

the Pavement

The *FREE* monthly for Scotland's homeless

December 2010





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The Editor

Homeless in the public eye

In the wake of recent announcements about public sector cuts, it is reassuring that homelessness and housing remain in the headlines. The announcement of Scotland's Housing Bill has sparked discussion, with Shelter heralding the reforms as a victory and the Scottish Government appearing to show a real commitment to boosting support for readers.

You can read all about this, and much more within these pages.

I hope you enjoy the final issue of *The Pavement* for 2010. We take two publishing breaks a year, in January and August, and I look forward to welcoming you back in the New Year. We'll continue to update our directory of services and post breaking news on the website. From all of us here at *The Pavement*, have a peaceful and healthy festive season.

Amy Hopkins

Editor

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Relieve a snowman of his woollens, or, better yet, take advantage of any shelter during this already cold winter.

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Diners and guests donate

A successful charity campaign that raises money for homelessness projects by targeting restaurant customers is extending its fundraising scheme to include hotels during the winter holiday months.

StreetSmart is an innovative yet simple fundraising programme that asks diners at participating restaurants to contribute to homelessness projects by adding an extra £1 to their bill.

Martin Irons, of StreetSmart Scotland, said, "It's such a simple gesture to add a voluntary £1 to the bill and yet the results can change lives."

Since it was established in 1998, StreetSmart has raised £4.2million for the homeless. Participating restaurants in Glasgow include Gamba, Guys and The Living Room.

The spin-off campaign, SleepSmart, was launched in November and will run throughout December. Running alongside StreetSmart, SleepSmart asks guests at some of the UK's top hotels to add £1 to their bill. The Balmoral Hotel in Edinburgh is among those participating in the initiative.

Deutsche Bank is covering the administrative costs of both projects, ensuring that every £1 donated by restaurant and hotel guests is spent on homelessness projects.

Staff

Channel 4 slammed over scenes of teenage heroin use

Channel 4 has come under fire after broadcasting scenes of a sixteen-year-old girl shooting up on a hard-hitting documentary about homeless teenagers, aired last month.

Dispatches: Britain's Street Kids showed footage of 16-year-old Robyn squatting in the filthy stairwell of an underground Edinburgh car park and injecting heroin into the back of her hand before she loses consciousness, the syringe still dangling from her body.

A leading drugs charity has condemned the footage as irresponsible and accused the broadcaster of exploitation. Mike Linnell, the spokesman for the charity, Lifeline, said: "A young girl like Robyn can't give informed consent. She won't understand that the image of her shooting up will be broadcast around the world and last forever. I know addicts who have been traumatised and humiliated by footage like this following them for many years."

The producers of the documentary, which was made in consultation with two homeless charities, have defended their decision to show Robyn injecting the drug. Executive producer Brain Woods said that to avoid showing these scenes would have been misleading. "This is what Robyn does every day, several times a day," he said. "We needed to show it to communicate the sordid, horrible reality of her life."

In a statement, Channel 4 fought back against accusations of exploitation: "Robyn wanted to

take part in the film to tell her story and show the reality of her life in all its detail. The production team are very experienced in working with young people and drug addicts – they ensured Robyn was fully informed and happy to proceed before any filming took place."

Robyn represents the hundreds of British young people forced to leave home every day because of family breakdown, addiction, abuse and neglect. The Children's Society estimates that more than 100,000 teenagers under 16 run away each year, and homelessness charities Railway Children and Shelter predict that the number young people living on the streets will become ever greater as a result of the Comprehensive Spending Review.

Dispatches: Britain's Street Kids was broadcast on 1 November, 8pm on Channel 4 and is now available on 4od.co.uk

Amy Hopkins

Escalating demand for beds in Aberdeen

The Council in Aberdeen has been struggling to cope with the rising numbers of homeless people seeking accommodation in the city. In the last six months, the numbers of homeless people applying for temporary accommodation rose from 1,334, to 1,872 – an increase of 40%.

The City Council's shortage of accommodation has meant that nearly 160 homeless people at a time are sleeping in B&Bs and hotels, with the taxpayer footing the bill.

By failing to supply enough beds, the local authority is not providing accommodation for the homeless in the way required by the law. The number of people let down by the council's failure to fulfil its legal duty has risen every month since April this year.

Shelter Scotland's head of policy and communication, Gordon MacRae, said that the charity has known for some time that the council is struggling to meet the demand for beds. He said: "Clearly, this is very concerning for people left without suitable support."

The shortage of beds in Aberdeen has been exacerbated by the blocking of plans to create a new hostel for the homeless at Aberdon House, reported in *The Pavement* in July.

Commenting on the situation, Aberdeen's Housing and Environment Committee convener, Aileen Malone, said that the demand for beds is greater in Aberdeen than in other cities. Councillor Malone said, "Because of Aberdeen's buoyancy, I think people come here looking for jobs. We expect it to continue to grow."

However, the council has recently put in place a number of initiatives to help meet the rising demand. Councillor Malone told *The Pavement*: "The Council will shortly open an additional Accommodation Unit which will accommodate 17 households. We are increasing our use of temporary flats from 180 to 300 by June 2011, and we are setting up a Private Sector Leasing Scheme in early 2011 which will provide access to up to 100 private sector flats in the first year."

Councillor Malone also emphasised that the council now prioritises the prevention of homelessness: "The Council is establishing a Prevention Team to assist potentially homeless people to find realistic alternatives. The Team will be able to provide support to tackle some of the underlying problems which

might lead to homelessness such as debt and substance misuse."

Staff

UK Housing Minister looks to Scottish example with squatters

Squatting is the act of occupying an abandoned or unoccupied building that the squatters do not own, rent or otherwise have permission to use. Housing Minister Grant Shapps has published an online guide for homeowners, aimed at preventing squatters "invading" their property. Mr Shapps says he is keen to end the "anti-social, undesirable and unfair" practice of squatting in England, Wales and Northern Ireland.

According to the law in England, Wales and Northern Ireland, squatting is regarded as a civil matter (a private dispute between squatter and homeowner), whereas in Scotland it is a criminal offence. Squatting was made illegal in Scotland as a result of the Trespass Scotland Act, passed in 1865. Jim, who lives in London and is a long-standing member of the Advisory Service for Squatters (ASS) explains: "The Act was passed after the clearances, to make sure the clearances worked and to make sure the people didn't come back. And now there's virtually no squatting in Scotland."

Research carried out by Edinburgh's Squatters' Rights Association (ESRA) confirms Jim's analysis, reporting that squats formed in Scotland tend to be broken up quickly and legally. Shelter Scotland warns on its website that "squatting is not an option in Scotland" and explains that the owner of lawful occupier of a property has the right to evict squatters without any notice or applying to the court for an eviction order. Squatters in Scotland also face a fine or even imprisonment.

Advocates of squatting have voiced concerns that policies and laws that oppose squatting could compound the problems of homelessness. Jim, from ASS, explained that the majority of people who squat in the UK do so out of necessity, rather than for political reasons: "What is important to understand about squatting here, which is very different from squatting everywhere else in Western Europe, is that mostly it's about housing—people being angry that they've got nowhere to live with buildings standing empty. It is far less overtly political, as in say Germany or Greece."

An investigation published by the Guardian newspaper earlier this year found that almost half a million homes are lying empty in the UK – enough properties to put a roof over the heads of a quarter of the families on council house waiting lists—and these figures do not even count commercial properties. Karley Sciortino, who has squatted in London for several years, said: "It's completely ridiculous to think that in this current state people in the UK are still homeless."

Amy Hopkins

Housing Bill heralded as a victory

When the Scottish Parliament passed Scotland's Housing Bill at Holyrood on Wednesday, 3 November, it signalled a victory for homeless people and those at risk of losing their homes.

Under new legislation, local councils will have to provide better access to support for families and individuals who are at risk of homelessness.

The reforms included in the new bill:

- Make specific reference to safeguarding and promoting the

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Email: mail@grdss.org

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interests of homeless people

- Strengthen the role of tenants, homeless people and other service users by imposing new duty of care regulations on housing providers
- Safeguard social housing for future generations by reforming the right to buy
- Ensure that tenants and taxpayers get better value from social housing by modernising how it is regulated
- Give ex-servicemen and women a fairer deal by allowing them to establish a "local connection" in the way that others can
- Improve the regulation of private sector landlords and the arrangements for tackling disrepair.

These new measures have been welcomed by homelessness organisations, especially at a time when government cuts threaten to increase debt, repossession and evictions.

Shelter Scotland, a leading housing and homelessness charity, has welcomed the new legislation, as it promises to give the vulnerably housed a much greater chance of protecting their tenancies. On the day the bill was passed, the charity tweeted: "A victory today for homeless people in Scotland. We're delighted!" The charity's director, Graeme Brown hailed the passing of the Housing Bill as "a fantastic result", not only for the homeless, but also for "those facing homelessness in Scotland".

On behalf of Shelter, Mr Brown said: "We congratulate the Scottish Parliament for its courage and strength in seeing this Bill through. The result will bring positive social and financial benefits through a significant reduction in repeat homelessness. We view this as progressive legislation which proves that Scotland has a pioneering approach to dealing with housing and homelessness issues."

At one stage, the passing of the proposal, which insists councils strengthen their support

of the homeless, looked likely to be blocked by a counter-amendment issued by Dunfermline MSP Jim Tolson of the Liberal Democrats. However, following protests on the streets of Dunfermline and after a coalition of charities wrote to Housing Minister Alex Neil, beseeching the government not to back the amendment, the Lib Dem MSP withdrew his objections, allowing the measure to be passed.

