

# *the* Pavement

The *FREE* monthly for Scotland's h

June 2011





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# The Editor

## *Light and dark*

A striking cover, but this isn't a live-action version of *Street Shield*: this is the *Crimson Fist* and he's in the news! It's not the weightiest of news, especially alongside the update on the Westminster ban and some of the grim stories in the news, but perhaps that's the point. Although they are serious, these modern, real-life heroes offer a lighter look at life on the streets, so we should welcome their actions and story.

We welcome back Abe Oudshoorn as our guest columnist. We ran a column by him in May about what to do if you experienced or came across an overdose, as our readers are likely to see an overdose or its after-effects. Similarly, in this issue we look at first aid training for those who are most likely to need or see the need for it. A new project by the British Red Cross addresses this, so we look at their work in London, training people in the basics of medical treatment.

*Street Shield*'s back this month with a new adventure, and we'll announce the results of the 'Design a Superheroine' contest in an upcoming episode.

## *Amy Hopkins*

Editor

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Imagery by Peter Tangen / *The Real Life Superhero Project* © 2011  
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# Scottish news

*All the homeless news from across the land*

## Fire destroys Shelter's Edinburgh headquarters

Leading housing charity Shelter Scotland became a victim of homelessness itself after a fire broke out destroying its Edinburgh offices at Scotiabank House.

The blaze, which resulted in significant damage to the premises, flared up in the early hours of Monday 2nd May. Despite the destruction of the five-storey building, thankfully no-one was harmed in the incident. Following the aftermath, staff from the charity moved across the street and have temporarily set up office in a room at the Roxburghe Hotel.

Although Shelter's helpline and other front line services were still operational at the time, the drop-in service and other back room services had to be abandoned indefinitely.

Since the blaze, the housing and homelessness organisation has seen a huge amount of support with countless offers and messages of consolation received through social networking site, Twitter. Neil Baldwin, Shelter's Media Manager, said: "We were very suddenly homeless. We have been overwhelmed by the messages of support and help and are thankful to everyone."

The root cause of the fire is currently under investigation. Meanwhile, the hefty task of finding a new location for Shelter's employees is underway. Baldwin explained: "We need to house 40 people in the short term for as much as three to six months."

For further information about Shelter Scotland, please visit their website at [www.scotland.shelter.org.uk](http://www.scotland.shelter.org.uk). For advice from

the charity, you can call the helpline on **0808 800 4444**.

*Laura Blakely*

## Formerly homeless lap dancer turns life around

In today's busy world, people use traditional sports such as boxing and martial arts to keep fit and happy. Soul Pole, a pole dancing exercise studio in Aberdeen, promotes fitness and self confidence by giving clients the opportunity to learn to pole dance.

The founder, Sian Ajose, 36, is a busy and healthy married mum of one. However, a few years ago, Sian was underweight, sleeping rough and using recreational drugs.

Sian, who left an unhappy home when she was 16, was already on the road to recovery when she decided to pursue a course at the UK Sailing Academy based in Australia's Golden Coast. However, training is expensive and, after trying unsuccessfully to get funding from various sources, Sian nearly gave up on her dream.

Fortunately, Sian took the initiative to write directly to The Princess Royal, Princess Margaret, who is a patron of the Sailing Academy. To Sian's delight, The Princess was able to influence the Academy to pay for Sian's tuition and accommodation while she studied. However, Sian still had to cover the cost of childcare, living costs and flights.

Sian identified lap dancing as an easy way to make the money she needed for her trip and, with a little initial trepidation, she started lap dancing in Edinburgh.

Her hard work and perseverance paid off and Sian returned to Aberdeen as a qualified wind surfing instructor and rescue diver.

On her return to the North East, Sian planned to utilise her new skills to establish a business in the area, teaching others to enjoy diving and wind surfing. The cold Scottish climate, however, did not support the venture. Sian was not deterred and she began working as a sports education tutor.

Having always enjoyed dance and fitness, and with pole dancing experience, Sian spotted the potential for a business venture. Initially she offered pole dancing classes from her living room but, as demand grew, the business moved into a studio in the city centre. Sian's studio opened in 2009 and is still running today, with a team of six instructors.

Sian's success with Soul Pole was recognized when she won 'Grampian Business Awards emerging Entrepreneur of the Year' in 2009 and was awarded 'Highly Commended Health Destination Clubs and Gyms Category' by the Trend lifestyle Awards in 2010.

Awards aside, Sian's happiness, success and positive influence in the North East illustrate the potential to realise your ambitions, regardless of where you start from.

*Zara Cameron*

## Green Party plan to use empty homes

Over 10,000 homes are lying empty in our capital. In a city where 25,000 people are on the housing list and 4,600 were accepted as homeless

last year, all eyes are on Edinburgh City Council to take action.

Alison Johnstone, a newly appointed MSP for the Green Party, said that the City Council have adopted a "see no evil, hear no evil, speak no evil" stance on the issue of empty homes.

Johnstone said: "That complacency is not acceptable. I'll be talking to my Councillor colleagues about what we can do to inject some urgency into empty homes work in the city.

"We need policies like Land Value Tax which would penalise homes lying empty for too long."

*Hazel Baird*

## Housing Benefit change threatens vulnerable

There is to be a deduction of £17.31 from housing benefit for some 25-34 year olds in Lanarkshire. The deduction follows cuts that are predicted to reduce the Governments' housing bill by £2.4 billion.

All 25-34 year olds will receive the previously reduced rate for those in shared accommodation, with the associated cheaper living costs, regardless of whether they share accommodation.

The East Kilbride Citizens Advice Bureau has spoken out strongly, saying the deductions will harm those who are already financially vulnerable. The CAB has voiced concerns at the hypocrisy of entitlement changing overnight and the disruption to peoples lives created by the reduction in support.

It is estimated that a lack of affordable, available housing will lead to an increase in homelessness and rough sleeping for this age bracket. Shelter Scotland expects a rise in demand for their support. Landlords' confidence in those on benefits is likely to be negatively affected, affecting the accessibility

of private rented accommodation. Doubtless the financial pressure on those already with limited financial resources will increase with £69.24 less in their pockets each month.

The reaction of CAB East Kilbride is in line with the Resolution Foundation's economist, Gavin Kelly, who worries that the needs of 11 million low-to-middle earners (£12,000 - £30,000 per couple without children) in Britain are not being understood or addressed by politicians.

*Zara Cameron*

## Decayed and missing teeth a major problem for Scotland's homeless

Planning for good oral health ought to be included in national health and homelessness policies in Scotland, according to a major report published in May.

The Smile4Life report is based on a survey of more than 850 homeless people across Scotland that found that many homeless people had bad oral health.

Professor Ruth Freeman, of the Dental Health Services Research Unit (DHSRU) at the University of Dundee, said: "Oral health is an issue for many homeless people and should be addressed through wider strategies and policies aimed at helping homeless populations."

As part of the wider set of problems that homeless people face, difficulties eating, speaking and smiling comes down to a lack of appropriate, accessible oral healthcare. Many of the homeless people surveyed realised that they needed help with their teeth but were prevented from seeking treatment by other priorities.

The Smile4life project has been led by the DHSRU, working together with seven NHS boards across Scotland. The project team also

received input from the Scottish Council for Single Homeless and Glasgow Homelessness Network.

Robert Aldridge, Chief Executive of Scottish Council for Single Homeless, said: "Many homeless people are coping with a combination of very urgent and immediate issues. So, health care and dental care slip down their list of priorities, only surfacing when the problem becomes acute and the need for attention is urgent.

"This research demonstrates how important it is for homeless people not only to have access to emergency dental services, but also to regular dental treatment."

The Smile4life report was launched at an event at the University of Stirling on 19 May. The event was held within the Dementia Services Development Centre in the Iris Murdoch Building.

*Anna Thorley*



# The spread of heroes

*The Crimson Fist is one of a growing number of superheroes in the US*

A very different kind of movement to help the homeless people is gaining ground in the US. The Real Life Superheroes are advocates who dress up in comic-book style costumes to bring attention to the plight of rough sleepers in the world's biggest economy.

One such example is the Crimson Fist (pictured on cover and opposite), a young man from the southern city of Atlanta, Georgia.

Crimson Fist describes himself as a homelessness relief and public safety advocate from Atlanta. His mission since the beginning of 2009 has been to "to ensure the safety of my people and restore the prosperity of my city."

His creation took shape from a comic book that he wrote himself, and he does all his work in his dark red and white costume. Although not necessarily an intimidating physical presence (he stands at just 5 ft 6ins), Crimson Fist's costume alone seems to be able to frighten off the baddies.

On his first patrol, he came across two men attacking another down an alley. Without a thought to his own safety, he faced up to the two men, who were so startled to see a man in full costume that they turned and ran. The potential victim did not hang around to thank Crimson Fist either. He too was so taken aback by the whole strange scene that he ran away as quickly as possible.

