



the **Pavement**

The *FREE* monthly for Scotland's homeless

May 2011



*“Spare the price of a supermarket
brand can of lager?”*

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The Editor

Temporary editorship

I've taken on the editorship of *The Pavement Scotland* again, temporarily as Karin takes a month or two off after giving birth to a son. We hope she enjoys the break, and comes back ready to go in a month or so.

In this issue, we're welcoming a guest columnist, Abe Oudshoorn, a nurse working with rough sleepers in London... Ontario, that is.

It's not just that Abe has a lot of health experience and a PhD, though both of these are true. But he has something to say on a subject that's been more in the news recently: overdoses and avoiding them. Asking someone from outside the areas of our three editions also helps emphasise the universal problems facing people on the streets. Even if you avoid drugs or try to steer clear of those who use them, you may come across someone suffering from an overdose, so read what he has to say on page 24. Along with our Top 10 Footcare Tips (page 25), it means you're forewarned and so forearmed!

And please, don't be confused that we're running the Street Shield competition again. We hope a few more readers will be persuaded to enter. If you've any talent (or none) with a pen or pencil, or just enjoy comics, turn to page 22 for the rules of how to enter.

Amy Hopkins

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Scottish news

The homeless news from Edinburgh, Glasgow and beyond

Homeless youth launch photography exhibition

Young Glaswegians affected by homelessness have taken a collection of compelling photographs for display by exhibition. The eleven youngsters worked alongside photography organisation PhotoVoice and in collaboration with young persons' charity Fairbridge to shoot and develop images which they hope will better inform policy-makers and lead to positive changes.

The Awards For All funded project, entitled 'Waiting,' aims to challenge social stereotypes surrounding homelessness by allowing young homeless people to define their circumstances and communicate how homelessness impacts upon their lives and hopes for the future.

Gemma Cochrane is among the teenagers whose images will be exhibited. The young photographer said: "This has been such a fantastic experience for me. It has helped me overcome some of my fears and really built my confidence ... I am looking at starting a college course."

The public exhibition opened on 18 March and five of the young people will go on to educate 16 of their peers during sessions held in collaboration with Quarriers.

'Waiting' is touring Scotland throughout Spring and Summer 2011 and will be shown in Glasgow, Edinburgh, Dundee and Stirling.

Anna Thorley

- Exhibition tour dates:
6 Apr – 17 Apr Edinburgh Room,
Central Library, Edinburgh

26 Apr – 8 May Central
Library, Wellgate, Dundee
16 May – Aug Tour of 15
Libraries in Stirling

Young homeless people likely to have run away as children

Disturbing findings published in April by Shelter Scotland demonstrate that homelessness in the formative years can significantly affect lifelong habits. 145 homeless people aged 16-24 took part in Shelter's study of youth homelessness and the results were published in the charity's report, 'Running Away and Future Homelessness – the missing link?'

Shelter Scotland carried out the study to gather data that would lead to a better understanding of the lifelong effects of youth homelessness. The charity felt that the issue needed to be addressed in order to prevent this becoming a trend across the country.

Following the study, Shelter recommends that support groups work together to recognise and target high-risk individuals and to support young people in order to prevent the pattern of running away.

The findings show that young people who run away from home or from care before the age of 16 are consistently at high risk of becoming homeless or having housing issues later in life. Although this connection may be somewhat self-evident, Shelter believe it is important to understand the problem in order to effectively combat youth homelessness.

The study also shows that over half of the young people who

leave home do so because they feel that it would be impossible to stay. Findings show that having had a safe place to go would have alleviated the situation for a quarter of respondents while most youngsters also felt that they would have benefited from support at school or at home.

National estimates suggest that only 11 per cent of young homeless people run away before the age of 16. Shelter's study shows that the figure is closer to 84 per cent.

Half of runaways who went on to become homeless left home for the first time when they were 14 or 15 but shockingly one in five were 11 years old or younger. 63 per cent of all respondents reported having slept rough, a number far higher than the current national estimates of rough sleeping among young runaways.

Shelter's research demonstrates that running away during adolescence correlates with a higher risk of homelessness later on in life.

Zara Cameron

Edinburgh health project extended to prostitutes

An Edinburgh medical practice that specialises in providing health services to homeless people is expanding its remit to include prostitutes.

Based in Cowgate, the Edinburgh Access Practice offers services including GP clinics, dental examinations, mental health care, chiropody, occupational therapy, clinical psychology and psychiatry, as well as bathing and a clothes exchange. The practice targets homeless people who would not otherwise





*“Yes, it’s an excellent time to set up a debt
and bankruptcy advisory service”*

have access to medical care.

The service is already offered to groups such as asylum seekers and ex-prisoners, and will now also be available to sex workers.

One of the staff at the practice is Dr Digby Thomas, a GP, who explains that: "Sex workers are often unregistered or unwilling to go to the doctor for a number of reasons. We have to start by listening to their issues and forming professional relationships with them."

"That's why our services are helpful for difficult-to-reach patients."

Simon Gwynn

Shelter forced to close service in Borders

Government cuts are continuing to impact on the services that provide vital help for homeless people in Scotland. The latest region to be affected is the Scottish Borders, where Shelter Scotland has been forced to close its local homelessness advice service.

Shelter Scotland have voiced their "deep disappointment" at having to end the project, after funding for the service was terminated.

The centre, which was established in 2007, has advised more than 430 people. During the four years of operation, the centre's staff have helped many Borders residents avoid both first-time and repeat homelessness.

It is a disheartening end for this branch of Shelter, coming after the charity expressed anxiety in the latter half of last year about Scottish Borders Council's waning support. In response to the concerns raised by Shelter, the council issued a statement promising action:

"We are at the moment restructuring our homeless services to ensure that wherever possible

homelessness can be prevented and we are confident that, by the government deadline of 2012, we will be in a strong position to comply with the legislative requirements of the Housing Act."

Despite the failure of this promised intervention, Graeme Brown, the Director of Shelter Scotland, has recognised that the decision was "tough" for the financially constrained council.

With the rate of homeless applications in the Scottish Borders continually rising, the decision to cut the Shelter service comes at a fragile time for the economy. Brown understands the financial costs associated with homelessness, saying:

"With the cost of just one case of homelessness conservatively estimated at £5,000, we just hope that cutting homelessness advice services doesn't turn out to be a false economy."

Hazel Baird

- Homeless people in the Scottish Borders who need advice can still visit www.shelter.org.uk or call Shelter Scotland free on 0808 800 4444

Online advice for teachers of homeless children

Shelter Scotland has created a new website aimed at improving educational opportunities for homeless children.

The website, www.homeless-children.co.uk, is intended to provide a resource to professionals in both the education and housing sectors to help them support homeless children and minimise the negative effect of homelessness on children's development.

The website grew out of 'Keys to the Future,' a three-year programme that ended in March

this year and focussed on homelessness and housing problems among children in areas such as Glasgow, South Lanarkshire and Dumfries. Shelter reported that the project demonstrated that "education professionals are often unaware of the impact bad housing and homelessness can have on children's ability to learn."

In the run up to the website's launch, Jessie Crawford, the charity's Children's Service Policy and Practice Co-ordinator said: "Homeless children are entitled to support to help them learn and enjoy school. While some schools provide this, there are many children across Scotland who are missing out." She went on to say that the new website will allow educational professionals to find "expert guidance on what measure they can take to help children with their learning."

As of 2010, across Scotland, sixty children a day become homeless and 60 per cent of children grow up in places that fall below the Scottish Housing Quality Standard. Since 2007, there has been a 37 per cent increase in the number of families with children living in temporary accommodation, which is double the figure for the general population.

Simon Gwynn

London's ban

Opposition grows against a proposed homeless byelaw in the heart of London

Westminster City Council's proposed byelaw banning soup runs and rough sleeping is looking increasingly shaky as opposition grows, deadlines are delayed and Conservative councillors come out against the plans.

Reported as the policy of a "callous" and "heartless" Tory council (the *Daily Mail* and the *Mirror*, respectively), it seemed the byelaw was unanimously backed by the Conservative councillors who hold the majority in Westminster City Council. However, this does not entirely seem to be the case.

The *Pavement* emailed all of Westminster's 48 Conservative councillors to ask whether they support the byelaw, oppose the byelaw or have not made up their mind. Three responded: Councillor Philippa Roe replied "this is not my portfolio" and suggested speaking to Daniel Astore; Councillor Michael said "I strongly support the byelaw"; while Councillor Glenys Roberts, a *Daily Mail* journalist, stated "I oppose the byelaw, I think this has to be handled more sensitively."

And it seems that Cllr Roberts is not alone – with reports that Conservative councillor Robert Rigby voiced his opposition to the byelaw on a visit to a soup run. The *Pavement* also spoke to Labour Councillor Adam Hug, who said: "What's not clear to us is precisely what the mood on the Conservative backbenches is. I think there will be a lot of concern... there. There are lots of people who have generally held concerns about the issue, and I think probably you'll have to speak to some of them to find out what exactly's going on behind closed doors."

The Conservatives have an even more high-profile dissenter to add to

their list, too, namely the Mayor of London. Under persistent questioning from Liberal Democrat Member of the Greater London Assembly Mike Tuffrey, Boris Johnson finally clarified his position at Mayor's Question Time on 23 March, saying: "I do not want to ban soup runs, provided they are part of a strategy to help people off the street".

The 12 Labour councillors at Westminster City Council, meanwhile, have already come out in joint opposition, releasing a statement which says: "Labour Councillors have condemned this hard-hearted and mean-minded action at a time of rising unemployment and increasing homelessness amongst the most vulnerable."

More protests and direct action

Inspired by the multi-organisation flashmob demonstrations and the protest picnic held outside Westminster Cathedral on 20 March, campaigners have continued to take to the streets.

On 2 April, another horizontal flashmob, Everybody Lie Down In Westminster Day, took place on Westminster Cathedral Piazza; while on 14 April, campaigners gathered outside Westminster City Hall to take part in the Protest Against Benefits Cuts & Mass Food Give Away! Plans are also underway for events on the day of the council meeting and, possibly, to coincide with the Royal Wedding (tentatively entitled 'Let Them Eat Cake').

Online, meanwhile, Henrietta Still and Co from Goldsmiths College have produced a short film entitled the Big Soup Society (on

Facebook), while *Pavement* photographer Rufus Exton's film (www.youtube.com/user/pavementtv) documenting the 20 March protest has received more than 1,000 hits. Over on Twitter, the hashtag #homelessban is focusing support, while anti-byelaw Facebook groups and pages continue to attract fans.

