police contact; 15 of these were in or following police custody.

His was not the only death in East London in September: on Thursday 8 September, the body of a homeless man was found in Buckingham Road Cemetery in Ilford – see story on page 12.

Rebecca Wearn

ITV plans new homeless reality TV show

Homeless people will move into celebrities' homes for three weeks as part of a new reality TV show.

The ITV show, called 'Home is where the heart is', will begin filming later this year, with stars such as GMTV host Kate Garraway, Anthea Turner, Liza Tarbuck, Danielle Lloyd and Fiona Phillips all rumoured to be taking part. Although ITV couldn't confirm which celebrities had signed up, it stressed that it was looking for celebs with a "genuine interest" in the issue of homelessness.

While the broadcaster could not confirm how much they would receive, a source told the *Daily Star* that the celebrities would be paid £20,000, but would be "encouraged" to donate £5,000 to the homeless person they had invited into their home. ITV did confirm that the homeless

participants would not be paid.

"This is something brand new," our source said. "It really shines a spotlight on the problems we have in our society."

"All these celebrities live a good life packed full of fine food, comfy homes and top gadgets. Being so up close and personal with someone who has nothing to their name may also be a huge learning curve for our pampered personalities."

The *Daily Star* also reported that all homeless participants would undergo a psychological assessment before moving into the celebrities' homes, though ITV declined to comment on this.

It is understood, though, that ITV has been in talks with homeless charities in a bid to ensure that all those taking part in the show have a positive experience.

However, Crisis – which was approached by the broadcaster but did not want to be involved – warned that extra care needed to be taken when addressing such a sensitive subject. Duncan Shrubsole, its director of policy & external affairs, said: "At Crisis, we believe the media – and television in particular – can be very effective at informing the general public about homelessness, its causes and consequences and the issues homeless people face."

"It is vital, however, that television, whether in media reports or in longer programmes, approaches the subject – and particularly homeless people themselves – with sensitivity."

"Homeless people need an understanding and commitment to telling their stories with honesty, empathy and integrity, moving beyond the stereotypes

to reveal some of the underlying causes of their situation but also the real strengths and potential that they have but which their homelessness has cruelly denied them the opportunity to fulfil," he concluded.

Garnet Roach

Refurb rumours

The management of two hostels in Victoria have denied that their refurbishment would lead to both being closed at the same time.

Roger Clarke, deputy chief executive of The Passage, assured *The Pavement* that no closures were planned for Passage House, the 48-bed facility that is being revamped, but that a small and temporary reduction in beds would occur whilst the improvement works were taking place. The hostel in Longmoore Street is undergoing a facelift in four phases over the next year to replace the current dorm-style rooms with single bedrooms, and to introduce new reception and office facilities.

Passage House is benefiting from the Places of Change: Hostels Capital Improvement Programme, which has spruced up other hostels in London. Mr Clarke said staff at The Passage were "very excited".

Half a mile around the corner, Look Ahead Victoria in Castle Lane was rumoured to be temporarily closing a 54-bed building for a month while improvement works went ahead, courtesy of the Supporting People Grant, via Westminster Council. However, a spokesperson for Look Ahead Victoria denied any closure was on the cards.

She said: "While a number of options are being explored, no decisions or funding commitments have yet been taken or

made on the possible redevelopment of Victoria Hostel. Communication with the appropriate stakeholders will take place at the appropriate time."

Liza Edwards

Man charged with Ilford murder

A homeless man was killed and two others left in a serious condition after a brutal attack in Ilford, East London.

The incident took place between 11.30pm and midnight on Wednesday 8 September near Buckingham Road Cemetery.

According to a report in the *Ilford Recorder*, 31-year-old Harbarjan Singh died as a result of a blunt trauma to his head and neck. While their names have not yet formally been released, the Romford Recorder identifies the other two victims as Jit Singh and Harteerth Singh. According to latest police reports, both men are in a serious but stable condition at an East London hospital. The newspaper also reports that the three men were not related and often slept in a car park near business premises on Clarks Road.

Police first heard of the attack when they were called to reports of an injured man on Ilford High Road at around 1am on Thursday 9 September. Later that day, at around 3.30pm, a member of the public notified them about another injured man near the cemetery. However, the body of Harbarjan Singh was not discovered until 8pm, following a police search of the area. He was pronounced dead at the scene.

Jaswinder Singh, 47, of Town Road, Enfield, appeared at the Old Bailey on Thursday 16 September charged with murder and attempted murder. His appeal

for bail was refused, and he was remanded in custody. He will submit his plea at his next court appearance on 21 December.

Carinya Sharples

They're not lovin' it

The *San Francisco Chronicle* has recorded an outcry from homeless people in one neighbourhood of their city, but it's not because of police harassment or the closure of a day centre: it's the removal of the dollar menu from the local McDonald's.

The fast food restaurant in the Haight-Ashbury area removed the cheapest items from its menu in August, so that whereas a burger could previously have been bought for 99c, it is now \$1.49. A small hike in price, perhaps, but it makes a lot of difference to the city's homeless population, who do not have the same welfare support most of our readers are entitled to and who relied on this cheap food.

Responding to criticism that the move was being made as anti-homeless measure, to move rough sleepers of the local streets, Natalie Gonzales, the franchise owner, told the *San Francisco Chronicle*: "this was a business decision based on a number of contributing factors. And while these items are no longer available at \$1, they are still available at what I believe to be a good, everyday value."

Staff



NB

*“...and when the music stops, the department that
has the letter must do something about it.”*



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@beckyblanton says:

Nothing is more powerful than our stories. Whether it's a story told in pictures, or story told in words, stories change people. Social media and blogs are how and where we tell our stories. Stories connect us to the world. No matter how rich, how poor, how young, how powerful or how weak, stories change us.

@HomelessGirl1 says:

As the online community around me got bigger, as I blogged and tweeted my very innermost secrets, I began to realize that I was not unique in my situation, people were asking me for advice and sharing their stories about living on the outskirts of society, the shame and helplessness they had experienced like me. This changed my perception and understanding about the epidemic of homelessness and it gave me the purpose that I had been looking for.

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Nobby on stage

A homeless man who spent 10 years living in a Peterborough bus shelter has been immortalised in a new play about his life.

Scotsman Michael Ross, also known as Nobby, found fame in the local press and appeared twice in the London edition of *The Pavement*, having made his home in a local bus shelter where he received postcards, presents and food.

Tales of Ross' life – including his passion for golf, which he developed after a set of clubs were left outside his shelter – will now be brought to the stage as 'Our Nobby' by touring theatre group Eastern Angles.

Ross became known as Nobby after a local yob sprayed his own tag, Nobby, on the bus shelter where he lived.

"Using the myths surrounding one of Peterborough's best-loved local figures, Our Nobby reflects on the city's history," said Eastern Angles. "This show will strike a chord with all those who remember Nobby or who have wondered where their own lives might be leading."

People from the city were asked to send in their own stories of Ross to be included in the play. Ross, who now lives in a local housing association flat, has not had any input into the play but has said that he is happy to have his story told.

Garnet Roach

- For more info, go to www.easternangles.co.uk

Keeping the Rhythm

The uncertainty surrounding the future of charity Rhythms of Life (RoL), based in London's Dalston, looks set to continue, with the daily food service likely to close unless a deal can be reached with Hackney Council in the next few weeks.

In the last issue of *The Pavement*, we reported how RoL's tenancy at the premises at Crossway was under threat after a series of increases in rent, related to the new Crossrail expansion at Dalston Junction. Andrew Faris, the founder of RoL, told *The Pavement* that they had yet to receive any private backing, and that the charity may be forced to move away from Dalston.

"We're seeing more and more people every day," he said. "We've got 60 now, but it looks like we're not going to be able

to carry on. I've been thinking that we might have to go somewhere else – whether it's Hammersmith or Camden or wherever – where we're properly supported and appreciated."

Mr Faris did say, however, that he had arranged a meeting with Hackney Council in the coming weeks to see if there was a council-owned property that would be suitable for them, though he feared they may be 'outbid' by other organisations desperate for premises in the area. "We've been down this road before," said Mr Faris, "and lost out when we had to bid on a council property, so I'm not optimistic. We'll just have to wait and see."

James O'Reilly

Soup runs come in from the cold

Long queues, waiting in the cold, stares or abuse from passers-by... users of soup runs may not have to pay money, but there is often another price to pay. However, one hostel is aiming to change that by helping to bring soup kitchens indoors.

King George's Hostel in London's Victoria currently provides space for two soup kitchens; the Good Samaria Network and Streetlytes. The innovative scheme came to life in May 2009 when the manager of King George's Hostel, Stephen Davies, offered space to various soup kitchens through Housing Justice. "I wanted to help them provide a similar service but with a bit more dignity," he explains, "particularly in the winter months".

Another factor was the complaints made about soup runs located near Westminster Cathedral by people living in the area:

"We're just round the corner," said Mr Davies, "so I thought we could help, and alleviate the concerns of the neighbours at the same time."

Donald Ewers, manager of the Good Samaria Network, was keen to take up the offer. The group had been running a soup kitchen at Temple Station since September 2004, feeding an average of 25 people a night. After dealing with pushing, shoving and confrontations, Mr Ewers says, there was little time for outreach work: "You can see when people are very needy, but you don't get quality time to speak to them on the street".

However, he says, the atmosphere at the hostel is completely different: "The crowd is much better managed. They conduct their behaviour according to the environment they are in." In their first year at King George's Hostel, the Good Samaria Network has reported no incidents.

"There is time to sit and talk," adds Mr Ewers. "We can signpost people to services that can help them. In a hostel, you get warmth, attention, a chance to socialise and somebody to laugh with." As well as supporting homeless people, the group is providing training and experience to volunteers, some of whom are professionals (including a nurse and a doctor) and others who are unemployed.

Whether the concept of the indoor soup run will expand remains to be seen. Mr Davies points out not many other hostels have the same amount of space as King George's. However, at the latest Soup Run Forum, he learned about three other similar schemes in different venues: The Catholic Worker's community café; St Patrick's in Soho; and the Recovery Chapel in Deptford.

The Good Samaria Network soup run takes place at King George's Hostel on Monday,

with plans to add a Wednesday date, while Streetlytes' soup run happens on Tuesdays from 6pm to 9pm.

Carinya Sharples

Peter Pickles completes second walk for charity

Having recently completed his second walk to raise money for a local youth charity, ex-rough sleeper Peter Pickles is becoming quite the advocate for community fundraising.


60 year-old Pickles (pictured opposite, soaking his feet in a canal) completed the 70-mile trek in aid of London charity, Kings Corner Project, which provides courses and activities for young people in Islington. He completed the three-day walk from Kings Corner Project, in Old Street, to Dymchurch, his birthplace on the Kentish coast, at the end of August and raised more than £750.

In April 2008, as reported in *The Pavement* (London edition), Pickles, having recovered from a violent attack, completed his first 70-mile walk to raise money for the Spitalfield Crypt Trust, the organisation that supported him following the attack.


A former amusement arcade worker, Pickles has been on the streets since 2004, when he lost his wife and job and was evicted from his home.

Mr Pickles said: "I am very proud to be doing this walk for such a good cause as Kings Corner Project. My walk is aiming to raise as much money as possible for the charity and promote the wonderful work it does in the borough.

"The workers and volunteers at Kings Corner have really looked after me. They treat me as a normal person, and this is my



*"I am very proud to
be doing this walk"*

A photograph of a person wearing a red jacket steering a boat. The person's hands are on a grey steering wheel. The boat has a silver metal railing and a red buoy is visible in the foreground. The background is a vast, greyish-blue ocean under a cloudy sky. A white text box is overlaid on the upper left portion of the image.

*John Scarfe, a volunteer with OYT,
watching Jordan Davies at the helm.
Story page 20 – “Learning a new skill
such as sailing can inspire people”*



thank-you to them. My walk shows homeless people and rough sleepers do actually care about others and want to play a full part in contributing positively to our local community", he was reported as saying in the *Islington Gazette*.

He first became involved with the charity when he was the subject of a documentary on homelessness made by Kings Corner youngsters, and even stopped drinking to be in peak condition for the charity walk.

Sarah Bates, chairwoman of Kings Corner Project, said: "We are delighted that Peter has offered to undertake such an incredible feat as this to help publicise the work we do in the local area.

"Kings Corner Project works tirelessly in Islington aiming to deliver the best quality services and support for local young people. The money that Peter has raised will mean we can continue improving the opportunities we offer to residents."

Tracey Kiddle

Cyrenians set sail

A group of homeless people have been given the chance to experience the "voyage of a lifetime" with sail training charity Ocean Youth Trust North East (OYT NE).

The organisation teamed up with Newcastle-based charity The Cyrenians to take nine homeless men and women on a four-day trip around the coast, on board the OYT yacht *James Cook* (pictured on previous pages).

The group was made up of service users from The Cyrenians, an organisation that helps socially-excluded people back into society, teaching them new skills and allowing them to experience life at sea. The trip was also designed to "increase individuals' self-confidence and

give them an opportunity to discover their own potential".

Terry, a resident at The Cyrenians, enjoyed his time in the *James Cook* so much that he has now registered as a volunteer.

"The voyage was an unbelievable experience and I am so pleased I was able to take part," he said. "It is something that I will never forget.

"It was extremely hard work, but there was a huge sense of satisfaction knowing you had done a full day's hard graft."

The charity works with people of all backgrounds - those with sailing experience and those who want to try it for the first time - offering them a chance to learn new skills while building up their self-esteem and confidence as part of a team.

Steve Lennon, general manager of OYT NE, added: "Learning a new skill such as sailing can inspire people to achieve and continue developing their skills.

"Working with The Cyrenians gave us a fantastic opportunity to deliver these opportunities to those members of society who are often passed over. I'm delighted that some of the people who took part in this voyage have decided to continue their journey with us as volunteers."

Garnet Roach

- Find out more at www.oyt.org.uk

The shape of things to come

London day centre Providence Row has told *The Pavement* of cuts being to its funding that mirror funding reductions many charities will experience with the coalition government's pro-

posed cuts in public spending.

Providence Row, in London's East End, marked its 150th anniversary this year, but even in this year of celebration has been told by its local authority, Tower Hamlets, that funding to its project will be cut by £100,000 annually from 1 January 2011. Lisa Harrison, deputy chief executive of the charity, said: "this constitutes just over 10 per cent of our annual income, and so we will need to be making some cuts. We aim to minimize the effect on our clients' services, but there may be some effect what is available in the future."

Harrison added: "although Tower Hamlets is making the cut, it is as a result of cuts from central government."

Providence Row will weather this storm, but many younger, smaller organisations may more affected by public sector cuts.

Staff



*"You do realise, Weatherby, that this is
the thick end of the wedge?"*

STREET SHIELD

EPISODE 17

WHERE'S
THE
CARDBOARD
SHIELD?

BIRMINGHAM.

I JUST NEED A
COUPLE OF QUID!

BUT...WHY SHOULD
WE GIVE IT TO YOU?

GRRR!

WHY D'YA DO
THAT, MAN?

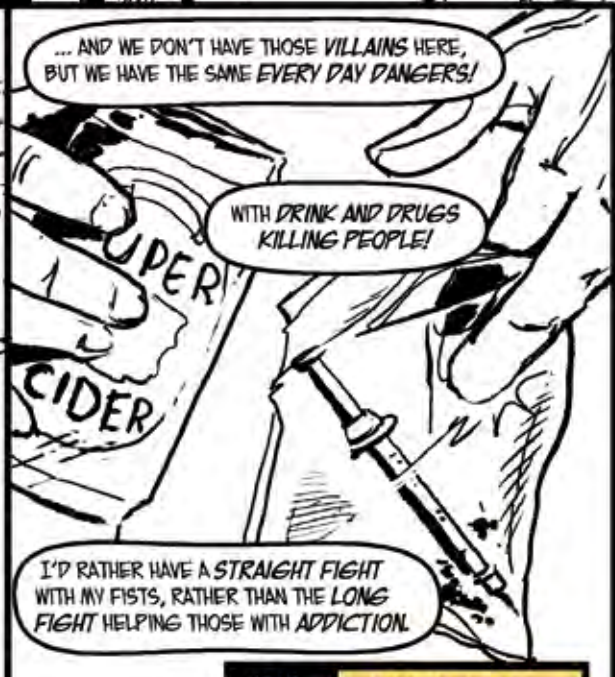
YOU CAN GET DRUNK,
YOUR CHOICE, BUT
THREATENING PEOPLE
WON'T DO!

GO AND
GET SOBER!

I'VE FOUND YOU
AT LAST, AND
IN THE THICK OF IT
I SEE!

SO YOU MADE IT
UP HERE! COME TO SEE
OUR LOCAL PROBLEMS?

THE M
TOLD ME
AND YOUR



MISSING MAN
WHAT YOU DO,
ABOUT ALL
ENEMIES...

... AND WE DON'T HAVE THOSE VILLAINS HERE,
BUT WE HAVE THE SAME EVERY DAY DANGERS!

WITH DRINK AND DRUGS
KILLING PEOPLE!

I'D RATHER HAVE A STRAIGHT FIGHT
WITH MY FISTS, RATHER THAN THE LONG
FIGHT HELPING THOSE WITH ADDICTION.

NEXT
MONTH

A MYSTERY
TO SOLVE!

Health and wellbeing

The Pavement's health team – a nurse (on holiday) and a podiatrist – answer your questions



Foot care: socks appeal

Socks are great – such a simple design idea, yet so functional. In hot weather, they direct the sweat away from our feet; and in cold weather, they give us an extra layer of insulation to protect against frostbite. They also give us a bit of protection from friction where the shoe rubs against the foot – if you've ever worn hard shoes with no socks, you'll know that feeling. Socks provide the interface between your foot and your shoe, so we need to think about choosing the right ones. Historically, the first socks were made from animal wools, fleeces or skins. These days we have a bit more choice, but natural materials are still the best way to go.

Cotton – preferably 100 per cent – allows your feet to breathe and lets the sweat out, so it makes a great sock material. Nylon socks, or ones with a high nylon content, can make a little pocket of sweat form under your feet, which can lead to uncomfortable heat and friction. With up to a pint of sweat coming out of your feet every day, your socks have a lot of wet stuff to contend

with! Wool socks are good, but some people are allergic or sensitive to wool, and it's not all of the same quality. Some doesn't wash or react to sweat so well, so your size nine socks could come out as a five, or stay as a nine but come out like cardboard instead of nice, soft, fluffy wool.

Socks come in a variety of shapes and types, colours and styles. Toe socks with individual toe spaces, like the fingers on a glove, have grown in popularity. I've always seen them as a form of torture (squeezing my toes into little pockets just seems wrong!), but some people love them, and swear by their comfort and warmth. The sock industry produces annual awards, based on fit, durability and appearance. Socks sold in 'walking' or 'outdoor' shops always seem to win, but tend to come it at a heavy price, usually around £10–£15 per pair. M&S, with over 90 types of sock on show in M&S at any one time, offers a range to suit all feet and all budgets. Their three pairs for £5 deals, often for socks with a high percentage of cotton, provide

an affordable option for those in need of a new sock wardrobe.

Rihanna made 2010 the year in which it was cool to wear socks with stilettos. While the jury is out on the aesthetic appeal of socks with high heels (it was a massive no-no in my day, much like socks and sandals!), there must be some benefit in providing a comforting socky layer between foot and stiletto. Maybe they limit the potential for rubbing to produce those all too familiar blisters.

So far so good, then – but are there any problems with socks? Well, the elastic shouldn't be too tight. If it leaves an imprint on your lower leg when you remove the sock, you need to cut a 'V' in the top of the elastic with scissors. If your socks are wet, through sweat or our wonderful climate, take them off and let them dry thoroughly before wearing them again. If you have diabetes, or are worried about the circulation or sensation in your legs and feet, check the inside of your socks. A big thick seam there can rub and irritate your toes. If there is one, simply turn the sock inside-out and keep the seam on the outside.

An article on socks would not be complete without some mention of 'lonely sock syndrome'. In every washing machine in the country, at least once a week, a sock will be vaporised, resulting in a single sock problem that will never be resolved. Perhaps a website – SocksReunited? – would help rematch these lonely socks...

Evelyn Weir

Lecturer in podiatry
Queen Margaret University



"I'm afraid Hugo doesn't do eye contact"

HOMELESS CITY GUIDE



squat



empty building



dangerous neighbourhood



danger



guard dogs



an attack happened here



good place to drink / smoke



unfriendly place



friendly place



soup run (with rating)



strong police presence



potential for work



good food thrown away here



safe for sleeping



message board x mins that way



security guard



you'll get moved on here

step 1



step 2



MAKE YOUR MARK AND HELP OTHERS TO READ THE CITY

Make non permanent marks to keep the system up to date and stay within the law.

0141 550 7140
Mon-Thur: 9am-4pm; Fri: 9am-3pm
AS, BA, C, H, IT, TS

Glasgow Women's Support Project

See Telephone Services Glasgow

SAY Women Accommodation Project

3rd Floor, 30 Bell St, G1 1LG

0141 552 5803

Provides support and counselling to young women aged 16 – 25

who are homeless or threatened

with homelessness and are

survivors of rape or sexual abuse

AS, C, SH

TELEPHONE SERVICES

Community Legal Advice

0845 345 4345

Nationwide

www.communitylegaladvice.org.uk

Mon-Fri: 9am-8pm;

Sat: 9am-12:30pm

AD, BA, DA, H

Free, confidential service, offering specialist advice on housing, benefits, tax credits, debt etc.

Domestic Violence Helpline

0800 2000 247

Frank

0800 776 600

Free 24-hr drug helpline

0800 027 7466

TELEPHONE SERVICES GLASGOW

Glasgow Street Service

0800 027 7466

Mon-Thur: 8am-11pm; Fri: 8am-5pm; Sat: 8am-3pm; Sun: 4-11pm

Street outreach team partnership between Simon Community Glasgow and Barnados Scotland

Glasgow Women's Support Project

31 Stockwell Street, G1 4RZ

0141 552 2221

Mon, Tues, Thurs, Fri: 10am-4:30pm; Wed: 2-4:30pm

Information, advice and initial support for women who have experienced sexual abuse

WEBSITES

Mental Fight Club

A creative/arts site for those with mental illness.

uk.geocities.com/gabriele-jenkinson@btinternet.com/

The Pavement Online

Soon to have an online version of

The Other List, which will soon be in

several translations to download.

www.thepavement.org.uk/

services.htm

Proud to be mad

A campaigning site for those with mental illness

www.proudtobemad.co.uk

Sock Book

Previously Everyone's Home

An 'e-shelter', with a large directory of services.

sockbook.referrata.com

Stonewall Housing

Addresses the housing needs of lesbians and gay men. Provides temporary, supported housing for 16 – 25 years old lesbians and gay men.

www.stonewallhousing.org

Streetmate

An independent site with substantial information on housing, working and learning, built for those homeless who use the internet and want to do-it-themselves as much as possible.

www.streetmate.org

WEBSITES EDINBURGH

Homeless Edinburgh

A comprehensive website containing information about services in Edinburgh including hostels, advice and support centres. Also has information on over 8,000 services outside Edinburgh

www.homelessedinburgh.org

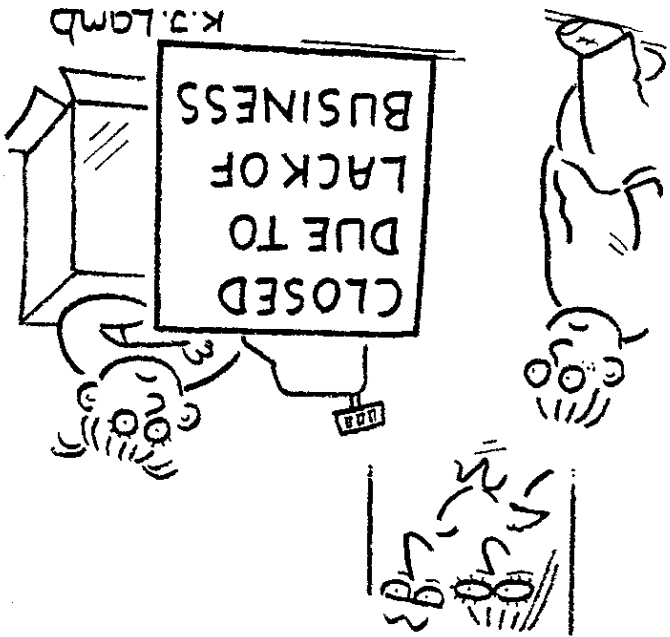
WEBSITES GLASGOW

Homeless Information Pages

Lots of useful information and advice on homeless services in and around Glasgow

www.hipinglasgow.com

"They're playing shop"



Missionaries of Charity
18 Hopetoun Crescent, EH7 4AY
0131 557 8219
Every day except Thurs:

Little Sisters of the Poor
43 Gilmore Place, EH3 9NG
0131 229 5672
Every day 1 - 2pm and 6 - 7pm

Jericho house
53 Lothian Street, EH1 1HB
0131 225 8230
Sun: 10am - 2pm; Weds
and Thurs: 6 - 7.30pm
CL, FF, P

Grassmarket Mission
79/3 Grassmarket, EH1 2HJ
0131 225 3626
Mon: 7 - 9pm; Tues: 6 - 7pm;
Wed: 1 - 4pm; Fri: 1 - 4pm;
Sat 9 - 10.30pm
AC, FF, P

Carubber's Christian Centre
65 High Street, EH1 1SR
0131 556 2626
Sun: 8 - 9am
FF, P

Care Van
Bethany Christian Trust's soup
run in Edinburgh city centre
364 evenings a year
FF

Calton Centre
121 Montgomery Street, EH7 5EP
0131 661 5252
Tues: 6 - 8.30pm
FF, P

Barony Contact Point
101 High Rigg, EH3 9RP
0871 700 7777 / 0131 622 1867
Tue: 10.30am - 4pm;
Thurs: 10am - 1pm, P

SOUP KITCHENS & SOUP RUNS EDINBURGH

provide support for people who
have hospital appointments
and want someone to go along
with them. There is also an
addiction and mental health
team based at this address
A, D, FC, MH, MS, P, SH

3.45 - 4.30pm
FF, P

St George's West
58 Shandwick Place, EH2 4RT
0131 226 2428
Mon - Sat: 9am - 3pm
FF, P

Soup Van
Every night: 9 - 9.45pm
Runs from Waverley Bridge to
Grassmarket and North Bridge
(Tue - Fri they have woodwork, art,
gardening and textiles 10am - 4pm)
ET, FF, P

SOUP KITCHENS & SOUP RUNS GLASGOW

Balvicar Street
642 8QU
Thurs: 7 - 9pm
FF, P

Rokpa Glasgow
Kagyusangye Dzong
The Tibetan Buddhist Centre
7 Ashley Street, G3 6DR
0141 332 9950
FF, P

St. Columba's Church
St. Vincent Street, G2
Sun: 7.30 - 9pm
FF, P

St. Patrick's Church
North Street, G3 7DA
Thurs & Sun: 8pm - 9pm
FF, P

St. Simon's Church
Dunsgin Street, G11 6PG
Sun: 1.30 - 2.30pm
FF, P

Waterloo Street
G2
Thurs: 10pm - 12am
FF, P

National Schizophrenic Fellowship
(Scotland)
6 Newington Business
Centre, Dalkeith Road Mews,
Edinburgh, EH16 5DU
0131 662 4359
Mon-Fri: 9am-4pm
Support and action for people
affected by mental illness
(including friends and carers)
MH

SPECIALIST SERVICES EDINBURGH

Edinburgh Women's Aid
4 Cheyne Street, EH4 1JB
0131 315 8110
Mon: 1-3pm; Tues, Wed &
Fri: 10am-3pm; Thurs: 10am-
7pm; Sat: 10am-1pm
Information, support and refuge
for women, and accompanying
children, fleeing domestic abuse
AS, AD, C, H, OL, P

Streetwork UK - Out of the Cold
2 New Street, Edinburgh
0131 556 9756
Working with people over 50
years who are or have been
homeless / housing crisis
AS, AD, BA, DA, HA, OL, OB, P, JS

Streetwork UK - Womens Services
4 Bellevue Street, Edinburgh
0131 467 2023
Mon, Tue & Thu: 1-4pm
AD, AC, BA, CA, CL, DA, ET

SPECIALIST SERVICES GLASGOW

GAMH Homeless Support Project
123 West Street, G40 1DN
0141 554 6200
Mon - Fri: 9am - 5pm
(4.30pm on Friday)
Practical support and advice
for homeless people in Glasgow
with mental health problems.
Phone, write or just drop in
C, MH, P

Glasgow Rent Deposit and

Support Scheme
3rd Floor, Crowngate Business
Centre, 117 Brook Street, G40 3AP

SPECIALIST SERVICES

DRUG / ALCOHOL SERVICES

Drinkingline Scotland
Freepost, PO Box 4000, G3 8XX
0800 7314 314
Advice and info for people with alcohol problems or anyone concerned about alcohol misuse
A, C

DRUG / ALCOHOL SERVICES

Castle Project
2 Craigmillar Castle Road, EH16 4BX
0131 661 5294
Mon - Thurs: 9am - 4.30pm;
Fri: 9am - 4pm
D, NE, OL, OB, P, SH
www.castleproject.org.uk

DRUG / ALCOHOL SERVICES

Alcohol Focus Scotland
166 Buchanan St, Glasgow
0141 572 6700
Call-in, phone or email: Mon - Thurs:
9am - 5pm; Fri: 9am - 4.30pm
A, C, ET, P

Breakthrough

James Duncan House, 331
Bell Street, G4 0TJ
0141 552 9287
A joint health and social work project offering services to people with drug and alcohol problems. It also incorporates methadone prescribing.
A, C, D, MS, NE, P

Cocaine Anonymous Scotland

0141 959 6363
www.cascotland.org.uk
Helpline offering help and support to those with or recovering from an addiction. Also offer meetings and literature on addictions
A, AD, C, D

Drug Crisis Centre

The West Street Centre, 123 West Street, G5 8BA
0141 420 6969
www.turningpointscotland.com
24hr service offering information and advice to those who abuse drugs. Also residential drug rehab program: Family support unit operates on this site. D, NE, P

EMPLOYMENT AND TRAINING**EDINBURGH**

Bethany Christian Trust
65 Bonnington Road, EH6 5JQ
0131 625 5411
Community Education programme with a range of courses aimed at giving skills to get back into work or volunteering. FF
Bethany Christian Centre (Men only)

Bethany Christian Centre (Men only)**EMPLOYMENT AND TRAINING****GLASGOW**

6 Casselbank St, EH6 5HA
0131 554 4071
For homeless or vulnerable men with alcohol or drug problems who wish to take part in a work training programme
www.bethanyct.com
CA, ET, P

Glasgow Simon Community - Resettlement Training Service

12 Commercial Road, G5 0PQ
0141 420 6105
Mon - Fri: 9am - 4pm
Runs short courses that help people look at their choices, rights and opportunities in settling down. Open to anyone over 16. Courses are organised on a rolling programme and run between 10am and 4pm
www.glasgowsimon.org.uk
C, ET

Emmas Glasgow

101 Ellesmere Street, G22 5QT
0141 353 3912
www.emmasglasgow.org.uk
Provides accommodation and work for homeless people
AS, CL, ET, P, TS

ENTERTAINMENT & SOCIAL**EVENTS**

tbcb

EX-FORCES**AWOL?**

Call the 'Reclaim Your Life' scheme 01380 738137
All men and Families Association: Mon - Fri: 9am - 10am
Has two GPs and a team of nurses and office staff who also run clinics at some hostels. Appointments not necessary. They also

Royal British Legion

08457 725 725
Ring the Legionline to see how they can help ex-service-men and ex-servicewomen
Veterans UK
0800 169 2277
Free help and advice for veterans and access to dedicated one-to-one welfare service
www.veterans-uk.info

EX-FORCES EDINBURGH

Whiteford House
53 Canongate, EH8 8BS
0131 556 6827
Ring first
Mon - Fri: 7am - 5pm
Accommodation for homeless ex-service men and women, including ex-merchant mariners. Can accept married couples
P

JOB CENTRE PLUS

See Telephone Services for helplines

MEDICAL SERVICES EDINBURGH**Edinburgh Access Practice**

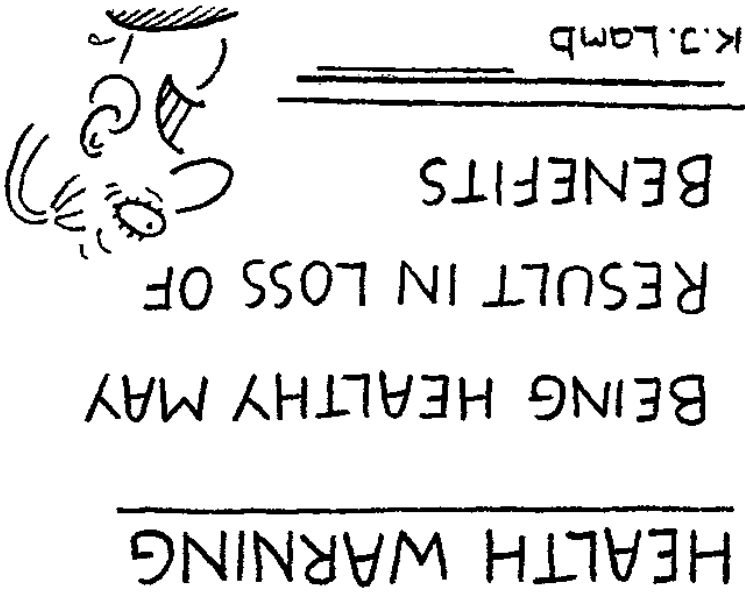
(Cowgate Clinic)
20 Cowgate, EH1 1JX
0131 240 2810
Mon, Wed - Fri (closed on the morning of the third Wednesday of the month): 9am - 12.45pm, 1.45 - 5pm; Tues 9am - 12.45pm
Health service for homeless people, including a general nursing and treatment room, mental health care, 10 GP sessions a week, as well as dental services two mornings a week. Also provides a chiropody service, occupational therapist, clinical psychologist and psychiatrist. A clothes exchange is available too
A, DT, D, FC, MS, MH, P, SH

MEDICAL SERVICES GLASGOW**The Physical Health Care Team**

55 Hunter St, G4 0UP
0141 553 2826
Mon - Fri: 1 - 5pm
Has two GPs and a team of nurses and office staff who also run clinics at some hostels. Appointments not necessary. They also

Go online to download a pdf
of any issue or edition

You can read the news,
keep informed & search our
directory of services online @
www.thepavement.org.uk



Randolph Crescent Hostel
2 Randolph Crescent, EH3 7TH
Supported accommodation for single men and women from Lothian and Edinburgh Abstinence Programme (LEAP)
0131 220 1607
Referral from LEAP on: 0131 456 0221
p

Salvation Army – Ashbrook
492 Ferry Road, EH5 2DL
0131 552 5705
Single homeless people who are eligible for housing benefit
www.salvationarmy.org.uk
p

Men
Gowrie Care – Caledonia House
Gilmore's Close, Grass-market, EH1 2HD
0131 220 5078
www.homelessedinburgh.org
p

Cranston Street Hostel
2 Cranston Street, EH8 8BE
0131 556 8939
Temporary registered accommodation for single homeless women. Although the maximum stay is six months this can be extended under certain conditions
www.homelessedinburgh.org
p

Number Twenty
20 Broughton Place, EH1 3RX
0131 557 1739
Young single homeless women aged 16-21 with support needs. Ring first (8am - 11.30pm every day)
Young people (16-25)
Open Door Accommodation
7-12 Adelaide Street, Liverpoolston, EH5 4SH
01506 430221
Young single homeless people aged 16-21 with a local connection to West Lothian
Ring first (8am - 8pm daily)
www.odap.org.uk
p

Talbot Association – Kingston
Halls Direct Access Hostel
344 Paisley Road, G5 8RE
0141 418 0955
Referral by Glasgow City Council only
BS, C, DT, ET, F, H, L, MS, MH, P, SH

Simon Community – Castlemilk
86-88 Arnprior Road, Castlemilk, G45 9HE
Offers a group-living model of supported accommodation to men who have experience of long term homelessness and are committed to addressing addiction issues. Possibility of continuing support after moving into own home. Referral from social work or similar agency is required, accepts men from all over Glasgow
0141 631 1798
www.glasgowssimon.org

Laurieston Centre
39 South Portland Street, G1 9JL
0141 429 6533
Open office hours only
A, AS, BS, F, P

Salvation Army – Hope House
14 Clyde Street, G1 5JW
0141 552 0537
Referral by Glasgow City Council only
A, AS, BS, F, P

DIRECT ACCESS HOSTELS/ NIGHTSHELTERS GLASGOW
All with low-support needs

Stopover (Edinburgh)
40 Grove Street, EH3 8AT
0131 229 6907
Young single homeless people aged 16-21 with a range of support needs
www.foursquare.org.uk
p

Rock Trust
55 Albany St, EH1 3QY
0131 557 4059
Various activities and services for 16-25 year olds, including drop-ins, one-to-one sessions and Night Stop on referral.
www.rocktrust.org
p

Young people

Council for Homeless Young People (CHYP)
171 Wilton Street, G20 6DF
0141 945 3003
Details at
www.queenscrossshn.org.uk
Residential support for youngsters and young, single homeless people
p

Quarters Stopover
189 Pollockshaws Road, G41 1PS
0141 420 3121
For young people 16-25. Accommodation is on the upper levels of a four-storey building so not suitable for people with physical disabilities
A, C, D, ET, H, P
www.quarters.org.uk

The Mungo Foundation – London Road Project
1920 London Road, G32 8XG
0141 778 1184
Works with 16-25 year olds who cannot access mainstream accommodation. (Open 24 hrs)
www.themungofoundation.org.uk

Govanhill Women's Project
14 Polmadie Street, G42 0PQ
0141 423 5599
Works with single homeless women aged over 25 from the Glasgow area. The project is not suitable for women under 25 or those wanting to be accommodated with a partner or with children in their care. Ring first

Women

Turning Point Scotland – Link Up
112 Commerce Street, G5 9NT
0141 420 1929
A direct access service for homeless people in crisis as a result of mental health, drug, or alcohol problems
A, AS, AD, C, D, FC, MS, P
www.turningpointscotland.com

1.30-4pm; Fri: 1.30-3pm
Emergency assistance outwith
office hours phone 0800 731 6969

ADVICE SERVICES GLASGOW

GENR8 Action for Children (16-24)

Westwood Business Centre, 69
Aberdull Road, G34 9HJ

FF

(men only drop in); Thu: 1-3pm
only drop in); Thu: 1-3pm

Leith Acorn Centre YMCA,
Junction Place, EH6 5JA
Tue: 12.30-2.30pm (women
only drop in); Thu: 1-3pm

see **Streetwork Crisis Centre**
Cowgate Day Centre

Crossreach - Church of Scotland

Social Care Council

Charis House, 47 Milton Road

East, Edinburgh, EH1 5 2SR

0131 657 2000

Mon-Thur: 8.45am-4.45pm;

Fri: 8.45am-3.45pm

www.crossreach.org.uk

Four Square

67a Logie Green Road,

Canongate, EH7 4HF

0131 557 7930

www.foursquare.org.uk

AS, ET, TS, P

Streetwork UK - Womens Services

See **Specialist Services**

DAY CENTRES AND DROP-INS

GLASGOW

Glasgow City Mission - The

Shieling

20 Crimea Street, Glasgow, G2 8PW

Mon, Tues, Wed & Fri: 10am

4pm (drop in); Thur: 1-5pm;

Mon, Tues, Wed & Fri: 6.30-11pm

www.glasgowcitymission.com

AS, AD, AC, B, BS, BE, C, CL, ET,

FF, H, IT, LA, MC, MS, OB, P

www.glasgowcitymission.com

AS, BA, C, DA, H, P, TS

Fri: 8.45am-3.55pm

Mon-Thur: 8.45am-4.45pm;

0141 287 1800

Centre Street, G5 8EE

Homeless Person's Team

Hamish Allan Centre, 180

0141 287 1800

See **Telephone Services Glasgow**
Glasgow Street Service

EDINBURGH

DAY CENTRES AND DROP-INS

Barony Contact Point

101 High Riggs, EH3 9RP

0821 700 7777

Mon: 6.30-9pm; Tue: 10.30am-

4pm; Thu: 3.30-7.30pm;

Fri: 1am-2pm (women)

only): Sun: 1am-4pm

C, MH, P

Wayside Day Centre
32 Midland Street, G1 4PR
0141 221 0169
Mon-Fri: 10-11.30am; 12.30-

4pm; 7.30-10pm; Sat: 1-4pm
There are specific services for
women and rough sleepers as well

as health, addiction and other
specialist services at specified times

AS, AD, AC, B, BA, BS, BE, CA, CL,

ET, F, FF, H, IT, L, LA, MS, OB, P

**DIRECT ACCESS HOSTELS/
NIGHTSHELTERS EDINBURGH**

All with low-support needs

Bethany House

12 Couper St, Leith, EH6 6HH

Emergency accommodation

for single homeless people

0131 467 1010

AS, AD, A, BS, BE, D, F, H, L, LA, P

Bethany Supported Housing

65 Bonnington Road, EH6 5JQ

0131 553 1119

Ring First

P

Castlecliff Hostel

25 Johnston Terrace, EH1 1NH

For homeless people aged

16 and over; accepts couples

and people with pets

0131 225 1643

AS, BS, BE, H, L, P, TS

Cunningham House

205 Cowgate, EH1 1JH

For homeless people with addi-

tional support needs around

alcohol, drugs, mental health

and learning difficulties.

0131 225 4795

www.crossreach.org.uk

AS, BA, P, S

Dunedin House

4 Parliament St, Leith, EH6 6EB

0131 624 5800

www.dunedin-harbour.org.uk

P

Gowrie Care - St John's Hill

1 St John's Hill, EH8 9TS

0131 557 5502

Ring or drop in: Mon - Fri 9am - 2pm

AS, A, BA, C, DA, ET, FF, F,

H, IT, LF, MS, P, SH, TS

0141 429 6533

39 South Portland Street, G5 9JL

Centre

Salvation Army - The Laurieston

BS, CL, E, F, IT, P

Fri: 8am-2pm; Sun: 4-6.30pm

Mon, Tue, Thu: 8am-3pm; Wed,

0141 552 0285

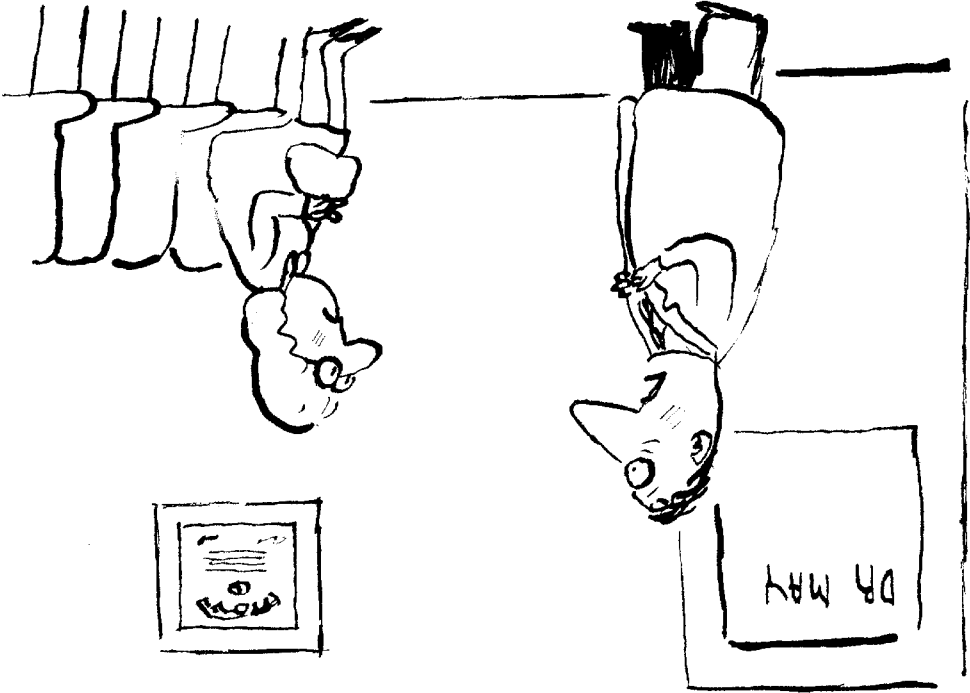
35 East Campbell St, G1 5DT

Lodging House Mission

www.glasgowcitymission.com

“She said I’m ‘sound as a pound’”

Mike Williams



the **OTHER** list

The directory of Scotland's homeless services Updated 27 September 2010

Debt advice – DA	Luggage storage – LS
Dentist – DT	Medical services – MS
Drugs workers – D	Mental health – MH
Education/training – ET	Music classes – MC
Free food – FF	Needle exchange – NE
Food – F	Outreach worker links – OL
Foot care – FC	Outreach workers – OB
Housing/accom advice – H	Pavement stockist – P
Internet access – IT	Safe keeping – SK
Laundry – L	Sexual health advice – SH
Leisure activities – LA	SSAFA – SS
Leisure facilities – LF	Tenancy support – TS

If you've any changes or suggestions write to us at the address on page 3, or email: thelist@thepavement.org.uk

Updated entries: 2
Services added: 1

ADVICE SERVICES EDINBURGH

Advocard
332 Leith Walk, EH6 5BR
0131 554 5307
www.advocard.org.uk
Mon – Fri: 10am – 4pm
MH, P

City of Edinburgh Council – Housing Options Team
1 Cockburn St, EH1 1BJ
0131 529 7584 / 7368
Mon, Wed, Thurs 8.30am – 5pm; Tues 10am – 5pm; Fri 8.30am – 3.40pm

Edinburgh Cyrenians – Smartmove project
57 Albion Rd, EH7 5QY
0131 475 2356
Mon - Fri 10am - 4pm
Advice, information and support for people who are homeless or threatened with homelessness
AS, H, P, TS

Advice and information on housing options for homeless people, including assessment of priority need for housing, out-of-hours emergencies
phone 0800 032 5968
AS, H, P

The Access Point
17-23 Leith Street, EH1 3AT
0131 529 7438
Services for people 16 years or over who do not have care of children
Mon, Wed, Thu: 9am–5pm; Tue 10am–5pm; Fri: 9am–4pm (drop-in services only): Mon–Thu:

Streetwork UK - Crisis Centre
22 Holyrood Road, Edinburgh
0131 557 6055
Free phone 0808 178 2323
24/7 crisis centre for people in housing crisis or at risk of sleep-ing rough. Includes outreach service / needle exchange.
AS, AD, A, BA, BS, CA, CL, D, DA, ET, F, H, IT, L, LS, MH, NE, OL, OB, P, SH
www.streetwork.org.uk