At first the Crimson Fist says he wanted to be a vigilante like Batman, wandering the streets of Atlanta looking for criminals to beat up, a phase he quickly grew out of having realized it was an "unrealistic" way to spend his time. He instead turned to trying to help the increasing homeless

population on Atlanta's streets. He visits rough sleepers, offering water, food and fresh clothing when and where it is needed.

Crimson Fist is not alone in his heroism: a quick internet search finds hundreds of real-life heroes on the so-called Superhero Registry, a number of whom are dedicated to helping rough sleepers. These include the likes of Geist, who describes his task as "to make my city of Rochester, Minnesota, a better, kinder and fairer place" and to look out for what he calls "the Forgotten – those overlooked by mainstream society".

A lot of the Real Life Superheroes write that they are inspired by the need to protect their communities from high levels of crime and the indifference of other citizens, very much taking their cue from the comic book creations which inspired them.

The movement has also recently gained some welcome publicity. Superheroes, a film featuring Crimson Fist and fellow Atlanta hero Metadata, was recently shown at the Slamdance Film Festival and described by IndieWire magazine as "unquestionably the highlight" of the festival.

As we wrote in last month's issue of *The Pavement*, the US has a very large homeless population, with some estimates saying that 700,000 people sleep rough every night. The problem has been made significantly worse in the last few years by the economic crisis, which has forced a large number of Americans out of their homes.

In the city of Atlanta there are estimated to be around 20,000 homeless people. The difficult situation in the city could be made worse as one of its largest homeless

shelters is under threat of closure.

The city government and local businesses have been trying to close down the Metro Atlanta Task Force shelter in the centre of the city, claiming it has a negative effect on business and tourism in the area. Their hostility to the centre became clear when they cut off its water because it had not paid its bill, even though nine other organisations which had not paid their bills either did not have their water cut off.

*John Ashmore*

- Find out more at Peter Tangen's site [www.reallifesuperheroes.com](http://www.reallifesuperheroes.com)



# The modified ban

*Westminster drops rough sleeping ban, but soup run byelaw still likely*

London's Westminster City Council has dropped its proposal to criminalise rough sleeping around Westminster Cathedral Piazza. The council said the decision was made following lack of support for the rough sleeping ban in a recent public consultation.

Councillor Daniel Astaire, cabinet member for society, families and adult services, added: "Such a ban would be very difficult to enforce and would be a less effective means of achieving our aims".

However, in what will be a blow to many soup run organisers and users, Cllr Astaire told a recent Soup Run Roundtable that a byelaw banning soup runs is likely to go ahead.

The results of the public consultation, published in a document titled *Transforming Lives*, reveal that 161 respondents were in favour of the byelaw compared to 272 against. However, the report also says that the ban on soup runs was backed by "the majority of local people [...] Thames Reach, the Novas Scarman Group and Look Ahead Housing and Care." It also summarises the reaction of Building Based Services (St Mungo's, The Passage, Connection at St Martin's) to the soup run byelaw as "non-committal".

Following the consultation, the council has announced an eight-week 'Discussion and Resolution period' in which they will "hold

further discussions with soup run providers to see if they could work in alternative ways to help rough sleepers". However, they warn that "if no solution can be found, the council will look to progress the byelaw."

The latest phase of discussions began on Saturday 21 May with the Soup Run Roundtable. The meeting – attended by many interested parties – was chaired by Cllr Astaire and Thames Reach chief executive Jeremy Swain. While Cllr Astaire told those present it was likely the ban would go ahead, Mr Swain (an opponent of soup runs) tweeted afterwards: "Soup run roundtable v. encouraging. All thoughtful and eager to build consensus. Concerns of local ppl heard sympathetically".

**You can read the news,  
keep informed & search our  
directory of services online @  
[www.thepavement.org.uk](http://www.thepavement.org.uk)**



A second, smaller meeting of just eight parties is set to take place during the week beginning 30 May. According to the consultation document, it will be used to “finalise any agreement or discuss enforcement of the byelaw”.

Following this meeting, “the cabinet member” – presumably Cllr Astaire – will present the proposed approach to a meeting of the Full Council in July.

The news of Westminster City Council’s U-turn on the rough sleeping ban came less than two weeks after FEANTSA, the European Federation of National Organisations Working with the Homeless, condemned the “worrying” increase in the criminalisation of rough sleeping in Europe.

In a statement dated 29 April, it said: “It is an alarming development that major European cities, including Madrid, London and Prague, are proposing and adopting repressive and coercive measures, threatening to expel homeless people from public spaces.

“These measures are cruel, since they punish the poorest and most vulnerable. They are also ineffective, since they only make homeless people invisible by hiding them from the wider society but do not offer any real solutions to tackle homelessness.”

FEANTSA, which represents more than 150 homeless organisations across Europe, spoke out following the decision by Budapest City Council to make rough sleeping an offence punishable by fines of up to 200 Euros and possibly police detention.

FEANTSA communications officer Suzannah Young told *The Pavement*: “There has been some opposition from homeless organisations, but it’s not certain the city will listen to them because it’s just cancelled its contract with homeless organisations in Budapest – it’s also quite contradictory that they’ve severed their

ties with the homeless sector and then have imposed this ban.”

FEANTSA is also keeping an eye on developments in other cities. In April, the mayor of Madrid, Alberto Ruiz-Gallardón, called for legislation to sweep homeless people off the streets – by force if necessary. While in October of last year, Prague City Council approved plans for an out-of-town homeless camp or “integrated assistance centre”. Prague City Councillor Jirí Janecek’s justification was, according to a FEANTSA statement: “they [homeless people] are a sanitary and safety risk, and they are not nice to see”.

FEANTSA is also hoping to draw on the expertise of its housing group, Housing Rights Watch, which launched in 2008. “One of the ideas for future development [at its creation] was towards strategic litigation,” said Ms Young, “We don’t know yet whether that will happen but I think there’s a willingness to work on issues regarding criminalisation of homeless people.”

*Carinya Sharples*



## Alan Templeton

**Age at disappearance: 25**

Alan has been missing from Edinburgh since 26 November 2006. There has been no news since and his current whereabouts remain a mystery.

There is great concern for Alan as he may be unwell. His family are extremely anxious to find out that Alan is OK and urge him to contact someone. He can call the confidential service **Message Home on Freefone 0800 700 740** where he can leave a message that we can forward to his loved ones on his behalf letting them know that he is alright.

Alan is 6ft 4in, medium build with blue eyes and short, brown hair. When he was last seen, Alan was wearing a blue jumper, jeans and trainers.

If you’ve seen Alan please call the 24-hour confidential charity **Missing People** on Freefone **0500 700 700**  
Email: [seensomeone@missingpeople.org.uk](mailto:seensomeone@missingpeople.org.uk)

**missing people**

Registered Charity No. 1000118



# Red Cross training

*A new project teaches first aid to those who're likely to need the skills*

More than 150 homeless people have been trained in first aid as part of a Red Cross scheme to have "a first aider on every street corner".

"Homeless people have seen and experienced first-hand most of the subjects we cover," explains Jimmy Connolly, a community-based first aid trainer working with the Red Cross. One of his clients, trained at a session at Crisis in December, used his new CPR skills when a man collapsed in a pub only 10 days later, keeping him alive until an ambulance crew arrived.

But training the homeless in first aid isn't just about treating wounds or giving mouth-to-mouth, says project co-ordinator Anna Willmington.

"We have three main aims for this project," she explains. "We want to improve community resilience through first aid training, build people's confidence and help bridge the health gaps experienced by homeless people."

The courses also try to dispel some of the common myths about first aid, such as the 'fact' that chest compressions make sufficient CPR, without the need for mouth-to-mouth, or that using a tourniquet can lead to amputations later on.

And as well as reaching a community that doesn't always turn to doctors in time, First Aid for the Homeless is also about building people's confidence – in themselves, as well as in their new skills.

"First aid is also a highly regarded skill," says Willmington, and one that she hopes will push people to consider returning to education, employment or training – or some of the 35,000 volunteer positions offered by the Red Cross around the UK.

Rodney, 31, from London, attended one of the sessions at Broadway 65 in Hammersmith. "I wouldn't have felt comfortable stopping to help someone who was in trouble before," he says, "but now I feel a lot more confident – and I'd definitely like to learn more."

"Anyone who wants to be able to help someone in need should do one of these courses," adds Rodney.

His is a common viewpoint – many people do not want to get involved when they see someone in trouble – but First Aid for the Homeless hopes that its courses will give people the confidence and the willingness to step in when someone needs help.

"We want a first aider on every street corner, in every family and within every community," says Willmington, "so they know how to deal with emergencies."

First Aid for the Homeless launched on 1 March and will be running for 12 months, though Willmington hopes that volunteers will keep the scheme going after its initial first year.

Along with around 20 organisations that are currently involved, the Red Cross aims to train at least 500 homeless people in London over 12 months, bringing basic first aid to the streets through night shelters, walk-in centres and hostels across the capital.