Housing Justice is also still calling on Westminster residents to lobby their local councillors, and asking anyone doing a soup run to sign up to their newly updated Soup Run Code of Conduct.

Finding alternatives

As well as the Soup Run Code of Conduct, other practical alternatives to the byelaw are being put forward.

On the Labour Matters website (www.labourmatters.com), Labour councillors have outlined a three-point plan, which they say would enable soup runs to continue. Suggestions include a system of licensing/registration and regulation; Council-supported efforts to provide daily building-based alternatives; and a code of conduct.

Alastair Murray, Deputy deputy Director of Housing Justice, has called on the council to make use of the knowledge and experience of soup run volunteers, and widen building-based provision, saying: "All More hostels in Westminster could be opening up space in the evening, and they could be more supportive of the idea of indoor drop-in services open in the evening and at the weekend.

"If we can work out a timetable of doing that and really encourage soup runs to look at moving somewhere indoors in their local area in or Westminster, then I think

it would be very difficult for Westminster to say 'well, we're going to ban soup runs anyway'. Because we have to show some kind of willingness and make an effort to do it together and improve services, and that has to be the way forward."

Westminster City Council has even showed signs of softening their approach, increasingly referring to a preference for a non-legislative approach and proposing in a press release dated 29 March to "meet with interested parties in the coming weeks to try and reach a solution before resorting to formal legal action".

Rough sleeping ban proposal could be dropped

As it stands, the byelaw would criminalise rough sleepers and those distributing free refreshments in a

designated area around Westminster Cathedral. However, there are suggestions that the council could be planning to remove the clause relating to lying down, sleeping or depositing bedding on the street.

Mr Murray reported: "They are saying ... that they would be willing to meet and explore a non-legislative solution, but they seem to me to be fairly sure to be going ahead – at least with the anti-soup run bit. I think they're going to drop the proposal to fight ban rough sleepers sleeping.

"I've heard this from a couple of different sources, but I think they've realised they've they have got no support whatsoever for that from any organisation... they don't have support, from anybody in the field, so they're looking like it looks as if they're on pretty dodgy ground with that."

Cllr Hug echoed this, saying: "My impression is that they may be more willing to move on rough

sleeping because of the overwhelming opposition. I mean obviously there clearly has been majority opposition to the soup run ban, but it's [the rough sleeping ban] is not quite clear cut."

Delays and doubts on the final decision

Westminster City Council is currently compiling some 500 responses that it received during the consultation, which ended on 25 March. A summary of the consultation will be made public in due course, although when is not yet known.

After the consultation document has been prepared, it will be up to Westminster City Council to decide whether or not to push ahead with the byelaw. And if it does, there's little chance of it being taken down by Labour, predicts Cllr Hug:

**You can read the news,
keep informed & search our
directory of services online @
www.thepavement.org.uk**



Kenneth Jones

Age at disappearance: 18

Kenny has been missing from his home in Glenrothes, Fife since the early hours of 3 November 1998.

Kenny's disappearance is very out of character, as he is considered an outgoing and sociable person. His family say he had been feeling a little low but had given no indication that he intended to leave. They are all anxious to hear from him and know that he is safe and well. Kenny was ambitious to join the army and had taken to jogging to improve his health, especially as he suffers from asthma. He enjoys a game of pool and would regularly meet friends at the local snooker club.

Kenny is 6ft 2ins tall, of a slim build with dark brown hair. He wears a gold signet ring on his right hand.

If you've seen Kenny please call the 24-hour confidential charity **Missing People** on Freephone **0500 700 700**
Email: seensomeone@missingpeople.org.uk

**missing
people**

Registered Charity No. 1009118

"My understanding is that it will go to full council. Although if I'm absolutely honest, if it goes to full council ... it will go through irrespective of what I say or what my colleagues say ... Certainly, in my time – (and I've only been on the council for a year) – I've never seen a vote."

The decisive council meeting was expected to take place on 4 May. However, this now seems to have now been delayed. Mr Murray wrote to Councillor Daniel Astaire, cabinet member for society, families and adult services, offering to meet to help find a non-legislative solution. In response, said Mr Murray, "he [Cllr Astaire] told me they aren't going to be voting on it on the 4th of May [but], it's not going to be included in the council meeting then, and that he would be keen to meet."

The Pavement contacted the Westminster City Council press office for confirmation, but on asking when the decision would be made the spokesperson replied: "Are you talking about... I saw something on Twitter from Housing Justice. It's that what you're referring to?" and She said she didn't believe there was a council meeting on 4 May (there is), and that no further details are yet available.

Looking back to a Westminster City Council press release from 28 February, however, the process is clearer: "Depending on the results [of the consultation,], it [the council] will then to seek provisional permission from the Department for Communities and Local Government [DCLG] to pass a byelaw before taking it to a meeting of the full council in the summer.

"If approved, the byelaw could be in place by October. Vulnerable individuals will not be enforced against, and all individuals will be asked to leave the area before being subjected to any enforcement." The next meeting of the full council after 4 May is on 20 July at Council House, Marylebone Road.

The Public Law Project (PLP), a legal charity concerned with access to justice for disadvantaged groups, is advising campaigners on the possibility of legal challenge to the passing of the byelaw. PLP solicitor Jo Hickman confirmed that PLP had concerns as to the lawfulness of Westminster's proposals and would be pleased to offer campaigners legal support.

Ms Hickman told *The Pavement*, "This unprecedented proposal seeks to criminalise acts of charity. If that were not bad enough, the proposed byelaw is so widely drafted it also criminalises a host of other entirely innocent activities. Councils are not lawfully empowered to pass byelaws that are oppressive, and as such we consider there may be grounds to seek judicial review of any decision to implement this proposal."












We asked DCLG for their stand on the byelaw, but were just sent their previously released statement: "Local homeless charities and Westminster Council believe that food handouts actually encourage people to sleep rough in central London, with all the dangers that entails.

"There is no need for anyone to sleep rough in Westminster as there are a range of services that can help the vulnerable off the streets, and assist them make the first steps towards getting their lives back on track."

Asked about the process for passing the byelaw, the spokesman replied, "If the byelaw were to be passed by the council, it would require DCLG Secretary of State's confirmation before it could take effect. -B but we are still some way off that stage, if things ever get there."

Carinya Sharples

HOMELESS CITY GUIDE

-  squat
-  empty building
-  dangerous neighbourhood
-  danger
-  guard dogs
-  an attack happened here
-  good place to drink / smoke
-  unfriendly place
-  friendly place
-  soup run (with rating)
-  strong police presence
-  potential for work
-  good food thrown away here
-  safe for sleeping
-  message board x mins that way
-  security guard
-  you'll get moved on here

step 1



step 2



MAKE YOUR MARK AND HELP OTHERS TO READ THE CITY

Make non permanent marks to keep the system up to date and stay within the law.

News in brief

The homeless news from across the World

Wedding invite

A former homeless woman will rub shoulders with world leaders and a host of big-name celebrities when she attends the royal wedding at the end of April. Prince William first met 20-year-old Shozna last summer at a charity gala. She told the audience about her difficulties living in homeless shelters after she had a stroke, went through a major heart operation and ended up spending two months in hospital. At the end of her speech, William reportedly came up to congratulate her on her performance and give her a hug.

The prince is a patron of the Centrepoin't charity, where Shozna was initially housed after becoming homeless, and where she was offered CV advice and the services of a mentor. She recently found accommodation in a council flat and is looking for work in high street clothes shops. She will, unfortunately, be unable to pursue her original dream of becoming a hairdresser because the stroke left her without full use of her right hand. She will be joined at the wedding by Centrepoin't's chief executive, Seyi Obakin, and his wife.

Shozna, whose full name is secret to protect her identity, expressed her gratitude to William: "I want to say to Prince William: 'Congratulations. Thank you for inviting me and thank you for making people feel like they are part of the world instead of being alone'."

John Ashmore

London hub success for new rough sleepers

Mayor of London's new homeless Hub saw more than 40 referrals in the weeks following its launch on 1 April, organisers have said.

The No Second Night Out (NSNO) scheme, which operates a 24-hour Hub aimed at helping the recently homeless off the streets as quickly as possible, says that round 40 new people are seen sleeping rough in London each week.

"Currently, around half of all new rough sleepers go on to have a second (or third or fourth) night on the streets," NSNO say on their website, which focuses on reconnection as a major part of its bid to make sure people are not forced to return to the streets.

Petra Salva, director of NSNO, stressed that it was people who had recently become homeless that would be referred to the Hub, rather than known rough sleepers.

Speaking to *The Pavement* on 18 April, Salva said: "We have seen over 40 people so far, including women and people from the European Economic Union.

"People are brought into the hub by outreach workers who have made contact with them on the street," she explained. Once referred, it has taken two to three days to find a solution or offer for most people, added Salva.

"This has included reconnection to home areas where we have helped people access supported housing placements, hostel accommodation and reconnection to family," she said. "Some people have also received hospital treatment for physical or mental health concerns."

Each case is followed up a week, a month and three months after they have left the Hub, which run from the same building as the Margery Street rolling shelter.

The NSNO scheme is part of Boris Johnson's wider plan to end rough sleeping in the capital by the end of 2012 – and £710,000 was committed to the six-month pilot scheme in December last year.

It opened on 1 April but a second, formal launch will happen in early May, said Salva.

The Pavement spoke to Salva just before the Hub first opened, when she stressed that the service wasn't about enforcement.

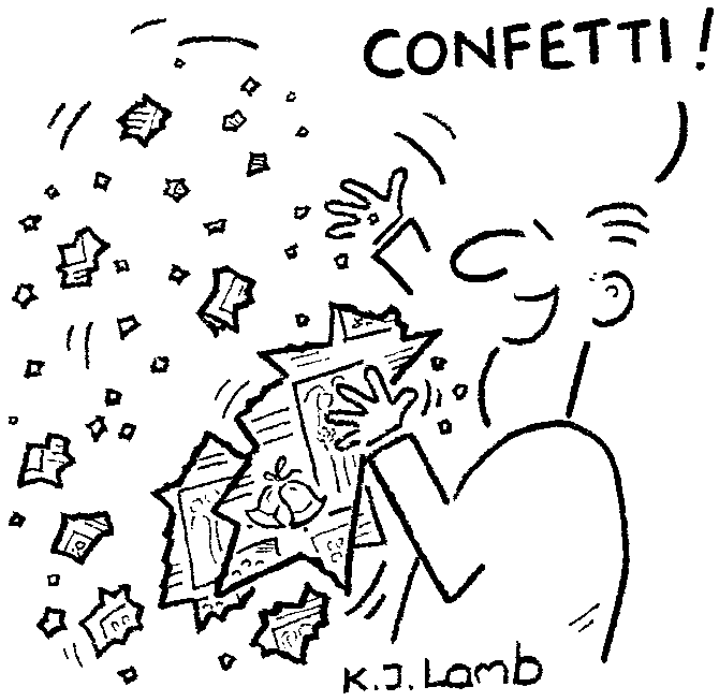
Instead, new rough sleepers can be referred through a number of different channels, including a helpline that NSNO will soon publicise across London. An outreach team will then assess any referrals to see if they qualify for support from the Hub.

NSNO said that it would also be "working closely" with the UK Border Agency (UKBA) but told *The Pavement* that no police or UKBA officials would be based at the Hub.

According to the NSNO website:

"The preferred approach of local authorities is to assist EEA rough sleepers to return home voluntarily and a dedicated outreach team exists for this purpose, but where this offer is refused, the UK Border Agency may take removal action as a last resort."

Addressing fears that funds might be siphoned from other schemes to support the Hub, NSNO said: "Other projects to tackle long-term rough sleeping or to reduce the number of people who return to rough sleeping after previously leaving it behind are ongoing and not affected by this new pilot."



Use for a souvenir issue



"He's my financial adviser"

Visit www.nosecond-nightout.org.uk for more information on the Hub.

Garnet Roach

- Of course, with a new service it's hard to find the other side of the story, so any individuals or organisations who have experience of NSNO or the hub, please get in touch – anonymously if preferred – at news@thepavement.org.uk

Windfall for man outside casino

Mario Balotelli, a player for Manchester City football club, is thought to have given a rough sleeper £1,000 cash after a winning night in a casino.

The star striker, who earns £100,000 a week, is reported to often give cash to homeless people around Manchester, but in mid-April it's said he gave a large bundle of notes after winning thousands in a casino.

A 'source' told the *Sun*: "Mario is really generous. He always hands £20 notes to the *Big Issue* boys without even taking the magazine. There's a guy he always sees around town with ginger dreadlocks and a beard. He carries his possessions in two carrier bags. He was outside the club in the early hours, so Mario handed him a wad of notes after his big win."

The paper doesn't look at the security risks to an individual of carrying such a large amount of cash, nor at the dangers it could have for someone who was a drinker or drug user. What they do want to know is "do you know the tramp who got the cash? Call the *Sun* on 020 7782 4035."

Staff

Homeless men paid for beatings

Rough sleepers are accepting cash to be videoed being beaten.

There is an increasing number of reports in the American press about homeless men accepting money from websites that show semi-clad women brutally striking men.

The rough sleepers are reportedly paid \$50 for their pains. People who watch the videos online pay up to \$900 for the perverse footage.

Californian newspaper the *St Petersburg Times* reports that one rough sleeper, George Grayson "followed the recruiters to a St Petersburg townhouse on seven different occasions over the last few months, he said, and let five different women use his body and face as a punching bag."

They interviewed a local advocate, who claim he has interviewed and photographs several men with similar stories and injuries.

The website, www.shefights.net, shows films of around 12 minutes long of sustained and continued beatings of men by women. Owner Jeff Williams defends the beatings as consensual and is quoted as saying: "These men are crack addicts and will say anything for money."

Since the beatings were reported, the *St Petersburg Times* said a law firm has offered to file a suit on behalf of the men against the website and the women taking part in the films.

Rebecca Wearn

Cardiff centre closed due to bomb threat

A homeless centre in Cardiff was evacuated and searched by police on 29 March after a threatening phone call was

received relating to the building.

Police were called to the Huggard Centre, a day centre and emergency sleeping unit in the city centre, after a man made threats related to the centre.

Speaking at the time of the incident, the Centre's chief executive Richard Edwards said that the man had reported there was a bomb in the building and the police had been called in as a precaution.

The police escorted the clients and staff to safety, and cordoned off the building while they conducted a search. A 19-year-old man was arrested for malicious communications near the centre, the police reported.

Edwards said he understood that the man was a resident of the council-run Tresillian House Hostel, an organisation which is temporarily sharing a building with the Huggard Centre.

Edwards said that this was the first time that the centre had received this kind of security threat, but that they did have evacuation procedures. In conjunction with the Council, they also had emergency planning procedures to respond to events that meant they could not access the building for any length of time. In this case, the Cardiff Central Library and the Star Leisure Centre helped to accommodate the Huggard Centre's clients.

Edwards said that the safety of the clients was foremost in the centre's response to the incident.

"I am unaware whether there was any real risk to users of the centre," Edwards said. "However, we work with highly vulnerable individuals, and the safety of residents and users of the centre was paramount at all times. Every measure was taken to secure their immediate and ongoing safety throughout this incident."

Nicholas Olczak

Hope for the world

A Muslim cleric has urged his religious followers to support a Christian-based homeless centre in Nottingham.

Imam Dr Musharraf Hussain al-Azhari said the work done by Emmanuel House would "please every person who has a love for humanity". He added: "It will absolutely please God, please Christ and please the Prophet Mohammed."

The independent city centre charity, which costs £300,000 a year to run, faces an uncertain future after losing £183,000 of core annual funding through council cuts in April. Few Muslims currently use the charity's facilities, but Dr Hussain said Christians and Muslims alike should embrace the aims of Emmanuel House. "Muslims have an obligation to help and serve such people," he said.

Emmanuel House's Ruth Shelton said they had already raised more than £47,000 in donations and that the centre's financial difficulties had brought out the best in people.

She said: "It's shown how much goodness there is in the community. Every day, there comes an elderly lady with a

jar of 2p pieces or a businessman brings in a cheque for £1,000.

"It's not just about the money. It's about the support and the affection."

Rebecca Evans

iHobo returns

A new version of the controversial iPhone app that allows users to care for a "virtual homeless person" has been released by charity Depaul UK.

iHobo, which can be downloaded free by iPhone users, was originally launched to some criticism in May 2010 but has gone on to win a number of awards, as well as becoming the most

popular charity app in the UK. It has been downloaded more than 600,000 times since it was released last year, raising £13,000 through donations from 5,000 users.

However, critics have voiced concerns that iHobo stereotypes young homeless people.

But Rachel Slade from the charity said: "The idea is to give people an insight into what life could be like for a young homeless person and engage them with the issue of homelessness in a completely new way. Many people have said that the app has made them think about homelessness for the first time, and change their stereotypes and perceptions.

"We understand that the app was controversial. However, we took a risk with it. We needed it to stand

out in an over saturated market, ignite conversations and engage people."

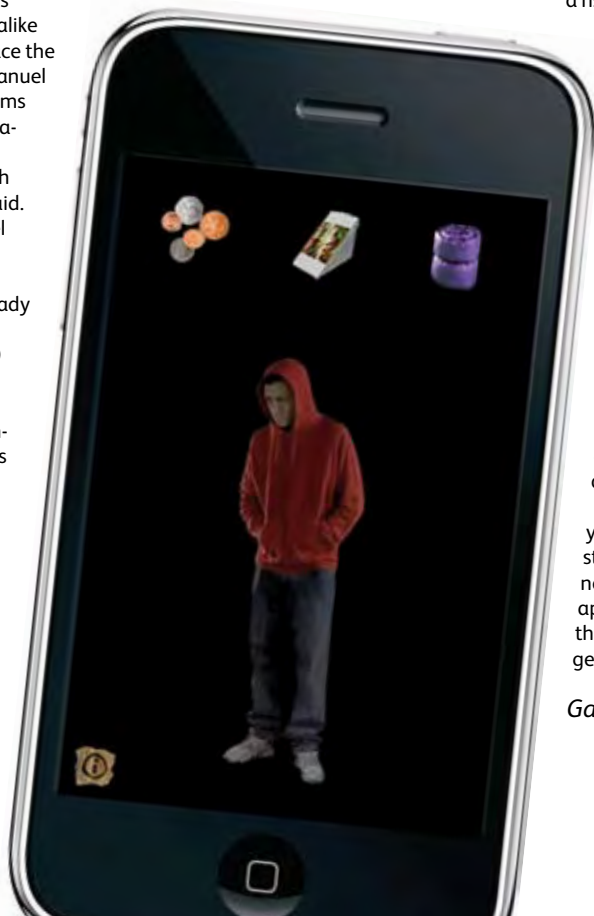
iPhone users that install the iHobo application on their phones must spend three days caring for a young homeless person, offering food, money or emotional support.

Paul Marriott, chief executive of Depaul UK, said the app aimed to increase awareness of youth homelessness and attract new donors.

"The future for young people is worrying at the moment, especially for the most vulnerable and disadvantaged," he said.

