

# *the* Pavement

The *FREE* monthly for Scotland's homeless

April 2013



***I'M BACK!***



[www.thepavement.org.uk](http://www.thepavement.org.uk)

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## *Don't panic*

The news in this issue has a lot of death and violence in it, with three murders, a violent assault and a man freezing to death, but don't let it stop you reading on or colour your view of the World.

Two of the murders covered are in the context of trials where we're reporting on verdicts. The other is an update on the murder in Hove, on the south coast, where the killer is still to be caught, so we're carrying the police appeal again.

However, there's plenty of interesting stories to keep you informed, and even a couple of positive news items. Please, read on.

*Richard Burdett*

Editor-in-Chief

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## Blair Davidson

Age at disappearance: 18

Blair has been missing from Inverness since 28 December 2012.

If you think you can help the search please call or text Missing People on **116000** or email at **116000@missingpeople.org.uk**.

Blair, we would love to hear from you.  
**Call. Text. Anytime.**  
**Free. Confidential.**  
**116000**

**missing  
people**

Registered Charity No. 1029418

# The news

*The homeless news from across the UK and the World*

## Missing links on CHAIN?

Homeless services in London are reducing the number of rough sleepers they register on the city's key database Chain.

*The Pavement* has learned that some organisations using the Combined Homeless and Information Network (Chain) are only logging clients if they are bedded down in certain locations or once they have been seen three times.

Teams are also not registering those who are bedded down on a park bench or in a doorway on private property.

However this directly contravenes Chain guidance, according to Broadway, the charity that runs the network.

Becky Rice, Broadway's research and information manager, said outreach teams should register people "the first time they make contact with them on shift if they are rough sleeping ("bedded down") or if they are not bedded down but have been contacted and are vulnerable".

People should be considered to be sleeping rough if they are sleeping or bedded down in the open air – streets, doorways, parks and bus shelters included – or in buildings or other places not designed for habitation – such as barns, sheds, car parks, car, derelict boats, stations or bushes – she added.

*The Pavement* has also been alerted to instances where rough sleepers have come into contact with outreach workers on a number of occasions but have no entry logged on Chain, but Broadway was not aware of this.

The five-person Chain team has a number of procedures and

checks to ensure their figures are as accurate as possible.

Responsibilities include producing a wide range of reports and analysis, data cleaning, technical development of the system to ensure it meets the needs of all users, working with Greater London Authority (GLA) on special projects such as monitoring for No Second Night Out, StreetLink and the Social Impact Bond project.

This data cleansing can involve, for example, sending out current client lists to hostels to check Chain is up-to-date in terms of who is resident at a hostel and who has now left. While the monitoring reports measure how well teams are performing and meeting targets, such as adding 95 per cent of outreach contacts within 72 hours.

The team also visits projects to deal with any problems that members have using the system and every six months it holds a managers' meeting. Broadway then has regular meetings with the GLA about the progress of the Chain system.

Ms Rice urged anyone who has seen misuse of Chain information to inform the team at Broadway.

"The Chain team will follow up any reports of a breach of this protocol and the GLA may be informed," she said.

"If a reported breach is substantiated and deemed serious and significant by the GLA, the project or organisation concerned may have their access to Chain revoked."

If you have a complaint about the Chain system or the services offered by the Chain team visit <http://bit.ly/YTIktq>

*Carinya Sharples*





*“They may be justified in hating  
a society that has allowed a  
homeless man to freeze to death”*



## Death in Kent blamed on anti-squatting law

The death of a homeless man on the doorstep of an empty home (pictured opposite) has been blamed on new anti-squatting legislation by campaigners.

Daniel Gauntlett, 35, died while sleeping outside a bungalow in Aylesford, Kent, on a bitterly cold night during February, when temperatures dropped to -2.

Gauntlett's body was found the next morning by a passer-by who noticed him from the pavement. An inquest confirmed that his death was caused by hypothermia.

Police had reportedly been called on a previous occasion when Gauntlett had tried to get inside the house, which was boarded up.

Since September, it has been a crime punishable by a £5,000 fine or six months in prison to squat in a residential property. Previ-

ously such squatting was a civil rather than a criminal matter.

A local resident told the *Kent Messenger* that Gauntlett was a familiar face in the area

"He used to ask for money but not for drink," the resident said. "He used to buy pasties from the supermarket. It was so sad. Especially when the houses are empty."

In response campaigners have set up a website called "Is Mike Weatherly MP Dead Yet".

The website claims that because the Hove MP helped to introduce new anti-squatting legislation, he is "personally responsible for the death of Daniel and all other poor and homeless people who will die as a result of this disastrous legislation."

Responding to the website, Weatherly said: "A typical squatter is middle-class, web-savvy, legally minded, university-educated and, most importantly, society-hating.

"If squatters really cared about

the homeless then they would help them access council services, not scare them into believing that they would be arrested."

However, Squatters' Action for Secure Homes (Squash), a group formed to campaign against the legislation, has written an open letter rejecting Weatherly's claim that squatters were largely middle class, pointing to research carried out by Crisis which showed that 40 per cent of single homeless people had squatted.

The Squash letter added: "If the typical squatter were society hating... they may well be justified in hating a society that has allowed a homeless man to freeze to death on the steps of an empty home.

"Squash will continue to campaign against the bigotry and myths perpetuated by Weatherley and the mainstream media about squatting."

*Katharine Hibbert*

**You can read the news,  
keep informed & search our  
directory of services online @  
[www.thepavement.org.uk](http://www.thepavement.org.uk)**

*The Pavement*, which operates without any funding from the state, has decided to try something new – asking readers to help support our operation. Not salaries or new kit, but our basic print operation.



If you have a mobile, and can spare a few pounds, please text **PAVE11** followed by the amount in pounds\* (max £10) to **70070**

\*all this money will go to *The Pavement* (registered charity no. 1110656), the charges being met by Vodafone. Find out more at [www.justgiving.com/thepavement](http://www.justgiving.com/thepavement)



## Liverpool murder verdict

Three teenage boys have been found guilty of murdering a rough sleeper behind a supermarket in Liverpool.

The schoolboys, one now aged 14 and two others aged 16, kicked 53-year old Kevin Bennett to death on 17 August of last year. The brutal attack took place behind an Iceland store in the Walton area of Liverpool in the early hours of the morning.

They now face sentences of up to 12 years - less than an adult because of their age at the time of the murder. They cannot be named for legal reasons.

Each of the three pleaded not guilty when the case came to trial in January, with the court hearing three weeks of evidence before the verdict on 26 February.

When the guilty verdict was read out the youngest of the three boys started crying but the other two did not react at all, according to reports in the *Liverpool Echo* newspaper.

The judge commented: "Throughout the trial he appears to have been the only one of the defendants that has shown any emotion at all."