Each session lasts between one and three hours, with each course being tailored to the needs of those attending on the day. "As well as first aid skills, we can also discuss needlestick and other sharps injuries, blood-borne viruses, and drug and alcohol awareness," explains Willmington.

The training is carried out at service centres to make it more

accessible to users, and although each session is led by a trainer, they are 'designed' by those who attend.

The scheme is aimed at everyone from rough sleepers to those in shelters or insecure and supported housing, so the needs of different groups can be really diverse.

"We can offer first aid knowledge about how to prevent, recognise and treat certain conditions such as dehydration, hypothermia and trenchfoot that will more specifically but not exclusively affect groups like the street homeless," says Willmington, "but we do not assume people need or want to know specific skills."

## Garnet Roach

- Anyone interested in learning more about First Aid for the Homeless should contact Anna Willmington by email: [awillmington@redcross.org.uk](mailto:awillmington@redcross.org.uk)

For more information about the volunteer opportunities offered by the Red Cross visit: [www.redcross.org.uk](http://www.redcross.org.uk)

- Pictured opposite and overpage, a session held at Crisis (London) in May, Katie Pavoni instructing.

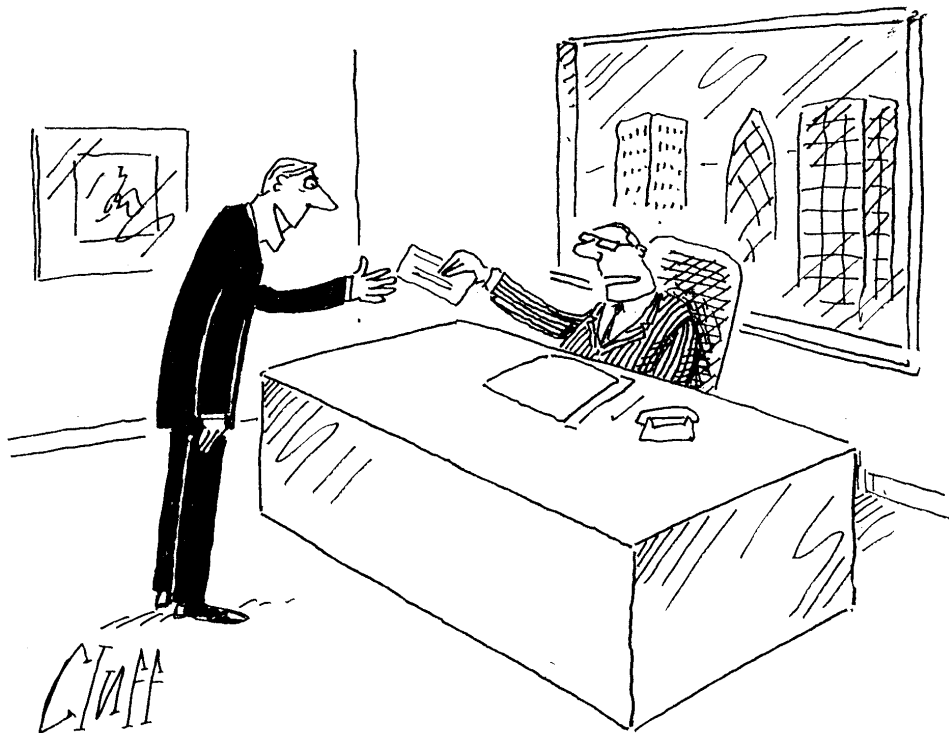
“Homeless people  
have both seen  
and experienced  
most of the  
subjects we cover  
first hand”



First aid education by



**BritishRedCross**



*"I think you'll find your bonus this year elevates you  
to pariah status, Simon"*

# News in brief

*The homeless news from around the bazaars*

## St Patrick's reopening

The Archbishop of Westminster officially opened St Patrick's Church, in London's Soho, at the end of May, after the completion of a £3 million restoration project. Part of the refurbishment has seen an extensive improvement of the church's homeless services, including a new kitchen to cook meals for rough sleepers, a new café area doubling up as a place to feed the homeless, and a brand-new area for drug and alcohol counselling, and outreach work. Now the church has reopened, it will resume its former outreach services to the homeless that had been taken over by St Anne's Anglican Church on Dean Street.

St Patrick's was also the location for the first ever Open Cinema, which started at the church back in 2005, allowing homeless people to watch the latest movies and have a chance to make some of their own. The scheme has since spread across the UK.

The building itself has also had something of a colourful past. Before becoming a church in the 1890s, St Patrick's was home to some of London's high society. One of its previous owners, a Mrs Cornley, was a famous opera singer, socialite and bankrupt who had a child by the legendary Italian lothario Casanova.

*James O'Reilly*

## Changes at *Big Issue*

*Big Issue* vendors have expressed concern that the decision to allow the unemployed to sell the magazine may make it

harder for existing vendors.

*Big Issue* co-founder John Bird announced on 17 May that he would allow the magazine, currently sold by the homeless and vulnerably housed, also to be sold by the unemployed. He said he wanted them to have a chance to earn an income rather than get stuck on benefits.

A *Big Issue* vendor who calls himself vendazero wrote on Twitter that the move could cause problems for people currently selling the magazine.

"There are already too many of us," he wrote. "There are fights over pitches. What's going to happen when 1000s of unemployed start selling it? It's already hard enough to sell as it is."

The magazine is currently sold by between 2,000 and 3,000 people around the UK. Since the magazine was formed 20 years ago in September 1991, these have all had to be either homeless or in temporary accommodation. By allowing them to sell the magazine at a profit, the *Big Issue* hoped to give "a hand up, not a hand out". Bird said he now wants to offer the same opportunity for those who have lost their jobs or are long-term unemployed to earn an income rather than rely on benefits.

Speaking on *BBC Radio 5 Live*, he said that allowing unemployed to sell the magazine did not constitute a shift in direction for the magazine.

"We're changing absolutely nothing," he said. "We've been banging on over the years that we are there for people who are slipping into the crisis of homelessness."

"All we've done is wave a hand in the air and say, look, there's going to be more and more people... Prepare yourself for the fact there are people going

to be slipping into homelessness or long-term unemployment."

"We haven't changed anything. All we're saying is that Britain's changing."

*Nicholas Olczak*

- We'll try to look more at changes in the *Big Issue* in the next issue, and if any readers, particularly vendors, want to get in touch we'd welcome your thoughts and comments.

## Body found on roundabout

A former manager of a halfway house for reforming criminals who was sleeping rough after losing his job died from a suspected drug overdose.

The body of Damon Hughes, 42, was found by a roundabout near medieval ruins in Exeter, Devon, by another homeless man.

Mr Hughes, a former drug addict, had worked as an assistant manager at Prospects House, in Exeter, providing support for offenders released from prison and people with drug addictions. But he was made redundant a couple of years ago due to funding cuts and started to take drugs again and offend.

After being made redundant, he had been given accommodation with drug addicts but did not want to be with them, having beaten his own habit.

A month ago, he was released from Exeter Prison, where he had been serving a short sentence for breach a non-molestation order and had been living rough since then. Exeter Drugs Project chief



executive Lucie Hartley said: "We are terribly sorry to hear about Damon's death and our thoughts are with his family and friends."

"Damon was not employed by EDP, although he did work for a period at Prospects House, supporting people with substance misuse problems who had been released from Exeter Prison."

Police said they were not treating Mr Hughes's death as suspicious.

*Rebecca Evans*

## Concerns about hub

The No Second Night Out (NSNO) scheme and its "homeless hub" have been accused of creating a "two-tier" homeless hierarchy. The London scheme is part of the Mayor's plans to end rough sleeping by 2012, and aims to get new rough sleepers off the streets as soon as possible.

An anonymous source told *The Pavement* that some of London's most entrenched rough sleepers were losing out because of the scheme, which is designed to help those new to the streets.

"There has been no additional provision of beds, there's no new housing, no new schemes – so where are all these people going?" he asked.

Our source, who wished to remain unnamed, added: "What's going to happen to the unwanted homeless, those people with the biggest problems and the biggest need? At the moment, they are being pushed to the back of the line."

But Petra Salva, director of NSNO, dismissed the claims, saying that "very few people had been sent to shelters from the hub – most people have been reconnected".

Our source also questioned how effective a scheme with a turnaround of just three days could

be. "Much of the NSNO is focused on 'reconnection', or sending people back to where they came from. But people leave for a number of reasons – violence, abuse etc."

"Outreach teams put in a lot of time to reconnect someone. How much can be done in three days?"

More than 130 people have passed through the hub since it opened on 1 April, said Salva, with around 60 per cent of these being "successfully reconnected", something she defines as "no longer sleeping rough".

The remaining 40 per cent left the hub "unsuccessful", and the NSNO doesn't know what has happened to them since.

Demand for the hub has been high, said Salva, though the NSNO had underestimated users' needs. For example, around 70 per cent of those seen by the hub have medium- to high-support needs because of drug use or mental health issues.

"We are coping," she said.

"But do we need a different approach or more resources? So far, the jury's out."

*Garnet Roach*

## Dead man identified as rough sleeper

A decapitated corpse found in the River Wandle close to Wimbledon last June has been identified. According to the London *Evening Standard*, the body, which was discovered in Plough Lane, belonged to rough sleeper, Waldemir Drobig, a 32-year-old Polish immigrant and former baker.

By the time Drobig was found and pronounced dead by a police medical examiner, the corpse was badly decomposing and in an extremely poor state. As a result, Coroner Shirley Radcliffe was unable to establish the precise time

and cause of death. She recorded an open verdict, admitting that while foul play was unlikely, it could not be completely ruled out. Police told *The Pavement* that there was no evidence to suggest anything other than a natural death, and further investigations were not being carried out.

This unfortunate case made headlines when Detective Inspector Chuk Gwams explained to the coroners' court why he had felt it necessary to call the police medical examiner to pronounce the decapitated man dead. When asked his reasons, the officer had said: "They are the experts; we are not."

*Lizzie Cernik*

## Tickets home questioned

FEANTSA, the European Federation of National Organisations Working with the Homeless, has questioned the policy of deporting A10 nationals who are found homeless in the EU, saying the rules are unclear on action that can be taken.

The statement from FEANTSA, under the title '*FEANTSA asks for Clearer Rules on Free Movement*', covers all member countries. Stating that it "opposes arbitrary expulsions and calls for the respecting of procedural safeguards as set by the directive 2004/38", it cites several examples of expulsion of destitute individuals by, for example, the Irish government, who flew back 548 EU citizens to their home countries in 2010. Within the England this will affect, if heeded by the EU, a UK Border Agency (UKBA) pilot scheme, reported several times in *The Pavement*, which began in Westminster, Oxford, Peterborough and Reading in 2010. This scheme seeks to deport A10 nationals found on the streets.

*Staff*

*The Pavement*, which operates without any funding from the state, has decided to try something new – asking readers to help support our operation. Not salaries or new kit, but our basic print operation.














If you have a mobile, and can spare a few pounds, please text **PAVE11** followed by **the amount in pounds\*** (max £10) to **70070**

\*all this money will go to *The Pavement* (registered charity no. 1110656), the charges being met by Vodafone. Find out more at [www.justgiving.com/the pavement](http://www.justgiving.com/the pavement)



"Excuse me, do you mind if I exist?"

# HOMELESS CITY GUIDE

-  squat
-  empty building
-  dangerous neighbourhood
-  danger
-  guard dogs
-  an attack happened here
-  good place to drink / smoke
-  unfriendly place
-  friendly place
-  soup run (with rating)
-  strong police presence
-  potential for work
-  good food thrown away here
-  safe for sleeping
-  message board x mins that way
-  security guard
-  you'll get moved on here

step 1



step 2



**MAKE YOUR MARK AND HELP OTHERS TO READ THE CITY**

Make non permanent marks to keep the system up to date and stay within the law.

## Street heat – our occasional slice of celebrity life

Russell Brand was spotted on the streets of Los Angeles giving food and drink out to homeless people. The actor, who was presumably taking a break from reading awful reviews of his new movie *Arthur*, was seen in LA handing out armfuls of ice cream and snacks to rough sleepers. The *Daily Star* reported that the rough sleepers chatted to Brand for about an hour, with one of them saying afterwards that the Essex-born funnyman was “wild”.

Meanwhile, on the other side of Sin City, troubled actress Lindsay Lohan has been assigned 500 hours community service at a homeless shelter after being convicted of shoplifting a \$2,500 necklace. Lohan has been assigned to work at LA’s Downtown Women’s Centre, where the gossip website *TMZ* reports she is going to run a theatre workshop called DIVAS – an acronym for ‘Dames Investing in Very Authentic Storytelling’. Apparently Lohan loves the idea of working with the DIVAS programme, thinking that it’s “a perfect fit for her community service.” What the women at the shelter think to working with the repeatedly-convicted criminal and star of the remake of *Herbie* is, sadly, unreported.

*James O’Reilly*

## Canadian cuts

Three emergency shelters have closed in the Canadian city of Vancouver after a wave of Government cuts. Housing activists had threatened to erect tent cities in protest to the closures in defiance of a recent bylaw prohibiting people

from erecting tents on city property. Despite this threat, a series of high-profile protests and petitions, the shelters – which accommodated around 75 people – closed in April.

It is thought that the majority of their residents were re-housed. Campaigners argued that the shelters – Cardero, Howe Street and Fraser – were lifelines for homeless people in a city that regularly experiences sub-zero winters.

On closure, a group of residents staged a sit-in protest at the Fraser shelter and refused to leave, but were eventually evicted. Fraser resident Tera Peters said the shelter was a relief from trying to find somewhere to hide and sleep on the streets. She said: “I’m tired of hiding in cubby holes during the day.

“At least I’ve got somewhere to eat, somewhere to sleep, somewhere to make sure I’m OK – and the staff do.”

The Housing Ministry defended the closures by saying the shelters were only ever opened as temporary winter housing and that all residents were offered housing. They also said the cost of temporary shelters was more than double that of a permanent ones.

Sam Rainbooth, spokesman for the agency managing the closures, BC Housing said: ‘The province is offering housing assistance to the approximately 75 people remaining at the three shelters.’

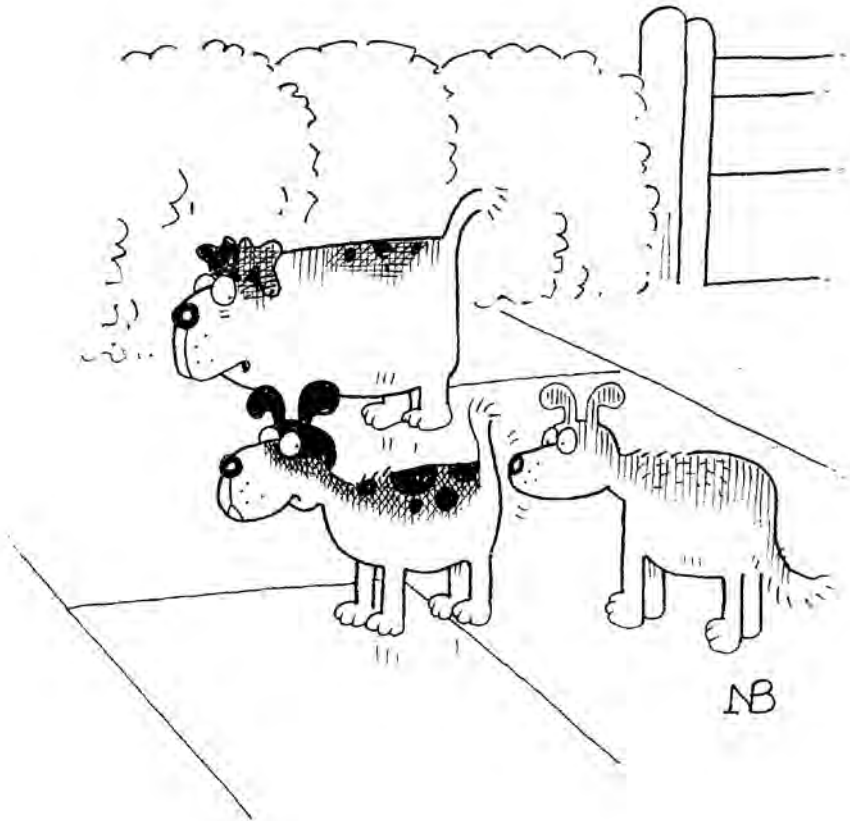
But Kat Norris, from the indigenous action movement, said that closing the shelters gave out the wrong message. She said: “Closing the shelters says that the government doesn’t care about their condition, but Vancouver has a chance here to do the right thing.”

There are plans to build more than 1,500 new support-

ive housing units for those who are homeless or at risk of being so, with 570 of these set to be open by the end of the year.

According to the 2010 homeless count, the number of homeless people in Vancouver has increased by nine per cent since 2008, from 1,576 to 1,715. The count shows that the homeless continue to be disproportionately Aboriginal, older and in poor health, and that the proportion of homeless staying in shelters is growing.

*Rebecca Evans*



*“Look out – a snooper from Environmental Health!”*

# STREET SHIELD

EPISODE 21

THE LINE UP.

UNDER A BRIDGE, BY THE RIVER...

ALRIGHT, GENTLEMEN!  
WE'VE BEEN HERE BEFORE -  
RISE AND SHINE IF  
YOU PLEASE!

OKAY, LET'S TRY AND  
AVOID TAKING YOU IN.

WHAT DO YOU KNOW  
ABOUT A DRUG DEALER  
ATTACKED LAST NIGHT?

HMM...?

ALL ENQU  
St. Dun  
COMMUN  
TELEPHO  
3142 532

IT HAPPENED A  
ABOUT 2AM. JUST  
AROUND THE CORN

NOTHING.

YEAH...MAC WAS  
SLEEPING ROUGH OR  
IN A SQUAT NEAR  
HERE.  
AND HE'S FINE.  
IN A MANNER  
OF SPEAKING.

'IN A MANNER  
OF SPEAKING'...?

3





NEXT MONTH

FOLLOWING  
A LEAD.

# Health and wellbeing

*The Pavement's health team aim to help keep you in the pink, but not sunburn pink!*

## Protect yourself from the sun

We all know that sunburns are bad for us and are a risk for cancer.

Although some types of skin cancer aren't very harmful, another type – malignant melanoma – is dangerous and can lead to death. You should contact a doctor if you find a shiny, red patch of skin that looks like a scar you never had before, or a growing lump on your skin that isn't a mole, or if you get a spot where the skin just seems to start disappearing and it gets oozy and crusty. Bad

sunburns can also form blisters that are very painful, and when they pop they can become infected.

However, just getting a tan can be bad as well. Although having tanned skin makes it less likely that you will get a burn, this can lead to you getting too much sun, which can lead to skin cancer. It's always best to simply avoid being in the sun too much; but if you can't, protect yourself.

The two best ways to protect yourself from the sun

1. The best way is to cover up with clothes. This can be uncomfortable when it is hot, so knowing where you can get a shower and clean, dry clothes in the

middle of a hot day is helpful.

Covering with long sleeves and a hat is better than sunscreen because the sunscreen will become less helpful as the day goes on.

2. If you will be out in the sun and have exposed skin, then you need to be thinking about sunscreen. The higher the SPF value (which stands for Sun Protective Factor), the better. This number doesn't mean how long you can stay out in the sun – it's just a measure of how good it is. Instead, you should plan on putting more sunscreen on 30 minutes after you put the first stuff on. If you're sweating a lot, you'll want to keep putting more on every 30 minutes.

How to treat a sunburn:

So sometimes you will still get burnt. Here are some tips for keeping yourself comfortable:

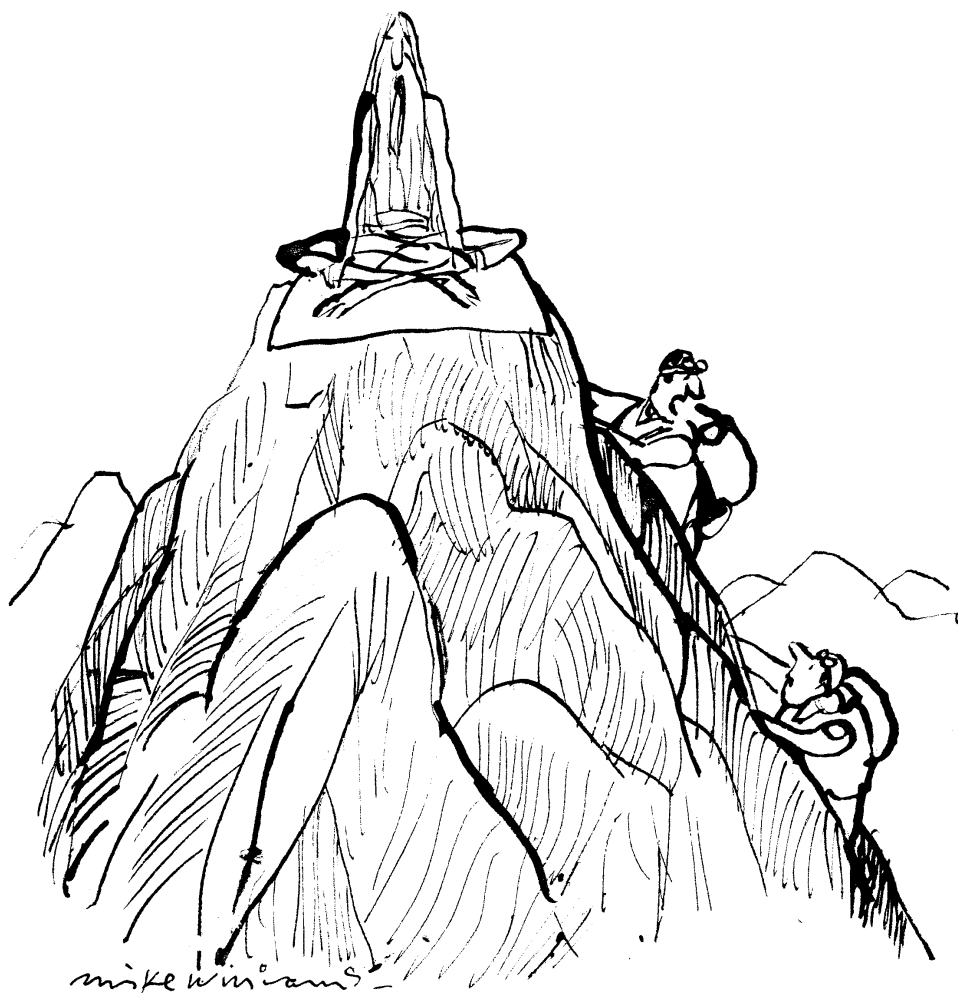
1. Drink lots and lots of water. Your body needs it to help itself get better.
2. Taking a painkiller like Ibuprofen or Panadol will help a lot, particularly to sleep.
3. A cool bath or shower can help, but try to avoid too much soap, as this dries the skin out.
4. If you have blisters, try to get a cream or aloe gel to soothe them.
5. If blisters pop, you will want to see someone to get an antibiotic cream to prevent infection.
6. Stay out of the sun until it heals!

Keep safe and keep cool this summer.

*Abe Oudshoorn*

Abe Oudshoorn teaches Nursing at The University of Western Ontario, and is a former street nurse at the London InterCommunity Health Centre in London, Canada.





"He says 'it's all gone to hell in a handcart as far as he can see'"



*"Let's sit still as mice, while James tells us  
about his battle with alcohol"*

Mon-Thur: 9am-4pm; Fri: 9am-3pm  
AS, BA, C, H, IT, TS

## Glasgow Women's Support Project

See Telephone Services Glasgow

## National Debtline

0808 808 4000

## Runaway Helpline

0808 800 7070

Free line for under-18s who have left home

## The Samaritans

08457 90 9090

## SANeline

6 – 11pm

0845 767 8000

Out-of-hours helpline for those affected by mental health

## Shelter

0808 800 4444

Housing info and advice

8am–8pm daily

## Stonewall Housing advice line

Housing advice for LGBT people

020 7359 5767

(Mon, Thu, Fri 10am – 1pm;

Tue & Wed 2 – 5pm)

## UK Human Trafficking Centre

0114 252 3891

## TELEPHONE SERVICES

### EDINBURGH

## Edinburgh City Mission

Counselling and crossline helpline

0845 658 0045

Providing a listening service

for anyone in emotional crisis.

Also offers face-to-face coun-

selling by appointment

## TELEPHONE SERVICES GLASGOW

## Job Centre Plus (benefits agency)

To make a claim

0800 055 6688

For queries about existing claims for Income Support, Jobseekers Allowance or Incapacity Benefit

0845 377 6001

For Social Fund enquiries

0845 608 8661

For the Pensions Service

0845 60 60 265

## Message Home Helpline

0800 700 740

24 hrs daily

## Glasgow Women's Support Project

See Telephone Services Glasgow

Survivors of rape or sexual abuse with homelessness and are who are homeless or threatened to young women aged 16 – 25

Provides support and counselling

0141 552 5803

3rd Floor, 30 Bell St, G1 1LG

## Project

SAY Women Accommodation

0845 345 4345

Nationwide

www.communitylegaladvice.org.uk

Mon–Fri: 9am–8pm;

Sat: 9am–12:30pm

AD, BA, DA, H

Free, confidential service, offering specialist advice on housing, benefits, tax credits, debt etc.

## Domestic Violence Helpline

0808 2000 247

## Community Legal Advice

0845 345 4345

Nationwide

www.communitylegaladvice.org.uk

Mon–Fri: 9am–8pm;

Sat: 9am–12:30pm

AD, BA, DA, H

Free, confidential service, offering specialist advice on housing, benefits, tax credits, debt etc.

## Get Connected

0808 808 4994

Free advice for young people

(1pm – 7pm daily)

Mon, Tues, Thurs, Fri: 10am – 4:30pm; Wed: 2 – 4:30pm  
Information, advice and initial support for women who have experienced sexual abuse

## WEBSITES

The Pavement online

Regularly updated online

version of The List.

www.thepavement.org.uk/

services.htm

sockbook.referrata.com

Stonewall Housing

Housing advice for LGBT

people of all ages

www.stonewallhousing.org

## WEBSITES EDINBURGH

## Homeless Edinburgh

A comprehensive website containing information about services in Edinburgh including hostels, advice and support centres. Also has information on over 8,000 services outside Edinburgh

www.homelessedinburgh.org

## WEBSITES GLASGOW

Homeless Information Pages  
Lots of useful information and advice on homeless services in and around Glasgow

www.hipinglasgow.com

## Glasgow Shelter Advice Service

0808 800 4444

Mon–Fri: 9am–5pm

## Glasgow Street Service

0800 027 7466

Mon–Thu: 8am–11pm; Fri: 8am–5pm; Sat: 8am–3pm; Sun: 4–11pm

Street outreach team partner-

ship between Simon Community

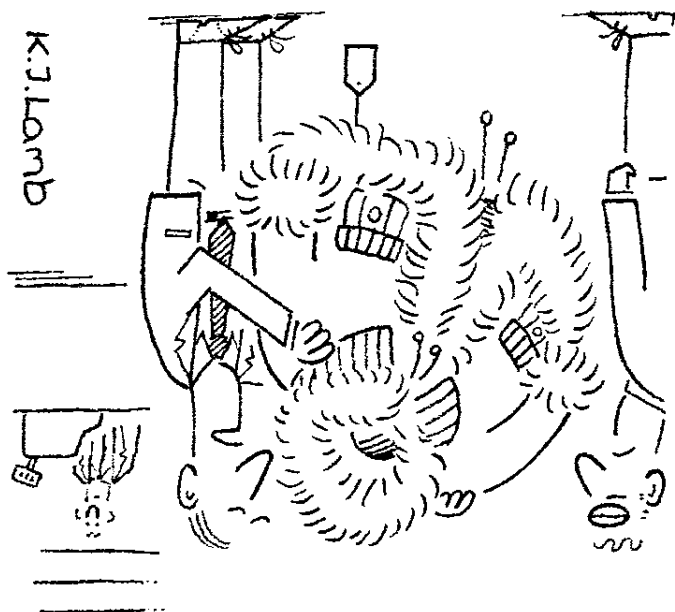
Glasgow and Barnados Scotland

## Glasgow Women's Support Project

0141 552 2221

31 Stockwell Street, G1 4RZ

“Windproof... waterproof... warm...  
It's this season's smoking jacket”



## MEDICAL SERVICES GLASGOW

### The Physical Health Care Team

55 Hunter St, G4 0UP  
Mon - Fri: 1 - 5pm  
0141 553 2826

Has two GPs and a team of nurses and office staff who also run

clinics at some hostels. Appointments not necessary. They also

provide support for people who have hospital appointments

and want someone to go along with them. There is also an

team based at this address

A, D, FC, MH, MS, P, SH

## SOUP KITCHENS & SOUP RUNS

### EDINBURGH

#### Barony Contact Point

101 High Rigg, EH3 9RP  
0871 700 7777/0131 622 1867

#### Calton Centre

121 Montgomery Street, EH7 5EP  
0131 661 5252

#### Care Van

Bethany Christian Trust's soup run in Edinburgh city centre

364 evenings a year

#### Carriuber's Christian Centre

65 High Street, EH1 1SR  
0131 556 2626

#### Grassmarket Mission

79/3 Grassmarket, EH1 2HJ  
0131 225 3626

Mon: 7 - 9pm; Tues: 6 - 7pm; Wed: 1 - 4pm; Fri: 1 - 4pm; Sat 9 - 10.30pm

#### Jericho house

53 Lothian Street, EH1 1HB  
0131 225 8230

Sun: 10am - 2pm; Weds and Thurs: 6 - 7.30pm

#### Little Sisters of the Poor

43 Gilmore Place, EH3 9NG  
0131 229 5672

Every day 1 - 2pm and 6 - 7pm

## Missionaries of Charity

18 Hopeoun Crescent, EH7 4AY  
0131 557 8219

Every day except Thur: 3.45 - 4.30pm

#### Soup Van

Every night: 9 - 9.45pm

Runs from Waverley Bridge to Grassmarket and North Bridge

(Tue - Fri they have woodwork, art, gardening and textiles 10am - 4pm)

## SOUP KITCHENS & SOUP RUNS GLASGOW

### EDINBURGH

#### Edinburgh Women's Aid

4 Cheyne Street, EH4 1JB  
0131 315 8110

Mon: 1-3pm; Tues, Wed & Fri: 10am-3pm; Thur: 10am-7pm; Sat: 10am-1pm

Information, support and refuge for women, and accompanying children, fleeing domestic abuse

#### Cadogan Street

Glasgow G2 7AB  
Runs at these times:

Sun: 9 - 10pm; Mon: 7.30 - 9pm; Tues: 8.45pm - 12.30am; Wed: 9 - 10pm; Fri: 8 - 9pm

#### Rokpa Glasgow

Kagyü Samye Dzong  
The Tibetan Buddhist Centre

7 Ashley Street, G3 6DR  
0141 332 9950

#### St. Columba's Church

St. Vincent Street, G2  
Sun: 7.30 - 9pm

#### St. Patrick's Church

North Street, G3 7DA  
Thur & Sun: 8pm - 9pm

#### St. Simon's Church

Dunaskin Street, G11 6PG  
Sun: 1.30 - 2.30pm

#### Waterloo Street

G2  
Thur: 10pm - 12am

## SPECIALIST SERVICES

### Stonewall Housing

Housing advice for LGBT people of all ages  
020 7359 5767 (advice line)  
www.stonewallhousing.org

## Glasgow Rent Deposit and Support Scheme

3rd Floor, Crowngate Business Centre, 117 Brook Street, G40 3AP  
0141 550 7140

## Support in Mind Scotland

(formerly the National Schizophrenic Fellowship)

6 Newington Business Centre, Dalkeith Road Mews, Edinburgh, EH16 5DU

0131 662 4359  
Mon-Fri: 9am-4pm

Support and action for people affected by mental illness

(including friends and carers)

## SPECIALIST SERVICES

### EDINBURGH

#### Edinburgh Women's Aid

4 Cheyne Street, EH4 1JB  
0131 315 8110

Mon: 1-3pm; Tues, Wed & Fri: 10am-3pm; Thur: 10am-7pm; Sat: 10am-1pm

Information, support and refuge for women, and accompanying children, fleeing domestic abuse

#### AS, AD, C, H, OL, P

#### Streetwork UK - Out of the Cold

2 New Street, Edinburgh  
0131 556 9756

Working with people over 50 years who are or have been homeless / housing crisis

AS, AD, BA, DA, HA, LA, OL, OB, PT, AS, AD, BA, DA, HA, LA, OL, OB, PT

#### Streetwork UK - Womens Services

4 Bellevue Street, Edinburgh  
0131 467 2023

Mon, Tue & Thur: 1-4pm  
Drop in for women

#### AD, AC, BA, CA, CL, DA, ET

## SPECIALIST SERVICES GLASGOW

### GAMH Homeless Support Project

123 West Street, G40 1DN  
0141 554 6200

Mon - Fri: 9am - 5pm  
(4.30pm on Friday)

Practical support and advice for homeless people in Glasgow

with mental health problems. Phone, write or just drop in

## Glasgow Rent Deposit and Support Scheme

3rd Floor, Crowngate Business Centre, 117 Brook Street, G40 3AP  
0141 550 7140



## DRUG / ALCOHOL SERVICES

**Drinkingline Scotland**  
Freepost, PO Box 4000, G3 8XX  
0800 7314 314  
Advice and info for people with alcohol problems or anyone concerned about alcohol misuse  
A, C

## DRUG / ALCOHOL SERVICES

**Castle Project**  
2 Craigmillar Castle Road, EH16 4BX  
0131 661 5294  
Mon - Thurs: 9am - 4.30pm;  
Fri: 9am - 4pm  
D, NE, OL, OB, P, SH  
www.castleproject.org.uk

## GLASGOW

### DRUG / ALCOHOL SERVICES

**Alcohol Focus Scotland**  
166 Buchanan St, Glasgow  
0141 572 6700  
Call-in, phone or email: Mon - Thurs:  
9am - 5pm; Fri: 9am - 4.30pm  
A, C, ET, P

## EMPLOYMENT AND TRAINING

### EDINBURGH

**Bethany Christian Trust**  
65 Bonnington Road, EH6 5JQ  
0131 625 5411  
Community Education programme with a range of courses aimed at giving skills to get back into work or volunteering. FF

### Bethany Christian Centre (Men only)

6 Casselbank St, EH6 5HA  
0131 554 4071  
For homeless or vulnerable men with alcohol or drug problems who wish to take part in a work training programme  
www.bethanyct.com  
CA, ET, P

## GLASGOW

### EMPLOYMENT AND TRAINING

**Glasgow Simon Community - Resettlement Training Service**  
12 Commercial Road, G5 0PQ  
0141 420 6105  
Mon - Fri: 9am - 4pm  
Runs short courses that help people look at their choices, rights and opportunities in settling down. Open to anyone over 16. Courses are organised on a rolling programme and run between 10am and 4pm  
www.glasgowsimon.org.uk  
C, ET

### Emmas Glasgow

101 Ellesmere Street, G22 5QT  
0141 353 3912  
www.emmasglasgow.org.uk  
Provides accommodation and work for homeless people  
AS, CL, ET, P, TS

## ENTERTAINMENT & SOCIAL

### EVENTS

tbcb

## EX-FORCES

**AWOL?**  
01380 738137  
Call the 'Reclaim Your Life' scheme from SSAFA (Soldiers, Sailors, Airmen and Families Association): Mon - Fri: 9am - 10am

**Drug Crisis Centre**  
The West Street Centre, 123 West Street, G5 8BA  
0141 420 6969  
www.turningpointscotland.com  
24hr service offering information and advice to those who abuse drugs. Also residential drug rehab program: Family support unit operates on this site. D, NE, P

## Royal British Legion

08457 725 725  
Ring the Legionline to see how they can help ex-service-men and ex-servicewomen  
Veterans UK  
0800 169 2277  
Free help and advice for veterans and access to dedicated one-to-one welfare service  
www.veterans-uk.info

## EX-FORCES EDINBURGH

**Whiteford House**  
53 Canongate, EH8 8BS  
0131 556 6827  
Ring first  
Mon - Fri: 7am - 5pm  
Accommodation for homeless ex-service men and women, including ex-merchant mariners.  
Can accept married couples  
P

## JOB CENTRE PLUS

See Telephone Services for helplines

## MEDICAL SERVICES EDINBURGH

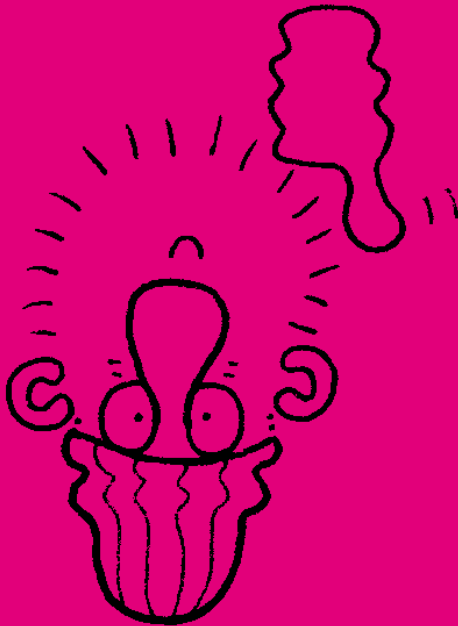
### Edinburgh Access Practice

**(Cowgate Clinic)**  
20 Cowgate, EH1 1JX  
0131 240 2810  
Mon, Wed - Fri (closed on the morning of the third Wednesday of the month): 9am - 12.45pm, 1.45 - 5pm; Tues 9am - 12.45pm  
Health service for homeless people, including a general nursing and treatment room, mental health care, 10 GP sessions a week, as well as dental services two mornings a week. Also provides a chiropody service, occupational therapist, clinical psychologist and psychiatrist. A clothes exchange is available too  
A, DT, D, FC, MS, MH, P, SH

### Opticians services and spectacles

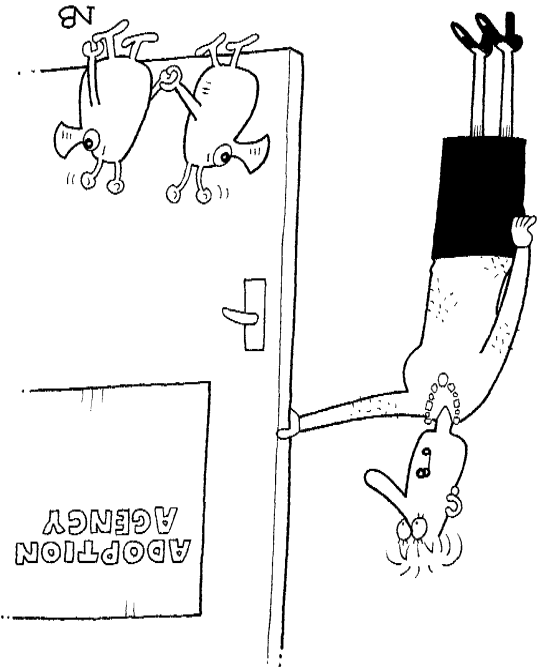
**(TAP clinic)**  
20 Cowgate, EH1 1JX  
0131 240 2810  
Every Fri: 9-11am  
Free eye examinations and spectacles for all. NHS benefits not required for free spectacles - drop in or make an appointment  
MS

**www.thepavement.org.uk**



**You can read the news,  
keep informed & search  
our directory of services  
@ online**

*"It's nothing to do with being green,  
but there are cultural implications"*



people in crisis as a result of mental health, drug, or alcohol problems A, A.S, AD, C, D, FC, MS, P  
www.turningpointscotland.com

#### Women

**Govanhill Women's Project**  
14 Polmadie Street, G42 0PQ  
0141 423 5599  
Works with single homeless women aged over 25 from the Glasgow area. The project is not suitable for women under 25 or those wanting to be accommodated with a partner or with children in their care. Ring first

**Rachel House**  
503 Balcic Street, G40 45G  
0141 556 5465  
Provides supported accommodation for single/pregnant mothers aged 16 to 25 and children up to ten years old

#### Young people

**Council for Homeless Young People (CHYP)**  
171 Wilton Street, G20 6DF  
0141 945 3003

Details at  
www.queenscrossha.org.uk  
Residential support for youngsters and young, single homeless people P

**Quarriers Stopover**  
189 Pollockshaws Road, G41 1PS  
0141 420 3121  
For young people 16-25. Accommodation is on the upper levels of a four-storey building so not suitable for people with physical disabilities A, C, D, ET, H, P  
www.quarriers.org.uk

**The Mungo Foundation – London Road Project**  
1920 London Road, G32 8XG  
0141 778 1184  
Works with 16-25 year olds who cannot access mainstream accommodation. (Open 24 hrs)  
www.themungofoundation.org.uk

**Stopover (Edinburgh)**  
40 Grove Street, EH3 8AT  
0131 229 6907  
Young single homeless people aged 16-21 with a range of support needs Ring first  
www.foursquare.org.uk P

#### DIRECT ACCESS HOSTELS/ NIGHTSHELTERS GLASGOW

#### All with low-support needs

**Salvation Army – Hope House**  
14 Clyde Street, G1 5JW  
0141 552 0537  
Referral by Glasgow City Council only  
A, A.S, BS, F, P

**Laurieston Centre**  
39 South Portland Street, G1 9JL  
0141 429 6533  
Open office hours only  
A, A.S, BS, F, P

**Simon Community – Castlemilk Men's Accommodation Project**  
86-88 Arnprior Road, Castlemilk, G45 9HE  
Offers a group-living model of supported accommodation to men who have experience of long term homelessness and are committed to addressing addiction issues. Possibility of continuing support after moving into own home. Referral from social work or similar agency is required, accepts men from all over Glasgow  
0141 631 1798  
www.glasgowswsimon.org

**Talbot Association – Kingston Halls Direct Access Hostel**  
344 Paisley Road, G5 8RE  
0141 418 0955  
Referral by Glasgow City Council only  
BS, C, DT, ET, F, H, L, MS, MH, P, SH

**Turning Point Scotland – Link Up**  
112 Commerce Street, G5 9NT  
0141 420 1929  
A direct access service for homeless

#### Men

**Gowrie Care – Caledonia House**  
Gilmore's Close, Grassmarket, EH1 2HD  
0131 220 5078  
www.homelessedinburgh.org P

#### Women

**Cranston Street Hostel**  
2 Cranston Street, EH8 8BE  
0131 556 8939

Temporary registered accommodation for single homeless women. Although the maximum stay is six months this can be extended under certain conditions  
www.homelessedinburgh.org P  
**Number Twenty**  
20 Broughton Place, EH1 3RX  
0131 557 1739  
Young single homeless women aged 16-21 with support needs. Ring first (8am - 11.30pm every day)  
**Young people (16-25)**

**Open Door Accommodation Project**  
7-12 Adelaide Street, Liv-ington, EH54 5HG  
01506 430221  
Young single homeless people aged 16-21 with a local connection to West Lothian Ring first (8am - 8pm daily)  
www.odap.org.uk P  
**Rock Trust**  
55 Albany St, EH1 3QY  
0131 557 4059  
Various activities and services for 16-25 year olds, including

Lothian and Edinburgh Abstinence Programme (LEAP)  
0131 220 1607  
Referral from LEAP on: 0131 456 0221, P

1.30–4pm; Fri: 1.30–3pm  
Emergency assistance outwith  
office hours phone 0800 731 6969

#### ADVICE SERVICES GLASGOW

#### GENR8 Action for Children (16-24)

Westwood Business Centre, 69  
Aberdale Road, G34 9HJ

0141 771 6161  
Mon-Fri: 9am-5pm

Advice and support for 16-24 year  
olds seeking accommodation

AS, AD, BA, C, DA, H, P, TS

#### Glasgow Shelter Advice Service

First Floor Suite 2, Breckennridge  
House, 274 Southchapel Street

0808 800 4444 Mon-Fri: 9am-5pm

Emergency surgery at office

Thu 2-4pm, at all other times  
call the helpline above

AD, C, H, P

#### Glasgow City Council

For anyone who is homeless,  
threatened with homelessness, or

in need of advice about homeless-  
ness issues. Staff will be pleased

to discuss your circumstances  
with you in a private interview

room and provide advice on what  
can be done next to help you

www.glasgow.gov.uk

AS, BA, C, DA, H, TS

#### Glasgow City Council

Homeless Person's Team  
Hamish Allan Centre, 180

Centre Street, G5 8EE

0141 287 1800

Mon-Thur: 8.45am-4.45pm;  
Fri: 8.45am-3.55pm

AS, BA, C, DA, H, P, TS

#### Glasgow Street Service

See Telephone Services Glasgow

#### DAY CENTRES AND DROP-INS

#### EDINBURGH

#### Barony Contact Point

101 High Riggs, EH3 9RP

0871 700 7777  
Mon: 6.30-9pm; Tue: 10.30am-

4pm; Thu: 3.30-7.30pm;  
Fri: 1am-2pm (women

only); Sun: 11am-4pm

C, MH, P

#### Bethany Christian Trust

Leith Acorn Centre YMCA,  
Junction Place, EH6 5JA

Tue: 12.30-2.30pm (women  
only drop in); Thu: 1-3pm

(men only drop in)

#### Cowgate Day Centre

see Streetwork Crisis Centre

#### Crossreach – Church of Scotland

#### Social Care Council

Charis House, 47 Milton Road  
East, Edinburgh, EH15 2SR

0131 657 2000

Mon-Thur: 8.45am-4.45pm;  
Fri: 8.45am-3.45pm

www.crossreach.org.uk

#### Four Square

67a Logie Green Road,  
Canonmills, EH7 4HF

0131 557 7930

www.foursquare.org.uk

#### Streetwork UK - Womens Services

See Specialist Services

#### DAY CENTRES AND DROP-INS

#### GLASGOW

#### Glasgow City Mission – The

#### Shieling

20 Crimea Street, Glasgow, G2 8PW

0141 221 2630

Mon, Tues, Wed & Fri: 10am

4pm (drop in); Thur: 1-5pm;

Mon, Tues, Wed & Fri: 6.30-11pm

www.glasgowcitymission.com

AS, AD, AC, B, BS, BE, C, CL, ET,  
FF, H, IT, LA, MC, MS, OB, P

www.glasgowcitymission.com

#### Lodging House Mission

35 East Campbell St, G1 5DT

0141 552 0285

Mon, Tue, Thu: 8am-3pm; Wed,  
Fri: 8am-2pm; Sun: 4-6.30pm

BS, CL, E, F, IT, P

#### Wayside Day Centre

32 Midland Street, G1 4PR

AS, A, BA, C, DA, ET, FF, F,  
H, IT, LF, MS, P, SH, TS

0141 429 6533

39 South Portland Street, G5 9JL

#### Centre

#### Salvation Army – The Laureston

0141 557 5502

Ring or drop in: Mon - Fri 9am - 2pm

0131 557 5502

1 St John's Hill, EH8 9TS

Gowrie Care – St John's Hill

Randolph Crescent Hostel

2 Randolph Crescent, EH3 7TH

Supported accommodation for  
single men and women from

#### 0141 221 0169

Mon-Fri: 10-11.30am; 12.30-

4pm; 7.30-10pm; Sat 1-4pm

There are specific services for  
women and rough sleepers as well

as health, addiction and other

specialist services at specified times

AS, AD, AC, B, BA, BS, BE, CA, CL,  
ET, F, FF, H, IT, L, LA, MS, OB, P

#### DIRECT ACCESS HOSTELS/

#### NIGHTSHELTERS EDINBURGH

All with low support needs

#### Bethany House

12 Couper St, Leith, EH6 6HH

0131 467 1010

Emergency accommodation  
for single homeless people

AS, AD, A, BS, BE, D, F, H, L, LA, P

#### Bethany Supported Housing

65 Bonnington Road, EH6 5JQ

0131 553 1119

Ring first

#### Castlecliff Hostel

25 Johnston Terrace, EH1 2NH

For homeless people aged  
16 and over; accepts couples

and people with pets

0131 225 1643

AS, BS, BE, H, L, P, TS

#### Cunningham House

205 Cowgate, EH1 1JH

For homeless people with addi-  
tional support needs around

alcohol, drugs, mental health  
and learning difficulties.

0131 225 4795

www.crossreach.org.uk

AS, BA, P, S

#### Dunedin House

4 Pallament St, Leith, EH6 6EB

0131 624 5800

www.dunedin-harbour.org.uk

Gowrie Care – St John's Hill

1 St John's Hill, EH8 9TS

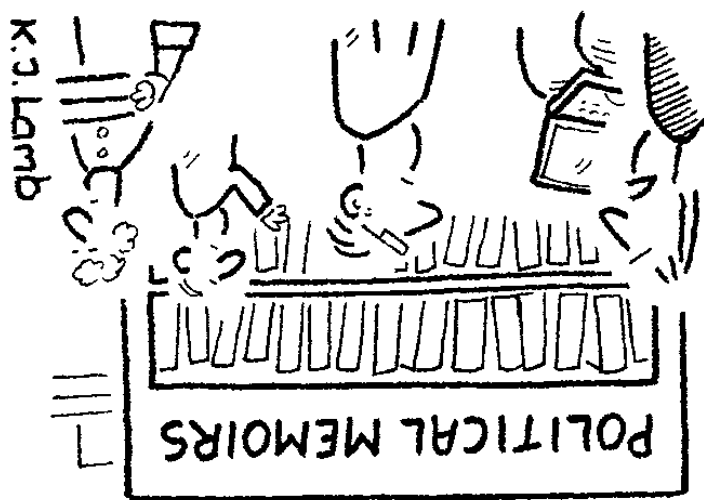
0131 557 5502

Ring or drop in: Mon - Fri 9am - 2pm

0131 557 5502

Supported accommodation for  
single men and women from

*"They're lying off the shelves"*



# the **OTHER** list

The directory of Scotland's homeless services

Updated 31 May 2011

Key to this list:

Accom. assistance – AS

Advocacy – AD

Alcohol workers – A

Art classes – AC

Barber – B

Benefits advice – BA

Bathroom/showers – BS

Bedding available – BE

Careers advice – CA

Clothing – CL

Counselling – C

Debt advice – DA

Dentist – DT

Drugs workers – D

Education/training – ET

Free food – FF

Food – F

Foot care – FC

Housing/accom advice – H

Internet access – IT

Laundry – L

Leisure activities – LA

Leisure facilities – LF

Luggage storage – LS

Medical services – MS

Mental health – MH

Music classes – MC

Needle exchange – NE

Outreach worker links – OL

Outreach workers – OB

Pavement stockist – P

Safe keeping – SK

Sexual health advice – SH

SSAFA – SS

Tenancy support – TS

If you've any changes or suggestions write to us at the address on page 3, or email: [thelist@thepavement.org.uk](mailto:thelist@thepavement.org.uk)

Updated entries: 4

Services added: 1

## ADVICE SERVICES EDINBURGH

### Advocard

332 Leith Walk, EH6 5BR

0131 554 5307

[www.advocard.org.uk](http://www.advocard.org.uk)

Mon – Fri: 10am – 4pm, MH, P

### City of Edinburgh Council – Housing Options Team

1 Cockburn St, EH1 1BJ

0131 529 7584 / 7368

Mon, Wed, Thurs 8.30am

– 5pm; Tues 10am – 5pm;

Fri 8.30am – 3.40pm

Advice and information on

### Homeless Outreach Project

65/5 Niddrie Mains

Terrace, EH16 4NX

0131 661 7137

Mon – Fri: 9.30am – 5pm

Outreach service for homeless

people experiencing difficulties with their mental

Advice, information and support  
Mon – Fri 10am – 4pm  
0131 475 2556  
57 Albion Rd, EH7 5QY  
Edinburgh Cyrenians

for people who are homeless or  
threatened with homelessness

AS, ET, H, P

AS, H, P

phone 0800 032 5968,

Out-of-hours emergencies

housing options for homeless

people, including assessment

of priority need for housing.

0131 557 6055

22 Holyrood Road, Edinburgh

0131 557 6055

Free phone 0808 178 2323

24/7 crisis centre for people in

housing crisis or at risk of sleep-

ing rough. Includes outreach

service / needle exchange.

AS, AD, A, BA, BS, CA, CL, D, DA, ET, F

F, H, IT, L, LS, MH, NE, OL, OB, P, SH

[www.streetwork.org.uk](http://www.streetwork.org.uk)

### The Access Point

17-23 Leith Street, EH1 3AT

0131 529 7438

Services for people 16 years or over

who do not have care of children

Mon, Wed, Thurs: 9am–5pm;

Tue 10am–5pm; Fri: 9am–4pm

(drop-in services only): Mon–Thu: