



the Pavement

The **FREE** monthly for Scotland's homeless

November 2010

OKAY, THAT MIGHT HELP.
I'LL MEET YOU BACK
HERE IN AN HOUR!

WHERE WILL WE...

...FIND YOU NICK?



"The government's got the Axe Factor"

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Printed by

Evon Print Ltd, United Kingdom

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The Editor

Tough times and cold weather

The stories in November's issue reflect the difficult times we currently find ourselves in.

Whilst targets still need to be achieved, the government and local bodies are finding the purse strings tighter than ever. October's Comprehensive Spending Review saw £7 billion cut from the welfare budget, causing huge setbacks in housing benefits and council funding.

There has been progress in the housing sector over the last 12 months; but unless efforts are maintained, the worry is that one step forward could become two steps back. There is, and always will be, a duty of care towards the vulnerable and socially excluded people in our communities. The Scottish Government has made big promises in the past and needs to focus on sticking to those commitments.

The fear for many is what it will mean for them on a personal level. There are clearly going to be changes over the next four years, but how they will work in practice and when will the new measures take shape? We will keep on top of the key issues and detail them as best we can.

That just leaves me to wish you well as the weeks get colder.

Keep an eye out (including on our website) for updates on winter provisions such as extra shelters and kitchens.

If you have any comments or stories you'd like us to cover, get in touch on the addresses to the left.

Matthew Stanger

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Cover

Street Shield is looking for a missing person on page 22

Artwork by Mike Donaldson

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Scottish news

News from Aberdeen, Edinburgh, and Glasgow

First new council homes in a generation

Work has begun on Edinburgh's first council homes for a generation. Housing Minister Alex Neil cut the first sod of earth at a special ceremony to start construction on the site of three former high rises in Gracemount (the demolitions of which is pictured opposite page).

The new development will see 215 homes built in total, with the first phase scheduled to be finished in winter 2011. Local residents have been involved in the design process, and a range of different sizes and styles of home were decided upon.

Before planting the first spade, Councillor Neil said: "This is a historic day for the nation's capital. After 30 years, council houses are once again establishing a firm foundation in Edinburgh."

"The City of Edinburgh Council has enthusiastically embraced these positive measures, helping to boost supply and deliver quality, affordable rented homes for people in the city."

The start of the building work is the latest stage in Edinburgh Council's 21st Century Homes programme, which aims to create 1,300 new homes for sale and rent across the capital over the next eight years. The council recently secured funding worth £7.5 million from the Scottish Government to support the programme and ensure it continues to take shape.

Council housing leader Paul Edie commented: "This is an exciting time for residents in Edinburgh. I'm confident these modern homes will set the standard for other councils across Scotland to follow."

"Nothing is more important to people than decent housing. It impacts on health, wellbeing and educational attainment. I am delighted that the first council homes in a generation are being built during my time as housing convener."

"The 21st Century Homes programme is a vital element of our ongoing long-term regeneration plans for the capital."

Betty Stevenson, head of the Edinburgh Tenants Federation, also attended the ground-breaking ceremony and welcomed the start of the new development. "I think this a wonderful time for the city of Edinburgh to start building houses again after a gap of 30 years."

"I hope this is just the start of things to come because they are much needed for our growing communities and I am looking forward to seeing them built."

Matthew Stanger

Evictions fall by a third

A new report from Shelter has revealed that evictions by Scottish housing associations have fallen by more than a third over the past year.

The figures show that 942 people were evicted in 2009/2010, compared to 1,524 in 2008/2009. Graeme Brown, director of Shelter Scotland, welcomed the findings but he urged that more should be done to help people in vulnerable positions. "All along, we have been campaigning in the knowledge that the number of evictions across Scotland was far too high and that local authorities and housing associa-

tions could find alternative ways of dealing with tenants."

"The fact that evictions by housing associations were reduced by 38 per cent last year is highly encouraging and shows that our campaigning efforts in this area have made a real impact."

Staff

New changes to housing law

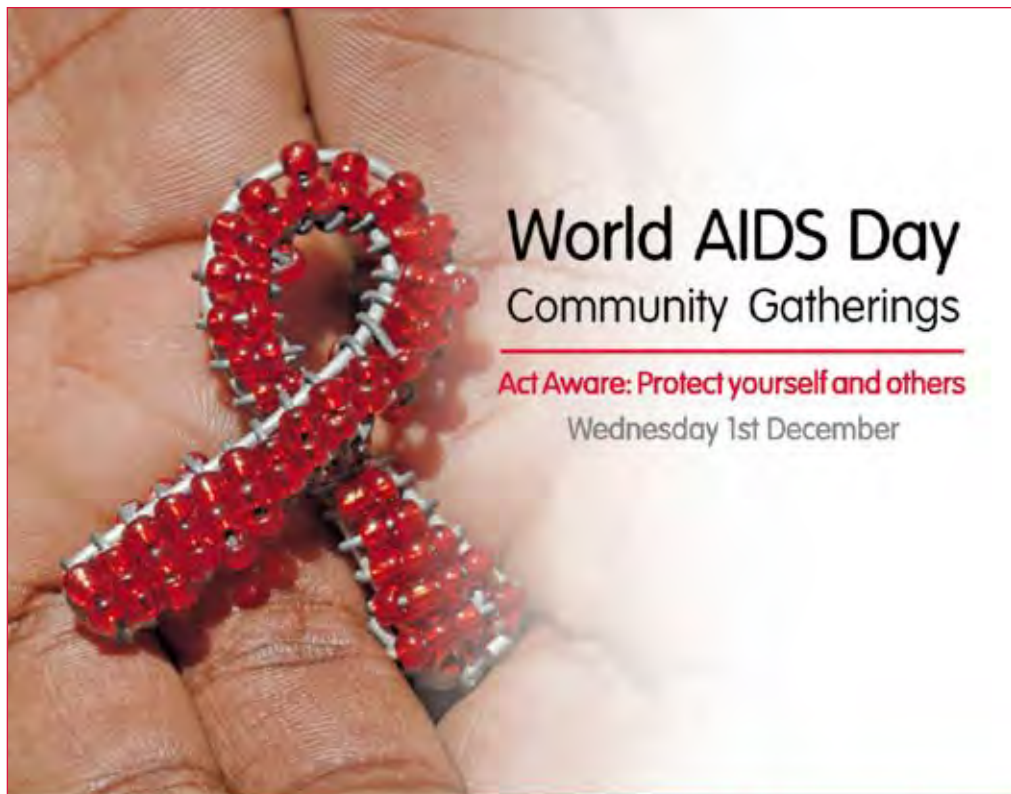
The Scottish Parliament's Local Government and Communities Committee has introduced new changes to the national Housing Bill, which strengthens the way in which local councils support families who are at risk of homelessness.

The amendment, raised by Labour MSP Mary Mulligan, has been welcomed as the result of cooperation between several organisations including Shelter Scotland, Quarriers, Scottish Churches Association and Scottish Veteran Residences.

Graeme Brown, director of Shelter Scotland, commented: "I am pleased that the minister and MSPs listened to the evidence on the benefits that better support for homeless people will bring."







World AIDS Day

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"It will ensure that people get the help to turn a house into a home and prevent the huge waste of repeat homelessness. I am keen now to work in partnership with the Scottish Government and local authorities to turn the new rules into effective and workable action on the ground.

The changes to housing support have two main aims: to give councils a duty to investigate the needs of homeless people who require support; and to provide the services that are necessary.

Paul Moore, chief executive at Quarriers, also welcomed the changes in the law: "Getting the right support is a vital part of the process in helping to transform the lives of young homeless people and the passing of this amendment is a hugely positive step forward."

Natalie Peart

Churches charity urges government to meet housing targets

Scottish Churches Housing Action has warned that the government may not meet its homelessness targets unless it increases its efforts. In 2003, the Scottish Government committed to providing available housing for all homeless people by 2012. However, the recent recession and public spending cuts have cast doubt on whether this can be achieved.

Alastair Cameron, the chief executive of Scottish Churches Housing Action, said: "Scotland hasn't been building enough new affordable homes to meet the target, and the current spending cuts mean that councils won't be able to maintain the support arrangements that are vital.

"Central and local government and the voluntary sector all have roles to play in reaching this ambitious and historic target."

The concerns have been outlined in a letter to First Minister Alex Salmond and call upon the government to take a "strong lead" on homelessness.

Recent figures showed that 21 of Scotland's 32 local authorities are on track to meet the target, but a great deal more work is required to meet the 2012 deadline.

Matthew Stanger

Could cuts see the return of hostels?

Homeless hostels could return to Glasgow following UK government plans to cut housing benefits, ministers have been warned.

Along with cuts in benefits paying for private sector flats and bed and breakfast accommodation, the Department of Work and Pensions is planning to reduce allowances for temporary council and housing association flats in April.

The proposals could see Glasgow lose £10 million in housing subsidies and may affect the council's ability to meet homelessness targets if it can't afford to provide temporary accommodation.

Glasgow's large hostels such as the Great Eastern in Duke Street, Bellgrove in Gallowgate and Peter McCann House in Townhead closed recently, but could potentially reopen if the proposed cuts are passed.

Matt Kerr, Glasgow City Council's executive member for social care, said the plans would set back Glasgow's efforts to wipe out homelessness by years: "We have taken steps to improve temporary accommodation, moving people from outdated hostels into supported tenancies in real homes.

"That was the right thing to do, but this proposal will reward that vision with a massive financial penalty.



Ellen MacDougall
Age at disappearance: 61

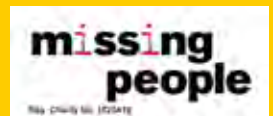
Ellen went missing from the New Craigs Hospital in Inverness, Scotland, on the morning of Saturday 15 May 2004.

She went for a walk at 10am and about half an hour later was sighted on nearby Leachkin Road. However, despite extensive searches, Ellen has not been seen since.

There is great concern for Ellen, who is from Muir of Ord in Rosshire, as she had been unwell at the time of her disappearance. Her family are desperate to know what happened to Ellen and urge anyone with news to get in touch.

Ellen is 5ft 2in tall, of slim build with light brown hair cut in a 'bob' style and blue eyes. She is described as very quiet and walks with her hands clasped in front of her.

If you've seen Ellen please call the 24-hour confidential charity **Missing People** on Freephone **0500 700 700**
Email: seensomeone@missingpeople.org.uk



"It creates a multi-million pound incentive to retain – or even return to – the dismal, failing hostels that Glasgow has fought hard to leave behind. It is confused and ill-considered and amounts to nothing more than crude social vandalism."

In an open letter to councils, welfare reform minister Lord Freud said: "While I recognise that temporary accommodation leasing schemes can attract higher costs, it is important that we protect the taxpayer from inflated rents being met by housing benefit and we drive out value for money from these schemes."

Natalie Peart

World Aids Day – 1 December

Waverley Care is Scotland's leading charity supporting people living with HIV and Hepatitis C.

Someone can be living with HIV or Hep C for years and not experience symptoms. If you think you might be at risk of having contracted HIV or Hep C from unprotected sex or sharing needles when injecting drugs, it is important that you get tested.

Knowing if you are positive will help you avoid passing the virus on to other people and also allow you to start treatment. The sooner you start treatment, the better. You can get a test through your GP or your local GUM clinic.

Waverley Care is there to support you through testing and after, if you test positive. They

have many support services for people living with HIV or Hepatitis C, including help with benefits and housing, understanding your treatment and staying on medication.

They can also introduce you to other people who are living with HIV/Hep C and can understand what you may be going through.

Call **0131 558 1425** to talk about getting tested or, if you are living with HIV / Hep C, about how they can support you.

Staff

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A brush with the law

***The Pavement Scotland is delivered
by James Tait (centre) and the team at
FFWD Bicycle Messengers***



Contact them on 07717 640 410

News in brief

The homeless news from across the UK and the World

Over 1,800 convicted under Vagrancy Act

In July's edition of *The Pavement*, we focussed on the Vagrancy Act, which came into law in 1824 and is still used to prosecute rough sleepers.

Offences listed under the act include begging and sleeping outside. It has clearly long outlived its usefulness and relevance to the modern world, especially given that it still lists "pretending to tell fortunes" and "wandering abroad" as criminal offences.

Using a Freedom of Information request, we found that 1,220 arrests were made in the capital in 2009, with 745 arrests for begging, the most frequent offence.

Since then, *The Pavement* has made another Freedom of Information request, this time to the Ministry of Justice, to find out the extent of its use around the country, and this time looking at the number of convictions. In 2008, the latest year for which the ministry has records, over 1,800 people were found guilty of breaking this arguably archaic law.

We also asked the ministry to provide us with a geographical breakdown of where the act was being used. Unsurprisingly, convictions were a great deal higher in large urban areas, with London and Manchester alone accounting for more than 700 of the 1,884 offences. Other areas that saw a notable spike in convictions were Merseyside and the West Midlands.

It is worth noting that convictions are not necessarily proportional to population. In Avon and Somerset, which includes Bristol

and Bath, there were 42 convictions. In Merseyside, an area with a similar population, there were 190 convictions. This kind of discrepancy could be explained both by less strict police enforcement, or simply by certain areas having higher numbers of rough sleepers than others. Surrey, for instance, had just four convictions, and Dyfed-Powys in Wales has only one.

John Ashmore

Estimates of ex-service homelessness exaggerated, claims charity

The number of ex-military people sleeping rough is a lot smaller than government estimates, according to specialist charity Veterans Aid.

The London-based service, which has been running for nearly 80 years, receives around 2,000 calls for help and provides over 20,000 nights of accommodation to ex-service men and women every year.

But it disputes government statistics that put the number of rough sleepers with a military connection at four per cent of the total number.

"Many [who claim to have been in the military], on further investigation, prove to be lying," said Hugh Milroy, chief executive of Veterans Aid. "This is not surprising given that there are around 3,000 ex-service support bodies operating in the UK, offering help that is not available to those who are not veterans. This number seems to be growing, with new programmes and niche 'help' organisations appearing daily."

Veterans Aid media officer Glyn Strong added: "Very few 'soldiers' are on the streets; they are actually under represented in the homeless and prison communities. If you are in crisis, it is a positive advantage to be a veteran as there are around 3,000 bespoke help agencies."

Tracey Kiddle

Gone, but not forgotten

For most people 11 November means Remembrance Day, but amongst London's homeless people, it is not only those who died in World War I that are remembered. Every year, during the week of Remembrance Sunday, St Martin's-in-the-Fields holds a Service of Commemoration for homeless people who have died in the past year.

The event is organised by St Martin's, The Connection and Housing Justice, with the help and input of many others, from homeless (and formerly homeless) people to other homeless agencies.

In what has become a tradition of the service, the names of those who have passed away are read aloud. As well as acting as a central record for relatives looking for missed loved ones, it's also a way of publicly commemorating those who lost their lives, says Alastair Murray, deputy director of Housing Justice: "Many who died are much remembered by others, but won't have had much of a remembrance. This is a way of honouring them, and a celebration of their lives and struggles."

Mr Murray is currently responsible for compiling the list and receives name suggestions from homeless agencies, hostels and

homeless people and by other avenues. "They're not necessarily people who died on the street," he says, "Formerly homeless people stay in touch with those that helped them, and we're sometimes sent names of volunteers or staff too." Last year, some 200 names were read aloud, and already some 30 - 40 names have been submitted for this year's service, which, fittingly, has as its theme the scripture 'I will never forget my people'.

The reading of the names is interspersed with poetry, readings, songs and music from a variety of individuals and groups, such as the Streetwise Opera, The Passage and The Salvation Army. And although poignant, the memorial is not "quasi-political" says The Connection pilgrimage manager Roger Shaljean, who helps organise the service alongside Mr Murray, Revd Richard Carter from the ministry team at St Martin's, and the verger. "We've had sermons," he adds, "but not used them to bash the authorities. We don't need to: people who attend often ask questions."

The first Service of Commemoration took place about 20 years ago, remembers Mr Shaljean: "The idea came from a verger of St Martin's who saw all manner of upmarket funerals going on and said the people who come to church most are the homeless, but they don't get the same ceremony".

Although initially a St Martin's event, the service soon widened its scope, with Mr Shaljean inviting homeless organisations to take part, and then Pat Logan and the rest of Housing Justice quickly coming onboard.

At first the services took place in the summer, but it didn't seem quite right, says Mr Shaljean: "We didn't want to come into conflict with the usual Remembrance service, but this was when there was availability". Considering a number of homeless people are ex-service personnel, perhaps the timing is appropriate after all.

This year's Service of Commemoration takes place at St Martin's-in-the-Fields on 11 November at 11.30am. All are welcome.

If you have know someone from the London homeless community who has died in the past year, contact Alastair Murray of Housing Justice at a.murray@housingjustice.org.uk at least a week before 11 November. For more information and to download a poster, visit: www.housingjustice.org.uk/events/events.htm.

Carinya Sharples

A thousand cuts

The national news is full of stories about government funding cuts, but it is not just large news outlets that are monitoring the big slashes. Chaminda Jayanetti is a journalist and the author of *A Thousand Cuts*, a blog that aims to investigate, publicise and campaign against unfair government cuts. *The Pavement* caught up with Mr Jayanetti to get his views on the proposals and find out how they might affect our readers.

"Many homeless people are no doubt used to being ignored by politicians, and may feel that there is nothing that can be done to stop this latest round of attacks. But there is a crucial difference this time: large sections of the British public are increasingly feeling anger at being forced to pay the bill for the bankers' mess," he said.

Mr Jayanetti feels passionate about the unfairness of the current situation. He added: "The reckless super-rich of the banking sector brought Britain's economy to its knees with an economic crisis that has already forced millions of people into unemployment. As the banks prepare to dole out more multi-million pound bonuses, the government

is cutting vital frontline services that will hit the poor hardest.

Housing is an issue that A Thousand Cuts monitors closely. Mr Jayanetti believes housing policy has gone from bad to worse. "Under Labour, it was a shambles and it will go down as their most wretched failure. However, what little progress they did make is being unravelled by the coalition government," he said.

"The government has made it a priority to target benefits claimants and to demonise them as work-shy scroungers. Housing benefit claimants are the first in the firing line, and the various attacks on Local Housing Allowance are widely expected to increase homelessness," he added.

It is not just housing that is a target for cutbacks. Mr Jayanetti said: "I'm currently monitoring NHS job cuts and there are thousands of them. Some of these have the potential to disproportionately impact homeless people; a noticeable trend is high level cuts to NHS mental health trusts, and drug and alcohol addiction services. Without wishing to stereotype all homeless people, it is not unreasonable to speculate that these services do cater to a section of the homeless population."

The government has, however, formed a ministerial committee aimed at tackling homelessness. Mr Jayanetti said: "I doubt many homeless people will be trembling with excitement at this news. However, the bitter irony is that if ministers' cuts are implemented, this ministerial committee will likely have its hands full with the fallout."

So what advice would Mr Jayanetti give our readers who might want to try and do something about it?

"Look out for leaflets or posters in your local area advertising anti-cuts campaigns, or try your local trade union council. There are also unemployed workers unions that fight against local



"Charles Darwin discovers the origin of the faeces"





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@HomelessGirl1 says:

As the online community around me got bigger, as I blogged and tweeted my very innermost secrets, I began to realize that I was not unique in my situation, people were asking me for advice and sharing their stories about living on the outskirts of society, the shame and helplessness they had experienced like me. This changed my perception and understanding about this epidemic of homelessness and it gave me the purpose that I had been looking for.

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cuts and campaign for better rights for local unemployed people, be they seeking work or claiming long-term benefits.

"The game has changed. Trust in the government and big business has collapsed and given the scale of the cuts being planned, there will be people whose very lives depend on them being stopped. It cannot be utopia for the bankers and 'realism' for the rest. Enough is enough."

Chaminda Jayanetti's blog can be found at:
athousandcuts.wordpress.com

Liza Edwards

Boris slammed by homelessness charity

A leading homelessness charity has criticised Boris Johnson, mayor of London, for giving money to a man begging in Leicester Square last month.

Since 2003, charity Thames Reach has been warning the public that giving change to beggars often helps to fuel drug or alcohol addiction. Its chief executive, Jeremy Swain, warns that "money contributed by caring members of the public to people begging is, invariably, spent on heroin and crack cocaine, causing ill health, misery and sometimes death." Responding to the mayor's well-meaning gesture, Mr Swain sarcastically blogged that Boris might as well "give money straight to his local drug dealer and cut out the middle wo/man."

While Thames Reach has applauded the mayor's commitment to end rough sleeping in the capital by 2012, the charity remains adamant about its begging policy. The message is clear: give to homelessness charities rather than to people begging on the streets.

Amy Hopkins

Big Society event

An event has been held in London to discuss the Government's new plan for a "Big Society".

Brent Homeless User Group (B.Hug) organised the meeting to discuss whether the new initiative can be inclusive and can support local communities.

More than 80 people, including homeless people and representatives from the voluntary sector, attended the workshop at The

Salvation Army Headquarters in central London in September.

The charity's chief executive Atara Fridler said: "The key question was how to create something that we can all participate in. How do we create a Big Society that includes people who have been marginalised, that allows and encourages all of us to contribute as well as get the help we need?"

The coalition government describes their idea of a Big Society as one where "families, networks, neighbourhoods and communities that form the fabric of so much of our everyday lives" play a "bigger and stronger" part than ever before. This, ultimately, means decentralisation and the use of more volunteers instead of help from the state. Ms Fridler added: "At B.Hug, we have been working for many years with vulnerable people who have experienced homelessness, addiction and mental health problems.

"We know from experience that while these people are often the most excluded members of our society, they each have different knowledge, experience and insight that they can share with their local communities.

"It would, therefore, be a huge missed opportunity if the government's plans to create a Big Society did not make provision for these individuals and ensure that they are included along with other members of our communities."

The event consisted of policy workshops, and a manifesto was produced using the contributions of those attending. Speakers included director of housing at Brent, Martin Cheeseman; New Economics Foundation head of social policy Anna Coote; and B.Hug researcher and volunteer David Wright, who used to be homeless.

The manifesto can be found at: www.involvementandempowerment.org.uk.

Rebecca Evans

Sleep outs spark debate

Homeless charities and organisations arranging sponsored sleep-outs have come under fire from the chief executive of a leading homelessness charity.

Sponsored sleep-outs, where members of the public volunteer to sleep rough for a night in aid of homeless projects, have become an increasingly popular fund-raising practice, attracting high profile participants such as Prince William, who slept-out for charity Centrepont last December.

Jeremy Swain, chief executive of Thames Reach, has used online forums and public networking sites to rally against the practice, tweeting recently that "people will never understand homelessness if every campaign is based on rough sleeping image." He insists that by focusing only on the rough-sleeping aspect of homelessness, sleep-outs undermine both the complex needs of homeless people (which encompass issues such as addiction and mental health) and the wide range of services and projects that are available to meet them. He warns that public displays of rough sleeping could lead the public and policy makers alike to perceive the role of homelessness organisations as merely providing soup and shelter.

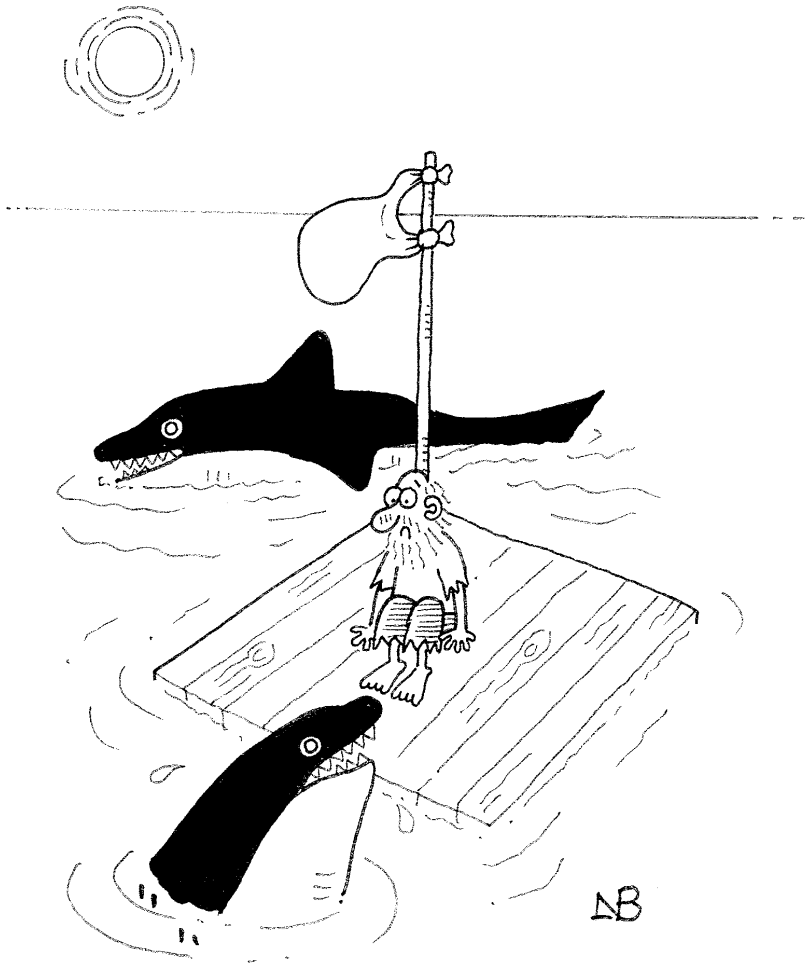
Speaking to *The Pavement*, Mr Swain expressed disappointment that charities with significant fund-raising potential failed to be more creative with their methods. He dismissed sleep-outs as a "lazy approach to fund-raising", and instead advocated fund-raising that "avoids stereotypes of homeless people – no bodies in doorways". He is critical of activities that promote this kind of image of homeless people and argues that stereotyping them as helpless rough sleepers creates misconceptions about their ability to change their lives and overcome homelessness.

He told *The Pavement*: "The message is then that homeless people are passive victims, vulnerable, inadequate and needy. I have 103 colleagues here at Thames Reach who were once homeless and they are none of the above."

When asked to suggest alternatives to sleep-outs, Mr Swain was quick to propose a range of activities that involved positive and hands-on collaboration between homeless people and sponsors, such as a sponsored cooking competition or park clean-up. Thames Reach has organised many activities of this kind, and Mr Swain insists that when the public are given the opportunity to spend a day with homeless people, "lo and behold! [Members of the public] find out that [the homeless] are intelligent and interesting people who have had a hard time, not addicts and wasters!"

Objecting to Mr Swain's criticism, Lisa Lewis, project manager of Doorway, a charity drop-in centre in Chippenham, applauds sleeping-out as "a very effective means of gaining both media and public attention to highlight the fact that homelessness exists at all in rural areas." Ms Lewis told *The Pavement* that by sleeping-out for a night, "we can raise awareness and then go on to educate the public in the issues surrounding homelessness on all levels. We use rough sleeping as a starting point."

Sleep-outs are part of a growing trend that has seen members of the public volunteer to temporarily experience the plight of the homeless. In a recent BBC show, *Filthy Rich and Homeless*, based on a real-life course in the USA, wealthy Britons swapped their cars and home for 10 days to live alongside homeless people. Mr Swain and Ms Lewis's comments form part of the ongoing debate within the homelessness sector about whether sleep-outs and other public participation activities should be welcomed as helpful methods of raising money,



"We're killing you for scientific research"



*Wat Tyler's request for greater social
mobility was turned down*

or denounced as misleading displays of homelessness tourism.

Amy Hopkins

Homeless charities gear up for cuts

Homeless charities have been bracing themselves for budget cuts ahead of the government's Comprehensive Spending Review on 20 October.

Charities including St Mungo's, Novas Scarman and Connection at St Martin's all voiced concerns about possible funding cuts but could not say which services might be hit.

Speaking to *The Pavement* before the government announced its spending plans, a spokeswoman from St Mungo's said: "Most of our central and local government funders are asking for significant reductions in the grants that they give us. We have been addressing these requests by reviewing the services that we deliver and the way we deliver them to clients."

However, she added that the organisation would know more after details of the Comprehensive Spending Review (CSR) were released on 20 October. "Following this, both central government departments and local authorities will have more certainty about how much they are able to spend on services, and the picture is set to become much clearer," she said.

St Mungo's total income last year was £47.4m, with around £4m from fundraising and the rest coming from local and central government, rents and interest income.

The CSR, which was announced on Wednesday 20 October, set out the government's plans for public spending over the next four years.

Maff Potts, chief executive at charity Novas Scarman, said: "Like everyone in our country,

we are aware that cuts are currently on the political agenda.

"Our organisation already has the principles of the Big Society embedded within its values, particularly through our Community Development work.

"We appreciate that cuts will make life difficult for a huge number of people, but Novas Scarman and the services it provides intends to be more visible than ever," he added.

Speaking at a Conservative Party conference fringe session on the Big Society, Stephen Bubb, from the Association of Chief Executives of Voluntary Organisations, warned that it could come down to a choice between street cleaning services and a grant to a local charity. "Councils are going to have to make some very hard choices after October 20," he said.

"I hope local authorities will start also to think about how they deliver things differently. Disruptive change like cuts is often a time for innovation."

Confidence in the financial situation of charities is also at a three-year low, according to a new study from the National Council for Voluntary Organisations, with 63 per cent of charity leaders predicting that their organisation's financial situation would worsen over the coming year.

But despite the potential cuts, St Mungo's said that more needed to be done, and called for a renewed effort to help long-term rough sleepers off the streets of London. "We need to forge ahead with real urgency to deliver the best services possible in partnership with local authorities and other agencies, especially as cuts start to impact," concluded Charles Fraser, chief executive of St Mungo's.

Garnet Roach

Children held for fire attack on homeless man in Jamaica

Over recent issues, *The Pavement* has charted the worrying and sickening rise in attacks on homeless people, particularly in the US. From the eight in 10 rough sleepers in America who have been victims of crime (you can search our website for these archive stories), to Ralph Millward, who was killed by three teenagers on our own streets, it seems homeless people across the world are increasingly becoming targets of violence. In the US, laws are even being passed to classify such attacks as hate crimes.

But, inevitably, such incidents are not confined to the US or UK. In Jamaica, three children were recently remanded in custody following the death of a homeless man who was set on fire.

According to reports in the *Jamaica Observer*, Lionel Maitland, 54, was asleep on the pavement outside a supermarket in Montego Bay, Jamaica, on 11 September when the horrific attack took place.

One of the three children, aged 13, was charged with murder, while the remaining two – plus two others who were charged but instead held at a children's home – were charged as "uncontrollable juveniles". Their ages range between eight and 12.

All but one of their parents were also remanded after being charged with child neglect. Both the children and adults were scheduled to reappear at the Montego Bay Family Court on 6 October.

Following the attack, Mr Maitland – who is reported to have had mental health issues – was taken to the Cornwall Regional Hospital, where he was pronounced dead. A post mortem later revealed that he died from severe burns.

As with similar incidents in the UK, the attack doesn't appear to be a one off. Earlier this year, for

example, the *Jamaica Observer* received reports of a gang of 10–16 young people beating up homeless and mentally-ill people at night in Kingston, and sometimes setting fire to them or their cardboard boxes.

However, the incident has provoked at least one call for more to be done to help the homeless in Jamaica with Joy Crooks, the administrator for the Committee for the Upliftment of the Mentally Ill (CUMI) in Montego Bay, reportedly blasting the government's provision of mental health care for the homeless.

Carinya Sharples

Housing associations treble surpluses

Housing associations have seen their annual surpluses treble in the last year, ahead of widely anticipated spending cuts.

A study of 24 of the country's largest associations found they have a surplus of almost £280m, an increase of £180m from the £96.7m combined amount for last year.

Housing associations are not-for-profit organisations, so any surplus they make after tax is used to maintain existing homes and help build new ones. The money is also used to run shared ownership schemes to help people who cannot afford to buy their homes outright. The stockpiling of cash may, however, be a sign that associations are preparing for government spending cuts.

Affinity Sutton, who with 55,000 homes is one of the country's largest associations, reported a surplus of £44m – more than double the £20m in 2008/2009. Finance director Mark Washer warned that associations need a “stronger financial base” to cope with forthcoming spending cuts and avoid the need for future bailouts.

Catalyst, which manages 16,000 homes across the South-East, also saw its net surplus double from £7.1m to £16.7m. In its annual statement, the company said it wanted to increase this amount further, saying a surplus was “essential to be able to access the private finance required to fund that part of the cost of new homes not met by social housing grants.”

The report added: “Our aim is to generate an annual net surplus of £20 m by March 2013. We will be exacting about financial performance and added value across our range of activities and will use a lean approach to drive out waste.” The group also stressed that all profits are reinvested in providing “homes, services and community regeneration.”

Another association, Bromford Group, which owns 26,000 homes across central England, saw its surplus almost treble from £5.5m in 2008/09 to £14.1m in 2009/10 – a record for the group.

There are around 1,400 non-profit housing associations across England, which manage around 1.8m homes. Their role is to provide low-cost social housing, and they are the country's biggest provider of rental homes and shared-ownership schemes. Many have specialist projects for people with mental health or learning disabilities or substance misuse problems; and for homeless people, young people, ex-offenders and women fleeing domestic violence.

Rebecca Evans

Homeless hate crime passed in Florida

Back in June, we reported that local governments in Florida and California were introducing laws to bring crimes against homeless people under the banner of hate crime.

On 1 October this year, the law officially passed in the state of Florida in the USA.

“It is already against Florida law to attack someone because of their race or religion. Now, you can add being homeless to the list of criteria for hate crimes,” reports *baynews9.com*.

“The new law, which takes effect from October 1st, will lead to steeper penalties for those convicted of hurting people because they are homeless. It was prompted by a rash of vicious attacks on the homeless across the state.”

According to the *Huffington Post*, the new law will see maximum penalties go up one degree from what had been. To put this into context, the Miami Herald reports that “a felony of the first degree is now reclassified to a life felony.”

Florida is the third state to pass the law, says the *Huffington Post*: “Maryland last year was the first to label such attacks as hate crimes and was followed this year by Rhode Island and then Florida.”

Tracey Kiddle

Homeless tours of London

Homeless people are offering tourists an alternative view of London with guided tours around Old Street and London Bridge.

The trained guides, all of whom are homeless, offer a “historical but also unexplored perspective of the city”, said the Sock Mob, which inspired the tours.

As well as showing a different side to the capital, guides from

Unseen Tours also give groups a lesson in the history of homelessness, weaving in their own experiences of life on the streets.

The tours cost either £5 or £8, with guides reinvesting some of the cash into the scheme and keeping the rest.

Starting as a pilot scheme with just four tour guides, the social enterprise is now training three new guides, with upcoming tours of Brick Lane and Covent Garden to be added to the bill.

Sock Mob said that it welcomed interest from homeless people across London who would like to get involved.

Garnet Roach

Punks party for the homeless

A punk music project is helping to raise money for street children in Latin America with a series of gigs around the UK.

Punk 4 the Homeless started in Boston, Lancashire, but has expanded across the country, with the first London gig set for 6 November and shows scheduled for Sheffield, Bolton and Manchester.

The London gig will feature bands including SKURVI, Freedom Faction, OiZ II MEN and Loudmouth Eddi.

Gary Eagling, who set up the project at his local church, said: "I went to church one Sunday morning and they were singing the hymn Lord of Sea and Sky, and this triggered the thought that I had heard it before on a Vandal's album."

This inspired him to start Punk 4 the Homeless, in a bid to "raise money for homeless charities and introduce youngsters to the scene".

"We have a free download compilation due out through Stoneage Records," he added. "It has punks, skinheads, people of

various sexualities, Christians and Muslims on it, giving us a united approach to the problem at hand."

All money raised will go to Casa Alianza UK, which works with street children in Honduras, Nicaragua, Guatemala and Mexico.

Although the project doesn't make a huge amount of money, it does help to raise awareness, with more than 18,000 visitors in under a year, said Eagling.

The first London gig will be held at Urban Bar in Whitechapel Road with tickets priced at £3 all night.

Visit www.myspace.com/punk4thehomeless for more information or to get involved.

Garnet Roach



STREET SHIELD

CHAPTER 18

A
MYSTERY
TO
SOLVE

DOWN A DARK ALLEY OFF BULL STREET

...IT'S JUST HE'S NEVER
LATE, AND NOW HE'S GONE.
I'VE ASKED AROUND AND
NO-ONE'S SEEN HIM IN DAYS.

OKAY JIM, WE'LL
LOOK INTO IT,
AND LET YOU
KNOW.

SO, YOU KNOW THIS
MAN WHO'S GONE
MISSING?

LET ME HELP,
USING MY POWERS TO
SCOUR THE CITY
FOR HIM!

OKAY, THAT MIGHT HELP.
I'LL MEET YOU BACK
HERE IN AN HOUR!





YES, I'VE KNOWN
NICK FOR YEARS, AND
HE'S A WELL KNOWN FACE.
YOU CAN'T FORGET
THAT BEARD OR
HIS LAUGH.

ERE WILL WE...

...FIND YOU NICK?



I'VE LOOKED EVERYWHERE -
THERE'S NO SIGN OF HIM!

IT'S OKAY,
I MADE SOME CALLS,
AND THINK I'VE FOUND
HIM VIA A PC
I KNOW!

NEXT MONTH

ANSWERS!

Health and wellbeing

The Pavement's health team – a nurse and a podiatrist – address the effects of the cold



Footcare: How to avoid frostbite

In very cold temperatures, the body loses heat. A critical decrease in body temperature causes hypothermia, and exposure to extreme cold will cause frostbite (pictured above) – the skin freezes.

Extremities such as the nose, cheeks, ears, fingers and toes are most commonly affected. No one is exempt, but you are more likely to be affected when you are exhausted, dehydrated, living in the open or under the influence of alcohol. The elderly and very young

are most vulnerable and need to take shelter in the colder months.

The brain tries to deal with extreme cold by conserving heat to keep the vital organs functioning. Slowing down the flow of blood through the extremities and skin keeps internal body temperature at a constant, but at the cost of colder extremities. At times like these, the blood vessels carrying blood to the hands and feet will dilate (widen) for short periods to allow oxygen to the tissues, but once the body temperature drops to a critical level (hypothermia), the superficial blood vessels are permanently constricted (narrowed),

causing frostbite. Smoking and drinking both cause small vessels to contract, which only complicates matters in cold weather.

Prolonged exposure to the cold damages the lining of the blood vessels and causes holes to appear, with leaking of blood into the tissues. Superficial frostbite may cause burning, numbness, tingling, itching or cold sensations. When deep frostbite is present, you lose all sensations. Areas affected will be swollen, often with blood-filled blisters over white or yellowish skin that looks waxy and turns a purplish blue when re-warmed. The area is hard, with no resistance when you pushed down on it.

Blood returning to frostbitten areas can be extremely painful. It may appear sensible to thaw out at a fire, but cycles of thawing and refreezing cause more damage. If you suspect you have frostbite, it is important to quickly get to a medical centre for proper rewarming and careful medical evaluation. Avoid walking on frostbitten feet, as this will lead to further damage. The affected body part should be raised to reduce swelling. Dry, sterile bandages can be used to separate affected fingers and toes and prevent them from rubbing. All wet and or tight clothing must be replaced.

To rehydrate, sip warm, non-alcoholic, non-caffeinated fluids. Thankfully, frostbite is comparatively rare; in the cold weather, people are more likely to suffer milder forms of exposure including frostnip, chilblains, and trench foot.

Frostnip is the tingling sensation (paresthesias) in the hands and feet exposed to cold. This discomfort disappears after rewarming without any tissue damage. Chilblains arise

from an abnormal response of the extremities to cold and damp; small blood vessels are damaged, causing localised tissue inflammation that makes the skin appear swollen and reddish or purple. Chilblains may itch or be tender and painful, but will usually disappear in warmer weather. Trench foot is more severe and results from repeated exposure to cold and dampness. The feet become reddened, swollen, painful or numb, and may be covered with bleeding blisters. Eventually the arches of the feet collapse, making walking impossible.

In the colder months, wear layers of clothing to stay warm. To protect the hands and feet, wearing two pairs of gloves and socks is a good idea. Air trapped between the layers heats up to body temperature and keeps the skin insulated from extreme cold. Staying dry is essential to staying warm, and a good diet over the colder months is vital. Eating slow-metabolising foods such as oats (porridge), wheat and starches help the body stay warm.

Stay warm, stay dry and stay safe.

Footnote: So important are clean, warm, dry socks that several groups had out free socks to those on the street, and the UK and US. Have a look at these groups: www.meetup.com/thesockmob & comfortsocks.blogspot.com

Toe Slayer

Registered podiatrist and shoe historian

Flo on... hypothermia

You won't need me to remind you last winter was a cracker. Winter is almost upon us again and it's time to think about how to keep warm when the weather gets bad. If you slept outdoors last winter, this article may tell you nothing new; but this one is

predicted to be much colder. If you're experienced at getting through the winter outdoors, share your knowledge and look out for those who are vulnerable.

Nurse Flo is a big fan of forward-planning. Start thinking now about where you're going to be when it gets seriously cold outside. If you can get a place in a hostel or a seasonal shelter, now is the time to get indoors. If you've got no other option (or if you choose to spend the winter outdoors), then start gathering the extra kit you'll need now.

Layer your clothes. Layers work because warm air gets trapped between them and slows down heat loss. Certain manmade fibres, usually found in brands for hill walkers or climbers, are designed to wick moisture away from the skin, preventing heat loss. Wool and synthetics such as polyester and polypropylene provide better insulation than cotton. Keep your head covered, as heat is lost quickly through the head. As well as lots of layers, try to get a waterproof coat or jacket. Staying dry is an important part of staying warm. Keep your feet warm and dry: cold, wet feet and cold weather cause a nasty condition called trench foot.

Extreme cold brings with it the risk of hypothermia, a serious, life-threatening condition when your body temperature drops too low for you to stay alive. Being with someone else means you can look out for the early signs of hypothermia in each other. And don't waste time wondering what the difference between cold and hypothermia is: the minute you suspect it – get help. If you are with someone who is hypothermic, get urgent medical help. While you are waiting for help, you can add layers to their clothes, give them a warm, sweetened drink, share your body heat with theirs, and encourage them to keep moving and talking.

Shivering is an obvious early sign, but look out for the "umbles" (stumbles, fumbles, mumbles and grumbles): hypothermia slows you down and the first symptoms may just be lack of co-ordination, flatness, don't care attitude or drowsiness. It is very difficult to identify hypothermia in yourself as the condition slows down your ability to reason.

If your mate starts talking rubbish, don't just assume it's alcohol-related – one of the cruel things about hypothermia is that its symptoms can mimic drunkenness. Alcohol use increases your risk of becoming hypothermic, so avoid drinking outdoors when you know temperatures are going to drop very low. If you have to, make sure you are with people who can get you help. Hypothermic people often try to remove their clothes; this is a sign they need medical help.

Dehydration increases your chances of becoming hypothermic. Try to drink at least a litre of tap water every day. Being really cold uses extra calories, so eat as much as you can and as many calories as you can. It's not often I advise you to eat loads of rubbish, but the more calories you have on board, the better your chances when it's freezing outside.

Another seasonal hazard is the flu. There are many strains of the flu, and if you are a vulnerable individual, you need to take extra precautionary measures to limit the possible effect it could have on you. This year's flu jab is now available at your GP's surgery. If you want the flu jab, get along to see your doctor or nurse and ask. Good health,

Flo

- To put a question to our nurse, email: flo@thepavement.org.uk or write to the address on page 3

HOMELESS CITY GUIDE



squat



empty building



dangerous neighbourhood



danger



guard dogs



an attack happened here



good place to drink / smoke



unfriendly place



friendly place



soup run (with rating)



strong police presence



potential for work



good food thrown away here



safe for sleeping



message board x mins that way



security guard



you'll get moved on here

step 1



step 2



MAKE YOUR MARK AND HELP OTHERS TO READ THE CITY

Make non permanent marks to keep the system up to date and stay within the law.

0141 550 7140
Mon-Thur: 9am-4pm; Fri: 9am-3pm
AS, BA, C, H, IT, TS

Glasgow Women's Support Project

See **Telephone Services Glasgow**

SAY Women Accommodation Project

3rd Floor, 30 Bell St, G1 1LG

0141 552 5803

Provides support and counselling to young women aged 16 – 25

who are homeless or threatened

with homelessness and are

survivors of rape or sexual abuse

AS, C, SH

TELEPHONE SERVICES

Community Legal Advice

0845 345 4345

Nationwide

www.communitylegaladvice.org.uk

Mon-Fri: 9am-8pm;

Sat: 9am-12:30pm

AD, BA, DA, H

Free, confidential service, offering specialist advice on housing, benefits, tax credits, debt etc.

Domestic Violence Helpline

0808 2000 247

Frank

0800 776 600

Free 24-hr drug helpline

Get Connected

0808 808 4994

Free advice for young people

(1pm – 7pm daily)

Job Centre Plus (benefits agency)

To make a claim

0800 055 6688

For queries about existing claims

for Income Support, Jobseekers

Allowance or Incapacity Benefit

0845 377 6001

For Social Fund enquiries

0845 608 8661

For the Pensions Service

0845 60 60 265

Message Home Helpline

0800 700 740

24 hrs daily

National Debtline

0808 808 4000

Runaway Helpline

0808 800 7070

Free line for under-18s

who have left home

The Samaritans

08457 90 9090

SANeline

6 – 11pm

0845 767 8000

Out-of-hours helpline for those

affected by mental health

Shelter

0808 800 4444

Housing info and advice

8am-8pm daily

UK Human Trafficking Centre

0114 252 3891

TELEPHONE SERVICES

EDINBURGH

Edinburgh City Mission

Counselling and crossline helpline

0845 658 0045

Providing a listening service

for anyone in emotional crisis.

Also offers face-to-face coun-

selling by appointment

TELEPHONE SERVICES GLASGOW

Glasgow Street Service

0800 027 7466

Mon-Thur: 8am-11pm; Fri: 8am-

5pm; Sat: 8am-3pm; Sun: 4-11pm

Street outreach team partner-

ship between Simon Community

Glasgow and Barnados Scotland

Glasgow Women's Support Project

31 Stockwell Street, G1 4RZ

0141 552 2221

Mon, Tues, Thurs, Fri: 10am

-4:30pm; Wed: 2 - 4:30pm

Information, advice and initial

support for women who have

experienced sexual abuse

WEBSITES

Mental Fight Club

A creative/arts site for those

with mental illness.

uk.geocities.com/gabriele-

jenskinson@btinternet.com/

The Pavement Online

Soon to have an online version of

The Other List, which will soon be in

several translations to download.

www.thepavement.org.uk/

services.htm

Proud to be mad

A campaigning site for those

with mental illness

www.proudtobemad.co.uk

Sock Book

Previously Everyone's Home

An 'e-shelter', with a large

directory of services.

sockbook.referrata.com

Stonewall Housing

Addresses the housing needs of les-

bians and gay men. Provides tempo-

rary, supported housing for 16 – 25

years old lesbians and gay men.

www.stonewallhousing.org

Streetmate

An independent site with sub-

stantial information on housing,

working and learning, built for

those homeless who use the

internet and want to do-it-them-

selves as much as possible.

www.streetmate.org

WEBSITES EDINBURGH

Homeless Edinburgh

A comprehensive website contain-

ing information about services

in Edinburgh including hostels,

advice and support centres. Also

has information on over 8,000

services outside Edinburgh

www.homelessedinburgh.org

WEBSITES GLASGOW

Homeless Information Pages

Glasgow

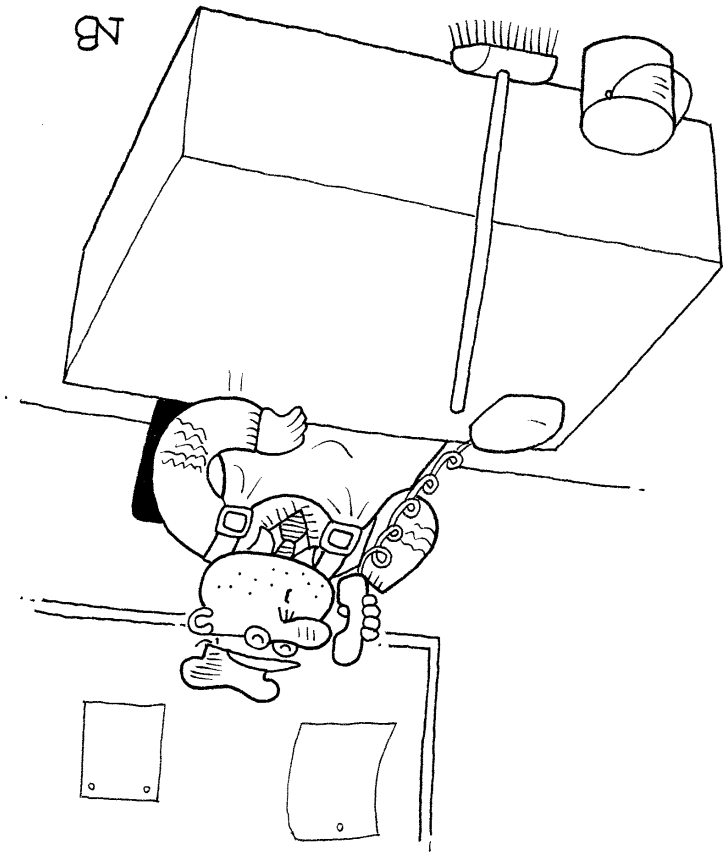
Lots of useful information

and advice on homeless serv-

ices in and around Glasgow

www.hipinglasgow.com

“Bash Street Academy, logistical director speaking”



provide support for people who have hospital appointments and want someone to go along with them. There is also an addiction and mental health team based at this address
A.D., F.C., M.H., M.S., P., S.H.
SOUP KITCHENS & SOUP RUNS
EDINBURGH
Barony Contact Point
101 High Rigg, EH3 9RP
0871 700 777 / 0131 622 1867
Tue: 10.30am - 4pm;
Thur: 10am - 1pm, FF, P
Cairn Centre
121 Montgomery Street, EH7 5EP
0131 661 5252
Tues: 6 - 8.30pm
FF, P
Care Van
Bethany Christian Trust's soup run in Edinburgh city centre
364 evenings a year
FF
Carrubber's Christian Centre
65 High Street, EH1 1SR
0131 556 2626
FF, P
Sun: 8 - 9am
Jericho house
53 Lothian Street, EH1 1HB
0131 225 8230
Sun: 10am - 2pm; Weds
and Thurs: 6 - 7.30pm
CL, FF, P
Little Sisters of the Poor
43 Gilmore Place, EH3 9NG
0131 229 5672
Every day 1 - 2pm and 6 - 7pm
FF, P
Missionaries of Charity
18 Hopetoun Crescent, EH7 4AY
0131 557 8219
Every day except Thur:

3.45 - 4.30pm
FF, P
St George's West
58 Shandwick Place, EH2 4RT
0131 226 2428
Mon - Sat: 9am - 3pm
FF, P
Soup Van
Every night: 9 - 9.45pm
Runs from Waverley Bridge to Grassmarket and North Bridge
(Tue - Fri they have woodwork, art, gardening and textiles 10am - 4pm)
ET, FF, P
SOUP KITCHENS & SOUP
RUNS GLASGOW
Balvicar Street
G42 8QU
Thurs: 7 - 9pm
FF, P
Cadogan Street
Glasgow G2 7AB
Runs at these times:
9pm: 9 - 10pm; Mon: 7.30 - 9pm; Tues: 8.45pm - 12.30am; Wed: 9 - 10pm; Fri: 8 - 9pm
FF, P
Rokpa Glasgow
Kagyu Samye Dzong
The Tibetan Buddhist Centre
7 Ashley Street, G3 6DR
0141 332 9950
FF, P
St. Columba's Church
St. Vincent Street, G2
Sun: 7.30 - 9pm
FF, P
St. Patrick's Church
North Street, G3 7DA
Thur & Sun: 8pm - 9pm
FF, P
St. Simon's Church
Dunsgin Street, G11 6PG
Sun: 1.30 - 2.30pm
FF, P
Waterloo Street
G2
Thur: 10pm - 12am
FF, P

SPECIALIST SERVICES
National Schizophrenic Fellowship (Scotland)
6 Newington Business Centre, Dalkeith Road Mews, Edinburgh, EH16 5DU
0131 662 4359
Mon-Fri: 9am-4pm
Support and action for people affected by mental illness (including friends and carers) M.H.
SPECIALIST SERVICES
EDINBURGH
Edinburgh Women's Aid
4 Cheyne Street, EH4 1JB
0131 315 8110
Mon: 1-3pm; Tues, Wed & Fri: 10am-3pm; Thur: 10am-7pm; Sat: 10am-1pm
Information, support and refuge for women, and accompanying children, fleeing domestic abuse
AS, AD, C, H, OL, P
Streetwork UK - Out of the Cold
2 New Street, Edinburgh
0131 556 9756
Working with people over 50 years who are or have been homeless / housing crisis
AS, AD, BA, DA, HA, OL, OB, P, JS
Streetwork UK - Womens Services
4 Bellevue Street, Edinburgh
0131 467 2023
Mon, Tue & Thu: 1-4pm
ADP in for women
AD, AC, BA, CA, CL, DA, ET, LA, OL, OB, P, SH, TS
SPECIALIST SERVICES GLASGOW
GAMH Homeless Support Project
123 West Street, G40 1DN
0141 554 6200
Mon - Fri: 9am - 5pm
(4.30pm on Friday)
Practical support and advice for homeless people in Glasgow with mental health problems.
Phone, write or just drop in
C, MH, P
Glasgow Rent Deposit and Support Scheme
Centre, 117 Brook Street, G40 3AP

DRUG/ALCOHOL SERVICES

Drinkline Scotland
Freepost, PO Box 4000, G3 8XX
0800 7314 314
Advice and info for people with alcohol problems or anyone concerned about alcohol misuse
A, C

DRUG/ALCOHOL SERVICES

EDINBURGH

Castle Project
2 Craigmillar Castle Road, EH16 4BX
0131 661 5294
Mon - Thurs: 9am - 4.30pm;
Fri: 9am - 4pm
D, NE, OL, OB, P, SH
www.castleproject.org.uk

DRUG/ALCOHOL SERVICES

GLASGOW

Alcohol Focus Scotland
166 Buchanan St, Glasgow
0141 572 6700
Call-in, phone or email: Mon - Thurs:
9am - 5pm; Fri: 9am - 4.30pm
A, C, ET, P

Breakthrough

James Duncan House, 331
Bell Street, G4 0TJ
0141 552 9287
A joint health and social work project offering services to people with drug and alcohol problems. It also incorporates methadone prescribing.
A, C, D, MS, NE, P

Cocaine Anonymous Scotland

0141 959 6363
www.cacoscotland.org.uk
Helpline offering help and support to those with or recovering from an addiction. Also offer meetings and literature on addictions
A, AD, C, D

Drug Crisis Centre

The West Street Centre, 123 West Street, G5 8BA
0141 420 6969
www.turningpointscotland.com
24hr service offering information and advice to those who abuse drugs. Also residential drug rehab program: Family support unit operates on this site. D, NE, P

EDINBURGH

EMPLOYMENT AND TRAINING

Bethany Christian Trust
65 Bonnington Road, EH6 5JQ
0131 625 5411
Community Education programme with a range of courses aimed at giving skills to get back into work or volunteering. FF

Bethany Christian Centre (Men only)

6 Casselbank St, EH6 5HA
0131 554 4071
For homeless or vulnerable men with alcohol or drug problems who wish to take part in a work training programme
www.bethanyct.com
CA, ET, P

EMPLOYMENT AND TRAINING

GLASGOW

Glasgow Simon Community
- Resettlement Training Service
12 Commercial Road, G5 0PQ
0141 420 6105
Mon - Fri: 9am - 4pm
Runs short courses that help people look at their choices, rights and opportunities in settling down. Open to anyone over 16. Courses are organised on a rolling programme and run between 10am and 4pm
www.glasgowsimon.org.uk
C, ET

Emmaus Glasgow

101 Ellesmere Street, G22 5QT
0141 353 3912
www.emmausglasgow.org.uk
Provides accommodation and work for homeless people
AS, CL, ET, P, TS

ENTERTAINMENT & SOCIAL

EVENTS

EX-FORCES

AWOL?
Call the 'Reclaim Your Life' scheme 01380 738137
Alimen and Families Association: Mon - Fri: 9am - 10am

EDINBURGH

Royal British Legion
08457 725 725
Ring the Legionline to see how they can help ex-service-men and ex-servicewomen
0800 169 2277
Free help and advice for veterans and access to dedicated one-to-one welfare service
www.veterans-uk.info

EX-FORCES EDINBURGH

Whiteford House
53 Canongate, EH8 8BS
0131 556 6827
Ring first
Mon - Fri: 7am - 5pm
Accommodation for homeless ex-service men and women, including ex-merchant mariners.
Can accept married couples
P

JOB CENTRE PLUS

See **Telephone Services** for helplines

MEDICAL SERVICES EDINBURGH

Edinburgh Access Practice

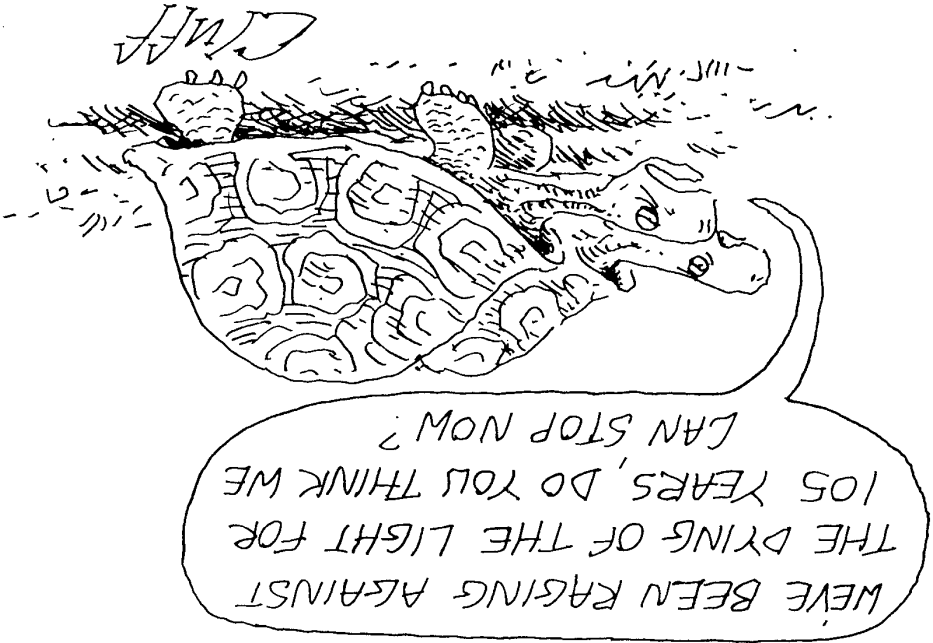
(Cowgate Clinic)
20 Cowgate, EH1 1JX
0131 240 2810
Mon, Wed - Fri (closed on the morning of the Fri) 9am - 12.45pm, 1.45 - 5pm; Tues 9am - 12.45pm
Health service for homeless people, including a general nursing and treatment room, mental health care, 10 GP sessions a week, as well as dental services two mornings a week. Also provides a chiropody service, occupational therapist, clinical psychologist and psychiatrist. A clothes exchange is available too
A, DT, D, FC, MS, MH, P, SH

MEDICAL SERVICES GLASGOW

The Physical Health Care Team
55 Hunter St, G4 0UP
0141 553 2826
Mon - Fri: 1 - 5pm
Has two GPs and a team of nurses and office staff who also run clinics at some hostels. Appointments not necessary. They also

**Go online to download a pdf
of any issue or edition**

**You can read the news,
keep informed & search our
directory of services online @
www.thepavement.org.uk**



WE'VE BEEN RAGING AGAINST
THE DRYING OF THE LIGHT FOR
105 YEARS, DO YOU THINK WE
CAN STOP NOW?

Randolph Crescent Hostel
2 Randolph Crescent, EH3 7TH
Supported accommodation for single men and women from Lothian and Edinburgh Abstinence Programme (LEAP)
0131 220 1607
Referral from LEAP on: 0131 456 0221
p

Salvation Army – Ashbrook
492 Ferry Road, EH5 2DL
0131 552 5705
Single homeless people who are eligible for housing benefit
www.salvationarmy.org.uk
p

Men

Gowrie Care – Caledonia House
Gilmore's Close, Grass-market, EH1 2HD
0131 220 5078
www.homelessedinburgh.org
p

Women

Salvation Army – Hope House
14 Clyde Street, G1 5JW
0141 552 0537
Referral by Glasgow City Council only
A, AS, BS, F, P
p

DIRECT ACCESS HOSTELS/ NIGHTSHELTERS GLASGOW

Stopover (Edinburgh)
40 Grove Street, EH3 8AT
0131 229 6907
Young single homeless people aged 16-21 with a range of support needs
www.foursquare.org.uk
p

All with low support needs

Simon Community – Castlemilk
86-88 Arnprior Road, Castlemilk, G45 9HE
Offers a group-living model of supported accommodation to men who have experience of long term homelessness and are committed to addressing addiction issues. Possibility of continuing support after moving into own home. Referral from social work or similar agency is required, accepts men from all over Glasgow
0141 631 1798
www.glasgowsimon.org

Talbot Association – Kingston Halls Direct Access Hostel
344 Paisley Road, G5 8RE
0141 418 0955
Referral by Glasgow City Council only
BS, C, DT, ET, F, H, L, MS, MH, P, SH

Young people (16-25)

Number Twenty
20 Broughton Place, EH1 3RX
0131 557 1739
Young single homeless women aged 16-21 with support needs. Ring first (8am - 11.30pm every day)

Open Door Accommodation

Quarters Stopover
189 Pollockshaws Road, G41 1PS
0141 420 3121
For young people 16-25. Accommodation is on the upper levels of a four-storey building so not suitable for people with physical disabilities
A, C, D, ET, H, P
www.quarters.org.uk

Young people

Council for Homeless Young People (CHYP)
171 Wilton Street, G20 6DF
0141 945 3003
Details at
www.queenscrossha.org.uk
Residential support for youngsters and young, single homeless people
p

Rachel House

503 Baltic Street, G40 4SG
0141 556 5465
Provides supported accommodation for single/pregnant mothers aged 16 to 25 and children up to ten years old

Women

Turning Point Scotland – Link Up
112 Commerce Street, G5 9NT
0141 420 1929
A direct access service for homeless people in crisis as a result of mental health, drug, or alcohol problems
A, AS, AD, C, D, FC, MS, P
www.turningpointscotland.com

The Mungo Foundation – London Road Project
1920 London Road, G32 8XG
0141 778 1184
Works with 16-25 year olds who cannot access mainstream accommodation. (Open 24 hrs)
www.themungofoundation.org.uk

1.30-4pm; Fri: 1.30-3pm
Emergency assistance outwith
office hours phone 0800 731 6969

ADVICE SERVICES GLASGOW

GEN8R Action for Children (16-24)

Westwood Business Centre, 69
Aberdell Road, G34 9HJ

0141 771 6161
Mon-Fri: 9am-5pm

Advice and support for 16-24 year
olds seeking accommodation

AS, AD, BA, C, DA, H, P, TS

Glasgow Shelter Housing Aid

Centre

First Floor Suite 2, Breckenridge
House, 274 Sauchiehall St

0344 893 5560
Mon & Thu: 1-4pm, Tues

& Fri 10am - 1pm
Outside these times, there is

a 24-hour helpline for advice
and support - Shelterline:

0800 800 4444
AD, C, H, P

Glasgow City Council

For anyone who is homeless,
threatened with homelessness, or

in need of advice about homeless-

ness issues. Staff will be pleased
to discuss your circumstances

with you in a private interview
room and provide advice on what

can be done next to help you

AS, BA, C, DA, H, TS

Glasgow City Council

Homeless Person's Team

Hamish Allan Centre, 180
Centre Street, G5 8EE

0141 287 1800
Mon-Thurs: 8.45am-4.45pm;

Fri: 8.45am-3.55pm
AS, BA, C, DA, H, P, TS

Glasgow Street Service

See Telephone Services Glasgow

DAY CENTRES AND DROP-INS

EDINBURGH

Barony Contact Point

101 High Riggs, EH3 9RP

0821 700 7777
Mon: 6.30-9pm; Tue: 10.30am-

4pm; Thu: 3.30-7.30pm;
Fri: 1am-2pm (women)

only): Sun: 1am-4pm

C, M, P

Bethany Christian Trust

Leith Acorn Centre YMCA,

Junction Place, EH6 5JA

Tue: 12.30-2.30pm (women
only drop in); Thu: 1-3pm

(men only drop in)

FF

Crossreach - Church of Scotland

Social Care Council

Charis House, 47 Milton Road

East, Edinburgh, EH1 5 2SR

0131 657 2000
Mon-Thurs: 8.45am-4.45pm;

Fri: 8.45am-3.45pm
www.crossreach.org.uk

Four Square

67a Logie Green Road,

Canonnills, EH7 4HF

0131 557 7930
www.foursquare.org.uk

AS, ET, TS, P

Streetwork UK - Womens Services

See Specialist Services

GLASGOW

Glasgow City Mission - The

Shieling

20 Crimea Street, Glasgow, G2 8PW

0141 221 2630
Mon, Tues, Wed & Fri: 10am

4pm (drop in); Thurs: 1-5pm;

Mon, Tues, Wed & Fri: 6.30-11pm

www.glasgowcitymission.com

AS, AD, AC, B, BS, BE, C, CL, ET,

FF, H, IT, LA, MC, MS, OB, P

Lodging House Mission

35 East Campbell St, G1 5DT

0141 552 0285
Mon, Tue, Thurs: 8am-3pm; Wed,

Fri: 8am-2pm; Sun: 4-6.30pm

BS, CL, E, F, IT, P

Salvation Army - The Laurieston

Centre

39 South Portland Street, G5 9JL

0141 429 6533
AS, A, BA, C, DA, ET, FF, F,

H, IT, LF, MS, P, SH, TS

Wayside Day Centre

32 Midland Street, G1 4PR

0141 221 0169
Mon-Fri: 10-11.30am; 12.30-

4pm; 7.30-10pm; Sat: 1-4pm

There are specific services for

women and rough sleepers as well

as health, addiction and other

specialist services at specified times

AS, AD, AC, B, BA, BS, BE, CA, CL,

ET, F, FF, H, IT, L, LA, MS, OB, P

Bethany House

12 Couper St, Leith, EH6 6HH

Emergency accommodation
for single homeless people

0131 467 1010
AS, AD, A, BS, BE, D, F, H, L, LA, P

Bethany Supported Housing

65 Bonnington Road, EH6 5JQ

0131 553 1119
Ring First

Castlecliff Hostel

25 Johnston Terrace, EH1 1NH

For homeless people aged

16 and over; accepts couples

and people with pets

0131 225 1643
AS, BS, BE, H, L, P, TS

Cunningham House

205 Cowgate, EH1 1JH

For homeless people with addi-

tional support needs around

alcohol, drugs, mental health

and learning difficulties.

0131 225 4795
www.crossreach.org.uk

AS, BA, P, S

Dunedin House

4 Parliament St, Leith, EH6 6EB

0131 624 5800
www.dunedin-harbour.org.uk

Gowrie Care - St John's Hill

1 St John's Hill, EH8 9TS

0131 557 5502
Ring or drop in: Mon - Fri 9am - 2pm

DIRECT ACCESS HOSTELS/ NIGHTSHELTERS EDINBURGH

All with low support needs

Bethany House

12 Couper St, Leith, EH6 6HH

Emergency accommodation
for single homeless people

0131 467 1010
AS, AD, A, BS, BE, D, F, H, L, LA, P

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AS, BA, P, S

Dunedin House

4 Parliament St, Leith, EH6 6EB

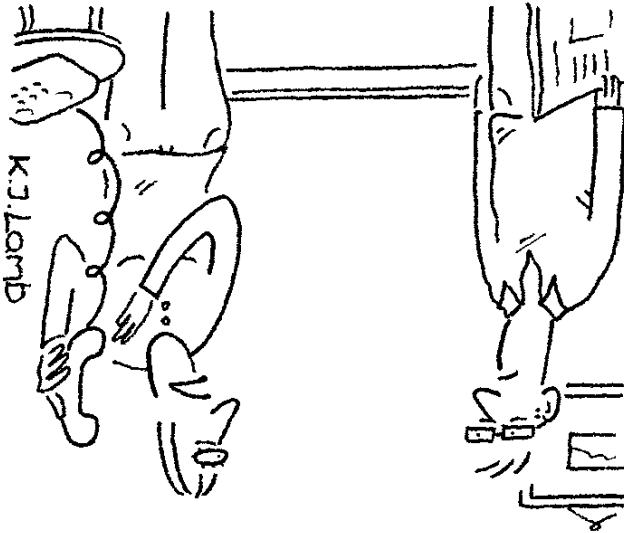
0131 624 5800
www.dunedin-harbour.org.uk

Gowrie Care - St John's Hill

1 St John's Hill, EH8 9TS

0131 557 5502
Ring or drop in: Mon - Fri 9am - 2pm

*"It's your anger management counselor – she's
furious that you missed your appointment"*



the **OTHER** list

The directory of Scotland's homeless services

Updated 25 October 2010

Key to this list:	Debt advice – DA	Luggage storage – LS
Accom. assistance – AS	Dentist – DT	Medical services – MS
Advocacy – AD	Drugs workers – D	Mental health – MH
Alcohol workers – A	Education/training – ET	Music classes – MC
Art classes – AC	Free food – FF	Needle exchange – NE
Barber – B	Food – F	Outreach worker links – OL
Benefits advice – BA	Foot care – FC	Outreach workers – OB
Bathroom/showers – BS	Housing/accom advice – H	Pavement stockist – P
Bedding available – BE	Internet access – IT	Safe keeping – SK
Careers advice – CA	Laundry – L	Sexual health advice – SH
Clothing – CL	Leisure activities – LA	SSAFA – SS
Counselling – C	Leisure facilities – LF	Tenancy support – TS

If you've any changes or suggestions write to us at the address on page 3, or email: thelist@thepavement.org.uk

Updated entries: 2
Services added: 0

ADVICE SERVICES EDINBURGH

Advocard
332 Leith Walk, EH6 5BR
0131 554 5307
www.advocard.org.uk
Mon – Fri: 10am – 4pm
MH, P

City of Edinburgh Council – Housing Options Team
1 Cockburn St, EH1 1BJ
0131 529 7584 / 7368
Mon, Wed, Thurs 8.30am – 5pm; Tues 10am – 5pm; Fri 8.30am – 3.40pm

Edinburgh Cyrenians – Smartmove project
57 Albion Rd, EH7 5QY
0131 475 2356
Mon - Fri 10am - 4pm
Advice, information and support for people who are homeless or threatened with homelessness
AS, H, P, TS

Advice and information on housing options for homeless people, including assessment of priority need for housing, out-of-hours emergencies
phone 0800 032 5968
AS, H, P

Homeless Outreach Project
19 Smiths Place, EH6 8NT
0131 554 3961
Mon - Fri: 9.30am - 5pm
Outreach service for homeless people with mental health, alcohol

The Access Point
17-23 Leith Street, EH1 3AT
0131 529 7438
Services for people 16 years or over who do not have care of children
Mon, Wed, Thu: 9am–4pm
Tue 10am–5pm; Fri: 9am–4pm
(drop-in services only): Mon–Thu:

Streetwork UK - Crisis Centre
22 Holyrood Road, Edinburgh
0131 557 6055
Free phone 0808 178 2323
24/7 crisis centre for people in housing crisis or at risk of sleep-ing rough. Includes outreach service / needle exchange.
AS, AD, A, BA, BS, CA, CL, D, DA, ET, F, H, IT, J, LS, MH, NE, OL, OB, P, SH
www.streetwork.org.uk

and drug-related problems
AS, AD, A, BA, CA, C, D, ET, H, MH, P, OB, SH, TS