A woman of 42 was also found guilty of perverting the course of justice by lying to police about where the boys were the night of the attack.

During the trial the court heard that the attack on Bennett, who was well known in the local area, was completely unprovoked.

Prosecution lawyer Alan Conrad told the jury: "Mr Bennett had done nothing to deserve such violence. Those who attacked him were much younger and more agile than he was - very young indeed."

Bennett had been known as a heavy drinker and was last seen leaving a local pub at 1am with a bag full of beer, hours before being set upon by the three boys.

John Ashmore

## Squatting six months on

Pressure is being kept on the government to reverse its decision to criminalise squatting six months after legislation was first passed.

Last September the government held brief consultation period, in which sensationalist and inaccurate statements were issued and concerns about the proposals ignored, from respondents including Metropolitan Police, Law Society and Criminal Bar Association.

This would "end the misery of homeowners whose properties have been preyed on by squatters," according to Ken Clarke, the Justice Secretary, ignoring the fact that squatting someone's home was already a criminal offence under Section 7 of the Criminal Law Act 1977.

The law is designed to save £350m - although it will cost £25m to implement in its first five years.

But half a year after the law - making squatting in residential properties punishable by up to six months in prison or a fine of £5,000 - was passed, campaign group Squatters' Action for Secure Homes (Squash) has launched analysis detailing the impact.

Squash estimates the total cost of the law - once rehabilitation, housing benefit claims and costs associated with a higher level of rough sleeping have been taken into account - as closer to £790m.

As for police action, there have been arrests for squatting in abandoned buildings, but none for displacing somebody from their home - so much for ending "the misery of homeowners".

However, local authorities and the police are gathering so little data on the Act's impact that the real picture is hard to grasp.

There are no accurate figures for the number of evictions. Twenty-nine police forces hold no data on S144 offences.

Several told Squash that

offences are non-notifiable/not recordable and they could not locate the relevant Home Office offence code.

And 91 per cent of local authorities do not record whether people have previously lived in squatting buildings. However, Crisis has previously found that 40 per cent of homeless people have squatted at some stage and suggests that squatting is the consequence of a housing and homelessness emergency.

The Case Against Section 144 is available from the Squash website, <http://www.squashcampaign.org>

Val Stevenson

## Legal action threatened over soup run move

The Christian Kitchen, a soup run in the London borough of Waltham Forest, which had been asked to move to a new location (see *The Pavement* March issue), has taken legal advice to force the council into further discussions about the proposed move.

Law firm Irwin Mitchell wrote to Waltham Forest Council, on behalf of users of the Christian Kitchen, stating that if they do not meet again to discuss the proposed move, they will seek a Judicial Review of the decision.

As a result the council has agreed to further discussions.

Alex Rook, a public law expert at the law firm Irwin Mitchell, said: "The council has not properly consulted with either the organisers Christian Kitchen, or the users of the service. They have not provided any suitable evidence that shows how the soup kitchen is responsible for anti-social behaviour. In fact a Freedom of Information request proves that the Council has had no direct complaints about the soup kitchen in the past 12 months.





*The Christian Kitchen soup run in Walthamstow, London, has sought legal advice in its attempts to resist being moved – page 9*



*"Ooh! I do admire a man who can accessorize"*

"There are serious concerns that many of the current users of the service simply won't be able to get to the proposed new site. It seems strange to force people who can't afford a hot meal to have to spend money taking a bus or two to get to a meal provided by a charity."

A spokesman for Waltham Forest Council told *The Pavement*: "The Council has been contacted by solicitors acting on behalf of Christian Kitchen seeking a meeting to discuss the moving of the kitchen."

"The Council is confident that its decision to relocate the Kitchen was fairly and lawfully made in light of the ongoing problems with anti-social behaviour at the current site at Mission Grove. The Council has already met with the Christian Kitchen about the proposed move but has willingly offered another meeting which is to be arranged for on or around 2 April."

"The Council also put back to the proposed move from 28 March to 5 April to facilitate these discussions and to allow for an amicable resolution."

*Staff*

## Pitch and putt killer still at large

Police are no closer to finding the murderer of rough sleeper Lea Williams (pictured).

Mr Williams suffered fatal injuries to the head and face and died in the arches adjacent to the Hove pitch and putt course, Sussex, at the beginning of February (see *The Pavement* March issue).

A photo taken of Mr Williams and his friends in the arches where he died has been released by the police, but the photographer remains unknown.

Detective Chief Inspector Ian Pollard, who is leading the investigation, said: "An anniver-

sary appeal at the scene of the crime on Monday 18 February did result in local people providing information, but to date this has not led us to Lea's murderer(s)."

Although the police remain hopeful that DNA evidence may unlock clues about the killer, they have not yet named either the suspect or the possible murder weapon.

Detective Inspector Wendy Burton said: "Forensic examinations of the many items that were found lying around Lea's body are ongoing."

"DNA testing like this takes time but it is a vital part of the investigation and may tell us who else was in the archway with Lea between Sunday, 10 February and Monday, 11 February, when his body was found."

The police are still gathering and reviewing hundreds of hours of CCTV footage recorded in the vicinity of the murder.

If you have any information please call 101 quoting Operation Depot.

*Jane Evans*

## One man and his dog

One man, one dog and a 184 day trek through sub-zero temperatures, sleet and snow. That's the challenge Wayne Hall set himself, in a bid to raise £10,000 for Shelter.

A self-employed tiler Mr Hall, 46, set off on his epic trek through the Scottish Wilderness in February with only his dog Jerry for company.

With just a tent for shelter Mr Hall and Jerry have survived by living largely off the land, on a diet of fish, berries and edible plants, and the occasional bacon buttie when offered by kind-hearted stranger.

Mr Hall said: "The dog and I have enjoyed every minute of the trip so far but it's also really hit home why we're doing this."

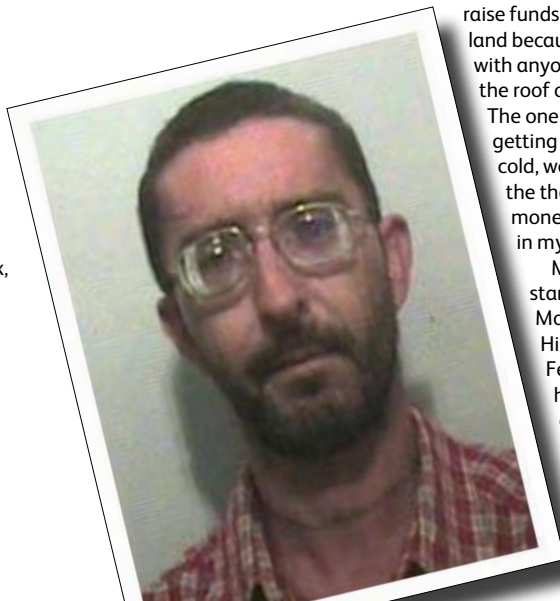
"There have been a few mornings when we've woken up to find the water bottle and food completely frozen, and that's inside a good quality tent. I can't imagine what it's like for people who have to sleep rough night after night."

Mr Hall has experienced homelessness first hand after losing his home nine years ago when his landlord died and the property was inherited and sold.

He added: "I chose to raise funds for Shelter Scotland because I empathise with anyone who has lost the roof over their head."

The one thing that is getting me through the cold, wet and snow is the thought of raising money to help others in my situation."

Mr Hall's trip started at Loch Morar in the Highlands on 25 February, and he will travel across Scotland, stopping at 25 lochs on the way. He'll complete the



# HOMELESS CITY GUIDE



squat



empty building



dangerous neighbourhood



danger



guard dogs



an attack happened here



good place to drink / smoke



unfriendly place



friendly place



soup run (with rating)



strong police presence



potential for work



good food thrown away here



safe for sleeping



message board x mins that way



security guard

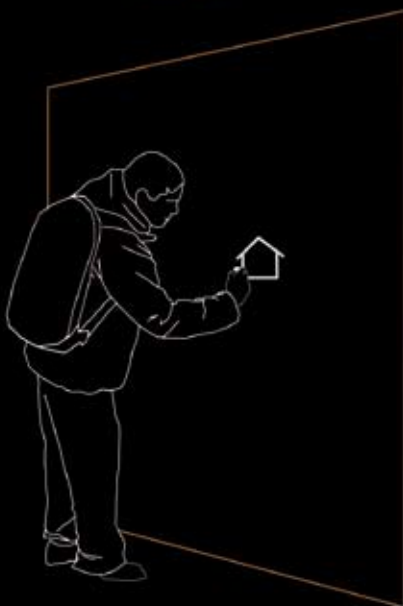


you'll get moved on here

step 1



step 2



**MAKE YOUR MARK AND HELP OTHERS TO READ THE CITY**

Make non permanent marks to keep the system up to date and stay within the law.



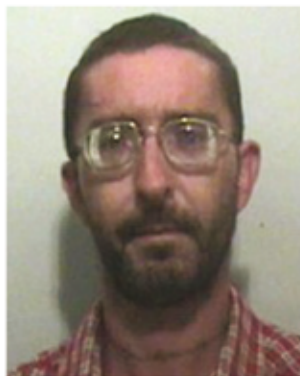


*Cash withdrawal symptoms*

IT'S BECAUSE  
I'M A WOMAN,  
ISN'T IT!?



# Witness Appeal



A witness appeal has been launched following the brutal murder of **Lea Williams**, pictured above.

Do you have information that could help catch the person(s) responsible for this terrible crime?

The appeal is to anyone who saw Lea in the days leading up to 11 February 2013 the day his body was discovered in an archway under the promenade in Hove which overlooks the pitch and putt course.

Lea was 5'9" of slim build with short brown hair, brown beard and had a distinctive barbed wire tattoo across his collar bone and often wore glasses with very thick lenses.

**Do you know of any reason why someone would want to kill Lea?**

Anyone with any information is asked to call **101** quoting **Op Depot**, leave an anonymous message with the independent charity Crimestoppers on **0800 555 111** or talk to one of the many homeless agencies which operate within the city.



**Sussex Police**  
Serving Sussex

[www.sussex.police.uk](http://www.sussex.police.uk)



*"Well, first the good news; you are extremely photogenic"*

expedition on his 47th birthday at Galloway Forest Park on 27 August.

Throughout his journey Mr Hall had been keeping his followers up to date on his and Jerry's progress by posting regular news on his Facebook page and Twitter account. To find out how they are getting on go to <http://on.fb.me/ZvrYTO> and <http://bit.ly/ZXVGRa>

To donate visit: <http://www.just-giving.com/sixmonthsinscotland>

*Mairi Gordon*

## Snakes in a bin

An innovative luggage storage facility for use by homeless people in Venice, Los Angeles, (see *The Pavement* March issue) had more than luggage left in it in early March.

Workers found a large snake in one of the wheeled bin storage containers.

The local authority's animal services went to the container which can be used to store luggage, after a worker reported seeing a python or boa constrictor.

The workers were going through belongings in storage, which the female owner hadn't collected for a week, when they came across the hungry reptile.

*Staff*

## Trial of Marble Arch murderer

The Old Bailey has heard how a man killed a Scottish homeless person and later turned up at Buckingham Palace demanding to see the Queen.

Ghodratollah Barani strangled Mark Morrison, 46, originally from Dunblane, at Marble Arch, central London, in June and spent the next week repeatedly trying to see the monarch.

Barani had been to the palace before the killing and was twice taken to hospital but doctors thought he was feigning illness to advance his asylum application.

He said he had been hearing voices telling him to kill someone to make him king.

He believed the Queen would help him and when he was stopped at the north gate of Buckingham Palace, he said he was the king of Afghanistan.

The 27-year-old Afghan, who lived in Sheffield before arriving in London, pleaded guilty to manslaughter on the grounds of diminished responsibility. He was ordered to be detained in a secure hospital for an undefined period of time.

Barani had been taken to St Thomas' and Gordon hospitals after two previous attempts to enter the palace.

*Sean Lafferty*

- If you're Scottish and homeless in London, or have friends who are, these are two organizations to know <http://www.scotscare.com> or <http://www.borderline-uk.org>

## Malicious attack on a Bristol rough sleeper

A musician who kicked and stomped on the head of a Bristol rough sleeper, has been sentenced with a suspended jail term.

Sharon Collins, who was bedding down with her Jack Russell in a Bristol underpass known to locals as the Bear Pit spoke to Diego Rodriguez at 1:15am in October last year; he responded with an unprovoked attack, kicking Collins in the back of the head and returning to stamp on her face.

CCTV footage and blood found on the defendant's shoe helped to secure his arrest and subsequent conviction.

Although he says he was drunk and cannot recall the encounter, he pleaded guilty of assault occasioning actual bodily harm.

Crown Court judge David Ticehurst gave Rodriguez a 12 month prison sentence, which was suspended for 18 months. He must also carry out 240 hours unpaid work and pay £100 court costs, along with a further £100 to the victim.

The judge told Rodriguez: "As your barrister said, this was a malicious and violent offence.

"This woman was sleeping rough. She regarded an underpass in Bristol as her bedroom.

"She was sleeping on blankets, her head was on a suitcase and she was trying to get some sleep when someone like you comes along and kicks her for no good reason."

*Jane Evans*

## UKBA to be scrapped

The UK Borders Agency – the authority that has deported rough sleepers from Eastern Europe – is to be scrapped after home secretary Theresa May told MPs "its performance was not good enough".

The UKBA was formed in 2008 as distinct from the Home Office, but Ms May said this had led to a "secretive and defensive culture".

On March 25, MPS from the Home Affairs Committee published a report claiming that the UKBA had repeatedly supplied incorrect information about the size of backlog asylum cases, describing it as "not fit for purpose".

Committee chairman and Labour MP Keith Vaz welcomed the home secretary's decision to put the border agency "out of its misery".

*Staff*

# STREET SHIELD

## CHAPTER 32

### TO THE RESCUE!







# Health and wellbeing

*The Pavement's health team look at tip to toe to keep you well*

## Cracked heels

Old skin cells account for 90 per cent of the dust in buildings. You may not know that you have dry skin around your heels, and it's often not a problem. But if you have diabetes, check your feet regularly – a vanity or inspection mirror lets you see those out-of-the-way places! A lack of feeling in your hands and feet is a common complication of high blood sugar levels, and you may be unaware your skin is damaged.

Normally, the outer skin can cope with moderate shearing stresses (rubbing against another surface), but when it is damaged, callus (thickened skin) replaces the normal, soft skin. Thickened skin can crack, which exposes the lower layer of

skin (the dermis), and often leads to bleeding and infection. Cracked heels are often blamed on going barefoot or walking in flip-flops, but the condition is frequently triggered by not wearing a closed-in shoe that supports your heels and by dehydrated skin.

If you have severe cracking, see your doctor or podiatrist – the hard skin needs to be carefully removed.

Fortunately, you can improve dry skin with some simple steps. Rehydrating the cells encourages the old cells to separate from the new ones, leaving a more pliable surface which can cope with the external stresses around the surface of the foot. However, hard skin always returns – a chemical enzyme in the blood determines how quickly the skin reproduces itself.

So, what can you do if you have cracked heels?

- Wash your feet in warm water (hand hot, 46° C).
- Dissolve

a handful of table salt in a basinful of water and bathe the feet for no longer than 10 minutes before patting them dry. (The saline solution is antiseptic and will clean out deeper fissures.) If your cracks are severe, repeat the footbaths every four hours.

- Use an antiseptic cream to cover the cracks.

If these do not heal within a few days, then report them to your doctor. Skin cells quickly take up water from bathing, and old cells can be removed easily by rubbing gently across the skin with a pumice stone or clean, plastic (not metal!) pot scourer. Regular foot baths and rubbing keeps mild to moderate heel callus at bay. Rubbing cream into the skin is also recommended – anything that is good for the hands and face is good for the feet!

Barrier creams are recommended for moderate to severe heel cracks. They are greasier and form a temporary film that traps microscopic water on the skin's surface and helps it rehydrate. Cream containing urea can be very good for severe heel callus but can also irritate the skin, so should be used only under direction.

The doctor can prescribe other medicated creams.

**Toe Slayer**  
Registered Podiatrist  
and Shoe Historian



## Mouth care

The ongoing and seemingly endless winter we are having this year has had an annoying and painful effect on my lips. They've been dry and chapped for about two months now. If you are also a chapped lip sufferer remember to slap on the lip salve or Vaseline and don't be tempted to lick them, it'll make them worse.

Cold sores are caused by the herpes simplex virus and once you've had them once you will always be susceptible to them. Cold sores usually strike when people are run down, tired or stressed. They start with a tell tale tingle and this is the best time to slap on some over the counter cold sore cream. It's really worthwhile taking advice from a pharmacist about what's the best cream for you.

Remember to look after your mouth and if you have an ulcer or sore that does not heal then seek advice from a doctor or nurse.

By far the biggest mouth issue is your teeth and taking care of them is critical to good health.

Food and bacteria build up on the teeth causing plaque. Plaque is a thin, sticky film of bacteria that constantly forms on the surface of your teeth. This bacteria forms an acid which attacks the surface of the tooth leading to tooth decay. If tooth decay is left untreated the nerve of the tooth can become infected and die. Once this happens you may lose the tooth or get an abscess.

The easiest way to stop tooth decay is to brush your teeth regularly. It is recommended that you brush your teeth at least twice a day with a medium sized, nylon bristled toothbrush. Brushing for two minutes in a circular motion is the best way to remove plaque. Dentists recommend you use a toothbrush that contains fluoride.

Most people don't bother to clean in between their teeth but

this should be a very important part of your cleaning routine. There's no point in taking the plaque off the surface if you're leaving nasty stuff between your teeth. Dental floss is the easiest way to clean in between your teeth. Get a long strand of it, wrap the ends round your fingers and gently clean between each tooth, using a new part of the floss strand for each tooth. Removing bacteria from between your teeth will also keep your breath fresh. Toothbrushes don't last forever and an old worn out toothbrush will not get your teeth properly clean. Get a new one once the bristles start to look worn and definitely don't use the same one for more than three months.

No matter how scrupulous you are about cleaning your teeth plaque can still gather around your teeth and harden. This hardened plaque is known as tartar and can be difficult to remove. It's important that you get rid of it because leaving it on your teeth can cause tooth decay and gum problems. Visiting the dentist is really the only way to get rid of it. Lots of dentists now have hygienists who can give your teeth a deep clean.

Worried you might have smelly breath? Getting into a good tooth cleaning routine may sort it out. Some people find brushing their tongue after their teeth helps. Mouthwash may help keep your mouth clean but isn't really necessary and may mask bad breath problems rather than solve them. If you think you have smelly breath and can't get rid of it then see a dentist and ask for advice.

Gum disease is the biggest cause of tooth loss in adults. If your gums bleed regularly, are sore, red, inflamed or you notice any changes in them then you must see a dentist. Gum disease is easily treated with good mouth cleaning and visits to the dentist.

For those of you who already have dentures remember you must

keep them clean. Food can gather in dentures and literally rot in your mouth. Give your dentures a good scrub at least twice a day. If your dentures aren't comfortable or are chafing the inside of your mouth then see a dentist. It's really important to get them fitted properly.

Dentists don't just look after teeth; they can also make sure the inside of your mouth is healthy. Dentists are trained to spot signs of mouth cancer or anything else wrong with the inside of your mouth. The British Dental Health Association says early detection of mouth cancer can increase chances of survival by 90 per cent. So think of your dentist as a life saver!

It may take a bit of effort to find a dentist. You may have to ask around to find a dentist in your area who will see you. Remember, you don't need a permanent address to see a dentist. You can use the address of a day centre, friend or relative. Try asking at your local health centre or clinic for information about dentists.

The British Dental Health Foundation has a Word of Mouth Helpline and you can call them on **0845 063 1188**. Alternatively NHS Direct can give you a list of dentists in your area. Their number is **0845 46 47**.

*Susie Rathie*  
Our Nurse Flo



*"...and I could play the lead and we could call it 'Carrion Scavenging', gerrit? 'Carry On Scav...'"*

0141 550 7140  
Mon-Thur: 9am-4pm; Fri: 9am-3pm  
AS, BA, C, H, IT, TS

## SAY Women Accommodation

Project  
3rd Floor, 30 Bell St, G1 1LG

0141 552 5803  
Provides support and counselling to young women aged 16 – 25 who are homeless or threatened with homelessness and are survivors of rape or sexual abuse AS, C, SH

## TELEPHONE SERVICES

### Community Legal Advice

0845 345 4 345

Nationwide  
www.communitylegaladvice.org.uk

Mon-Fri: 9am-8pm;  
Sat: 9am-12:30pm  
AD, BA, DA, H

Free, confidential service, offering specialist advice on housing, benefits, tax credits, debt etc.

### Domestic Violence Helpline

0808 2000 247

### Frank

0800 776 600

Free 24-hr drug helpline

### Get Connected

0808 808 4994

Free advice for young people (1 pm – 7 pm daily)

### Job Centre Plus (benefits agency)

To make a claim

0800 055 6688

For queries about existing claims for Income Support, Jobseekers Allowance or Incapacity Benefit

0845 377 6001

For Social Fund enquiries

0845 608 8661

For the Pensions Service

0845 60 60 265

### Message Home Helpline

0800 700 740, 24 hrs daily  
National Debtline  
0808 808 4000

## Runaway Helpline

0808 800 7070

Free line for under-18s who have left home

### The Samaritans

08457 90 9090

### SANLINE

6 – 11 pm

0845 767 8000

Out-of-hours helpline for those affected by mental health

### Shelter

0808 800 4444

Housing info and advice

8am-8pm daily

### UK Human Trafficking Centre

0114 252 3891

## TELEPHONE SERVICES

### EDINBURGH

### Edinburgh City Mission

Counselling and crossline helpline

0845 658 0045

Providing a listening service for anyone in emotional crisis.

Also offers face-to-face counselling by appointment

## TELEPHONE SERVICES GLASGOW

### Glasgow Shelter Advice Service

0808 800 4444

Mon-Fri: 9am-5pm

### Glasgow Street Service

0800 027 7466

Mon-Thur: 8am-11 pm; Fri: 8am-5pm; Sat: 8am-3pm; Sun: 4-11 pm

Street outreach team partner-

ship between Simon Community Glasgow and Barnados Scotland

### Glasgow Women's Support Project

31 Stockwell Street, G1 4RZ

0141 552 2221

Mon, Tues, Thurs, Fri: 10am

- 4:30pm; Wed: 2 - 4:30pm

Information, advice and initial support for women who have experienced sexual abuse

## WEBSITES

LGBT Youth  
Advice for LGBT people  
http://www.lgbtyouth.org.uk

### The Pavement online

Regularly updated online

version of The List.

www.thepavement.org.uk/

services.htm

## WEBSITES EDINBURGH

### Homeless Edinburgh

A comprehensive website containing information about services

in Edinburgh including hostels,

advice and support centres. Also

has information on over 8,000

services outside Edinburgh

www.homelessedinburgh.org

## WEBSITES GLASGOW

### Homeless Information Pages

Glasgow

Lots of useful information and

advice on homeless services

in and around Glasgow

www.hipinglasgow.com

**Opticians services and spectacles**

**(TAP clinic)**  
20 Cowgate, EH1 1JX  
Every Fri: 9-11am  
Free eye examinations and spectacles for all. NHS benefits not required for free spectacles - drop in or make an appointment  
MS

**MEDICAL SERVICES GLASGOW**

**The Physical Health Care Team**  
55 Hunter St, G4 0UP  
0141 553 2826  
Mon - Fri: 1-5pm  
Has two GPs and a team of nurses and office staff who also run clinics at some hostels. Appointments not necessary. They also provide support for people who have hospital appointments and want someone to go along with them. There is also an addition and mental health team based at this address  
A, D, FC, MH, MS, SH

**SOUP KITCHENS & SOUP RUNS EDINBURGH**

**Barony Contact Point**  
101 High Rigg, EH3 9RP  
0871 700 7777 / 0131 622 1867  
Tue: 10.30am - 4pm;  
Thurs: 10am - 1pm,  
**Care Van**  
Bethany Christian Trust's soup run in Edinburgh city centre  
364 evenings a year

**Carubber's Christian Centre**

65 High Street, EH1 1SR  
0131 556 2626  
Sun: 8.30-9.30am

**Grassmarket Mission**  
79/3 Grassmarket, EH1 2HJ  
0131 225 3626  
Mon: 7-9pm; Tues: 6-7pm;  
Wed: 1-4pm; Fri: 1-4pm;  
Sat 9-10.30pm  
AC, FF  
**Jericho house**  
53 Lothian Street, EH1 1HB  
0131 225 8230  
Sun: 10am - 2pm; Weds

and Thurs: 6-7.30pm, CL, FF  
**Little Sisters of the Poor**  
43 Gilmore Place, EH3 9NG  
0131 229 5672  
Every day 1-2pm and 6-7pm

**Missionaries of Charity**  
18 Hopeoun Crescent, EH7 4AY  
0131 557 8219  
Every day except Thurs:  
3.45-4.30pm

**Soup Van**

Every night: 9-9.45pm  
Runs from Waverley Bridge to Grassmarket and North Bridge  
(Tue - Fri they have woodwork, art, gardening and textiles 10am - 4pm)  
ET, FF

**SOUP KITCHENS & SOUP RUNS GLASGOW**

**Balvaric Street**  
G42 8QU  
Thurs: 7-9pm

**Cadogan Street**

Glasgow G2 7AB  
Runs at these times:  
Sun: 9-10pm; Mon: 7.30-9pm; Tues: 8.45pm - 12.30am;  
Wed: 9-10pm; Fri: 8-9pm

**Kagyu Samye Dzong**

The Tibetan Buddhist Centre  
7 Ashley Street, G3 6DR  
0141 332 9950

**Queen's Park Parish Church**

170 Queen's Drive, G42 8QZ  
Tue: 12noon-2pm (low cost meal); Thu: 10am-12pm (low cost tea/coffee); Sun: 5-6pm (free meal and clothing)  
F, CL, FF

**St. Patrick's Church**  
North Street, G3 7DA  
Thurs & Sun: 8pm - 9pm

**St. Simon's Church**  
Dunaskin Street, G11 6PG  
Sun: 1.30 - 2.30pm

**SPECIALIST SERVICES**

**EDINBURGH SPECIALIST SERVICES**

**Support in Mind Scotland**  
(formerly the National Schizophrenic Fellowship)  
6 Newington Business Centre, Dalkeith Road Mews, Edinburgh, EH1 6 5DU  
0131 662 4359, Mon-Fri: 9am-4pm  
Support and action for people affected by mental illness (including friends and carers), MH  
www.supportinmindscotland.org.uk

**Edinburgh Women's Aid**

4 Chayne Street, EH4 1JB  
0131 315 8110  
Mon: 1-3pm; Tues, Wed & Fri: 10am-3pm; Thurs: 10am-7pm; Sat: 10am-1pm  
Information, support and refuge for women, and accompanying children, fleeing domestic abuse  
AS, AD, C, H, OL

**Streetwork UK - Out of the Cold**

2 New Street, Edinburgh  
0131 556 9756  
Working with people over 50 years who are or have been homeless / housing crisis  
AS, AD, BA, DA, H, LA, OL, OB, TS

**Streetwork UK - Womens Services**

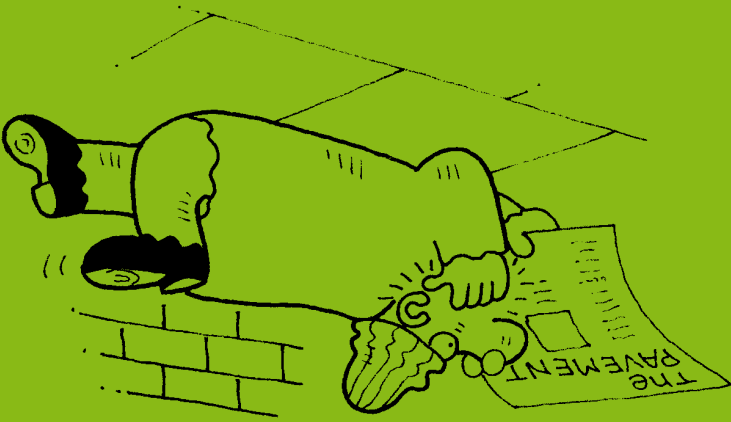
4 Bellevue Street, Edinburgh  
0131 467 2023  
Mon, Tues & Thu: 1-4pm  
Drop in for women  
AD, AC, BA, CA, CL, DA, ET, LA, OL, OB, SH, TS

**SPECIALIST SERVICES GLASGOW**

**GAMH Homeless Support Project**  
123 West Street, G40 1DN  
0141 554 6200  
Mon - Fri: 9am - 5pm  
(4.30pm on Friday)  
Practical support and advice for homeless people in Glasgow with mental health problems.  
Phone, write or just drop in  
C, MH  
**Glasgow Rent Deposit and Support Scheme**  
3rd Floor, Crowngate Business Centre, 117 Brook Street, G40 3AP

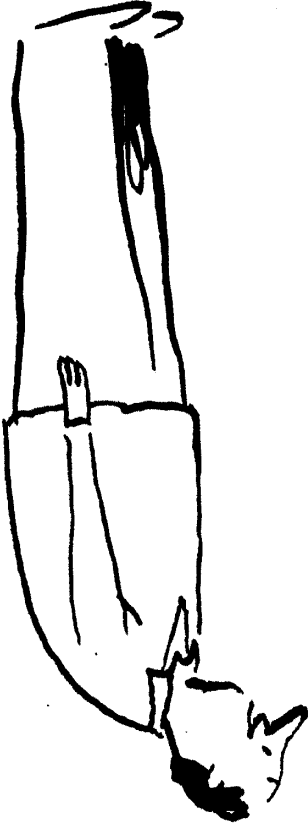


**Or email corrections to  
theist@thepavement.org.uk**



**If you know a service that  
isn't listed here, get them  
to submit their service @  
our website:  
www.thepavement.org.uk**

Mike Winion



I'VE ABSOLUTELY NO  
IDEA... I'M A DOG..  
HOW WOULD I  
KNOW THAT?

WHOS A GOOD BOY  
THEN?

**DRUG / ALCOHOL SERVICES**

## Drinkline Scotland

Advice and info for people with alcohol problems or anyone concerned about alcohol misuse

**DRUG / ALCOHOL SERVICES**

## EDINBURGH

## Castle Project

2 Craigmillar Castle Road, EH16 4BX  
0131 661 5294  
Mon - Thurs: 9am - 4.30pm;  
Fri: 9am - 4pm  
D, NE, O, L, OB, SH  
www.castleproject.org.uk

## DRUG / ALCOHOL SERVICES

**GLASGOW**

## Alcohol Focus Scotland

166 Buchanan St, Glasgow  
0141 572 6700  
Call-in, phone or email: Mon - Thurs:  
9am - 5pm; Fri: 9am - 4.30pm  
A, C, ET

## Breakthrough

James Duncan House, 331  
Bell Street, G4 0TJ  
0141 552 9287  
A joint health and social work  
project offering services to  
people with drug and alcohol  
problems. It also incorporates  
methadone prescribing.  
A, C, D, MS, NE

### Cocaine Anonymous Scotland

0171 959 6363  
www.cascotland.org.uk  
Helpline offering help and support  
to those with or recovering from  
an addiction. Also offer meetings  
and literature on addictions  
A, AD, C, D

## Drug Crisis Centre

The West Street Centre, 123 West Street, G5 8BA  
0141 420 6969  
[www.turningpointscotland.com](http://www.turningpointscotland.com)  
24hr service offering information and advice to those who abuse drugs. Also residential drug rehab program, family support unit operates on this site. D, NE

## Glasgow Council on Alcohol

Saatchi Hall Street, G2 3LG  
1st Floor, Newton House, 45/  
0141 353 1800  
[www.thegca.org.uk](http://www.thegca.org.uk)  
Mon - Fri: 9am - 9pm  
Offers help and support to  
anyone experiencing problems  
related to alcohol consumption.  
A, AS, AD, BA, DA, ET, H, LA, OB, TS

## EMPLOYMENT AND TRAINING

## EDINBURGH

**Bethany Christian Trust**

Community Education programme with a range of courses aimed at giving skills to get back into work or volunteering

### Bethany Christian Centre (Men

6 Casselbank St, EH6 5HA  
0131 554 4071  
(only)  
For homeless or vulnerable men  
with alcohol or drug problems who  
wish to take part in a work training  
programme [www.bethanyct.com](http://www.bethanyct.com)  
CA, ET

## EMPLOYMENT AND TRAINING

GLASGOW

Glasgow Simon Community

12 Commercial Road, G5 0PQ  
01471 420 6105  
Mon - Fri: 9am - 4pm  
Runs short courses that help people  
look at their choices, rights and  
opportunities in settling down. Open  
to anyone over 16. Courses are  
organised on a rolling programme  
and run between 10am and 4pm  
[www.glasgowswim.org.uk](http://www.glasgowswim.org.uk)

Emmaus Glasgow

101 Ellesmere Street, G22 5QJ  
0141 353 3912  
[www.emmausglasgow.org.uk](http://www.emmausglasgow.org.uk)  
Provides accommodation and  
work for homeless people  
AS, CL, ET, TS

## EX-FORCES

## AWOL?

Call the 'Reclaim Your Life' scheme from SSAFA (Soldiers, Sailors, Airmen and Families Association): Mon – Fri: 9am – 10am  
01380 728137

## EX-FORCES EDINBURGH

## Whiteford House

Mon - Fri: 7am - 5pm  
0731 556 6827, Ring first  
0331 556 6827, Ring first  
Accommodation for homeless  
ex-service men and women,  
including ex-merchant mariners.  
Can accept married couples

**MEDICAL SERVICES EDINBURGH**

## Edinburgh Access Practice

**(Cowgate Clinic)**  
0131 240 2810  
20 Cowgate, EH1 1JX  
Mon, Wed - Fri (closed on the  
morning of the third Wednesday  
of the month); 9am - 12.45pm,  
1.45 - 5pm; Tues 9am - 12.45pm  
Health service for homeless people,  
including a general nursing and  
treatment room, mental health  
care, 10 GP sessions a week, as well  
as dental services two mornings  
a week. Also provides a chiropody  
service, occupational therapist, clinical  
psychologist and psychiatrist. A  
clothes exchange is available too  
A, D, T, D, F, C, M, S, M, H, SH

**Turning Point Scotland – Link Up**  
112 Commerce Street, G5 9NT  
0141 420 1929  
A direct access service for homeless people in crisis as a result of mental health, drug, or alcohol problems  
A,AS,AD,C,D,FC,MS  
[www.turningpointscotland.com](http://www.turningpointscotland.com)

## Women

**Govanhill Women's Project**  
14 Polmadie Street, G42 0PQ  
0141 423 5599  
Works with single homeless women aged over 25 from the Glasgow area. The project is not suitable for women under 25 or those waiting to be accommodated with a partner or with children in their care. Ring first

## Young people

**Council for Homeless Young People (CHYP)**  
171 Wilton Street, G20 6DF  
0141 945 3003  
Details at  
[www.queenscrosssha.org.uk](http://www.queenscrosssha.org.uk)  
Residential support for youngsters and young, single homeless people

**Quarries Stopover**  
189 Pollockshaws Road, G41 1PS  
0141 420 3121  
For young people 16-25. Accommodation is on the upper levels of a four-storey building so not suitable for people with physical disabilities  
A,C,D,D,ET,H  
[www.quarriers.org.uk](http://www.quarriers.org.uk)

**The Mungo Foundation – London Road Project**  
1920 London Road, G32 8XG  
0141 778 1184  
Works with 16-25 year olds who cannot access mainstream accommodation. (Open 24 hrs)  
[www.themungofoundation.org.uk](http://www.themungofoundation.org.uk)

[www.foursquare.org.uk](http://www.foursquare.org.uk)  
Ring first  
16-21 with a range of support needs

## DIRECT ACCESS HOSTELS/ NIGHTSHELTERS GLASGOW

### All with low-support needs

**Salvation Army – Hope House**

14 Clyde Street, G1 5JW  
0141 552 0537  
Referral by Glasgow City Council only  
A,AS,BS,F

## Laureston Centre

39 South Portland Street, G1 9JL  
0141 429 6533  
Open office hours only  
A,AS,BS,F

**Simon Community – Castlemill Men's Accommodation Project**

86-88 Arnprior Road, Castlemill, G45 9HE  
Offers a group-living model of supported accommodation to men who have experience of long term homelessness and are committed to addressing addiction issues. Possibility of continuing support after moving into own home. Referral from social work or similar agency is required, accepts men from all over Glasgow  
[www.glasgowsimon.org](http://www.glasgowsimon.org)

**Talbot Association – Kingston Halls Direct Access Hostel**

344 Paisley Road, G5 8RE  
0141 418 0955  
Referral by Glasgow City Council only  
BS,C,DT,ET,F,H,L,MS,MH,SH

**Gowrie Care – St John's Hill**  
1 St John's Hill, EH8 9TS  
0131 557 5502  
Ring or drop in: Mon - Fri 9am - 2pm

**Randolph Crescent Hostel**  
2 Randolph Crescent, EH3 7TH  
Supported accommodation for single men and women from Lothian and Edinburgh Abstinence Programme (LEAP)  
0131 220 1607  
Referral from LEAP on: 0131 456 0221

**Salvation Army – Ashbrook**  
492 Ferry Road, EH5 2DL  
0131 552 5705  
Single homeless people who are eligible for housing benefit  
[www.salvationarmy.org.uk](http://www.salvationarmy.org.uk)

## Men

**Gowrie Care – Caledonia House**  
Gillmore's Close, Garscumber, EH1 2HD  
0131 220 5078  
[www.homelessedinburgh.org](http://www.homelessedinburgh.org)

## Women

**Cranston Street Hostel**  
2 Cranston Street, EH8 8BE  
0131 556 8939  
Temporary registered accommodation for single homeless women. Although the maximum stay is six months this can be extended under certain conditions  
[www.homelessedinburgh.org](http://www.homelessedinburgh.org)

**Number Twenty**  
20 Broughton Place, EH1 3RX  
0131 557 1739

Young single homeless women aged 16-21 with support needs. Ring first (8am - 11.30pm every day)  
**Young people (16-25)**

## Open Door Accommodation

**Project**  
7-12 Adelaide Street, Livingston, EH54 5HG  
01506 430221  
Young single homeless people aged 16-21 with a local connection to West Lothian  
Ring first (8am - 8pm daily)  
[www.odap.org.uk](http://www.odap.org.uk)

Emergency assistance outwith office hours phone 0800 731 6969

## ADVICE SERVICES GLASGOW

**GENR8 Action for Children (16-24)**  
Westwood Business Centre, 69  
Aberdalgie Road, G34 9HJ  
0141 771 6161  
Advice and support for 16-24 year  
olds seeking accommodation  
AS, AD, BA, C, DA, H, TS

**Glasgow Shelter Advice Service**  
First Floor Suite 2, Breckennridge  
House, 274 Sauchiehall Street  
0808 800 4444 Mon-Fri: 9am-5pm  
Emergency surgery at office  
Thu 2-4pm, at all other times  
call the helpline above  
AD, C, H

## Glasgow City Council

For anyone who is homeless,  
threatened with homelessness, or  
in need of advice about homeless-  
ness issues. Staff will be pleased  
to discuss your circumstances  
with you in a private interview  
room and provide advice on what  
can be done next to help you  
www.glasgow.gov.uk  
AS, BA, C, DA, H, TS

## Glasgow City Council

Homeless Person's Team  
Hamish Allan Centre, 180  
Centre Street, G5 8EE  
0141 287 1800  
Mon-Thur: 8.45am-4.45pm;  
Fri: 8.45am-3.55pm  
AS, BA, C, DA, H, TS

## Glasgow Street Service

See Telephone Services Glasgow

## DAY CENTRES AND DROP-INS

### EDINBURGH

**Barony Contact Point**  
101 High Rigg, EH3 9RP  
0871 700 7777  
Mon: 6.30-9pm; Tue: 10.30am-  
4pm; Thu: 3.30-7.30pm;  
Fri: 11am-2pm (women  
only); Sun: 11am-4pm  
C, MH

**Bethany Christian Trust**  
Leith Acorn Centre YMCA,  
Junction Place, EH6 5JA  
Tue: 12.30-2.30pm (women  
only drop in); Thu: 1-3pm  
(men only drop in)

**Salvation Army – The Laurieston Centre**  
39 South Portland Street, G5 9JL  
0141 429 6533  
AS, A, BA, C, DA, ET, FF, F,  
H, IT, LF, MS, SH, TS

**Wayside Day Centre**  
32 Midland Street, G1 4PR  
0141 221 0169 (option 1)  
Mon-Fri: 7.30 - 10pm; Sat: 1-4pm  
AS, AD, BS, CL, FF

**Wayside Day Centre**  
See The Marie Trust

**Wayside Day Centre**  
32 Midland Street, G1 4PR  
0141 221 0169 (option 1)  
Mon-Fri: 7.30 - 10pm; Sat: 1-4pm  
AS, AD, BS, CL, FF

## DIRECT ACCESS HOSTELS/ NIGHTSHELTERS EDINBURGH

All with low-support needs

## Bethany House

12 Couper St, Leith, EH6 6HH  
Emergency accommodation  
for single homeless people  
0131 467 1010  
AS, AD, A, BS, BE, D, F, H, L, LA

## Bethany Supported Housing

65 Bonnington Road, EH6 5JD  
0131 553 1119  
Ring First

## Castlecliff Hostel

25 Johnston Terrace, EH1 2NH  
For homeless people aged  
16 and over; accepts couples  
and people with pets  
0131 225 1643  
AS, BS, BE, H, L, TS

## Cunningham House

205 Cowgate, EH1 1JH  
For homeless people with addi-  
tional support needs around  
alcohol, drugs, mental health  
and learning difficulties.  
0131 225 4795  
www.crossreach.org.uk  
AS, BA, 5

## Dunedin House

4 Parliament St, Leith, EH6 6EB  
0131 624 5800  
www.dunedin-harbour.org.uk

## Crossreach – Church of Scotland

**Social Care Council**  
Charis House, 47 Milton Road  
East, Edinburgh, EH1 5SR  
0131 657 2000  
Mon-Thur: 8.45am-4.45pm;  
Fri: 8.45am-3.45pm  
www.crossreach.org.uk

## Four Square

67a Logie Green Road,  
Canonmills, EH7 4HF  
0131 557 7930  
www.foursquare.org.uk  
AS, ET, TS

## Streetwork UK - Womens Services

See Specialist Services

## DAY CENTRES AND DROP-INS

### GLASGOW

## Glasgow City Mission – The

Shieling  
20 Crimea Street, Glasgow, G2 8PW  
0141 221 2630  
Mon, Tues, Wed & Fri: 10am  
-4pm (drop in); Thur: 1-5pm;  
Mon, Tues, Wed & Fri: 6.30-11pm  
www.glasgowcitymission.com  
AS, AD, AC, B, BS, BE, C, CL, ET,  
FF, H, IT, LA, MC, MS, OB

www.glasgowcitymission.com

## Lodging House Mission

35 East Campbell St, G1 5DT  
0141 552 0285  
Mon, Tue, Thu: 8am-3pm; Wed,  
Fri: 8am-2pm; Sun: 4-6.30pm  
BS, CL, E, F, IT

## The Marie Trust

32 Midland Street, G1 4PR  
0141 221 0169 (option 2)  
Mon-Fri: 10-11.30am; 12.30-4pm;  
7.30-10pm (Thu closes 3pm)  
Drop-in advice and support,  
non-profit making café, posi-  
tive activity, learning and out-  
reach for people affected by

# the **OTHER** list

The directory of Scotland's homeless services Updated 28 March 2013

Key to this list:	Accom. assistance – AS	Advocacy – AD	Alcohol workers – A	Art classes – AC	Barber – B	Benefits advice – BA	Bathroom/showers – BS	Bedding available – BE	Careers advice – CA	Clothing – CL	Counselling – C
Debt advice – DA	Dentist – DT	Drugs workers – D	Education/training – ET	Free food – FF	Food – F	Foot care – FC	Housing/accom advice – H	Internet access – IT	Laundry – L	Leisure activities – LA	Leisure facilities – LF
Luggage stowage – LS	Medical services – MS	Mental health – MH	Music classes – MC	Needle exchange – NE	Outreach worker links – OL	Outreach workers – OB	Safe keeping – SK	Sexual health advice – SH	SSAFA – SS	Tenancy support – TS	

If you've any changes or suggestions write to us at the address on page 3, or email: [thelist@thepavement.org.uk](mailto:thelist@thepavement.org.uk)

Updated entries: 1  
Services added: 0

**ADVICE SERVICES EDINBURGH**

**Advocard**  
332 Leith Walk, EH6 5BR  
0131 554 5307  
[www.advocard.org.uk](http://www.advocard.org.uk)  
Mon – Fri: 10am – 4pm, MH, P

**City of Edinburgh Council – Housing Options Team**  
1 Cockburn St, EH1 1BJ  
0131 529 7584 / 7368  
Mon, Wed, Thurs 8.30am – 5pm; Tues 10am – 5pm; Fri 8.30am – 3.40pm  
Advice and information on

**Homeless Outreach Project**  
65/5 Niddrie Mains Terrace, EH16 4NX  
0131 661 7137  
Mon – Fri: 9.30am – 5pm  
Outreach service for homeless people experiencing difficulties with their mental

**Edinburgh Cyrenians**  
57 Albion Rd, EH7 5QY  
0131 475 2556  
Mon – Fri 10am – 4pm  
Advice, information and support for people who are homeless or threatened with homelessness  
AS, ET, H

**Streetwork UK - Crisis Centre**  
22 Holyrood Road, Edinburgh  
0131 557 6055  
Free phone 0800 178 2323  
24/7 crisis centre for people in housing crisis or at risk of sleep-  
ing rough. Includes outreach service / needle exchange.  
AS, AD, A, BA, BS, CA, CL, D, DA, ET, F, H, IT, L, LS, MH, NE, OL, OB, SH

**The Access Point**  
17-23 Leith Street, EH1 3AT  
0131 529 7438  
Services for people 16 years or over who do not have care of children  
Mon, Wed, Thu: 9am–5pm;  
Tue 10am–5pm; Fri: 9am–4pm  
(drop-in services only): Mon–Thu:

health and/or addictions.  
AS, AD, A, BA, CA, C, D, ET, H, MH, OB, SH, TS

Out-of-hours emergencies  
phone 0800 032 5968,  
AS, H