However, Scottish councils share the MEP's concerns about meeting the costs of the Access to Support policy. Councils have argued that the measure will cost £40 million a year, though Shelter Scotland calculates the overheads to be only a fraction of that.

There is also concern among local authorities that the measure could be counterproductive by causing homelessness in Scotland to rocket. A Convention of Scottish Local Authorities (Cosla) spokesman said: "It will impose a perverse incentive for households to fast-track to homelessness in order to access scarce services."

The Housing Bill has also legalised the end of the Right-to-Buy scheme. The reform of Right-to-Buy will prevent new social homes being sold. Mr Brown welcomed the measure as "an overdue provision which helps secure Scotland's housing stock in the future."

Amy Hopkins

New initiative to fund homeless accommodation

A recent innovative initiative devised by the Glasgow Rent Deposit and Support Scheme (GRDSS) is aiming to alter the way in which homeless accommodation provision is paid for. GRDSS is the longest running Rent Deposit Scheme across Scotland – it helps



David McCallum
Age at disappearance: 31

David, from Clydebank, Glasgow, went missing on 28 March 2003. Although David was last seen leaving his home that evening, his car was later found near Loch Lomond. Despite extensive searches and various possible sightings, including one of David in the Clydebank/Glasgow area towards the end of 2006, his whereabouts remain a mystery.

His partner and family are desperate to know that David is safe and well and urge anyone who may have seen him to get in touch. David can also contact the confidential service, **Message Home, on Freephone 0800 700 740** where he can leave a message that we can forward to his loved ones on his behalf.

David is 5ft 6in tall, of medium build with short dark brown hair and blue eyes. He has a 'smiley face' tattoo on his upper right arm.

If you've seen David please call the 24-hour confidential charity **Missing People** on Freephone **0500 700 700**
Email: seensomeone@missingpeople.org.uk



to provide homeless or potentially homeless households access to high-quality private rented accommodation across Glasgow by working in collaboration with landlords in the private sector.

Indeed, the support scheme currently works alongside 63 private sector landlords and provides tenancies for over 320 people each year. Since its formation 17 years ago, this highly dedicated charity has achieved a high success rate, with 82 per cent of clients continuing their own tenancy following withdrawal from the support services.

Recently, however, there has been a noted increase in the demand for the type of accommodation that the GRDSS is able to provide. Unfortunately, due to the recent economic downturn, Glasgow City Council – the principal funding agent for the charity – was unable to increase

the budget for the scheme, which effectively meant that the charity could simply not cater for as many clients as it wished to.

Anxious to meet the demand for a greater number of flats, and not fall foul of the council's budgetary restrictions, GRDSS created its own, unique method of paying for the expansion. In the last couple of years, the charity has established and begun an innovative partnership between the public, private and voluntary sectors to create a financial input allowing GRDSS to help more people per year by providing an increased amount of privately-let accommodation.

Essentially, this financial input from partner landlords is linked to each property used and the net result is that the unit cost to the city council reduces with every new private sector property utilised for a homeless person.

Significantly, it has proved to be a very cost-effective service.

The charity recently provided Glasgow City Council with a five-year strategic development plan which illustrated how the cost, per unit, of housing potential homeless people within the private rented sector can be reduced.

Ian Robertson, director of GRDSS said: "In light of the very recent budget reduction figures for local authorities announced by the Scottish government, we are anxious to accelerate our service expansion and consequent unit cost savings to the City Council. Indeed, we feel that there can be no reason why our initiative cannot be applied by other council's across Scotland and we have written to Alex Neil, Scottish Housing Minister, advising him of our initiative."

Mr Robertson, who strongly believes that the public purse

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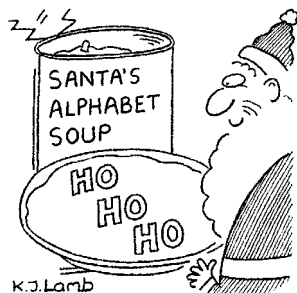
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will benefit from implementing the initiative added: "Surely the GRDSS model of reducing the unit cost to councils through the creation of a private, public and third sector partnership is exactly what the public purse requires at this moment in time."

Laura Blackley

- For further information about GDRSS and their services, please contact: **0141 550 7140**

Trump tightens grip on Aberdeenshire land

For over a year, *The Pavement* has been keeping readers up to date with the epic battle of American billionaire tycoon Donald Trump to build what he claims will be "the greatest golf course in the world" on a scenic and environmentally protected stretch of coastline in the north-east of Scotland.

A storm has been raging amidst the idyllic sand dunes of Balmedie. Local families have locked horns with Aberdeen's councillors, who have buckled under the pressure of Mr Trump's carefully orches-

trated media and legal campaign. In October 2009, homeowners in Aberdeen were dealt their first major blow as the local council refused to rule the issuing of Compulsory Purchase Orders (CPOs), which would force residents from their bought homes. The council had refused to even hold a vote about the motion, which added to the residents' disappointment.

In March 2010, a public exhibition unveiled detailed plans for the controversial £1bn resort, which Mr Trump hopes will include two golf courses, a hotel and residential village. To the dismay of the tenants, Mr Trump's plans assume the eviction of four families living on the edge of the Melnie Links estate. The aerial view of the proposed resort depicts a block of holiday flats standing where one of Melnie Links properties is currently situated, and shows another home being swallowed up by Mr Trump's golf course.

Mr Trump initially proposed to purchase 200 acres for an 18-hole golf course. However, his plans soon grew to encompass 1,400 acres, as a luxury hotel, 400 houses and an incredible 900 apartments were merged into the development. Mr Trump now insists that, without the additional 1,200 acres, "the whole project is likely to collapse."

Melnie Links residents now fear that Trump will use Compulsory Purchase Orders to force them from their homes to make way for his development. In response to the plans unveiled in the spring, Martin Ford, who is leading the opposition against Trump, said: "The question now is how long before Mr Trump renews his demands for compulsory purchase of residents' homes."

However, Sarah Malone, vice-president of Trump International Scotland, insisted: "Our position of compulsory purchase has not changed – it is an option of last resort within the Scottish planning process."

Despite Ms Malone's encouraging statement, Mr Trump's team of lawyers have subsequently found buried in Scot's law a legal loophole, known as a "quirk," which allows the Trump project to apply for planning permission on the contested land, while the residents still live on it. Mr Trump himself is leaning on his mother's Scottish roots as a means of legitimising his thrust for a game of pitch and putt.

A recent BBC documentary gave voice to the Aberdeenshire homeowners whose properties stand in the way of Trump's vision. Resident and former record producer of The Clash, Micky Foote, maintains that his recent stroke was a consequence of the ongoing battle for land. David and Moira Milne explained how they have spent 17 years nurturing a home that risks being swept aside to make way for Mr Trump's 18th green.

Another of the homeowners under threat is Michael Forbes, one of the last of the salmon fishermen on the bay of Aberdeen. The home that Mr Forbes shares with his elderly mother and describes as "paradise" has been described by the billionaire as untidy, while Mr Forbes himself has been dismissed as an "eccentric" timewaster.

Despite the seemingly bleak prospects for Mr Forbes and his neighbours, the residents of Melnie Links stand firm in their opposition to Mr Trump. David and Moira Milne are adamant: "the bottom line is, the bugger isn't getting it, that's all there is to it".

Anthony Walsh & Amy Hopkins

***The Pavement Scotland is delivered
by James Tait (centre) and the team at
FFWD Bicycle Messengers***



Contact them on 07717 640 410

News in brief

The homeless news from across the UK and the World

Councils call for fairer funding

London councils have called on the government to end the "unfair" allocation of homeless funding in the capital.

Enfield, Haringey and Newham said that the current system was "unfair and leads to major disparities between boroughs", adding that they were "dismayed" at plans to extend the system for another four years.

The three boroughs have some of the highest levels of homelessness in London, yet receive the lowest levels of government funding, they argued.

London has 37,900 households living in temporary accommodation, and despite housing 24 per cent of them, these councils receive just three per cent of the capital's Homelessness Grant.

Haringey's allocation of £200,000 is the equivalent of just £57 for each household living in temporary accommodation, according to the borough. This compares to more than £16,000 per household in the City of London, the councils said.

Just six London boroughs (including Westminster, Camden, and Kensington & Chelsea) receive 65 per cent of London's Homelessness Grant, despite accommodating just 18 per cent of the city's households in temporary accommodation.

Speaking on behalf of the three councils, councillor Claire Kober, leader of Haringey Council, said: "We are dismayed by the government's decision to continue with a homelessness grant funding regime that is neither fair nor based on any evidence of relative need.

"We cannot understand why the government is unwilling or unable to take into account the scale of each borough's homelessness problem when determining the amount of grant each London borough should receive," she said.

Garnet Roach

Canadian horror

A flesh-eating disease has claimed four homeless victims in Canada, prompting health authorities to issue warnings to shelters.

The four have appeared in casualty wards in Calgary over the last two weeks, but no one shelter has been identified as the source of the disease, so authorities have had to post bulletins to all local shelters in a bid to warn their customers of the symptoms. The alerts stress that anyone suffering from fever, muscle aches, vomiting or severe pain in any one area should seek immediate medical attention.

The disease, medically termed Group A streptococcus in its initial stages and then necrotising fasciitis as it turns into the flesh-eating disease, is easily transmitted from person to person and can be fatal.