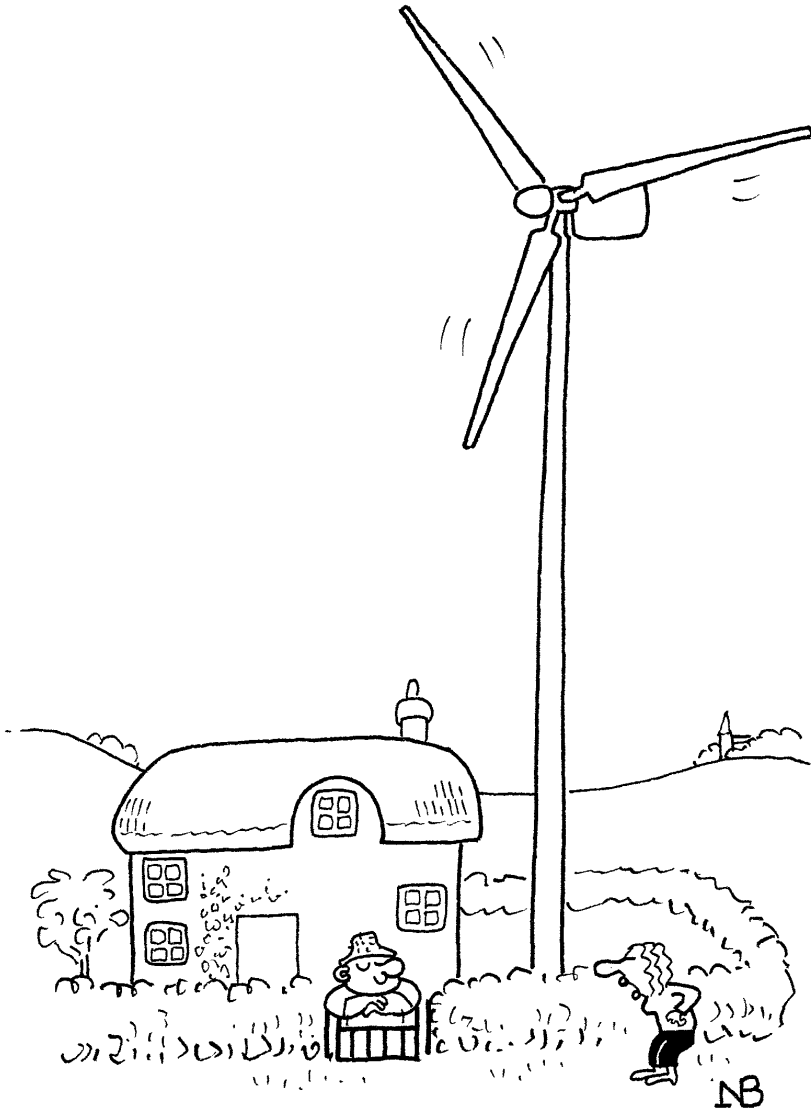
"There is a real fear that young people sleeping on the streets will increase over the next five years, and we hope this app will help us communicate the severity of this issue to the general public," added Marriott.

Garnet Roach





“Aaarrh, it’s a Brontésaurus”



"Imby!"

Bradford death

Bradford police are hoping that DNA profiling can help identify human remains found in a tent close to the town centre at the beginning of last month, as reported in the April edition of *The Pavement*. After appealing for information from the public, police received 'dozens' of potential names from members of the public, but are yet to make a positive identification.

The body is believed to be that of a rough sleeper, though the remains were such that police have been unable to tell whether the victim was even male or female – and it is thought that they body had lain dead since last summer. The tent was in undergrowth set back from the main road, and was out of public view.

The bones have now been sent to a forensic laboratory, in the hope of making a DNA match. Detective Inspector Mark Long, of Bradford South CID, who is leading the investigation into the discovery of the body, said, "The bones have been sent to our forensic laboratory to try to establish who the person is. The process will take about a month, but we are hoping the scientists will be able to get a DNA profile, so we can put a name to the remains. The death is being treated as non-suspicious, so the main thrust of our inquiry is to identify who the person is. There is nothing to suggest there has been any criminal offence."

James O'Reilly

- Anyone with information should call Bradford South CID on **0845 6060606** or Crimestoppers, in confidence, on **0800 555111**.

A new guide book

An ex-rough sleeper has published a book – 'The Girl's Guide

to Homelessness' – about her experiences that she hopes will demonstrate that homelessness can happen to anyone.

In February 2009, Brianna Karp found herself out on the streets. She considered herself a typical young woman from Orange County, South Carolina. She had worked hard and achieved well at school, and found decent work and independence. She had a complicated life at home, with one parent suffering with mental health problems, and low income meant she'd had to work to support siblings from a young age, but Karp did not feel this has negatively affected her own mindset.

But when her company laid off more than half of its staff and her benefit payments meant she had to give up her own home and return to her parents, she lost everything. And finally, when her parent attacked her, she was evicted from her refuge. Feeling that her friends had too many of their own problems to support her as well, Karp resolve to strike out on her own, to take the streets on and survive, with just \$300 to her name.

In the global recession, one per cent of US citizens (around 670,000 people in 2009) have experienced homelessness, and the majority of them are families. Karp is by no means the first rough sleeper to put pen to paper, but she hopes to put the stereotypes of rough sleeping with her book. Her blog states: "I am an educated woman with stable employment and residence history. I have never done drugs. I am not mentally ill. I am a career executive assistant – coherent, opinionated, poised, and capable. If you saw me walking down the street, you wouldn't have assumed that I lived in a parking lot. In short, I was just like you – except without the convenience of a permanent address."

Although critics have praised her work as a tale of triumph over adversity, Karp sees it as more of

an exercise in urging the public to rethink their views on homelessness. Her work began life as an online blog that detailed the day-to-day challenges she faced when seeking work and a new life with neither a home nor a permanent base.

The book will be released on 26 April 2011 in the United States.

Rebecca Wearn

Love thy neighbour?

A vicar who stabbed and poured boiling water over a homeless man sheltering outside his church has been jailed for seven years.

Reverend Friday Archy, 51, attacked Ben Donetus, 25, to punish him for been a sinful homeless person, a court heard. Before stabbing his victim in the neck, armpit and chest, Archy screamed: "I told you to go, if you stay here you will die."

Mr Donetus was left with severe burns, four stab wounds and a collapsed lung.

Archy, a vicar at Christ-Choosing Church of God, in Peckham, south-east London, was jailed after being found guilty of inflicting grievous bodily harm with intent following a trial at Inner London Crown Court, Southwark. Donetus, who had been sleeping rough for two years, had been sheltering for the church for around two months with two others.

Describing the attack in May last year, he said: "I remember waking up, feeling wet. I felt my back and it was wet. I could feel it was also hot.

"I turned over and saw the reverend standing over me with an electric kettle in his left hand.

"He was shouting: 'Get out, get out'. I tried to get up, but the reverend pushed me to the ground. As I fell I saw he had a silver knife in his right hand. I turned away to protect myself, then felt myself being stabbed. I could see the reverend was stand-

ing over me, stabbing at me.

"He was shouting: 'I told you to go, if you stay here you will die'.

"I was really frightened he was going to kill me. I yelled for help."

Rebecca Evans

LA encampment cleared

The clearing of a homeless 'encampment' in Los Angeles two weeks ago once again illustrates the scale of the homelessness problem in the United States. Since October of last year, the Los Angeles city authorities have been clearing areas where large numbers of rough sleepers had begun to congregate. Twenty people were removed from a camp underneath a motorway bridge in last December after the local authorities said their living conditions had become a health and safety concern.

In 2009, the last time the US Government's Annual Homeless Assessment Report was published, the number of rough sleepers was estimated to be around 700,000 on any given night. Among that figure were 124,000 people described as "chronic homeless".

Another striking statistic was that one fifth of all rough sleepers in the United States in 2008 could be found in Los Angeles, New York and Detroit. The scale of the encampments in Los Angeles gives some idea of the number of rough sleepers in that city, the largest by population in the US. A December report in the *Los Angeles Times* said there were around 48,000 homeless people in the city. By comparison, the UK's Department for Communities and Local Government estimated that there were 1,247 rough sleepers in the whole of Britain in 2010.

Although there is considerable disagreement on who is and is not considered 'homeless', and estimates vary from organisation to organisation, it is clear that a significantly higher proportion of

Americans are sleeping rough than here in the UK. The problem in the US has been made worse since the financial crisis, with a rise in unemployment and a lot of people unable to afford their mortgage repayments. In the first six months of last year, for example, 1.9 million homes in the US were put up for sale because their occupants could no longer afford their repayments. California is among the states with the highest rate of 'foreclosure' of houses – and one of the highest rates of homelessness.

John Ashmore

Squatting law

On 7 March, a group of MPs submitted a motion that proposes criminalising squatting.

The proposal was spearheaded by the Conservative MP for Hove, Mike Weatherley, and backed by 22 MPs (20 of whom are also Conservative).

It's the latest step in a growing campaign against squatting. According to the *Telegraph*, Justice Secretary Kenneth Clarke has made changing the law a priority. In December, Housing Minister Grant Schapps issued guidelines to property owners advising them what action they can take against squatters (as covered in *The Pavement*, December 2010)

The law in England permits squatters to enter an empty or abandoned property without the owner's consent, as long as they don't cause damage, use utilities (such as electricity or gas) or commit any criminal offences when entering or staying. Owners must contact go through the civil courts to have the squatters evicted.

Under the new law, squatting will be a criminal rather than civil offence, giving police the power to gain entry to the property by force and arrest squatters.

Squatting is already illegal in Scotland, where arrested squatters can face a maximum fine of £200, or 21 days' imprisonment if the fine is not paid.

An unusual amendment was added to the motion by Conservative MP Robert Halfon on 14 March, reading: "at end add 'with the exception of the squat in the house of Saif al-Gaddafi in North London'".

The motion was debated in Westminster Hall on 30 March. Crispin Blunt, the Parliamentary Under Secretary of State (Prisons and Probation) said a public consultation would be carried out and suggested possible amendments to the law, such as giving owners of commercial property the same rights as residential property owners, i.e. making it legal for squatters to break into their property.

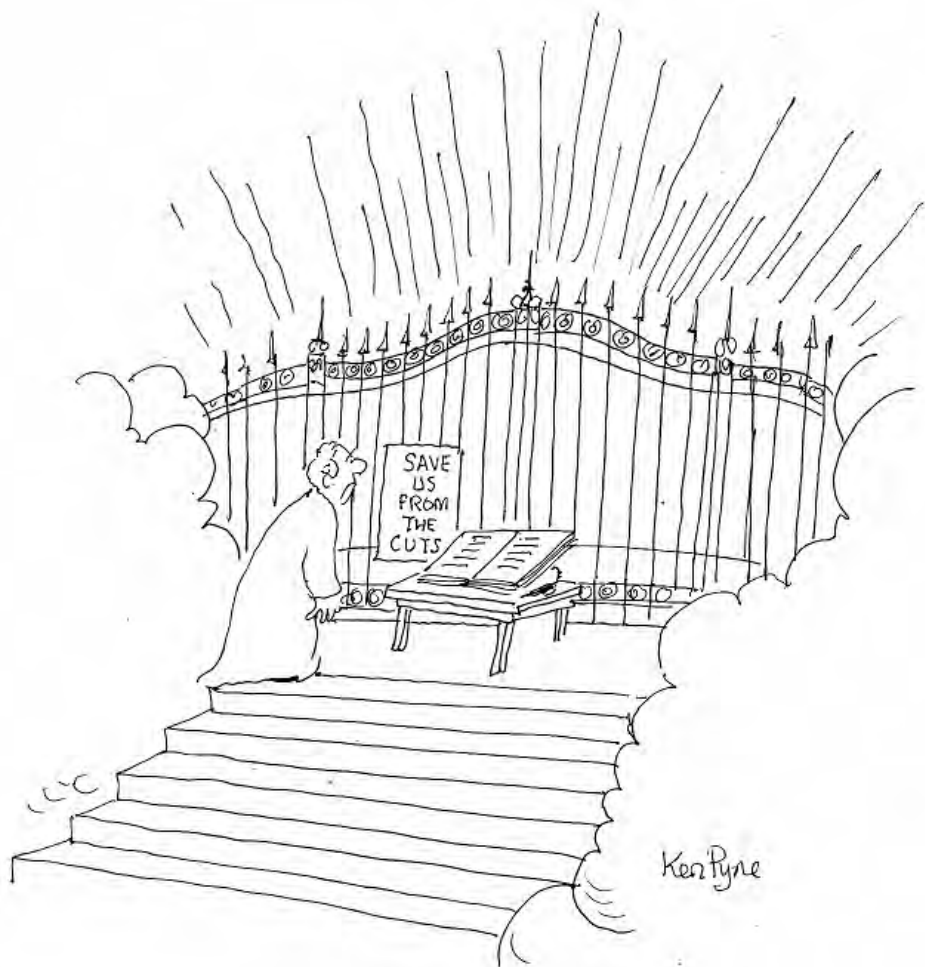
The Pavement will follow developments regarding the proposed changes, including the announcement of when the public consultation will begin. According to the *Evening Standard*, this is expected to be after the local elections in May.

Carinya Sharples

Guilty in St Helens

A 25-year-old man has pleaded not guilty to murdering a rough sleeper in St Helens, near Liverpool, in late January this year, reports the *Liverpool Echo*. Darren Bolger was found collapsed in an alley off one of the main streets in the town, and had suffered severe head injuries. Doctors tried to save Darren, 40, but he was pronounced dead later that evening. Stephen Thompson appeared by video link at Liverpool Crown Court to plead not guilty and will remain in police custody until his trial begins at the start of June.

John Ashmore



Ken Pyne

STREET SHIELD COMPETITION TIME!

READ ON
TO FIND
OUT HOW TO
ENTER!

DESIGN A FEMALE SUPERHERO!

WELCOME!

I NEED
YOUR HELP!



I'VE HEARD RUMOURS
THAT SOME OF MY
ENEMIES ARE OPERATING
IN OTHER CITIES!



AND EVEN WITH THE
HELP OF THE CARDBOARD
SHIELD, GOLDEN BLANKET
AND ROUGH DIAMOND
IT'LL BE A TOUGH FIGHT!

AND YOU MIGHT'VE
NOTICED THAT ALL MY
FELLOW HEROES
ON THE STREET
ARE MEN!

SO I'M
LOOKING FOR
A FEMALE HERO
TO FIGHT
ALONGSIDE!

AND YOU CAN
HELP ME BY
DESIGNING
A FANTASTIC
SUPER-HEROINE!





DRAW YOUR DESIGN ON BOARD, PAPER OR THE BACK OF AN ENVELOPE. USE PEN, PENCIL, CRAYONS, PAINTS OR EVEN A PC. ANYTHING YOU LIKE, REALLY!

AS LONG AS YOU CAN POST OR EMAIL IT TOO US!

AND GIVE US A BIT OF BACKGROUND - WHERE IS SHE FROM? WHAT'S HER BACK STORY? AND WHAT POWERS DOES SHE HAVE?

THE TOP TEN ENTRIES PICKED BY THE EDITORS AND TRUSTEES WILL BE DRAWN BY MY CREATOR, MIKE, AND PUT TO THE PUBLIC VOTE...

THE WINNER WILL RECEIVE THEIR CREATION ON A T-SHIRT AND SEE HER IN PRINT ACROSS THE UK!

GOOD LUCK EVERYONE!



The rules:

1. Entries from readers only, so you must be homeless, ex-homeless, in temporary accommodation or vulnerably housed.
2. Closing date for the competition is on Friday 24 June 2011.
3. The judges' decision is final.
4. Email entries or post them to:
PO BOX 60385, London, WC1A 9BH

NEXT MONTH

GOING HOME!

Health and wellbeing

The Pavement's health team – a podiatrist and a nurse – aim to help keep you in the pink

Do you know what to do in case of an overdose?

It's easier than you might think Preventing and responding to drug overdose

In London, Canada, many people injecting narcotics have died of overdoses in the past year. Although heroin, cocaine and other amphetamines are around, the most frequently injected drugs are prescription pills such as Oxycontin or Percocet. We have also had some deaths related to Fentanyl, which is a slow-release narcotic patch. As the use of prescription narcotics increases, it is important that people keep themselves safe.

Two things that we are doing right now to focus on safety in London – on this side of the pond! – are education around peer support in the case of overdose, and connecting with our local police services to ensure everyone's safety if 911 (our version of 999) is being called for an overdose.

The first thing to know is how to prevent an overdose? Here are some things you can do to keep yourself or your friends safe:

1. Know what you're using and how much. Everyone has a different tolerance for drugs, and you need to know what is safe for you
2. Don't mix injecting and booze. Narcotics and alcohol have a side-effect of decreasing your breathing, which makes

- overdose death more likely
3. Always use with a friend or friends, preferably with one of you not using. Someone needs to be able to call 999
 4. Think about having a phone available before you use.

The second thing to know is are they having an overdose? Basically, an overdose is occurring if they fall asleep and you can't wake them up. Signs of an overdose include:

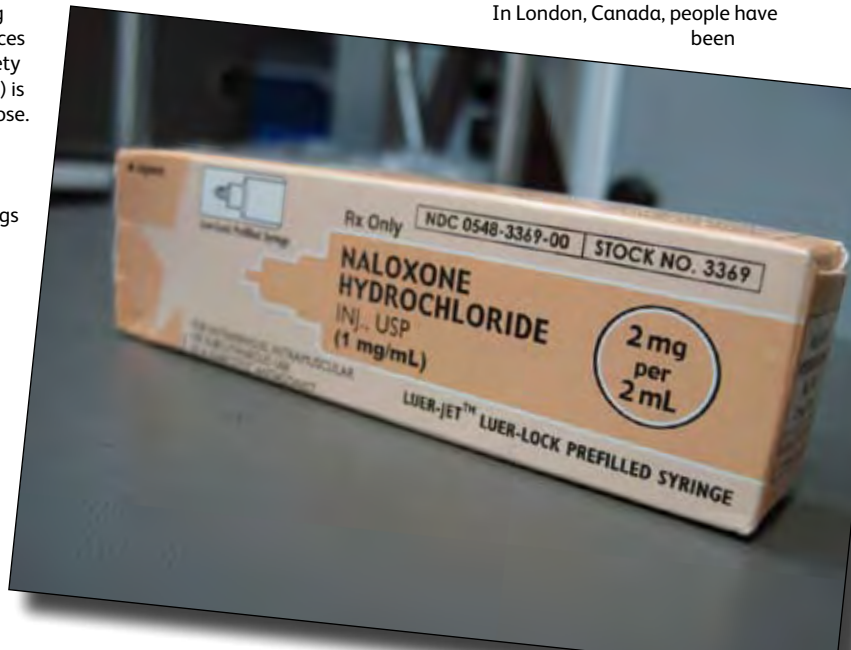
1. They may act confused or stupid
2. They go to sleep and won't wake up
3. Slow breathing, or they actually stop breathing
4. Their lips and fingernails might start to turn blue
5. Cold skin
6. They may throw up.

The third thing to know is what to do in case of an overdose?

1. If your friend is getting confused and starting to go out, keep them awake. They won't like this, but it will help them keep breathing.
2. If they do go out and you can't wake them, call 999 immediately! Paramedics have a medication called Naloxone that reverses overdose.
3. If they are not breathing, you need to breathe for them. Make sure there is nothing in their mouth, tilt their head back, lift their chin, plug their nose and breathe into them every 5 seconds. You know it's working if you see their chest rise. You need to keep doing this until they breathe on their own or paramedics arrive.

Calling 999 can be a challenge, because you may be concerned about police responding to the phone call as well as paramedics.

In London, Canada, people have been



arrested on the basis of outstanding warrants and what is in the room when they called because of an overdose. Having more people with you means that you can clean up while one person is breathing for your unconscious friend. In Vancouver, Canada, there is an agreement that police do not respond to 999 calls for an overdose. We hope to be able to do the same.

The last thing to think about in terms of preventing deaths from overdose, is Naloxone, which paramedics carry. It only works for a bit, so the person still has to go to the hospital, but it will allow them to wake up and breathe. In some cities in the United States, they are working hard to make sure Naloxone is available to more people than just paramedics. You can only get it through a prescription, and you need to know how to inject it, but it is being given out as part of some needle exchange programs. This is an idea that has been shown to work, and could be useful in both the UK and Canada as well.

So, if you are going to use, make sure you use safely and know what to do in the case of an overdose.

Abe Oudshoorn

Abe Oudshoorn teaches Nursing at The University of Western Ontario, and is a former street nurse at the London InterCommunity Health Centre in London, Canada.

Top 10 footcare tips

Ten things to do this spring for healthier summer feet. Now that the sun is starting to shine a little, it's time to think about keeping our feet sweet for summer. Here are the Top 10 tips for keeping them well and healthy.

One Take a few minutes to look at the skin. Your feet are often neglected and stuck in thick socks and heavy boots in winter,

so it is time now to examine the soles of your feet and take a good look between your toes. Check for cracks or splits, or scaly rashes that could be a fungal infection or dermatitis. Look for blisters, lumps, bumps, warty-like structures (which could be verrucae) or strange-looking moles, and if anything concerns you, get advice from a podiatrist, doctor or nurse.

Two If your nails seem thickened, yellow or crumbly, you may have a fungal infection. Cut your nails straight across as short as you can, and don't poke down the sides of your nails or pick at them, as this could introduce infection.

Three Think about your footwear. UK summers are rarely heat waves, so don't get rid of the boots just yet – it still gets cold at night. If you spend a lot of time walking on pavements, you'll need a warm, sturdy pair to get you through most of the summer. Try to find second-hand, lightweight walking boots made of a breathable material. Trainers are fine, but sometimes the synthetic material in the lining can make your feet sweat excessively. Sandals rarely offer enough support or protection.

Four Swap your thick winter socks for several pairs of lighter cotton ones, if you can, and rotate them. If possible, don't go without socks: the friction between the inside of the shoe and the skin on your foot can lead to blisters or wounds on your feet, and these can lead to infection.

Five Air your feet. When it is safe to do so, and if you have no open wounds on your feet, go barefoot for a while. Give your feet a chance to stretch and breathe after the winter months. If you can get down to your feet, rub the soles with your thumbs to get the circulation going.

Six Avoid infections. Communal floor surfaces like dormitories or shower rooms are a great place for them to lurk. If you can, wear something on your feet when you shower – even socks will give some protection. Remove them afterwards, and wash and dry them thoroughly. If you get an offer of a good pair of second-hand shoes, air them for a day or so before wearing them.

Seven If you smoke, think about stopping. Not easy, but as well as all the other benefits, stopping smoking could have a huge impact on your foot health. Smoking affects the small vessel circulation in the feet and legs, and as such is damaging to your lower limb health.

Eight Some prescription and street drugs threaten the health and wellbeing of your feet. Alcohol in large quantities over long periods of time may affect the sensation in your legs and feet, and some drugs can influence the circulation to the lower limbs. Be careful, and try to drink moderately.

Nine Think about your general health. Conditions such as diabetes, arthritis and neurological conditions such as stroke can play a part in putting your feet at risk. If you have diabetes, or think you might have (you may be drinking and peeing a lot, small wounds may be slow to heal...), get checked out.

Ten Use them. Walking is great for body and soul, so get those feet moving. Walking helps pump blood around the body and keeps the important lower limb muscles moving. It's free, it's good for you, and it's the season to do it!

Evelyn Weir

Lecturer in podiatry
Queen Margaret University
Edinburgh



“Can I borrow a spoonful of sugar”

SAY Women Accommodation Project

3rd Floor, 30 Bell St, G1 1LG
 0141 552 5803
 Provides support and counselling to young women aged 16 – 25 who are homeless or threatened with homelessness and are survivors of rape or sexual abuse
 AS, C, SH

TELEPHONE SERVICES

Community Legal Advice

0845 345 4345
 Nationwide
www.communitylegaladvice.org.uk
 Mon–Fri: 9am–8pm;
 Sat: 9am–12:30pm
 AD, BA, DA, H
 Free, confidential service, offering specialist advice on housing, benefits, tax credits, debt etc.

Domestic Violence Helpline

0808 2000 247

Frank

0800 776 600

Free 24-hr drug helpline

Get Connected

0808 808 4994

Free advice for young people

(1pm – 7pm daily)

Job Centre Plus (benefits agency)

0800 055 6688

To make a claim

For queries about existing claims

For Income Support, Jobseekers Allowance or Incapacity Benefit

0845 377 6001

For Social Fund enquiries

0845 608 8661

For the Pensions Service

0845 60 60 265

Message Home Helpline

0800 700 740

24 hrs daily

National Debtline

0808 808 4000

Runaway Helpline

0808 800 7070

Free line for under-18s

who have left home

The Samaritans

08457 90 9090

SANALINE

6 – 11pm

0845 767 8000

Out-of-hours helpline for those affected by mental health

Shelter

0808 800 4444

Housing info and advice

8am–8pm daily

UK Human Trafficking Centre

0114 252 3891

TELEPHONE SERVICES

EDINBURGH

Edinburgh City Mission

Counselling and crossline helpline

0845 658 0045

Providing a listening service for anyone in emotional crisis.

Also offers face-to-face counselling by appointment

TELEPHONE SERVICES GLASGOW

Glasgow Shelter Advice Service

0808 800 4444

Mon–Fri: 9am–5pm

Glasgow Street Service

0800 027 7466

Mon–Thu: 8am–11pm; Fri: 8am–5pm; Sat: 8am–3pm; Sun: 4–11pm

Street outreach team partner-

ship between Simon Community

Glasgow and Barnados Scotland

Glasgow Women's Support Project

31 Stockwell Street, G1 4RZ

0141 552 2221

Mon, Tues, Thurs, Fri: 10am

– 4:30pm; Wed: 2 – 4:30pm

Information, advice and initial

support for women who have

experienced sexual abuse

WEBSITES

Mental Fight Club

A creative/arts site for those

with mental illness.

uk.geocities.com/gabriele-jenkinson@btinternet.com/

The Pavement Online

Soon to have an online version of *The Other List*, which will soon be in several translations to download: www.thepavement.org.uk/services.htm

Proud to be mad

A campaigning site for those

with mental illness

www.proudtobemad.co.uk

Sock Book

Previously Everyone's Home

An 'e-shelter', with a large

directory of services.

sockbook.referrata.com

Stonewall Housing

Addresses the housing needs of les-

bians and gay men. Provides tempo-

rary, supported housing for 16 – 25

years old lesbians and gay men.

www.stonewallhousing.org

Streetmate

An independent site with sub-

stantial information on housing,

working and learning, built for

those homeless who use the

internet and want to do-it-them-

selves as much as possible.

www.streetmate.org

WEBSITES EDINBURGH

Homeless Edinburgh

A comprehensive website contain-

ing information about services

in Edinburgh including hostels,

advice and support centres. Also

has information on over 8,000

services outside Edinburgh

www.homelessedinburgh.org

WEBSITES GLASGOW

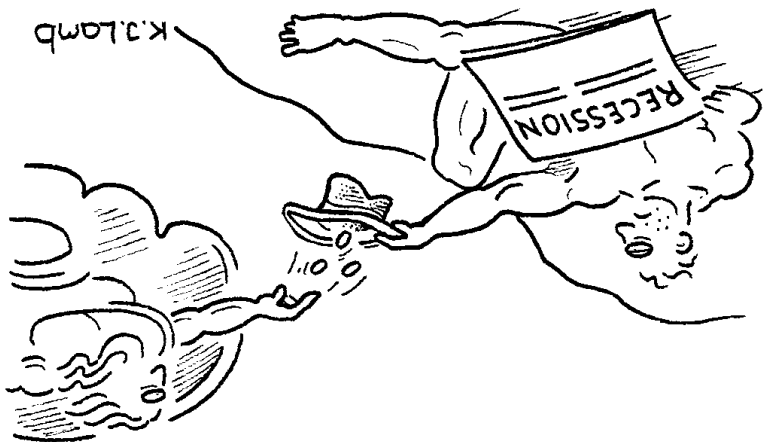
Homeless Information Pages

Lots of useful information and

advice on homeless services

in and around Glasgow

www.hippinglasgow.com



MEDICAL SERVICES GLASGOW

The Physical Health Care Team

55 Hunter St, G4 0UP

Mon - Fri: 1 - 5pm

Has two GPs and a team of nurses

clinics at some hostels. Appointments not necessary. They also

provide support for people who

have hospital appointments

and want someone to go along

with them. There is also an

addiction and mental health

team based at this address

A, D, FC, MH, MS, P, SH

SOUP KITCHENS & SOUP RUNS EDINBURGH

Barony Contact Point

101 High Rigg, EH3 9RP

0871 700 7777 / 0131 622 1867

Tue: 10.30am - 4pm;

Thur: 10am - 1pm,

Calton Centre

121 Montgomerie Street, EH7 5EP

0131 661 5252

Tues: 6 - 8.30pm

Care Van

Bethany Christian Trust's soup

run in Edinburgh city centre

364 evenings a year

Carriuber's Christian Centre

65 High Street, EH1 1SR

0131 556 2626

Sun: 8 - 9am

Grassmarket Mission

79/3 Grassmarket, EH1 2HJ

0131 225 3626

Mon: 7 - 9pm; Tues: 6 - 7pm;

Wed: 1 - 4pm; Fri: 1 - 4pm;

Sat 9 - 10.30pm

AC, FF

Jericho house

53 Lothian Street, EH1 1HB

0131 225 8230

Sun: 10am - 2pm; Weds

and Thurs: 6 - 7.30pm

CL, FF

Little Sisters of the Poor

43 Gilmore Place, EH3 9NG

0131 229 5672

Every day 1 - 2pm and 6 - 7pm

Missionaries of Charity

18 Hopeoun Crescent, EH7 4AY

0131 557 8219

Every day except Thur:

3.45 - 4.30pm

Soup Van

Every night: 9 - 9.45pm

Runs from Waverley Bridge to

Grassmarket and North Bridge

(Tue - Fri they have woodwork, art,

gardening and textiles 10am - 4pm)

ET, FF

SOUP KITCHENS & SOUP RUNS GLASGOW

Balvicar Street

G42 8QU

Thurs: 7 - 9pm

Cadogan Street

Glasgow G2 7AB

Runs at these times:

Sun: 9 - 10pm; Mon: 7.30 -

9pm; Tues: 8.45pm - 12.30am;

Wed: 9 - 10pm; Fri: 8 - 9pm

Rokpa Glasgow

Kagyu Samye Dzong

The Tibetan Buddhist Centre

7 Ashley Street, G3 6DR

0141 332 9950

St. Columba's Church

St. Vincent Street, G2

Sun: 7.30 - 9pm

St. Patrick's Church

North Street, G3 7DA

Thur & Sun: 8pm - 9pm

St. Simon's Church

Dunaskin Street, G11 6PG

Sun: 1.30 - 2.30pm

Waterloo Street

G2

Thur: 10pm - 12am

SPECIALIST SERVICES

Support in Mind Scotland

(formerly the National

Schizophrenic Fellowship)

6 Newington Business

Centre, Dalkeith Road Mews,

Edinburgh, EH16 5DU

Mon-Fri: 9am-4pm

Support and action for people

SPECIALIST SERVICES EDINBURGH

Edinburgh Women's Aid

4 Cheyne Street, EH4 1JB

0131 315 8110

Mon: 1-3pm; Tues, Wed &

7pm; Sat: 10am-1pm

Information, support and refuge

for women, and accompanying

children, fleeing domestic abuse

AS, AD, C, H, OL, P

Streetwork UK - Out of the Cold

2 New Street, Edinburgh

0131 556 9756

Working with people over 50

years who are or have been

homeless / housing crisis

AS, AD, BA, DA, H, LA, OL, OB, P, JS

Streetwork UK - Womens Services

4 Bellevue Street, Edinburgh

0131 467 2023

Mon, Tue & Thu: 1-4pm

Drop in for women

AD, AC, BA, CA, CL, DA, ET

LA, OL, OB, P, SH, TS

SPECIALIST SERVICES GLASGOW

GAMH Homeless Support Project

123 West Street, G40 1DN

0141 554 6200

Mon - Fri: 9am - 5pm

Practical support and advice

for homeless people in Glasgow

with mental health problems.

Phone, write or just drop in

C, MH, P

Glasgow Rent Deposit and

Support Scheme

3rd Floor, Crowngate Business

Centre, 117 Brook Street, G40 3AP

0141 550 7140

Mon-Thur: 9am-4pm; Fri: 9am-3pm

AS, BA, C, H, IT, TS

Glasgow Women's Support

Project

See Telephone Services Glasgow

DRUG / ALCOHOL SERVICES

Drinkingline Scotland
Freepost, PO Box 4000, G3 8XX
0800 7314 314
Advice and info for people with alcohol problems or anyone concerned about alcohol misuse
A, C

DRUG / ALCOHOL SERVICES

Castle Project
2 Craigmillar Castle Road, EH16 4BX
0131 661 5294
Mon - Thurs: 9am - 4.30pm;
Fri: 9am - 4pm
D, NE, OL, OB, P, SH
www.castleproject.org.uk

DRUG / ALCOHOL SERVICES

Alcohol Focus Scotland
166 Buchanan St, Glasgow
0141 572 6700
Call-in, phone or email: Mon - Thurs:
9am - 5pm; Fri: 9am - 4.30pm
A, C, ET, P

Breakthrough

James Duncan House, 331

Bell Street, G4 0TJ

0141 552 9287

A joint health and social work

project offering services to

people with drug and alcohol

problems. It also incorporates

methadone prescribing.

A, C, D, MS, NE, P

Cocaine Anonymous Scotland

0141 959 6363

www.casotland.org.uk

Helpline offering help and support

to those with or recovering from

an addiction. Also offer meetings

and literature on addictions

A, AD, C, D

Drug Crisis Centre

The West Street Centre, 123

West Street, G5 8BA

0141 420 6969

www.turningpointscotland.com

24hr service offering information

and advice to those who abuse

drugs. Also residential drug rehab

program. Family support unit

operates on this site. D, NE, P

EMPLOYMENT AND TRAINING**EDINBURGH**

Bethany Christian Trust

65 Bonnington Road, EH6 5JQ

0131 625 5411

Community Education pro-

gramme with a range of courses

aimed at giving skills to get back

into work or volunteering. FF

Bethany Christian Centre (Men

only)

6 Casselbank St, EH6 5HA

0131 554 4071

For homeless or vulnerable men

with alcohol or drug problems who

wish to take part in a work training

programme www.bethanyct.com

CA, ET, P

EMPLOYMENT AND TRAINING**GLASGOW**

Glasgow Simon Community

- Resettlement Training Service

12 Commercial Road, G5 0PQ

0141 420 6105

Mon - Fri: 9am - 4pm

Runs short courses that help people

look at their choices, rights and

opportunities in settling down. Open

to anyone over 16. Courses are

organised on a rolling programme

and run between 10am and 4pm

www.glasgowsimon.org.uk

C, ET

Emmas Glasgow

101 Ellesmere Street, G22 5QT

0141 353 3912

Provides accommodation and

work for homeless people

AS, CL, ET, P, TS

ENTERTAINMENT & SOCIAL**EVENTS**

tbcb

EX-FORCES

AWOL?

01380 738137

Call the 'Reclaim Your Life' scheme

from SSAFA (Soldiers, Sailors,

Airmen and Families Associa-

tion): Mon - Fri: 9am - 10am

Opticians services and spectacles

(TAP clinic)

20 Cowgate, EH1 1JX

0131 240 2810

Every Fri: 9-11am

Free eye examinations and

spectacles for all. NHS benefits

not required for free spectacles

- drop in or make an appointment

MS

MEDICAL SERVICES EDINBURGH

See Telephone Services for helplines

JOB CENTRE PLUS

P

Can accept married couples

including ex-merchant mariners.

ex-service men and women.

Accommodation for homeless

Mon - Fri: 7am - 5pm

Ring first

0131 556 6827

53 Canongate, EH8 8BS

Whiteford House

EX-FORCES EDINBURGH

one-to-one welfare service

www.veterans-uk.info

Free help and advice for vet-

erans and access to dedicated

Accommodation for homeless

ex-service men and women.

including ex-merchant mariners.

Can accept married couples

Mon - Fri: 7am - 5pm

Ring first

0131 556 6827

53 Canongate, EH8 8BS

Whiteford House

53 Canongate, EH8 8BS

0131 556 6827

Ring first

Mon - Fri: 7am - 5pm

Accommodation for homeless

ex-service men and women.

including ex-merchant mariners.

Can accept married couples

Mon, Wed - Fri (closed on the

morning of the third Wednesday

of the month): 9am - 12.45pm,

1.45 - 5pm; Tues 9am - 12.45pm

Health service for homeless people,

including a general nursing and

treatment room, mental health

care, 10 GP sessions a week, as well

as dental services a chiropody

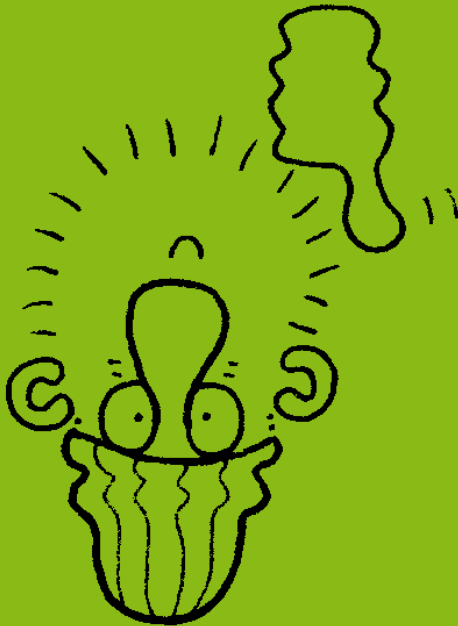
service, occupational therapist, clini-

cal psychologist and psychiatrist. A

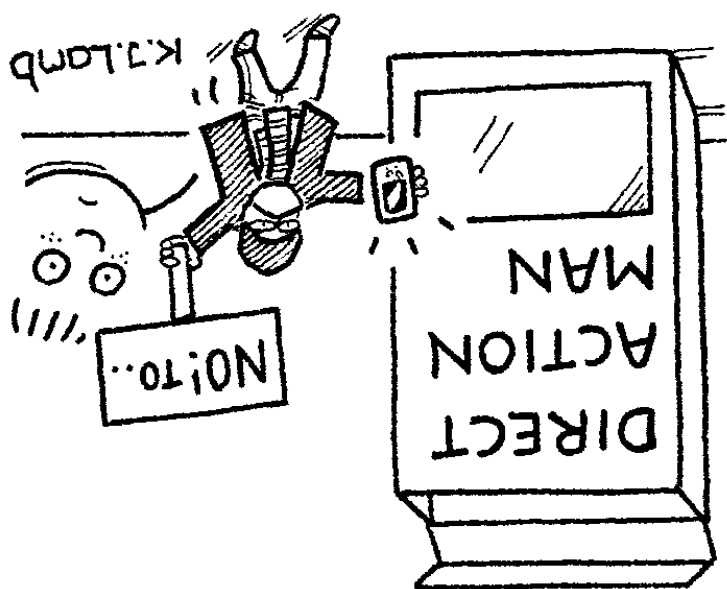
clothes exchange is available too

A, DT, D, FC, MS, MH, P, SH

www.thepavement.org.uk



**You can read the news,
keep informed & search
our directory of services
@ online**



Rock Trust
55 Albany St, EH1 3QY
0131 557 4059
Various activities and services for 16-25 year olds, including drop-ins, one-to-one sessions and Night Stop on referral.
www.rocktrust.org

Open Door Accommodation Project
7-12 Adelaide Street, Livingston, EH54 5HG
01506 430221
Young single homeless people aged 16-21 with a local connection to West Lothian Ring first (8am - 8pm daily)
www.odap.org.uk

Number Twenty
20 Broughton Place, EH1 3RX
0131 557 1739
Young single homeless women aged 16-21 with support needs. Ring first (8am - 11.30pm every day)

Cranston Street Hostel
2 Cranston Street, EH8 8BE
0131 556 8939
Temporary registered accommodation for single homeless women. Although the maximum stay is six months this can be extended under certain conditions
www.homelesseidinburgh.org

Gowrie Care – Caledonia House
Gilmore's Close, Grassmarket, EH1 2HD
0131 220 5078
www.homelesseidinburgh.org

Salvation Army – Ashbrook
492 Ferry Road, EH5 2DL
0131 552 5705
Single homeless people who are eligible for housing benefit
www.salvationarmy.org.uk

Turning Point Scotland – Link Up
112 Commerce Street, G5 9NT
0141 420 1929
A direct access service for homeless people in crisis as a result of mental health, drug, or alcohol problems
A, AS, AD, C, D, FC, MS, P
www.turningpointscotland.com

Talbot Association – Kingston
344 Paisley Road, G5 8RE
0141 418 0955
Referral by Glasgow City Council only
BS, C, DT, ET, F, H, L, MS, MH, P, SH

Quarriers Stopover
189 Pollockshaws Road, G41 1PS
0141 420 3121
For young people 16-25. Accommodation is on the upper levels of a four-storey building so not suitable for people with physical disabilities
A, C, D, ET, H, P
www.quarriers.org.uk

Council for Homeless Young People (CHYP)
171 Wilton Street, G20 6DF
0141 945 3003
Details at
www.queenscrossha.org.uk
Residential support for youngsters and young, single homeless people
P

Young people

Rachel House
503 Balcraig Street, G40 4SG
0141 556 5465
Provides supported accommodation for single/pregnant mothers aged 16 to 25 and children up to ten years old

Govanhill Women's Project
14 Polmadie Street, G42 0PQ
0141 423 5599
Works with single homeless women aged over 25 from the Glasgow area. The project is not suitable for women under 25 or those wanting to be accommodated with a partner or with children in their care. Ring first

Women

DIRECT ACCESS HOSTELS/ NIGHTSHELTERS GLASGOW

Stopover (Edinburgh)
40 Grove Street, EH3 8AT
0131 229 6907
Young single homeless people aged 16-21 with a range of support needs
Ring first
www.foursquare.org.uk

All with low-support needs

Salvation Army – Hope House
14 Clyde Street, G1 5JW
0141 552 0537
Referral by Glasgow City Council only
A, AS, BS, F, P

Laurieston Centre
39 South Portland Street, G1 9JL
0141 429 6533
Open office hours only
A, AS, BS, F, P

Simon Community – Castlemilk
86-88 Arnprior Road, Castlemilk, G45 9HE
Offers a group-living model of supported accommodation to men who have experience of long term homelessness and are committed to addressing addiction issues. Possibility of continuing support after moving into own home. Referral from social work or similar agency is required, accepts men from all over Glasgow
0141 631 1798
www.glasgowsimon.org

The Mungo Foundation – London Road Project
1920 London Road, G32 8XG
0141 778 1184
Works with 16-25 year olds who cannot access mainstream accommodation. (Open 24 hrs)
www.themungofoundation.org.uk

ADVANCE SERVICES GLASGOW

GEN8R Action for Children (16-24)

Westwood Business Centre, 69
Aberdridge Road, G34 9HJ
0141 771 6161
Mon-Fri: 9am-5pm
Advice and support for 16-24 year
olds seeking accommodation
AS, AD, BA, C, DA, H, P, TS

AS, AD, BA, C, DA, H, P, TS

Glasgow Shelter Advice Service

First Floor Suite 2, Breckentridge
House, 274 Sauchiehall Street
0808 800 4444 Mon-Fri: 9am-5pm
Emergency surgery at office
Thu 2-4pm, at all other times
call the helpline above
AD, C, H, P

Glasgow City Council

For anyone who is homeless,
threatened with homelessness, or
in need of advice about homelessness-
ness issues. Staff will be pleased
to discuss your circumstances
with you in a private interview
room and provide advice on what
can be done next to help you
www.glasgow.gov.uk
AS, BA, C, DA, H, TS

Glasgow City Council

Homeless Person's Team
Hamish Allan Centre, 180
Centre Street, G5 8EE
0141 287 1800
Mon-Thur: 8.45am-4.45pm;
Fri: 8.45am-3.55pm
AS, BA, C, DA, H, P, TS

Glasgow Street Service

See Telephone Services Glasgow

DAY CENTRES AND DROP-INS

EDINBURGH

Barony Contact Point

101 High Riggs, EH3 9RP
0871 700 7777
Mon: 6.30-9pm; Tue: 10.30am-
4pm; Thu: 3.30-7.30pm;
Fri: 11am-2pm (women
only); Sun: 11am-4pm
C, MH, P

Bethany Christian Trust

Leith Accorn Centre YMCA,
Junction Place, EH6 5JA
Tue: 12.30-2.30pm (women
only drop in); Thu: 1-3pm

(men only drop in)

Cowgate Day Centre

see Streetwork Crisis Centre

Crossreach - Church of Scotland

Social Care Council
Charis House, 47 Milton Road
East, Edinburgh, EH1 5 2SR
0131 657 2000
Mon-Thur: 8.45am-4.45pm;
Fri: 8.45am-3.45pm
www.crossreach.org.uk

Four Square

67a Logie Green Road,
Canonmills, EH7 4HF
0131 557 7930
www.foursquare.org.uk
AS, ET, TS, P

Streetwork UK - Women's Services

See Specialist Services

DAY CENTRES AND DROP-INS

GLASGOW

Glasgow City Mission - The

Shieling
20 Crimea Street, Glasgow, G2 8PW
0141 221 2630
Mon, Tues, Wed & Fri: 10am
-4pm (drop in); Thur: 1-5pm;
Mon, Tues, Wed & Fri: 6.30-11pm
www.glasgowcitymission.com
AS, AD, AC, B, BS, BE, C, CL, ET,
FF, H, IT, LA, MC, MS, OB, P

www.glasgowcitymission.com
FF, H, IT, LA, MC, MS, OB, P

Lodging House Mission

35 East Campbell St, G1 5DT
0141 552 0285
Mon, Tue, Thu: 8am-3pm; Wed,
Fri: 8am-2pm; Sun: 4-6.30pm
BS, CL, E, F, IT, P

Salvation Army - The Laurieston

Centre
39 South Portland Street, G5 9JL
0141 429 6533
AS, A, BA, C, DA, ET, FF, F,
H, IT, LF, MS, P, SH, TS

Wayside Day Centre

32 Midland Street, G1 4PR
0141 221 0169
Mon-Fri: 10-11.30am; 12.30-
4pm; 7.30-10pm; Sat 1-4pm
There are specific services for
women and rough sleepers as well

DIRECT ACCESS HOSTELS/

NIGHTSHELTERS EDINBURGH

All with low support needs

Bethany House

12 Couper St, Leith, EH6 6HH
Emergency accommodation
for single homeless people
0131 467 1010
AS, AD, A, BS, BE, D, F, H, LA, P

Bethany Supported Housing

65 Bonnington Road, EH6 5JQ
0131 553 1119
Ring First
P

Castlecliff Hostel

25 Johnston Terrace, EH1 1NH
For homeless people aged
16 and over; accepts couples
and people with pets
0131 225 1643
AS, BS, BE, H, L, P, TS

Cunningham House

205 Cowgate, EH1 1JH
For homeless people with addi-
tional support needs around
alcohol, drugs, mental health
and learning difficulties.
0131 225 4795
www.crossreach.org.uk
AS, BA, P, S

Dunedin House

4 Parliament St, Leith, EH6 6EB
0131 624 5800
www.dunedin-harbour.org.uk
P

Gowrie Care - St John's Hill

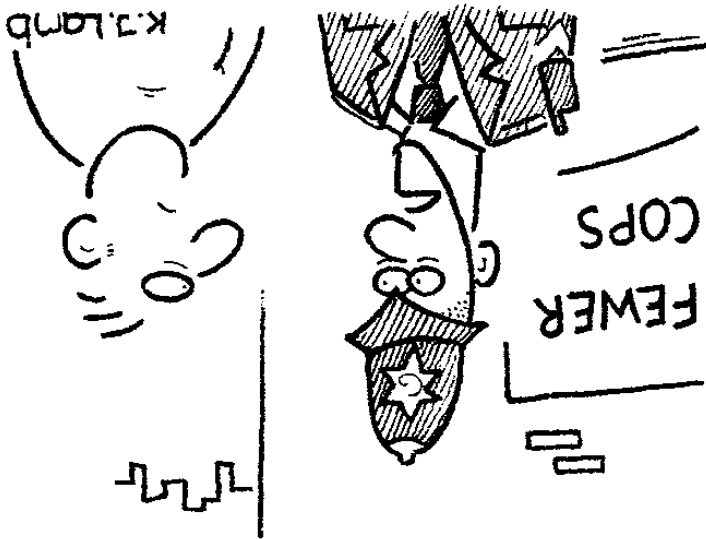
1 St John's Hill, EH8 9TS
0131 557 5502
Ring or drop in: Mon - Fri 9am - 2pm

Randolph Crescent Hostel

2 Randolph Crescent, EH3 7TH
Supported accommodation for
single men and women from
Lothian and Edinburgh Absti-
nence Programme (LEAP)
0131 220 1607
Referral from LEAP on:
0131 456 0221, P

as health, addiction and other

specialist services at specified times
ET, F, FF, H, IT, L, LA, MS, OB, P,
AS, AD, AC, B, BA, BS, BE, CA, CL,



"Would you accompany me to the station, Sir?
It's lonely there on my own"

the OTHER list

The directory of Scotland's homeless services

Updated 25 April 2011

Key to this list:	Accom. assistance – AS	Alcohol workers – A	Art classes – AC	Barber – B	Benefits advice – BA	Bathroom/showers – BS	Bedding available – BE	Careers advice – CA	Clothing – CL	Counselling – C
Debt advice – DA	Dentist – DT	Drugs workers – D	Education/training – ET	Free food – FF	Food – F	Foot care – FC	Housing/accom advice – H	Internet access – IT	Laundry – L	Leisure activities – LA
Leisure facilities – LF	Tenancy support – TS	Luggage storage – LS	Medical services – MS	Mental health – MH	Music classes – MC	Needle exchange – NE	Outreach worker links – OL	Outreach workers – OB	Pavement stockist – P	Safe keeping – SK
Sexual health advice – SH	SSAFA – SS	Tenancy support – TS								

If you've any changes or suggestions write to us at the address on page 3, or email: thelist@thepavement.org.uk	Updated entries: 2	Services added: 1
ADVICE SERVICES EDINBURGH		
Advocard 332 Leith Walk, EH6 5BR 0131 554 5307 www.advocard.org.uk Mon – Fri: 10am – 4pm, MH, P		
City of Edinburgh Council – Housing Options Team 1 Cockburn St, EH1 1BJ 0131 529 7584 / 7368 Mon, Wed, Thurs 8.30am – 5pm; Tues 10am – 5pm; Fri 8.30am – 3.40pm Advice and information on		
Homeless Outreach Project 19 Smith's Place, EH6 8NT 0131 554 3961 Mon – Fri: 9.30am – 5pm Outreach service for homeless people with mental health, alcohol and drug-related problems AS, AD, A, BA, CA, C, D, ET, H, MH, P, OB, SH, TS		
The Access Point 17-23 Leith Street, EH1 3AT 0131 529 7438 Services for people 16 years or over who do not have care of children Mon, Wed, Thu: 9am–5pm; Tue 10am–5pm; Fri: 9am–4pm (drop-in services only): Mon–Thu: 1.30–4pm; Fri: 1.30–3pm Emergency assistance outwith office hours phone 0800 731 6969 www.streetwork.org.uk		
Edinburgh Cyrenians 57 Albion Rd, EH7 5QY 0131 475 2556 Mon – Fri 10am – 4pm Advice, information and support for people who are homeless or threatened with homelessness AS, ET, H, P		
Streetwork UK - Crisis Centre 22 Holyrood Road, Edinburgh 0131 557 6055 Free phone 0808 178 2323 24/7 crisis centre for people in housing crisis or at risk of sleep-ing rough. Includes outreach service / needle exchange. AS, AD, A, BA, BS, CA, CL, D, DA, ET, F, H, IT, L, LS, MH, NE, OL, OB, P, SH www.streetwork.org.uk		
Edinburgh Cyrenians 57 Albion Rd, EH7 5QY 0131 475 2556 Mon – Fri 10am – 4pm Advice, information and support for people who are homeless or threatened with homelessness AS, ET, H, P		
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