Homeless people in the Canadian city have been advised on preventative measures such as hand washing and not sharing items that have been in other people's mouths.

Previous victims of the disease in the UK who have not managed to diagnose the disease in its early stages have had arms and legs amputated, and have had long stays in hospital.

Liza Edwards

Cut for revenge?

A London council has been accused of forcing the closure of a housing advice service because it had referred them to the Local Government Ombudsman.

Threshold Housing Advice (THA), based in Shepherd's Bush, closed in November after losing funding from Hammersmith & Fulham Council in July. However, rather than being the result of cuts in public spending, the Labour opposition claims that the reason was probably revenge.

In 2009, THA referred Hammersmith & Fulham Council to the ombudsman after it failed to house a pregnant victim of domestic violence in emergency accommodation. She was forced to sleep out in a park for four nights. As a result, in January 2010, the council was found guilty of "maladministration causing injustice." The ombudsman's report stated: "the standard of record keeping by housing officers in this case was so poor that it hindered the ombudsman's investigation of the complaint and fell so far below acceptable standards that it amounts to maladministration."

After the cuts made to THA, Cllr Stephen Cowan, leader of the Labour opposition, told the *Hammersmith & Kensington Times*: "It is hard not to reach the conclusion that the removal of all Council funding to that organisation is anything other than cold-hearted revenge." This charge was countered by Cllr Joe Carlebach, cabinet member for community care, who stated that the decision had been made after looking at all applications for funding and at the limited funds available.

Staff

Pressure against squatters increases

Housing Minister Grant Shapps has stepped up pressure against squatters, issuing guidelines to property owners about actions they can take and criticising organisations giving squatters advice.

The guidelines explain what a person can legally do upon finding somebody occupying their property and the limits of squatters' rights. They highlight that landlords can apply for an interim possession order that requires occupiers to move out within 24 hours.

"Squatting is anti-social, undesirable and unfair on homeowners who find they have their homes taken over," Mr Shapps told the *BBC*. "This government is not prepared to stand that situation continuing, and in particular we're keen to provide better advice for people who find that they are victims of squatters as well."

The Advisory Service for Squatters (ASS), an organisation providing legal guidance to squatters and homeless people, said Mr Shapps was scaremongering. Myk Zeitlin, a member of the organisation, said Mr Shapps's description of squatters was inaccurate.

"I have met some squatters who are anti-social, as I have tenants and homeowners," he said. "Squatting itself is not anti-social or undesirable, nor unfair. What is anti-social and unfair is the ownership of property that allows it to be left empty or used for anti-social activity when there is homelessness and other social need."

Mr Zeitlin said some people made a personal or political decision to become squatters because they felt the rents asked of them by landlords were too high.

Mr Shapps said the guidelines for landlords sought to counterbalance extensive advice offered to squatters. He criticised organisa-

tions such as ASS, saying these acted like estate agents and helped people take over others' homes. Mr Zeitlin said this was incorrect.

"We are not an estate agent, as we cannot find properties for people," he said. "We provide a service so that people know that it is legal in this country [and] can make the best decisions for themselves about whether to squat or not."

Nicholas Olczak

Cuts bite

Funding for homeless, drug and domestic violence services in London is under threat because of a change in the way money is allocated.

At present, councils across London pool £26.4 million to spend on these services across the capital. But the Government is considering "repatriating" the funds to individual councils. Consultation meetings have been taking place across the city, but a final decision is expected by December.

If funds are repatriated, projects – many of which were awarded contracts until at least 2012 – will be guaranteed backing only until April next year.

The move could threaten a key funding source for a number of services including the Nia project and Eaves Housing for Women, which support domestic violence victims, and the New Horizon Youth Centre, which supports 16–21-year-olds with multiple needs from almost every London Borough.

A key problem with the proposed change is that homeless people are often transient, moving from borough to borough, so a council-specific funding scheme would fail to reach them.

Also, victims of domestic violence often need to move away from an area at short notice, making it essential that services are accessible by all Londoners.

The Roma Support Group, a London Councils-funded project working with East European Roma refugees, has notified London Councils that it intends to apply for a judicial review. This would, effectively, see them challenge a decision to repatriate the London Councils funding as unlawful, and a judge would have to consider whether the process was fair or unfair.

According to the Women's Resource Centre, which offers advice and support to women's organisations, London Councils has already decided that it cannot guarantee funding for voluntary organisations beyond March of next year, partly because of the big cuts in central government spending announced in October's Comprehensive Spending Review.

Organisations such as the Scarlet Centre, a pan-London organisation that offers support for women, risk losing their funding and having to close, meaning a potentially vital service for at-risk women could disappear.

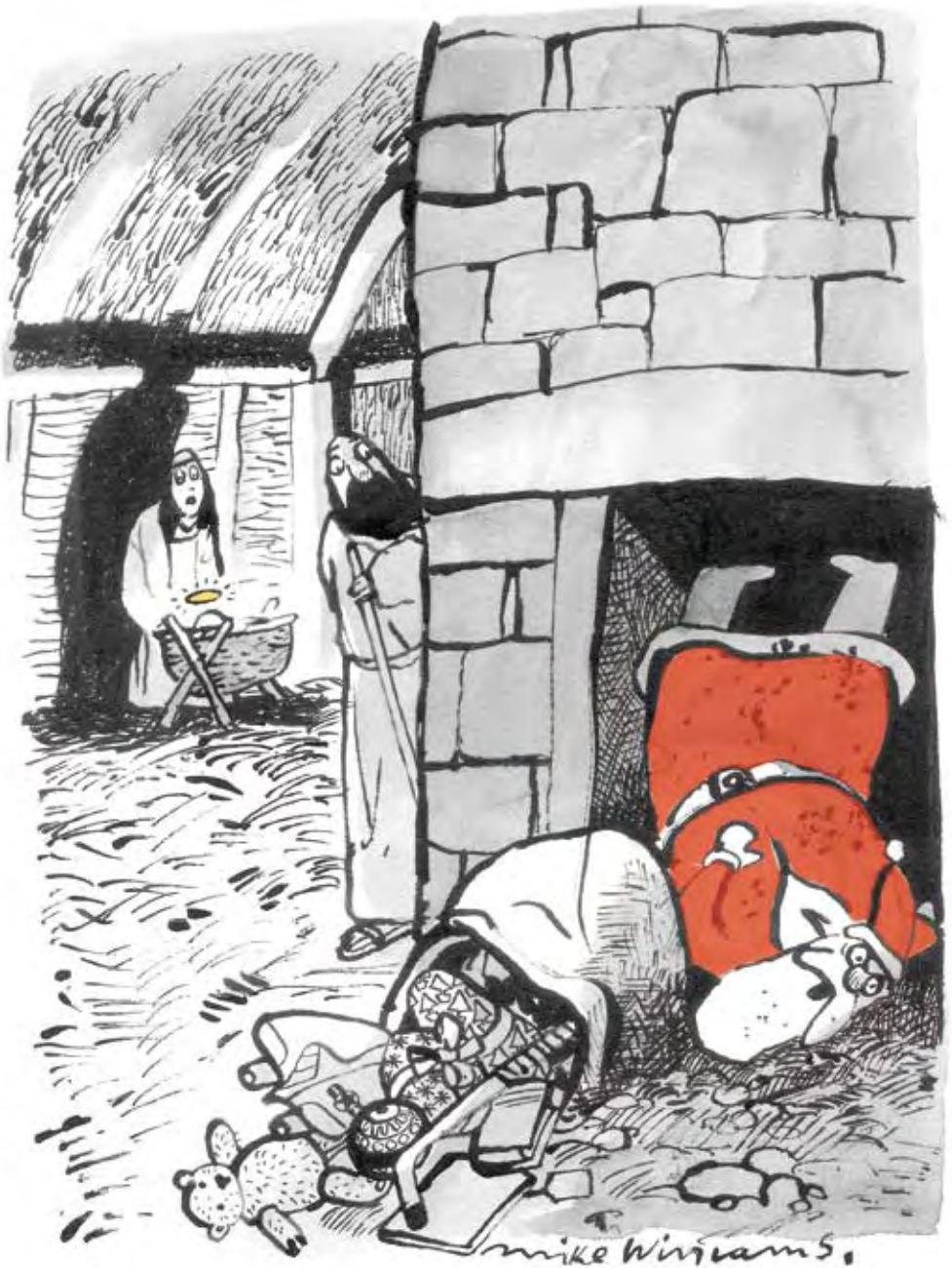
Joanna Goodbody, of the Scarlet Centre, said a change in funding arrangements would be a "devastating blow" to the centre, as councils tend not to prioritise women's support.

She is calling for individuals and partner agencies to support the centre's work by sending her an email of support, asking London Councils to commit to fund the valuable services that the centre provides for women. Her email address is: joanna.goodbody@eaveshousing.co.uk.

Rebecca Evans and John Ashmore

Folding housing

The urgent need for emergency housing has inspired some creative ideas in recent years from St



"Jesus!"



"I've been elf-harming again"



Patrick's Church Trust's 'pods' to the Dome Village in Los Angeles (see *The Pavement* *passim*).

Now North Carolina-based building designer Peter Anthony has designed a collapsible, lightweight emergency accommodation unit that can be air-dropped and assembled by two people in less than 30 minutes, using a single spanner.

Designed in response to the increasing number of natural disasters around the world, The Anthony Emergency Housing System (pictured above) could be deployed as temporary accommodation for people left homeless following disasters such as the earthquake in Haiti and floods in Pakistan.

However, it's not only countries struck by natural disasters that are in dire need of emergency accommodation. According to Homeless Link, who last year published a report entitled *Emergency Accommodation: A survey of provision in areas with no direct access hostel*, one in four areas in England has no emergency accommodation for single homeless people.

Cuts in public spending are likely to exacerbate the problem. Jo Ansell, chief executive of London homeless charity Providence Row, told the *East London Advertiser*: "The cuts will also mean more costly emergency accommodation. It costs over £400 per week to house one person in a hostel, and that bill looks set to rise."

With a mounting bill for emergency housing, politicians will soon be on the lookout for cheap alternatives that can rapidly implemented – perhaps something like The Anthony Emergency Housing System.

Carinya Sharples

Homeless checkout

Supermarket giant Morrisons plans to create 1,000 new jobs for homeless and vulnerable people over the next three years.

The first five employees joined the Harehills store in Leeds last month, after training through a pilot scheme with the company.

The initiative will now be rolled out across the country with the help of charities Create and the Salvation Army.

Gary Stott, deputy chairman at Create, said: "This is a real example of collaboration between social enterprise and corporate employers. We hope that Morrisons will be the first of a 'coalition of the willing' to see talent grow and lives change in every sector of society."

Morrisons said that it wanted to offer up to 10 per cent of jobs at new stores to vulnerable people, adding that former rough sleepers would receive three months of training before moving onto the shop floor.

Norman Pickavance, group HR director for Morrisons, added: "This initiative will help give disadvantaged people to get their lives back on track. We would encourage other British businesses to join us on this initiative."

Anyone interested in joining the scheme should either do so through the organisation which has supported them

into secure housing, said Create, or contact the charity at info@createleeds.org

Garnet Roach

£6m employment academy

Charity Thames Reach is to open a £6 million employment academy to help homeless and long-term unemployed people find work.

The academy will provide training and employment support to people in the boroughs of Lambeth and Southwark. There are also plans for a community café and a space for local groups to hold evening meetings.

In August, Thames reach bought the grade II-listed building at 29 Peckham Road, Camberwell, which will house the academy. It is currently being refurbished, with the help of £4 million from the Homes and Communities Agency.

Thames Reach's Jeremy Swain said: "This initiative is a remarkable collaboration involving the boroughs of Southwark and Lambeth, the HCA, the Mayor's Office and ourselves at Thames Reach. It represents [...] a beacon of hope for the many people wanting to develop the skills to get back to work."

If you're interested in making use of the new facility, you'll have to wait – the academy is due to open in December 2011.

Carinya Sharples

Poncho continues

The practice of 'hot-washing' by the City of London Corporation under Operation Poncho appears to have picked up steam once more – despite the recent fall in temperature.

Ignoring criticism from homeless charities and advocacy group, the police are still moving on rough sleepers in the night and washing down the areas where they have been sleeping. This policy runs in conjunction with the Corporation's outreach work (the contract fulfilled by Broadway).

According to the City of London's website, Operation Poncho is designed "to reduce begging and vagrancy within the City of London by ensuring that those involved received support from drug and welfare agencies."

There is concern the teams may simply be forcing people elsewhere by washing down the areas they have been sleeping. Depending on police availability, they go out in the evenings between 9pm and 1am roughly once a week.

Alison Gelder, the director of Housing Justice, paid tribute to the work done by the City of London with housing homeless people, but said she worried about the potential to disrupt vulnerable rough sleepers.

"They've done some amazing work helping people who've been out for a long time. Helping people to find somewhere indoors to sleep is really good, but disrupting them when there's no service available doesn't seem to be an ethical practice."

She said she would be "dismayed" if the police and outreach teams were actively disrupting people's sleep.

Asked whether the washing down was simply to clean the area or to discourage people from sleeping there, Ms Gelder said: "I think it's got a dual purpose".

Another council which had been involved with hot-washing in the past is Westminster; however, they said this was no longer the case.

John Ashmore

Santa on the street

A former rough sleeper is spreading seasonal cheer to homeless people in Croydon.

Chris Collins is collecting toiletries, radios, old phones and warm clothes from residents of the South London borough, which he'll then hand out to those on the street every Thursday up until 25 December. Thirty-nine-year-old Mr Collins, who is looking for volunteers to help him in the evenings, decided to do this having been homeless himself in 2007. If you can help with time or donations email christophercollins_810@hotmail.com.

Staff

Canadian police found guilty of misconduct on homeless

Two Canadian police officers who rounded up local homeless people and drove them around in a hot van for over an hour have been found guilty of misconduct, according to local paper *The Edmonton Journal*.

The two officers, of Edmonton in Canada, were charged with one count of discreditable conduct and two of insubordination in a police disciplinary hearing.

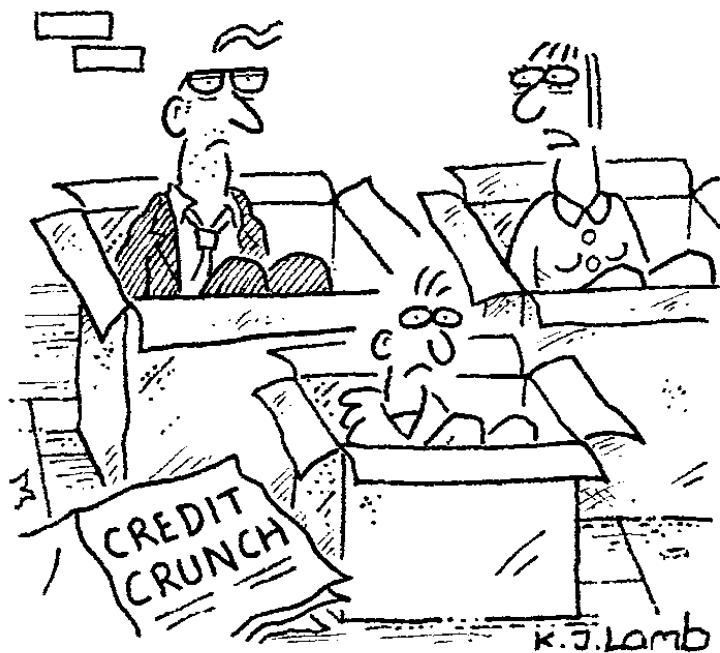
They were found to have broken with police policy by transporting a higher than acceptable number of homeless people, failing to take notes, and not leaving the passengers at a residence or with a responsible person.

"There was no justification for these actions, either in law or in police policy," said Calgary Police Inspector Paul Manuel, who presided over the hearing.

The *Edmonton Journal* reported that during the disciplinary hearing, the two officers testified that they had picked up a group



McLACHLAN



*"When you said we were getting
a 'box set' for Christmas..."*

of around six people with opened and unopened bottles of alcohol.

Manuel said that moving homeless people into downtown shelters on busy weekend nights was routine police practice. But he said the officers collected more people than their van could properly hold.

"Nine people were placed in the patrol wagon that has a reasonable capacity for six," he told the *Edmonton Journal*. "[This] would create uncomfortable conditions in the van."

Erika Norheim, a lawyer representing several of those involved in a civil lawsuit, said the decision demonstrated that all citizens had rights that protected them from this kind of mistreatment.

"These are highly vulnerable people that can be easily taken advantage of in a way that many other members of society could not be," she told the *Journal*.

"It was clearly wrong... These individuals were not properly dealt with, so there is a victory in the sense that that was recognised by the decision."

Nicholas Olczak

Bumfighter turns life around

A homeless man who starred in one of the first ever Bumfight videos has turned his life around and got off the streets.

Rufus Hannah (pictured below and overleaf), 55, became infamous in 2001 when a video of him riding in a shopping trolley down concrete steps, running head-first into walls and punching his best friend went global.

The father-of-five – who at the time was an alcoholic – was paid \$5 to perform the degrading stunts, which including him getting a tattoo with the words 'bum fight' on his knuckles.

But since then he has transformed his life, having been sober for eight years, re-married and got a job working full-time as a property manager. He is also a campaigner for homeless rights. Speaking to the *San Diego Union-Tribune*, he said: "I always thought dying on the street would be my fate."

Bumfights was a US film series that showed homeless men fighting and attempting amateur stunts in exchange for money, alcohol and other incentives. Homeless groups across America condemned the videos, and said they "disseminate hate against the homeless and dehumanise them."

Stunts Rufus performed for the videos included riding a shopping cart down a flight of stairs, ramming his head into steel doors so hard that he now suffers from epilepsy, and beating up his homeless best friend, army veteran Donnie Brennan, so badly that his leg was broken in two places.

Mr Brennan was paid to have the word 'bumfight' tattooed across his forehead.

The videos' makers were eventually convicted of several charges, including the soliciting of felonies, and they were sentenced to six months in prison. The producers also paid an "unspecified" amount in damages to the pair.





Photography by K CALfreds, San Diego Union-Tribune © 2010

Mr Hannah, of Swainsboro, Georgia, became homeless and an alcoholic after being discharged from the army because of an injury.

He is worried that Bumfights contributed to the sick trend of homeless bashing, where people attack rough sleepers and film it. Last year, 43 homeless people were killed in America, up from 27 the year before.

Mr Hannah now works with state and federal legislators to pass hate-crime legislation that would increase the penalties for those convicted of attacking the homeless – and hopes to one day to get his tattoo removed from his knuckles (pictured above).

Rebecca Evans

• Thanks to the *San Diego Union-Tribune* for the photographs

Faith in humanity

A good story appeared in November, which reaffirms our faith in humanity: a homeless man in the US state of Arizona found a backpack containing thousands of dollars in cash, and returned it to its owner.

Dave Talley, of Tempe, Arizona, found \$3,300 in a bag behind a railway station. Homeless after losing his home through drug addiction several years ago, Mr Talley had been tempted to keep the cash, but told local broadcaster *KNXV-TV* that “not everyone on the streets is a criminal. Most of us have honour and integrity.” Having used a local day centre to help him track down the owner of the backpack, student Bryan Belanger, it was returned. Mr

Belanger, who had the cash to buy a car, told the local news: “It really is a lesson to keep your faith in people.”

Staff

Heroin ‘drought’ alert

Drugs addiction teams across the UK are on alert with a spate of heroin overdoses in November, caused by a shortage of the drug.

A fungus blighting the Afghan poppy crop has resulted in a massively reduced supply of heroin, leading to dealers ‘cutting’ the drug with other, often dangerous, substances.

Staff



STREET SHIELD

CHAPTER 19

ANSWERS!

AT THE BUS STATION.

THERE'S YOUR MAN!
WAITING FOR THE FIRST
BUS IN THE MORNING!

HE SAYS HE'S HEADING
OUT OF TOWN FOR THE
WINTER!

THANKS FOR
LETTING US KNOW.
WE CAN PUT HIS MATE'S
MIND AT REST.

JIM SAID YOU'D GONE MISSING.
HE WAS WORRIED.

ARE YOU HEADING
OUT OF TOWN...?

YUP. I'M
AFRAID SO...

...AND HERE
COMES MY
LIFT!



HELLO, NICK.
IT'S BEEN
A WHILE

THIS IS MY MATE -
STREET SHIELD!

HI!



AH... I'VE HEARD OF YOU!

KEEP UP THE GOOD
WORK, SON. WE STILL
NEED YOU.

THANKS. I'M GLAD
TO HELP IN ANY WAY
I CAN.



PLEASE GIVE MY COAT
TO JIM AND TELL HIM
I'LL BE AWAY FOR
A FEW WEEKS!

MERRY
CHRISTMAS
TO YOU ALL!

STREET SHIELD
WILL BE BACK
WITH A NEW
ADVENTURE
IN FEBRUARY!

Health and wellbeing

The Pavement's health team – a podiatrist and a nurse – aim to help keep you well

Cold feet in 2011

"January brings the snow, Makes our feet and fingers glow" starts the poem about the months and seasons. January certainly brings the snow if November and December haven't already brought some, and February and March often help out with a snow delivery too. Glowing feet are not such a good thing, though...

The 'glow' is often our circulation responding to the external temperature. Foot circulation is tricky at the best of times. Smoking, drinking, certain prescription and street drugs, and problems with diet can lead to bad circulation, as can conditions such as diabetes. Mix this with the drop in external temperature we get in the UK every winter, and your feet can be at serious risk. It isn't always easy to achieve, but the best thing you can do for your feet during the winter months is to aim for a constant temperature. But how?

Outdoors

If possible, stay indoors when the temperature really drops. Limit the amount of walking you do on pavements or hard surfaces, which grab the cold, store it and transfer it back to you. Grass and bark are more insulating, so if you're walking through a park, choose the grass. And if you have to go out, walk, don't stand. Standing reduces your foot and core temperatures more; but if you have to stand, either stamp your feet and wiggle your toes from time to time or stand on cardboard. If your Granny told you to wear a hat "as most of your heat leaves through your head", she was

onto something: wear a hat, if you have one, to preserve heat and yes, keep your feet warm via your head!

Put layers between you and the ground. Try to get shoes with thick soles that will lift you off the cold ground and insulate the soles of your feet, and wear socks. Two thinner pairs can sometimes be warmer than one thick pair, but keep them dry.

The ever-popular UGG-style boots from the high street stores may at first seem like a good winter option. That soft fluffy-furriness will keep you cosy, but it doesn't offer much support, which some people need. Combine that with an easily worn sole and (in the 'copycat' UGGs) not much waterproofing, and they won't be a long-lasting solution to cold toes. Leather lace-up walking boots with thick gripping soles are a good option, if you can get hold of them. Deep snow may come in through the top, in which case wellies may be better. However, we don't get that much really deep snow (we hope!), so walking boots should provide enough protection for most of the year.

Indoors

Coming in from the cold is usually a nice feeling. When you move from the harsh frosts, cold winds and snow into a more pleasant environment with warmer floors, the temptation is to remove your shoes and socks, and put your feet near a fire or radiator to warm them. It's tempting, but don't do it! It confuses the circulation to your feet: the small vessels that deal with heat and cold can't cope with going from cold to warm in a few seconds. You may end

up with chilblains or itching in your feet, or a 'glow' that could cause you pain and discomfort.

Slippers are not the most fashionable type of footwear, and I cannot really ask you to wear them when I don't... (I'm not a fan – too many traumatic memories of getting them for Christmas when I wanted a Barbie.) Slippers don't have to be tartan, as many are here in Scotland (it's not a cliché – tartan slippers are a common Christmas present!) or even furry (as most are, one way or another), but a soft pair of indoor shoes can be useful. I use Croc-style shoes as substitute slippers. They cushion and insulate without making the feet too hot, and you can wear them into a communal shower area and then dry them. If you have only one pair of shoes, take them off to dry them when you get indoors, but wear thicker dry socks inside. If you have a range of shoes, keep your most waterproof ones for your 'outdoor' shoes and a softer, breathable pair for 'indoor'. The room should be warm, not your feet, so don't stick your feet next to the heat source.

And don't worry: it isn't long until spring.

Evelyn Weir

Lecturer in podiatry
Queen Margaret University
Edinburgh

Getting it off your chest

Coughs and colds are common over the winter and for most of us will be only a fairly minor and inconvenient illness. Chest infections are more serious and are more common over the winter months.

There are two main types of chest infection. Acute bronchitis, the most common and less serious, occurs when the lining of the air tubes in the lungs (the bronchi) become infected. The infection usually follows a virus and can come after a bout of the cold or flu, but smoking increases your chances of getting it. Coughing and wheezing are the most common symptoms. Acute bronchitis will often go away after seven to 10 days, and medical treatment is not always needed. Over-the-counter painkillers and cough medicine can relieve symptoms, but ask a pharmacist for advice. Drinking lots of non-alcoholic fluid also helps – your body uses more fluid if you have a cough and fever. Being properly hydrated will also keep the mucus in your tubes thin and easier to cough up. Try to sleep propped up rather than lying flat. However, if your symptoms are severe or don't go away after a few days, visit a doctor for advice.

With pneumonia, which is more serious (particularly if you are run-down or an older person), the infection is likely to be deeper in the lungs. If you sleep outdoors and you suspect you have pneumonia, get medical help as soon as you can. The symptoms include feeling unwell, chills, a temperature, chest pain and coughing up phlegm or blood. If you think you have pneumonia, you must visit a doctor as soon as possible. Pneumonia can usually be treated with a course of antibiotic medicine, though if you are very unwell, you may be admitted to hospital. Remember: if you are given antibiotics, you must finish all the tablets, even if you feel better.

You can pass acute bronchitis and pneumonia to other people by coughing and sneezing, so remember to cover your mouth, wash your hands and throw away any used tissues.

If you have longer-term breathing problems (you may often feel short of breath, have a cough or



wheeze that won't go away, or feel a tightness in your chest), you may have a condition such as asthma or COPD (Chronic Obstructive Pulmonary Disease). If you have any of these symptoms and they don't go away on their own, then you need medical treatment. The only way you can treat these conditions is by seeing a doctor and getting a proper diagnosis.

Before antibiotics were invented, tuberculosis (TB), an illness that affects your lungs, killed millions of people in the UK. It's a growing global health problem, but still a lot less common here than it once was. Most adults will have received the BCG vaccination as children – look for the scar on your upper arm. It's treatable, but it's a very serious disease. The symptoms are coughing, weight loss, night sweats, a fever that comes and goes, and coughing up blood. Close contact with someone who

has TB or comes from a country where TB is still common is risky. If you are worried about TB, seek medical advice immediately.

All of the above can happen to you whether you smoke or not, but, being a smoker makes you much more likely to get chest illnesses. Your symptoms will be worse and your recovery slower. If you feel ready to stop smoking, you can get support from a doctor, practice nurse or pharmacist. If you're not ready to quit, at least try and stop or cut down until your chest infection has been treated. If you don't smoke and have a chest infection, avoid breathing in other people's smoke. Good health,

Flo

- To put a question to our nurse, email: flo@thepavement.org.uk or write to the address on page 3

HOMELESS CITY GUIDE



squat



empty building



dangerous neighbourhood



danger



guard dogs



an attack happened here



good place to drink / smoke



unfriendly place



friendly place



soup run (with rating)



strong police presence



potential for work



good food thrown away here



safe for sleeping



message board x mins that way



security guard



you'll get moved on here

step 1



step 2



MAKE YOUR MARK AND HELP OTHERS TO READ THE CITY

Make non permanent marks to keep the system up to date and stay within the law.

Glasgow Rent Deposit and

Support Scheme

3rd Floor, Crowngate Business Centre, 117 Brook Street, G40 3AP
0141 550 7140
Mon-Thurs: 9am-4pm; Fri: 9am-3pm
AS, BA, C, H, IT, TS

Glasgow Women's Support Project

See Telephone Services Glasgow

SAY Women Accommodation Project

3rd Floor, 30 Bell St, G1 1LG

Provides support and counselling

to young women aged 16 – 25 who are homeless or threatened

with homelessness and are

survivors of rape or sexual abuse

AS, C, SH

TELEPHONE SERVICES

Community Legal Advice

Nationwide
0845 345 4 345
www.communitylegaladvice.org.uk

Mon-Fri: 9am-8pm;

Sat: 9am-12:30pm

Free, confidential service, offering specialist advice on housing,

benefits, tax credits, debt etc.

Domestic Violence Helpline

0808 2000 247

Frank

0800 776 600

Free 24-hr drug helpline

Get Connected

0808 808 4994

Free advice for young people

(1 pm – 7 pm daily)

Job Centre Plus (benefits agency)

To make a claim

0800 055 6688

For queries about existing claims

For Income Support, Jobseekers

Allowance or Incapacity Benefit

0845 377 6001

For Social Fund enquiries

0845 608 8661

For the Pensions Service

0845 60 60 265

Message Home Helpline

0800 700 740

24 hrs daily

National Debtline

0808 808 4000

Runway Helpline

0808 800 7070

Free line for under-18s

who have left home

08457 90 9090

The Samaritans

SANLine

6 – 11 pm

0845 767 8000

Out-of-hours helpline for those

affected by mental health

0808 800 4444

Housing info and advice

8am-8pm daily

UK Human Trafficking Centre

0114 252 3891

TELEPHONE SERVICES

EDINBURGH

Edinburgh City Mission

Counselling and crossline helpline

0845 658 0045

Providing a listening service

for anyone in emotional crisis.

Also offers face-to-face coun-

selling by appointment

TELEPHONE SERVICES GLASGOW

Glasgow Street Service

0800 027 7466

Mon-Thurs: 8am-11 pm; Fri: 8am-

5pm; Sat: 8am-3pm; Sun: 4-11 pm

Street outreach team partner-

ship between Simon Community

Glasgow and Barnados Scotland

Glasgow Women's Support Project

31 Stockwell Street, G1 4RZ

0141 552 2221

Mon, Tues, Thurs, Fri: 10am

- 4.30pm; Wed: 2 - 4.30pm

Information, advice and initial

support for women who have

experienced sexual abuse

WEBSITES

Mental Fight Club

A creative/arts site for those

with mental illness.

uk.geocities.com/ygabriele-

jenskinson@btinternet.com/

The Pavement Online

Soon to have an online version of

The Other List, which will soon be in

several translations to download.

www.thepavement.org.uk/

services.htm

Proud to be mad

A campaigning site for those

with mental illness

www.proudtobemad.co.uk

Sock Book

An 'e-shelter', with a large

directory of services.

sockbook.referrata.com

Stonewall Housing

Addresses the housing needs of les-

bians and gay men. Provides tempo-

rary, supported housing for 16 – 25

years old lesbians and gay men.

www.stonewallhousing.org

Streetmate

An independent site with sub-

stantial information on housing,

working and learning, built for

those homeless who use the

internet and want to do-it-them-

selves as much as possible.

www.streetmate.org

WEBSITES EDINBURGH

Homeless Edinburgh

A comprehensive website contain-

ing information about services

in Edinburgh including hostels,

advice and support centres. Also

has information on over 8,000

services outside Edinburgh

www.homelessedinburgh.org

WEBSITES GLASGOW

Homeless Information Pages

Glasgow

Lots of useful information

and advice on homeless serv-

ices in and around Glasgow

www.hipinglasgow.com

Missionaries of Charity
18 Hopetoun Crescent, EH7 4AY
0131 557 8219
Every day except Thurs:

Little Sisters of the Poor
43 Gilmore Place, EH3 9NG
0131 229 5672
Every day 1 - 2pm and 6 - 7pm

Jericho house
53 Lothian Street, EH1 1HB
0131 225 8230
Suns: 10am - 2pm; Weds
and Thurs: 6 - 7:30pm
CL, FF, P

Grassmarket Mission
79/3 Grassmarket, EH1 2HJ
0131 225 3626
Mon: 7 - 9pm; Tues: 6 - 7pm;
Wed: 1 - 4pm; Fri: 1 - 4pm;
Sat 9 - 10:30pm
AC, FF, P

Carubber's Christian Centre
65 High Street, EH1 1SR
0131 556 2626
Suns: 8 - 9am

Care Van
Bethany Christian Trust's soup
run in Edinburgh city centre
364 evenings a year
FF

Calton Centre
121 Montgomery Street, EH7 5EP
0131 661 5252
Tues: 6 - 8:30pm

Barony Contact Point
101 High Rigg, EH3 9RP
0871 700 7777 / 0131 622 1867
Tue: 10:30am - 4pm;
Thurs: 10am - 1pm, FF, P

EDINBURGH SOUP KITCHENS & SOUP RUNS

A, D, FC, MH, MS, P, SH
team based at this address
addiction and mental health
with them. There is also an
and want someone to go along
have hospital appointments
provide support for people who

3.45 - 4:30pm
FF, P

St George's West
58 Shandwick Place, EH2 4RT
0131 226 2428
Mon - Sat: 9am - 3pm
FF, P

Soup Van
Every night: 9 - 9:45pm
Runs from Waverley Bridge to
Grassmarket and North Bridge
(Tue - Fri they have woodwork, art,
gardening and textiles 10am - 4pm)
ET, FF, P

RUNS GLASGOW SOUP KITCHENS & SOUP

Balvicar Street
642 8QU
Thurs: 7 - 9pm
FF, P

Cadogan Street
Glasgow G2 7AB
Runs at these times:
Suns: 9 - 10pm; Mon: 7.30 -
9pm; Tues: 8:45pm - 12:30am;
Wed: 9 - 10pm; Fri: 8 - 9pm
FF, P

Rokpa Glasgow
Kagyur Samye Dzong
The Tibetan Buddhist Centre
7 Ashley Street, G3 6DR
0141 332 9950
FF, P

St. Columba's Church
St. Vincent Street, G2
Suns: 7.30 - 9pm
FF, P
Thurs & Sun: 8pm - 9pm

St. Simon's Church
Dunskin Street, G11 6PG
Suns: 1.30 - 2:30pm
FF, P

Waterloo Street
G2
Thurs: 10pm - 12am
FF, P

GAMH Homeless Support Project
123 West Street, G40 1DN
0141 554 6200
Mon - Fri: 9am - 5pm
(4:30pm on Friday)
Practical support and advice
for homeless people in Glasgow
with mental health problems.
Phone, write or just drop in
C, MH, P

SPECIALIST SERVICES GLASGOW

Streetwork UK - Womens Services
4 Bellevue Street, Edinburgh
0131 467 2023
Mon, Tue & Thurs: 1-4pm
Drop in for women
AD, AC, BA, CA, DA, ET
LA, OL, OB, P, SH, TS

Streetwork UK - Out of the Cold
2 New Street, Edinburgh
0131 556 9756
Working with people over 50
years who are or have been
homeless / housing crisis
AS, AD, BA, DA, H, LA, OL, OB, P, TS

Streetwork UK - Out of the Cold
2 New Street, Edinburgh
0131 556 9756
Working with people over 50
years who are or have been
homeless / housing crisis
AS, AD, BA, DA, H, LA, OL, OB, P, TS

EDINBURGH SPECIALIST SERVICES

Support in Mind Scotland
(formerly the National
Schizophrenic Fellowship)
6 Newington Business
Centre, Dalkeith Road Mews,
Edinburgh, EH16 5DU
0131 662 4359
Mon-Fri: 9am-4pm
Support and action for people
affected by mental illness
(including friends and carers)
MH
www.supportinmindscotland.org.uk

DRUG / ALCOHOL SERVICES

Drinkingline Scotland
Freepost, PO Box 4000, G3 8XX
0800 7314 314
Advice and info for people with alcohol problems or anyone concerned about alcohol misuse
A, C

DRUG / ALCOHOL SERVICES

Castle Project
2 Craigmillar Castle Road, EH16 4BX
0131 661 5294
Mon - Thurs: 9am - 4.30pm;
Fri: 9am - 4pm
D, NE, OL, OB, P, SH
www.castleproject.org.uk

DRUG / ALCOHOL SERVICES

Alcohol Focus Scotland
166 Buchanan St, Glasgow
0141 572 6700
Call-in, phone or email: Mon - Thurs:
9am - 5pm; Fri: 9am - 4.30pm
A, C, ET, P

Breakthrough

James Duncan House, 331
Bell Street, G4 0TJ
0141 552 9287
A joint health and social work project offering services to people with drug and alcohol problems. It also incorporates methadone prescribing.
A, C, D, MS, NE, P

Cocaine Anonymous Scotland

0141 959 6363
www.cascotland.org.uk
Helpline offering help and support to those with or recovering from an addiction. Also offer meetings and literature on addictions
A, AD, C, D

Drug Crisis Centre

The West Street Centre, 123 West Street, G5 8BA
0141 420 6969
www.turningpointscotland.com
24hr service offering information and advice to those who abuse drugs. Also residential drug rehab program: Family support unit operates on this site. D, NE, P

EMPLOYMENT AND TRAINING

EDINBURGH

Bethany Christian Trust
65 Bonnington Road, EH6 5JQ
0131 625 5411
Community Education programme with a range of courses aimed at giving skills to get back into work or volunteering. FF

Bethany Christian Centre (Men only)

6 Casselbank St, EH6 5HA
0131 554 4071
For homeless or vulnerable men with alcohol or drug problems who wish to take part in a work training programme
www.bethanyct.com
CA, ET, P

EMPLOYMENT AND TRAINING

GLASGOW

Glasgow Simon Community - Resettlement Training Service
12 Commercial Road, G5 0PQ
0141 420 6105
Mon - Fri: 9am - 4pm
Runs short courses that help people look at their choices, rights and opportunities in settling down. Open to anyone over 16. Courses are organised on a rolling programme and run between 10am and 4pm
www.glasgowsimon.org.uk
C, ET

Emmas Glasgow

101 Ellesmere Street, G22 5QT
0141 353 3912
www.emmasglasgow.org.uk
Provides accommodation and work for homeless people
AS, CL, ET, P, TS

ENTERTAINMENT & SOCIAL

EVENTS

tbcb

EX-FORCES

AWOL?

Call the 'Reclaim Your Life' scheme 01380 738137
All men and Families Association: Mon - Fri: 9am - 10am
Has two GPs and a team of nurses and office staff who also run clinics at some hostels. Appointments not necessary. They also

ROYAL BRITISH LEGION

Ring the Legionline to see how they can help ex-service-men and ex-servicewomen
08457 725 725
0800 169 2277
Free help and advice for veterans and access to dedicated one-to-one welfare service
www.veterans-uk.info

EX-FORCES EDINBURGH

Whiteford House
53 Canongate, EH8 8BS
0131 556 6827
Ring first
Mon - Fri: 7am - 5pm
Accommodation for homeless ex-service men and women, including ex-merchant mariners. Can accept married couples
P

JOB CENTRE PLUS

See Telephone Services for helplines

MEDICAL SERVICES EDINBURGH

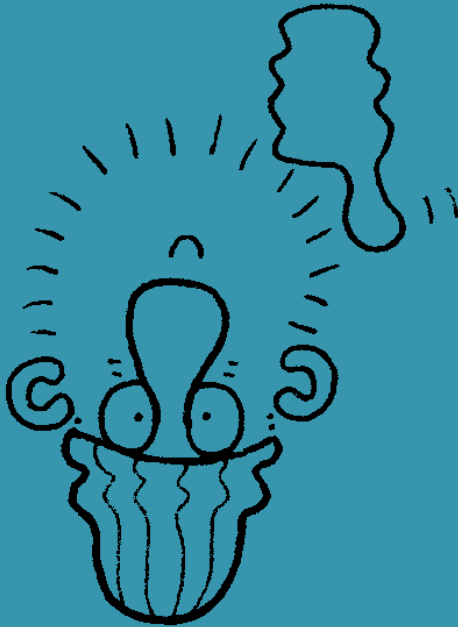
Edinburgh Access Practice

(Cowgate Clinic)
20 Cowgate, EH1 1JX
0131 240 2810
Mon, Wed - Fri (closed on the morning of the third Wednesday of the month): 9am - 12.45pm, 1.45 - 5pm; Tues 9am - 12.45pm
Health service for homeless people, including a general nursing and treatment room, mental health care, 10 GP sessions a week, as well as dental services two mornings a week. Also provides a chiropody service, occupational therapist, clinical psychologist and psychiatrist. A clothes exchange is available too
A, DT, D, FC, MS, MH, P, SH

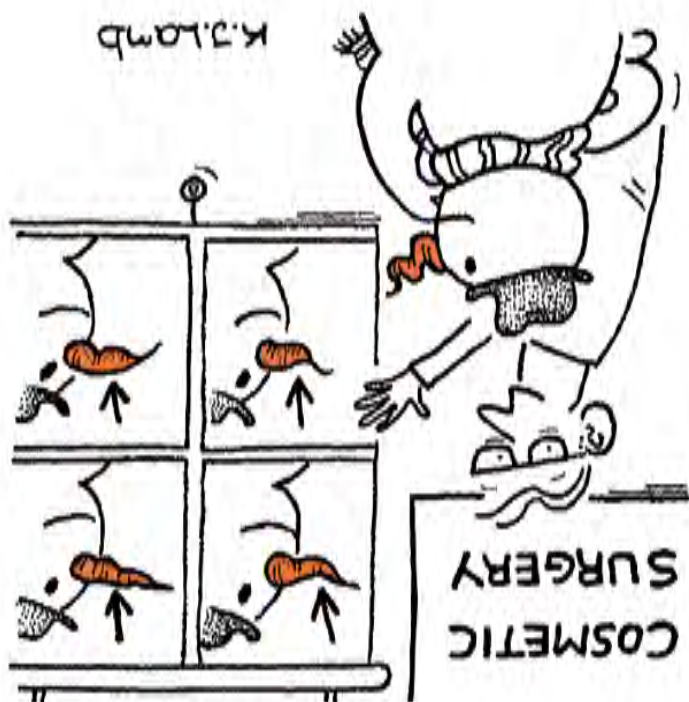
MEDICAL SERVICES GLASGOW

The Physical Health Care Team
55 Hunter St, G4 0UP
0141 553 2826
Mon - Fri: 1 - 5pm
Has two GPs and a team of nurses and office staff who also run clinics at some hostels. Appointments not necessary. They also

www.thepavement.org.uk



**You can read the news,
keep informed & search
our directory of services
@ online**



Randolph Crescent Hostel
2 Randolph Crescent, EH3 7TH
Supported accommodation for single men and women from Lothian and Edinburgh Abstinence Programme (LEAP)
0131 220 1607
Referral from LEAP on: 0131 456 0221
p

Salvation Army – Ashbrook
492 Ferry Road, EH5 2DL
0131 552 5705
Single homeless people who are eligible for housing benefit
www.salvationarmy.org.uk
p

Men

Gowrie Care – Caledonia House
Gilmore's Close, Grass-market, EH1 2HD
0131 220 5078
www.homelessedinburgh.org
p

Women

Cranston Street Hostel
2 Cranston Street, EH8 8BE
0131 556 8939
Temporary registered accommodation for single homeless women. Although the maximum stay is six months this can be extended under certain conditions
www.homelessedinburgh.org
p

Number Twenty
20 Broughton Place, EH1 3RX
0131 557 1739
Young single homeless women aged 16-21 with support needs. Ring first (8am - 11.30pm every day)
Young people (16-25)

Open Door Accommodation Project
7-12 Adelaide Street, Livingston, EH54 5HG
01506 430221
Young single homeless people aged 16-21 with a local connection to West Lothian
Ring first (8am - 8pm daily)
www.odap.org.uk
p

Rock Trust
55 Albany St, EH1 3QY
0131 557 4059
Various activities and services for 16-25 year olds, including drop-ins, one-to-one sessions and Night Stop on referral.
www.rocktrust.org
p

Stopover (Edinburgh)
40 Grove Street, EH3 8AT
0131 229 6907
Young single homeless people aged 16-21 with a range of support needs
www.foursquare.org.uk
p

DIRECT ACCESS HOSTELS/ NIGHTSHELTERS GLASGOW

All with low-support needs

Salvation Army – Hope House
14 Clyde Street, G1 5JW
0141 552 0537
Referral by Glasgow City Council only
A, AS, BS, F, P

Laurieston Centre
39 South Portland Street, G1 9JL
0141 429 6533
Open office hours only
A, AS, BS, F, P

Simon Community – Castlemilk Men's Accommodation Project
86-88 Arnprior Road, Castlemilk, G45 9HE
Offers a group-living model of supported accommodation to men who have experience of long term homelessness and are committed to addressing addiction issues. Possibility of continuing support after moving into own home. Referral from social work or similar agency is required, accepts men from all over Glasgow
0141 631 1798
www.glasgowsimon.org

Talbot Association – Kingston Halls Direct Access Hostel
344 Paisley Road, G5 8RE
0141 418 0955
Referral by Glasgow City Council only
BS, C, DT, ET, F, H, L, MS, MH, P, SH

Women

Govanhill Women's Project
14 Polmadie Street, G42 0PQ
0141 423 5599
Works with single homeless women aged over 25 from the Glasgow area. The project is not suitable for women under 25 or those wanting to be accommodated with a partner or with children in their care. Ring first

Young people

Council for Homeless Young People (CHYP)
171 Wilton Street, G20 6DF
0141 945 3003
Details at
www.youngscrossha.org.uk
Residential support for youngsters and young, single homeless people
p

Quarters Stopover
189 Pollockshaws Road, G41 1PS
0141 420 3121
For young people 16-25. Accommodation is on the upper levels of a four-storey building so not suitable for people with physical disabilities
A, C, D, ET, H, P
www.quarters.org.uk

The Mungo Foundation – London Road Project
1920 London Road, G32 8XG
0141 778 1184
Works with 16-25 year olds who cannot access mainstream accommodation. (Open 24 hrs)
www.themungofoundation.org.uk

Turning Point Scotland – Link Up
112 Commerce Street, G5 9NT
0141 420 1929
A direct access service for homeless people in crisis as a result of mental health, drug, or alcohol problems
A, AS, AD, C, D, FC, MS, P
www.turningpointscotland.com

1.30-4pm; Fri: 1.30-3pm
Emergency assistance outwith
office hours phone 0800 731 6969

ADVICE SERVICES GLASGOW

GENR8 Action for Children (16-24)

Westwood Business Centre, 69
Aberdull Road, G34 9HJ

FF

(men only drop in); Thu: 1-3pm

Tue: 12.30-2.30pm (women

only drop in)

Junction Place, EH6 5JA

Leith Acorn Centre YMCA,

Leith Christian Trust

only); Sun: 1am-4pm

C, M, P

only); Sun: 1am-4pm

only); Sun: 1am-4pm

Glasgow Shelter Housing Aid

Centre

First Floor Suite 2, Breckenridge

House, 274 Sauchiehall St

0344 893 5560

Mon & Thu: 1-4pm, Tues

& Fri 10am - 1pm

Outside these times, there is

a 24-hour helpline for advice

and support - Shelterline:

0800 4444

AD, C, H, P

Glasgow City Council

For anyone who is homeless,

threatened with homelessness, or

in need of advice about homeless-

ness issues. Staff will be pleased

to discuss your circumstances

with you in a private interview

room and provide advice on what

can be done next to help you

AS, BA, C, DA, H, TS

Glasgow City Council

Homeless Person's Team

Hamish Allan Centre, 180

Centre Street, G5 8EE

Mon-Thurs: 8.45am-4.45pm;

Fri: 8.45am-3.55pm

AS, BA, C, DA, H, P, TS

Glasgow Street Service

See Telephone Services Glasgow

DAY CENTRES AND DROP-INS

EDINBURGH

Barony Contact Point

101 High Riggs, EH3 9RP

0821 700 7777

Mon: 6.30-9pm; Tue: 10.30am-

4pm; Thu: 3.30-7.30pm;

Fri: 1am-2pm (women

Crossreach - Church of Scotland

Social Care Council

Charis House, 47 Milton Road

East, Edinburgh, EH1 5 2SR

0131 657 2000

Mon-Thurs: 8.45am-4.45pm;

Fri: 8.45am-3.45pm

www.crossreach.org.uk

Four Square

67a Logie Green Road,

Canonmills, EH7 4HF

0131 557 7930

www.foursquare.org.uk

AS, ET, TS, P

Streetwork UK - Womens Services

See Specialist Services

DAY CENTRES AND DROP-INS

GLASGOW

Glasgow City Mission - The

Shieling

20 Crimea Street, Glasgow, G2 8PW

0141 221 2630

Mon, Tues, Wed & Fri: 10am

-4pm (drop in); Thurs: 1-5pm;

Mon, Tues, Wed & Fri: 6.30-11pm

www.glasgowcitymission.com

AS, AD, AC, B, BS, BE, C, CL, ET,

FF, H, IT, LA, MC, MS, OB, P

Lodging House Mission

35 East Campbell St, G1 5DT

0141 552 0285

Mon, Tue, Thu: 8am-3pm; Wed,

Fri: 8am-2pm; Sun: 4-6.30pm

BS, CL, E, F, IT, P

Salvation Army - The Laurieston

Centre

39 South Portland Street, G5 9JL

0141 429 6533

AS, A, BA, C, DA, ET, FF, F,

H, IT, LF, MS, P, SH, TS

Wayside Day Centre

32 Midland Street, G1 4PR

0141 221 0169

Mon-Fri: 10-11.30am; 12.30-

4pm; 7.30-10pm; Sat: 1-4pm

There are specific services for

women and rough sleepers as well

as health, addiction and other

specialist services at specified times

AS, AD, AC, B, BA, BS, BE, CA, CL,

ET, F, FF, H, IT, L, LA, MS, OB, P

DIRECT ACCESS HOSTELS/

NIGHTSHELTERS EDINBURGH

All with low-support needs

Bethany House

12 Couper St, Leith, EH6 6HH

Emergency accommodation

for single homeless people

0131 467 1010

AS, AD, A, BS, BE, D, F, H, L, LA, P

Bethany Supported Housing

65 Bonnington Road, EH6 5JQ

0131 553 1119

Ring First

Castlecliff Hostel

25 Johnston Terrace, EH1 1NH

For homeless people aged

16 and over; accepts couples

and people with pets

0131 225 1643

AS, BS, BE, H, L, P, TS

Cunningham House

205 Cowgate, EH1 1JH

For homeless people with addi-

tional support needs around

alcohol, drugs, mental health

and learning difficulties.

0131 225 4795

www.crossreach.org.uk

AS, BA, P, S

Dunedin House

4 Parliament St, Leith, EH6 6EB

0131 624 5800

www.dunedin-harbour.org.uk

Gowrie Care - St John's Hill

1 St John's Hill, EH8 9TS

0131 557 5502

Ring or drop in: Mon - Fri 9am - 2pm

Centre

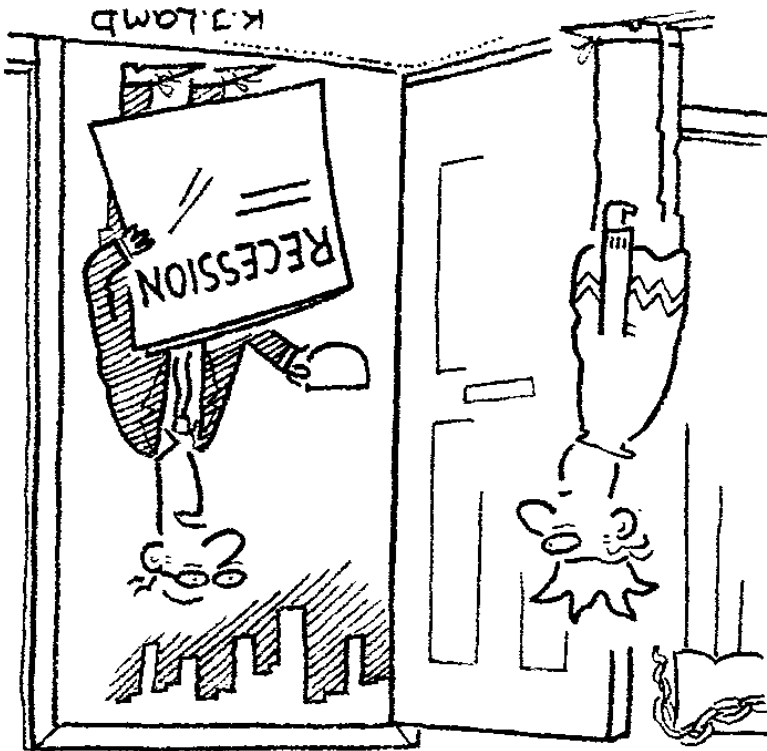
39 South Portland Street, G5 9JL

0141 429 6533

AS, A, BA, C, DA, ET, FF, F,

H, IT, LF, MS, P, SH, TS

"Can I borrow a cup of cheer?"



the **OTHER** list

The directory of Scotland's homeless services Updated 1 December 2010

Key to this list:	Debt advice – DA	Luggage storage – LS
Accom. assistance – AS	Dentist – DT	Medical services – MS
Advocacy – AD	Drugs workers – D	Mental health – MH
Alcohol workers – A	Education/training – ET	Music classes – MC
Art classes – AC	Free food – FF	Needle exchange – NE
Barber – B	Food – F	Outreach worker links – OL
Benefits advice – BA	Foot care – FC	Outreach workers – OB
Bathroom/showers – BS	Housing/accom advice – H	Pavement stockist – P
Bedding available – BE	Internet access – IT	Safe keeping – SK
Careers advice – CA	Laundry – L	Sexual health advice – SH
Clothing – CL	Leisure activities – LA	SSAFA – SS
Counselling – C	Leisure facilities – LF	Tenancy support – TS

If you've any changes or suggestions write to us at the address on page 3, or email: thelist@thepavement.org.uk

Updated entries: 3
Services added: 0

ADVICE SERVICES EDINBURGH

Advocard
332 Leith Walk, EH6 5BR
0131 554 5307
www.advocard.org.uk
Mon – Fri: 10am – 4pm
MH, P

City of Edinburgh Council – Housing Options Team
1 Cockburn St, EH1 1BJ
0131 529 7584 / 7368
Mon, Wed, Thurs 8.30am – 5pm; Tues 10am – 5pm; Fri 8.30am – 3.40pm

Advice and information on housing options for homeless people, including assessment of priority need for housing. Out-of-hours emergencies phone 0800 032 5968
AS, H, P

Edinburgh Cyrenians – Smartmove project
57 Albion Rd, EH7 5QY
0131 475 2356
Mon - Fri 10am - 4pm
Advice, information and support for people who are homeless or threatened with homelessness
AS, H, P, TS

Homeless Outreach Project
19 Smiths Place, EH6 8NT
0131 554 3961
Mon - Fri: 9.30am - 5pm
Outreach service for homeless people with mental health, alcohol

and drug-related problems
AS, AD, A, BA, CA, C, D, ET, H, MH, P, OB, SH, TS

Streetwork UK - Crisis Centre
22 Holyrood Road, Edinburgh
0131 557 6055
Free phone 0808 178 2323
24/7 crisis centre for people in housing crisis or at risk of sleep-ing rough. Includes outreach service / needle exchange.
AS, AD, A, BA, BS, CA, CL, D, DA, ET, F, H, IT, L, LS, MH, NE, OL, OB, P, SH
www.streetwork.org.uk

The Access Point
17-23 Leith Street, EH1 3AT
0131 529 7438
Services for people 16 years or over who do not have care of children
Mon, Wed, Thu: 9am–5pm; Tue 10am–5pm; Fri: 9am–4pm (drop-in services only): Mon–Thu: